

Crimson Sky



U.S. Air Force Staff Sgt. Corey Holt, an aircrew egress systems craftsman assigned to the 35th Maintenance Squadron, Misawa Air Base (AB), Japan, holds an ejection seat still in an F-16D Fighting Falcon aircraft while Staff Sgt. Shawn Layou, an aircrew egress systems craftsman assigned to the 8th Maintenance Squadron, Kunsan AB, Republic of Korea, bolts it into place Aug. 9, 2016, during RED FLAG-Alaska (RF-A) 16-3 at Eielson Air Force Base, Alaska. Units from across the Department of Defense and partner nations send units to Eielson for RF-A to train for contingency operations in a controlled environment stressing joint and multinational integration. (U.S. Air Force photo by Staff Sgt. Shawn Nickel)

Kunsan, Misawa Airmen integrate skills to save resources

By Staff Sgt. Shawn Nickel
354th Fighter Wing Public Affairs

EIELSON AIR FORCE BASE, Alaska -- With budgets under constant constraint and fluctuation in manning, even at home stations, Airmen have to be creative to save tax payer's dollars while keeping Airmen rested to maintain top performance in life saving missions.

Maintenance Airmen from Kunsan Air Base (AB), Republic of Korea, and Misawa AB, Japan combined their skills saving these man-hours and temporary duty funds during RED FLAG-Alaska (RF-A) 16-3.

"Adapt, overcome and persevere, and work smarter, not harder," said Staff Sgt. Shawn Layou, an 8th Maintenance Squadron aircrew egress systems craftsman assigned to Kunsan. "With limited resources and a mission that is mandatory to complete, we are getting cre-

ative by combining our knowledge and pushing through whatever it takes to keep the pilots safe and the jets in the air."

Working together on a F-16D Fighting Falcon aircraft from Misawa AB that was proving to be particularly difficult, Layou, Senior Airman Shane Sells, also from Kunsan, and Staff Sgt. Corey Holt, an aircrew egress systems craftsman with Misawa's 35th Maintenance Squadron, kept the mood light with jokes while working though rebuilding the ejection seat system in the fighter jet.

"We are all certified on the same systems, but use each other's tech data for different models to ensure we are making every step exactly right," said Holt.

By integrating, they have extended coverage from 12 to 24 hours and reduced the need for additional manning by 50 percent.

Although the savings are a massive advantage to the

Air Force and national budget, they said there are other great things about the combination of skills.

"Meeting new people is the best part about being here, but there is the added benefit of experiencing new things," Holt said. "We work in a small career field; however, everyone doesn't know each other. We get to exchange stories and ideas and learn tricks of the trade we would never read in operating instructions."

In addition to the day in and day out of aircrew egress systems, Sells, as the youngest of the three, said the highlight of RF-A for him is broader.

"Being among so many different units, countries and services, you see a different perspective of how the flight line works," he said. "We are breaking out of the norm and experiencing different career fields, seeing new airframes and exchanging experience for experience. Overall, we will leave here much more seasoned Airmen."

[More photos on page 2](#)



PAGE 5
Osan Air Power Day 2016 around corner



PAGE 6
Team Osan honors Tuskegee Airman with memorial



PAGE 11
UFG 2016 supplement

Crimson Sky

Published by Seventh Air Force

7th Air Force

Commanding General/Publisher
Lt. Gen. Thomas W. Bergeson

Public Affairs Officer/Editor
Lt. Col. Michal Kloeffer-Howard

PA Superintendent
Master Sgt. Marelise Wood

Editor/COR
Pak, To Yong

51st Fighter Wing

Commander
Col. Andrew Hansen

Public Affairs Officer
Capt. Robert Howard

Staff Writers
Tech. Sgt. Travis Edwards
Staff Sgt. Jonathan Steffen
Senior Airman Victor Caputo
Airman 1st Class Dillian Bamman

8th Fighter Wing

Commander
Col. Todd Dozier

Public Affairs Officer
Capt. Ryan DeCamp

Staff Writers
Staff Sgt. Chelsea Browning
Staff Sgt. Joseph Park
Senior Airman Dustin King
Senior Airman Ashley L. Gardner

This Air Force newspaper is an authorized publication for members of the Department of Defense. Contents of Crimson Sky bi-Weekly are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, or Department of the Air Force. The editorial content of this bi-weekly publication is the responsibility of the 7th Air Force Public Affairs APO AP 96278

Circulation: 7,000

Printed by Oriental Press, a private firm in no way connected with the U.S. Government, under exclusive written contract with the Contracting Command-Korea. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Air Force or Oriental Press of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, religion, gender, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

Oriental Press President
Charles Chong

Layout Designer
Jasper Guchang Jung

Commercial Advertising
Telephone: 738-5005 Fax: (02) 793-5701
E-mail: oriental_press@outlook.com
Mail address: PSC 450, Box 758, APO AP 96206-0758
Location: Bldg. 1440, Yongsan, Main Post

Visit us online
Crimson Sky

www.7af.pacaf.af.mil

Submit Letters to the Editor, guest commentaries, and story submissions to the bi-weekly Crimson Sky at:

7afpa@us.af.mil51fwpa@us.af.mil8fw.pa@kunsan.af.mil

For all submitted items include a point of contact name and telephone number. All items are subject to editing for content and to insure they conform with DoD guidelines. Seventh Air Force Public Affairs and the Crimson Sky bi-weekly staff are located at Seventh Air Force Osan Air Base. For information, call Commercial 0505-784-4709 or DSN 315-784-4709.

Transparent leadership: An old concept for modern times



Col. Sean P. Larkin is the commander of the National Air and Space Intelligence Center at Wright-Patterson Air Force Base, Ohio. (Courtesy photo)

By Col. Sean P. Larkin
National Air and Space Intelligence Center

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFNS) -- We're living in an age of hyper-connectivity. With sensors everywhere and supercomputers in our pockets, there's a wealth of information available to everyone, whether it's a review of a restaurant, an updated Air Force instruction or the airspeed velocity of an unladen swallow (African or European). There are unofficial forums and social media groups devoted to nearly everything -- including the Air Force. Further, your words and actions can live on indefinitely on the internet. Nothing stays in Vegas. Now, more than ever, to quote Gen. George S. Patton, "You are always on parade."

The combination of instant information, rapid social interaction and recorded behavior has changed the environment and expectations for leaders. Our Airmen expect and deserve leaders whose actions match their words and whose decision-making is open, fair and consistent.

While discretion and the safeguarding of sensitive, classified and personal data remain critical responsibilities of military professionals, the fact remains that any gap between what you say and what you do will be exposed, one way or another. But there is no reason to fear such scrutiny; in fact, we must embrace transparency to lead in the 21st century.

Transparency is not a novel concept. Political scientists, journalists and policy advocates have been touting its importance for more than a century. In 1913, Louis Brandeis, who would go on to serve as a justice U.S. Supreme Court, famously referred to sunlight (transparency) as "the best disinfectant." An organization that maintains open records, encourages honest dialogue, and is accountable for its actions is less likely to violate the public trust.

The benefits of transparency go beyond our external relationships, to the heart of our organizations. Open, honest and consistent leaders will develop trust, strengthen relationships and bolster our core values.

For example, as a commander, I have to make tough decisions on personnel matters, strategic priorities, resources and mission execution. I trust my team to provide the best available information and their recommendations to inform those decisions. While I could technically make decisions without seeking such advice, involving the right subordinates and stakeholders in a transparent decision-making process is essential to leading effectively and building organizational trust.

Transparency helps establish this trust over time and strengthens critical relationships when your Airmen and your mission partners can see how your actions match your stated priorities and vision. Openness also allows your Airmen to understand how and why decisions are made, even if they disagree with a particular outcome. This transparency encourages collaborative decision-making, empowers our Airmen and fosters the professional development of all stakeholders, which ultimately strengthens the organization.

Finally, transparency can reinforce and uphold the Air Force core values. I believe in these values and wholeheartedly believe we need to serve with integrity, service and excellence, every day. When your leadership style is transparent and collaborative, it is easier to model and enforce the ethical behavior we expect from everyone in the Department of Defense. Additionally, an open environment with high standards of personal conduct reinforces positive norms and discourages behavior that violates our values.

What we say is important, but our actions are what really speak to our Airmen. Leading with transparency creates strong, accountable organizations built on trust and guided by the Air Force core values. So, let some sunlight into your leadership style -- it is a great day for a parade.



U.S. Air Force Staff Sgt. Corey Holt and Senior Airman Shane Sells, both assigned to the 8th Maintenance Squadron, Kunsan Air Base (AB), Republic of Korea, and Staff Sgt. Corey Holt, assigned to the 35th Maintenance Squadron, Misawa AB, Japan, all aircrew egress systems technicians, celebrate after bolting an injection seat that was difficult to reach into an F-16D Fighting Falcon aircraft Aug. 9, 2016, during RED FLAG-Alaska (RF-A) 16-3 at Eielson Air Force Base, Alaska. The maintenance Airmen combined skills, saving 50 percent on man-hours and temporary duty funds, increasing coverage from 12 to 24 hours during RF-A 16-3. (U.S. Air Force photo by Staff Sgt. Shawn Nickel)

Osan Airman Named 'Outstanding'

By Staff Sgt. Jonathan Steffen
51st Fighter Wing Public Affairs



Senior Airman Jasmin Figueroa, 51st Medical Operations Squadron emergency services technician, was selected as one of the 12 Outstanding Airmen of the Year for 2016 at Osan Air Base, Republic of Korea. The award recognizes 12 outstanding enlisted service members for superior leadership, job performance, community involvement and personal achievements. (U.S. Air Force photo)

OSAN AIR BASE, Republic of Korea -- Senior Airman Jasmin Figueroa was selected as one of the 12 Outstanding Airmen of the Year for 2016 during her time as a 51st Medical Operations Squadron emergency services technician at Osan AB, Republic of Korea.

