

Crimson Sky

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U.S. Airmen assigned to the 6th Air Refueling Squadron from Travis Air Force Base, California, and Republic of Korea airmen with the 261st Air Refueling Squadron pose for a photo together in front of a KC-10 Extender at Osan Air Base, ROK, Nov. 11, 2018. (Courtesy photo by Captain Jason Lim)

California to Korea: Pilot reinforces Pacific partnerships

**By Senior Airman Kelsey Tucker
51st Fighter Wing Public Affairs**

OSAN AIR BASE, Republic of Korea -- When the U.S. military is a guest in another country, it's important to go above and beyond to be the best neighbor one can be.

U.S. Air Force Capt. Jason Lim, a KC-10 Extender pilot assigned to the 6th Air Refueling Squadron out of Travis Air Force Base, California, dedicated a year toward this goal: striving to strengthen the

partnership between the Republic of Korea and U.S. Air Forces.

"The opportunity kind of just fell in my lap, and I took it," said Lim, a 32-year-old Korean-American native of Los Angeles, California. "I really love Korea: the food, the culture, the friends, the family here. This was actually one of my dreams, to come back to Korea after I first joined the Air Force."

By the time Lim graduated from Embry-Riddle Aeronautical University of Florida in 2007, he'd

earned his flight instructor license and planned to teach students to fly for general aviation purposes.

The problem? In 2008 the U.S. went into recession, which meant that jobs – and potential student pilots – were few and far between.

Thus began his career in the ROK as a flight instructor at Hanseo University. Initially, he only planned to stay for a year, but he enjoyed it so much that one year became two, three, and then four years.

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U.S. Air Force 35th Fighter Squadron pilots enjoys first moment with Royal Thai Air Force personnel after arrival for Exercise Cobra Gold 2019 at Korat Royal Thai Air Force Base, Thailand, Feb. 6, 2019. Cobra Gold is the largest Theater Security Cooperation exercise in the Indo-Asia-Pacific region and is an integral part of the U.S. commitment to strengthen to strengthen engagement in the region.

Cobra Gold 19: 35th FS Pantons launch into CG 19, historic redeployment to Thai base

**By Senior Airman Stefan Alvarez
8th Fighter Wing Public Affairs**

KUNSAN AIR BASE, Republic of Korea -- The 35th Fighter Squadron departed on Feb. 6, and the 35th Aircraft Maintenance Squadron departed on Feb. 7 to participate in Exercise Cobra Gold 19 in a historic redeployment to Korat Royal Thai AB, Thailand.

Cobra Gold is the largest military exercise in the Indo-Pacific region. This year will be 38th iteration of the exercise, hosted by the U.S. Armed Forces and Royal Thai Armed Forces. The exercise is a longstanding representation of friendship between the Thai and American people.

Twenty-nine countries are participating in this year's iteration of Cobra Gold.

The purpose of the exercise is to bolster security in the region and exhibit rapid response to regional crises by uniting an expansive multinational force to accomplish shared goals and security commitments in the Indo-Pacific region. Cobra Gold bolsters a strong military relationship between the Royal Thai Armed Forces and other nations.

This year, Cobra Gold will take place from Feb. 11 to 26 and will focus



U.S. Air Force 1st Lt. Cameron Fierro, 35th Fighter Squadron pilot, greets Royal Thai Air Force squadron leader Suppawath Boonarch for Exercise Cobra Gold 2019 at Korat Royal Thai Air Force Base, Thailand, Feb. 6 2019. Cobra Gold is the largest Theater Security Cooperation exercise in the Indo-Pacific region and is an integral part of the U.S. commitment to strengthen engagement in the region. (U.S. Army photo by Spc. Valencia McNeal)

on three major components; a humanitarian civic assistance event, field training, and a command post exercise.

The 35th Fighter Squadron, which was previously based at Korat AB in the early 1960s, will

train with partner nations and conduct both air-air and air-ground operations to increase interoperability and reinforce critical skills.

- Continued on page 7 -

U.S. Air Force Capt. Will Piepenbring, an A-10 Thunderbolt II pilot with the 25th Fighter Squadron, performs a postural exercise at Osan Air Base, Republic of Korea, Feb. 13, 2019. The exercise focuses on working scapular muscles and shoulder blades. (U.S. Air Force photo by Staff Sgt. Sergio A. Gamboa)



Physical Therapy keeps pilots right for flight

By Staff Sgt. Sergio A. Gamboa
51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- One Osan unit took innovation to new heights by implementing a post-flight checklist to make sure pilots are ready to take their next flight.

The 51st Medical Operations Squadron physical therapy office began building relationships with Osan fighter squadrons to bridge the gap between pilots and their physical therapy healthcare.

"The goal is to improve recovery time for pilots between flights and make sure they are fit to fight as soon as possible," said Capt. Anna Adkins, physical therapist with the 51st MDOS.

To minimize the effects of flying and aide recovery, the physical therapists have set up satellite clinics with fighter squadrons every Wednesday and Friday to help assist with exercises and manual therapy procedures.

"What we are doing is new at Osan, and we hope to continue this relationship between the pilots and the 51st MDOS despite physical therapist turnover," said Adkins.

Pilots can get back, shoulder, head and neck pain due to the prolonged sitting while flying aircraft and dealing with gravitational forces from maneuvers, she added.

If pilots need more than a post-flight check and adjustment, they will be recommended for



A U.S. Air Force Airman performs a physical therapy exercise with an elastic band at Osan Air Base, Republic of Korea, Feb. 12, 2019. The 51st Medical Operations Squadron physical therapy office implemented a post-flight checklist to minimize the effects of flying and aide recovery for pilots due to the prolonged sitting while flying aircraft and dealing with gravitational forces from maneuvers. (U.S. Air Force photo by Staff Sgt. Sergio A. Gamboa)

physical therapy sessions with a technician. There, technicians will help with more in-depth exercises and procedures.

"We are human maintainers," said Staff Sgt. Hannah Eddings, physical medicine technician

with the 51 MDOS. "Getting pilots fit to perform their mission is vital to the base. They are an important piece in upholding the Osan mission and keeping 51 million people on the Korean Peninsula safe."



- Continued from front page -

Somewhere around the two or three-year mark, however, Lim ran into a personal dilemma. If he wanted to continue along this career path and apply to become a pilot for one of the major airlines in the ROK, was he ready to permanently move on from his life in the U.S. and live as an expatriate?

Perhaps not.

"I wanted to serve in the U.S. military before I made a major life decision as far as a career path," said Lim.

This desire led him to reach out to an Air Force recruiter in California, who helped him begin the process of applying for Officer Training School. Two years later he was accepted, and after training Lim reported to Travis AFB in 2014 as a KC-10 pilot.

Fast forward to late 2017, and a fellow Airman from his home station who was serving in the ROK on a manning assistance assignment reached out to Lim to tell him of an opportunity: a chance to return to Korea.

"During Key Resolve 2018 we highlighted some key areas requiring a different approach to building partnership capacities with our host nation," said Master Sgt. Christopher Pedersen, an air refueling control team member with the 607th Air Operations Center. "Capt. Lim's ability to speak, write, and translate the concepts and ideas to promote effective mobility practices within the Combined Air Mobility Division was a



U.S. Airmen assigned to the 36th Tactical Airlift Squadron from Yokota Air Base, Japan, and Republic of Korea airmen assigned to the 251st Airlift Squadron conduct mission planning at Gimhae Air Base, July 2018. (Courtesy photo by Captain Jason Lim)

perfect fit.”

Lim returned to Korea in January 2018, this time as a uniformed member of the U.S. Air Force. His prior relationships with members of the flying community came in handy as many of the students he taught as a flight instructor were now members of the ROKAF. Through them, he was able to establish good lines of communication between the 607th AOC and the ROK Air Mobility Reconnaissance Command.

Building these strong relationships helped strengthen the U.S. and ROK alliance, which led to joint training events designed to further the knowledge and capability of both sides. During one such event, USAF C-130J Super Hercules aircrews visited Gimhae Air Base in Busan, where they met with their ROKAF counterparts and shared tactics, techniques, and procedures. Another allowed ROKAF tanker aircrews to observe a USAF KC-10 refueling mission firsthand, preparing them for operations in their own KC-330 aircraft.

“Capt. Lim was able to shape the future of the U.S. and ROK partnership by demonstrating Air Force core values in his interactions with the ROKAF,” said Lt. Col. Joseph Watson, the AMD chief assigned to the 607th AOC. “He was able to show how mobility’s service mentality of getting cargo to its destination on time and providing airborne fuel to the fight when needed are force multipliers.

“Capt. Lim exemplifying these values to the ROKAF will help lay the foundation for success within the ROKAF mobility forces and foster a culture of service and excellence.”

Lim was only supposed to be in Korea for six months. However, when that time was nearly up, he found he had too many meaningful projects in the works to be able just to let go and return home. So, he extended his time by another six months.

After completing his year of service in Korea, Lim returned to Travis AFB to continue his role as a KC-10 pilot. Though Lim is no longer at Osan AB, the impact he made and the relationships he helped cultivate will remain for years to come.



