

U.S., Singapore, Thailand wrap up field training exercise

By Staff Sgt. Melanie Hutto Pacific Air Forces Public Affairs

KORAT ROYAL THAI AIR FORCE BASE,

Thailand -- The 25th iteration of Cope Tiger, a multilateral field training exercise executed by U.S., Royal Thai and Republic of Singapore air forces, concluded with a closing ceremony attended by the U.S. Pacific Air Forces commander, RTAF commander-in-chief, and RSAF chief of staff-air staff at Korat Royal Thai Air Force Base, Thailand, March 22, 2019.

The three leaders arrived at Korat together to see the combined forces in person, talk to Airmen from their respective services and describe the importance of what they accomplished.

"Thank you for all the hard work to make this exercise a success," said U.S. Air Force Gen. CQ Brown, Jr., PACAF commander, speaking to the U.S. contingent. "This builds on the interoperability between our three nations and helps to ensure we maintain a free and open Indo-Pacific."

Throughout the two-week exercise, the three services flew a combined total of 776 sorties, executing air superiority, command and control, close air support, interdiction, electronic warfare, tactical airlift, and airborne command and control mission sets.

Of those 776 sorties, the 14th Fighter Squadron from Misawa Air Base, Japan, executed 136 and reintroduced suppression of enemy air defenses to the exercise for the first time in more than 20 years.

- Continued on page 9 -









Airmen, soldiers enhance physical, spiritual resilience

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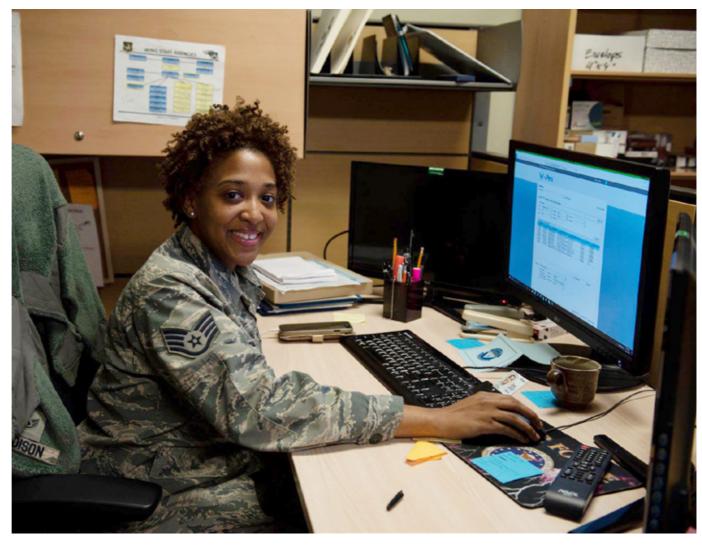
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8th FW Airman named AF Winner of Vaught Visionary Leadership Award



U.S. Air Force Staff Sgt. Jasmine Madison, 8th Comptroller Squadron command support staff, poses for a picture at Kunsan Air Base, Republic of Korea, Feb. 27, 2019. Madison was named the Brigadier General Wilma Vaught Visionary Leadership Award for her work on and off duty at Kunsan Air Base. (U.S. Air Force photo by Senior Airman Savannah Waters)

By Senior Airman Stefan Alvarez 8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea -- Leadership is not something that can be easily learned, but some people are born natural leaders.

Created in honor of Brig. Gen. Wilma Vaught, the award recognizes service members and civilians who have exhibited innovation, commitment and a selfless spirit of service to others while inspiring and significantly improving the integration of and opportunities for women in the Air Force.

The award was created to recognize Airmen and civilians who have shown an exceptional spirit of selflessness while serving and inspiring others.

The 8th Fighter Wing's very own Staff Sgt. Jasmine Madison of the 8th Comptroller Squadron command support staff, fits the bill for this prestigious award. Her exceptional work ethic and care for her customers recently landed her the Air Force 2019 Brigadier General Wilma Vaught Visionary Leadership Award.

"SSgt Madison is a stellar and selfless Airman. Her work ethic, coupled with these characteristics, made her a clear candidate for this award," said Senior Master Sgt. Danielle Brown, 8th Comptroller Squadron superintendent.
"Between all of her volunteering, and organizing events for the base such as the 'women empowering women' symposium, she more than deserved a chance at winning the award."

While Madison was surprised by the acknowledgement, her focus is helping Airmen in any way she can.

"I deal with the personnel side of service members' careers, and I love the customer service aspect of my job because I get to serve others," said Madison. "Brig. Gen. Vaught was a comptroller herself, and I'm honored and excited to have received this award."

Madison is responsible for all of 8th Fighter Wing Staff, which

encompasses personnel from the wing's comptroller squadron, plans and programs division, legal office, chaplain services, safety personnel, command post, inspector general office, equal opportunity staff, public affairs office, protocol support staff and office of the Sexual Assault Response Coordinator.

All of these groups are vital to the 8th Fighter Wing's mission, and Madison is equally vital in making sure all of their records and processing are squared away. Every day, she brings her best to the table and handles any issues or queries that they might have.

"Whether it's an Airman's education, evaluations, decorations, or anything regarding their career, I want to help bring peace of mind to service members," said Madison. "The military isn't for everyone, but for me it was the best choice I could make. I have learned a lot, gained stability and independence. The Air Force has been a very big blessing in my life."

Kunsan Airman marches in Bataan Memorial Death March

By Staff Sgt. Joshua Edwards 8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea -- More than 8,500 people headed to White Sands Missile Range, N.M., for the 30th annual Bataan Memorial Death March, March 17, 2019, with one of the 8th Fighter Wing's very own making the trek.

Senior Master Sgt. Ruby Tilley, 8th FW command post command and control operations superintendent, participated in the military heavy category which involved wearing her uniform and carrying a 35-pound rucksack.

"I wanted to go all out," said Tilley. "To be able to have the 8th Fighter Wing patches out there and carry that full pack with all the other service members as well, I just had to do it that way. The hardest way."

The Army hosts this 26.2-mile march through the desert to honor World War II American and Filipino soldiers who were forced to march 65 miles through a jungle, while enduring torture by the Imperial Japanese Army. While making the march, the soldier carried heavy loads and thousands perished along the way.

"As you walk through the desert terrain here, and you find yourself struggling today to get to the next water point or to overcome the pain in your body, remember what these great American and Philippine allies endured, knowing that when they reached the end of that march there would be more pain, suffering and possibly death," said Col. Chris Ward, White Sands Missile Range Garrison Commander, during the opening ceremony. "Tap into their courage to keep marching and to finish."

Tilley recounted just what it took for her to get from the start the finish.

Mile 6: "The first few miles went really well. I stopped to take care of my feet. I changed my socks, hydrated, snacked and got back out on the trail again. Some of the guys stationed here had already done it, and the number one thing they told me was, 'no matter what take care of my feet."

Mile 8: "This is where I started to blister. My knees started hurting, and I was like, don't think about it, don't focus on it, just keep pushing. I knew the pain I was feeling came along with what i was doing. It wasn't going to kill me. It wasn't going to be permanent. It was just something I had to push past."

Mile 18: "I hit a wall. I just stopped and thought, I can do this. I was in absolute pain. I was in so much pain that I didn't think I could go much further without stopping more. It would be like a hard rough mile before wanting to stop and check my feet or stop and do something else."

Mile 20: "I started texting family and friends that I didn't know if I could do this. I have 6.2 miles left, and I'm in so much pain. I was just feeling sorry for myself. A good friend of mine from Kunsan knew I was out there doing this, and they text me letting me know, 'You can do it. Just do one step at a time."

Mile 23: "I met this Airman and she had broken down. She said that she hadn't done this before, and she felt like she wasn't getting anywhere. She was in tears. Medical was approaching, and I thought they were going to call it. It made me lose focus on myself and realize there is someone here who needs help. She is struggling and she wants to finish, but she is mentally exhausted and so am I. We sat there for five minutes and cried for a little bit, then we got up and thought we can do this, we can finish this."

Mile 24: "She stopped and stayed there with medical and got her feet checked out. I had to just keep pushing. I just thought I had a few miles left. It wasn't easy but everyone on those last few miles were encouraging each other. It sounds like we are running, but we were literally dragging our feet walking the slowest pace you could imagine. The last file miles probably took a solid hour and half to finish."

