

51 FW welcomes new commander



Col. Andrew Hansen, incoming 51st Fighter Wing commander, accepts the guidon and command of the wing from Lt. Gen. Terrence O'Shaughnessy, 7th Air Force commander, during the 51st FW change of command ceremony June 16, 2015, at Osan Air Base, Republic of Korea. Hansen is the 63rd commander in the wing's history. (U.S. Air Force photo by Staff Sgt. Jake Barreiro)

By Staff Sgt. Jake Barreiro 51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- Charge of the 51st Fighter Wing was put into new hands during a change of command ceremony June 16, 2015, at Osan Air Base, Republic of Korea.

During the ceremony, Col. Brook Leonard relinquished command of the 66-year-old fighter wing to Col. Andrew Hansen, the wing's 63rd commander.

The event was presided over by Lt. Gen. Terrence O'Shaughnessy, 7th Air Force commander, who noted the historic importance of the 51st FW's relationship with their Korean partners. O'Shaughnessy praised Leonard's accomplishments at Team Osan, while welcoming Hansen.

"Today we bid (Leonard) farewell, but we also know great things are coming for you in our Air Force," said O'Shaughnessy. "It is a testament to your leadership as installation commander that all the organizations that comprise Team Osan have adopted your motivation, your drive to work hard, to train hard, and to be able to fight together tonight.

Before arriving at Osan, Hansen was Vice Commander of the 35th Fighter Wing, Misawa Air Base, Japan. This is his 17th assignment in a 22-year career. The new commander surmised his focus as taking care of people, continuing to develop leadership, and enhancing already strong community relationships.

"It's a dream come true to become part of such an incredible team and support such an important mission," said Hansen.

Hansen said his command would be a great opportunity to build on the efforts of his predecessors.

"We now have the opportunity to build on the tremendous work of those who came before us," said Hansen. "It's vital that we continue to be prepared to fight and win tonight, to refine our craft, and to make the best better. Mission first, people always, must be our focus."

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COMMENTARY

Parting words from Col. Brook Leonard



After nearly two years as the 51st Fighter Wing commander, Col. Brook "Tank" Leonard, bids farewell to Team Osan. He relinquished command to Col. Andrew Hansen, 35th Fighter Wing vice commander, from Misawa AB, Japan, in the wing change of command ceremony June 16. Leonard now heads to the Pentagon to be the Senior Military Assistant to the Secretary of the Air Force, Deborah Lee James. (Official bio photo)

By Senior Airman Kristin High 51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- After nearly two years as the 51st Fighter Wing commander, Col. Brook "Tank" Leonard, bids farewell to Team Osan as he ends his tour here.

Leonard took command of Osan AB in July 2013. Osan was his 16th assignment after serving as commander of the 451st Expeditionary Operations Group, Kandahar Airfield, Afghanistan.

In his time here, Leonard was entrusted with the operational readiness, training, morale and welfare, installation support, and quality of life for all personnel assigned to the 51st FW, Headquarters 7th Air Force, and other U.S. Air Force, Army, Navy and Marine Corps units.

He sat down recently for some final words to his Airmen.

What were your goals when you first took command here and were you successful?

My original goals were readiness and teamwork. As a team, we were successful in meeting them. I like to build teams to bring out people's best and make them better. I saw a great opportunity for Team Osan to do that, particularly with readiness, ensuring we were realistically able to fight tonight.

How has Osan changed since your last assignment here?

Osan has gotten fuller, taller and there are more opportunities thanks to the security we have provided alongside our host nation. South Korea was a nation who received international aid after the Korean War and now their economy is booming and they are an international donor. We've been a part of that transformation, providing security alongside our Korean partners. Because of that, Osan is even a better assignment than it was when my family and I were here 19 years ago.

How has Osan changed since you took command?

The importance of the mission has grown the most of anything here. We have more to guard and protect against, and the defense of this nation has become even more important. To meet that challenge I think we, as a team, have become even more ready to "Fight Tonight" and have developed a lasting focus on leadership and professionalism.

What do you feel your biggest accomplishment here was?

It was truly the team that accomplished all that happened while I served at Osan, and I think our biggest accomplishment is how realistically ready we are today. When I came to Osan, the Air Force had just introduced the Air Force Inspection System. System gave commanders at all levels the responsibility to inspect their forces. We no longer had outside inspection teams coming in and therefore we were able to shift the wing's mentality from 'painting the grass green' and just looking ready on paper to focusing more on realistic and robust readiness. We began to ask ourselves, "what would I have to do in combat and do we actually practice that?" During exercises we asked ourselves "what would we really do in wartime?" These questions changed our focus. In turn that changed the way we trained and prepared ourselves in between exercises and made us look outside the wing to our mission partners on Osan and across the Pacific to make sure we're ready to fight together. This is a real team. It feels like a team, it trains like a team, it fights like a team.

What will you remember most about Team Osan and the Airmen here?

Team Osan and all our military members, civilians, and families are one big family. It's been such a privilege to live, work and play alongside great people. Maria and I and all our children really enjoyed this feeling of family and team and how beautiful, wonderful, powerful it is. Everyday it fired me up to see Airmen, Soldiers, Marines, US/ROK civilians, families, and our Korean counterparts all dedicated to the same mission and supporting each other.

Where was your favorite place to travel in the RoK?

We loved travelling to Mount Seoraksan on our first tour here and on this tour we enjoyed Jeju Island. It's a paradise with incredible mountains and beaches.

Do you have any recommendations for Airman morale and activities off base?

The rest of the Air Force is not putting their life on hold. At Osan you have the opportunity of a lifetime, to build your life and your career. Enjoy the culture and experience the activities, but also take charge of your chosen profession and set goals, and most of all dedicate yourself to the hard work it will take to achieve those goals. Discover for yourself what Korea can be for you while serving others.

What are your hopes for the future Team Osan?

I'm excited to see Osan continue to grow in teamwork and readiness. I am also excited to see the greatest ideas in the world that come from Osan's newest, youngest and freshest Airmen and Soldiers. I hope we continue to ask and recognize when we can do things better. We have the largest rotation of personnel in the Air Force and have a dual track mission of being ready to "Fight Tonight" as well as the responsibility to continue to organize, train, and equip. Therefore, Osan Airmen learn the skills necessary for not only their jobs but combat skills as well. In the end I hope Osan continues to be the place that changes the Air Force for the better.

Where is your next assignment and what will your duty position be?

I will be working as the Senior Military Assistant to the Secretary of the Air Force at the Pentagon. I'm very thankful for the opportunity that I had here and I'm very thankful to work for the secretary.

Do you have any final words of advice for the Airmen here?

Excellence is a habit and the only sustainable advantage. Put your best to work every day, build relationships, and do not stop getting better. If you think about the profession of arms, insignificant means incapable at best and could mean defeat. When you are responsible for guarding the freedom of 51 million people, you must be ready and better yourself every day.

Sometimes this seems like a huge challenge so just take care of the person to left of you and improve yourself every day. Get to know the Airman behind the uniform and learn your job so you are able to perform in armistice and in combat.

Last I would like to thank my wife Maria for all her support ... she poured her heart into Team Osan and me every day and I could not have done my best without her.

Throughout his career, Leonard has achieved more than 2,700 flying hours along with more than 570 combat and combat support hours.

COMMENTARY

Not a Victim, but a Survivor

By Staff Sgt. Amber Grimm 51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- At this time of year you start hearing about Sexual Assault and the Sexual Assault Prevention and Response program left and right. You do all your required annual awareness training and hear about all the ways someone can be victimized, from being a victim of assault to a victim of harassment. You hear things like "Make wise choices, don't set yourself up to be a Victim."

There's victim shaming, and re-victimization and just victim, victim, victim. I can't stand that word. You hear it and instantly think of someone who is vulnerable and weak, someone who was put into a situation that they couldn't control and they got hurt.

You would never guess it upon first meeting me, since I'm that one in the shop that is always smiling or laughing, the kind of person that seems as if nothing bad has ever touched them simply because they have such an annoyingly positive outlook on life! Yet I am what most would term a "Victim" of sexual abuse and multiple assaults.

I had just turned 14 the first time it happened, was beginning to develop, and someone had taken notice. The experience was terrifying from the very beginning. I was confused and frightened, I would run and hide from my abuser, would try to fight him off when he found me...but he was older, bigger, stronger, and very persistent so I couldn't always escape.

May you never know the horror of being forced to cower in a small room while someone whispers through the door what they're going to do once they get in, never know just how loud the click of the lock popping free can sound, the desperation that seizes you as you grab the door handle and throw your meager weight against it in a futile effort to keep the monster at bay. He would threaten to and often did hurt me when I wouldn't cooperate, and I couldn't tell anyone. He made it very clear that he would find a way to harm me in even worse ways if anyone ever found out. Over the course of a year I got very good at hiding the daily cuts and bruises, it was a nightmare that only ended when my family moved to another state.

It has taken me years to get to the point where I am ok talking about the traumatizing experiences of my past. It has taken acquiring the maturity to look back and not blame myself, because I would always wonder if I had fought harder, if I had hid better, or if I had just done something different, could I have stopped it? I live with my memories in the back of my mind every day, sometimes I can almost forget, almost believe that it was just a bad story that happened to someone else a long time ago, and other times I find myself hunched over flinching from phantom blows, desperately drawing in breath as I try to calm myself down, as I struggle not to be dragged under by wave after wave of memory. The shame, the degradation, the pain both physical and mental, has shaped the way I interact with men and people in general to this day. Telling others about what I've gone through has always been a two-edged blade because while it might help to leech out some of the poison built up inside me from suppressing everything for so long, it also changes the way some people look at me. Sometimes there's a subtle shift in

their eyes that tells you that they see you differently now, they see you as broken, a thing to be pitied, as damaged goods, a "Victim", and that can hurt even more.

In 2013 I became a DoD certified Victim Advocate with the hopes of helping others who have been through their own situations, and one thing that I always state right away is that the person talking to me is not a "Victim." They are in point of fact Survivors! These people have been through experiences that could break someone, and when they come forward, when they find the courage to seek out help, it is not out of weakness, they have not allowed themselves to become "Victims." They are fighting back; sometimes in the only way they know how, by admitting that they can't do it alone, admitting that they need help. The inner strength required for that level of brutal honesty with themselves is something to be admired.

I don't lie to my Survivors, I tell them that they are going to hurt like hell inside for a while, but it will get better, over time. There is a light at the end of the tunnel and I will be right there, not to hold their hand but to stand at their back and help keep them going forward, to be someone they can lean on. The only thing I can't and won't offer to do is carry them, I will be there for the entire journey through that dark place but every step they take has to be their choice. Not everyone can make it all the way back into the light and you need to understand that that's ok too.

Every situation can be handled differently, and everyone will handle it differently because of who they are. We are shaped by the events of our lives, but how much is ultimately up to us. You might not have been able to prevent what happened in the first place but you can decide how to let it affect you. It is your decision whether or not you report what happened, your decision that determines if you want to prosecute your abuser or just do everything you can to come to terms with what happened and leave it in your past. You decide if and what kind of help you need, spiritual, physical, mental or emotional.

While I'd never wish my experiences on my worst enemy, I understand that without my trials I wouldn't be who I am. I wouldn't know how strong I am, I wouldn't know just how much I can endure. I have been physically, mentally and sexually abused, been beaten, strangled, raped and tortured. I've looked into a face and seen my own death staring back at me. I suffered through it all in silence yet I still don't consider myself a "Victim." I am a Survivor. I fought back when I knew it wasn't possible to win, when I knew that it would only make matters worse--I fought with everything I am because I am not now nor have I ever been a "Victim."

Surviving really is the best revenge you can have against someone that has tried to take your power from you. If I can offer one piece of advice it would be that you don't bottle it up like I did for so long. Use the resources available to you as weapons against those that hurt and took from you, don't let them claim a moment more of your pain. Take back your joy; your peace of mind, fight for yourself and you will not fight alone.