This award recognizes 12 outstanding enlisted service members for superior leadership, job performance, community involvement and personal achievements.

"She is just extremely motivated and genuinely cares," said Maj. Regan Lyon, 51st MDOS emergency services flight commander. "She cares not just about patients, but about people."

Figueroa was selected for Senior Airman Below-the-Zone for her dedication to her people and mission. Some of her accomplishments were leading the pediatrics clinic while overseeing the duties of seven Airmen, driving the wing influenza campaign, and directing a team of three medics to vaccinate 4,000 personnel.

She also facilitated five specialty clinic operations that cared for over 15,000 beneficiaries, garnering her the 2015 USAF Outstanding Aerospace Medicine Airman of the Year Award.

The next step in her career is her move to Holloman Air Force Base, New Mexico, to work in a labor and delivery unit.

"I am so excited! I cannot wait to learn different skills. I have always wanted to become a nurse midwife," Figueroa said. "I know this was a God-move, and that I need to take advantage of this wonderful opportunity to grow in my career."

Lyon says Airmen wanting to follow in Figueroa's footsteps should look at her motivation, pride, humility, caring nature, drive and attitude.

"Other Airmen should take note of those qualities and do their best to use similar qualities in whatever projects or tasks they have," Lyon said.

Figueroa will be presented the Outstanding Airman of the Year Award in September at the 2016 Air Force Association Air and Space Conferences and Technology Exposition in Washington D.C.

Award-winners earn the Outstanding Airman ribbon with the bronze service star device and wear the Outstanding Airman badge for one year. They also serve on the Air Force Enlisted Council for one year.

For Figueroa, she feels blessed to be chosen as an outstanding Airman.

"It is still very unreal to me," Figueroa said. "I know God placed the right people in my life, and I am very grateful for everyone's help!"

Figueroa's advice to Airmen is that whatever they want to do, to make sure it comes from the heart.

I learned that success comes from trying to help others succeed. It is more fun and more rewarding that way. I would definitely encourage everyone to work hard and not lose sight of what your goals are, Figueroa said.

B-2s conduct deployment to Indo-Asia-Pacific

By Pacific Air Forces Public Affairs

JOINT BASE PEARL HARBOR-HICKAM, Hawaii (AFNS) -- Three B-2 Spirits deployed from Whiteman Air Force Base, Missouri, to Andersen AFB, Guam, in the U.S. Pacific Command area of operations Aug. 9.

U.S. Strategic Command bombers regularly rotate through the Indo-Asia-Pacific region to conduct PACOM-led air operations, providing leaders with deterrent options to maintain regional stability. During this short-term deployment, the B-2s will conduct local and regional training sorties, and will integrate capabilities with key regional partners, ensuring bomber crews maintain a high state of readiness and crew proficiency.

"Our strategic bomber force routinely operates around the globe and with our regional allies and partners, and this deployment is one such demonstration of the U.S. commitment to supporting global and regional security," said Navy Adm. Cecil D. Haney, the STRATCOM commander.

"Bomber training missions ensure crews maintain a high state of readiness and proficiency and demonstrate our ability to provide an always-ready global strike capability, whenever and wherever we are called to do so."

STRATCOM routinely demonstrates its capability to command, control and conduct global bomber missions.

"Bomber aircraft provide the (PACOM) area of responsibility with an effective deterrent capability, ensuring the regional security and stability of the U.S. and our allies and partners," said Air Force Gen. Terrence O'Shaughnessy, the Pacific Air Forces commander. "These bomber deployments visibly demonstrate our readiness and commitment to the Indo-Asia-Pacific region."

One of nine Defense Department unified combatant commands, STRATCOM is charged with strategic deterrence; space operations; cyberspace operations; joint electronic warfare; global strike; missile defense; intelligence, surveillance and reconnaissance; combating weapons of mass destruction; and analysis and targeting.

The beating heart of the Air Force...Squadrons!

By **Gen. David L. Goldfein**
Air Force Chief of Staff

On 1 July, Secretary James swore me in as your 21st Chief of Staff. This is the privilege of a lifetime. Standing on the shoulders of the 20 giants who paved the way ahead of me, I take on this sacred duty of leading our 660,000 active, guard, reserve, and civilian Airmen absolutely committed to servant leadership. I am honored to be your Chief.

Over the next several weeks leading up to the Air Force Association convention in September, I will publish a series of short papers laying out my thinking on key focus areas. This is the first in the series.

Under the leadership of Secretary James, General Welsh, and Chief Cody, we completed a number of strategic planning documents that provide a useful framework and planning process to shape our future force. I fully support the strategy articulated in the Strategic Master Plan (SMP) and Air Force Future Operating Concept (AFFOC) and we will continue to align our strategy with this vision. I also look forward to championing the priorities that Secretary James has established for us and has so consistently and tirelessly advocated throughout her tenure: Taking Care of People, Balancing Today's Readiness with Tomorrow's Modernization, and Making Every Dollar Count.

If we are to achieve the aspirations laid out in the SMP and AFFOC, I believe we must have a solid foundation organizationally. Our own AFIs state that "squadrons are the basic, building block organizations in the Air Force, providing a specific operational or support capability." I have always believed this to be true and so I am convinced it's where we need to start. This applies equally to our support organizations that may not align under a squadron construct, but actively support squadrons in the execution of their mission.

The squadron is the beating heart of the United States Air Force; our most essential team. We succeed or fail in our missions at the squadron-level be-

cause that is where we develop, train, and build Airmen. Our service culture and traditions manifest themselves in the squadron because our Airmen most readily identify with this core fighting unit. Squadrons are the engines of innovation and esprit de corps. Squadrons possess the greatest potential for operational agility.



General David L. Goldfein

Squadron commanders, civilian leaders, superintendents, and first sergeants have the most profound and lasting impact on Airmen and families. They set and enforce standards, create the environment where the right things are fostered (warfighting excellence, esprit de corps, thriving Airmen and families) ... and are the first line of defense against behaviors we find unacceptable (a toxic work environment, sexual assault, suicide, domestic violence).

It is time to revitalize the squadron as the warfighting core of our Air Force. Our vision demands that "squadrons be highly

capable, expeditionary teams who can successfully defend our Nation's interests in both today's and tomorrow's complex operating environments." We will succeed only when our squadrons are "the cohesive, ready, and agile fighting forces that the Air Force, Combatant Commanders, and the Nation requires."

capable, expeditionary teams who can successfully defend our Nation's interests in both today's and tomorrow's complex operating environments." We will succeed only when our squadrons are "the cohesive, ready, and agile fighting forces that the Air Force, Combatant Commanders, and the Nation requires." pelled to find operational efficiencies to balance our budgets, with manpower and conventional airpower accounts suffering most. Squadrons have been asked to bear the brunt of an incredible deployment tempo and manpower shortages which have had a direct impact on readiness in our warfighting missions. In my experience, readiness and morale are inextricably linked. Walk the line at Bagram AB or Al Udeid AB where units are fully manned and readiness is high and you'll find morale is equally high. Visit one of our CONUS main operating bases and you'll often find manning hovering between 60-70% with many key supervisors and leaders deployed or dual-hatted, remaining Airmen working overtime, and units managing parts and equipment shortages. On top of this, our squadron commanders, civilian leaders, superintendents, first sergeants, and Airmen feel first-hand the challenges associated with increased mandatory recurring training, a growing list of additional duties, and the challenge of a "do-it-yourself" world in place of Airmen who previously provided services for them.

The resultant effect of these challenges is we have degraded the core fighting unit of our Air Force. The place where Airmen live, breathe, and grow, where we generate combat capability, and where our culture resides ... the squadron.

Over the next several weeks leading up to our 69th birthday celebration and the AFA convention in September, I look forward to a robust discussion across the Air Force to sharpen this dialogue and fill in the "how" behind the "why."

Bottom line -- if we are going to sustain warfighting excellence and build the Air Force outlined in the SMP and AFFOC, it must begin in our squadrons. Therefore, revitalizing squadrons as the core fighting unit in our Air Force will be the primary focus in my first year as your Chief. I look forward to working closely with our Secretary, MAJCOM Commanders, and Air Force leadership team across our total force to get after this in the months ahead.

Fight's on!

The past fifteen years have wrought an almost singular focus on countering violent extremism in the Middle East. That necessity has resulted in considerable trades across the portfolios of Global Vigilance, Reach, and Power. Even under difficult budget conditions, we delivered when the Nation called on us to increase investment in ISR, Space, Cyber, and to revitalize the Nuclear Enterprise. In the ISR portfolio alone, we grew an RPA industry from scratch that has become the oxygen the joint force breathes.

