

Astronaut brings gravitas to the Wolf Pack

By Staff Sgt. Anthony Hetlage 8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea -- Col. Jack Fischer, 50th Space Wing vice commander and NASA astronaut, visited Kunsan Air Base, Republic of Korea, Jan. 21 and 22, to speak to the Wolf Pack about opportunity, resiliency and work-life balance as the first of several keynote speakers coming to the base later this year.

Hundreds of Wolf Pack members made their way into the base theater to listen to Fischer share more than 20 years' of experience across the Air Force and his time at NASA with the audience. He was inspired from when he was six years old to become an astronaut after visiting the Johnson Space Center in Houston, Texas. He planned his college career, Air Force career and more, so he could seize the opportunity of capturing his childhood dream if given the chance.

"You have to be ready for opportunities, and ensure it's something you really want to do," said Fischer. "You have to do research, and you have to chart a course of goals where every step, you love what you're doing. I loved being a pilot. I loved being a test pilot. I was ready when those opportunities arose."

"When I was flying the F-22 Raptor, they had a short notice announcement of the NASA astronaut application and I already had it ready because I wanted to make sure it was something I really wanted to do."

While research, preparation and some luck

helped Fischer attain his space suit, he pointed out that he felt differently about resiliency and resurgence for today's generation of Airmen.

"Everyone loves to say, 'Well when I was a kid, we had to walk up hill both ways in snow,' but it's just as hard, if not harder now," Fischer said. "The stresses and world environment is just as dangerous as it's ever been, if not more. So we need to give our Airmen as many tools as possible to be resilient so...they can be successful going forward."

Lastly, he emphasized to the audience to not forget about the people that matter most to them. Despite spending years away from his family as a culmination of training, deployments and missions to space, Fischer always made sure to connect with his wife.

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2019 Wolf Pack Load Crew of the Year



Winter like a Korean at a Jjimjilbang

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CHIEF'S CORNER Service-Oriented Leadership



CMSgt Jacob N. Messina, Superintendent, 36th Aircraft Maintenance Unit

"Leadership is not about being the best, rather about making people better" – Charles Lillo

Leadership entails serving your people and helping them to achieve their aspirations. At the onset, genuine and effective leaders bestow an inherent compulsion to empower their followers by motivating them to invest in their own personal growth and professional development. Leaders also create avenues for their people to exercise their skills and knowledge by delegating autonomy, which in turn allows people to take ownership of their work, learn through trial and error and feel like a valued member of the team. As a result, actively participating in an organization creates an inherent sense of value and appreciation. Empowered followers also embody positive feelings such as self-determination, selfdirection, and competence in addition to exhibiting citizenship behaviors like volunteerism and altruism. When people feel like appreciated members of an organization they are more likely to demonstrate a sharpened sense of satisfaction, engagement, loyalty, commitment, and an overall heightened level of productivity and performance. Lastly, when leaders create a prosperous work environment their people are more likely to grow into leaders who exemplify similar treatment to others.

Follower-centric leaders should be selfless and dedicated to the wellbeing of others. They ought to possess the capacity to motivate and inspire their followers to go beyond their current beliefs and limitations by transcending preexisting biases. For example, many people from minority demographics have entrenched negative stereotypes and assumptions that they are unsuitable or ineligible to hold particular roles or positions. A service oriented leader should strive to dispel these negative notions and persuade their people to go beyond their deep-seated fears and pursue their aspirations. Leaders can also use their positions to influence other's behaviors and perceptions, prompting people to confront and overcome seemingly insurmountable challenges.

Effective leaders should aspire to diagnose and understand their followers' problems by helping to engineer befitting solutions. To accomplish this objective, leaders should cultivate meaningful and high-quality relationships with their followers. They should project a caring demeanor and instill in their people a mindset that personal desires are superseded by the wellbeing of the team. This in turn will help bridge perceptions of power imbalance, cement trust, and encourage people to open up about their problems. With an atmosphere of trust established, leaders could then harness their innate knowledge to coach, mentor, and train their followers.

It is imperative that leaders empower and delegate tasks of responsibility down to their followers so that they can exercise their skills and sharpen their knowledge. Such an act will also promote creativity and passion as people feel valued and perceive that their individual investment contributes to the organizations' overall success. At the same time, a leader must work to link their followers' innate goals with the organizations' objectives, while striving to demonstrate the interconnectedness. This leads to a situation where followers believe that accomplishing their organization's goals automatically leads to the attainment of their personal objectives.

It is critical that leaders volunteer their time and resources for the common good. They should be willing to go beyond their formal duties or responsibilities in order to help their followers accomplish their onuses. As an example, in organizational settings, leaders should confer seamlessly with their subordinates to identify challenging areas where they need additional organizational support and resources. They should be willing to work overtime to identify solutions to pressing problems. Moreover, leaders should offer themselves as safe havens where employees feel comfortable discussing their issues freely and solicit help. At the same time, leaders have the obligation to provide hope to their followers, even when faced with dire circumstances. For instance, when a team receives negative feedback from customers or superiors, their leader should empathize with their predicament, encourage them to diagnose and uncover the causes of subpar performance, and then help them to rebuild themselves and avoid similar mistakes in future assignments.

Lastly, and most importantly, leaders have a moral responsibility for their followers. They should guide and teach them to pursue virtuous behaviors such as integrity, compassion, and social justice. They should lead by example and uphold traits such as integrity, honesty, and fidelity so that their followers can learn from and emulate them. Simply put, they should embody the values, attitudes, and beliefs that they intend to confer on their followers. Construct the environment and be the servant leader that creates a healthy enduring organization. After all, servant leadership is foundational to the world's greatest Air Force.

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A 51st Security Forces Squadron defender pushes a Humvee through smoke during a physical training challenge as part of a Combat Readiness Course, Dec. 12, 2019, at Osan Air Base, Republic of Korea. The course challenges Osan's newest defenders on their readiness and skills to defend the base. (U.S. Air Force photo by Staff Sgt. Greg Nash)

Osan Defenders continue 'Fight, Tonight' tradition

By Staff Sgt. Greg Nash 51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- For eight days, life was a grueling blur for a special group of new students. Although these elite 'scholars' had triumphed many tests previously, they were put to the ultimate challenge here: passing the 51st Security Forces Squadron's Combat Readiness Course at Osan Air Base, Republic of Korea.

By relying on each other, Osan's newest defenders defied the highstress course to graduate and earn their "Metal Tigers" squadron patches, Dec. 20, 2019.

For 51st SFS CRC instructor Staff Sgt. Rachel Newell, seeing the students reap the program's benefits was rewarding.

"The Combat Readiness Course prepares our newly assigned [Security Forces] members on how to utilize their skills and tailor them in our specific environment," Newell said. "Experiencing this unique training, the stressful curriculum and scenarios allows defenders to make the best decisions under pressure. By honing



A 51st Security Forces Squadron defender low crawls during a physical training challenge as part of a Combat Readiness Course, Dec. 12, 2019, at Osan Air Base, Republic of Korea. The course challenges Osan's newest defenders on their readiness and skills to defend the base. (U.S. Air Force photo by Staff Sgt. Greg Nash)

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A 51st Security Forces Squadron defender performs a wall climb during a physical training challenge as part of a Combat Readiness Course, Dec. 12, 2019, at Osan Air Base, Republic of Korea. The course challenges Osan's newest defenders on their readiness and skills to defend the base. (U.S. Air Force photo by Staff Sgt. Greg Nash) ▶

readiness, their actions can be become second nature for-real world scenarios."

While most students dread a pop quiz or class presentation, the CRC students had even worse to look forward to: a week of hunger and fatigue.

Instead of drinking coffee to cram for a next day's exam, these defenders drank water to stay hydrated while studying land navigation routes and fending off mock enemies. Through it all, the students overcame adversity by trusting their comrades.