They say that the strongest metals are forged in the hottest fires, and if you can keep from breaking, from warping under the strain of going head-to-head with your own demons, then you can emerge from your own hell strong as titanium, gleaming bright as steel with a will to match! I admit that I have my good days and my bad, but through it all I am still smiling, still happy, still standing tall, and still Surviving.

Pride Month: Be you, be proud

By Aja Trotter Military Spouse

OSAN AIR BASE, Republic of Korea -- All around the world Lesbian, Gay, Bisexual, Transgender pride is often celebrated with parties, parades, fun, and festivities. The LGBT community and its allies come together in support of equality, freedom, and the movement for civil rights. Nowadays pride events are largely fun-filled, colorful, recreational functions, but what some don't know is that the first LGBT pride demonstration was actually inspired by a riot, displaying resistance to discrimination, and forward movement in the struggle toward liberation and fair treatment.

In 1969, in New York's Greenwich Village, the police raided a gay bar, harassing and arresting many of the bars patrons, simply for being patrons, as being openly gay was prohibited in many places like New York City. These raids were common, but on this particular evening, the crowd fought back, leading to an intense and violent struggle between the police and the public who were fighting for their rights. The confrontation, known as the Stonewall Riots, lasted for days, leading to the formation of collectives and organizations united in the fight for their right to simply exist in public spaces without being persecuted or attacked.

This struggle has existed and continues to exist within many systems, institutions, and environments, including the United States military. After years of forced silence and hiding, LGBT service members are finally able to serve openly, thanks to the repeal of the "Don't Ask, Don't Tell" policy in 2011. The policy change was a step forward in creating a safe and supportive environment for all service members to be their authentic selves as they work towards their mission.

Some have questioned the necessity or the purpose of the repeal, suggesting that one's sexual orientation or romantic life may not be important or appropriate to share in the workplace in any event. This argument would be valid if the DADT policy was enforced for all members of the US military, but it only directly impacted LGBT members, implying a sense of deviance or "other-ness" to members of that community. Moreover, it associated LGBT identities with shame, secrecy, and dishonor, forcing these service men and women to keep parts of themselves invisible and unrecognized.

These types of practices can be very harmful, as they influence stigma, internalized homophobia and self-hate, and various mental health issues. Though things are changing, as new policies and practices have been implemented to reverse and reduce the harm done to LGBT communities by prior discriminatory actions, considerable effort remains to encourage respect and pride for all identities.

Often, societal norms and expectations cloud our ideas of what gender, gender expression, and sexuality should be, diminishing our ability to see what actually is, often leading to rude assumptions and insolence. For example, some want/expect all men to be masculine, for women to be sweet and submissive, for the spouse of a married person to be of the opposite sex, or for young boys to only play with trucks and actions figures ("boy toys"). In reality there are so many variations across and between gender expression and sexual orientation that it is impossible to box these identities into our own narrow limitations of what someone is supposed to do or should be. Some women are more tough than sweet, some young boys prefer the color pink and flowers, and some men are married to men. The point is that there are spectrums/continuums of gender, expression, and sexuality that we all fall somewhere on--there is no "one size fits all." Moreover, no one should be shunned or discriminated against because they do not fall on the spectrum where someone else thinks they should.

This year, Osan Air Base celebrates its 2nd annual LGBT Pride month, with the theme "Be You. Be Proud," capturing the necessity of freedom and openness for truth. There will be something for everyone including an anti-bullying demonstration at Osan High School, an Alter-Ego Social Mixer, a Straight Talk Q & A panel, and a Pride Glow Run and Festival. We all deserve the space to be ourselves, and to be seen and celebrated. The world provides us with enough space, and hopefully our minds do too, for all identities to develop and exist without consequence or fear. Our differences are all uniquely beautiful and worthy of love. We also unite across these differences, as they allow us to learn from each other, build with one another and create shared experiences together. This year's LGBT pride committee encourages everyone to "Be you. Be Proud" while encouraging and supporting your fellow airmen, friends, and family members to do the same. The freedom to exist fully and authentically is a basic human right, that we should all practice for ourselves and uphold for those around us. We hope everyone of all ages, sexual orientations, genders, cultures, and other backgrounds will join us in practicing self-love, acceptance, and freedom, while celebrating each other with pride and unity.

For more information on the 2015 LGBT Pride month events, please contact 51FW/EO at 784-4848 or 51fw.eoworkflow@us.af.mil

June 19, 2015

Kunsan's changes of command

Throughout the last two weeks, many of the 8th FW's Class of 2015-2016 commanders have arrived and assumed their new positions and call signs. Welcome to the Mighty Wolf Pack!





Col. Seth "Falcon" Frank (Left above photo) to the 8th Mission Support Group as Col. Dennis Curran, outgoing commander, relinquished command during a change of command ceremony June 12.

Col. Jeoffrey "Phoenix" Sloan (Left below photo) to the 8th Maintenance Group as Col. Matthew Sanford, outgoing commander, relinquished command during a change of command ceremony June 5.

Lt. Col. Brian "Wizard" MacFarlane to the 8th Operations Support Squadron as Lt. Col. Anthony Pelkington, outgoing commander, relinquished command during a change of command ceremony June 12.

Lt. Col. Joseph "Panton Lead" Biedenbach to the 35th Fighter Squadron as Lt. Col. Lynn Savage, outgoing commander, relinquished command during a change of command ceremony June 12.

Lt. Col. John "Juvat Lead" Gallemore to the 80th Fighter Squadron as Lt. Col. Robert Raymond, outgoing commander, relinquished command during a change of command ceremony June 12.

Lt. Col. Peter "Patches" French to the 8th Medical Support Squadron as Lt. Col. Lynne Bussie, outgoing commander, relinquished command during a change of command ceremony June 16.

Lt. Col. Kenneth "Bones" Bode to the 8th Medical Operations Squadron as Lt. Col. Jamison Elder, outgoing commander, relinquished command during a change of command ceremony June 11.

Lt. Col. Kenneth "Herc" Mercier to the 8th Force Support Squadron as Lt. Col. Jeffrey Sutton, outgoing commander, relinquished command during a change of command ceremony June 4.

Maj. William "Money Wolf" Beauter to the 8th Comptroller Squadron as Maj. Kelly Padden, outgoing commander, relinquished command during a change of command ceremony June 5.

From page 1, 51 FW welcomes new commander

Leonard, who served as 51st FW commander since July 2013, is moving on to work as Senior Military Assistant to the Secretary of the Air Force at the Pentagon in Washington, D.C. He reflected on his time at Osan with positivity and pride, remarking that teamwork and courage are the main elements that will keep Team Osan great.

"We have to have courage on the road in front of us on this relentless pursuit of excellence," said Leonard. "Teamwork brings out our best and makes it better... Team Osan, we guarded the freedom of 51 million people. We did so by taking care of the person to our left and every day improving our foxhole and making our best better. It was a true honor to serve with each and every one of you."

The common thread of the change of command was the importance of guarding freedom and the long, and strong, alliance between the U.S. and ROK.

"This alliance is like no other," said Leonard. "We don't share a common border, and we don't share a common language. Our grandparents sacrificed their lives for freedom in and around Osan and around this peninsula because they believed in justice and the rule of law. This alliance stands ready constantly, like no other alliance in the world."



Lt. Gen. Terrence O'Shaughnessy, 7th Air Force commander, Col. Andrew Hansen, incoming 51st Fighter Wing commander, and Col. Brook Leonard, outgoing 51st Fighter Wing commander, sing the Air Force song at the end of the 51st FW change of command ceremony June 16, 2015, at Osan Air Base, Republic of Korea. The ceremony signified the passing of authority in the 51st FW. (U.S. Air Force photos by Staff Sgt. Jake Barreiro/Released)



Lt. Gen. Terrence O'Shaughnessy, 7th Air Force commander, pins on the Legion of Merit onto Col. Brook Leonard, 51st Fighter Wing commander, during the 51st FW Change of Command Ceremony, June 16, 2015, at Osan Air Base, Republic of Korea. During a Change of Command ceremony, the passing of colors, standards, or ensigns from an outgoing commander to an incoming one ensures that the unit and its soldiers is never without official leadership, a continuation of trust, and also signifies an allegiance of soldiers to their unit's commander.



The honor guard presents the colors as the 51st Fighter Wing formation salutes during the 51st FW change of command ceremony June 16, 2015, at Osan Air Base, Republic of Korea. The ceremony transfered command of the 66-year-old fighter wing.

Food service specialists feed the force



By Senior Airman Matthew Lancaster 51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- Feeding thousands of military members four meals a day can be a lot of work at Osan Air Base, Republic of Korea. For the 51st Force Support Squadron food service specialists, providing food to service members is what they do to contribute to the mission.

Food service specialists stock, prepare, and serve food for each meal period, make more food as needed, and make sure their facilities are clean and presentable.

"We would start prepping early in the morning for breakfast, serve it and progressively cook the meals as we need it," said Airman 1st Class Linsun Jackson, 51st Force Support Squadron food service specialist. "Once breakfast ends, the process starts again for lunch and dinner."

The menu is on a 14-day schedule determined by the Air Force Services Agency. The items for each meal are taken from that menu and prepared for breakfast, lunch, dinner and midnight meal. Getting at least three meals a day is part of a proper diet, vital for a person to stay combat ready.

"I feel that it is very important for someone to get their three meals a day because without food you wouldn't be ready to fight," said Army Pvt. Shequoi Bryan, 35th Air Defense Artillery Brigade food service specialist. "If something was to happen and you're hungry you may not have that will power you need to go on."

Food service specialists pride themselves on the service they provide to their dining facility patrons, and the satisfaction of seeing them like the food is worth it, said Jackson.

"Basically you see everyone who lives on this base come to eat," she said. "We see how they react to our food and when they enjoy it, that gives us a good feeling."

Aircraft require fuel to be able to perform their flying missions. People are very similar in that way as they also need their own fuel source to be able to accomplish their duty effectively. Food service specialists provide that fuel so Osan's mission continues flawlessly. By feeding the members of the base they enable the Airmen and airpower to be mission-ready.

Airman 1st Class Linsun Jackson, 51st Force Support Squadron food service specialist, prepares spinach for lunch April 1, 2015, at Osan Air Base, Republic of Korea. The dining facilities serve not only the 51st Fighter Wing, but also the 7th Air Force, numerous tenant units and deployed personnel. (U.S. Air Force photo by Senior Airman Matthew Lancaster)

Wolf Pack Fire Muster fosters readiness, camaraderie

By Staff Sgt. Nick Wilson 8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea -- The 8th Civil Engineer Squadron Fire Department tested Wolf Pack Airmen's physical fitness capabilities during their annual base wide Fire Muster at the Wolf Pack Fitness Center here, June 13.

Fire musters give Airmen from different career fields across the wing an opportunity to test their fitness abilities against one another. Events were broken up into individual and team categories.

"It's nice when Airmen can come out and see what other jobs entail," said Staff Sgt. Jordan Lorenzen, 8th CES firefighter crew chief. "Are you physically fit enough to perform any job in the Air Force across the board, or are you just fit for ... your job?"

Lorenzen was responsible for organizing and coordinating the event.

"It was great seeing Airmen not only perform the physical part of our job, but exceling at it," Lorenzen said. "They were competitive in the firefighter world even though they're not firefighters."

The fire muster was open to the entire base for individual and team events.

Participants had eight minutes to complete a 10-stage firefighter training circuit. Each stage in the challenge was modeled after the physical training test Airmen are required to take prior to graduating from firefighter technical school.

"It's a challenging event all around," Lorenzen said. "We provided an opportunity for people to come out and try a training circuit they were not accustomed to."