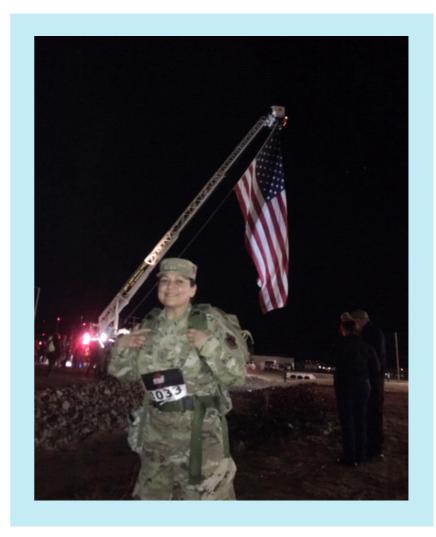
Finish: "I kept thinking about the purpose of the march. Here I was with this pack and water stations and snacks, but thousands of men were on this march with nothing. They carried each other through that entire ordeal. I thought, just push through this in honor of them. It didn't matter what happened, I was going to finish that march."

After she finished, Tilley ran into the Airman she had helped earlier. With the help of their fellow Airman, both Tilley and the individual she aided were able to achieve their goals of completing the march.

"This event took so much from me," said Tilley. "It was extremely emotional to me. It was an honor and it changed my life."



U.S. Air Force Senior Master Sgt. Ruby Tilley, 8th Fighter Wing command post command and control operations superintendent, starts (bottom) and reaches (top) mile 26 for the 30th annual Bataan Memorial Death March in White Sands Missile Range, N.M., March 17, 2019. Tilley completed the march while wearing a 35 pound rucksack. (courtesy photo)





U.S. Air Force Band of the Pacific spreads joy through song

By Tech. Sgt. Heather Redman Pacific Air Forces Public Affairs

LANGKAWI, Malaysia -- While all eyes are set on the skies for the Langkawi International Maritime and Aerospace Exhibition 2019, the Air Force Band of the Pacific, from Joint Base Pearl Harbor-Hickam, Hawaii, drew their own crowd as they entertained guests across Langkawi, Malaysia from March 25-30, 2019. Their performances spanned a wide scope, from dignitaries to children and community elders to statesmen. The nine-person ensemble played six concerts with a medley of songs ranging in genres from the current top 40 to classic rock.

"Our mission here is to help strengthen our partnership with Malaysia," said Tech. Sgt. Patrick Brush, U.S. Air Force Band of the Pacific trumpet player. "We support our partnership here Langkawi through three avenues. First is through the LIMA airshow by playing music for the crowds on behalf of the Malaysian government; the second is via community outreach by performing concerts in the local area, and finally by meeting distinguished visitors and government officials."

Malaysia is a significant regional partner to the U.S., and together they share a diverse and expanding partnership in trade, security,



The U.S. Air Force Band of the Pacific performs during a concert at Underwater World in Padang Mat Sirat, Malaysia, March 27, 2019. The band performed several concerts across Langkawi, Malaysia to support the partnership between the U.S. and Malaysia. As musical ambassadors, members of the band can reach audiences that traditional military members can't. They travel the world to build cultural bridges, and honor and preserve cultural heritage. (U.S. Air Force photo by Tech. Sgt. Heather Redman)



Senior Airman Guy James, U.S. Air Force Band of the Pacific guitarist, plays a concert at Underwater World in Padang Mat Sirat, Malaysia, March 27, 2019. The band performed several concerts across Langkawi, Malaysia to support the partnership between the U.S. and Malaysia. As musical ambassadors, members of the band can reach audiences that traditional military members can't. They travel the world to build cultural bridges, and honor and preserve cultural heritage. (U.S. Air Force photo by Tech. Sgt. Heather Redman) ◀



environmental cooperation, as well as educational and cultural relations.

To enable the continued goodwill between the two countries, the band uses a persuasive approach to enhance international relations and build crosscultural trust.

"Music is the international language that everyone can recognize," said Brush. "It is the vehicle we use that allows us to connect with our partners and come together, as it overcomes cultural barriers."

The Air Force Band of the Pacific, stationed at Joint Base Pearl Harbor-Hickam, is one of two bands in the United States Air Force that covers the Indo-Pacific region. With an associate unit in Japan, their influence spans 36 nations spread across 53 percent of the Earth's surface with more than 1,000 unique languages spoken.

Sometimes, connecting with the audience means band members have to step out of their comfort zone.

"Our lead singer, Staff Sgt. Rachel Wilson, performed the Malaysian National Independence Day song," said Brush. "That song gained the biggest reaction from the crowds, drawing in people and getting them to sing along. Rachel learned and sang it in Malay, and I feel it helped them understand that we are interested in them and we care about continuing to build a relationship with our partner nation."

The U.S. Air Force has used music for decades as an effective diplomatic tool. Music, in and of itself, has an innate quality to exist without language barriers and bring people together despite seemingly vast differences. And with their performances around Langkawi, the Air Force Band of the Pacific surely sharpened that tool.

Audience members dance to the music as Staff Sgt. Rachel Wilson, U.S. Air Force Band of the Pacific, sings during the U.S. Air Force Band of the Pacific's concert at Underwater World in Padang Mat Sirat, Malaysia, March 27, 2019. The band performed several concerts across the Langkawi, Malaysia to support the partnership between the U.S. and Malaysia. As musical ambassadors, members of the band can reach audiences that traditional military members can't. They travel the world to build cultural bridges, and honor and preserve cultural heritage. (U.S. Air Force photo by Tech. Sgt. Heather Redman)



Audience members clap to the music during the U.S. Air Force Band of the Pacific's concert at Underwater World in Padang Mat Sirat, Malaysia, March 27, 2019. The band performed several concerts across the Langkawi, Malaysia to support the partnership between the U.S. and Malaysia. As musical ambassadors, members of the band can reach audiences that traditional military members can't. They travel the world to build cultural bridges, and honor and preserve cultural heritage. (U.S. Air Force photo by Tech. Sgt. Heather Redman)

Air Force announces athletes of the year

By Debbie Aragon AFIMSC Public Affairs

JOINT BASE SAN ANTONIO-LACKLAND, Texas (AFNS) -- The

Air Force recently announced its 2019 Male and Female Athletes of the Year -- a commander's action group director and an acquisition officer turned world class athlete.

Female Athlete of the Year is Maj. Amy Natalini, director of headquarters 8th Air Force's commander's action group at Barksdale Air Force Base, Louisiana. She is a championship half-marathon and marathon runner who, as team captain, led the U.S. Air Force Women's Marathon Team to a first-place finish at the 2018 Department of Defense Championship. In total, she completed eight full and two half marathons during the award period, typically finishing in the top 1 percent of women athletes.

Natalini said she was honored by the award, but that it wasn't solely hers.

"This is an accomplishment that needs to be shared with my family, friends and supporters who traveled with me, got up early to cheer at countless races, challenged me to be better and supported me through highs and lows, injury and illness, winning and losing," she said.

As CAG director, Natalini led a team through the largest unit reorganization in four years while providing analytics support to the nation's nuclear operations. She attributes some of that success in uniform to her dedication to fitness and running.

"Athletics, and my sport especially, bring out the best in people," she said. "Commitment to an endurance sport proves that you're willing to put in the hard work and dedication to something that not just anyone can do. It speaks volumes to the military, as we sign up for something and commit to something that not everyone would be willing to do."

When not working at 8th AF or running competitively during the

year, Natalini coached 35 elementary school runners during practices and at cross-country meets; shaping healthy lifestyles for the young athletes. She also led 15 run clinics and coached more than 200 runners to help minimize running injuries.

"I was at an Airman leadership school graduation when I was a lieutenant, and our guest speaker, a chief master sergeant said, 'Never do anything to impress someone. Always do it to inspire them,'" Natalini recalled.

"I don't do what I do to impress people, because that's not going to change their mindset on fitness or physical resiliency," she said. "But if I can inspire one Airman, or one elementary school runner, or one parent and make them a part of the larger running community that supports and roots each other on in running and in life, then I've done my job."

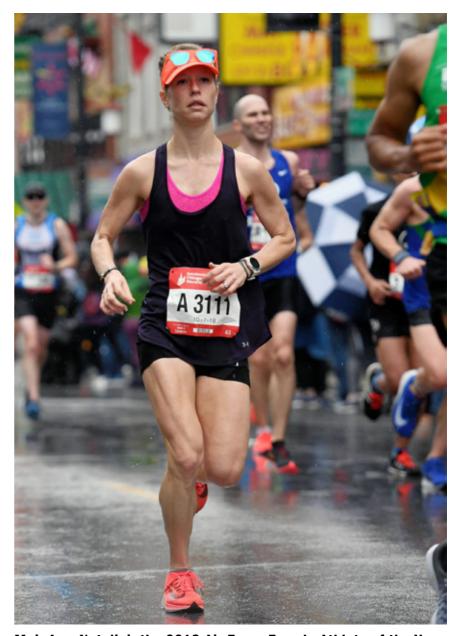
Coaching and molding young people is important to Natalini.