"Facing challenges that I didn't experience before in my young career and overcoming the [course's] obstacles with my teammates was exciting," said Airman 1st Class Alexander Wilde, 51st SFS. "The night operation was my favorite scenario because it taught me a lot about teamwork and communication. Overall, we learned to put egos aside to find out better ways to overcome things."

According to Wilde, early on he was very reserved. After vocalizing his ideas, his classmates influenced him to give more feedback to help the team.

For the CRC instructors, seeing younger Airmen beginning to take charge and make decisions is the growth they want to see.

Because of this progression, Wilde, who transformed from being the quiet kid in the classroom to a vocal leader encouraging his comrades to finish strong during a ruck, was honored by his peers by earning the Defender Award, which distinguishes the top graduate with the highest professionalism, conduct and hard work.

"I was shocked, I thought plenty of people deserved the award," Wilde said. "I never viewed myself to be in the spotlight but I was smiling hard when I received it. I just want to thank my team for honoring me and apply what I learned here to be a better defender."

Through it all, the instructors were happy to see another class graduate and become better equipped to complete Osan's mission.

"These defenders dug deep to finish this very demanding course," Newell said. "They experienced long hours, frustration with trying to work with new people they just met and hunger. But after overcoming these courses, the base can expect more confident and competent Airmen. Many Airmen come through this course extremely shy or afraid to step up but afterwards, they leave here knowing they are equipped to 'Fight, Tonight."

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51st Security Forces Squadron defenders accept their certificates during a Combat Readiness Course graduation, Dec. 20, 2019, at Osan Air Base, Republic of Korea. The course challenges Osan's newest defenders on their readiness and skills to defend the base. (U.S. Air Force photo by Staff Sgt. Greg Nash) ▲

51st Security Forces Squadron defenders scan the perimeter from their Humvees during a Combat Readiness Course, Dec. 16, 2019, at Osan Air Base, Republic of Korea. The course challenges Osan's newest defenders on their readiness and skills to defend the base. (U.S. Air Force photo by Staff Sgt. Greg Nash) ▶ 51st Security Forces Squadron defenders flip a tire during a physical training challenge as part of a Combat Readiness Course, Dec. 12, 2019, at Osan Air Base, Republic of Korea. The course challenges Osan's newest defenders on their readiness and skills to defend the base. (U.S. Air Force photo by Staff Sgt. Greg Nash) ◀

Senior Airman Paul Lopes, 51st Security Forces Squadron Combat Readiness Course instructor, returns simulated fire as he fends off 51st SFS defenders during a CRC, Dec. 19, 2019, at Osan Air Base, Republic of Korea. The course challenges Osan's newest defenders on their readiness and skills to defend the base. (U.S. Air Force photo by Staff Sgt. Greg Nash) ▼



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However, he admitted that one of his biggest regrets was not connecting more with his two daughters, which is something he is still working on to this day to fix.

"The advice I'd give to Airmen is to prioritize the stuff that matters most and the people that matter most. If you don't focus on them and invest some time into the people that are most dear, someday you might be successful but you're going to look left and right and find out you're alone," Fischer said. "Focus on the folks that matter most."

Fischer was one of nine members of the 20th NASA astronaut class, and completed astronaut candidate training in July 2011. He has spent more than 130 days in space conducting hundreds of scientific experiments and two spacewalks. The research he worked on ranged from plant growth to cancer research.

Out of all the research he conducted during his time in space, Fischer said the cancer research he worked on in space was the most meaningful as his youngest daughter was treated for cancer.

"There are major challenges you face in life that are so impactful that they beat you, they break you. That's when you need help," Fischer said. "Whether it be a wingman, chaplain or anybody that can help you get back. That's resurgence and you come back newer, stronger and better than before."

As the 50th Space Wing vice commander, Fischer currently helps lead more than 4,200 military, DoD civilians and contractor personnel serving at 14 operating locations worldwide. His team supports 175 communications, navigation and surveillance satellites with associated systems valued at more than \$66 million.

"You're never going to have enough time to do everything you need to do in your life, in your job," Fischer said. "Don't regret the stuff that matters most, the people that matter most."





U.S. Air Force Col. Jack Fischer, 50th Space Wing vice commander, and Col. Tad Clark, 8th Fighter Wing commander, prepare for a briefing prior to transiting to their respective F-16 Fighting Falcon aircraft at Kunsan Air Base, Republic of Korea, Jan. 22, 2020. Fischer and Clark graduated from the U.S. Air Force academy together in Colorado Springs, Col. in 1996. (U.S. Air Force photo by Staff Sgt. Anthony Hetlage) ▲

U.S. Air Force Col. Jack Fischer, 50th Space Wing vice commander, speaks to a group of Wolf Pack members at the base theater during his visit at Kunsan Air Base, Republic of Korea, Jan. 22, 2020. Fischer visited Kunsan to share his advice on opportunity, resiliency and work-life balance. (U.S. Air Force photo by Staff Sgt. Anthony Hetlage) (U.S. Air Force photo by Staff Sgt. Anthony Hetlage) ◀

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Wolf 51 returns as Pacific Air Forces Air, Cyberspace Ops director



U.S. Air Force Major Gen. Scott L. Pleus, Pacific Air Forces Director of Air and Cyberspace Operations, poses with 8th Fighter Wing company grade officers at Kunsan Air Base, Republic of Korea, Jan. 31, 2020. PACAF is responsible for delivering agile air, space and cyberspace capabilities in support of U.S. Indo-Pacific Command's objectives while uniting allies and partners to enhance regional stability. (U.S. Air Force photo by Tech. Sgt. Joshua Arends)

By Tech. Sgt. Joshua Arends 8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea --Major Gen. Scott L. Pleus., Director of Air and Cyberspace Operations, Headquarters Pacific Air Forces, visited Kunsan Air Base, Republic of Korea, as a guest speaker during the 8th Fighter Wing Annual Awards Ceremony to share his experience as Wolf 51 with the current members of the Wing on Jan. 31.

During his speech, he imparted key lessons he learned while in command of the 8th Fighter Wing in 2011-12 that he wants Airmen to take away from their assignment at Kunsan.

"The most important part of the Wolf Pack, is the family...and that's the part of Kunsan I'll remember the most, it's the people, the faces," Pleus said. "There will be thousands of them before you, and thousands of them after you but it is all a Wolf Pack Family."

Pleus spoke with various groups and connected with current Wolf Pack members, starting with mentoring a group of company grade officers on work-life balance over breakfast. He later observed a demonstration at the 8th Security Forces Squadron Multiple Interactive Learning Objectives virtual reality range to learn about Kunsan's capability to defend the base and keep personnel and assets safe.

Throughout the rest of his visit, Pleus continued to shed light on the importance of



U.S. Air Force Major Gen. Scott L. Pleus, Pacific Air Forces Director of Air and Cyberspace Operations, presents a Wolf Pack member a medallion before the 8th Fighter Wing annual awards ceremony at Kunsan Air Base, Republic of Korea, Jan. 31, 2020. The 8th Fighter Wing annual award nominees at the wing level were recognized with a medallion prior to the award ceremony. (U.S. Air Force photo by Tech. Sgt. Joshua Arends)

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Kunsan's role in the Indo-Pacific Theater.

"The National Defense Strategy outlines the Pacific Theater as the priority Theater, which is the direction that General Brown is leading us now," Pleus said. "If you think back to when I was Wolf 51 to today, we have put an immense amount of resources into the Korean peninsula to be able to fight tonight."

Pleus was stationed at Kunsan from January 1996 to December 1996 as a Captain and then again from May 2011 to May 2012, where he led the Wolf Pack as the 51st Commander of the 8th Fighter Wing with the title of "Wolf 51."

Today, he oversees operations for three numbered Air Forces and 10 wings in support of more than 46,000 Airmen serving in Japan, Korea, Hawaii, Alaska and Guam.