However, our success has come at a price. We were com-

Osan Air Power Day 2016 around corner



The Republic of Korea air force Black Eagles demonstration team performs a formation maneuver during Air Power Day 2011 at Osan Air Base, Republic of Korea. Air Power Day 2016 will see the Black Eagles return for a demonstration over the skies of Osan Air Base. (U.S. Air Force courtesy photos)

51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- After a long-awaited four years, Osan Air Power Day 2016 launches next month, open to the public from 9 a.m. – 5 p.m. on Sept. 24 and 25.

Preparations began in 2015 as Team Osan started working with local, city and province officials to ensure an exciting event for 75,000 expected attendees.

“We are very excited to host Air Power Day and exhibit the strength of the partnership between Team Osan and our ROKAF counterparts,” said Col. Andrew Hansen, 51st Fighter Wing commander. “This event will give thousands of people the rare chance to witness our capabilities first-hand and see how easily and efficiently we all

work together to ensure regional stability.”

Acts lined up for Air Power Day 2016 include the ROKAF Black Eagles, one of the world’s premier military aerial demonstration teams, multiple flyovers from a variety of aircraft, and a diverse selection of static displays, including assets from the U.S. Army, Navy, Marine Corps and the ROKAF.

“Our ground entertainment team is putting together the most robust plan for Air Power Day ever,” said Maj. Jonathan Garner, Air Power Day 2016 director. “There will be a ton of planes flying and an amazing lineup of ground displays for everyone to check out. It’s going to be epic!”

To gain access to base for the air show, ROK nationals must have a Korean ID and/or driver’s license, while foreign nationals must bring their passport.



Three A-10 Thunderbolt IIs assigned to the 25th Fighter Squadron perform a flyover during Air Power Day 2011 at Osan Air Base, Republic of Korea. Air Power Day 2016 will include performances from A-10s and F-16 Flying Falcons assigned to Osan in addition to multiple other acts and static displays. (U.S. Air Force courtesy photo)

Team Osan honors Tuskegee Airman with memorial

By Senior Airman Victor J. Caputo
51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- Osan Air Base and the surrounding areas are home to a wide variety of people, but it's probably not the first place one would look for a Tuskegee Airman.

Retired Master Sgt. James T. Price joined the 477th Bombardment Group in 1945 as a B-25 Mitchell aerial gunner until full military integration in 1949. The former Tuskegee Airman eventually called the Osan area home for years and was a staple in the base enlisted club, regularly seen passing on advice and mentoring Airmen of all ranks and ages before his death in 2008.

"Mr. Price was a phenomenal person," said Chief Master Sgt. Dave Mahovlich, 694th Intelligence Support Squadron superintendent. "He always told great stories and was constantly taking care of Airmen, even years into his retirement."

Mahovlich's first assignment at Osan was as a senior airman in 1993, and he has spent nine total years here, frequently seeing Price during his non-consecutive short tours. While the people stationed here change constantly, Price was a constant presence, bringing extra continuity to the area.

Price's final year of active duty service saw him managing the brand-new Challenger Club, which would eventually become the modern enlisted club. His years of service to the Osan community and special link between Price and the club led base leadership to dedicate a memorial in his honor outside of the club in 2013: a stone eagle atop a column.

Unfortunately, the memorial was discovered with one of the eagle's wings broken off in the fall of 2015.

Mahovlich immediately reached out to his friend, Chief Master Sgt. David Plouff, 694th Intelligence, Surveillance and Reconnaissance Group chief

enlisted manager, and started working out how they could fix the damaged statue.

"Some people lament that we don't have as much history or culture as the other services, but if we take no action when our culture actually is damaged, then we're as much to blame as anyone for our culture evaporating," said Plouff.

The Osan Chief's Group quickly backed the idea to replace the statue, but it would have to be financed entirely through donations and fundraising.

Groups and organizations from all facets of the base came together to help re-memorialize Price, including large contributions from the Team Osan Spouses Club and the 731st Air Mobility Squadron. Nearly one year after it was damaged, a brand new, larger statue was erected in its place.

A re-dedication ceremony was held in front of the club, with dozens of Airmen and Team Osan community members in attendance.

"The memorial [is] that of an eagle, befitting of an Airman that soared so high in service to his nation and its Airmen," said Col. Andrew Hansen, 51st Fighter Wing commander. "Just as Jim took care of Airmen, Airmen stepped up and stepped in to take care of what represents him."

The crowd cheered as the sheet was lifted and the new statue was unveiled, revealing the nearly twice-as-large eagle.

"It's an honor to even think we were able to make this happen for Jim," said Mahovlich. "He gave so much to us, and we were able to give back to his memory."

The inscription on the memorial reads:

Dedicated to Mr. Jim Price, Tuskegee Airman

"It is not the honor that you take with you,

But the heritage you leave behind."

Branch Rickey



A new eagle statue dedicated to retired Master Sgt. Jim Price was unveiled in front of the base enlisted club at Osan Air Base, Republic of Korea, Aug. 1, 2016. Price, who was a Tuskegee Airman, was a staple of the enlisted club for years, offering advice and mentorship to Airmen of all ranks and ages until his death in 2008. (U.S. Air Force photo by Senior Airman Victor J. Caputo)

CHAPEL SCHEDULE

KUNSAN AIR BASE

Protestant Services

Liturgical Communion Service

Sunday, 8:30 a.m.

Main Chapel, Bldg. 501

Gospel Service

Sunday, 1 p.m.

Main Chapel, Bldg. 501

Contemporary Service

Sunday 5 p.m.

Main Chapel, Bldg. 501

Catholic Services

Sunday Catholic Mass

Sunday, 10:30 a.m.

Main Chapel, Bldg. 501

Daily Mass and Reconciliation

Please call the Chapel

Other Worship Opportunities

LDS Service

Sunday, 2:30 p.m.

SonLight Inn, Bldg. 510

Point of Contact:

Kunsan Chapel, 782-4300

Visit us on SharePoint:

<https://kunsan.eis.pacaf.af.mil/8FW/HC>

OSAN AIR BASE

Protestant Services

Traditional Service

Sunday, 10 a.m., Osan Chapel Sanctuary

Gospel Service

Sunday, Noon, Osan Chapel Sanctuary

Contemporary Service

Sunday, 5 p.m., Osan Chapel Sanctuary

Church of Christ

Sunday, 10 a.m., Elementary School Cafeteria

Catholic Mass

Daily Mass

Tuesday – Thursday, 11:30 a.m.

Saturday, 5 p.m.

Sunday, 8:30 a.m.

Reconciliation

Saturday, 4 p.m.

Other Faith Groups

Buddhist

Contact the Chapel

Earth-Based

Contact the Chapel

Jewish

Contact the Chapel

LDS

Contact the Chapel

Muslim

Contact the Chapel

Point of Contact:

Osan Chapel, 784-5000

Visit us on SharePoint:

<https://osan.eim.pacaf.af.mil/51FW/51FW-HC/default.aspx>

Visit us on Facebook (OSAN AB CHAPEL)

<https://www.facebook.com/OsanABChapel>

USAG-YONGSAN

Protestant Services

Traditional Service

Sunday, 9:30 a.m.

Memorial Chapel, Bldg 1597

Sunday, 9:30 a.m.

Brian Allgood Hospital Chapel

Contemporary Service

Sunday, 9 a.m.

South Post Chapel, Bldg 3702

Sunday, 10:30 a.m.

K-16 Chapel

Nondenominational Service

Sunday, 11 a.m.

South Post Chapel, Bldg 3702

Gospel Service

Sunday, 1 p.m.

South Post Chapel, Bldg 3702

Pentecostal

Sunday, 1:30 p.m.

Memorial Chapel, Bldg 1597

Latter Day Saints (LDS)

Sunday, 4 p.m.

South Post Chapel, Bldg 3702

Seventh-Day Adventist

Saturday, 9:30 a.m.

Brian Allgood Hospital Chapel

KATUSA

Tuesday, 6:30 p.m.

Memorial Chapel, Bldg 1597

Catholic Mass

Sunday, 8 a.m.

Memorial Chapel, Bldg 1597

Sunday, 11:30 a.m.

Memorial Chapel, Bldg 1597

Saturday, 5 p.m.

Memorial Chapel, Bldg 1597

1st Saturday, 9 a.m.

Memorial Chapel, Bldg 1597

M/W/T/F, 11:45 a.m.

Memorial Chapel, Bldg 1597

Tuesday, 11:45 p.m.

Brian Allgood Hospital Chapel

General Service

Episcopal Service

Sunday, 11 a.m.

Brian Allgood Hospital Chapel

Jewish

Friday, 7 p.m.

South Post Chapel, Bldg 3702



Point of Contact:

USAG Yongsan Religious Support Office, 738-3011

Visit us on SharePoint:

<http://www.army.mil/yongsan>

Spiritual Charge

The tyranny of busyness



By Ch, Capt. Jeremy Caudill
51st Fighter Wing Chapel

“How are you today?” “Busy, man, really busy.”

“How was your week?” “Really busy, just running like a chicken with its head cut off.”

“How was your weekend?” “Crazy busy, I don’t even remember what I did.”