"First and foremost, I want my daughter to know she is strong and can do anything she puts her mind to. She started her run streak this year on Jan. 1, and has run a mile every day since then. But if we can impart that healthy lifestyles should be started at a young age, then kids are more likely to hold on to that and take it with them as they get older.

"I want kids to get outside and play with their friends, rather than the iPad. They're happier and healthier that way," she said.

The Male Athlete of the Year is 2nd Lt. James Griffin Jax, an acquisition officer. He is assigned to the Air Force Services Activity's World Class Athlete Program. Jax, an inductee in the U.S. Air Force Academy Baseball Hall of Fame, is the most decorated baseball player in Academy history and is a member of the Fort Myers Miracles, a minor league team of the Minnesota Twins.

"Being selected is a huge honor. I was shocked after hearing the incredible stories of the Airmen nominated alongside me," Jax said.



Maj. Amy Natalini, the 2018 Air Force Female Athlete of the Year. (Courtesy photo)



Second Lt. James Griffin Jax, the 2018 Air Force Male Athlete of the Year. (Courtesy photo)

"To be even considered was a blessing, but I was greatly honored and humbled to have been selected, and will continue to shine a positive light on the military through sport."

As a WCAP athlete, Jax trains full time for the 2020 Olympics and plays for the Miracles. After signing with the Miracles, he integrated his style with the team's strategy, helping the team earn the 2018 Florida State League Champions title.

During the award period, Jax also dominated prospect challenges,

earning the Twins' June 2018 Prospect Spotlight and Arizona's September 2018 Top Prospect Showcase.

"Being an athlete helps sharpen my competitive edge. It forces me to look in the mirror and realize what my weaknesses are, and figure out what exactly I need to do to become better and that's what being a leader is all about," Jax said. "Setting ego aside, realizing you can become better and executing."

In addition to his sports

accomplishments, Jax gives back to those in his community by volunteering with child medical units, educating youth at a local middle school and hosting instructional camps for athletes.

When trying to motivate others, Jax said he just tries to be a good example.

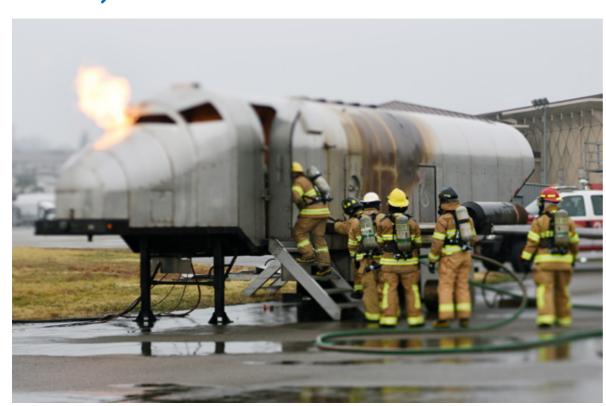
"I don't try and pressure others into my world, but rather show and give examples of how my struggles and successes have developed me as an Airman and as a person in general," he said.

Mentoring also allows Jax to take a step back and realize where he came from.

"I was never the most athletic or best competitor," Jax said. "I was shown from a young age that having a strong work ethic and positive attitude go a long way, and I need to continue to show younger generations just that."

For more information on the Air Force Sports program, visit www. myairforcelife.com.

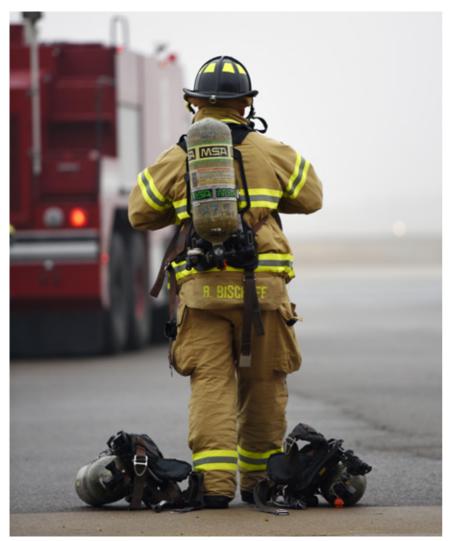
US, ROK Air Forces train with fire



U.S. and Republic of Korea Air Force firefighters respond to a simulated aircraft fire during joint training at Osan Air Base, Republic of Korea, March 21, 2019. After responding to the scene, it took the firefighters roughly five minutes to contain the simulated aircraft fire. Simulated emergencies provide firefighters training and ensure 100 percent response-ready posture. (U.S. Air Force photo by Staff Sgt. Sergio A. Gamboa) ◀



U.S. Air Force Senior Airman Ryan Bischoff, a firefighter with the 51st Civil Engineer Squadron, dons protective gear prior to responding to a simulated aircraft fire at Osan Air Base, Republic of Korea, March 21, 2019. The 51st CES firefighter team provides fire and emergency services that include flight line protection and hazardous material cleanup. (U.S. Air Force photo by Staff Sgt. Sergio A. Gamboa) ▲





Republic of Korea Air Force firefighters prepare before training with U.S. Air Force counterparts at Osan Air Base, ROK, March 21, 2019. The two crews teamed up for joint operations on emergency responses. Aircraft fire training is crucial to maintaining synergy between USAF and ROKAF forces. (U.S. Air Force photo by Staff Sgt. Sergio A. Gamboa) ▲



Malaysian military member provides security during the opening ceremony of the Langkawi International Maritime and Aerospace Exhibition 2019 at Padang Mat Sirat, Malaysia, March 26, 2019. U.S. Air Force participation in LIMA 19 included the U.S. Air Force Band of the Pacific; a B-52 Stratofortress flyover; and a KC-135 Statrotanker, a C-17 Globemaster III and an MQ-9 Reaper static displays. (U.S. Air Force by 1st Lt. Kitsana Dounglomchan) ▲

test of the nation's Ground-based Midcourse Defense system, was conducted from North Vandenberg Air Force Base, Calif., March 25 by 30th Space Wing officials, the U.S. Missile Defense Agency, and U.S. Northern Command. (U.S. Air Force photo by Senior Airman Clayton Wear) ◀



Koku Jieitai (Japan Air Self-Defense Force)
member plays the trombone during rehearsal
before Major League Baseball's Japan
Opening Series at the Tokyo Dome, March 20, 2019.
The Koku Jieitai and U.S. Air Force Band of the
Pacific-Asia performed both the U.S. and Japanese
national anthems as part of the ceremony. (U.S. Air
Force photo by Staff Sgt. Kyle Johnson)





U.S. Air Force Gen. CQ Brown Jr., Pacific Air Forces commander, thanks Airmen from the 35th Fighter Wing following the COPE Tiger 2019 closing ceremony at Korat Royal Thai Air Force Base, Thailand, March 22, 2019. Throughout the two week exercise, the U.S. Air Force, Royal Thai air force and Republic of Singapore air force flew a combined total of 776 sorties, executing air superiority, command and control, close air support, interdiction, electronic warfare, tactical airlift, and airborne command and control mission sets. (U.S. Air Force photo by Staff Sgt. Melanie A. Hutto) ◀

U.S. Air Force Gen. CQ Brown Jr., Pacific Air Forces commander, talks with Lt. Col. Matthew Kenkel, 14th Fighter Squadron commander, and Capt. Joe Boyle, 14th Fighter Squadron COPE Tiger 2019 project officer, following the closing ceremony for COPE Tiger 2019 at Korat Royal Thai Air Force Base, Thailand, March 22, 2019. (U.S. Air Force photo by Staff Sgt. Melanie A. Hutto) ▼

- Continued from front page -

"Having a SEAD unit here added a whole new level of complexity for our partner nations," said U.S. Air Force Maj. Trevor Cichowski, 14th Fighter Squadron director of operations.

"From mission planning to execution, having SEAD in these large force engagements exposed the RTAF and RSAF defensive systems to a new level of integration and tactics. For the forces on our side, we were able to hone our tactics against live emitters, particularly in a large force, dynamic environment. For our RTAF and RSAF brethren, they were able to focus on their primary missions and not on protecting themselves against the defensive systems since we were accomplishing that aspect of the mission."

