



Volume 7 Issue 37

27 May 2016

Osan Middle School

Parent Connection

Providing a Setting of High Expectations that Engages and Motivates Each Student to Become a Self-directed Learner



# Osan Middle School PTSO Meeting



OMS Information Center  
Tuesday, 31 May  
4:00pm



OAES Parents are invited to attend our year-end PTSO meeting and learn about how you can support your 6<sup>th</sup> graders next year.



## School Advisory Committee (SAC)

The goal of SAC is to improve educational programs and support services for our students through school and parent communication and collaboration. SAC meets once per quarter with additional meetings as needed.

We are currently seeking one parent representative for school year 2016-2017. If interested, please email SAC at [omssac12@gmail.com](mailto:omssac12@gmail.com) or contact [Dr Kpinkin](#).



Help your child by regularly visiting our website:

[http://www.dodea.edu/  
Pacific/Korea/osanAB/  
OsanMS](http://www.dodea.edu/Pacific/Korea/osanAB/OsanMS)



## Calendar of Events

May 31      PTSO Mtg, 4pm IC



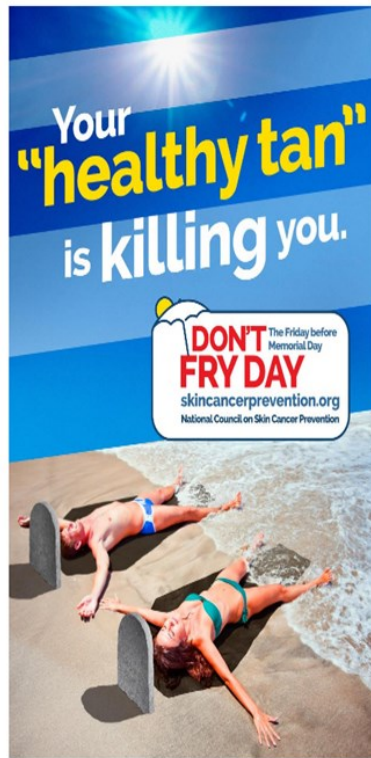
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Over exposure to UV radiation damages your skin, causes premature aging and can lead to skin cancer.

safety awareness and to remind everyone to protect their skin while enjoying the outdoors.

Please remind your child to always put on sunscreen, wear a hat, seek shade and wear sunglasses when you are exposed to sunlight. Let's keep those skins healthy!



~Wellness Wednesday Don't Fry Day~

To help reduce rising rates of skin cancer from overexposure to the ultraviolet (UV) rays of the sun, the National Council on Skin Cancer Prevention has designated the Friday before Memorial Day as "Don't Fry Day" to encourage sun

The Osan Middle School Chapter of the National Junior Honor Society is pleased to announce the election results for new NJHS officers for the 2016-2017 school year:

- Asher W. President
- Sarah C. Vice President
- Sophie B. Secretary
- Ariela S. Treasurer
- Naomi E. Historian/Public Relations





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Our Video Production students have created Public Service Announcements for the Combined Federal Campaign. They are competing against other overseas middle schools and 60% of their score is based on the number of views their PSA gets. It seems to only record one vote per email address so encourage anyone you know to view our PSAs.

Thank you for your support and all you do for us!

<https://youtu.be/RCPd9IFZiFU>

<https://youtu.be/LJubWQTt0l4>

<https://youtu.be/dnuiBrnuVyE>

<https://youtu.be/z-X2OUPDFQE>

<https://youtu.be/8ECG4dJm4Uw>

<https://youtu.be/8rl8dDNvNY0>

<https://youtu.be/pNkDGelEL4k>

<https://youtu.be/C5NoqrWUWQ8>

<https://youtu.be/s8jg4TdRBHs>

<https://youtu.be/gG7YifyQKa0>

<https://youtu.be/M2fUsDEAnNI>

<https://youtu.be/cTATB5Y5Vww>

[https://youtu.be/m\\_K4RKyuSDU](https://youtu.be/m_K4RKyuSDU)

<https://youtu.be/fg-0iuAbVT4>





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## "May is Children's Mental Health Awareness Month - Spotlight on Anxiety"

We can all help “break the silence, break the stigma” of acknowledging difficulties related to mental health issues. Anxiety can be a normal reaction to stress. It can help our kids deal with a tense situation, study harder for an exam, keep focused on an important speech or project. In general, anxiety can actually motivate and help adolescents cope. But when anxiety becomes an excessive, irrational dread of everyday situations, it has possibly become a disabling condition. Symptoms of anxiety disorders often begin in childhood or adolescence. Not all pain is physical and not all wounds are visible. Balanced mental health is a critical component of every stage of functioning across the human lifecycle. For more information on promoting coping skills and resiliency related to adolescent stress and anxiety, please visit: <http://www.nimh.nih.gov/health/topics/child-and-adolescent-mental-health/index.shtml>