Tech. Sgt. Brian Daubert, 8th Operation Support Squadron Survive, Evade, Resist and Escape NCO in charge, won the individual challenge with a time of five minutes and 20 seconds. Some of the tasks in the individual category included a 100-foot charged hose line pull, a 150-pound dummy drag, a five-inch hose drag and a Hurst equipment carry.

"I can see how someone can underestimate the course, thinking it's easy," said Daubert. "The hose pull



Trainers assist a firefighter from the 8th Civil Engineer Squadron as he participates in a 150-pound dummy drag during a fire muster at the Wolf Pack Fitness Center on Kunsan Air Base, Republic of Korea, June 13, 2015. The fire muster gave Airmen from all over the wing an opportunity to test their fitness abilities against one another. (U.S. Air Force photos by Staff Sgt. Nick Wilson)

to back was also tough."

The latter portion of the fire muster was geared towards team-building and camaraderie. The Republic of Korea Air Force and Gunsan City fire departments also participated in the fire muster.

"Any opportunity we have to interact with the RO-KAF or Gunsan City fire department sharpens our

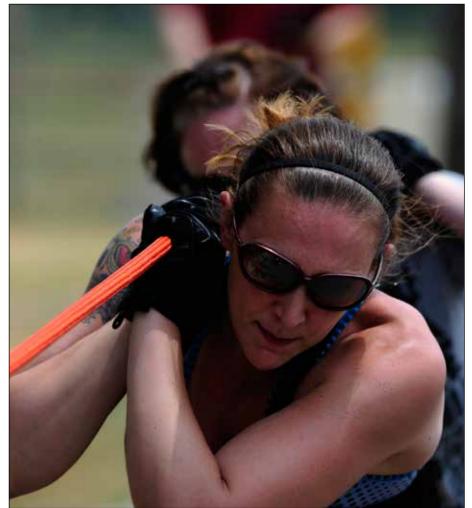
was the hardest part for me. Performing the events back operations, whether it's for training or a fire muster," Lorenzen said.

> Firefighters from ROKAF and the U.S. Air Force routinely collaborate for aircraft and structural fire training.

> "When we're focused on achieving a goal, it brings us together," Lorenzen said. "That way, we're more prepared to collaborate during a crisis or emergency."



Airmen from the 8th Security Forces Squadron participate in a hose joust with Republic of Korea Air Force Airmen during a fire muster at the Wolf Pack Fitness Center on Kunsan Air Base, Republic of Korea, June 13, 2015. Six-member teams from across Wolf Pack, the Republic of Korea Air Force and Gunsan City competed in five events to see which teams work the best as a unit.



Master Sgt. Shiona Meyer, 8th Medical Group 1st Sgt., participates in a fire truck pull during a fire muster at the Wolf Pack Fitness Center on Kunsan Air Base, Republic of Korea, June 13, 2015.



U.S., ROK civil engineers strengthen alliance during PACUNITY

By Staff Sgt. Jake Barreiro 51st Fighter Wing Public Affairs

JUNGWON AIR BASE, Republic of Korea -- Civil engineer Airmen from the Republic of Korea and U.S. air forces strengthened their joint partnership and sharpened their emergency response skills during Pacific Unity June 9 through 11 here.

PACUNITY is a U.S. Pacific Command event focused on improving Theater Security Cooperation within the Indo-Asia-Pacific region. The operation builds partnerships and promotes interoperability by creating an environment where civil engineers can work together and exchange experiences. Engineers from the U.S. and ROK discussed and worked together in several areas such as emergency management, humanitarian assistance and disaster response, general engineering, environmental security and energy conversation.

Together, the civil engineers completed an Airfield Damage Repair scenario. The ADR tested the team's ability to restore an inoperable runway to operational status as quickly as possible. Being able to work in tandem with each other is an essential aspect to the U.S. and ROK alliance.

"If we were to go to war, it would require a combined effort between us and our Korean counterparts," said U.S. Air Force 1st Lt. Miguel Millares, 8th Civil Engineer Squadron at Kunsan Air Base, ROK, and officer in charge of ADR for PACUNITY 2015. "Just being able to have our processes on the same page when it comes to command and control when we do our repairs is of the utmost importance."

Being able to work at the tabletop and on the scene with Koreans is a boon to American forces, Millares said, a sentiment shared by his ROK counterpart.

"We're always looking for chances to simulate wartime situations and during wartime the Republic of Korea military and U.S. military are going to be working in a combined manner, so we're always looking for opportunities to conduct exercises and combine," said ROKAF 2nd Lt. Kim Sung Kyum, Air Force Operations Command Plans and Coordination Office at Osan Air Base, ROK. "This is a great opportunity for that. The advantage here is that you get to meet different people from different places and broaden your understanding about how each military works.

The ADR scenario simulated a successful attack on a mock airstrip, leaving two larger craters and six smaller ones that rendered the runway inoperable and requiring quick repair. Working as a team, the engineers labored to repair the craters, excavate and fill the earth and reestablish the airfield lighting system all while operating heavy machinery. U.S. Air Force Senior Airman Jacob Sherrer, 773rd Civil Engineer Squadron equipment operator from Joint Base Elmendorf-Richardson, Alaska, said he and his teammates overcame the traditional language barrier with Koreans by using easy to understand hand signals, commonplace on the job.

"We need to be prepared for translation and other forms of communication," Sherrer said. "I think it helps that we have hand signals, being an equipment operator. It's pretty universal. Safety is paramount and with all the heavy equipment you can't always hear and you can't always see. So, we utilize as many forms of communication as we can."

Communication being key, Airmen from the U.S. and ROK remarked on their abilities to overcome the language barrier. Enlisted and officer translators on the Korean side proved critical in aiding communication among team members. Learning to communicate together helped the civil engineers understand and work past procedural barriers, becoming better teammates in the process.

"A lot of what we're doing is learning what our Korean counterparts do," said U.S. Air Force Staff Sgt. Raymond Brown, 8th Civil Engineer Squadron from Kunsan AB. "They use a different system than we do. They have different



Civil engineer Airmen from U.S. and Republic of Korea assemble in formation before being dispatched to repair a runway for exercise Pacific Unity, June 11, 2015, Jungwon Air Base, Republic of Korea. PACUNITY had the goal of developing U.S. Air Force and ROK engineer interoperability for rapid responses to contingency and disaster response events. (U.S. Air Force photo by Staff Sgt. Jake Barreiro)

rules ... but it's good because, if something serious happened and we had to work together, we'd want total capability applied. It helps us streamline our performance, so in the event of a serious incident we could quickly integrate with our counterparts to maximize effort."

Kim reiterated the sentiment for ROK Airmen.

"At first, there was a lot of cacophony on the field, because many things hadn't been coordinated beforehand, but together we've improved our coordination and understanding of how each other work," Kim said.

Repairing large-scale damage at a moment's notice is arduous, but it's undertaken to increase Theater Security Cooperation, and the importance of maintaining security in the Korean theater is one Airmen from the U.S. and ROK both acknowledged.

"Exercises like Pacific Unity are tremendous opportunities to reinforce already strong partnerships between the Republic of Korea and the U.S. militaries," said U.S. Air Force Capt. Kyle Ficke, 51st Civil Engineer Squadron onsite commander from Osan AB. "This kind of interoperability through the collaboration of civil engineering capabilities postures us to thrive operationally should the need for a bilateral response to a contingency arise in the area."

Airmen from both countries said the exercise left them better prepared to accomplish their job and more confident in their abilities to respond to an emergency and support theater security.

"We're seeing how we can better equip ourselves if we're ever in the situation to have to do this," said U.S. Air Force Senior Airman Justin Emanuelson, 354th Civil Engineer Squadron from Eielson Air Force Base, Alaska. "It gives us a little bit of variety and a chance to reach out to other countries and make sure that we're able to work alongside them. I've been able to ask them and see how their training is, and its very similar in a lot of ways and it has been a lot of fun."



Above: Civil engineer Airmen from the U.S. and Republic of Korea prepare a cover for a crater during exercise Pacific Unity, June 11, 2015, Jungwon Air Base, Republic of Korea. PACUNITY is a U.S. Pacific Command operation in which U.S. and ROK military forces work together to focus on providing prompt humanitarian assistance and disaster relief response capability and increase regional stability for the Asia-Pacific region.

Right: A Republic of Korea air force civil engineer drills concrete during a Airway Damage Repair scenario for Pacific Unity, June 11, 2015, Jungwon Air Base, Republic of Korea. The scenario simulated an attack that disabled a functioniong Airfield, with U.S. and ROK Airmen having to work together to repair the Airway to functionality.



First Sgt. takes on Mangudai Warrior Challenge

By Master Sgt. Marelise Wood 7th Air Force Public Affairs

OSAN AIR BASE, Republic of Korea -- Eighteen Air Force members representing 7th Air Force participated in the 2015 Mangudai Warrior Challenge May 13-15, 2015 at an undisclosed location, Republic of Korea.

The Mangudai Warrior Challenge is designed to bring together members of all branches of service, to include ROK service members, to perform as teams and overcome physical and mental obstacles while running on little food and even less sleep.

One of the 18 warriors who participated from May 13-15 was 7th Air Force staff First Sergeant Master Sgt. Cynthia Schmitz, who after hearing about it and reading about it, decided to rally her fellow Top Three members and take on the challenge.

"It was a lot out of the box for me," she said, "but quite a few folks in our Top Three said 'yeah, let's do it,' and they motivated me and I think I motivated them."

Five weeks before the challenge, Schmitz began prepping for the event with weekly ruck marches up to eight miles long, and the reality of what she was about to undertake started setting in.

"What have I gotten myself into?" was the thought that circled her brain, but she had committed to doing the challenge and she said there was no turning back.

However, once the challenge began Schmitz quickly realized that even with her preparation, she was in for an experience like no other.



(Left) Seventh Air Force First Sergeant Master Sgt. Cynthia Schmitz was one of 18 Air Force participants in the "2015 Mangudai Warrior Challenge." The United States Forces Korea event held May 13-15, 2015, is in its second year. (U.S. Army photos by Staff Sgt. Mark A. Kauffman)



Members from each military branch sit and await further instruction at the "2015 Mangudai Warrior Challenge." The 58-hour event paired U.S. senior enlisted leaders with their Republic of Korea counterparts to accomplish different tasks through a range of scenarios while operating on limited food and sleep.

"The challenges at times were so physically challenging and some of them were literally impossible," she said. "I can say after four of them I was almost in tears; I really was astonished that I had just done this."

The highs of accomplishment and pride were tempered with what Schmitz called some pretty pathetic points where she had to be dragged and pushed by her teammates.

"Encouragement was the main thing," said Senior Master Sgt. Roelma Wood, 51st Security Forces Squadron operations superintendent. "It can be very emotional doing something like this, your body just doesn't know how to react, so it was about not letting them quit."

Wood, who participated in the challenge last year, was there this year as a mentor and found it to be a fulfilling experience.

"It wasn't easier, but the confidence was there, so it was about helping others get through it," she said.

Teamwork was a constant theme throughout the challenge.

"There was one obstacle course where we had to climb this ladder, it was probably 35-40 feet in the air straight up, no sides," Schmitz said, "and the higher you go, the boards get farther apart."

When she got to the last rung before the one at the top, Schmitz saw a problem. The top board seemed about six feet away and she stood five foot one inch.

"All I could really remember is standing on that second to the top board and just reaching and I couldn't reach it," said Schmitz. "Everyone's looking up and yelling 'you can do it!' and I'm thinking, how am I going to do this."

Help came in the form of one of the ROK Special Forces participants who saw that she needed assistance.

"He climbed that thing, grabbed my uniform and kinda pulled me over," said Schmitz.

But once on the other side of the ladder, Schmitz had a test of trust.