The U.S. Air Force Cope Tiger '19 Exercise Director, Col. Shannon Smith, described the exercise's success in creating a flexible and resilient force before an emergency arises.

"This exercise proved we can come together quickly, and we have established practices and commonalities to help us in a moment of crisis," Smith said. "Every year we need to reset this partnership because it really is the actions that happen at Cope Tiger where the participants prove the partnership is real, and we can operate under a common operating picture against a common threat or crisis."

As the exercise wound down, the Singaporean Exercise Director, Col. Soo Yeow Teo, reflected on Cope Tiger's impact and looked to the future of the multilateral exercise.

"The success of the past 25 years is a testament to how the [three air forces'] relationship has evolved. For an exercise of this scale and complexity ... it's not something that happens overnight," said Teo. "It's built on a common understanding we have established ... I think it will continue to evolve that way, and the understanding and professionalism of our people will continue. There will be many more successful Cope Tigers."



U.S. Air Force Gen. CQ Brown Jr., Pacific Air Forces commander, shakes hands with Lt. Col. Matthew Kenkel, 14th Fighter Squadron commander following the closing ceremony for COPE Tiger 2019 at Korat Royal Thai Air Force Base, Thailand, March 22, 2019. (U.S. Air Force photo by Staff Sgt. Melanie A. Hutto) ▼



Purple Up!

Osan Exchange Rewards Military Children with Free Treat on April 13

Army & Air Force Exchange Service Public Affairs

Osan - I scream, you scream, we all scream—for military kids!

On April 13, the Army & Air Force Exchange Service is celebrating Purple Up Day, a worldwide recognition of the strength and sacrifice of military children, by offering free treats to any child wearing purple at participating Osan Exchange restaurants.

"Military children experience unique challenges, from parents being deployed to frequent moves to changing schools," said Exchange Manager Dan Owens. "The indomitable spirit of our Nation's youngest heroes is an inspiration to the military community, and the Osan Exchange is honored to salute their service on Purple Up Day."

This offer is valid April 13 only. Any child 18 or younger who wears purple is eligible to receive one free treat while supplies last from the following participating restaurants:

- Arby's chocolate chip cookie
- Baskin-Robbins kid's cone
- Burger King vanilla soft serve
- Charley's Philly Steaks small lemonade
- Manchu Wok egg roll
- Pizza Hut five-piece cinnamon sticks
- Popeye's cinnamon apple pie
- Subway two cookies
- Taco Bell cinnamon twists
- Anthony's Pizza & American Eatery small or kid's-size soft drink



get a FREE TREAT at participating Exchange Restaurants.

*Offer valid for any child 18 years of age or younger who is wearing the color purple. Free Treat can be a free side item, free fountain drink or free dessert at any participating Exchange restaurant. While supplies last









EXCHANG



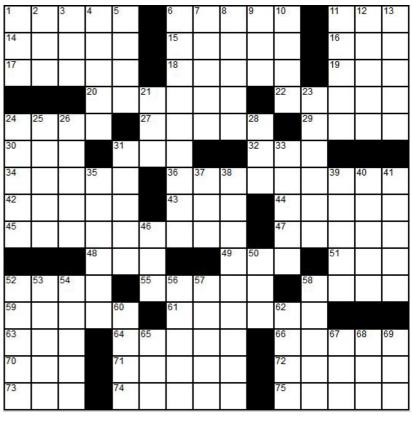
Shopmyexchange #monthofthemilitarychild

Purple Up Day is held annually during Month of the Military Child, which recognizes the contributions of Warfighters' children to the armed forces community. The color purple symbolizes the combined colors of all military branches: Army green, Navy blue, Marine red, Coast Guard blue and Air Force blue.

Shoppers can contact the Osan Exchange at 784-4239 for more information. Families can learn more about the Month of the Military Child and upcoming events on the Exchange's Hub page.

The Crossword

By Jon Dunbar



ACROSS

- 1 Seongnam neighbor
- 6 Alcove
- 11 Hoover or Cheongpyeong
- _ Gay bomber ْ
- 15 To no
- 16 Filmmaker Boll
- 17 Undress
- 18 Brains
- _ Ki-moon
- 20 918-1392 dynasty 22 Lotte Mart competitor
- 24 Japanese noodle
- 27 Opposite of had
- 29 Seoul Metro Line 4 terminus 30 Zilch
- 31 Local currency 32 Jacobs and Allmendinger
- 34 Computer programmer
- 36 Pump attendant

- 42 "Skyfall" singer
- 43 Gwang-jo and Sumi
- 47 Anticipate
- 48 Panmunjeom site
- 49 Japanese drama style 51 Pale booze
- 52 Largest continent
- 55 Waegwan neighbor
- 58 Clare or Fowler 59 Raw fish meal
- 6i Adage
- 63 Goes with Shallow or 9000
- 64 Japanese soybean dish
- 66 Zones
- 70 The day before 71 Dangerous gas
- 72 Subway
- 73 Fisherman's tool
- 74 G-string
- 75 Burns

DOWN

- 1 Opposite of she's
- 2 Colony insect
- 3 Neithér
- 4 Adjust 5 Western Seoul district
- 6 Guri neighbor
- 7 Covered in vines
- 8 Nikon competitor
- 9 Concealed 10 Or
- 11 UAE city
- 12 Prize
- 13 Jamaican musical style
- 21 Greek letter
- 23 Russian capital
- 24 Open a vial
- 25 Semiconductor
- 26 The ___ days 28 ___ Mahal
- 31 Small brown birds

- 33 Hill or Hex
- 35 Actor Wood 37 1990s www connection
- 38 Hyundai competitor
- 39 Jazz pianist Diana
- 40 Actress VanCamp 41 Cassie or Lucky
- 46 Not happy
- 50 Opposite of non
- 52 Covered in soot
- 53 Smooth 54 Like Dokdo
- 56 Jetsons dog
- 57 Not go to a restaurant
- 58 Concur 60 Inc. alternative
- 62 Leonardo or Eric
- 65 Doctor wants to hear this
- 67 Rendezvous info 68 Pirate utterance
- 69 Distress call

Answers Crossword

ACROSS

- 1 OFA 4 SOB 7 OUR
- 10 RAJ 13 FRIGATE 15 USA 16 EDS
- 17 FIREFIGHTER 19 AOA 20 TESSA 21 EARP
- 23 MOSS 26 KIA
- 29 LETO 31 CPU 32 ANTICS

35 ACED

53 TRIO 54 RYU 55 SNOW 56 ANNE 58 NAVAL 62 TSA 63 BATTLETOADS 69 NIT 70 AGO 71 PROBLEM 72 TAE 73 YEN

36 USB

39 RHEE

37 HERMIT

39 OUNCE 41 CRIME

42 CERN 45 TABLAS

51 ATREYU 52 ORE

47 LPS 50 AUDI

- 74 SAM DOWN 1 OFF 2 FRI
- 3 AIR 4 SAFE 5 OTIS 6 BEGS 7 OUT 8 USE 9 RARE
- 10 REARECHELON 11 ADOPTEE 12 JSA 14 GETS 18 HAKIM 22 ALARM
- 23 MCU 24 OPS 25 SUBORDINATE 27 ICICLE
- 49 SEW 55 SLOB 57 EBAY 59 ALPS 60 VERA 61 ATOM 62 TNT 64 AGE 65 TON 66 ALL

28 ASTRAY

33 NECTAR 34 TREATY 40 UNION 42 ISU

43 CAT 44 EURASIA

46 BRUNT 48 PRO

30 ODE

32 AHN



The U.S. Air Force Air Demonstration Squadron "Thunderbirds" perform at the Thunder & Lightning Over Arizona Air Show, March 22, 2019, at Davis-Monthan Air Force Base, Ariz. The air show in Tucson, Ariz. kicks off the 2019 season for the Thunderbirds. They tour from March through November. (U.S. Air Force photo by Staff Sgt. Cory W. Bush)

cott McMurray, a U.S. Air Force Academy sophomore, performs on the pommel horse during a meet against the University of Washington in the Cadet West Gym, U.S. Air Force Academy, Colo., March 23, 2019. The Air Force gymnastics team defeated Washington 396.100 - 378.750. (U.S. Air Force photo/Trevor Cokley) ▶



S. Marine Corps Lance Cpl. Shawn James tightens bolts on an F/A-18C Hornet at Clark Air Base, Philippines,

■ March 28, 2019, during preparation for Exercise
Balikatan 2019. Balikatan is an annual exercise between the U.S. and the Philippines and comes from a Tagalog phrase meaning "shoulder-to-shoulder," representing the partnership between the two countries. The U.S. is proud to participate in the Philippines-led exercise in order to conduct capabilities development training that enhances our forces' tactics, techniques and procedures across a wide range of military operations. James, a native of New Jersey, is an airframes mechanic with Marine Fighter Attack Squadron 232. (U.S. Air Force photo by Senior Airman Sadie Colbert) ◀

COMMUNITY BRIEFS

Kunsan

- KUNSAN PHOTO CLUB -

Interested in sharing your photography experience with others and exploring Korea along the way? Have a camera, but want to learn how to use it more completely? Then join the Kunsan Photo Club as they delve into the finer qualities of photography where the key concept is: "It's not the camera that makes a great photo, but the photographer." If interested in joining, the group can be found on Facebook, just search for "Kunsan Photo Club."