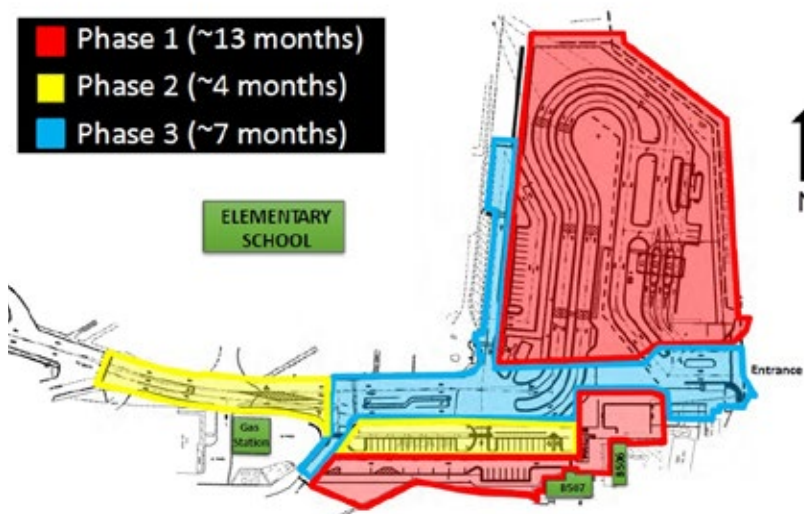
U.S. Air Force Capt. Jason Lim, front row, second from left, assigned to the 6th Air Refueling Squadron out of Travis Air Force Base, California, poses for a photo with Republic of Korea airmen assigned to the 261st Air Refueling Squadron at Gimhae Air Base, ROK, November 2018. (Courtesy photo by Captain Jason Lim)



U.S. Airmen assigned to the 36th Tactical Airlift Squadron from Yokota Air Base, Japan, and Republic of Korea airmen with the 251st Airlift Squadron pose for a photo at Gimhae Air Base, ROK, July 2018. (Courtesy photo by Captain Jason Lim)

Main Gate construction schedule takes shape

By staff reports, 51st Civil Engineer Squadron



OSAN AIR BASE, Republic of Korea -- Funding for the Main Gate renovation project here was recently granted and construction is estimated to begin in April.

The 51st Civil Engineer Squadron looks forward to the two-year process to deliver a modern, efficient, and safe base entry control point similar to the newly opened Morin Gate.

While the construction schedule remains tentative, the renovations will be completed in three phases.

Phase one is estimated to last 13 months and will affect parking in the lot on the north side of Songtan Road and half of the lot on the south side of the road.

Phase two is estimated to last four months and will affect the other half of the

south lot while the north lot will reopen.

Phase three is estimated to last seven months. All lots will be open, but there will be no vehicle access through the Main Gate during this phase.

Pedestrian access, AAFES taxi services, access to shops near the south lot, access to Osan Elementary, and the 51st Logistics Readiness Squadron shuttle will not be affected by construction during any phase of the project.

The 51st CES notes that the new Morin Gate is a great option for accessing the base and will be open throughout the entirety of the Main Gate project.

The 51st Fighter Wing Public Affairs Office will continue to provide updates on the construction schedule and progress as the project continues.

8th MDOS polishes readiness with 3-D tech

**By Staff Sgt. Joshua Edwards
8th Fighter Wing Public Affairs**

KUNSAN AIR BASE, Republic of Korea -- For some, going to the dentist can be straight out of a horror movie, with a doctor poking and scraping at their teeth, using loud drills and blinding lights.

However, the 8th Medical Operations Squadron Dental Flight ensures all Kunsan service members have the brightest smile and best teeth with efficiency, comfort, and new technology to facilitate a quick return to duty after procedures.

"You only have one set of teeth, after your baby teeth, so you want to maintain them to the best of your ability," said Staff Sgt. Sheena Corey, 8th MDOS Dental Flight records and reception noncommissioned officer in charge.

To help maintain teeth, the dental clinic offers a variety of services including cleanings, fillings and extractions. This care ensures individuals are fit to contribute to the mission.

"We are always prepared to take patients and make sure they are dentally ready to fight," Corey said. "We do what it takes to get them up to where they need to be and ready to deploy at a moment's notice."

Individuals who don't end up taking care of their teeth could face complications, leading to shortfalls in the mission.

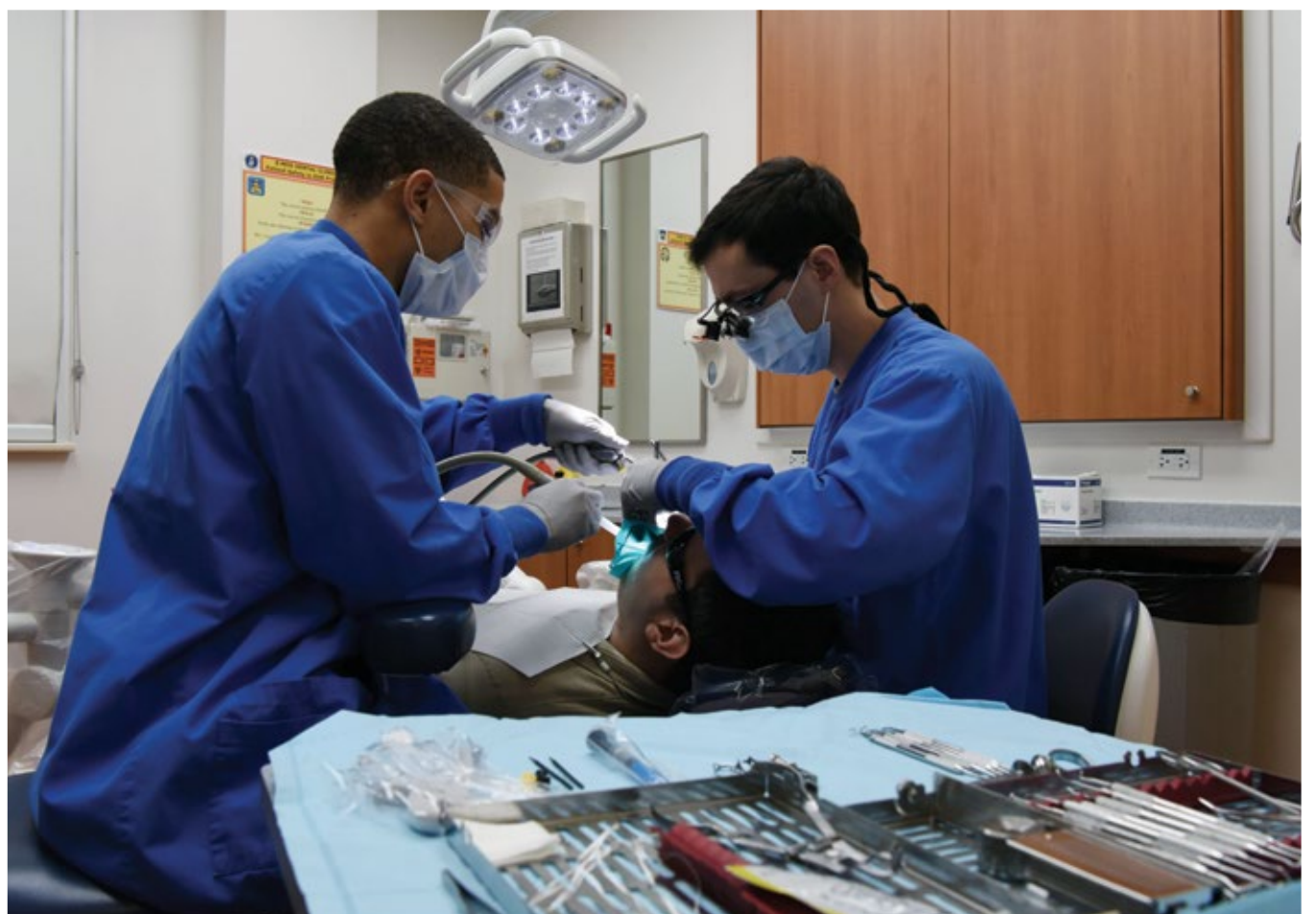
"You could get an infection or some pain that will manifest over the course of your deployment and that would cause you to miss out... and to be evacuated to receive that care," said Maj. Samuel Durham, 8th Medical Group Dental Flight commander. "Us being here keeps individuals ready and maintains that ability to return people to their mission quickly."

The dental flight is able to support a high readiness status with the help of a new technology: the Chairside Economical Restoration of Esthetic Ceramics (CEREC) machine, capable of producing custom-made crowns and caps.

The CEREC machine photographs an individual's mouth and produces a 3-D model of the area, which replaces traditional stone castings. This 3-D image allows dentists to create a personalized crown or cap, which the computer will feed to a milling unit capable of cutting the piece needed. Once cut, the crown or cap will be placed in a heating unit where it hardens into the finished product.



U.S. Air Force Capt. Michael Santora, 8th Medical Operations Squadron dentist, and Senior Airman Keyshawn Everett, 8th MDOS dental assistant, prepare a patient for a filling at the dental building on Kunsan Air Base, Jan. 20, 2019. The dental clinic offers a variety of services including cleanings, fillings and extractions. (U.S. Air Force photo by Staff Sgt. Joshua Edwards)



U.S. Air Force Capt. Michael Santora and Senior Airman Keyshawn Everett perform a tooth filling at the dental building on Kunsan Air Base, Jan. 20, 2019. The dental clinic ensures its patients are ready to deploy and minimizes the chance of an emergency downrange. (U.S. Air Force photo by Staff Sgt. Joshua Edwards)



U.S. Air Force Maj. Samuel Durham, 8th Medical Group Dental Flight commander, prepares the Chairside Economical Restoration of Esthetic Ceramics machine at the dental building on Kunsan Air Base, Jan. 20, 2019. The CEREC machines photographs the mouth and creates a 3-D replica, which dentist can use to create an accurate crown of cap. (U.S. Air Force photo by Staff Sgt. Joshua Edwards) ▲

U.S. Air Force Maj. Samuel Durham holds a crown made by a Chairside Economical Restoration of Esthetic Ceramics machine at the dental building on Kunsan Air Base, Jan. 20, 2019. The CEREC machine will allow the dental flight to make crowns and caps same day, instead of having to send stone castings to another clinic. (U.S. Air Force photo by Staff Sgt. Joshua Edwards) ►



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"It was really like a homecoming for the 35th (Fighter Squadron.) The Royal Thai Air Force was really welcoming and I'm excited to train alongside them during this year's exercise." said First Lieutenant Mason "Mac" McDaniel, a 35th Fighter Squadron pilot.

Cobra Gold aims to improve the capabilities of allied nations to successfully carry out combined and joint operations; building relationships with participating nations across the region; and enhancing interoperability over a variety of activities, including reinforcing maritime security and responding to large-scale natural disasters.

For more information, photos, videos and stories about Cobra Gold, including past iterations, please visit the Cobra Gold public web page: www.dvidshub.net/feature/CobraGold or official Facebook page at www.facebook.com/ExerciseCobraGold.