Does that sound familiar? Those of us in the military know what it is like to be busy, we live in an area where readiness is paramount. We have real world threats and real world issues that are al-

ways pressing. However, it seems that in our culture we glorify being busy; if the military gave out busyness medals, we would all have a rack full. We are consumed with doing things, meeting tasks, meeting suspenses, and multitasking so much so that we forget what is really important. Living life! Teresa Bell Kindred said it like this, “Sometimes I suspect we get caught up in the rat race of life, chasing the cheese, doing our best to outrun the other rats and forgetting that when we get there, all we get is a hunk of cheese!” I don’t know about you, but I want more out of life than a hunk of cheese.

Counterintuitively, being busy does not necessarily mean we are efficient, either. Stephen Covey, the author of the Seven Habits of Highly Effective People wrote about the concept of the urgent vs. the important. Important activities are those task that help you achieve your goals, be they personal or professional. Urgent activities, on the other hand, require immediate attention, but may not achieve your goals—but they must get done. Covey stresses the importance of focusing on the important tasks before they become urgent. Sometimes we get so busy doing things that we do not really accomplish what is important. Perhaps we need to slow down and examine what matters. Let me give you some unsolicited advice, write down all the tasks you need to get done and work them from the most urgent important to the least. Don’t try to do 50 things at once, just do what has to be done. Give yourself a schedule and stick to it, but make it realistic. You

do not want to set yourself up for failure. Further, if you can accomplish a task in five minutes, do it! Once you get it done, it builds your momentum and you feel better. Don’t put it off, because procrastination leads to busyness. Okay, advice over. The real tragedy is that when we are busy, we lose sight of what really matters. It is great to work hard, but work is not all that matters. Those of us who are away from our families know the feeling of wanting to be there for our loved ones; take time to stay connected with your family—don’t let geographic distance cause emotional distance. Family may not be urgent, but very important. Before I entered the military, I was a hospice chaplain. I ministered to dying people on a daily basis. Oddly, no one ever said to me on their death bed, “You know what pastor, I wish I would have spent more time in the office.” No one ever told me that they wish they could have gotten to more emails or that they could have missed more birthday parties. No, what I usually heard was, “I wish I would have spent more time with family.” “I wish I would have made time for what really matters.” “I wish I would have been a better dad or mom, or son, or daughter, or brother, or sister, or whatever. What they were expressing to me is called, regret. Dying has a way of cutting to the heart of what is really important. So, some more advice (sorry, I’m a chaplain, it’s what I do), take a break and evaluate what is important for you. Make a list of the things you need to do, then work your list, but be sure to prioritize your personal life and family

life on the top of your list. Take some time to rest and reflect and ask yourself, “Is my workday busyness running me down? Am I wearing out? Build into your schedule quality time with your friends and family. This month I encourage you to live a life free of what does not matter. Take a look in the mirror and ask yourself, “Am I building regrets?” What I mean by that is when you look at your life, are you living for what is important or are you just *being busy*. There are thousands of things that you can do, but not all of them matter, really matter. All work is honorable, and a full military career is fulfilling, but even the longest career is but a vapor; here today and gone tomorrow. What matters is what will last beyond your career. Some of us will retire, but not all of us will retire well. Retiring well means that you have served honorably, and done your best, but you have not sacrificed your health, your family, and your sanity for a shadow-box. When you have your retirement ceremony, think about who will be there. Will your family attend? Will you know them? Not to be morbid, but who will be at your death bed? Busyness has a way of crowding out those who are important to us. So, slow down, it’s hot outside, you don’t need to move fast anyway. Take a look around, take stock of your life and what really matters. Take time to enjoy the hot weather go to the pool, take a train to the beach, just stop being so busy. In the immortal words of Ferris Bueller, “Life moves pretty fast. If you don’t stop and look around once in a while, you could miss it.”

Power Projection: 157th Expeditionary Fighter Squadron showcases “Fight Tonight” readiness



An F-16 Fighting Falcon from the South Carolina Air National Guard's 157th Expeditionary Fighter Squadron taxis on the flightline before takeoff July 27, 2016, at Osan Air Base, Republic of Korea. Approximately 300 Airmen and 12 F-16s from the 169th Fighter Wing deployed to Osan in support of the U.S. Pacific Command Theater Security Package. (U.S. Air Force photos by Senior Airman Dillian Bamman)

By Senior Airman Dillian Bamman
51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- Team Osan welcomed the South Carolina Air National Guard 169th Fighter Wing during their deployment as the 157th Expeditionary Fighter Squadron in support of the U.S. Pacific Command Theater Security Package.

TSPs on the Korean Peninsula have been vital to the Pacific Air Forces force posture since March 2004, and the deployment of the 157th EFS is no exception. They have arrived with over 300 Airmen and 12 F-16 Fighting Falcons, ready to demonstrate the commitment to always be ready to “fight tonight.”

“The deployment of the 157th EFS provides unique opportunities to integrate various forces into joint, coalition and bilateral training across diverse environments,” said Lt. Col. Nicholas Johnson, Pacific Air Forces Command Operations, Plans and Requirements chief of fighter operations.

The Air Force routinely deploys TSPs throughout the Korean peninsula in

support of the defense of the Republic of Korea.

“Enhancing U.S. and Korean interoperability assures shared international responsibilities to provide assistance during regional crises and allows us to build cooperation and bolster regional security interests and goals,” Johnson said. “The 157th EFS demonstrates the U.S. military’s contribution to the Indo-Asia-Pacific rebalance by maintaining training and operational readiness.”

In order to keep their F-16s flying, maintainers continually repair, inspect and improve their aircraft in their deployed environment.

“We’re providing fully combat-capable F-16s to the fight every day, and we’re prepared to ‘fight tonight’ if needed,” said Chief Master Sgt. Daniel Shelley, 157th Expeditionary Aircraft Maintenance Unit superintendent.

Even though the 157th EFS has continually been proactive in their readiness response, they still have work to be done these next few weeks.

“This deployment underscores U.S. commitment to the Indo-Asia-Pacific rebalance in an unpredictable and uncertain region and sends a clear message to the international community that the U.S. is serious about security and stability in the region,” Johnson said.



An F-16 Fighting Falcon from the South Carolina Air National Guard's 157th Expeditionary Fighter Squadron takes off from the flightline July 27, 2016, at Osan Air Base, Republic of Korea. Approximately 300 Airmen and 12 F-16s from the 169th Fighter Wing deployed to Osan in support of the U.S. Pacific Command Theater Security Package.

51st FW vice commander takes final flight



Col. Brian Carr, 51st Fighter Wing vice commander, exits an F-16 Fighting Falcon following his final flight at Osan Air Base, Republic of Korea, Aug. 4, 2016. Carr will be retiring after more than 23 years of service to the Air Force, with three years spent assisting in the defense of the Korean Peninsula.



Col. Brian Carr, 51st Fighter Wing vice commander, poses for a photo with Col. Andrew Hansen, 51st FW commander, and his family following his final flight in an F-16 Fighting Falcon at Osan Air Base, Republic of Korea, Aug. 4, 2016. Family and coworkers gathered onto the flightline to congratulate Carr on his retirement. (U.S. Air Force photos by Senior Airman Dillian Bamman)

UFG16 is a Field Conditions Exercise

All participants are required to in-process and out-process through the Joint Personnel Reception Center (JPRC). The JPRC Personnel will assign lodging to all participants. PACAF/FM will not authorize missed meal vouchers. All participants will be authorized the daily incidental rate (\$3.50) and GMR rate (\$13.85). Participants must pay for meals eaten at the Dining Facility.

Wifi spots: Library, Community Center, Mustang Center, Turumi Lodge, Enlisted Club, & BX Food Court

Osan AB Commissary

Store Hours

Normal Hours

Early Bird Hours

Sun:	1000 - 1900	Sun:	N/A - N/A
Mon:	CLOSED	Mon:	N/A - N/A
Tue:	1000 - 1900	Tue:	0700 - 1000
Wed:	1000 - 1900	Wed:	0700 - 1000
Thu:	1000 - 2000	Thu:	0700 - 1000
Fri:	1000 - 1900	Fri:	0700 - 1000
Sat:	1000 - 1900	Sat:	N/A - N/A

Store Services

- ATM
- Bakery
- Custom Photo Cakes
- Deli
- Fresh Sandwiches to go
- Hot Foods Dept
- Party Cakes
- Plants
- Rotisserie Chicken
- Sushi

Main Exchange/ Military Clothing Store/ Express/ Exchange Restaurants/ Concessions

Bldg. 965

Main Exchange/ Military Clothing Store/ Express

Main Exchange DSN 784-4239 COMM 0505-122-5001	Daily	0900-2100
Military Clothing Store COMM 0505-122-5321	Daily	1000-1900
Express/ Class Six/ Video Rental COMM 0505-122-5081	Sun-Thu Fri-Sat	0600-2400 0600-0200