"He didn't speak English, but he was trying to tell me that I was going to have to let go and he was going get my foot on the rung," said Schmitz. "I didn't even know this guy, but I had to trust him, so I just let go and he grabbed me and put my foot on the next rung."

Language could have created a barrier but during this challenge, the participants realized that they had to do whatever it took to make it through.

"The two ROK Special Forces members on my squad could not speak English, but that's the point of it," said Wood. "It's not about how physical it can be, but we have a task to do and we have to be able to overcome no matter what."

At the end of it, Schmitz is proud of what she accomplished and happily displays her 2015 Mangudai Warrior Challenge certificate on her desk.

"I would definitely encourage other people to experience this, however I would also encourage them to be mentally prepared because it's probably the most physically demanding thing that I have done."

HISTORY

8th Fighter-Bomber Wing earns the first aerial victories of the Korean War



(Top) 68th Fighter Squadron F-82 Twin Mustang on the apron at Itazuke Air Base, Japan in 1950; (Bottom) 35th Fighter-Bomber Squadron F-80 Shooting Star on the runway at Suwon Air Base, Korea in October 1950. (U.S. Air Force Photos)

By Robert Vanderpool

7th Air Force – 8th Fighter Wing Historian

In the early morning hours of June 27, 1950, pilot William A. "Skeeter" Hudson and radar operator 1st Lt. Carl S. Fraser were flying top cover over the airfield at Kimpo in their F-82 Twin Mustang duel engine propeller driven fighter nicknamed "Bucket O' Bolts." Hudson and Fraser were assigned to the 68th Fighter Squadron which at the time was attached to the 8th Fighter-Bomber Wing. They were flying as part of a flight of four F-82s whose mission was to protect the C-54 Skymaster transports that were tasked with evacuating personnel and equipment from Kimpo Air Base out of the way of the approaching North Korean ground forces. Suddenly, a flight of five North Korean Yak-11 fighters appeared over Kimpo and immediately engaged the F-82s, striking one of the aircraft in vertical stabilizer. The Yak-11 was a single engine propeller driven fighter which first entered operational service with the Soviet Air Force in 1946.

Fraser later recalled: "We were circling over Kimpo when two North Korean fighters came up out of some low clouds and started after Charlie Moran and Fred Larkins who were flying in the number four F-82 in our flight. The North Koreans' shooting was a little better than yesterday and they shot up Charlie's tail. My pilot slipped around and got on the tail of their flight leader. When he realized we were there he pulled up into some clouds and tried to shake us off. Fortunately we were so close into him that we could see him even in the middle of the clouds. Our fire burst hit the rear of the fuselage and knocked pieces off. The Yak pilot racked it over in a steep turn to the right and we gave him another burst along the right wing. This set the gas tank on fire and took the right aileron off. By this time we were so close that we almost collided with him. I could clearly see the pilot turn around and say something to the observer. The he pulled his canopy back and climbed out onto the wing. The Yak pilot pulled the ripcord and the chute dragged him off the wing just before the ship rolled over and went in."

Although the pilot of the Yak-11 managed to escape the aircraft and deploy his parachute, the observer in the second seat failed to eject and was killed when the plane crashed into the ground. It is most likely that he was either already killed or at least seriously wounded by the F-82's gunfire. The pilot reached the ground underneath his parachute but was subsequently killed by South Korean ground forces when he opened fire on them with a handgun instead of opting to surrender.

Hudson and Frazier's aerial victory is credited with being the first aerial victory of the Korean War. One of their wingmen, also piloting an F-82, would later shoot down a North Korean Lavochkin-7 single engine propeller driven fighter giving the 68th Fighter Squadron its second aerial victory of the Korean War. These were the only 2 aerial victories the 68th Fighter Squadron earned during the Korean War. The 8th Fighter-Bomber Wing; however, was not yet on this day finished with making history.

Later during the afternoon, the North Koreans dispatched eight Soviet built Ilyushin-10 to the skies over Kimpo in a concentrated aerial attack meant once again to catch American transport aircraft on the ground. The Ilushin-10 was a single engine propeller driven fighter whose earlier variants had first seen combat over the skies of the Eastern Front and over Japan during the last year of World War II.

Flying top cover over Kimpo this time was a flight

of F-80 Shooting Star jet aircraft from the 35th Fighter-Bomber Squadron, which was assigned to the 8th Fighter-Bomber Wing. The F-80 flight was led by Captain Raymond Schillereff, accompanied by Lieutenant Robert Dewald, Lieutenant Ralph Hall, and Lieutenant Robert Wayne. The F-80 was the United States' first operational jet fighter.

The American jet fighters spotted the Ilyushin-10's approaching Kimpo and quickly engaged as the North Korean aircraft split into two flights of four aircraft a piece. Wayne took aim at the lead aircraft which was flying below him at an approximate speed of 200 mph. With his F-80 at full power, Wayne closed the gap within a matter of seconds and at point blank range pulled the trigger releasing a short burst of fire which found its mark causing the Ilyushin-10 to explode in flames. Breaking hard to his left, Wayne took aim at another enemy aircraft and again at point blank range fired another short burst into the fuselage striking the engine causing the Ilyushin-10 to catch fire. The stricken burning airplane trailed thick black smoke as it spiraled into the ground. Schilleroff and Dewald each also found a target downing the other two North Korean aircraft which remained in the four aircraft flight.

Within a matter of seconds and with very minimum of maneuver, the American pilots downed one flight of enemy aircraft earning four aerial victories. The second flight of North Korean aircraft was able to destroy several Republic of Korea Air Force T-6 Texan trainer aircraft that were parked on the airfield before retreating north, managing to escape before the American F-80's were able to reposition and engage. These four aerial victories mark the first aerial victories for fighter jets in USAF history, with Lieutenant Robert Wayne being credited as the first jet fighter pilot in USAF history to earn an aerial victory. The 35th Fighter-Bomber Squadron would eventually earn a total of seven aerial victories during the Korean War.

An additional aerial victory by an F-82 pilot with the 339th Fighter Squadron gave the 8th Fighter-Bomber Wing a total of seven enemy aircraft shot down on June 27, 1950. This marked the most enemy aircraft shot down by USAF pilots on any one day over Korea during the year 1950. The wing would finish the Korean War with a total of 19 aerial victories. None of the pilots who earned aerial victories on this day would earn any additional aerial victories during the Korean War.

"This We'll Defend" - The Army celebrates its 240th Birthday

On June 14, 1775, following an appeal by the Massachusetts colonial legislature, the Continental Congress voted to formally "adopt" the militia forces from New England which had gathered to defend the city of Boston against British advances. The Continental Congress also passed a resolution that day to form a committee in order to "bring in a draft of rules and regulations for the government of the Army." The Continental Congress also appropriated \$2 million to support colonial forces at Boston and New York City, while authorizing the formation of ten rifle companies to be made up of men from Pennsylvania, Maryland, and Virginia, which were to be directed to march to Boston to help support the New England militia. Although the formal signing of the Declaration of Independence from Great Britain was more than a year away, as a result of the earlier actions of the Continental Congress, June 14, 1775 is recognized as the official birth date of the United States Army.

Since that day in 1775, the Army has served the United States admirably through 240 years performing a variety of roles and missions during war and peace, serving as a sentinel of freedom and ready to respond whenever the nation calls. Army Soldiers have fought in numerous military campaigns throughout United States history from the Revolutionary War to the recent conflicts in Afghanistan and Iraq earning its reputation as a formidable fighting force at places such as Bunker Hill, Gettysburg, San Juan Hill, the Meuse-Argonne, Bastogne, Dong Ap Bia, Karbala Gap, and Mazar-i-Sharif. In times of peace the nation has looked to the Army to provide support domestically during times of emergency and natural disaster.

The Army maintained the largest presence of all the American military services on the Korean Peninsula during the Korean War participating in nearly every major campaign. The U.S. Army deployed eight divisions to Korea with more than 1.5 million personnel serving in theater between June 1950 and July 1953. Army Soldiers landed at Inchon, they fought side by side with Marines at the Chosin Reservoir, they stood triumphant on Heartbreak Ridge, and on multiple occasions they fought to liberate Seoul from Communist occupation. Army Soldiers fired the first shots by American military forces in Korea during the first few hours of the war, and it was the signature of an Army Soldier that represented both the United States and the United Nations Command during the signing of the armistice agreement which ended open hostilities.

Army casualties for the Korean War totaled 29,856 killed in theater representing 82% of all United States casualties. Another 77,596 Army personnel were wounded during their service in Korea. Of the 131 Medals of Honor awarded to United States armed forces members during the war, 78 of those were awarded to U.S. Army personnel.

This year marks the 62nd anniversary of the signing of the July 27, 1953 armistice. Today, nearly 18,000 Army Soldiers stand side by side with warriors from the Air Force, Navy, and Marines representing the United States' unwavering commitment to the defense of the



On June 25, 1951, Lt Gen William M. Hoge, Commander, U.S. Army IX Corps (center right), and Brig Gen William N. Gillmore, Commander, Corps Artilllery (right), hold the lanyard which will fire the 75,000th shell to be fired by IX Corps since the start of the conflict in Korea. (U.S. Army Photo)

Republic of Korea. By maintaining a high state of readiness in partnership with their American and Korean military service counterparts in the joint military effort to maintain peace on the Korean peninsula, the Army continues to demonstrate the determined resolve it has exhibited with honor and integrity for the past 240 years, ever ready to be able to fight and win tonight.

Happy 240th Birthday to the United States Army!

Crimson Sky

KUNSAN AIR BASE

Protestant Services

Gospel Service Sunday, 1 p.m. Main Chapel, Bldg. 501 Contemporary Service Sunday, 5 p.m. Main Chapel, Bldg. 501

Catholic Mass

Catholic Mass Sunday, 10:30 a.m. Main Chapel, Bldg. 501 Daily Mass & Reconciliation Please call the chapel

General Services

Church of Christ Sunday, 11 a.m. SonLight Inn, Bldg. 510 LDS Service Sunday, 2:30 p.m. SonLight Inn, Bldg. 510 Earth-Based Religions Thursday, 7:30 p.m. SonLight Inn, Bldg. 510

Point of Contact: Kunsan Chapel, 782-4300

Visit us on Share Point: https://kunsan.eim.pacaf.af.mil/8FW/HC/default.aspx

CHAPEL SCHEDULE

OSAN AIR BASE

Protestant Services

Gospel (Praise Joy Night) Friday, 7:30 p.m., Osan Chapel Sanctuary Traditional Service Sunday, 10 a.m., Osan Chapel Sanctuary Gospel Service Sunday, Noon, Osan Chapel Sanctuary Contemporary Service Sunday, 5 p.m., Osan Chapel Sanctuary Church of Christ Sunday, 10 a.m., Elementary School Cafeteria

Catholic Mass

Daily Mass Tuesday — Thursday, 11:30 a.m. Saturday, 5 p.m. Sunday, 8:30 a.m. Reconciliation Saturday, 4 p.m.