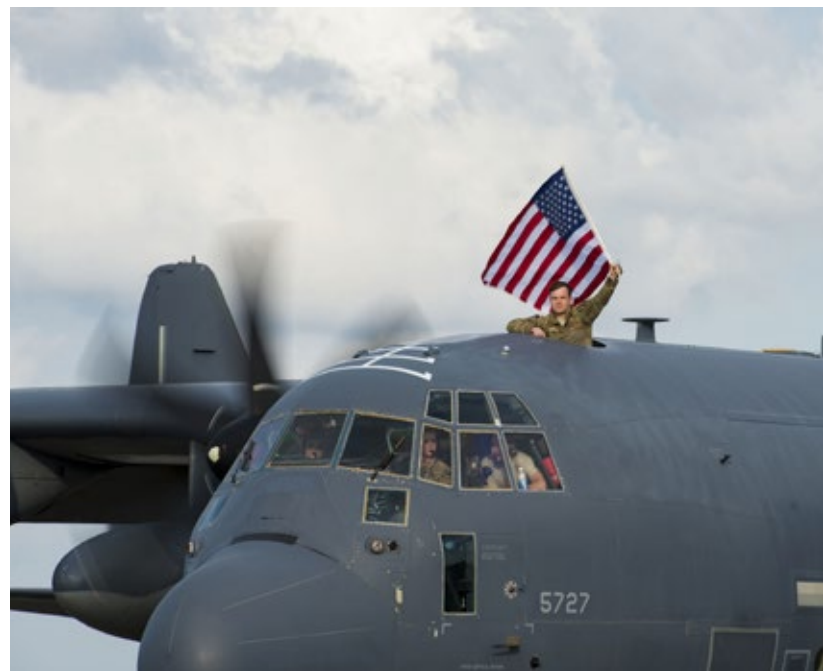


A U.S. Air Force F-16 Fighting Falcon, assigned to the 35th Fighter Squadron, Kunsan Air Base, Republic of Korea, arrives in preparation for Exercise Cobra Gold 2019 at Korat Royal Thai Air Force Base, Thailand, Feb. 6, 2019. Cobra Gold provides a venue for U.S. and partner nations to advance interoperability and increase partner capacity in planning and executing complex and realistic multinational force and combined task force operations. (U.S. Army photo by Spc. Valencia McNeal)



Staff Sgt. John Morrison, 723d Aircraft Maintenance squadron crew chief, embraces his spouse during a redeployment ceremony, Feb. 10, 2019, at Moody Air Force Base, Ga. Reintegration events like these are especially important to Moody's Airmen and their families as Moody is the most deployed base in Air Combat Command. (U.S. Air Force photo by Airman First Class Eugene Oliver) ◀

Airmen from the 71st Rescue Squadron return from a deployment in southwest Asia, Feb. 11, 2019, at Moody Air Force Base, Ga. Reintegration events like these are especially important to Moody's Airmen and their families as Moody is the most deployed base in Air Combat Command. (U.S. Air Force photo by Airman 1st Class Erick Requadt) ▼



Senior Airman Christopher Allen, 66th Security Forces Squadron Military Working Dog handler, watches as his working dog, Qquail, leaps through an obstacle toward Staff Sgt. Mark Devine, 66 SFS MWD trainer, during an outdoor training session at Hanscom Air Force Base, Mass., Jan. 24. Military canines provide SFS personnel with drug and explosive detection as well as specialized missions for the Department of Defense and other government agencies. (U.S. Air Force photo by Linda LaBonte Britt) ▲

Dedicated crew chiefs with the 124th Aircraft Maintenance Squadron wait for an A-10 Thunderbolt II to return from a training flight during a unit training assembly at Gowen Field, Boise, Idaho on Feb. 9, 2019. The training was designed to ensure all Airmen could operate during a MOPP 4 scenario. (U.S. Air National Guard photo by Master Sgt. Joshua C. Allmaras) ►





Senior Airman Troy King, 823d Base Defense Squadron fireteam member, low crawls through an obstacle during an Army Air Assault Assessment, Jan. 20, 2019, at Camp Blanding, Fla. The AAA is designed to determine Airmen's physical and mental readiness before being selected to attend Army Air Assault school. (U.S. Air Force photo by Airman First Class Eugene Oliver)

Airmen test resolve during Air Assault Assessment

By Airman First Class Eugene Oliver
23d Wing Public Affairs

MOODY AIR FORCE BASE, Ga. (AFNS) -- Cadre from the 820th Base Defense Group evaluated approximately 37 Airmen during an Army Air Assault Assessment.

The assessment measured each Airmen's readiness to determine who would be selected to attend the 10-day Army Air Assault School, at Fort Campbell, Kentucky. The BDG is one of the few units within the Air Force that sends their Airmen to AAS to enhance their personal readiness and also reinforce their unit's lethal capabilities.

"Everything we learn at AAS is a part of our mission scope within the BDG," said Staff Sgt. Nicholas Groomes, 822nd Base Defense Squadron training instructor and cadre team member. "It's rare to find an Army school curriculum (that) falls under our umbrella, so the more experience we can get for our Airmen the better off the BDG can be downrange."

The assessment provided Airmen with



An Airman prepares to rappel down the Safeside Rappel Tower during an Army Air Assault Assessment, Jan. 28, 2019, at Moody Air Force Base, Ga. The AAA is designed to determine Airmen's physical and mental readiness before attending Army Air Assault school. (U.S. Air Force photo by Airman First Class Eugene Oliver)

an opportunity to challenge themselves personally and to assess their physical and mental readiness to perform in high-stress situations.

“The reason I wanted to go to AAS was to test myself and to prove that I could get through something so difficult,” said Senior Airman Jeffrey Lewis, 822d BDS fireteam leader. “You always hear of how superior the Army Air Assault School is and how physical it is. I saw this as a milestone to achieve and an opportunity to improve.”

To be eligible to attend the school, Airmen have to complete a wide array of tests: rappel tower operations, ruck layout and sling load inspections, the Army physical fitness test, an obstacle course and a 12-mile ruck march.

“There are very few opportunities for Airmen to go to AAS and the BDG is one of the only units that gives their Airmen the chance to attend, so I wanted to take advantage of that,” Groomes said. “It’s a great opportunity for Airmen to (assess) themselves and learn what things they need to improve, not only physically, but mentally to push through.”

While still having to pass all proficiency tests, Airmen were required to perform constant remedial physical training throughout the duration of the assessment to test their physical and mental resiliency.

“The biggest thing I needed, to get through (the assessment), was a strong drive and motivation,” Lewis said. “Being self-aware and keeping my mental composure through very intense situations was key.”

During AAA the cadre implemented strenuous measures to help simulate the physical and mental demands Airmen should expect at Fort Campbell.

“We intentionally try to make the assessment more rigorous than the school to better prepare our Airmen for success when they arrive there,” said Staff Sgt. Ulysses Ortiz, 820th Combat Operations Squadron unit trainer and lead cadre team member. “We have very few slots at the schoolhouse, so we only want our most deserving Airmen to go.”

Of the 37 Airmen that started the assessment, approximately 10 were deemed qualified for AAS.

Tech. Sgt. Christopher Zavala, 822d BDS squad leader, explained what it took to finish the assessment and how attending Army Air Assault School will benefit not only himself but other Airmen’s careers in the future.

“The biggest thing it took for me to push through the AAA was just channeling that inner drive that motivated me to train so hard for it in the first place,” Zavala said. “I wanted to lead by example and Air Assault will add more tools to my toolbox, which gives me the ability to explain and elaborate those things to my Airmen coming in from (technical) school to help them succeed.”

An Airman rappels down the Safeside Rappel Tower during an Army Air Assault Assessment, Jan. 28, 2019, at Moody Air Force Base, Ga. The AAA is designed to determine Airmen’s physical and mental readiness before attending Army Air Assault school. (U.S. Air Force photo by Airman First Class Eugene Oliver) ►



Airman First Class Madison Ruiz, 823 Base Defense Squadron security forces member, low crawls through an obstacle during an Army Air Assault Assessment, Jan. 30, 2019, at Camp Blanding, Fla. The AAA is designed to determine Airmen’s physical and mental readiness before being selected to attend Army Air Assault school. (U.S. Air Force photo by Airman First Class Eugene Oliver) ▲



Senior Airman Jarod Barr, 23rd Security Forces Squadron installation patrolman, inspects the sling load components of an 822 cargo bag during an Army Air Assault Assessment, Jan. 29, 2019, at Moody Air Force Base, Ga. Airmen were required to identify structural deficiencies on the sling load portion of the cargo bag as part of an overall assessment to determine their readiness to attend Army Air Assault School. (U.S. Air Force photo by Airman First Class Eugene Oliver) ▲