"I want you to realize how special this place is," Pleus said during the awards ceremony. "When you're here, the ability to focus on such an important mission is unique to Kunsan and really isn't replicated anywhere else in the world. You actually get a whole year with the same group of folks, building bonds. But you won't realize it till you're gone."

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U.S. Air Force Major Gen. Scott L. Pleus, Pacific Air Forces Director of Air and Cyberspace Operations, gives a speech during the 8th Fighter Wing Annual Awards Ceremony at Kunsan Air Base, Republic of Korea, Jan. 31, 2020. Pleus discussed Wolf Pack pride and the unique experiences Airmen will not find outside of Kunsan. (U.S. Air Force photo by Tech. Sgt. Joshua Arends)

U.S. Air Force Major Gen. Scott L. Pleus, Pacific Air Forces Director of Air and Cyberspace Operations, observes a simulated weapons firing demonstration using the Multiple Interactive Learning Objective system at Kunsan Air Base, Republic of Korea, Jan. 31, 2020. The 8th Security Forces Squadron routinely trains on the MILO system to respond to a variety of threats to stay proficient on their mission to defend the base. (U.S. Air Force photo by Tech. Sgt. Joshua Arends) ◀

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- Before you throw out butts and ashes, make sure they are out, and dousing in water or sand is the best way to do that.
- Never smoke in a home where oxygen is used.

(REF: U.S. Fire Administration)

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2019 Wolf Pack Load Crew of the Year

By Tech. Sgt. Joshua Arends 8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea --Weapons load crews from the 8th Maintenance Group represented the 35th and 8oth Aircraft Maintenance Units to compete in the Weapons Load Crew of the Year Competition held at Kunsan Air Base, Jan. 25.

Two teams, with three members each, raced against each other loading training bombs, missiles and munitions on their respective F-16 Fighting Falcons while trying to minimize discrepancies in their own processes.

"We practice against each other to get better and better and better," said Col. Andrew "Phoenix" Huntoon, 8th Maintenance Group commander. "And today, it came down to one discrepancy because of that."

This year, the 35th AMU pulled ahead the defending champions by 50 points and emerged victorious after just one discrepancy was found in the 80th AMU's loading process.

According to Master Sgt. George Lopez, 8th MXG weapons standardization superintendent, a zero discrepancy performance during a weapons load competition is extremely rare but this time, the 35th AMU showed it was possible.



U.S. Air Force Staff Sgt. Armin Eusebio, 80th Aircraft Maintenance Unit load crew team chief, and Senior Airman Jocelyn Venegas, 80th Aircraft Maintenance Unit load crew team member, prepare to move a munition during the 8th Maintenance Group's Weapons Load Crew of the Year Competition at Kunsan Air Base, Republic of Korea, Jan. 25, 2020. The three-person crews were evaluated on safety, reliability, technical proficiency and time. (U.S. Air Force photo by Tech. Sgt. Joshua Arends)

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"It was a close race," Lopez said. "You can tell they take pride in what they do, and they are 100 percent weapons professionals out there."

After having load crews from both AMU's compete over four quarters in 2019, this competition tested the two most proficient teams against each other within the 8th MXG.

For the 35th AMU team, led by SSgt David Torres, 35th AMU load crew team chief, this competition was an opportunity for redemption after previously losing to an 80th AMU team in the 4th quarter load competition 22 days prior.

"It feels good!" said Torres. "We had one more chance and we won the title back."



U.S. Air Force Airmen representing the 35th and 80th Aircraft Maintenance Units prep munitions to be loaded on an F-16 Fighting Falcon aircraft during the 8th Maintenance Group's Weapons Load Crew of the Year Competition at Kunsan Air Base, Republic of Korea, Jan. 25, 2020. The three-person crews were evaluated on safety, reliability, technical proficiency and time. (U.S. Air Force photo by Tech. Sgt. Joshua Arends) **A**

U.S. Air Force Airman 1st Class Kendra Wertsbaugh, 35th Aircraft Maintenance Unit load crew team member, loads an F-16 Fighting Falcon aircraft during the 8th Maintenance Group's Weapons Load Crew of the Year Competition at Kunsan Air Base, Republic of Korea, Jan. 25, 2020. Load crew teams are composed of three Airmen holding different responsibilities with the primary objective of loading weapons systems as quickly and efficiently as possible. (U.S. Air Force photo by Tech. Sgt. Joshua Arends) **4**



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U.S. Air Force Senior Airman Jared Caton, competes during the 8th Maintenance Group's Weapons Load Crew of the Year Competition at Kunsan Air Base, Republic of Korea, Jan. 25, 2020. The 80th AMU competed against the 35th AMU to see which team could best load an F-16 Fighting Falcon aircraft with two munitions. (U.S. Air Force photo by Tech. Sgt. Joshua Arends)

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ARMY NEWS

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Korean champion, American Soldier hold strong bond for more than 50 years



By Sgt. Broderick M. Hennington, USAG Humphreys Public Affairs

CAMP HUMPHREYS, Republic of Korea -- Since the beginning of the Korean War, in 1950, Americans have been guests in South Korea for various reasons. The presence of U.S. Soldiers during the war has altered the peninsula, and that impact was felt by many Koreans, including a professional boxer.

Hong Soo Hwan, a South Korean, and the two-time World Boxing Association (WBA) bantamweight title holder, started his professional boxing career after he won his first fight, with an American Soldier.

"As a boxer, and as a Korean, I am thankful for the Americans," Hong said. "They saved our country. Without America, I couldn't be a world champion."

Hong's boxing career started after he met Army Sgt. 1st Class Tom Casey, in 1969, a year after Casey was stationed at the Shae Fieldhouse [gym] in Bupyeong [near Incheon]. Casey was in charge of the sports recreation at the center.

"Tom Casey was like my father or my uncle," Hong said. "My father passed away when I was very young and our household had tough times economically, so my mother and I moved near Incheon, where I met Tom. Since then, he took care of me -- he thought I was a smart boy and a good boxer."

Hong met Casey through his mother, who was a contractor, running the snack bar for Korean Augmentations to the United States Army [KATSUA] soldiers on post and a friend of Casey's secretary.

"She knew who I was," Casey said. "She asked me if I could get him in the ring. Bupyeong was like Camp Humphreys now. I ran the gym and asked Hong if he wanted to fight in our gym and he said he would love World Boxing Champion Hong Soo Hwan and Tom Casey at the Maude Hall, Jan. 14. Casey gave Hong a special tour of the facilities on post, a few days prior to the visit to the building. (Photo Credit: Sgt. Broderick M. Hennington)



Hong Soo Hwan, a South Korean, and the two-time World Boxing Association (WBA) bantamweight title holder, started his professional boxing career after he won his first fight, with an American Soldier. (Photo Credit: (Left) Courtesy Photo, (Right) Sgt. Broderick M. Hennington)

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to. That was 50 years ago."

This was the start of Hong's boxing career. Beyond training, Casey made sure Hong looked the part of a pro-fighter.

"He gave me the best equipment, gloves, trunks, and a mouthpiece," Hong said. "I enjoyed boxing. At that time, we were still very poor and hungry, but I looked like a very healthy professional boxer, thanks to him."

HONG'S BOXING CAREER

Hong was at the gym regularly. While training, he competed against many Korean counterparts and won most matches.

With that, Casey thought of a different challenge. He told Hong if he was going to be a professional fighter that he would have to compete with everyone, in all nationalities. He told him all his opponents won't be Koreans.

"Koreans would be afraid to fight the American Soldiers, because of the size and power difference," Hong said. "He [Casey] made the Koreans fight against the American Soldiers; he put me in."

Hong used his experience and training against the American Soldiers.

"I was a professional boxer, and they were amateur fighters," said Hong. "I easily handled them, but their spirit was tough. They were really good. Some of these soldiers had good jabs, and good moves, but I also knew how to use the Americans style when I boxed. The Americans taught me to throw a jab."