Exchange Restaurants

Charley's Grilled Subs DSN 784-4200 COMM 0505-122-5060	Mon-Fri Sat-Sun	0630-2000 0730-2000
Subway DSN 784-4200 COMM 0505-122-5060	Mon-Fri Sat Sun	0700-2100 0800-2100 0900-2100
Pizza Hut DSN 784-4200 COMM 0505-122-5050, 5051, 5052, 5053	Sun-Thu Fri-Sat	1000-2200 1000-2300
Taco Bell DSN 784-4200 COMM 0505-122-5060	Daily	1000-2000
Captain D's DSN 784-4200 COMM 0505-122-5060	Daily	1030-1900
Baskin Robbins DSN 784-4200 COMM 0505-122-5060	Daily	1100-2000
Manchu Wok DSN 784-4200 COMM 0505-122-5060	Daily	1000-2000
Starbucks Coffee COMM 0505-122-5980	Daily	0700-1930
Krispy Kreme Doughnuts COMM 0505-122-5206	Mon-Fri Sat-Sun	0630-1730 0730-1730
Freshens Smoothie COMM 0505-122-6111	Mon-Fri Sat-Sun	0630-1900 0730-1900

Concessions

Hertz Car Rental DSN 784-5373 To call from US: 011-82-505-122-5800 To call from inside Korea: 0505-122-5800	Daily	1000-1900
Alteration Shop COMM 0505-122-5219	Daily	1000-1900
Art Shop COMM 0505-122-5936	Daily	1000-1900
Barber Shop COMM 0505-122-5111	Sun-Thu Fri-Sat	1000-1900 1000-2000
Clothing COMM 0505-122-5453	Daily	1000-1900
Custom Tailor COMM 0505-122-5353	Daily	1000-1900
Engraving/Printing COMM 0505-122-5114	Daily	1000-1900
FedEx COMM 0505-122-5701	Daily	1000-1900
Laundry & Dry Cleaning COMM 0505-122-5181	Daily	1000-1900
Packing/Wrapping COMM 0505-122-5222	Daily	1000-1900

Ginkgo Tree Dining Facility

Bldg. 1470, DSN: 784-6861

Break fast	Weekday: 0600-0900 Weekend: 0630-0830
Lunch	Weekday: 1100-1400 Weekend: 1100-1300
Dinner	Weekday: 1730-2030 Weekend: 1700-1900
Midnight	Weekday: 2300-0100 Weekend: 2300-0100

Ground Support Meals (box meals): Call Ginkgo Tree Flight Kitchen at 784-5632, 24 hours, 7 days a week. BX food court & restaurants

PACIFIC HOUSE DINING FACILITY WILL BE CLOSED FOR RENOVATIONS DURING UFG16

Back of the Hanger Dining Facility

Bldg. 1741, DSN: 784-2883

Lunch	Dinner
Mon-Fri: 1130-1400	Mon-Fri: 1700-1930
Closed Sat, Sun, Holidays & Down days	

Post Office

Main Base Post Office (B965 - same as BX)	784-4655
Mailing Window (Stamps Sales/Money Orders)	
Monday-Friday	1000-1700
Saturday	1000-1400
Sunday	Closed
Package Pickup Window	
Monday-Friday	1000-1730
Saturday	1000-1400
Sunday	Closed
Official Mail Center	Mon-Fri 0900-1600 Sat-Sun Closed
Registered Mail Service	Mon-Fri 1000-1600 Sat-Sun Closed
Claims & Inquiries	Mon-Fri 1100-1500 Sat-Sun Closed

Dual Exchange Restaurants/ Facilities/ Admin/ Schools/ Post Office

Dual Exchange Restaurants

Bldg 828, DSN 784-9517

Burger King DSN 784-9517	Mon-Sat Sun	0630-2000 0700-2000
Popeyes DSN 784-2448 COMM 0505-122-1420/21	Daily	1000-2200

Other Facilities

American Eatery Bldg 507 DSN 784-4164	Sun - Thu Fri - Sat	1000-2200 1000-2300
Car Care Center Bldg 511 COMM 0505-122-3213	Daily	0800-1900
Bicycle Shop Bldg 511 COMM 0505-122-4515	Mon-Sun	0930-1830
Reel Time Theater Bldg 795 DSN 0505-122-1968	Mon-Fri Sat Sun	1830 1230 1230
Taxi Bldg 163 Call Taxi (Dispatching Svc) COMM 1544-9080 From DSN 99-663-4121 (Hrs: Sun-Thu 0400-0100; Fri/Sat/US Holidays 24 hrs)	Daily	0500-0100
Community Bank Bldg 965 DSN 784-6608	Tue-Fri Sat Sun-Mon	0930-1300 & 1400-1700 0930-1530 Closed (If Military Payday falls on Mondays, operating normal hours and close on Saturdays.)
Gym Bldg 1423	Manned hours Mon-Fri Sat-Sun & Holiday	0500-2200 0800-1700 Register CAC to access facility during unmanned hours
DSN 784-5568		
Mustang Center Bldg 1313 DSN 784-4311	* The End Zone Sun-Tue: Wed-Thurs: Fri-Sat:	1030-2300 1030-2400 1030-0200
* Mustang Cafe Mon-Fri: Sat & Sun: Holidays:	* Barber Shop 784-6921 Mon-Fri: Sat: Sun:	0530-2000 0630-2000 0630-1700 1000-1900 1000-1700 1200-1700
Ration Control Bldg 765 DSN 784-1853	Mon-Fri	0800-1700
Library (Office) Bldg 921 DSN 784-6611/9193	Sun-Thu Fri-Sat Exercise	1000-2100 1000-2000 1100-1900
ITT Travel Service Bldg 924 DSN 784-4254	Mon-Fri Sat, Exercise Sun & Holidays (US & Korea)	1000-1800 1000-1600 1000-1400

Peninsula-Wide Off Installation Guidance

Peninsula-Wide Curfew: Daily 0100-0500

Military members are required to be in their lodging room, residence, or on base during hours of curfew.

GO-1: Alcohol Consumption Restriction IAW USFK Command Policy Letter #45 and 7 AF General Order Number 1, there will be no alcohol consumption by UFG participants from STARTEX to ENDEX (22 Aug - 2 Sep including the weekend).

Off Limits Establishments are posted outside the Main Gate. If uncertain, contact 51 SFS.

Out Processing

All personnel are required to out-process the JPRC no matter destination or mode of travel.

No departures until Restricted Area Badges are returned to security manager/designated POC and rooms are clean and cleared.

Sexual Assault is a crime! It's on all of us to prevent it. SARC: 784-1036/7272 or after hrs 010-8732-2832

General Numbers

- Emergency Services: 911
- Rush Park Mayor: Cell 010-5856-5083
- Rush Park Deputy Mayor: Cell 010-5856-5043
- JPRC: Cell 010-4639-6438
- SVS: Cell 010-4639-6457
- Chaplain: Cell 010-4028-9966
- Command Post: 784-7000
- Security Forces: 784-4350
- Base Chapel: 784-5000
- Cell phone to DSN: dial 0505 + full DSN #
- Comm to a US DSN: 94 + (312) phone #

51st MDG HOURS OF OPERATION

For on-base emergencies, dial 911 from a DSN Line or 031-661-9111 from a cellphone.

For off-base emergencies, dial 119 from a cellphone

For urgent care, call the 24-Hour Emergency Room (ER) at DSN 784-2500 over visit building 777, lower level.

29 AUG - 31 AUG & 2 SEP - 0700hrs to 1700hrs

*** 1 SEP - 0900hrs to 1700hrs

Call Central Appointments: DSN 784-DOCS (3627) for conditions that are not emergencies.

Daily Visitor & Vehicle Passes

DBIDS registered SOFA personnel may escort up to 4 people

Main Gate (Visitor only, no vehicles) 24 hrs daily

Doolittle Gate (Passes only, no entry) 0500-2400 (Sun-Thu) 0500-0300 (Fri-Sat)

Main Gate Hours of Operations

Pedestrian Traffic 24 hours

In & Outbound Vehicle Lane Closed 2200-0500hrs

Doolittle Gate (Vehicle Traffic Only) AFOC Gate

24 hours 24 hours

Clubs & Dining

- Enlisted Club (B917) 784-6900
w/ Sports Bar & Grille
- Mustang Center -MC (B1313) 784-4311
w/ The End Zone 784-6931
- Officers' Club (B910) 784-5530
CLOSED UNTIL NOV 16
- Black Cat Lounge (B854) 784-5228
- Checkertail's & Bada Bing Pizza (B924) 784-5865
ONLY 24-HR RESTAURANT ON OSAN
- Chil's (B767) 0505-122-5891
- MiG Alleys Bowling & Snack Bar (B975) 784-6868
- Oriental House (B1776) 784-4926
- Rickenbacker's @ MRC 784-4311
- Rickenbacker's @ Turumi Lodge 784-9982