• BULLETIN •

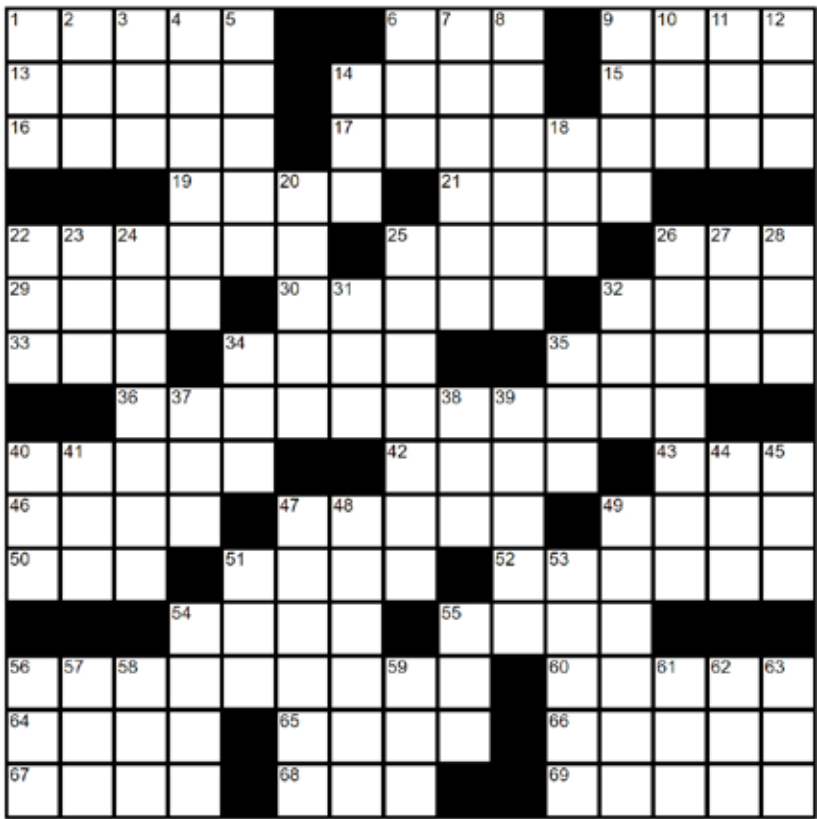
Go Girls Go

Go Girls Go has arrived at Osan Air Base! Go Girls Go is a running-based, positive youth development program for Osan Elementary School girls in 3rd to 5th grades (and a few homeschoolers!) that focuses on building healthy self-image, confidence, and strength of character through a creative running curriculum. The program links girls with adult coaches, running buddies, and mentors who work alongside them to strengthen all pillars of resiliency through physical activity. Goals of the program are to instill girls' confidence in who they are, develop strength of character, respond to others and themselves with care and compassion, create positive connections with peers and adults, and make a meaningful contribution to community. The program will end with a capstone 5k race on 18 May 19 to celebrate the girls, their differences and strengths, and their physical achievements.

If you would like to volunteer or donate to this program, please contact the Program Director, Jessica Roper at jessica.roper@us.af.mil/DSN 784-16982 or the Volunteer Coordinator, MSgt Sarah Hardison at sarah.hardison@us.af.mil/DSN 784-o677.

The Crossword

By Jon Dunbar



- ACROSS
- 1 First place medals

5 Spring forward, fall back

9 Abominable snowman

13 Flaming

14 Goes with gas or drop

15 Bullheaded zodiac animals

16 Rob

17 All that glitters...

19 DNA-altered materials

21 DMZ body recovery agency

22 Turmoil

25 Grand ____

26 Pub

29 President Jae-in

30 Korean toast restaurant

32 Gripping tool

33 Commercials

34 College officer training

35 Mexican chip

36 When the cows come home

40 Sheep's noise

42 Goes with play or ball

43 Korean-American actor John

46 Not short

47 Sudden attacks

49 Open-palmed strike

50 Our star

51 Podcaster Maron

52 Truthful

54 Japanese toed footwear

55 Chinese, as prefix

56 Where to deposit coins

60 Twelve

64 Sweet tea

65 Peruvian civilization

66 Three oxygen atoms

67 Vomit

68 Chinese philosophy

69 West Yorkshire city

- DOWN
- 1 Fuel

2 Frequently

3 Tell a falsehood

4 Only fictional zodiac animal

5 2014 film about Martin Luther King Jr

6 ____ Moines

7 Killing Eve actress Oh

8 The ____ of Capricorn

9 Goes with Bikram or hot

10 2012-debuted K-pop group

11 Phone abbr.

12 Unaffiliated with GOP or Dems

14 "____ the season"

18 Payment to government

20 Hunter's constellation

22 Actress Thurman

23 Goes with Tide or People

24 UFO incident location

25 Largest ocean

26 Two-wheeled transport

27 Fire byproduct

28 Speedwagon band

31 Motor oil company

32 Actor Kilmer

34 Veteran's end of name

35 Super Bowl org.

37 The AI ____ 9000

38 1999-debuted K-pop group

39 Japanese raw fish meal

40 Most famous K-pop group

41 Language in Vientiane

44 The Eagle ____ landed

45 Choose between choices

47 Harebrained zodiac animal

48 Singer Grande

49 Alarm clock button

51 UK PM Theresa

53 Korean floor heating

54 Friday's utterance

55 Jamaican music genre

56 Electronics component

57 Smashing Pumpkins' James

58 Titans' Beast Boy

59 Corporal or sergeant

61 Actress Saldana

62 Opposite of begin

63 Super Nintendo predecessor

Answers to Previous Crossword	11 MEDAL	31 NEEDS	8 SLAUGHTER
	12 NBA	32 KATHMANDU	14 BANKIMOOON
ACROSS	13 ORG	DOWN	15 NLL
	14 BARENAKED	-----	16 KAKAOTALK
1 AUTOMATIC	17 AWAIT	1 ASCOM	17 AHA
6 ICBMS	18 NAVEL	2 THUNDER	19 VACCINE
9 CHUSEOK	20 KOREANWAR	3 MRE	21 WAEGWAN
10 MRPIZZA	22 INC	4 TAKEN	23 BEARS
	24 OUT	5 COMMANDER	25 TIBET
	26 STEAM	6 INPUT	27 MANDU
	28 OKINAWA	7 BAZOOKA	30 LAM
	29 BALDWIN		

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GIVE GLOBAL

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in Jesus' name

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charity.org/cfc



An F-15E Strike Eagle painted in the heritage colors of its P-47 Thunderbolt predecessor takes off from RAF Lakenheath, England, Feb 6. The 48th Fighter Wing officially unveiled the aircraft publicly during a ceremony Jan 31. (U.S. Air Force photo by Tech. Sgt. Matthew Plew) ▲

Refugees from Tutapona, an organization that provides trauma rehabilitation, participate in a community discussion in Adjumani, Uganda. Capt. Benajmin Quintanilla, a 28th Bomb Wing chaplain, visited Adjumani to work alongside Tutapona in January 2019. (Courtesy photo by Candice Lassey) ►

The U.S. Air Force Honor Guard Drill Team debuts their 2019 routine in front of Keesler leadership and 81st Training Group Airmen on the Levitow Training Support Facility drill pad at Keesler Air Force Base, Mississippi, Feb. 8, 2019. They are the nation's most elite honor guard, serving the President of the United States, the Air Force's most senior leaders and performing nationwide for the American public. The team comes to Keesler every year for five weeks to develop a new routine that they will use throughout the year. (U.S. Air Force photo by Kemberly Groue) ▲



Kunsan

- KUNSAN PHOTO CLUB -
Interested in sharing your photography experience with others and exploring Korea along the way? Have a camera, but want to learn how to use it more completely? Then join the Kunsan Photo Club as they delve into the finer qualities of photography where the key concept is: "It's not the camera that makes a great photo, but the photographer." If interested in joining, the group can be found on Facebook, just search for "Kunsan Photo Club."

- WOLF PACK LODGE -
Lodging Space A Policy
Need a break? Got family visiting and

no room to house them? You can book lodging rooms on a space available basis up to 120 days in advance for a maximum of 30 days depending on availability. You can also book reservations for the holiday season (November and December) up to 30 days in advance for a maximum of 15 days. (Depending on availability) Book now for all of those relatives coming for the holiday!

Reservations – Front Desk-DSN 782-1844 or Commercial (82)63-470-1844
FAX: DSN 315-782-0633 Commercial (82)63-470-0633

- SUNDAY SONLIGHT DINNER -
Every Sunday, volunteers from a specific unit cook dinner for their fellow Wolf Pack members at the Sonlight Inn. The dinner begins at 6 p.m. following grace led by a chaplain. Meals range from "breakfast for dinner" to "Italian cooking" to "Southern style." For more information or to volunteer, contact the chapel at 782-HOPE.

- SPONSOR TRAINING -
Learn creative ways to assist newcomers reporting to Kunsan AB. Registration required. Class is held at the Airman and Family Readiness Center. Call 782-5644 for more information, dates or to sign up.

- ROKAF ENGLISH CLASS -
Team 5/6 is looking for volunteers to support the ROKAF English class every Saturday, at the Sonlight Inn. You will be talking to ROKAF Airmen (enlisted) for approximately one hour. This event is open to all ranks! Civilian attire is preferred, however, UOD is allowed. For more information, contact Staff Sgt. Charles Nelson.

- PING PONG TOURNAMENT -
Free to all. Prizes for first and second places. Prizes include Wolf Pack Won. To sign up, dates or for more information, call the CAC at 782-5213 or 4679.

Osan

- WHAT'S HAPPENING - FREE REMEMBRANCE LUNCH: The USO will be hosting a FREE remembrance lunch on the go In honor of Black History Month beginning 1130 Feb. 21. The menu will consist of: Cajun turkey, chicken, chicken breasts, beans and rice, rice, collard and turnip greens, candied yams, cornbread, dinner rolls, tea and various pies. Please come out and celebrate!

UNUSED MRE HEATERS DISPOSITION: MRE Heaters that have NOT been spent or used are classified as a water reactive Hazardous Waste IAW USFK Regulation 201-1, Environmental Governing Standards. Please collect any un-used MRE heaters and turn them into the hazardous waste storage facility at Building 833 (behind Burger King) when convenient. If your facility has a hazardous waste initial accumulation point, they can be collected there. If the MRE heaters are used, they may be thrown away with your regular trash. If you have any questions or concerns, please feel free to contact CE Environmental Office @784-4272 or CE Hazardous Waste Storage Facility (B833) @784-6508

2ND KOREA-US FRIENDSHIP TRADITIONAL GAME COMPETITION: Airmen and family members are invited to the 2nd Korea-US Friendship Traditional Game Competition Feb. 23. All expenses will be covered for participants, including transportation and lunch. The event is first come/first serve for the first 30 people. Recommended attire is athletic clothing suitable for indoor sports activities. The bus will depart from the main gate at 0900 for the

Shinhan gymnasium in Pyeongtaek. The return bus will drop participants off at the gym at 1500. To RSVP or for more information, contact Mr. Kim, Dae Hwan at DSN 784-0852.