> Other Faith Groups Earth-Based Contact the Chapel Jewish Contact the Chapel Muslim Contact the Chapel Buddhist Contact the Chapel

Point of Contact: Osan Chapel, 784-5000 Visit us on SharePoint: https://osan.eim.pacaf.af.mil/51FW/51FW-HC/default.aspx Visit us on Facebook (OSAN AB CHAPEL) https://www.facebook.com/OsanABChapel

USAG-YONGSAN

Protestant Services

Traditional Service Sunday, 9:30 a.m. Memorial Chapel, Bldg 1597 Sunday, 9:30 a.m. Brian Allgood Hospital Chapel **Contemporary Service** Sunday, 9 a.m. South Post Chapel, Bldg 3702 Sunday, 10:30 a.m. K-16 Chapel **Nondenominational Service** Sunday, 11 a.m. South Post Chapel, Bldg 3702 **Gospel Service** Sunday, 1 p.m. South Post Chapel, Bldg 3702 Pentecostal Sunday, 1:30 p.m. Memorial Chapel, Bldg 1597 Latter Day Saints (LDS) Sunday, 4 p.m. South Post Chapel, Bldg 3702 Seventh-Day Adventist Saturday, 9:30 a.m. Brian Allgood Hospital Chapel **KATUSA** Tuesday, 6:30 p.m. Memorial Chapel, Bldg 1597

Catholic Mass

Sunday, 8 a.m. Memorial Chapel, Bldg 1597 Sunday, 11:30 a.m. Memorial Chapel, Bldg 1597 Saturday, 5 p.m. Memorial Chapel, Bldg 1597 Ist Saturday, 9 a.m. Memorial Chapel, Bldg 1597 M/W/T/F, 11:45 a.m. Memorial Chapel, Bldg 1597 Tuesday, 11:45 p.m. Brian Allgood Hospital Chapel

General Service Episcopal Service Sunday, 11 a.m. Brian Allgood Hospital Chapel

Jewish Friday, 7 p.m. South Post Chapel, Bldg 3702



Point of Contact: USAG Yongsan Religious Support Office, 738-3011

> Visit us on SharePoint: http://www.army.mil/yongsan

Spiritual Charge

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Master Sgt. Nicholas Cataldi 51st Fighter Wing Chapel

As an American Airman, I am proud my nation identifies her warriors as exceptional fighters of distinction. However, some may ask, "What truly makes the U.S. service member distinctive compared to other fighting forces around the globe?" I suggest it's our Constitutionally protected freedom to express our faith as we choose that foundationally fortifies our warriors and gives us an edge against our adversaries.

As far as I see it, there are two major spiritual aspects that enhance the warrior. One is the aspect of feeling connected to others with mutual values and beliefs. This aspect ultimately creates a sense of belonging to a community. It motivates the warrior to withstand difficulties in combat and nurtures an understanding that the enemy is also part of the human race, deserving of certain rights and protection, irrespective of the enemy's furious tactics in the battlefield.

The second aspect entails religious identification in which the warrior adheres to certain religious beliefs and traditions, including prayer and worship as an expression of faith. In this way, discipline manifested in constant reinforcement of belief builds hope. Hope, as an optimistic attitude or mindset toward positive outcomes, is crucial to lead others and self-manage one's own personal hardships.

Since this article focuses on the strength of the spirit, one may expect a commentary on faith and the spirit to

Aspects of the warrior spirit pose that riors and versaries. However, this article focuses less on doctrine, and more on the significance the warof developing a faithful spirit with oth-

doctrine, and more on the significance of developing a faithful spirit with others and enjoying that journey as a lifelong pursuit. Due to continued conflict, and deployments, many warriors are suffer-

ployments, many warriors are suffering physical, psychological, social, and/ or spiritual casualties. Thankfully, both aspects of the warrior spirit encourage cohesion and facilitate tolerance while helping them connect with others. These aspects strengthen the warrior's will, perseverance and courage, allowing them to overcome and achieve success in combat. These nonphysical attributes are the lynchpin to overcoming negativity and help the warrior to never quit.

Considering what the warrior is up against, their fitness should entail a holistic overview in which a culmination of the physical, mental, social as well as spiritual fitness is enhanced. The warrior spirit greatly benefits the warriors since they are able to redeem themselves in times of hardships and trying moments. In certain situations when conditions are strenuous, and the future uncertain, the warrior spirit helps the warrior in overcoming stress, depression and potential injuries. A warrior is intrinsically and extrinsically disciplined with a developed focus that enables them to succeed even in situations where a chance of success seems bleak.

According to the book, "The Real War" written by Richard Nixon, Napoleon Bonaparte indicated that there are only two powers in the world, the sword and the spirit -- and in the long run, the sword will always be conquered by the spirit. This may come as a surprise, considering Napoleon is known for being utterly ruthless. In addition to being one of the most brilliant combat strategists ever, he exhibited many of the attributes of a barbaric conqueror. However, imagine the power his sword could have possessed had it been ruled by a spirit rooted in integrity and selflessly focused on excellence toward a greater societal good.

I'd like to conclude this article with the powerful words of Henry Wadsworth Longfellow, "Stronger than steel is the sword of the Spirit; Swifter than arrows, the light of the truth; Greater than anger is love that subdueth."

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51st Fighter Wing commander final flight



Col. Brook Leonard, 51st Fighter Wing commander, took his final flight at Osan Air Base, Republic of Korea, June 4, 2015. Having served as commander since July 2013, Col. Leonard relinquished command to Col. Andrew Hansen in the wing change of command ceremony June 16. (U.S. Air Force photos by Staff Sgt. Amber Grimm)







Above: Col. Brook Leonard, 51st Fighter Wing commander, poses with his family next to his F-16 Fighting Falcon after completing his final flight at Osan Air Base, Republic of Korea, June 4, 2015.

Above left: Col. Brook Leonard, 51st Fighter Wing commander, took his final flight at Osan Air Base, Republic of Korea, June 4, 2015. Leonard was gleefully soaked with the traditional water by his children.

Left: Col. Brook Leonard, 51st Fighter Wing commander, poses with fellow pilots next to his F-16 Fighting Falcon after completing his final flight at Osan Air Base, Republic of Korea, June 4, 2015.

COMMUNITY BRIEFS

Kunsan

Claims announcement

ATTENTION ALL PERSONNEL: Anyone having claims or indebtedness to the estate of Airman 1st Class Kevin T. Welsh should contact 1st Lt. Christopher Foti, Summary Court Officer, at DSN 782-5638, or christopher.foti.2@ us.af.mil.

Illmagwon Orphanage

Join Airmen from across the base in a wing chapel-sponsored event as they travel down to the Illmagwon Orphanage in Gunsan City every Tuesday at 6 p.m. for an evening of playing games and learning more about the local culture. For more information, contact the chapel at 782-4300.

Single Airmen Game Night

Fridays at 7:30 p.m., Sonlight Inn. Everyone's welcome, special invite for all Single Airmen!

For more information contact, Senior Airman Jenfil Morillo-Burgos.

Kunsan Photo Club

Interested in sharing your photography experience with others and exploring Korea along the way? Have a camera, but want to learn how to use it more completely? Then join the Kunsan Photo Club as they delve into the finer qualities of photography where the key concept is: "It's not the camera that makes a great photo, but the photographer." If interested in joining, the group can be found on Facebook, just search for "Kunsan Photo Club."

Wolf Pack Lodge

Lodging Space A Policy

Need a break? Got family visiting and no room to house them? You can book lodging rooms on a space available basis up to 120 days in advance for a maximum of 30 days depending on availability. You can also book reservations for the holiday season (November and December) up to 30 days in advance for a maximum of 15 days. (Depending on availability) Book now for all of those relatives coming for the holiday! Reservations – Front Desk-DSN 782-1844 or Commercial (82)63-470-1844 FAX: DSN 315-782-0633 Commercial (82)63-470-0633

Children's English class

Team 5/6 is looking for volunteers to support the Children's English class weekly, for children 2-15 years of age. We will break you up into groups to read, talk, or play board games with the children. Civilian attire is preferred however, UOD is allowed.

Classes are held from 7 to 8 p.m. at the Sonlight Inn.

For more information, contact Tech. Sgt. Justin Worthen.

Sunday Sonlight dinner

Every Sunday, volunteers from a specific unit cook dinner for their fellow Wolf Pack members at the Sonlight Inn. The dinner begins at 6 p.m. following grace led by a chaplain. Meals range from "breakfast for dinner" to "Italian cooking" to "Southern style." For more information or to volunteer, contact the chapel at 782-4300.

Sponsor training

Learn creative ways to assist newcomers reporting to Kunsan AB. Registration required. Class is held at the Airman and Family Readiness Center. Call 782-5644 for more information, dates or to sign up.

ROKAF English Class

Team 5/6 is looking for volunteers to support the ROKAF English class every Saturday, at the Sonlight Inn. You will be talking to ROKAF Airmen (enlisted) for approximately one hour. This event is open to all ranks! Civilian attire is preferred, however, UOD is allowed.

For more information, contact Staff Sgt. Charles Nelson.

Ping Pong tournament

Free to all. Prizes for first and second places. Prizes include Wolf Pack Won. To sign up, dates or for more information, call the CAC at 782-5213 or 4679.

Osan

Airman and Family Readiness Center programs

*Bundles for Babies - A workshop for expectant parents who want to learn more about parenting and support programs here at Osan. The class also offers you a finance piece that focuses on budgeting for your new baby from conception to college years and a chance to meet other new parents. Additionally, you'll receive a free "bundle" from the Air Force Aid Society.

*Separation & Retirement Benefits - This is an optional workshop where separating and retiring members can learn about their benefits- includes briefings by MFLC, TMO, CPO, Finance, Tricare and SBP.

*Spouse Orientation - This is a great opportunity for spouses to learn about the 51st Fighter Wing Mission, Non-combatant Evacuation Operation (NEO) process, and receive a protective (gas) mask demonstration. Spouses will also have an opportunity to meet key base representatives and learn about Korean Culture. As a bonus, a community information fair will end the day.

*Volunteers' Training - The goal is to ensure all our volunteers are registered and they receive all tools and information to keep them informed of volunteer opportunities.

For more information, call 784-0119.

Monthly PCS Briefings

Every first Thursday of the month at 9 a.m. in the base theater Osan's Outbound Assignments Team hosts a PCS briefing that provides essential information to relocating members. They are joined with other wing agencies such as Passports, Travel Management Office, Tricare and Finance to make the process as smooth as possible. Don't miss this critical briefing to ensure YOU have all the tools necessary to out-process hassle-free!

E-mail security

There has been a rising trend of unencrypted e-mails containing FOUO, PII, or other sensitive/critical information due to recipients not being on the USAF GAL. Please exercise good information security and call the Help Desk if you are having problems sending an encrypted e-mail.

2015 Osan Air Base Chapel Survey

The Chapel is currently assessing the spiritual and religious needs of Osan Air Base. Would you please take a few minutes to better ensure we are meeting the needs of our community? Thank you for your time and input in this effort.

https://www.surveymonkey.com/s/ osanchapelneedssurvey

Anthem Singers

Sopranos, altos, tenors and bass vocalists are needed to sing the US and ROK National Anthems at various events on base. Practice is held at 5 p.m. every Thursday at the Chapel Annex. Send an e-mail to abigail.boyd@us.af.mil or afryea.clark@us.af.mil for more information.

Military Tuition Assistance Briefing

Presented by the 51 FSS Education & Training Center, this is mandatory for all first time users, officer/enlisted, for military TA. No appointment necessary! Held every Tuesday at 8 a. m. in Bldg 787, Rm. 10. For additional information or questions please contact the Education Center at 784-4220.

Preschool Playgroup

Family Advocacy hosts Preschool Playgroup at the Youth Center from 10-11 a.m. Ages are 0-5 years old. Come join the fun. It is good for YOU and your little one. Playgroup is every Monday when school is in session and runs thru June 8. We will not meet on no school days, holidays, spring and winter break, and during summer break. Call Family Advocacy for more information 784-5010.







HOLIDAY OBSERVANCE:

3 July 2015 (INDEPENDENCE DAY) is a legal holiday for U.S. civilian employees and a liberal leave day for non-essential Korean National (KN) civilian employees.

Supervisors should ensure time and attendance card are coded properly to reflect the appropriate leave, i.e. annual leave, etc.

Organizations with KN employees that are required to work must ensure adequate supervision is available. If an office is going to be closed, KN civilian employees can be required to take annual leave but management must provide them with a 24-hour advanced notice.

If you have questions, please contact Ms. Kim, Min Kyo of the, Civilian Personnel Office, Employee Relations Section, at 784-4434/8177.