Not only did he use the orthodox stance and jabs when he fought, but also demonstrated the "tough" Soldier spirit in both of his title wins.

In 1974, while completing his Korean military service obligation, he won the Lineal and WBA bantamweight title, by defeating Arnold Taylor. Hong won by decision after being knocked down in the first, fifth and 14th rounds.

He then pursued a different challenge, in 1977. He moved up a weight class to defeat Hector Carrasquilla, by knockout. Hong won the fight in the third round, despite being knocked down four times in previous rounds. [This is the most memorable fight noted by the Koreans and they refer to it as an example of "never give up."]

KOREAN-AMERICAN FRIENDSHIP

Although Hong was a world champion, he never forgot the bonds of friendship. Hong made his way home to see his old friend, Tom.

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"When Hong won the title in '74, I was still here [in Korea]," Casey said. "It was at night when I heard a knock on my door. It was Hong. I joked with him and told him, he couldn't go anywhere these days

because he was so famous. "We sat together for a little while, until he handed me a brown sack. I looked in the bag and it was a whole lot of money. He was trying to pay me back for our times together. But, I told him he didn't owe me anything and that we were friends," he said.

That friendship has lasted more than 50 years and is still going strong today.

PRESENT

Currently, Casey resides in Pyeongtaek [near Camp Humphreys] with his wife, who works at the 121st Combat Support Hospital. Even though, he is retired from the military, Casey is actively involved with his property investments.

Hong lives near Suwon [an hour from Seoul] and travels the world as a motivational speaker. When he is in town, he manages his own gymnasium in Seoul, and serve as Chairman of the Korean Boxing Commission.

Earlier this month, Casey gave

Hong a special tour of Camp Humphreys, including the Super Gym. Hong was impressed and expressed his sincere gratitude for their relationship and the American Soldiers.

"When Korean fighters meet American fighters, they are so shy," Hong said. "They can't express their power. But, I was on a military base. I was fighting the Americans, so when I fought abroad, I had no intimidation. I'm really thankful for the American Soldiers and my friend, Tom Casey. Thank you for my career and my life. I am so grateful."



Photo NEWS





irmen take the Polar Bear Plunge into Choctawhatchee Bay, Jan. 17, 2020, at Eglin Air Force Base, Fla. Nearly 100 "plungers" completed the annual Resolution Run prior to their quick dip in the bay. (U.S. Air Force photo by Samuel King Jr.) ▲

Staff Sgt. Guillermo Pacheco, Battalion Tactical Air Control Party noncommissioned officer in charge, Detachment 1, 3rd Air Support Operations Squadron, evaluates Airman 1st Class Jared Best, Det. 1, 3rd ASOS TACP Airman, as he sets up a groundportable laser target designator at Eielson Air Force Base, Alaska, Jan. 15, 2020. Pacheco organized the three-day field training to certify tactical air control party Airmen as combat mission ready. (U.S. Air Force photo by Capt. Kay Magdalena Nissen) ◀

thletes run in a half-marathon during the 39th annual Frostbite Run, Jan.19, 2020, at Yokota Air Base, Japan. The yearly event gives runners from the local Japanese community an opportunity to run on an airfield and see U.S. Air Force aircraft. (U.S. Air Force photo by Machiko Arita) ▼



RIMSON SKY



Moving beyond a mistake: Academy cadet mentors troubled teens

By Jennifer Spradlin, U.S. Air Force **Academy Public Affairs**

U.S. AIR FORCE ACADEMY, Colo. (AFNS) -- Cadet 2nd Class Prince Njoku believes in second chances.

Over the winter break, the U.S. Air Force Academy cadet spent time mentoring middle and high schoolers at the Fort Bend Juvenile Facility in Richmond, Texas. The facility houses juveniles awaiting court appearances for a wide range of illegal behavior from theft to assault.

"Humility is so key, I think, to being a good leader, and I felt that I could learn as much from these kids as they learned from me," he said.

Njoku is the first to admit he's not perfect. He mishandled a personal situation during the summer heading into his junior year at the Academy and was found in violation of the school's Honor Code.

Cadets are held to a high standard that governs their conduct and serves as the framework for the honorable service expected after graduation.

Njoku owned his mistake and worked hard to remediate the violation. More than that, he carried those lessons into his time with the young people he mentored.

"I told them, 'Hey, I've made mistakes, too. Mistakes happen in life, but don't get discouraged by your current circumstances.' It was important to give back and let these kids know they still have value," he said.

The detention facility focuses on educational courses during the school year but brings in mentors during

holiday and summer breaks to model positive behaviors and outcomes for the kids, hoping to reduce the likelihood of recidivism.

"A lot of these kids are just trying to survive, and no one else has really shown them there are different options out there for them," said Susan Bearden, Fort Bend Juvenile Facility special programs director. "It makes such a huge difference when the mentors are younger (like Prince) because it's so much more relatable for them."

Njoku emigrated to the U.S. from Africa when he was 7 years old. He said his family bought into the American dream and the opportunities available in America. In high school, he played football and caught the eye of Academy scouts.

"I was scared at first about coming here because I knew the expectations would be high. I worried maybe I wouldn't succeed, but I knew the chance was just too good to pass up, and I'm grateful I gave it a try," he said.

Injuries ultimately sidelined his collegiate football career, but Njoku is active in other sports at the Academy. He hopes to be a pilot but will make the most of any opportunity to serve in the Air Force.

Njoku said mentorship and family support were key to his own personal success and without it he might have been in over his head as a teen.

"My approach going into the session was that I'm not different or better than them. I have just been blessed to be at this point in my life," he said. "It was an extremely rewarding experience."



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1 No Doubt's genre 2 Small amount 3 Alias 4 Hip-hop 5 Campus force 6 Pizza portion 7 Cereal grain 8 GI 9 Amphibious ops branch io General William Tecumseh 11 Actress Lucy _ Raining Men' 12 13 Narcotics authority 21 Bilateral economic deal 23 Beats _ minute 24 Snowboard alternative 25 Paddle 26 Bladder infection 27 Injury discharge 29 Goes with Lincoln or Shinzo 30 North Korean special economic zone 32 Excellent fighter pilot 33 Eisenhower's nickname

34 Hippie drug 36 Library warning

Answers

ACROSS

1 SCUM 5 SNAP

9 CRISS 14 PANE

15 LACE 16 HAHOE

17 ARCS 18 EMMA

19 AGORA 20 SEAS

21 ADES 22 REPEL

23 MRPIZZA 25 EEL

27 EYED 29 RIDGES

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38 MAKGEOLLI Crossword 40 AVID 41 TUNES 42 MUST 43 VENGEANCE 45 VEGAS 46 ENGELS 47 EPIC 49 EKG 51 SORTIES 56 ATEAM 60 ARAD 62 ERMA 63 MARGE 64 TIKI 65 SWAG 66 ORGAN 67 OPEN 68 LIRA 69 SPORT 70 RASE 71 ANTS

52 Land of the Morning Calm 57 Officer's housing 59 Justice League member 60 Red-brown photo color 61 Honolulu island 63 Phony 64 Mattis' office 66 Goes with special or psy 68 Base entry point 71 Chemical weapons disarmer 74 Data protection, in military 79 Former USFK TV channel 80 Actress Cameron 81 Training exercise location 82 Booger

83 Orc cousin 84 Smaller than molecules

38 Website feed

40 Subway 43 No ___ for a Name 45 Air Force domain 46 Smartness measures 47 "A Boy Named _ 48 Short sleep 49 Missile or polearm 51 UNSC permanent member 53 Alternative to Casses 54 Former President Moo-hyun 55 End of an 56 Yearly corporate get-together 58 ____ Te Ching 59 Goes with World or noodle 62 Closed Western Corridor camp 65 Extinct bird 67 KORUS agreement 68 Fuel 69 A-farts TV station 70 Boxing match outcome 72 Boar 73 Automobile 75 Hole 76 Korean rockstar Taiji