- WOLF PACK LODGE -

Lodging Space A Policy

Need a break? Got family visiting and no room to house them? You can book

lodging rooms on a space available basis up to 120 days in advance for a maximum of 30 days depending on availability. You can also book reservations for the holiday season (November and December) up to 30 days in advance for a maximum of 15 days. (Depending on availability) Book now for all of those relatives coming for the holiday!

Reservations – Front Desk-DSN 782-1844 or Commercial (82)63-470-1844 FAX: DSN 315-782-0633 Commercial (82)63-470-0633

- SUNDAY SONLIGHT DINNER -

Every Sunday, volunteers from a spe-

cific unit cook dinner for their fellow Wolf Pack members at the Sonlight Inn. The dinner begins at 6 p.m. following grace led by a chaplain. Meals range from "breakfast for dinner" to "Italian cooking" to "Southern style." For more information or to volunteer, contact the chapel at 782-HOPE.

- SPONSOR TRAINING -

Learn creative ways to assist newcomers reporting to Kunsan AB. Registration required. Class is held at the Airman and Family Readiness Center. Call 782-5644 for more information, dates or to sign up.

- ROKAF ENGLISH CLASS -

Team 5/6 is looking for volunteers to support the ROKAF English class every Saturday, at the Sonlight Inn. You will be talking to ROKAF Airmen (enlisted) for approximately one hour. This event is open to all ranks! Civilian attire is preferred, however, UOD is allowed. For more information, contact Staff Sgt. Charles Nelson.

- PING PONG TOURNAMENT -

Free to all. Prizes for first and second places. Prizes include Wolf Pack Won. To sign up, dates or for more information, call the CAC at 782-5213 or 4679.

Osan

- WHAT'S HAPPENING - OSAN USO NFL TOUR: This upcoming

Thursday, 4 April, your very own USO will be hosting this years' first NFL Tour at the Enlisted Club from 1230-1330, and the Officer's Club from 1700-1800. **CHES (OFFICE 365) E-MAIL MIGRATION:** The 51 FW will be migrating from legacy email to cloud hosted email 4 April. Key features of this upgraded service include 100GB mailbox size (per user) and better web/mobile support. Users will find a file named "CHES User Guide" on their NIPR desktop, which will walk you through the three steps (OWA, Outlook, verification) required to migrate. Please make sure to follow these steps carefully to ensure a mooth migration. Additional documentation can be found on the 51 CS Sharepoint Site. For Blackberry users, you will notice a screen pop-up asking you to populate your profile information. Your information will auto-populate, however users will need to tap "Next" to complete the migration process. If you use the calendar function on the Blackberry app, you will also have to re-select your calendar. Please call 51 CS Comm Focal Point at 784-2666 if there are any questions or migration-related issues.

MAIN GATE RENOVATIONS: Construction on the Main Gate will begin 12 April. This means the northern parking lot (the one without the taxi line) will be closed starting 11 April. Vehicles not removed from the northern parking lot by 12 April will be marked and towed per SFS. The parking lot with the taxis and Anthony's Pizza does not yet have a closure date. To make up for the loss of parking, the Osan Elementary School

has kindly offered to let the general public park in their parking lot Monday through Friday between 1700 and 0500 and anytime on Saturday and Sunday. Their only request is that the public do their best to keep it clean, since the Elementary School is not staffed to maintain their parking lot like a typical public area. Please do not abuse this privilege. Phase 1 (~13 months), Estimated Start April 2019: Once construction starts. parking will be affected as the larger lot on the north side of Songtan road and half of the smaller lot on the south side of Songtan road will be closed for reconstruction.

- Phase 2 (~4 months): The other half of the small southern parking lot will be closed for reconstruction while the previously closed half will re-open. Road work will begin in front of the elementary school.
- Phase 3 (~7 months): The small southern parking lot will be fully operational. There will be no vehicle access during this final phase. Services that will be maintained throughout the construction include: pedestrian access, AAFES taxi services, access to the shops around the small southern parking lot, access to elementary school, and the LRS shuttle. As a reminder, the new Morin Gate is open for business and a great option for accessing Osan now and during the construction of the new Main Gate.

BLITZ CHESS TOURNAMENT: The Osan AB Chess Club along with the 51st FSS and affiliate sponsors are hosting a Blitz Chess Tournament at 1300 in the Mustang Community center April 21. Arrive early for registration. All ages and skill levels welcome. It will be an Open

Swiss, Blitz(5min) time control tournament. All boards, pieces, and clocks will be provided. Please direct questions to the the Osan Chess Club Facebook page OSAN STRONGMAN/WOMAN COMPETITION: Osan's Strongest Warrior will be 4 May at 1100 on the PT pad in front of Osan's fitness center. The competition will consist of five events:

- Atlas stone over bar
- Farmer's walk Axle deadlift
- Press Medley (Axle clean & press, Ammo can clean & press)
- HMMWV pull

The competition is open to all services, civilians, contractors, and genders on Peninsula. Those wishing to compete should contact the Osan AB fitness center for registration, or contact SSgt Matt Harding at matt.harding@us.af.mil.

- VOLUNTEER OPPORTUNITIES -ADOPT-A-SCHOOL ENGLISH TUTOR-ING PROGRAM: The program's goal is to improve Korean children's English language skills by allowing them to spend time with Team Osan service members in their Korean school classrooms. Transportation costs to and from the schools will be reimbursed by the schools directly to the volunteers. If your unit is interested in this program, please contact Mr. Pak, Yong Hui, 51 FW/PA via email yong.pak.3.kr@us.af. mil or DSN 784-0845/4044 with your unit name and volunteer POC's contact information. Elementary Schools for 3rd - 6th graders: Bokchang, 1 class, 2nd and 4th Wednesday 1400 to 1530 GIRL SCOUTS SEEKING KOREAN LIAI-SON: The Osan Girl Scouts need someone to assist as a Korean liaison to connect the U.S. Girl Scouts with Korean Girl Guides in the area. This is a good volunteer opportunity for anyone bilingual in English and Korean that is interested in helping the Osan Girl Scouts grow their relationships with the local troops. If interested, please send an email to osantreasurer@usagso.org

- RECURRING -

AIR FORCE ASSOCIATION (AFA): If you're looking for volunteer or leadership opportunities, AFA invites you to our monthly meetings held at the E-Club Star Lounge every third Thursday of the month from 4-5 p.m. The next meeting is Apr. 18 at 1600. No need to be a member to get involved unless it's an Officer position. Some upcoming events include a Bi-annual Golf Tournament, Summer Cyber Camps, and preparations to support the 2019 Air Force Ball. Help us spread AFA's vision to Educate, Advocate and Support. For more information, contact AFA at afa.migalley.chapter@gmail.com or afa.osan@us.af.mil.

TRUE COLORS TEAM BUILDING SEMI-NAR: Are you looking for an enlightening and entertaining way of learning how to value your staff's differences while creating unity within the section? The True Colors Personal Success Seminar can shift the way your team interacts with each other's unique personalities -bridging the gap in communication and respect for others, while opening doors to successful working relationships. In less than 3 hours, your staff can discover their "True Colors" to personal success. Contact 51 FW Equal Opportunity Office to request True Colors Teambuilding for your sections at 784-1474 or email 51fw.eo@us.af.mil.