RATIONS

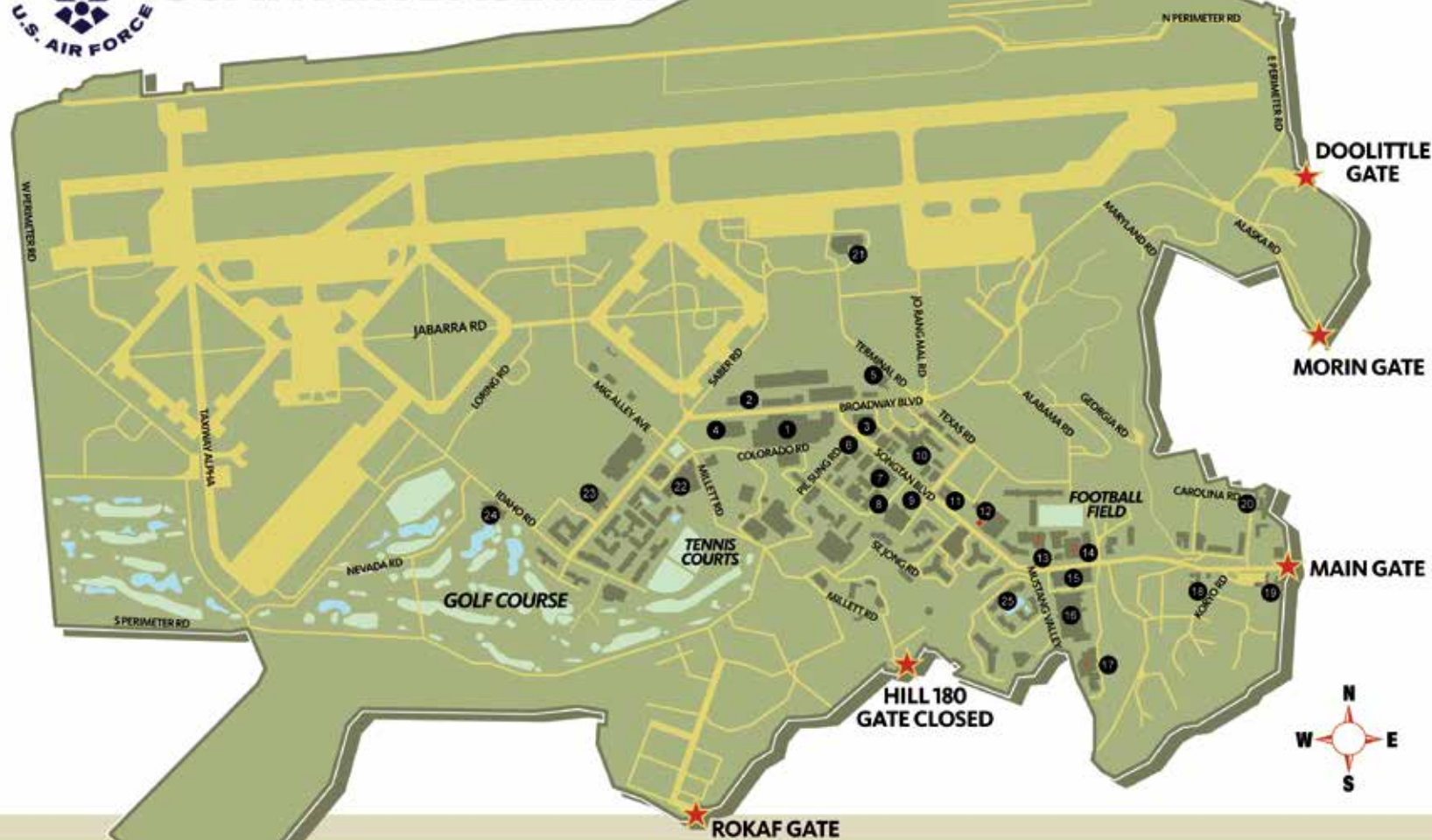
Beer: 4 six-packs = 1 case, up to 2 cases per day, Not to exceed 6 cases per month - Individual

Hard liquor & Wine (over 20% alcohol content by vol) 1 Unit = 0.75-1.0 Ltr Bottle / Larger Bottles Counts as 2

Not to exceed 3 units per month



OSAN AIR BASE MAP



- | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--------------------------|-----------------|-----------------------------|-----------------|------------|-----------------------------|--------|-------------------|------------------|---|--------------|-------------------|-----------------|-----------------|----------------|-----------------------|---------------------|---|---------------------------------|------------------|--------------------|---------------------------|---|--------------------|
| 1. OSAN EXCHANGE MALL
- Osan Main Store
- Osan Express
- Osan Military Clothing
- Osan Food Court
- Post Office, American Bank | 2. Popeyes & Burger King | 3. Osan Theater | 4. Mig Alley Bowling Center | 5. BUS Terminal | 6. Library | 7. Challenger Enlisted Club | 8. CPO | 9. Officer's Club | 10. Turumi Lodge | 11. Pass & ID Vehicle Registration Office | 12. Hospital | 13. Middle School | 14. High School | 15. Parking Lot | 16. Commissary | 17. Elementary School | 18. Car Care Center | 19. American Eatery TAXI
Launderette | 20. Vending #411
Maintenance | 21. AMC Terminal | 22. Fitness Center | 23. Mustang Enlisted Club | 24. Lakes at Osan Golf Course & Club Oriental House | 25. Swimming Pools |
|---|--------------------------|-----------------|-----------------------------|-----------------|------------|-----------------------------|--------|-------------------|------------------|---|--------------|-------------------|-----------------|-----------------|----------------|-----------------------|---------------------|---|---------------------------------|------------------|--------------------|---------------------------|---|--------------------|

Preventive measures lead to a healthier Air Force

By J.D. Levite

Air Force Surgeon General Public Affairs

FALLS CHURCH, Va. -- Preventing illness or injury is the goal of the Air Force's Preventive Medicine program, a topic that is highlighted in August during Preventive Health Month.

Preventive Health extends beyond health care at an individual level, concentrating rather on the health of individuals, communities and specific populations to help groups reduce their risk of disease, disability and death.

"We see patients one-on-one, but we also look at a global view," said Col. Patrick Monahan, chief of Population Health Operations. "We determine how to care for the population in the best way possible."

Col. Thomas Moore, chief of Health Promotion, said it's the community-level impact of preventive medicine that motivates him. "It's better to prevent than cure. 'An apple a day keeps the doctor away.' There's a lot of wisdom in that," he said. "We can help a lot of people versus just the one on one. That's the interesting part for me."

Preventive Health breaks down into three separate stages: primary, secondary, and tertiary. Primary prevention is meant to keep people from getting sick in the first place. There are many ways to do this from immunizations to targeting exposures that might get people sick.

The Air Force's Health Promotion effort focuses on primary prevention, too. In addition to advocating for new policies that make it easier to adopt healthy habits, such as improving dining facilities to offer healthier foods, Moore said they also create campaigns to promote the adoption of healthy behaviors like eating right and not smoking. They also work to keep Airmen from unhealthy behaviors.

He said, "We want to make sure people are as healthy as they can be and that we have the best fighting force ready to go."

Preventive Health's secondary stage is the one most Airmen have experienced in one way or another. It includes things like the annual Periodic Health Assessment, hearing tests, cancer screenings, and blood tests.

While it mostly works behind the scenes, Population Health plays a big part in the secondary stage by using data from military treatment facilities around the Air Force. "Once we identify areas we do well in and areas we have challenges in, we deep dive into more investigative work and see how we can improve," Monahan said.

One example of how Population Health improves preventive health is with breast cancer screening. Using the data available, Monahan is able to find a group of patients that should be receiving that screening based on their gender, age and other factors. He can then push for outreach campaigns to help make sure those people are getting that recommendation.

The final stage is tertiary prevention. At this point an individual already has a disease, but it's still in a stage that's early enough to treat. A good example of this is diabetes, which can be treated with a change in diet and nutrition long before it gets to the point where medicine is needed.

"All kinds of things can happen if your diabetes gets bad enough and isn't well controlled," Moore said. "So the efforts we make early on to try and prevent it from progressing to that stage, that's tertiary prevention."

Moore said many of the factors that have led to an increase in life expectancy for humans can be attributed to the concept of preventive health. Things like improved sanitation and just getting people to wash their hands have made a huge difference to public health overall because it has prevented people from contracting diseases they may have gotten otherwise.

"It's much better to get that shot periodically or get your blood sugar checked to make sure you're not diabetic," Moore said. "We can stick you and take a little bit of blood right now and send you down a path that hopefully keeps you healthy. Or you're going to end up in a situation where you're giving yourself a shot every day."

Preventive health covers topics ranging from the flu shot to tobacco cessation to alcohol consumption, and the Air Force is exploring new avenues for all of these issues. Throughout August, our site will cover all these topics and more while expanding on Preventive Health.



August is
Preventive
Health
Month

51st MXG welcomes new commander



Col. Michael Hammond, 51st Maintenance Group commander, accepts the group guidon from Col. Andrew Hansen, 51st Fighter Wing commander, during a change of command ceremony Aug. 3, 2016, at Osan Air Base, Republic of Korea. The group, comprised of four squadrons containing more than 1,300 personnel, supports the Air Force's most permanently forward-deployed wing, a numbered Air Force and 30 tenant units. (U.S. Air Force photos by Senior Airman Dillian Bamman)

By Senior Airman Dillian Bamman
51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- Members of the 51st Maintenance Group welcomed their new commander during a change of command ceremony Aug. 6.

Col. Michael Hammond took command from Col. Victor Mora during the ceremony, which was presided over by Col. Andrew Hansen, 51st Fighter Wing commander.

The group, comprised of four squadrons containing more than 1,300

personnel, supports the Air Force's most permanently forward-deployed wing, a numbered Air Force and 30 tenant units.

"To the members of the 51st Maintenance Group: words can't express how proud I am to be a part of this organization," Hammond said during the ceremony. "I am already inspired by your 'can do' attitude and ability to tackle seemingly difficult challenges."

The 51st MXG inspects and maintains many combat-ready aircraft, such as the F-16 Fighting Falcon and A-10 Thunderbolt II, to ensure the 51st Fighter Wing is ready to "Fight Tonight."