Street" "A Nightmare on

78 Cassettes replacement

DOWN

1 SPASM

2 CARER

7 ACME

8 PEASE

10 RAGE

11 IHOP

12 SORE

13 SEAL

24 ZEN 26 ERGS

28 DANCE

30 DOME

31 GLUG 32 ELSA

33 SITS

9 CHARLIE

34 SAVE 35 EVEN 36 VING 37 EDGE 2 CAKER 3 UNCAP 4 MESSI 5 SLEAZY 6 NAMDAEMUN 39 KEEPSAKES 41 TASK 44 ELEMENT 45 VCR 48 IODINE 50 GATOR 52 TESLA 53 IRWIN 54 EMART 55 SAGAS 56 AMOS 57 TARP 58 ERGO 59 AGAR 61 RIPA

Community Briefs

Kunsan

- KUNSAN PHOTO CLUB -

Interested in sharing your photography experience with others and exploring Korea along the way? Have a camera, but want to learn how to use it more completely? Then join the Kunsan Photo Club as they delve into the finer qualities of photography where the key concept is: "It's not the camera that makes a great photo, but the photographer." If interested in joining, the group can be found on Facebook, just search for "Kunsan Photo Club."

- WOLF PACK LODGE -

Lodging Space A Policy Need a break? Got family visiting and no room to house them? You can book lodging rooms on a space available basis up to 120 days in advance for a maximum of 30 days depending on availability. You can also book reservations for the holiday season (November and December) up to 30 days in advance for a maximum of 15 days. (Depending on availability) Book now for all of those relatives coming for the holiday!

Reservations – Front Desk-DSN 782-1844 or Commercial (82)63-470-1844 FAX: DSN 315-782-0633 Commercial (82)63-470-0633

- SUNDAY SONLIGHT DINNER -Every Sunday, volunteers from a specific unit cook dinner for their fellow Wolf Pack members at the Sonlight Inn. The dinner begins at 6 p.m. following grace led by a chaplain. Meals range from "breakfast for dinner" to "Italian cooking" to "Southern style." For more information or to volunteer, contact the chapel at 782-HOPE.

- SPONSOR TRAINING -

Learn creative ways to assist newcomers reporting to Kunsan AB. Registration required. Class is held at the Airman and Family Readiness Center. Call 782-5644 for more information, dates or to sign up.

- ROKAF ENGLISH CLASS -

Team 5/6 is looking for volunteers to support the ROKAF English class every Saturday, at the Sonlight Inn. You will be talking to ROKAF Airmen (enlisted) for approximately one hour. This event is open to all ranks! Civilian attire is preferred, however, UOD is allowed. For more information, contact Staff Sgt. Charles Nelson.

- PING PONG TOURNAMENT -

Free to all. Prizes for first and second places. Prizes include Wolf Pack Won. To sign up, dates or for more information, call the CAC at 782-5213 or 4679.

FITNESS CENTER B-BALL COURTS CLOSED: The Osan Fitness Center basketball courts will be closed Feb 12 – 17 due to the OMHS Far East Wrestling Tournament. Please refrain from using the courts during this time. 51 CPTS CLOSURE: 51 CPTS will be closed for a Resiliency Day. We will re-open on 13 Feb 2020. For any emergencies, please contact your

emergencies, please contact your First Sergeant. To enable screen reader support, press Ctrl+Alt+Z To learn about keyboard shortcuts, press Ctrl+slash **51 FW / JA ARTIST SEARCH:** Do you want your name to be on our wall

next to your creation? The 51FW Legal office is looking for a talented artist who would be interested in painting a mural in our office for all to see! **MUSTANG UNIVERSITY: Mustang** University provides opportunities to connect with the community with over 60 classes and activities. Credits are awarded, culminating in a Coining by the 51st Command Chief. TAX SEASON: Tax season is quickly approaching and all are encouraged to start collecting their required documents today. Virtual currency is taxable and the IRS is tracking, so be sure to include all income on your tax return. Check the rules and regulations concerning your state, file a state income tax return if required. Osan AB will not offer Volunteer Income Tax Assistance (VITA) services this year. Assistance will be available for active duty members through Military One Source www.militaryonesource.com. https://www.irs.gov/individuals/military contains information for military personnel and will post updates to assistance offered by the IRS.

FEDERAL VOTING ASSISTANCE PRO-GRAM: The 2020 election season is approaching. The Federal Voting Assistance Program (FVAP) allows all US citizens to vote while their away from their voting jurisdiction. To register and request a ballot, fill out the Federal Post Card Application: fvap. gov/r3/fpca/state. You may also pick up a hard copy from the Installation Voting Assistance (IVA) Office, Bldg. 769 M-F 0800-1700. New Hampshire and South Carolina hold their primary election in Feb, register today to ensure receipt of the ballot. For more information favp.gov or the Installation Voter Assistance Office at 784-5440. **OSAN YOUTH SPORTS SPORTS OF-**FICIALS AND SCOREKEEPERS: Officials and scorekeepers are needed for all of Osan's Youth Sports and Intramural Sports games. Qualified personnel receive training and pay for working these games. If interested, please send a short text to Dave Moysey at 010-2188-5528

THRIFT STORE VOLUNTEER OPPOR-TUNITY: Team Osan Spouse's Club owns and operates the Osan AB Thrift Shop as a nonprofit organization. The income raised through operating the Thrift Shop is given back to the Osan community through community grants and scholarships. Volunteers are always needed to help sort, price and organize items received. Please contact the Thrift Store Manager at thriftshopmanager@teamosansc.com for more information.

TUTORING VOLUNTEER OPPORTU-NITY: We have a tutoring opportunity for grade school to young adults, on base, for all subjects, especially the sciences, technology, engineering, and mathematics (STEM). In order to be a volunteer, applicants would have to complete a coach/volunteer application and background check. Interested participants can get additional information at our "Osan AB Tutoring" Facebook page https://www.facebook. com/osantutors/ We meet every Wednesday & Thursday from 1630-1830 at the Base USO.

51 FSS/FSDE MILTA BRIEFINGS: The Education Center offers the Military Tuition Assistance (MilTA) Briefing every Tuesday at 0800 and Thursday at 1500 in Bldg. 788, Rm 26. The briefings are held twice a week to aid in capturing shift workers. This briefing is required for first time users of Tuition Assistance and for members who received an AFVEC notification that follow up counseling is required. No sign up needed. If you have any questions concerning MilTA, please contact the Osan Education Center at 784-4220.

VALENTINE'S DAY 5K: The Osan Rising Four will be hosting a Valentine's Day themed 5K where the top three couples will win prizes! There will also be breakfast burrito sale after the event and free waters! OSAN BASE HONOR GUARD "TO HONOR WITH DIGNITY": Are you highly motivated, dedicated to excellence, and want to be among the sharpest? If the answer is yes, the Osan Honor Guard Team welcomes you! Join us for practice every Tues & Thurs at 1600!