Kunsan's emergency phone numbers				
Emergency Services	911			
Off Base/Cell Emergency	063-470- 0911	After-hours medical advice	782-4333	
Crime Stop: (to report a crime)	782-5444	IG Complaints FWA Reporting:	782-4850 (duty hours) 782-4942 (anytime)	
Base Locator: (after duty hours)	782-4743	Chaplain (After duty hours)	782-6000	
Law Enforcement desk	782-4944	Sexual Assault Response Coordinator (SARC)	782-7272	
Emergency Leave / Red Cross		782-4601 (on base) 1-800-733-2761 (anytime)		

Osan's emergency phone numbers				
Emergency Services (Fire, Medical, Security Police)	911	Commander's Hotline	784-4811	
Off Base/Cell Emergency	031-661- 9111	Crime Stop: (to report a crime)	784-5757	
Emergency Room:	784-2500	IG Complaints FWA Reporting:	784-1144	
Base Locator: (after duty hours)	784-4597	Emergency Leave	784-7000	
Force Protection Information Hotline:	115	Sexual Assault Response Coordinator (SARC)	784-7272	
Chaplain (After duty hours)	784-7000	Security Forces Control Center	784-5515	

CRIMSON SKY

SPIRITUAL CHARGE

Fake News and Faith Works—No Joking!



By by Colonel David Dersch 7th Air Force Senior Chaplain

There's been a lot of talk in our country recently about "fake news." Although it's recently gained notoriety, "fake news" is not a recent phenomenon. Just ask anyone who listened to Orson Welles' 1938 radio broadcast "War of the Worlds" and thought that the earth was being invaded by aliens!

April Fools' jokes have not been limited to just America in the 20th century. According to Readers Digest, the tradition goes back as far as 1561 in Belgium. Furthermore, in 1698 so many people in London were fooled into going to the Tower of London to watch "the washing of the lions" that the local newspaper had to print a story on April 2 debunking the hoax. As early as 1835 in America, The New York Sun published a story claiming astronomers (not astronauts) had discovered life on the moon and the "Great Moon Hoax" was born.

Not to be outdone by the media, some fast food companies have used April 1st to advertise with laughably creative stunts. For instance, in 1997, Taco Bell released a statement that it had bought the Liberty Bell and was renaming it the "Taco Liberty Bell." Not to be outdone, Burger King introduced a new item to its menu in 1998: the "left-handed"

Whopper." This burger had the same ingredients as the regular Whopper except the condiments were rotated 180 degrees.

There are some today who believe that religious faith is like an April Fools' joke—it's just fake news or not really effective. However, there have been numerous research studies that have demonstrated the value of religious belief and practices for an individual's health and overall well-being. A couple of years ago, the US Air Force Chief of Chaplains began a new emphasis in the Chaplain Corps and called it "Faith Works". Citing several peer-reviewed studies, Chaplain Maj. Gen. (ret.) Dondi Costin presented a Chaplain Corps strategic roadmap pointing out that religious faith, though not practiced by everyone, is a vital part of the health and resiliency of many in our military today.

As Dr. Costin explained at a recent resiliency luncheon

sponsored by the base chapel, social science is very clear that religious faith and practice are key components to many people's happiness. Moreover, they result in less drug abuse, teen pregnancy and many other socially undesirable outcomes. As the 7th Air Force Senior Chaplain, I want to encourage everyone to seriously consider practicing their faith, if for no other reason, because of the correlated positive benefits. If you've not been to the chapel recently or an off-base place of worship, why not try attending this weekend? Or if you feel like something's missing in your spiritual life, maybe that's a subtle hint from God that you should speak to a chaplain or someone else you know who is happily practicing their faith. So even though some might think it a joke, faith in God and practicing religion really does work.

Faith Works—and that's no April Fools' joke!

CHAPEL SCHEDULE

KUNSAN AIR BASE

Protestant Services
Gospel Service
Sunday, 11:30 a.m.
Main Chapel, Bldg. 501
Contemporary Service
Sunday 5 p.m.
Main Chapel, Bldg. 501

Catholic Services
Sunday Catholic Mass
Sunday, 9:45 a.m.
Main Chapel, Bldg. 501
Daily Mass and Reconciliation
Please call the Chapel

Other Worship Opportunities

LDS Service

Sunday, 1:00 p.m.

SonLight Inn, Bldg. 510

Point of Contact: Kunsan Chapel, 782-HOPE

Visit us on SharePoint: https://kunsan.eis.pacaf.af.mil/8FW/HC

OSAN AIR BASE

Protestant Services
-Community Service @ 1030 -Gospel Service @ 1230 **Regular Occuring Ministries:** PYOC: (Middle School & High School Students) - Mondays—1830-2000 @ Chapel Spiritual Fitness Center. PCOC: (AWANA) - Wednesdays @ Chapel. Age 3 to 6th grade meet 1800 -1930 & grades 7th-12th meet 1700-1800. PMOC: (Men) - Tuesdays - 1830 @ Chapel Annex. **PSOC: (Singles & Unaccompanied)** "Osan Hospitality House" Bible Studies *Saturdays - 1900 @ Hospitality House. Dinner is provided.

Sundays - 1700 @ Community Center, Classroom #3. - Game Night: *Fridays - 1900 @ Hospitality House. Dinner is provided. *Van pickup: Fridays: Chapel @ 1730,

Saturdays: Chapel @ 1830, Mustang CTR @ 1835.

@ 1835.
PWOC: (Women) "PWOC Osan AB"
- Mondays 1800-2000, Tuesdays 08451100 @ Chapel Annex (Child Watchcare provided) & Sunday 1600-1730 @ Posco

Apartments .

MOPS: Join us for OSAN MOPS!

- Meet twice a month on Wednesday @
the Chapel Annex

Contact: osanmops@gmail.com

Apostolic Pentecostal
Apostolic Connection Church
Bible Study: Osan Chapel Sanctuary,
Mondays 7PM-8PM

Catholic Mass
Weekend Masses
Saturday Mass (Sunday obligation), 5 p.m.
Saturday, Also Confessions, 4 p.m.
Sunday Mass, 8:30 a.m.
Tuesday -Thursday Mass, 11:30 a.m.
Friday Mass, 5 p.m.

Catholic Ministries **Catholic Religious Education** Sunday, 10-11 a.m., Chapel annex Korean Prayer group Tuesday, 9:30 a.m., Blessed Sacra Chapel Faith formation class/bible study Wednesday, 6:00 p.m., Chapel annex Catholic Men of the Chapel (CMOC) Wednesday, 7:00 p.m., Chapel annex Catholic Women of the Chapel (CWOC) Thursday, 5:30 p.m., Chapel annex hall Catholic Family social meal (Free) Friday, 6-7:30 p.m., Chapel annex hall Catholic Family social meal (Free) Saturday, 6-7:30 p.m., Chapel annex hall

Knights of Columbus & Baptism classe Meet monthly, Pls call 784-5000

Other Faith Groups
Earth-Based (Contact the Chapel)
Jewish (Contact the Chapel)
Muslim (Contact the Chapel)
Buddhist (Contact the Chapel)
LDS Sunday, 1 p.m., Contact the Chapel

Point of Contact: Osan Chapel, 784-5000

Visit us on SharePoint: https://osan.eim.pacaf. af.mil/51FW/51FW-HC/default.aspx

Visit us on Facebook (OSAN AB CHAPEL) https://www.facebook.com/OsanABChapel

USAG-YONGSAN

Traditional Service Sunday, 9:30 a.m. Memorial Chapel, Bldg 1597 Sunday, 9:30 a.m. **Brian Allgood Hospital Chapel Contemporary Service** Sunday, 9 a.m. South Post Chapel, Bldg 3702 Sunday, 10:30 a.m. K-16 Chapel Nondenominational Service Sunday, 11 a.m. South Post Chapel, Bldg 3702 **Gospel Service** Sunday, 1 p.m. South Post Chapel, Bldg 3702 Pentecostal Sunday, 1:30 p.m. Memorial Chapel, Bldg 1597 Latter Day Saints (LDS) Sunday, 4 p.m. South Post Chapel, Bldg 3702 Seventh-Day Adventist Saturday, 9:30 a.m. **Brian Allgood Hospital Chapel KATUSA** Tuesday, 6:30 p.m.

Memorial Chapel, Bldg 1597

Protestant Services

Catholic Mass

Sunday, 8 a.m.

Memorial Chapel, Bldg 1597
Sunday, 11:30 a.m.

Memorial Chapel, Bldg 1597
Saturday, 5 p.m.

Memorial Chapel, Bldg 1597
1st Saturday, 9 a.m.

Memorial Chapel, Bldg 1597
M/W/T/F, 11:45 a.m.