"We stand ready to strengthen our alliance and to maintain peace and stability in the region," Hammond said.



Col. Michael Hammond speaks after assuming command of the 51st Maintenance Group during a change of command ceremony Aug. 3, 2016, at Osan Air Base, Republic of Korea.

Kunsan

Ilmagwon Orphanage

Join Airmen from across the base in a wing chapel-sponsored event as they travel down to the Ilmagwon Orphanage in Gunsan City every Tuesday at 6 p.m. for an evening of playing games and learning more about the local culture. For more information, contact the chapel at 782-4300.

Single Airmen Game Night

Fridays at 7:30 p.m., Sonlight Inn. Everyone's welcome, special invite for all Single Airmen!

For more information contact, Senior Airman Jenfil Morillo-Burgos.

Kunsan Photo Club

Interested in sharing your photography experience with others and exploring Korea along the way? Have a camera, but want to learn how to use it more completely? Then join the Kunsan Photo Club as they delve into the finer qualities of photography where the key concept is: "It's not the camera that makes a great photo, but the photographer." If interested in joining, the group can be found on Facebook, just search for "Kunsan Photo Club."

Wolf Pack Lodge

Lodging Space A Policy

Need a break? Got family visiting and no room to house them? You can book lodging rooms on a space available basis up to 120 days in advance for a maximum of 30 days depending on availability. You can also book reservations for the holiday season (November and December) up to 30 days in advance for a maximum of 15 days. (Depending on availability) Book now for all of those relatives coming for the holiday!

Reservations – Front Desk-DSN 782-1844 or Commercial (82)63-470-1844 FAX: DSN 315-782-0633 Commercial (82)63-470-0633

Children's English class

Team 5/6 is looking for volunteers to support the Children's English class weekly, for children 2-15 years of age. We will break you up into groups to read, talk, or play board games with the children. Civilian attire is preferred however, UOD is allowed.

Classes are held from 7 to 8 p.m. at the Sonlight Inn.

For more information, contact Tech. Sgt. Justin Worthen.

Sunday Sonlight dinner

Every Sunday, volunteers from a specific unit cook dinner for their fellow Wolf Pack members at the Sonlight Inn. The dinner begins at 6 p.m. following grace led by a chaplain. Meals range from "breakfast for dinner" to "Italian cooking" to "Southern style." For more information or to volunteer, contact the chapel at 782-4300.

Sponsor training

Learn creative ways to assist newcomers reporting to Kunsan AB. Registration required. Class is held at the Airman and Family Readiness Center. Call 782-5644 for more information, dates or to sign up.

ROKAF English Class

Team 5/6 is looking for volunteers to support the ROKAF English class every Saturday, at the Sonlight Inn. You will be talking to ROKAF Airmen (enlisted) for approximately one hour. This event is open to all ranks! Civilian attire is preferred, however, UOD is allowed.

For more information, contact Staff Sgt. Charles Nelson.

Ping Pong tournament

Free to all. Prizes for first and second places. Prizes include Wolf Pack Won. To sign up, dates or for more information, call the CAC at 782-5213 or 4679.

Osan

Airman and Family Readiness Center programs

***Bundles for Babies** - A workshop for expectant parents who want to learn more about parenting and support programs here at Osan. The class also offers you a finance piece that focuses on budgeting for your new baby from conception to college years and a chance to meet other new parents. Additionally, you'll receive a free "bundle" from the Air Force Aid Society.

***Separation & Retirement Benefits** - This is an optional workshop where separating and retiring members can learn about their benefits- includes briefings by MFLC, TMO, CPO, Finance, Tricare and SBP.

***Spouse Orientation** - This is a great opportunity for spouses to learn about the 51st Fighter Wing Mission, Non-combatant Evacuation Operation (NEO) process, and receive a protective (gas) mask demonstration. Spouses will also have an opportunity to meet key base representatives and learn about Korean Culture. As a bonus, a community information fair will end the day.

***Volunteers' Training** - The goal is to ensure all our volunteers are registered and they receive all tools and information to keep them informed of volunteer opportunities. For more information, call 784-0119.

E-mail security

There has been a rising trend of unencrypted e-mails containing

FOUO, PII, or other sensitive/critical information due to recipients not being on the USAF GAL. Please exercise good information security and call the Help Desk if you are having problems sending an encrypted e-mail.

Anthem Singers

Sopranos, altos, tenors and bass vocalists are needed to sing the US and ROK National Anthems at various events on base. Practice is held at 5 p.m. every Thursday at the Chapel Annex. Send an e-mail to annapauline.magno.1@us.af.mil or ric.rebulan.1@us.af.mil for more information.

Military Tuition Assistance Briefing

Presented by the 51 FSS Education & Training Center, this is mandatory for all first time users, officer/enlisted, for military TA. No appointment necessary! Held every Tuesday at 8 a. m. in Bldg 787, Rm. 10. For additional information or questions please contact the Education Center at 784-4220.



Holiday Observances

LIBERATION DAY FOR KN: Liberation Day, 15 Aug 16, Monday, is a legal Holiday for Korean National (KN) civilian employees. Those KN civilian employees scheduled to work will be paid holiday premium pay. All others will be released from duty without charge to leave or loss of pay. If this holiday falls on an employee's non-work day, no substitute day will be granted.

REMINDER - ANNUAL LEAVE: It is time to review your current leave balances. All managers/supervisors of U.S./KN civilian employees should arrange annual leave schedules to allow each civilian employee an extended period of leave for rest and relaxation to assist in maintaining maximum efficiency and productivity. Leave schedules should be established at the beginning of the leave year and reviewed periodically to ensure vacation schedules will not interfere with maintenance of an adequate work force at all times. The Leave and Earnings Statement (LES) received each payday is a ready reference concerning the amount of annual leave which must be used before the end of the leave year. The leave year ends on 7 Jan 2017 for U.S. and on 31 Dec 2016 for KN APF employees respectively. Now is the time to finalize leave plans for the remainder of 2016.

If you have questions regarding the above, please contact Ms. Kim, Min Kyo of the Civilian Personnel Office at 784-4434/8177. (51 FSS/FSMCE)

Incheon Airport Shuttle Bus Schedule



Destination **Departure Time**

Osan to Incheon **0600 1130 1530**

- Bus will stop at Turumi Lodge 30 minutes before departure.
- Bus will arrive at ITT 15 minutes prior to departure

Incheon to Osan **0900 1830 2230**

- Departures from USO Counter (Gate 1)
- Bus may stop at Turumi Lodge, ITT, Hallasan Tower and Mustang Club (If this is one of your stops)

* During non-business hours, you may purchase bus tickets from the bus drivers. **Cash Only.**

Ticket Price

- Leisure Travel : \$15
- Official Travel(TDY/PCS): \$35
- NOTE: Official traveler rates are completely reimbursable to member
- If there are no delayed arrivals, bus will depart at 22:30

**Effective 1 June 2013

**For more information,
call ITT at 784-4254**



Songtan Bus Terminal Time Table

서울 - 남부터미널 Notice : Dongtan bus schedule added from May, 4 http://www.stbus.net Version - 2016. 5. 04.											
SEOUL W3800	동서울 W4400	성남 W3400	인천공항 W11200	인천 W6200	의정부 (동두천) W8000						
NamBu Terminal	장지 가락 잠실	SeongNam	InCheon Airport	InCheon	UJeongBu						
06:10	Dong Seoul	06:00	04:45	06:30	07:45						
06:30	W4400	06:40	05:05	07:50 via CheongBuk	09:45 DongDachoon						
06:50	GaRak JamSil	07:00	05:25	08:30	12:05						
07:05	06:20 via Dongtan	07:30	05:55	10:10	15:55						
07:20	06:35	08:20	06:25	10:50	17:05						
07:30	06:55 via Dongtan	09:10 via Dongtan	07:00	11:30 via CheongBuk	20:05 DongDachoon						
07:45	07:15 via Dongtan	09:50 via Dongtan	07:30	13:40	속 초						
08:00	07:45	11:05	08:15	15:30	W20000						
08:20	08:25	11:50	08:55	16:00 via CheongBuk	08:45						
08:40	09:05	12:30	09:35	18:30	14:25						
08:55	09:35	13:20	10:15	19:10	강릉						
09:10	10:05	14:25	10:55	21:40	DongTan W2100						
09:30	10:35	15:10	11:35		GangNeung W14800						
09:55	11:05	15:50	12:15		06:10 To GoYang						
10:15	11:35	16:40	12:55		06:20 Dong Seoul						
10:30	12:05	17:30	13:35		06:55 Dong Seoul						
10:50	12:35	18:40	14:15		07:15 Dong Seoul						
10:55	13:05	19:05	14:55		08:40 To GoYang						
11:15	13:35	20:00	15:35		09:10 To SeongNan						
11:30	14:05	20:30	16:20		09:50 To SeongNan						
11:50	14:35	21:50	17:10		10:40 To GoYang						
12:15	15:05		17:55		12:40 To GoYang						
12:30	15:35		18:45		14:10 To GoYang						
12:50	16:05		19:35		15:30 To GoYang						
13:10	16:35				16:40 To GoYang						
13:30	17:05				18:40 To GoYang						
13:45	17:35				20:40 To GoYang						
14:00	18:05				태백(고함)						
14:30	18:35				TaeBaek W21900						
14:40	19:05				Postponed						
15:00	19:35				보류						
15:20	20:25				JeCheon W13300						
15:40	21:05				15:10						
16:00	21:35				19:10						
16:20					19:10						
16:40					19:10						
16:55	고양 백석	12:20	대 전	충 주	ChunCheon W14000						
17:10	GoYang W8600	13:50	DaeJeon W7200	ChungJu W10400	CheongPyeong						
17:25		16:20			GaPyeong						
17:40	06:10 Dongtan	17:20	06:30 Sejong-Si	09:00	07:10						
18:00	08:40 Dongtan	19:10	08:30	10:55	09:40						
18:15	10:40 Dongtan		10:30	12:50	10:50						
18:20	12:40 Dongtan		12:30	14:00	10:25						
18:30	14:10 Dongtan		14:30	15:25	12:10						
18:50	15:30 Dongtan		16:30 Sejong-Si	18:20	12:25						
19:10	16:40 Dongtan		18:30		14:15						
19:30	18:40 Dongtan		07:50	20:00	15:45						
19:45	20:40 Dongtan		11:30		17:15						
20:10			16:00		18:10						
20:25					19:10						
20:40					20:20						
21:10											
21:50											