VOLUNTEERS FOR TEAM OSAN IN-NOVATION EFFORT: Osan Innovation Team is seeking volunteers to become council members that are eager to take the Osan innovation cell to the next level. Email org box for list of open positions/descriptions. **OSAN ELEMENTARY SCHOOL FIELD** DAY: Osan Elementary school is seeking 100+ volunteers to host stations during Field Day on May 22. The first planning meeting will occur on Februiary 28th and all volunetters should reach out by Feb 7 to sign up. **DR. SEUSS WEEK:** Dr. Seuss Week is a week long celebration of reading. Great volunteer opportunity with tasks ranging from daily readers, décor set up and breakdown. **VOLUNTEER OPPORTUNITY TO TEACH** ENGLISH FOR LOCAL KIDS: PEEC, Pyeongtaek English Education Center, is looking for four volunteers for two days, 24 and 25 Feb, to teach English for local kids. You can sign up one day. Transportation will be provided. DOWN RANGE DEPLOYMENT DO-NATIONS: Red Cross is unpacking 5 pallets of items to send around Korea & downrange. We need your help unpacking, sorting, repacking. https://volunteerconnection.redcross. org/?nd=vms_public_form&form_ id=7469

Kunsan's emergency phone numbers				
Emergency Services	911			
Off Base/Cell Emergency	063-470- 0911	Nurse Advice Line	1-800-723-8255	
Crime Stop: (to report a crime)	782-5444	IG Complaints FWA Reporting:	782-4850 (duty hours) 782-4942 (anytime)	
Base Locator: (after duty hours)	782-4743	Chaplain (After duty hours)	782-6000	
Law Enforcement desk	782-4944	Sexual Assault Response Coordinator (SARC)	782-7272	
Emergency Leave / Red Cross		782-4601 (on base) 1-800-733-2761 (anytime)		

Osan's emergency phone numbers				
Emergency Services (Fire, Medical, Security Police)	911	Commander's Hotline	784-4811	
Off Base/Cell Emergency	031-661- 9111	Crime Stop: (to report a crime)	784-5757	
Emergency Room:	784-2500	IG Complaints FWA Reporting:	784-1144	
Base Locator: (after duty hours)	784-4597	Emergency Leave	784-7000	
Force Protection Information Hotline:	115	Sexual Assault Response Coordinator (SARC)	784-7272	
Chaplain (After duty hours)	784-7000	Security Forces Control Center	784-5515	

Osan

Photo NEWS



February 7, 2020

F-16C Fighting Falcon assigned to the 944th Fighter Wing takes off at Luke Air Force Base, Ariz, Jan. 13, 2020. The Total Force integration of the 944th FW and 56th FW, alongside their partnernation counterparts, produces some of the world's greatest fighter pilots and combat-ready Airmen. (U.S. Air Force photo by Senior Airman Jacob Wongwai) ◄

enior Airman Michael Madeira, 7th Security Forces Squadron military working dog handler, and MWD Fix, take a break at Dyess Air Force Base, Texas, Jan. 21, 2020. MWDs have a diet designed for their strict training regimen, but treats are authorized. (U.S. Air Force photo by Senior Airman River Bruce) ▼





embers of the 96th Aircraft Maintenance Squadron's Blue Team lift an AIM-9X Sidewinder missile during the 96th Test Wing's fourth quarter weapons-load competition, Jan. 17, 2020, at Eglin Air Force Base, Fla. The competition tested the team's ability to load an AIM-9X and a MK-82 bomb the fastest and with the fewest mistakes. (U.S. Air Force photo by Samuel King Jr.) ▲

A shley Cameron, a U.S. Air Force Academy cadet, leaps over a hurdle during a 60m hurdle race on Jan. 18, 2020, at the U.S. Air Force Academy, in Colorado Springs, Colo. The race was part of a track and field meet held at the Academy. (U.S. Air Force photo by Trang Le) ►



Crimson Sky

Spiritual Charge

LOVE IS AS STRONG AS DEATH



By Chaplain, **Major Gary Davidson**

ace me like a seal over your **((**] heart, like a seal on your arm, for love is as strong as death" (Song of Songs, chapter 8, verse 6).

This is just one of many quotes from the Bible that describe the remarkable power of love. Throughout history, love has bonded couples in amazing ways. Love has also been tested in times of war due to geographical separation, communication lag-times (especially prior to the electronic age), uncertainty about the service member's safety, etc. Despite these and other challenges, countless "war couples" have done a remarkable job of staying connected and in love throughout the generations.

For the upcoming holiday of Valentine's Day, I have decided to share snippets from a few love letters written during various wars that demonstrate that "love is as strong as death".

CIVIL WAR: The following is quoted

from a letter by Union Army soldier Sullivan Ballou to his wife Sarah one week before he was killed at the Battle of Bull Run. The letter was dated July 14, 1861.

Sarah, my love for you is deathless...The memories of the blissful moments I have spent with you come creeping over me, and I feel most gratified to God and to you that I have enjoyed them so long. And hard it is for me to give them up and burn to ashes the hopes of future years, when God willing, we might still have lived and loved together and seen our sons grow up to honorable manhood around us. I have, I know, but few and small claims upon Divine Providence, but something whispers to me-perhaps it is the wafted prayer of my little Edgar-that I shall return to my loved ones unharmed. If I do not, my dear Sarah, never forget how much I love you, and when my last breath escapes me on the battlefield, it will whisper your name.

WORLD WAR II: The following excerpts are taken from a love letter by 19 year-old Navy pilot George H.W. Bush to his fiancé, Barbara Pierce. More than forty years later, George Bush became the 41st President of the United States and Barbara became the First Lady. The letter was written on December 12, 1943.

My darling Bar,

This should be a very easy letter to write — words should come easily and in short it should be simple for me to tell you how desperately happy I was to open the paper and see the announcement of our engagement...I love you, precious, with all my heart and to know that you love me means my life. How often I have thought about the immeasurable joy that will be ours someday. How lucky our children will be to have a mother like you.

everything I could ever dream of — my complete happiness should be a token of my love for you.

Goodnite, my beautiful. Every time I say beautiful you about kill me but you'll have to accept it —

All my love darling — Рорру

KOREAN WAR: In 2018, a home inspector in Mesa, AZ found 12 love letters written in 1950 and 1951 by Korean War Seaman Roger Wright and his wife Eva. The following brief excerpts come from two different letters, one by Roger and the other by Eva.

(From Roger to Eva) My darling Eva, hello my baby. Arrived in Guam yesterday morning and left about four in the afternoon. Received six letters from you, each one is a ray of sunshine. You write them just the way I like. It makes me picture what you are doing and it makes me feel like I am there.

(From Eva to Roger) How I miss you, sweetheart. I could never tell you just how much I love you with every breath I take. You are my love, my life and my everything and without you being with me, life is so very lonely. Goodnight, my sweet baby.

AFGHANISTAN WAR: The following message was discovered on the laptop of US Army Lt Todd Weaver after he died from an IED blast in Afghanistan. The message was written to his wife Emma in September of 2010.

Dear Emma:

Well if you are reading this, I guess I did not make it home and therefore, I was not able to remind you again of how much Bar, you have made my life full of I love you. I love you so much baby and I

will always love you. Although I may not be here right now, take comfort in the fact that I am watching over you right now. I want you to know just how important you are to me. I could not ask for a more caring, beautiful and loving wife. The memories that we have shared over the last few years have been the best of my life. I lived a life that most can only dream of. I married the perfect woman. I have a beautiful daughter that amazed me every day. Remind her about her Daddy and tell her that I loved her more than anything else in the world. Her birth was the best day of my life and she was the best thing that ever happened to me. Her smile and laughter represent all that is good and beautiful in this world. Tell her that Daddy is in heaven now and will watch over her and protect her every minute of every day. I love you Emma. But never be afraid to do what you need to do to be happy. It is so important that you continue to find happiness in your life. Although you may think this is impossible right now, have faith.

Much better times are coming. You and Kiley have a wonderful life ahead of you and I am so happy to have shared some of it with you.

I love you.

Your loving Husband, Todd

As these letters show, love has kept war couples bonded throughout the ages both in life and death. For those who are in a relationship or those who are single and searching for love, I pray for your happiness and fulfillment. I also wish you a Happy Valentine's Day and the kind of love that was described in the Bible long ago:

"Place me like a seal over your heart, like a seal on your arm, for love is as strong as death.'