Memorial Chapel, Bldg 1597
Tuesday, 11:45 p.m.

Brian Allgood Hospital Chapel

General Service
Episcopal Service
Sunday, 11 a.m.
Brian Allgood Hospital Chapel

Jewish Friday, 7 p.m. South Post Chapel, Bldg 3702



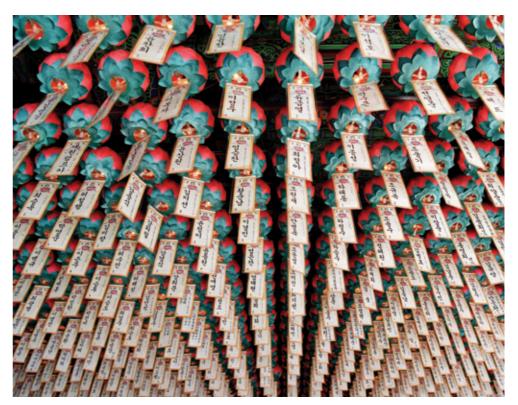
Point of Contact:
USAG Yongsan Religious Support Office, 738-3011
Visit us on SharePoint:
http://www.army.mil/yongsan

U.S. Air Force and U.S. Army explosive ordnance disposal members hike Mubong Mt. in Mubong, Republic of Korea, March 22, 2019. The members hiked a 3.5 mile trail, toured a temple and received history lessons on Buddhism. (U.S. Air Force photo by Staff Sgt. Sergio A. Gamboa) ▶

U.S. Air Force and U.S. Army members prepare for a spiritual fitness session at the Man-gi Buddhist Temple in Mubong, Republic of Korea, March 22, 2019. The members hiked a 3.5 mile trail, toured the temple and received history lessons on Buddhism. (U.S. Air Force photo by Staff Sgt. Sergio A. Gamboa) ▼



Airmen, soldiers enhance physical, spiritual resilience



Family names hang on the ceiling of a Buddhist temple at Mubong, Republic of Korea, March 22, 2019. Families hang the lanterns for good blessings and fortune. (U.S. Air Force photo by Staff Sgt. Sergio A. Gamboa) ▲

A Buddhist Monk sits giving an educational lesson on the origin of Buddhism at Mubong, Republic of Korea, March 22, 2019. The monk gave a brief history and meditation lesson to U.S. Air Force and U.S. Army explosive ordnance disposal members to help with their spiritual fitness. (U.S. Air Force photo by Staff Sgt. Sergio A. Gamboa) ◀

8th CES firefighters execute life-saving training

By Senior Airman Stefan Alvarez 8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea -- The 8th Civil Engineer Squadron fire department doesn't just respond to cats stuck in trees, they also execute life-saving actions.

The cargo aircraft that often come and go at Kunsan Air Base require a special piece of heavy machinery to unload the pallets of cargo. There are two variants of these machines: the 6oK or 25K Aircraft Cargo Loader. Both are often called a "k-loader" and can reach a maximum height of 18.5 feet. Personnel working on the top of the loaders are required to wear a safety harness in case they fall off.

"The harnesses can easily support just over 300 pounds," said Master Sgt. Robert Wocking, 731st Air Mobility Squadron Operating Location-Alpha contracting officer representative. "It will save you from falling off and hitting the ground, but if you stay hung up long enough it could be life threatening. Blood circulation will get cut off and you can potentially swing around and hit the actual k-loader itself, causing more injuries."

The dangers from being suspended in the air for too long is why the fire department has to respond as quickly as possible, specifically under six minutes. Training to execute this in that amount of time means life or death for someone who might be hanging off the edge.

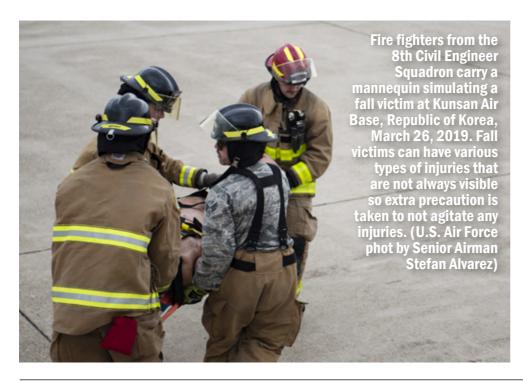
"This is the first time the fire department has been tested on this on this kind of emergency," said Tech. Sgt. Felix Colon, 8th Civil Engineer Squadron fire fighter. "We have a



Fire fighters from the 8th Civil Engineer Squadron disembark their fire truck at Kunsan Air Base, Republic of Korea, March 26, 2019. Fire fighters have six minutes to respond to a fall victim being suspended by their safety harness before the situation can become life-threatening. (U.S. Air Force phot by Senior Airman Stefan Alvarez)

lot of cargo aircraft coming and going and personnel using the the k-loaders frequently, so it's something we want to start training on frequently."

The safety and well-being of the Airmen is a top priority at the 8th Fighter Wing. The Wolf Pack takes the opportunity to go the extra mile and do additional training to expand on the skills and competencies of the emergency responders. This ensures they have the experience and equipment to do their job with a high level of proficiency and professionalism.





Fire fighters from the 8th Civil Engineer Squadron secure a mannequin simulating a fall victim at Kunsan Air Base, Republic of Korea, March 26, 2019. The fire department responded to the call in minutes to be on scene and rescue the victim as quickly and safely as possible. (U.S. Air Force phot by Senior Airman Stefan Alvarez)

24 Solar Terms (Part 5)

By KyongHui "Jennie" Pae

5. Cheongmyeong: Bright and Clear

The gradual clearing of the sky.

Around April 5th of the solar calendar, the sun's ecliptic reaches 15 degrees, marking the beginning of Cheong-Myeong. The sky gradually becomes clear, and the weather becomes noticeable warmer.

During Cheong-Myeong, people are busy looking for workers before the farming season starts. Rice paddies are prepared for growing, and the top soil is turned over in preparation for planting. Additionally, soy sauce is

made during this time of the year. Traditionally, people will renovate their ancestors' burial site, taking care of their graves and headstones.

In the West Sea region, you can enjoy a feast of delicious fish from this time to the day of Gogu, the next solar. Flowers begin to bloom on the oak trees during the first five days. The Eurasian Skylark birds have a habit of migrating to South Korea during this term. Rainbows are also common during the end of the Cheong-Myeong.

Lastly, Cheong-Myeong's regularly overlaps with Arbor Day, which is before or after Hansik's meal, which is a traditional meal that is set up for the spirits of Korean ancestors.

Reference: Korean Folk Culture Research





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Specialized in:

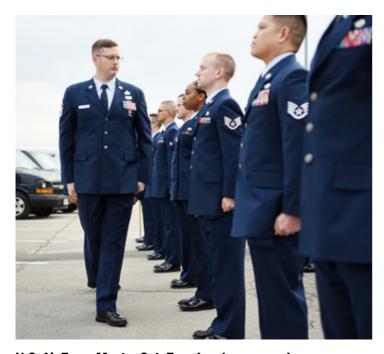
- Immigration: Green Card Application or Renewal, Petition for Alien Wife, US Citizenship Application (Naturalization) Reentry Permit
- Divorce in the US Courts

괌, 사이판, 워싱턴DC에 자격증이 있는 미국변호사로서 영주권신청 및 갱신, 가족초청, 시민권신청, 재입국허가서 등의 이민업무와 미국법원에서의 이혼 등의업무를 처리해드립니다.

박문서 변호사 (MUN SU PARK, Attorney-at-Law, JD/Ph. D.)

P.O. Box 10749, Tamuning Guam 96931, USA Tel:(671) 647-1200, (670) 287-1255 lawyerpark@hotmail.com / Kaokao Talk ID: attorneypark

Ground transportation maintains high expertise



U.S. Air Force Master Sgt. Evan Jacobus, ground transportation NCO in charge assigned to the 51st Logistics Readiness Squadron, inspects uniforms at Osan Air Base, Republic of Korea, March 29, 2019. The ground transportation team maintains high professionalism when fulfilling transportation requirements for distinguished visitors. The unit was performing the inspection in a no hat, no salute location. (U.S. Air Force photo by Staff Sgt. Sergio A. Gamboa) ▲



U.S. Air Force grounds transportation Airmen assigned to the 51st Logistics Readiness Squadron pose for a photo at Osan Air Base, Republic of Korea, March 29, 2019. The ground transportation flight conducted their annual service dress inspection in correlations with their protocol program, where they provide transportation services to distinguished visitors. (U.S. Air Force photo by Staff Sgt. Sergio A. Gamboa) ▲



U.S. Air Force Airman Izaiah March, a ground transportation support operator with the 51st Logistics Readiness Squadron, stands in formation at Osan Air Base, Republic of Korea, March 29, 2019. The ground transportation flight conducted their annual service dress inspection in correlations with their protocol program, where they provide transportation services to distinguished visitors. The unit was performing the inspection in a no hat, no salute location. (U.S. Air Force photo by Staff Sgt. Sergio A. Gamboa) ◀

Firefighter training goes virtual

By Charles J. Haymond 55th Wing Public Affairs

OFFUTT AIR FORCE BASE, Neb. (AFNS) -- Firefighters train weekly to maintain readiness, so when the call comes to put their lives at risk for the people they serve, they are prepared.