Kyung Dong bus schedule (Yongsan - Osan - Humphreys)

MONDAY-FRIDAY

										*			
Lv. Yongsan	0550	0700	0830	1000	1100	1300	1430	1630	1720	1720	1900	2130	
Ar. 121st GH							1435						
Lv. Osan AB	0650	0810	0940	1119	1210	1410	1540	1740	1830	x	2010	2240	
Ar. Humph	0740	0850	1020	1150	1250	1450	1630	1820	1910	1850	2050	2320	

	**	*											
Lv. Humph	x	0550	0700	0830	1000	1100	1230	1330	1530	1710	1910	2100	
Lv. Osan AB	0600	x	0750	0920	1050	1150	1320	1420	1620	1800	2000	2140	
Ar. 121st GH		0720	0850										
Ar. Yongsan	0710	0730	0900	1030	1200	1300	1430	1530	1730	1910	2110	2250	

- * Bus stops at Humphreys main gate
- ** Bus stops at Yongsan Dragon Hill Lodge

“Price \$6.00 or W6,200 one way, For more info (DSN)784-6623”

WEEKEND & U.S HOLIDAYS

										*			
Lv. Yongsan	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1930 2130
Lv. Osan AB	0810	0910	1010	1110	1210	1310	1410	1510	1610	1710	1810	1910	2040 2240
Ar. Humph	0850	0950	1050	1150	1250	x	1450	1550	x	1750	x	1950	2120 2320

	*												
Lv. Humph	0620	0800	0930	1030	1130	1230	x	1400	1530	x	1700	x	1900 2100
Lv. Osan AB	0700	0840	1010	1120	1220	1320	1400	1450	1620	1700	1750	1850	1950 2140
Ar. Yongsan	0820	0950	1130	1230	1330	1430	1510	1600	1730	1810	1900	2000	2100 2250

- * Bus stops at Humphreys main gate
- ** Bus stops at Yongsan DHL
- x Bus doesn't stop at this station

POC for the bus schedule - Osan: 784-6623, Yongsan: 723-4499, Humphreys: 753-7354

UCMJ DISCIPLINARY ACTIONS

Nonjudicial Punishment

Osan

- A staff sergeant was derelict in the performance of his duties when he failed to complete an inspection and made a false official statement by signing an official record stating that he completed the inspection. The punishment was a suspended reduction in rank to senior airman, 14 days of extra duty, and a reprimand.
- A senior airman was derelict in the performance of his duties when he failed to complete an inspection and made a false official statement by signing an official record stating that he completed the inspection. The senior airman also made a false statement verbally to a senior non-commissioned officer. The punishment was a suspended reduction in rank to airman first class, 14 days of extra duty, and a reprimand.
- A technical sergeant made multiple inappropriate sexual remarks to several female junior enlisted airmen. The technical sergeant also assaulted one of the female airmen. The punishment was a reduction in rank to staff sergeant, restriction to base for 15 days, 30 days of extra duty, and a reprimand.
- A senior airman was absent without leave (AWOL) for 12 days and failed to go to his appointed place of duty. The punishment was a suspended reduction in rank to airman first class, forfeiture of \$1,041 pay per month for two months, 12 days of extra duty, and a reprimand.
- A staff sergeant was drunk and disorderly. The punishment was a suspended reduction in rank to senior airman, restriction to base for 30 days, and a reprimand.
- A technical sergeant was found in Songtan after 0100L, in violation of the 7th Air Force Curfew Order. The punishment was a suspended reduction in rank to staff sergeant, 14 days of extra duty, and a reprimand.

Kunsan

- A senior airman was found attempting to enter Kunsan AB after 0100L, in violation of the 7th Air Force Curfew Order. The punishment was a suspended reduction in rank to airman first class, forfeiture of \$1,041 pay per month for one month, restriction to base for 30 days, and a reprimand.
- A senior airman was found in the Songtan Entertainment District at 0100L, in violation of the 7th Air Force Curfew Order. In addition, he failed to obey the lawful order of a security forces patrolman and fled apprehension. The punishment was a suspended reduction in rank to airman first class, suspended forfeiture of \$186 pay per month for two months, restriction to base for 30 days, 30 days of extra duty, and a reprimand.
- A senior airman was found in Daejeon City after 0100L, in violation of the 7th Air Force Curfew Order. The punishment was a suspended reduction in rank to airman first class, forfeiture of \$520 pay per month for two months, restriction to base for 30 days, 45 days of extra duty (20 of which were suspended), and a reprimand.
- A senior airman was found in Daejeon City after 0100L, in violation of the 7th Air Force Curfew Order. The punishment was a suspended reduction in rank to airman first class, forfeiture of \$520 pay per month for two months, restriction to base for 30 days, 45 days of extra duty (20 of which were suspended), and a reprimand.
- A senior airman was found in Daejeon City after 0100L, in violation of the 7th Air Force Curfew Order. The punishment was a suspended reduction in rank to airman first class, forfeiture of \$520 pay per month for two months, restriction to base for 30 days, 45 days of extra duty (20 of which were suspended), and a reprimand.

Some IDs may be invalid starting Aug. 15



By Toni Smith
Secretary of the Air Force Public Affairs

WASHINGTON (AFNS) -- Individuals will no longer be able to access Air Force installations with a state-issued identification card or driver's license from Minnesota, Missouri, Washington or American Samoa beginning Aug. 15.

This new change aligns the Air Force's installation access policy with requirements of the Real ID Act, which focuses on improving the reliability of state-issued identification documents and helps prevent a person's ability to evade detection by using a fraudulent form of ID.

While ID's that do not meet security and data-collection guidelines will not be accepted, alternate forms of identification will be allowed. Some of the more common alternatives include a valid U.S. or foreign government is-

sued passport, an employment authorization document that contains a photograph, or ID cards issued by federal state or local government agencies that include a photo and biographic information.

According to Air Force officials, all individuals attempting to gain access to an Air Force installation without a Defense Department ID card will be subject to a routine background check.

Those who do not have the accepted documentation for installation access will not be permitted to enter the base without an approved escort.

"If an individual is escorted, the sponsor is required to be physically present with the individual for the duration of the visit to the base," said Lt. Col. Tony Castillo, the branch chief of police services. "Installation commanders may still deny access and issuance of access credentials if their background check determines the individual represents a threat or negatively impacts the safety or security of an installation's personnel or resources."

DOD begins workplace, gender relations survey for active-duty members

By Secretary of the Air Force Public Affairs Command Information

WASHINGTON (AFNS) -- About 735,000 active-duty members across the services will be invited to take part in the largest Department of Defense Workplace and Gender Relations Survey to date beginning July 25.

The 2016 WGRA is part of a series of studies that will help assess any experiences members may have had recently with sexual harassment, sexual assault and any retaliatory behaviors associated with reporting these incidents.

"This survey is critical to our ability to understand these unwanted behaviors in the Air Force," said Aileen Richards, an Air Force Sexual Assault Prevention and Response operations research analyst. "The survey also includes experiences outside the workplace in order to understand the full scope of the issue and how best to support Airmen."

This is the only survey the DOD uses to measure rates of sexual assault and harassment for active-duty members, which is why participants' survey responses will be confidential to the fullest extent permitted by law.

Active-duty members who are selected will be contacted by the Defense Manpower Data Center's contractor via postal mail and email. Interested Airmen can check DMDC's survey website to see if they have been selected for the survey. The survey is voluntary, and respondents can use duty time to complete the survey.

The survey will help commanders at all levels evaluate current military workplace relations, professionalism and personal safety, and have important implications for how the military operates in the future, to include military training, justice and services.

"If you're selected for this survey, we strongly encourage you to participate and make your voice heard," said Maj. Gen. James Johnson, the Air Force SAPR director. "It's important for us to base our training and policies on solid scientific research, which includes understanding current conditions across the force. As we improve our understanding of the problem, our future response and preventions efforts will also improve, and we need your help and participation to improve both."

The survey will run until Sept. 28, and results of the survey are scheduled to be released on the DMDC website in spring 2017.