7th AIR FORCE ANNUAL AWARDS BANQUET: The 7th Air Force Annual Awards Banquet will be held Feb. 22, at 1800 at the Osan Enlisted Club Ballroom. Ticket sales and detailed information will be available soon. For any questions or concerns, please contact SMSgt Steven Moore at steven.moore.15@us.af.mil or Capt William Fundis at william.fundis@us.af.mil.

INDOOR TRACK CLOSURE: Due to renovations in the basketball gyms, the indoor track at the fitness center will be CLOSED Feb. 23 – Mar. 3 from 0800-1700.

OSAN TAX CENTER: There are several options to access tax assistance this season. Military OneSource MilTax is an excellent resource for filing taxes and is free for all active duty members, available here: <https://www.militaryonesource.mil/financial-legal/tax-resource-center>. Additionally, there are two in-person tax assistance centers in the local area: The Osan Air Base Tax Center, located in the Education Center, Bldg # 789, is supported solely by IRS-trained volunteers and available to active duty members ranks O-1, O-2 and E-1 to E-4 with simple returns. It will open every Tuesday and Thursday beginning Feb. 19. Please call the 51st Fighter Wing Legal Office at 784-4131 to schedule a tax appointment. USAG Humphreys is offering a full service tax center. The number to their tax center is 753-8747.

They are open to all ranks and can assist with foreign income. The following will be required at your appointment:

- W-2s
- Social Security Cards for dependents
- Investment/Banking interest forms
- Student Loan Interest forms
- Health care documentation
- Child Care tax returns
- Bank Account Information (Account Number and Routing Number)

- VOLUNTEER OPPORTUNITIES - OSAN CITY'S ENGLISH PROGRAM FOR MIDDLE SCHOOL STUDENTS: As part of the Good Neighbor Program, 7th AF Public Affairs has been supporting the conversational English program organized by the Osan City Mayor for middle school children in Osan city. The program is in need of volunteers who will assist and teach conversational English to the students for the 2019 first semester. The program occurs every Thursday from March 7 to July 18. Transportation is provided from Checkertails at 1540 and will return 1800 each Thursday. If you are interested in this "Adopt-A-School English Tutoring Program", please contact 7 AF/PA Ms. Yom, Kyong Suk via email kyong_suk.yom.kr@us.af.mil or DSN 784-4724, cell phone 010-4736-7979.

VOLUNTEER FOR PLUR: If you are interested in volunteering to serve the hungry and homeless around Seoul, please come to Seoul Station (Line 1 Exit 2) on Sunday evenings at 1910. We package and distribute meals for approximately two hours – all you need to bring are comfortable shoes and a 10,000 won donation to fund the following week's

food. For more information contact Glen Pfeiffer on Kakao (PfBomb) or visit <https://www.facebook.com/groups/1432791873704382/>

- RECURRING - RESERVE ADVISOR OPPORTUNITY: Are you an inactive Reservist looking to actively serve again? Are you an inactive IMA spouse of someone currently stationed at Osan? Osan AB has a full-time Reserve Advisor on staff to assist you with getting you back on track toward your goal. For more information contact Col. Dave Anderson at david.anderson.86@us.af.mil, or DSN: 315-784-4539.

HISTORIAN FACEBOOK PAGE: Are you curious about your assignment here in Korea or USAF Aviation? Like the Historian, 51st Fighter Wing Facebook Page, <https://www.facebook.com/Historian51FW/>, to see daily posts of historical facts and images, relevant to (in order): the 51st Fighter Wing, Osan Air Base, Korea, US Air Force, all US Armed Forces and personnel plus aviation history.

- PUBLIC AFFAIRS ASSISTANCE - FLYER DISTRIBUTION ON FACEBOOK: If you are running an event and need your flyer posted on the 51st Fighter Wing Facebook page please remember the following: The base cannot promote fundraisers or private organizations. Submit them to the 51 FW/PA org box as a JPG or PNG file; NOT PDFs or PowerPoint files. Ensure the flyer is pleasing to the eye, the Public Affairs office reserves the right to kick back flyers that are missing information or are not fit for posting.

Kunsan's emergency phone numbers			
Emergency Services	911		
Off Base/Cell Emergency	063-470-0911	After-hours medical advice	782-4333
Crime Stop: (to report a crime)	782-5444	IG Complaints FWA Reporting:	782-4850 (duty hours) 782-4942 (anytime)
Base Locator: (after duty hours)	782-4743	Chaplain (After duty hours)	782-6000
Law Enforcement desk	782-4944	Sexual Assault Response Coordinator (SARC)	782-7272
Emergency Leave / Red Cross		782-4601 (on base) 1-800-733-2761 (anytime)	

Osan's emergency phone numbers			
Emergency Services (Fire, Medical, Security Police)	911	Commander's Hotline	784-4811
Off Base/Cell Emergency	031-661-9111	Crime Stop: (to report a crime)	784-5757
Emergency Room:	784-2500	IG Complaints FWA Reporting:	784-1144
Base Locator: (after duty hours)	784-4597	Emergency Leave	784-7000
Force Protection Information Hotline:	115	Sexual Assault Response Coordinator (SARC)	784-7272
Chaplain (After duty hours)	784-7000	Security Forces Control Center	784-5515

SPIRITUAL CHARGE

The Secret to Being Content



William Jamie Braswell
Ch, Lt Col, USAF

Contentment is the state of being at peace and satisfied with your place in life. It is not a life without goals, hopes and dreams but an attitude that accepts your station in life allowing you to thrive. People often find themselves in a state of discontentment when they are unable to accept challenging circumstances and react

positively. We may find ourselves discontented with our duty location, our work environment or our relationship status.

Admittedly, there are times when I fall into this trap of discontentment. Sometimes I am discontented when I crave American comforts. At times like this I am reminded that I need to be mindful of all the blessings and opportunities afforded me by where I am stationed.

Julie Donley, author of “The Four Sources of Discontent” says that America seems to be suffering from an “epidemic of unhappiness”. We have expectations for how our lives should look and how people should behave. Our expectations develop over time and are based on our personal values and experiences. Often, we do not even realize that we have these expectations. Unconsciously, we go about our lives trying to live up to certain standards without realizing who set the standard. When reality differs from our expectations, and it often does, we feel stress or discontentment. This gap between our idea of how life should be and our reality causes us to be unhappy and discontented.

Donley notes four actions that fuel our discontentment. The first is *unrealistic expectations*. Sometimes we would like to rush life along rather than waiting on God’s timing and God’s provision. Unrealistic expectations about progress toward certain goals can cause us to be discontent. The second source of discontentment is *comparing ourselves and our situation to others*. This is a no-win situation because God has a plan for each of us. Furthermore, the person we think who has it all together may be unhappy or hurting on the inside just like us. We all have our own path to walk before the Lord and He will give us the grace to travel down that path. The third source of discontentment is *trying to live up to someone else’s expectations*. It may be your parents’ expectations, a spouse

or a friend but each of us must seek God’s guidance to discover His will for our lives. The final source of discontentment is *never being satisfied with what we have* but always longing for something else. Being mindful and grateful of what one already has is essential to being happy.

So how do we battle discontentment? The Apostle Paul’s prescription is a mindset that controls our attitude. It is found in Philippians 4:8 which says, “*Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.*”

Reminding ourselves of what is true, good, and praiseworthy in our lives is an effective tool to fighting discontentment. When we remind ourselves of the blessings of God already present in our lives, we will find the secret to how Paul said he could be, “...content in any and every situation.” (Phil 4:12)

CHAPEL SCHEDULE

KUNSAN AIR BASE

Protestant Services
Gospel Service
Sunday, 11:30 a.m.
Main Chapel, Bldg. 501
Contemporary Service
Sunday 5 p.m.
Main Chapel, Bldg. 501

Catholic Services
Sunday Catholic Mass
Sunday, 9:45 a.m.
Main Chapel, Bldg. 501
Daily Mass and Reconciliation
Please call the Chapel

Other Worship Opportunities
LDS Service
Sunday, 1:00 p.m.
SonLight Inn, Bldg. 510

Point of Contact:
Kunsan Chapel, 782-HOPE

Visit us on SharePoint:
<https://kunsan.eis.pacaf.af.mil/8FW/HC>

OSAN AIR BASE

Protestant Services
-Community Service @ 1030
-Gospel Service @ 1230
Regular Occuring Ministries:
PYOC: (Middle School & High School Students)
- Mondays—1830-2000 @ Chapel
Spiritual Fitness Center.
PCOC: (AWANA)
- Wednesdays @ Chapel. Age 3 to 6th grade meet 1800 -1930 & grades 7th-12th meet 1700-1800 .
PMOC: (Men)
- Tuesdays - 1830 @ Chapel Annex.
PSOC: (Singles & Unaccompanied)
“Osan Hospitality House”
- Bible Studies:
*Saturdays - 1900 @ Hospitality House. Dinner is provided.
Sundays - 1700 @ Community Center, Classroom #3.
- Game Night:
*Fridays - 1900 @ Hospitality House. Dinner is provided.
*Van pickup: Fridays: Chapel @ 1730, Mustang CTR @ 1735.
Saturdays: Chapel @ 1830, Mustang CTR @ 1835.
PWOC: (Women) “PWOC Osan AB”
- Mondays 1800-2000, Tuesdays 0845-1100 @ Chapel Annex (Child Watchcare provided) & Sunday 1600-1730 @ Posco Apartments .
MOPS: Join us for OSAN MOPS!
- Meet twice a month on Wednesday @ the Chapel Annex
Contact: osanmops@gmail.com

Apostolic Pentecostal
Apostolic Connection Church
Bible Study: Osan Chapel Sanctuary,
Mondays 7PM-8PM