Crimson Sky



For more information, call ITT at 784-4254



Songtan Bus Terminal Time Table

서울 - 남부터미널						
SEOUL ₩3800	동서 울	성 남	인천공	공항	인 천	의 정 부
NamBu Terminal	장지 가락 잠실	SeongNam	InCheon	Airport	InCheon	(동두천)
	Dong Seoul	₩3400	W113	200	W6200	UiJeongBu
06:10	₩4400		04:45		06:30	₩8000
06:30	JangJi	06:40	05:05	-	07:50	07:45
06:50	GaRak JamSil	07:30	05:25	-	08:30	09:45 Junitor for
07:05	06:20	08:10 via Dongtan	05:55		10:10	12:05
07:20	06:35	08:45	06:25		10:50	15:55
07:30	06:55	09:30	06:55		11:30 via ChecngRuk	17:05
07:45	07:15 via Donçovn	10:10	07:25	li takes	13:40	20:05 Jun top toy
08:00	07:45	10:40	08:05	преса.	15:30	
08:20	08:25	11:20 Via Daugian	08:45	1 hour and	16:00 via CheengBok	
08:40	09:05	12:10	09:25	40 minutes	18:30	
08:55	09:35	12:45	10:15	(could be	19:10	강 릉
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11:30	13:35	18:40	16:55		06:55 Dang Secul	18:20
11:50	14:05	19:20	17:55		07:15 Dung Secul	원주
12:15	14:35	20:20	18:45		08:10 Supror	WonJu
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13:30	16:35		KimPo			10:30
13:45	17:05	청북,해군아파트	₩71		속 초	12:10
14:00	17:35	포승,평택항	05:45		SokCho	13:50
14:30	18:05		07:15	li tokes	₩20000	15:30
15:00	18:35	CheongBuk ₩1900	09:15	approx.	07:55	17:10
15:20	19:05		11:15	40 minutes	10:35	18:50
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17:40			DaeJeon W7200	ChungJu W10400	CheongPyeong	Kwangfu W16600
18:00	고양 백석 화점	16:20 17:20	07:00	09:00		08:45
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20:25	20:50	07:50(임시 중단)	20:00	Cheonglu	16:50	GunSan
20:40	화정 (₩8100)	11:30		₩6400	18:10	₩13900
21:10	13:10	16:00		07:30	19:10	12:00
21:50	19:00				20:20	19:00

Kyung Dong bus schedule (Yongsan - Osan - Humphreys)

MONDAY-FRIDAY

										*		
Lv. Yongsan	0550	0700	0830	1000	1100	1300	1430	1630	1720	1720	1900	2130
Ar. 121st GH							1435					
Lv. Osan AB	0650	0810	0940	1110	1210	1410	1540	1740	1830	х	2010	2240
Ar. Humph	0740	0850	1020	1150	1250	1450	1630	1820	1910	1850	2050	2320
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Lv. Humph	x	0550	0700	0830	1000	1100	1230) 1330	1530) 1710	1910	2100
Lv. Osan AB	0600	x	0750	0920	1050	1150	1320	1420	1620	1800	2000	2140
Ar. 121st GH		0720	0850									
Ar. Yongsan	0710	0730	0900	1030	1200	1300) 1430	1530	1730) 1910	2110	2250
* Bus stops at Humphreys main gate												

** Bus stops at Yongsan Dragon Hill Lodge

WEEKEND & U.S. HOLIDAYS

"Price \$6.00 or W6,200 one way, For more info (DSN)784-6623"

										*				
Lv. Yongsan	0700	0800	0900	1000	1100	1200	1300) 1400) 1500	1600	1700	1800	1930	2130
Lv. Osan AB	0810	0910	1010	1110	1210	1310	1410) 1510) 1610	1710	1810	1910	2040	2240
Ar. Humph	0850	0950	1050	1150	1250	x	1450) 1550) x	1750	x	1950	2120	2320
	*													
Lv. Humph	0620	0800	0930	1030	1130	1230	x	1400	1530	х	1700	x	1900	2100
Lv. Osan AB	0700	0840	1010	1120	1220	1320	1400	1450	1620	1700	1750	1850	1950	2140
Ar. Yongsan	0820	0950	1130	1230	1330	1430	1510	1600	1730	1810	1900	2000	2100	2250

* Bus stops at Humphreys main gate

** Bus stops at Yongsan DHL

x Bus doesn't stop at this station

POC for the bus schedule

Osan: 784-6623, Yongsan: 723-4499, Humphreys: 753-7354

Kunsan Shuttle Bus Schedule

* Osan to Kunsan*

 Monday & Wednesday 5 p.m.

* Departs from Osan Passenger Terminal (Bldg. 648) only

• Tuesday & Thursday 1:30 p.m. • Friday

1:30 p.m. & 6:30 p.m. • Weekend

1:30 p.m. & 6:30 p.m. * Departs from Turumi Lodge 30 minutes before departure. * Departs from ITT(Bldg.954)

on time

* Kunsan to Osan *

Monday & Wednesday 1 p.m.
Tuesday & Thursday 8:00 a.m.
Friday
8:00 a.m. & 6:00 p.m.
Weekend
8:00 a.m & 1:00 p.m.
Departs from Community Center (Bldg. 1027) INEWS

June 19, 2015

Historic 51 days ends with picnic bash

By Staff Sgt. Jake Barreiro 51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- Even though the axiom states all good things must come to an end, the Mustangs and team at Osan Air Base, Republic of Korea, made it a memorable one, throwing a picnic bash celebrating the culmination of the base's first 51 Days of Resiliency campaign, which lasted April 10 - May 31.

The picnic, which served as an opportunity for Team Osan to assemble in a recreational environment, was attended by U.S. and ROK service members as well as their families. Events at the bash included a one pitch softball tournament, corn hole, kickball, tug-o-war, a bouncy castle, a face painting station, cotton candy, and games in the defender pool.

As the end cap to the 51 days of resiliency, the picnic gave Team Osan a chance to reflect on their honed resilience and accomplishments over the past month and a half. Beginning on April 10, the base embarked on an unprecedented journey with daily nods toward the skills necessary to sharpen mental, social, emotional, and spiritual resiliency. Events included an installation-wide morale run on April 10, where service members, their families, and their pets took a lap around the base and got a chance to learn more about resiliency-honing agencies like the chapel or Airman and Family Readiness Center. Other signature events included Wingman Day May 22, where the 51st Fighter

Wing and team marched to the flight line for SAPR training and other wingman skills. Throughout the days there were multiple fitness challenges, competitions, and opportunities organized for Airmen to earn points in all four categories of resiliency.

On top of being a revolutionary program, the 51 days of resiliency also served as a competition for every unit on base, giving each a chance to prove indisputably that they're the most resilient. While the entirety of Team Osan used the time to become more resilient, the single winner of the competition, and recipient of a commander-gifted down day, was the 51st Aerospace Medical Squadron. The 51st FW Wing Staff Agency placed third in the competition, and the 51st Communications Squadron came in second.

"This is a great ending to something that doesn't end, resiliency," said Col. Brook Leonard, 51st FW commander. "51 days was a long time ago. Hopefully over these days of resiliency we've seen that resiliency is a habit forming pattern. It's about taking care of the person to your left."

Leonard said the ultimate lesson of the 51 days was to encourage everyone to work as a team.

"Resilient Airmen raise their hand when they need help," he said. "Resilient Airmen also reach out and know one another, and ask those tough questions. That's how we're going to continue the incredible teamwork we have here at Team Osan."



The 51st Aerospace Medicine Squadron wins the 51 days of resiliency challenge June 5, 2015, at Osan Air Base, Republic of Korea. The squadron scored the most points during the more than seven week challenge, earning the right to be called the most resilient unit at Osan. (U.S. Air Force photo by Staff Sgt. Jake Barreiro)

Looking ahead, Team Osan plans to build on the legacy of the 51 days of resiliency. Improvement and development are important for the installation, which is tasked with guarding the freedom of 51 million people. The base accomplishes this lofty tasking through daily commitment to staying ready to defend the base, executing combat operations, and sustaining the force. These commitments are in turn manifested in reality through the commander's priorities of building fight tonight readiness, strengthening the base and team, growing leadership and professionalism, and driving innovative solutions. It's through the 12 key tasks, including leadership development, however, that Team Osan is able to get after these priorities. The 51 days of resiliency accomplished that by challenging, and motivating, Airmen to improve themselves while serving others. It's an important task, said Leonard.

"There's folks counting on you whether you know it or not," said Leonard. "Reach out to them. Help them. And continue this great thing we have going on, that's Team Osan."

Osan remembers Airman with annual run



Participants run in the second annual Stump Run, May 30, 2015. The run is held each year in memory of Senior Airman Corey Stump who lost his life May 29, 2014. More than 200 runners participated. (Courtesy photo)

Senior Master Sqt. Amv 303rd Intelligence Squadron

OSAN AIR BASE, Republic of Korea -- Rain drizzled slowly over the 200 runners gathered at the Osan AB fitness center May 30, 2015. Although the fitness center typically serves as a focal point for physical training, these participants rallied together at this particular moment in order to exercise for one specific reasonthe remembrance of Senior Airman Corey Stump.

Stump, an Airman who was stationed here, was known as a role model to his peers and as a hard worker within his unit. Due to his dedication, he excelled in all aspects of his life and career. In recognition of his effort and accomplishments, Stump was awarded a free trip to Jeju Island. On May 29, 2014, while on this adventure, Corey Stump lost his life in a hiking accident.

May 30 marked the Second Annual Stump Run.

Runners participated in either a 5K or a half marathon. Stump's friends and family also held shadow runs in California, Illinois, Maryland and Hawaii.

Staff Sgt. Suzanne, a friend of Stump's, chose the half marathon; it was her first. She said after the run, "Every time I wanted to quit I could hear Stump's voice in my head telling me, 'Stop complaining. It's good for you.' It gave me the strength to keep going."

Tech. Sgt. Jessica, another friend, reflected on her time with Stump and the importance of the Stump Run.

"I had the pleasure of being able to work with Corey during his time in the 303rd Intelligence Squadron," she said. "Corey was known for his intensity and for always striving to be the very best at everything he touched. I think running every year in his honor is a great way to remember and embody the value of 'Excellence In All We Do' that he clearly held close to his heart. It's also been a therapeutic way for those that knew him to remember him by sharing our 'Stump Stories,' and getting to share and pass on that little bit of Stump with those that didn't have the pleasure of meeting him."

Stump has taught us many lessons and this run gives us an opportunity to reflect on them.

Your life is what you make of it. It's what you decide it will be. There is nothing more powerful than the will to do something and with that will, you can accomplish anything you put your mind to. Life is precious. Enjoy it and celebrate each day that you are alive by appreciating it.

The memories and messages Stump left behind will always be engraved within the 303rd IS. In order to share his legacy with the Osan community, the Stump Run will be an event to look forward to for many years to come.

Editor's note: Last names have been withheld for operational security reasons.

AIRMAN SPOTLIGHT

Senior Airman Corey R. Payne

51st Communications Squadron

Name: Corey R. Payne Job title: NCC (Network Admin) Job description and its impact on the overall mission: Detects and remediates network vulnerabilities across Osan AB's NIPR and SIPR networks. Maintains a \$24M data storage system serving over 7,000 users. Time in military: 4 ½ Years Time in Osan: 8 months DEROS: September 15 Family: Father (Kenneth), Mother (Malenia), Sister (Cassie) Hometown: Dalton, Ga. Hobbies: League Of Legends.

Why did you join the military? To create a better future for myself and my future family.

Where do you see yourself in 10 years or 20 years? Obtaining a bachelor's degree and continuing my career in the military.

What do you do for fun here? Watch movies.