KUNSAN AIR BASE

Protestant Services **Gospel Service** Sunday, 11:30 a.m. Main Chapel, Bldg. 501 **Contemporary Service** Sunday 5 p.m. Main Chapel, Bldg. 501

Catholic Services Sunday Catholic Mass Sunday, 9:45 a.m. Main Chapel, Bldg. 501 **Daily Mass and Reconciliation** Please call the Chapel

Other Worship Opportunities LDS Service Sunday, 1:00 p.m. SonLight Inn, Bldg. 510

Point of Contact: Kunsan Chapel, 782-HOPE

Visit us on SharePoint: https://kunsan.eis.pacaf.af.mil/8FW/HC

CHAPEL SCHEDULE

Catholic Mass Weekend Masses Saturday Mass (Sunday obligation), 5 p.m. Saturday, Also Confessions, 4 p.m. Sunday Mass, 8:30 a.m. Tuesday -Thursday Mass, 11:30 a.m. Friday Mass, 5 p.m.

> **Catholic Ministries Catholic Religious Education** Sunday, 10-11 a.m., Chapel annex

Chapel annex Catholic Women of the Chapel (CWOC) Thursday, 5:30 p.m., Chapel annex hall Catholic Family social medi (Free) Friday, 6-7:30 p.m., Chapel annex hall Catholic Family social meal (Free) Saturday, 6-7:30 p.m., Chapel annex hall

Jewish (Contact the Chapel) Muslim (Contact the Chapel) Buddhist (Contact the Chapel

Point of Contact: Osan Chapel, 784-5000 Visit us on SharePoint: Visit us on Facebook (OSAN AB CHAPEL) https://www.facebook.com/OsanABChapel

USAG-YONGSAN

Protestant Services

Traditional Service

Sunday, 9:30 a.m.

Memorial Chapel, Bldg 1597

Sunday, 9:30 a.m.

Brian Allgood Hospital Chapel

Contemporary Service

Sunday, 9 a.m.

South Post Chapel, Bldg 3702

Sunday, 10:30 a.m.

K-16 Chapel

Nondenominational Service

Sunday, 11 a.m.

South Post Chapel, Bldg 3702

Gospel Service

Sunday, 1 p.m.

Post Chapel, Bldg

Pentecostal

Sunday, 1:30 p.m. Memorial Chapel, Bldg 1597

Latter Day Saints (LDS)

Sunday, 4 p.m.

South Post Chapel, Bldg 3702

Seventh-Day Adventist

Saturday, 9:30 a.m.

Brian Allgood Hospital Chapel KATUSA

Tuesday, 6:30 p.m.

Memorial Chapel , Bldg 1597

Catholic Mass Sunday, 8 a.m. Memorial Chapel, Bldg 1597 Sunday, 11:30 a.m. Memorial Chapel, Bldg 1597 Saturday, 5 p.m. Memorial Chapel, Bldg 1597 1st Saturday, 9 a.m. Memorial Chapel, Bldg 1597 M/W/T/F, 11:45 a.m. Memorial Chapel, Bldg 1597 Tuesday, 11:45 p.m. Brian Allgood Hospital Chapel

General Service Episcopal Service Sunday, 11 a.m Brian Allgood Hospital Chapel

Jewish Friday, 7 p.m. South Post Chapel, Bldg 3702



Point of Contact: USAG Yongsan Religious Support Office, 738-3011 Visit us on SharePoint: http://www.army.mil/yongsan

OSAN AIR BASE

Sunday, 10-11 u.m., chapter annos. Korean Prayer group Tuesday, 9:30 a.m., Blessed Sacra Chapel Faith formation dass/bible study Wednesday, 6:00 p.m., Chapel annex Catholic Men of the Chapel (CMOC) Wednesday, 7:00 p.m., Chapter annox Catholic Wannen of the Chapel

Knights of Columbus & Baptism classes Meet monthly, Pls call 784-5000

Other Faith Groups Earth-Based (Contact the Chapel) LDS Sunday, 1 p.m., Contact the Chapel

https://osan.eim.pacaf. af.mil/51FW/51FW-HC/default.aspx

Protestant Services -Community Service @ 1030 -Gospel Service @ 1230 Regular Occuring Ministries: PYOC: (Middle School & High School - Mondays—1830-2000 @ Chapel Spiritual **Fitness Center**

- Wednesdays @ Chapel. Age 3 to 6th grade meet 1800 - 1930 & grades 7th-12th meet 1700-1800 . PMOC: (Men)

PMUC: (Men) Tuesdays - 1830 @ Chapel Annex. (Inaccompanied) "Osan PSOC: (Singles & Unaccompanied) Hospitality House" Bible Studies:

*Saturdays - 1900 @ Hospitality House. Dinner is provided. Sundays - 1700 @ Community Center, Classroom

#3. - Game Night: *Fridays - 1900 @ Hospitality House. Dinner is

*Van pickup: Fridays: Chapel @ 1730, Mustang CTR @ 1735. Saturdays: Chapel @ 1830, Mustang CTR @ 1835.

PWOC: (Women) "PWOC Osan AB" - Mondays 1800-2000, Tuesdays 0845-1100 @ Chapel Annex (Child Watchcare provided) & Sunday 1600-1730 @ Posco Apartments .

MOPS: Join us for OSAN MOPS! - Meet twice a month on Wednesday @ the

Chapel Annex

Contact: osanmops@gmail.com

Apostolic Pentecostal

Apostolic Connection Church Bible Study: Osan Chapel Sanctuary, Mondays 7PM-8PM

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An Airman assigned to the 25th Aircraft Maintenance Unit connects a wire to the final weapon loaded to an A-10 Thunderbolt II during a quarterly load crew competition against the 36th AMU, Jan. 17, 2019, at **Osan Air Base, Republic of Korea.** The competition challenged weapons load crew teams on their expertise, accuracy and speed to outfit aircraft with a variety of munitions. For the 25th AMU, they're responsible for loading the A-10 Thunderbolt II, and the 36th AMU is responsible for the F-16 Fighting Falcon. The teams consisted of three members, who were hand selected by their units to participate in this friendly rivalry. (U.S. Air Force photo by Staff Sgt. Ramon A. Adelan) ┥

The competition consisted of three members for each team to rapidly prepare an aircraft for mission ready capabilities, while following all procedures and processes. The 25th AMU outfitted the A-10 Thunderbolt II, and the 36th AMU the F-16 Fighting Falcon. (U.S. Air Force photo by Staff Sgt. Ramon A. Adelan) ▼

Friendly rivals tested each other in Load Crew Competition

Airmen assigned to the 25th Aircraft Maintenance Unit prepare munitions during a quarterly

Ioad crew competition against the 36th AMU, Jan. 17, 2019, at Osan Air Base, Republic of Korea. (U.S. Air Force photo by Staff Sgt. Ramon A. Adelan) ▲

An Airman assigned to the 36th Aircraft Maintenance Unit loads munitions to an F-16 Fighting Falcon during a quarterly load crew competition against the 25th AMU, Jan. 17, 2019, at Osan Air Base, Republic of Korea. The competition is used as a friendly way for the two units to see who's the fastest to prepare a mission ready aircraft. Each team consisted of three members, who were hand selected by their units to participate. (U.S. Air Force photo by Staff Sgt. Ramon A. Adelan)



20 NEWS CRIMSON A life well lived...

By Airman 1st Class Rebeckah Medeiros **18th Wing Public Affairs**

KADENA AIR BASE, Japan -- As the sun dances across the room, glaring off the origami hanging from the ceiling, Dennis Provencher looks upon his framed photo and world record certificate of recognition with pride while explaining to the service members how and why he earned it.

Provencher has donated 34 gallons of blood over 50 years, that is potentially 816 lives saved from just his blood donations. Having given so much to help others, he won a memorable honor for his great contributions.

He told his guests gathered around him that making it into the Guinness Book of World Records was one of his proudest accomplishments.

"Donating became like clockwork, I would be back in the chair donating blood as soon as the wait time was over," he said. "I would have given more, but nurses wouldn't let me."

Members from the 18th Wing were invited into Dennis' home to thank him for years of dedicated service, both for military and community contributions.