Catholic Mass
Weekend Masses
Saturday Mass (Sunday obligation), 5 p.m.
Saturday, Also Confessions, 4 p.m.
Sunday Mass, 8:30 a.m.
Tuesday -Thursday Mass, 11:30 a.m.
Friday Mass, 5 p.m.
Catholic Ministries
Catholic Religious Education
Sunday, 10-11 a.m., Chapel annex
Korean Prayer group
Tuesday, 9:30 a.m.,
Blessed Sacra Chapel
Faith formation class/bible study
Wednesday, 6:00 p.m., Chapel annex
Catholic Men of the Chapel (CMOC)
Wednesday, 7:00 p.m., Chapel annex
Catholic Women of the Chapel (CWC)
Thursday, 5:30 p.m., Chapel annex hall
Catholic Family social meal (Free)
Friday, 6-7:30 p.m., Chapel annex hall
Catholic Family social meal (Free)
Saturday, 6-7:30 p.m., Chapel annex hall
Knights of Columbus & Baptism classes
Meet monthly, Pls call 784-5000
Other Faith Groups
Earth-Based (Contact the Chapel)
Jewish (Contact the Chapel)
Muslim (Contact the Chapel)
Buddhist (Contact the Chapel)
LDS Sunday, 1 p.m., Contact the Chapel

Point of Contact:
Osan Chapel, 784-5000
Visit us on SharePoint:
<https://osan.eim.pacaf.af.mil/51FW/51FW-HC/default.aspx>
Visit us on Facebook (OSAN AB CHAPEL)
<https://www.facebook.com/OsanABChapel>

USAG-YONGSAN

Protestant Services
Traditional Service
Sunday, 9:30 a.m.
Memorial Chapel, Bldg 1597
Sunday, 9:30 a.m.
Brian Allgood Hospital Chapel
Contemporary Service
Sunday, 9 a.m.
South Post Chapel, Bldg 3702
Sunday, 10:30 a.m.
K-16 Chapel
Nondenominational Service
Sunday, 11 a.m.
South Post Chapel, Bldg 3702
Gospel Service
Sunday, 1 p.m.
South Post Chapel, Bldg 3702
Pentecostal
Sunday, 1:30 p.m.
Memorial Chapel, Bldg 1597
Latter Day Saints (LDS)
Sunday, 4 p.m.
South Post Chapel, Bldg 3702
Seventh-Day Adventist
Saturday, 9:30 a.m.
Brian Allgood Hospital Chapel
KATUSA
Tuesday, 6:30 p.m.
Memorial Chapel , Bldg 1597

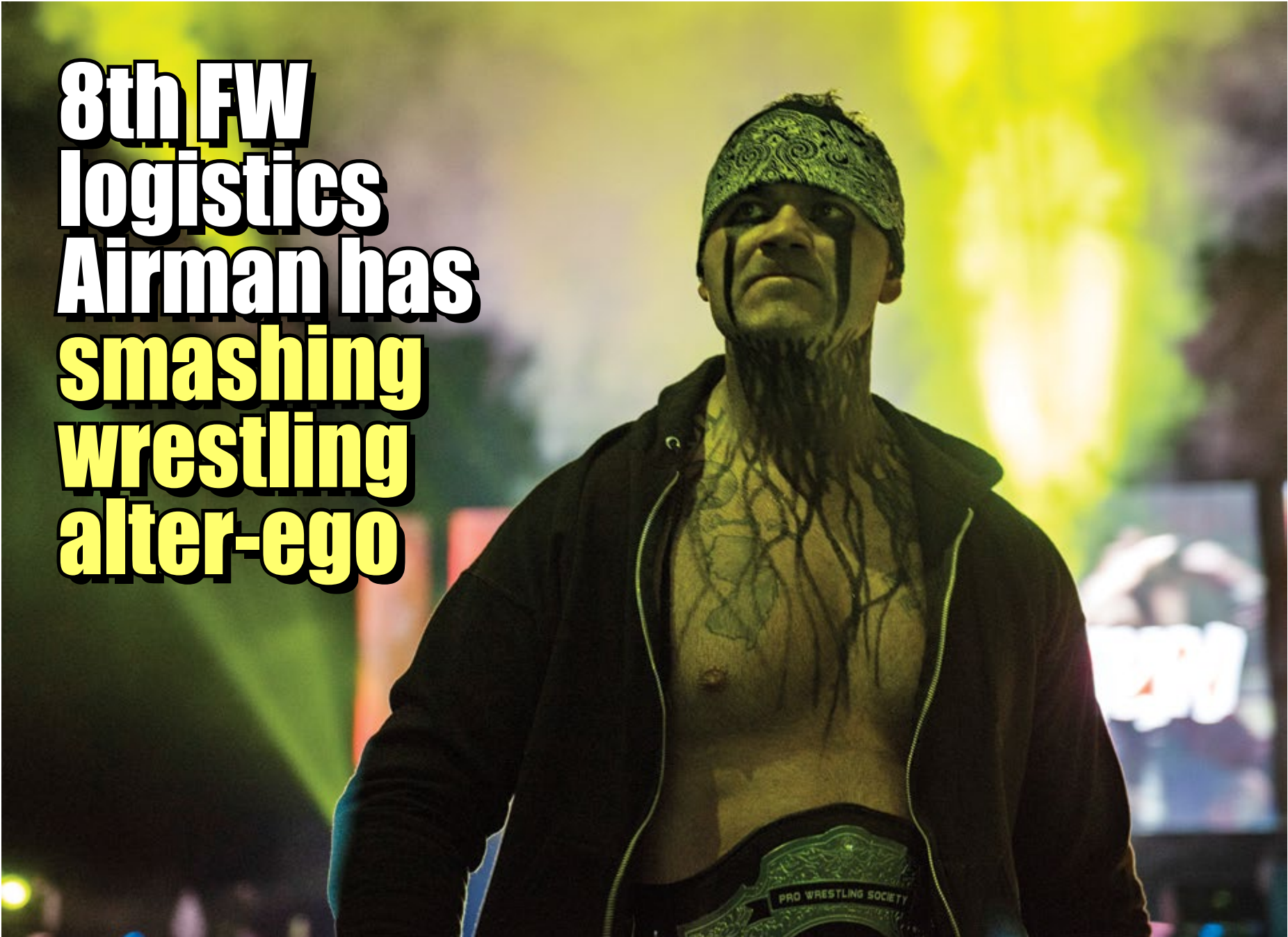
Catholic Mass
Sunday, 8 a.m.
Memorial Chapel, Bldg 1597
Sunday, 11:30 a.m.
Memorial Chapel, Bldg 1597
Saturday, 5 p.m.
Memorial Chapel, Bldg 1597
1st Saturday, 9 a.m.
Memorial Chapel, Bldg 1597
M/W/T/F, 11:45 a.m.
Memorial Chapel, Bldg 1597
Tuesday, 11:45 p.m.
Brian Allgood Hospital Chapel

General Service
Episcopal Service
Sunday, 11 a.m.
Brian Allgood Hospital Chapel

Jewish
Friday, 7 p.m.
South Post Chapel, Bldg 3702



Point of Contact:
USAG Yongsan Religious Support Office, 738-3011
Visit us on SharePoint:
<http://www.army.mil/yongsan>



**8th FW
logistics
Airman has
smashing
wrestling
alter-ego**

U.S. Air Force Tech. Sgt. Gregory Gauntt, 8th Logistics Readiness Squadron non-commissioned officer in charge of fuels knowledge operations, walks out to a wrestling ring in Pyeongtaek, Republic of Korea, Feb. 9, 2019. Gauntt’s wrestling persona is known as Ryan Oshun, and he has been wrestling with that name for more than seven years. (U.S. Air Force photo by Senior Airman Stefan Alvarez)

**By Senior Airman Stefan Alvarez
8th Fighter Wing Public Affairs**

KUNSAN AIR BASE, Republic of Korea -- Every Airman in the Air Force has a hobby. Some people are more animated than others when it comes to their pastimes, and in this case, an 8th Fighter Wing Airman definitely has most people beat.

“I’ve always wanted to wrestle since I was a kid,” said Tech. Sgt. Gregory Gauntt, 8th Logistics Readiness Squadron non-commissioned officer in charge of fuels knowledge operations. “I was 17 when I told my parents that I wanted to go to professional wrestling school. They told me I wasn’t going to live with them if I decided to pursue that, so I joined the Air Force instead.”

For Gauntt, the journey started in San Antonio, Texas, where he started amateur wrestling while stationed at Joint Base San Antonio-Lackland. Once he got his first taste of real wrestling, he knew he wanted more.

“It wasn’t until 11 years later that I found my opportunity to get into wrestling,” said Gauntt. “I was in Texas working as a military training instructor when I started training with a wrestling center in San Antonio, and I’ve been doing it since then wherever I’ve been stationed.”

Now, Gauntt’s day job consists of being in charge of official correspondence and an array of programs for his flight at Kunsan.

- Continued on page 17 -



U.S. Air Force Tech. Sgt. Gregory Gauntt, 8th Logistics Readiness Squadron non-commissioned officer in charge of fuels knowledge operations, power slams his opponent during a wrestling match at Pyeongtaek, Republic of Korea, Feb. 9, 2019. Gauntt goes by the name Ryan Oshun for professional wrestling and is currently one of two heavyweight champions on the Korean Peninsula. (U.S. Air Force photo by Senior Airman Stefan Alvarez)

UN First Battle Museum

By Dr. Cord Scott, UMUC Asia Professor

Located near the Sema stop, a mere three to the north of Songtan station, is a small building at the top of a hill. While those passing may notice a few static displays of military vehicles, the location belies a storied history that ties to Osan base, as well as to the history of the Korean War.

It was in the early morning hours of July 5, 1950 that the first UN coordinated shots were fired in defence of the ROK. While the battle may be lost to time, the significance of the first battle of Osan is one for the ages.

From June 25, 1950, the DPRK forces had pushed forward with a frightening speed. This was in part due to backing by the Soviet Union, and was a clear violation of the UN agreement of the 38th parallel as part of an eventual reunification effort. While the Soviets provided advisors and material for the DPRK, the US had a skeleton force of at times a mere 500 servicemen on the entire peninsula.

When the attack was in full swing, and the ROK pleaded with the UN for military assistance, the US assembled a hastily formed defence, dubbed Task Force Smith. It was this group, led by Lt. Col Charles Smith, that held the ground on this spot.