What is your favorite Air Force memory or story? Receiving a double excellence for Osan's CCRI (Network



Senior Airman Corey Payne, 51st Communcations Squadron network administrator, poses for a photo June 1, 2015, at Osan Air Base Republic of Korea. Payne was chosen as a Team Osan Spotlight award winner. Individuals who are chosen for this spotlight recognition are distinguished as consistent, superior performers within their squadrons.

Inspection). Being chosen to go TDY to Misawa to help them prep for their upcoming CCRI.

What accomplishments are you most proud of? Getting myself set up for financial success.

Who are your role models? My father - Strive every day to have the high moral standards that he has.

Tech. Sgt. Shayne Taglieri



Tech. Sgt. Shayne Taglieri, 51st Aircraft Maintenance Squadron noncommissioned officer in charge of administrative support, reviews paperwork with a coworker June 8, 2015, at Osan Air Base, Republic of Korea. Taglieri was selected as this week's Airman spotlight, signifying his status as one of Team Osan's best. (U.S. Air Force photo by Staff Sgt. Jake Barreiro)

51st Aircraft Maintenance Squadron

Name: Tech. Sgt. Shayne Taglieri Job title: Noncommissioned officer in charge, Administrative Support

Job description and its impact on the overall mission: I work with a team of two administrators and one personnelist who are responsible for changing, updating, and managing personnel information. We oversee programs such as evaluations, decorations, the fitness program, and leaveweb. Our goal is to ensure maintainers have one less thing to worry about, so that they can focus solely on their specific skillset. Time in the military: 9 Years Time at Osan: Three months DEROS: February, 2016 Hometown: Belleville, N.J. Hobbies: Traveling, cooking, volleyball Why did you join the military? Joining the Air Force

was always my priority since I was in high school. The camaraderie and pride that comes along with being a part of something bigger than myself was the driving factor. To see the impact that an organization can make on society is something that I wanted to be a part of.

Where do you see yourself in 10 or 20 years? In 10 years I still see myself being a part of the Air Force and hopefully have progressed through a few more

ranks. Becoming a first sergeant is something that I aspire to do. There have been many times that my first sergeants have helped me through difficult times and steered me in the right direction. I would like to return the favor to my fellow Airmen.

What do you do for fun here? During my spare time I like to travel throughout the country to see and do as much as possible during my year tour here. I enjoy immersing myself in other cultures and seeing what each country has to offer.

What's your favorite Air Force memory or story? One memory that sticks out to me was when I received my Airman's coin in basic training. Going through basic military training has been one of the most challenging and rewarding experiences of my life. The process of rebuilding one's self into an Airman and seeing the changes that we go through both individually and collectively as a flight are lessons that will stay with me forever. When my military training instructor handed me my Airman's coin and called me Airman Taglieri it reemphasized my commitment to the Air Force.

What accomplishment are you most proud of? Being an noncommissioned officer, one of our key responsibilities are the development and mentoring of Airman. The accomplishment I am most proud of was having a previous airman of mine awarded senior airman below the zone. Through feedbacks, mentoring sessions, and training, I feel as though I aided in the development of a top notch airman.

Who are your role models? One person I consider a role model is Senior Master Sgt. Pattie Hassan. Hassan was my first sergeant at Hanscom Air Force Base who I worked with on a daily basis. Throughout many of our closed door conversations she reinforced the importance of being humble, honest, listening, and to never be afraid to enforce standards. Whether you liked to hear what she had to say or not, her guidance was always sound and just. The advice she gave has always steered me in the right direction and has helped shape me into the NCO that I am today.

AIRMAN SPOTLIGHT

Team Osan Spotlight: Hyong Uk Kim

35th Air Defense Artillery Brigade

Name: Col. (R) Hyong Uk Kim

Job title: Community Relations Officer Job description and its impact on the overall mission: Mr. Kim coordinates community engagements between civilian and military personnel which facilitates cultural understanding and strengthens U.S and ROK partnerships. Mr. Kim's service is crucial to the strong alliance between the 35th ADA, the ROK military, and the local community.

Time in the military: 30 years service, retired ROK Marine Corps

Time at Osan: Mr. Kim has served 10 years as a local national civilian employee of the 35th ADA BDE. Mr. Kim's tireless dedication to the brigade has been integral to the sustainment of the longstanding partnerships forged between the U.S and local ROK community and warrants recognition.

Family: Spouse: Hokyong Park, Children: Yonji Kim (Daughter), Sunkuk Kim (Son)

Hometown: Jeonju, ROK

Hobbies: Travelling

Why did you join the military? I wanted the status that came with military service.

Where do you see yourself in 10 or 20 years? Spending time with my grandchildren.

What do you do for fun here? Travelling and I truly enjoy coming to work and doing my job here at 35th ADA.

What's your favorite Air Force memory or story? My favorite memories are the many ceremonies I have had the honor of attending with 35th ADA personnel.



Hyong Uk Kim, 35th Air Defense Artillery Brigade community relations officer, receives a Team Osan spotlight certificate June 9, 2015, at Osan Air Base, Republic of Korea. Kim was recognized for his efforts coordinating community engagements and building relationships between U.S. and ROK partners. (U.S. Air Force photo by Staff Sgt. Jake Barreiro)

What accomplishment are you most proud of? Retiring from the ROK Marine Corps as a Colonel with an unblemished reputation. Who are your role models?

The former Republic of Korea President, President Park Chung-hee

Video monitoring ensures security of dormitories



Closed circuit television imagery captured in dormitory building 1349 at Osan Air Base, Republic of Korea, April 22, 2015. With capabilities such as motion activation, low light capture, zoom, 1080 resolution and the ability to record up to a terabyte or roughly two weeks of data these CCTVs are an asset to ensuring the safety and wellbeing of residents. (U.S. Air Force photo by Staff Sgt. Jacob Barriero)

By Staff Sgt. Amber Grimm 51st Fighter Wing Pablic Affairs

OSAN AIR BASE, Republic of Korea -- This is the fifth in a series of articles focusing on the 12 key tasks at Osan Air Base, Republic of Korea. The way Team Osan focuses on the 51st Fighter Wing's command priorities and guards the freedom of 51 million people will be explored this week through the ninth key task, Dormitories. Concluding the series will be a wrap-up article showing the comprehensive spectrum of how Team Osan works on the key tasks. In 2014, the 51st Civil Engineer Squadron/Civil Engineer Installation management team of Osan AB began a project to ensure the safety and wellbeing of its dorm residents through the installation of Closed Circuit security cameras. As of June 10, 2015, 35 out of 39 dormitories have had between 35-40 cameras installed in both hallways and stairwells, totaling 1,500 security cameras base wide.

Prior to their installation, Airman Dorm Leaders had their hands full dealing with petty vandalism, and the after effects of drunken shenanigans. With only seven ADLs for over 3,000 Airmen the odds of finding the ones responsible and holding them accountable were not favorable.

Tech. Sgts. Daniel Weisz, ADL Zone manager, and William Spraggins, ADL, mentioned incidents of finding portions of wall paper torn off and questionable pictures and phrases scribbled on the walls with no way of proving who did what.

Since coming online the mere presence of the cameras have been enough to prevent most misbehavior. With capabilities such as motion activation, low light capture, zoom, 1080 resolution and the ability to record up to a terabyte or roughly two weeks of data the ADLs now have a powerful tool.

"We've done a lot with the videos already..." stated Weisz before explaining that the footage is primarily reviewed in the aftermath of an incident, the cameras being in place to act as more of a deterrence than anything else. "The Airmen know there are cameras in the hallways. If something happens we can follow the person back to their room with the cameras."

The cameras have assisted security forces and the office of special investigations in 10 different official investigations. Commanders and first sergeants also have the right to request a footage review in the case of suspected incidents involving their personnel.

The ADLs have an unfunded request submitted for more cameras, the security and care of the people and facilities under their authority foremost in their minds.

"We've been pushing really hard to get some cameras in the common areas and outdoors," explains Weisz, "We have issues with smokers, basic vandalism and stuff like that, cause people know there are no cameras there."

In the meantime, the current fleet of CCTVs continue to keep a silent vigil over the dormitories and their occupants, ensuring an atmosphere of safety and comfort for all.



PAGE 17 | CRIMSON SKYNEWSJune 19, 2015Strength training 101: HAWC classes help improve fitness

By Senior Airman Katrina Heikkinen 8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea -- Being ready to "fight tonight" is a message that resonates with every Airman at the 8th Fighter Wing. For decades, Kunsan AB has upheld a long tradition of excellence; one key aspect to the Wolf Pack's mission readiness is being fit to fight.

The 8th Medical Operations Squadron's health promotions office supports the Wolf Pack's combat-ready Airmen by providing a spectrum of services and educational classes aimed at improving health and fitness.

"We support Airmen by providing outreach, services and educational classes to help improve overall lifestyle - specifically nutrition and fitness," said Bill Goins, 8th MDOS health promotions coordinator.

The strength training 101 class is one avenue offered by health promotions that teaches Airmen the basics of incorporating effective strength training exercise in their personal fitness program. As muscular strength and aerobic fitness are the two major components the Air Force uses to measure overall fitness, strength 101 is geared toward Airmen who want to improve the push-up or sit-up portion of the Air Force fitness test assessment.

"Agility and endurance are two types of muscular strength a person develops when they start weight lifting," Goins said. "Endurance is the ability to pro-

duce and maintain force over prolonged periods of time; this pertains to both the sit-ups and push-ups. Agility is the ability of the neuromuscular system to switch quickly and efficiently between contractions; this is reactive strength. The idea behind the whole concept of the physical test is for Airmen to be able to perform in a combat scenario, and agility strength is the key factor."

According to Goins, the frequency of strength training should be two to three days a week per muscle group. Each exercise should include two to three sets of eight to 12 repetitions [regardless of gender or fitness level], starting with the largest muscles first, with a 60 to 90-second rest in-between sets of the same exercise/muscle group.

"Ideally, the largest muscles should be worked first, starting with leg, chest, back, triceps, bicep and core exercises," Goins said. "The important thing to remember is that, depending on the weight used, after completing every set, muscles should feel fatigued without compromising form."

Airmen new to strength training should set a goal three to four months out to see maximal results, Goins said.

"Those new to weight lifting should start out with select machines, followed by barbells then dumbbells or kettlebells," he said. "It is important that Airmen remember to rest at least 24 hours in between exercising the same muscle groups."

While strength training and cardiovascular fitness go hand-in-hand in the



Senior Airman George Gonzales, 8th Maintenance Squadron electronics warfare technician, leg presses 200 pounds at the Kunsan Fitness Center, Republic of Korea, June 12, 2015. The 8th Medical Operations Squadron health promotions office offers strength training 101, a class that teaches Airmen the basics of incorporating effective strength training exercises in their personal fitness program. (U.S. Air Force photo by Senior Airman Katrina Heikkinen)

Air Force culture of 365 days of fitness, a strength training program should be approached with a well-formulated plan to prevent injury, said Capt. Jacqueline Astrero, 8th MDOS physical therapist and health promotions flight chief.

"Unfortunately, the majority of the [injured] patients I see do not know the proper form when they are strength training," Astrero said. "Another factor that can lead to an injury is omitting a warm-up and a cool down after strength training. At Kunsan, our mission is being fit to fight tonight. Anywhere in the Air Force we have to be able to be ready to support the mission 24/7 and at Kunsan we have to be fit to fight."

Strength training 101 classes are offered on a monthly basis. For more information or to sign up for the next class, contact your unit physical fitness monitor.

Play Ball

By Staff Sgt. Amber Grimm 51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- The Yokota High School Panthers of Yokota Air Base, Japan, beat out defending champions Zama American High School's Trojans from Camp Zama, Japan, to win the 2015 Pacific Far East Division II baseball tournament with a final score of 3-0 May 20, 2015, at Osan Air Base, Republic of Korea.