"Having the opportunity to meet and speak with Dennis was amazing," said Staff Sgt. Slade Gardner, 18th Communications Squadron radio frequency transmission systems operator. "He was in the Air Force for 20 years and has donated so much lifesaving blood. It was a tremendous honor to meet him.'

Provencher retired from the U.S. Air Force after 20 years as an airborne and ground radio operator where he specialized in Morse code. Being the only one in his team of six, he favored being his own boss and having the time to read and learn whatever his heart desired.

"During Vietnam, we got rocketed a few times," Provencher explained. "We always had to run and hide under some of the buildings. We would crawl under the buildings hoping to not get hit. It was interesting."

Later, while in Germany, Provencher learned to read, write and speak two dialects of the German language, which he is still happy to converse in the tongue.

He moved to Okinawa in 1961 to finally settle down in his forever home.

"I got here and bought a house right away because I wanted to stay here," Provencher stated. "I like Okinawa, it's a good life here."

Being retired and so close to multiple military bases gave Provencher the opportunity to donate blood as often as possible.

"Now that I am retired, everything is calm and relaxing," he said. "Donating blood makes me happy. I get to help people in need."



Retired U.S. Air Force Staff Sergeant Dennis Provencher, airborne and ground radio operator, right, talks with a group of Airmen including Lt. Col. Denial Waid, 18th Communications Squadron commander, left, about how much has changed since Provencher initially joined in 1951 on Dec. 23, 2019, in Okinawa City, Okinawa. Provencher is a Guinness Book of World Records holder for most amount of blood donated. (U.S. Air Force Photo by Airman 1st Class Rebeckah Medeiros) ▲



Retired U.S. Air Force Staff Sergeant Dennis Provencher, airborne and ground radio operator, right, receives a memento from Lt. Col. Daniel Waid, 18th Communications Squadron commander, left, for his years of dedicated service on Dec. 23, 2019, in Okinawa City, Okinawa. Provencher served 20 years in the military and continued to serve after retirement in his community and donating blood every two months. (U.S. Air Force Photo by Airman 1st Class Rebeckah Medeiros)



The best place to spend winter is inside where you can be warm and toasty! What better place than in a jjimjilbang, Korea's traditional sauna. At a jjimjilbang, you can try sauna rooms in a wide range of temperatures from steaming hot to freezing cold, as well as try out new experiences. For instance, you can look like Princess Leia with a rolled towel on your head or try traditional steamed eggs. Jjimjilbang are also a great option for travelers looking for super cheap accommodations, as long as you don't mind sharing the room with a dozen or more people. For a unique winter experience, check out one of the jjimjilbang in this column.

Winter like a Korean at a Jjimjilbang

Traditional Oriental Forest Land

If food is at the top of your list, then Traditional Oriental Forest Land is the place for you! This jjimjilbang features plenty of tasty snacks lightly toasted over oak charcoal to bring out their flavors! The in-sauna snack bar sells everything you could hope for, from garaetteok (rice cake stick) and sikhye (sweet rice drink) to potatoes, sweet potatoes, eggs, and even tangerines; and of course, it wouldn't be Korea without cup ramyeon!

When visiting Traditional Oriental Forest Land, keep your eyes open for Nabi, the resident cat! She especially loves the tepid room and can often be found lounging about here. Another unique feature to check out is the therapy room. The hot brazier will warm up even the coldest people!

- Address: 75-7, Bongwonsa-gil, Seodaemun-gu, Seoul
- Operating hours: Open 24 hrs (Day 05:00-20:00 / Night 20:00-05:00)
 Admission
- Sauna: Adults & Teenagers 12,000 won (Night 13,000 won) / Children 6,000 won / Preschoolers 4,000 won
- Bathhouse: Adults & Teenagers 7,000 won / Children 5,000 won / Preschoolers 3,000 won
- Website: inforest.koreahb.kr





Spasis

While the invention of saunas and fried chicken may not be attributed to Korea, there is no denying Korea's love of them! Spasis in Incheon is a unique jjimjilbang where you can enjoy these two Korean favorites together! Order the classic fried chicken or Korean varieties such as hot and spicy or soy sauce-marinated chicken; boneless chicken is a popular choice for people who want to eat with less mess. The serving sizes here are large, so be sure to come with an empty stomach, and don't forget to order a beer for the true Korean chimaek (chicken and beer) experience. After getting your fill, you can relax in the Himalayan salt room, play a round of pool, or watch a movie!

- Address: 263, Gyeongin-ro, Michuhol-gu, Incheon
- Directions: Walk for approx. 10 min from Dohwa Station (Seoul Subway Line 1), Exit 1
- Operating hours: Open 24 hrs (Day 06:00-20:00 / Night 20:00-06:00)
 Admission
- Day: Adults 10,000 won / Children 9,000 won / Preschoolers 4,000 won
- Night: Adults 11,000 won / Children 9,000 won / Preschoolers 4,000 won
- Website: www.spasis.co.kr





Club K Seoul

The lounge of Club K Seoul, located near Seolleung Station, combines the relaxing atmosphere of a spa with visual and literary arts. Visitors will be pleased with the book café, lifestyle shop, therapy shop, fitness club, jazz bar and other cultural amenities. One entire wall of the lounge area is covered in bookshelves filled with books. If you can't find one to read, you can simply enjoy the cultured interior, increased by world famous paintings that scroll by on the digital frame.

- Address: 524, Seolleung-ro, Gangnam-gu, Seoul
- Directions: Walk for approx. 3 min from Seolleung Station
- (Seoul Subway Line 2, Bundang Line), Exit 8
- Operating hours:
- Jjimjilbang: Open 24 hrs
- Café: Monday-Saturday 11:00-17:00
- Lounge (Jazz Bar): Monday-Thursday 18:00-01:00 /
- Friday 18:00-02:00 / Saturday 17:00-01:00
- Inquiries: +82-2-563-1145
- Website: www.clubkseoul.com



The Spa in Garden 5

For a spa with a view, head to The Spa in Garden 5, located in the Songpa-gu district of Seoul; the bathing area is famous for its view of the sky and Lotte World Tower. Enjoy the various pools before heading to the communal area, with sauna rooms for every style. After trying out the saunas, enjoy some snacks and light conversation overlooking the Heavenly Garden Atrium. Tables and chairs are placed around the area for added comfort.

- Address: 10F, 10, Chungmin-ro, Songpa-gu, Seoul
- Directions: Walk for approx. 10 min from Jangji Station
- (Seoul Subway Line 8), Exit 1
- Operating hours: Open 24 hrs
- (Day & night hours vary by day of the week)
- Admission
- Day: Adults 10,000 won / Children 8,000 won / Preschoolers 6,000 won
 Night & weekends: Adults 12,000 won / Children 10,000 won / Preschoolers 8,000 won
- Website: www.spagarden5.co.kr



Songpa Park Habio Water Kingdom & Jjimjil Spa

Park Habio's Water Kingdom and Jjimjil Spa is the largest water play and spa facility in Seoul. The young at heart will love the fun water slides and pools in Water Kingdom, while those looking for more rest than excitement can relax to their heart's content in the many sauna rooms.

Water Kingdom reigns supreme with the nation's longest torrent river, the Wild Wet River. This ride uses water jets to propel riders at a rapid pace; the use of a life vest and tube is required for safety. In the Jjimjil Spa, choose from the oak charcoal room, salt room, ice room, jewel room, red clay room, or any of the other sauna rooms for some much deserved R&R. If simply resting is too boring, enjoy the additional entertainment amenities, including board games, book rentals, and massage chairs.

- Address: Park Habio Bldg. 202, 111, Songpa-daero, Songpa-gu, Seoul
- Directions: Walk for approx. 3 min from Jangji Station
- (Seoul Subway Line 8), Exit 4
- Operating hours:
- Jjimjil Spa: Open 24 hrs
- Water Kingdom: 10:00-18:00
- Inquiries: +82-1600-0666