The battle raged for several hours in the rain, and eventually Smith ordered a retreat. While the fighting was brutal – 181 of the 540 men were killed or declared missing – the resolve of the Americans and S. Koreans bought enough

time for further forces to be assembled and sent to Korea for the larger battles ahead.

The museum was also chosen for not only the sight of the battle, but also for its proximity to the memorial marker which is across the street. The original was dedicated in 1955, and has been refurbished over the years.

The museum itself is simple but effective. There is a large UN statue and plaque near, and the equipment is from the era. Inside the museum, which is free, the main floor caters to speakers. The second floor is where the history of the battle is detailed.

The first room describes in brief how the war came to be. In the next three rooms there is a discussion of the formation of Task Force Smith, which was assembled from part of the 21st Regiment (24th Division) which had been on field exercises in Kyushu, Japan. The auditorium area has an interesting 3-d depiction of the movements of the battle of Jukmiryeong, as the battle of Osan is more formally known. The last room features some of the personal stories of the 540 US service personnel who fought in the battle.

For many who are in Korea, the history of the



war looms large, but it is not the only defining factor. Nor was it simply one of the ROK and US forces. As one travels around S. Korea, the significance of the UN contribution cannot be overlooked. It is to this overall effort, that this small museum sits atop a hill overlooking the construction of an Osan rebuilt from the ashes of war, into a powerhouse.

Air Force formalizes policy on retention of non-deployable Airmen

By Secretary of the Air Force Public Affairs

Echoing Department of Defense policy on military retention of non-deployable service members, the Air Force implemented its guidance in a memo signed 19 Feb. 19.

Airmen who have been non-deployable for more than 12 consecutive months will be notified by their chain of command and evaluated for retention either through referral to the Disability Evaluation System or consideration for administrative separation.

Air Force leaders signed a memo charging every Airman to be fit for duty and maintain a wartime mission-capable status.

To be wartime mission-capable, Airmen must:

- meet individual medical readiness standards, to include medical, dental, and physical components,
- be able to execute the wartime mission requirements of their respective career fields, to include technical, educational, and physical proficiency,
- be current on the Physical Fitness Assessment, and

• be considered a satisfactory participant in Air Force Reserve and Air National Guard duties, as applicable.

“We expect all Airmen to exercise personal accountability for their deployable status and to take the necessary steps to maintain their readiness,” stated the memo signed by the Secretary, Chief of Staff and Chief Master Sgt. of the Air Force. “Commanders will ensure Airmen understand what is required and ensure the necessary resources are available to achieve our goal of a 95 percent or higher deployable rate within their units. The defense of our nation requires Airmen and the Air Force be ready to deploy at all times.” Airmen who are pregnant or post-partum, Airmen in a training or transient status, Airmen who are deployable with limitations, and Airmen filling positions exempted by the Secretary of Defense are exempt from this policy. Additionally, the new Air Force policy lists Adoption, Humanitarian Assignment, legal action, Sole Survivor/Surviving Family Member/Deferred from Hostile Force Zone, Conscientious Objector, Absent Without Leave, or Pending Administrative Separation as categories that are exempt from retention

determinations.

For some Airmen, being fit for duty means deploying to an austere environment at a moment’s notice; for others, it means being fit to execute wartime missions from home station. In both scenarios, commanders remain responsible for ensuring their Airmen are fit for duty.

The Office of the Assistant Secretary of the Air Force for Manpower and Reserve Affairs will serve as the final retention approval authority for all Airmen except those who have been wounded in combat. Only the Secretary of the Air Force may disapprove retention requests for combat-wounded Airmen who have been evaluated through the Disability Evaluation System and whose reason for being non-deployable is a result of their combat wounds.

“As a member of the profession of arms, all Airmen must be ready to execute their wartime missions,” said Shon Manasco, Assistant Secretary of the Air Force for Manpower and Reserve Affairs. “Retaining Airmen who meet our standards to deploy is a top priority.”

For more information, Airmen should visit myPers or call the Air Force Personnel Center’s Total Force Service Center.

- Continued from page 15 -

He manages several award programs for fuel Airmen recognizing them for their performance such as “Fueler of the Month” and “Runner of the Month.” But some nights, his role changes completely. Gauntt takes on a persona called “Ryan Oshun,” a professional wrestler and one of two heavyweight champions on the Korean Peninsula.

“Believe it or not, it wasn’t difficult to get into wrestling in Korea,” Gauntt said. “Overseas, especially in Asia, it’s hard for them to find American wrestlers, particularly bigger ones. I had worked with the promoter here beforehand so it was as simple as messaging him, slowly coming to shows, and building myself up here. Before I knew it, I was heavyweight champion of Korea.”

After seven years, Gauntt’s love for wrestling has only grown, despite overcoming some challenges early on. He found comfort in the brotherhood the wrestling community has to offer, similar to one often found in the military.

“When I first started wrestling, it hurt and I almost quit a few times because you get put down a lot when you mess up,” Gauntt said. “One of the things my trainer told me is, ‘There’s a very military-esque vibe to wrestling.’ We in the military deploy and the people you deploy with are your brothers. With wrestling you’re

with roughly 60 percent of the same guys all the time and you form a brotherhood with them.”

Gauntt’s military obligations never held back his passion and commitment for wrestling, and his leadership often supports and encourages him to stay invested. Wrestling gives him an outlet to express his personality in ways he normally wouldn’t be able to.

“Having the ability to be who I want and basically amplify my personality in the ring is my favorite part,” said Gauntt. “I get to do and say things I would never be able to outside of wrestling... because it’s part of the show. I think that’s the coolest part about what I do.”

Gauntt is currently defending his championship while stationed at Kunsan, and will appear in more matches throughout his tour. In Korea, though his official persona is “Ryan Oshun,” he is nicknamed “The Jersey Devil” as a reference to his home state. Gauntt wants to continue wrestling for as long as he can, while continuing to serve in his daytime capacity—as an Air Force Airman.

U.S. Air Force Tech. Sgt. Gregory Gauntt writes down notes at Kunsan Air Base, Republic of Korea, Feb. 13, 2019. As NCOIC of knowledge ops in fuels, Gauntt manages programs that highlight Airmen in the flight such as “Fueler of the Month.” (U.S. Air Force photo by Senior Airman Stefan Alvarez) ►



U.S. Air Force Tech. Sgt. Gregory Gauntt celebrates after winning a wrestling match in Pyeongtaek, Republic of Korea, Feb. 9, 2019. Gauntt goes by the name Ryan Oshun for professional wrestling and is currently one of two heavyweight champions on the Korean Peninsula. (U.S. Air Force photo by Senior Airman Stefan Alvarez) ▲



►► SMOKING SAFETY ◀◀

According to the National Fire Incident Reporting System for 2018, we had 128 dumpster or garbage fires in the Air Force. These fires are absolutely preventable!

If you smoke or live with someone who smokes, learn the facts. A lit cigarette accidentally dropped onto a chair or bed, hot cigarette ashes or matches tossed away before they are completely extinguished can ignite a fire in seconds.

Smoking & Home Fire Action Steps:

- If you smoke, smoke at the designated area.
 - Whenever you smoke, use deep, sturdy ashtrays.
 - Keep matches and lighters up high out of children's sight and reach.
 - To prevent a deadly cigarette fire, you have to be alert. You won't be if you are sleepy, have been drinking, or have taken medicine or other drugs.
 - Before you throw out butts and ashes, make sure they are out, and dousing in water or sand is the best way to do that.
 - Never smoke in a home where oxygen is used.
- (Ref: U.S. Fire Administration)

Smoking in Air Force facilities is prohibited in most cases. (Ref: AFI 40-102, Tobacco Use in the Air Force) All areas will be considered “NO SMOKING” areas unless a “DESIGNATED SMOKING AREA” sign is posted.

Any questions, feel free to reach out to Fire Prevention Office at 784-4834 or 4835.



24 Solar Terms (Part 2)

1. Ipchun

By KyongHui “Jennie” Pae

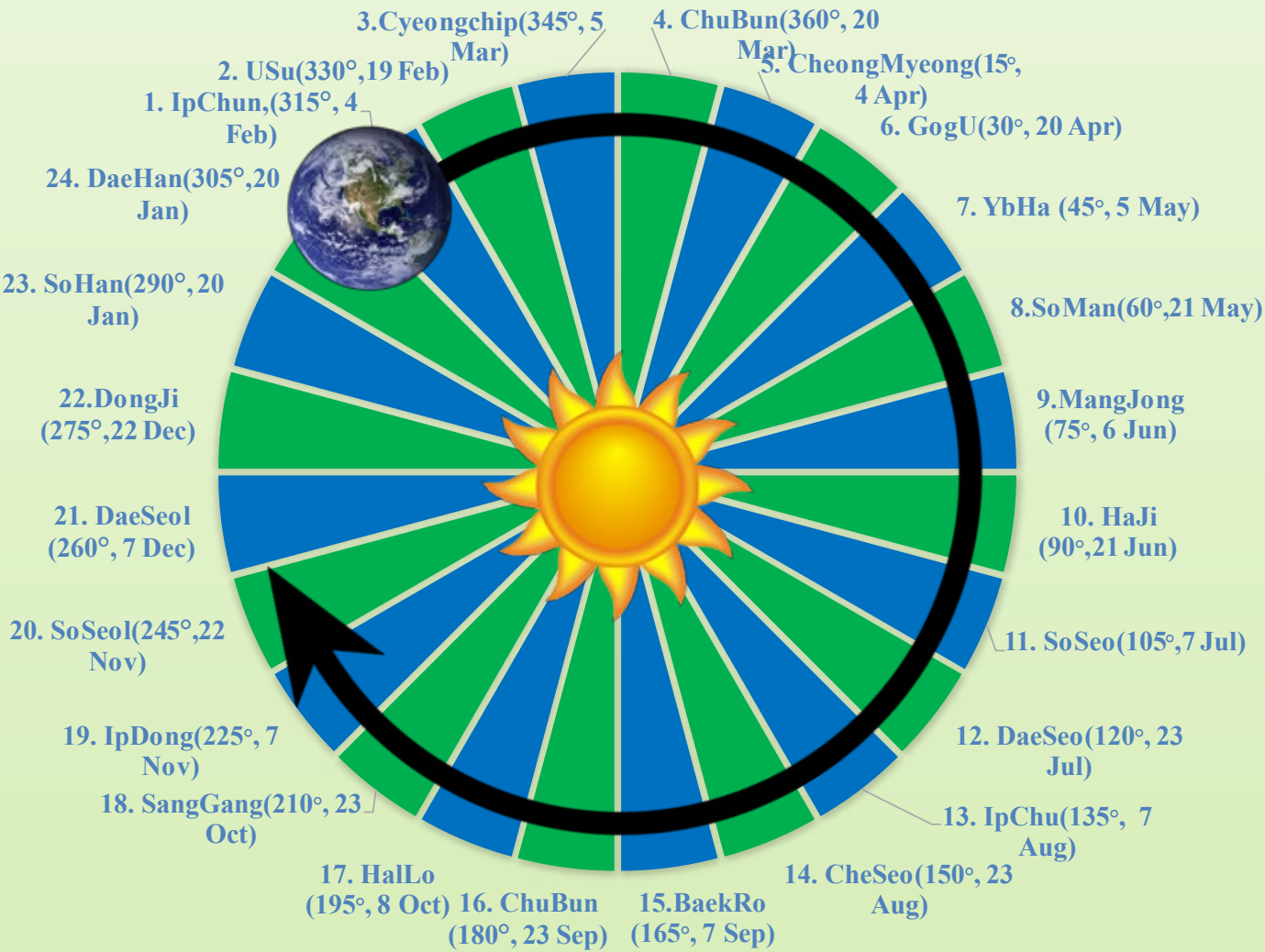
Ipchun means the beginning of spring. The sun’s ecliptic reaches 315 degrees. During the 24 solar terms, IpChun is around February 4 in the solar calendar, which marks the beginning of spring, and falls on the lunar calendar in January to February. In the old days, there is a custom of putting up calligraphic notes to wish for a prosperous new year.