This Department of Defense activity brought together teams from across the pacific to compete for the division title in a double elimination tournament. Yokota and Zama competed against the Daegu American High School Warriors from Camp Walker, ROK, the Matthew C. Perry High School Samurai from Iwakuni, Japan, the Robert D. Edgren High School Eagles from Misawa Air Base, Japan, the Ernest J. King High School Cobras out of Sasebo, Japan and the hometown Osan American High School Cougars.

After three days of battling Yokota was undefeated, guaranteeing them a place in the finals. The standout heavy hitters from Zama and Perry went headto-head for a place in the finals, with Zama winning 8-5.

Knowing it would take two losses to knock Yokota out of 1st place, Zama



Yokota High School's Panthers of Yokota Air Base, Japan, battle it out with the Zama American High School Trojans from Camp Zama, Japan, in the Pacific Far East Division II baseball tournament at May 20, 2015, at Osan Air Base, Republic of Korea. Yokota won against the defending champions Zama in a double elimination game with a final score of 3-0. (USAF photos by Staff Sqt. Amber Grimm)

came out of the dugout swinging. The competition was fierce and neither team gave an inch, runs were traded for seven innings before Zama managed to win 5-4 forcing Yokota to play one last game. Bouncing back Yokota defeated Zama 3-0, securing the championship.

"We had to do it the hard way," said Steven Firch, Yokota coach. "They're competitors. They don't give up, they've always been a tough team to play and they have a lot of good players."

With the tournament over, the awards passed out and the teams returning to

their respective homes some reflect on the shared camaraderie, the competitive spirit of the tournament and are sad to say goodbye to their fellow ball players. "It's bittersweet because it's over," said Leo Austin, Yokota pitcher. "It feels good though."

ROK, US crew chiefs keep jets flying

By Staff Sgt. Nick Wilson 8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea -- The flying mission does not stop. At any given hour, teams of maintainers work as their uniforms reek and glisten of oil and hydraulic fluid.

Regardless of the time, day or severity of the weather, these men and women report to their duty sections every day with one mission - keep their aircraft flying.

The KF-16 Fighting Falcon crew chiefs from the Republic of Korea Air Force 123rd Maintenance Flight, 20th Fighter Wing, Seosan Air Base, and the Wolf Pack's 8th Aircraft Maintenance Squadron worked around the clock to inspect, troubleshoot and maintain F-16s and KF-16s during Exercise Buddy Wing 15-4 here, June 1 to June 5, 2015.

"Our U.S. counterparts collaborated with us to ensure we had the necessary equipment and resources to do our jobs on the flightline," said ROKAF Warrant Officer Young-Ki, 20th Fighter Wing crew chief. "The generous support they provided allowed for a seamless transition in terms of shifting maintenance operations from Seosan to Kunsan Air Base."

This is the first time in 15 years since Young-Ki visited Kunsan Air Base for a Buddy Wing Exercise.

"There were things that have changed since my first Buddy Wing exercise at Kunsan Air Base in 2000," Young-Ki said. "However, our mission to support training sorties through perfect maintenance remains the same."

As Seosan crew chiefs provided maintenance to ROKAF jets, their U.S. counterparts from the 8th AMXS provided support to pilots from the 35th Fighter Squadron.

"My leadership briefed me how Exercise Buddy Wing 15-4 is in place here to strengthen our bond with the ROKAF," said Senior Airmen Brenton Repine, 8th



A Republic of Korea Air Force KF-16 Fighting Falcon pilot from the 123rd Tactical Fighter Squadron, 20th Fighter Wing, Seosan Air Base, prepares to climb out of his assigned aircraft with assistance from a crew chief from the 123rd Maintenance Flight, after arriving at Kunsan Air Base, ROK, for Exercise Buddy Wing 15-4, June 1, 2015. In an effort to enhance interoperability, Buddy Wing exercises allow pilots an opportunity to exchange ideas and practice combined tactics in order to fight and fly as one Allied force. (U.S. Air Force photo by Staff Sgt. Nick Wilson)

AMXS assistant dedicated crew chief. "I think being a part of the partnership between ROKAF and the U.S. is very special. It's pretty cool to know that I'm part of a coalition force."

Whether working to ensure aircraft are mission capable for exercises like this iteration of Buddy Wing or assisting a wingman with a maintenance issue, a crew chief's primary responsibility is to generate sorties.

"I think everyone on our maintenance team is incredibly vital to the mission," Repine said. "We all have a mission to work towards and if it doesn't get done, then aircraft aren't going to fly."

The Glow Run 5k

For Lesbian, Gay, Bisexual, Transgender Pride Month, the LGBT committee hosted a Glow Run 5k June 11.



UCMJ DISCIPLINARY ACTIONS Nonjudicial Punishment (Article 15)

Osan

- A staff sergeant was derelict in performance of his duty by disconnecting a missile without the assistance of another member. The punishment was a suspended reduction to senior airman, forfeiture of \$229 pay per month for 2 months, and a reprimand.

LEADING THE CH - A senior airman confessed to violating 7 AF Curfew Policy with another military member while in Seoul. The punishment was a suspended reduction to airman first class, forfeiture of \$1,027, restriction to base for 30 days, 21 days extra duty, and a reprimand.

 A senior airman confessed to violating 7 AF Curfew Policy with another military member while in Seoul. The punishment was a reduction to airman first class, restriction to base for 30 days, 14 days extra duty, and a reprimand.

A senior airman was apprehended at 0103 hours in the Songtan Entertainment District, in violation of 7 AF Curfew Policy, and made a false official statement. The punishment was a suspended reduction to airman first class, restriction to base for 30 days, 30 days extra duty, and a reprimand.

A staff sergeant maltreated his subordinate. The punishment was a reduction to senior airman, 30 days extra duty, and a reprimand.

ishment was a suspended reduction to staff sergeant, restriction to base for 30 days, 30 days extra duty, and a reprimand.

An airman first class was apprehended in Seoul for drunk and disorderly conduct. The member was apprehended after 0100 hours, in violation of 7 AF Curfew Policy, and consumed alcohol while under the age of 21, in violation of the 7 AF Alcohol Policy. The punishment was a reduction to airman and a reprimand.

- An airman first class consumed alcohol while under the age of 21, in violation of the 7 AF Alco-

hol Policy. The punishment was a suspended reduction to airman, forfeiture of \$89 pay per month for 2 months, and a reprimand.

- An airman was apprehended at 0104 hours in the Songtan Entertainment District, in violation of 7 AF Curfew Policy. The punishment was a reduction to airman basic and a reprimand.

> A staff sergeant misused his Government Travel Card by purchasing unauthorized goods and services while not in a travel status. The punishment was a suspended reduction to senior airman, 30 days extra duty, and a reprimand.

A staff sergeant was late to work and failed to go to two mandatory appointments. The punishment was a suspended reduction to senior airman, and a reprimand.

A staff sergeant was apprehended at 0143 hours in Itaewon, A technical sergeant reported to work intoxicated. The pun- Seoul in violation of 7 AF Curfew Policy. The punishment was a suspended reduction to senior airman, forfeiture of \$548, and a reprimand.

MERS Information

Middle Eastern Respiratory Syndrome (MERS) is a serious respiratory disease in the Republic of Korea with numerous reported cases. Symptoms include fever, cough and shortness of breath. There is no vaccine or specific treatment available.

All known MERS patients in Korea acquired their illness in hospital settings where they came in direct or indirect contact with MERS patients. Through continued monitoring, public health officials have identified locations outside hospital settings where potential exposure to the general public may have occurred. There have been no patients identified from exposure in these other sites to date. We are watching this closely and will continue to provide updates. With potential transmission sites outside of hospitals, there is an increased risk of exposure in public gatherings and crowded areas at this time.

USFK medical leaders are working closely with US public health experts and ROK public health authorities to contain this MERS outbreak. The U.S. Center

for Disease Control and Prevention has issued a Travel Watch Level 1 for the Republic of Korea, which means to "practice usual precautions" and is consistent with the recommended prevention methods listed below. Contacts with MERS patients will require monitoring and quarantine for up to 14 days. This monitoring and quarantine can usually be accomplished in an individual's home.

The following measures are recommended to protect yourself from illness:

Wash your hands frequently with soap and water for at least 20 seconds.

Use an alcohol-based sanitizer if soap and water are not available.

Cover your nose and mouth when sneezing and throw the used tissue in the trash. Do not reuse tissues

Clean and disinfect commonly used surfaces, such as doorknobs, light switches, handrails, or toys.

Avoid close contact, such as kissing or sharing eating utensils, with sick individuals.

Avoid touching your eyes, nose, or mouth

with unwashed hands.

In addition, USFK recommends that all active duty and civilian USFK personnel and family members take the following additional precautionary measures to ensure force readiness and minimize the risk of exposure:

- Avoid unnecessary visits to hospitals.
- Minimize time in frequently crowded areas. _
 - Minimize use of public transportation.

U.S. Forces Korea commander, Gen. Curtis M Scaparrotti has directed service members, civilians, and their families to contact their chain of command and healthcare providers prior to completing any offinstallation hospital referrals within the Republic of Korea.

If you were seen at any other host nation hospital on or after 15 May 2015 AND you have a fever, cough or shortness of breath, please call your local military treatment facility for further guidance.

United States Forces Korea Surgeon's Office will provide updates as information becomes available.

Further information on MERS may be obtained at the CDC website at www.cdc.gov/coronavirus/MERS



Kunsan

Seoul introduces new character on rickshaw service for tourists!



Following the successful launch of Larva, the animated character featured on Seoul's subway Line 2, this popular character is now being added to another kind of transportation in the city's capital!

This animated character Larva, loved by almost all children here in Korea, is now appearing on rickshaw bikes in Seoul, mainly operating around the neighborhoods of Bukchon, Seochon, and Jeongdong. The pedicab service, which has been operating since 2012, pedals around an average of 1,200 customers per month in the traditional areas of downtown Seoul.

Passengers on these bikes can choose among six different tour routes, of which will also be assisted in foreign language services (English and Chinese). Those



wishing to line up for this fun ride are required to make a reservation online and note that the duration of each tour is roughly one hour.

More info

* Operating hours: Daily 10:00-

18:00 (subject to change during summer peak season)* Tour route:

Bukchon (3 types): Seo (west)
Bukchon, Dong (east) Bukchon, Nam (south) Bukchon (Ikseon-dong Village)
Seochon (2 types): Cheong Wa
Dae, Suseong-dong Valley

- Jeongdong: Jeongdong Theater and Deoksugung Palace

* Website: rideartee.com (Korean, English)

* Fare: 40,000 won per person (English/Chinese guided tour)

* Inquiries: hello@rideartee.com Courtesy of ARTEE

Gwangju Uchi Park lit up with fairy lights







The grounds of Gwangju Uchi Park are set to be adorned with over 5 million LED lights starting on May 23.

The park will present miniature replicas of famous sites, such as Seoseokdae Jusangjeolli Cliff on Mudeungsan Mountain (columnar joints), the Eiffel

Tower, and San Francisco's Golden Gate Bridge. Crowds of tourist are expected to visit the park, which will display more than 100 world-renowned landmarks with LED lights. There will also be about 20 sculptures of robots, dinosaurs, deer, and giraffes all made using recycled materials.

Gwangju is also starting to get busy the 2015 Gwangju Summer Universiade, which runs from July 3 to 14. The fastest and easiest way to get to Gwangju, the KTX Honam line, has recently been opened, and Uchi Park is expected to be filled with universiade visitors taking in the ocean of glimmering LED lights.

More info

* Address: 677, Uchi-ro, Buk-gu, Gwangju

* Admission Fee: Free of charge * LED Lighting Times: 19:30-20:00 (*The lights are on after sunset) / closed on 22:00

* 1330 Korea Travel Hotline: +82-2-1330 (Korean, English, Japanese, Chinese)

Courtesy of Gwangju Family Landw

in the midst of preparation for