They also predicted farming with barley root and its strands. In ancient times, people divided the 15th day of IpChun into 5 days and talked about the change of season. For the first five days, the east wind blew and the frozen ground melted, and on the next five days, hibernating worms began to move, and the last five days, fish roamed under the ice. Although IpChun is the beginning of spring, the cold is still strong as winter.



Number: Order in Solar Season
Season’s Name
(Ecliptic Degree, Start Date)

24 SOLAR TERMS



Enjoy Cultural Arts in Seoul!

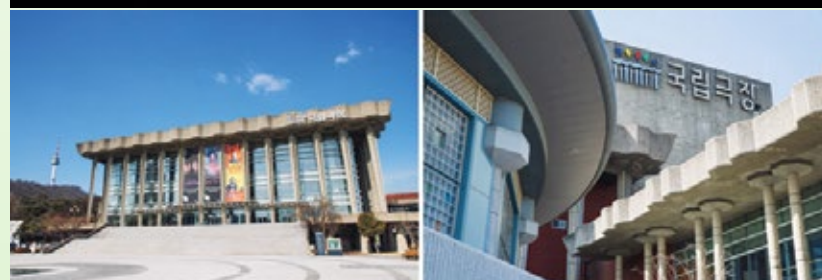
(part 1)

For all you culture vultures, here is an all-in-one guide to the representative cultural art centers in Seoul! If you have spare time in your schedule or just need a break from touring around the city, consider visiting a performance hall or an art museum. Diverse performances and arts will not only present you with memories, but will nourish your soul!

Opera House at Seoul Arts Center ▼

Seoul Arts Center offers world-class theater facilities for outstanding performances. The center holds cultural art events in a multitude of genres throughout the year. The signature building of the center is the Opera House, with its unique architectural design like that of a traditional Korean hat. The Opera House stages all kinds of performances, holding on to the true essence of performance arts. In addition to the Opera House, Seoul Arts Center is home to a concert hall, Hangaram Art Museum, Hangaram Design Museum, and Seoul Calligraphy Art Museum.

Address: 175, Sejong-daero, Jongno-gu, Seoul



Theater representing Korea, the National Theater of Korea ▲

Established in 1950 as Asia's first national theater, *National Theater of Korea* presents diverse performances spanning Korea's traditional arts, ballet and opera performances. World renowned performance groups and organizations from overseas often hold performances here as well. The theater is composed of Haeoreum Theater, the main hall (temporarily closed for remodeling); Daloreum Theater, a smaller theater; Byeoloreum Theater, designed for original performances; and Haneul Theater, an outdoor stage. National Theater of Korea is especially popular among tourists due to its location near Namsan Seoul Tower and Myeong-dong. The theater is just a 20-minute bus ride from either of these popular attractions.

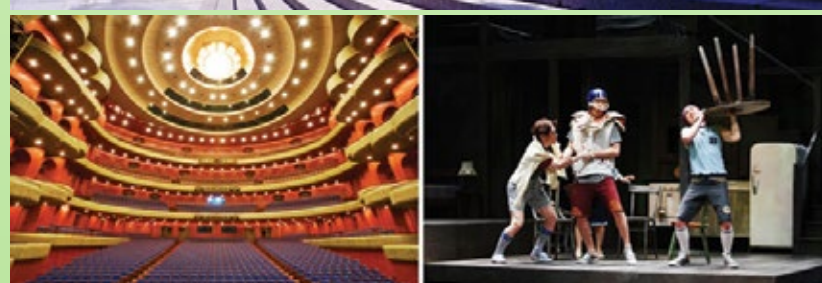
Address: 59, Jangchungdan-ro, Jung-gu, Seoul



Seoul's Multi-complex Culture Center, Sejong Center ►

Korea's unique traditional architecture is merged with modern design to create the grand yet elegant appearance of Sejong Center. *Sejong Center* holds a variety of performances of diverse genres including traditional Korean, classics, and even crossovers. The main theater, Grand Theater, has a wide stage equipped with the largest pipe organ in Asia. Sejong Center is a popular attraction among tourists as it is located across from Gwanghwamun Square and Gyeongbokgung Palace.

Address: : 175, Sejong-daero, Jongno-gu, Seoul



Misawa vet takes care of man's best friend

By 1st Lt. Jeremy Garcia
35th Fighter Wing Public Affairs

MISAWA AIR BASE, Japan --

The 35th Security Forces Squadron has 10 military working dogs stationed at Misawa Air Base, aiding in the safety and security for Team Misawa. Just like our Airmen, these dogs have routine medical checkups to ensure they remain fit to fight. Rachel Hixenbaugh, a Misawa Vet Clinic animal health assistant, tends to these dogs, ensuring their health is up to standards.

"I love working with animals," said Hixenbaugh. "It's really fun and fulfilling for me to work with these patients and keep them as my clientele."

She started at the Misawa Pet Kennel as a volunteer and made her way to the Misawa Vet Clinic in the summer of 2017. This isn't her first time in a clinic, though; she's worked with animals for the past 12 years.

"I missed animals and the medical aspect of taking care of them," explained Hixenbaugh, as she described her transition from the pet kennel to the vet clinic. "I love participating in the surgeries and dental cleanings for the dogs, and I wanted to educate people on what it took to actually own and care for a pet."

The Hawaii-native explains some people are not prepared for the many responsibilities associated with pet ownership. As a result, she does her best in explaining the needs of different breeds to those considering buying a dog.

"She is on top of things, and she's been a ton of help around the clinic, especially covering noncommissioned officer work when we didn't have one," said Capt. Kevin Smith, the Misawa veterinarian. "She's always willing to jump in and do whatever it takes to help."

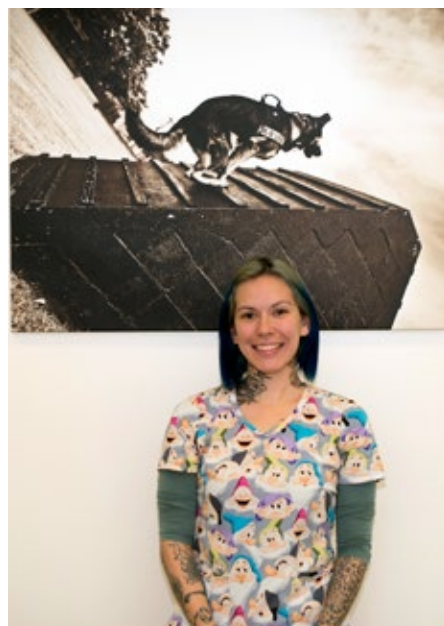
Hixenbaugh has a passion for working with all kinds of dogs, but she empathizes with military working dogs because of their potential to be aggressive.

These dogs are responsible for detecting explosive ordnance and drugs and conducting perimeter checks with their handlers, which requires them to be disciplined and obedient.

"I really like working with aggressive dogs because most of them are misunderstood," said Hixenbaugh. "If you actually take the time to work with them and be patient with them, you'll see a whole other side of the animal you did not



Rachel Hixenbaugh, a Misawa Vet Clinic animal health assistant, gives a kiss to an elderly pug after administering a shot to the animal at Misawa Air Base, Japan, Jan. 18, 2019. (U.S. Air Force photo by 1st Lt. Jeremy Garcia)



know existed."

Hixenbaugh is a pillar of stability for military members and their animals because she has shown them she can be trusted with their pets.

"A lot of the families here at Misawa appreciate her as the familiar face," said Smith. "In the military, things change often, and it's nice for people to have a vet they know and trust with their animals."

Hixenbaugh dedicates her life to taking care of animals and continues to do so, even when she is not at the clinic; she has 10 animals of her own between her home in Hawaii and here.

"There are so many abused and neglected animals, but when we give them attention and love, we see the change," said Hixenbaugh. "That means a lot to me; there is something about it that's very healing."



Rachel Hixenbaugh makes Basco, the dog, guess which hand holds the dog treat at Misawa Air Base, Japan, Jan. 18, 2019. Hixenbaugh offered the dog a treat after Basco's visit to the clinic. (U.S. Air Force photo by 1st Lt. Jeremy Garcia)