Whether in training or on a live fire, they are susceptible to various carcinogenic toxins - until now.

To help reduce the inhalation of toxins, more and more fire departments are purchasing virtual reality equipment to provide a safer way to train their members. Offutt Air Force Base is one of them.

The 55th Civil Engineer Squadron fire department recently used innovation funds to purchase a simulator that provides real world scenarios to enhance their skills without being in an unsafe environment.

"This trainer allows firefighters to fight fires in a virtual controlled environment that detects whether agent is applied correctly to extinguish fires," said

David Eblin, 55th CES installation fire chief. "The trainer mimics the heat a firefighter feels and presents a multitude of fire scenarios, to include building and aircraft fires."

Not only is the simulator safer, but it is also more cost effective and easier to use.

Now firefighters do not have to load up their rigs with equipment, water, gas and wear heavy equipment when training. They are able to train in their training rooms without leaving the facility.

"With the cost of firefighter personal protective exceeding \$3,000 and the high cost of specialized firefighting vehicles - \$500,000 to \$800,000 - this trainer saves wear and tear, fuel and operational costs on these high dollar assets as they are not used as often," Eblin said.

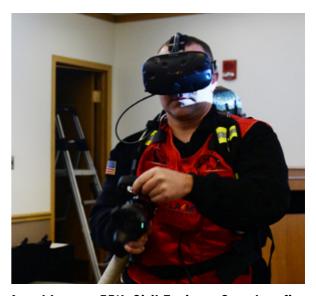
The simulator consists of a head monitor display, nozzle and protective clothing.

The computer central processing unit is in the simulated firefighter air tank system that the individual places on their back. This simulated tank is much lighter than what the firefighters would normally wear during a call.

"Lightweight means less physical stress on our bodies," said Carlos Ruffin, 55th CES firefighter driver operator. "Our vehicles, and equipment would also stay in-service, allowing for faster responses to real world emergencies that occur while we're training."

While the simulator allows skill sharpening in a safe environment, the department recognizes the authenticity of a real fire is the best way to learn.

"There's no substitute for fighting real fires," Ruffin said. "In order to do what we do, we have to know how fire is going to react when you introduce something new to that environment - water, foam, ventilation, etc. If you apply any of those examples in the wrong way, you could end up hurting yourself and others."



Arpad Lepper, 55th Civil Engineer Squadron fire department training chief, puts out a simulated C-17 Globemaster III aircraft fire March 8, 2019, while using a FLAIM Trainer simulator inside the fire department conference room on Offutt Air Force Base, Neb. To help combat the firemen from inhaling harmful toxins during a call, more fire departments are purchasing virtual reality equipment to provide a safer way to train their members. (U.S. Air Force photo by Charles J. Haymond)

Painting With Paula

Story by Courtney Reeves / Photos by Jaime Waterbury

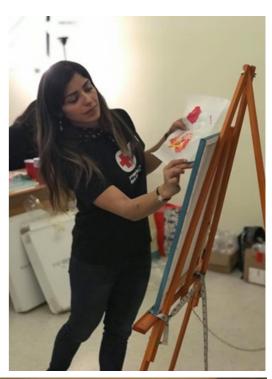
due to the Colombia Conflict, Paula and her family ventured from their home country to the United States and settled in Connecticut. Although this was a major change for Paula, she adjusted and later graduated from high school in Connecticut. After high school, Paula and her family moved to New York, where she began school for art. But the big city life was not for her. She left home in 2009 and drifted towards the southern regions of the US, specifically Charleston, South Carolina. She instantly fell in love with the area and the climate. Here, Paula finished her associate degree in plastic arts at the Coastal Carolina Community College. This is also where Paula first got involved with the American Red Cross. She was trained as a life guard, then promoted to a life guard instructor and CPR instructor and later found way in becoming a front water rescuer.

In 2015 Paula moved to Hawaii in search of a healthier lifestyle. While in Hawaii she continued being a front water rescuer and later met, her now husband, Adam. They married in 2016 and moved to Korea in 2018. Shortly after arriving, Paula found herself at the Osan American Red Cross where she was motivated by Kimberly, to start an art class for the people on and around Osan. At first Paula was skeptical and procrastinated the idea because she lacked confidence in herself, but with the help and encouraging words of Kimberly, she began teaching. Her first class only attracted one member, and it was a bit awkward at first, but it really helped her to get her foot in the door without feeling too overwhelmed. Paula says that she really enjoyed teaching and talking one on one.

The purpose of the Healing Arts Classes is to really help people get in touch with their inner expression and to put their energy towards their canvas. At the start of each class, Paula really tries to help the members relax and loosen up by practicing a few breathing exercises to help get rid of any negativity the may be carrying around. Following that, she does what she calls "a paint wish", this is where each member writes a wish or a prayer on a piece of paper and the use that as their motivation to paint with purpose. What the write is what they are trying to project onto the canvas. The Healing Arts Classes help to push people to become more self-confident in in everything they do. It also is a way to fill any voids one may have and do something for themselves.

Healing Arts is a safe place to come to talk freely and make mistakes. It is a great way to meet new, amazing people, get in touch with your own expression of art, network, learn and have fun. Everyone that has ever been to one of Paula's classes can only every think of positive things to say about it. The American Red Cross







team, really wanted to highlight Paula and the Healing Ars classes, to showcase the amazing effects is has had on the community.

That being said, for anyone who is looking for a fun and relaxing way to getaway, chat and learn some painting skills, join Paula at the next Healing Arts Paint Night on March 6th at 6pm at the McPherson Community Center, classroom 3.

Free Concert Opportunity!

ULLETIN

Korea-America Good Neighbor Society (KAGNS) will provide 40 tickets of MARTINU QUARTET concert.

What: MARTINU QUARTET (String

Quartet)

When: 14 APR 2019 17:00hrs (Sunday) Where: LOTTE Concert Hall, LOTTE

World mall, Seoul

Ticket: Free for SMs, Family members & DOD Civilian

**Dress: Civilian formal

**Children should be at least seven years old or older

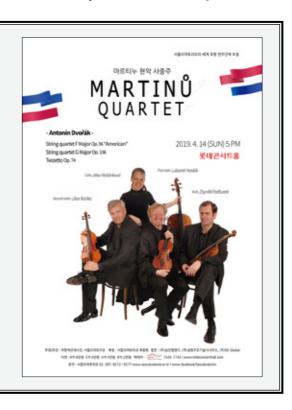
**On a First come first served basis (FCFS), 40 SMs, Spouses or DA Civilians

**No transportation support

How: Provide spreadsheet with following information to pacom.yongsan.usfk.list. pao-comrel@mail.mil

- 1. Name
- 2. Rank
- 3. Organization
- 4. Email
- 5. Cellphone
- 6. number of Seat requesting

Please share with your colleagues and friends!



7 BEST PARKS FOR A SPRING PICNIC

Spring has fully arrived, with warm sunlight and cool breezes! What could be better than having a picnic in the park? Seoul and cities in the metropolitan area are dotted with pretty parks, perfect for spending a day out. Some of these parks have even been used as filming sites for Korean dramas and movies, a big draw for Hallyu fans. However, the most charming aspect of a picnic at the park is that you can have a full day of fun on a limited budget. In addition, each park has its own unique atmosphere and attractions, making every trip a new experience.





Yeouido Hangang Park 🛦

The Hangang River runs through the heart of Seoul and serves as a resting place and perfect weekend outing location for the local citizens. There are a total of 11 citizens' parks spread out along the banks of this beloved river, but the most popular among tourists and locals alike is Yeouido Hangang Park. It is especially popular in April, when the cherry blossoms are in full bloom.

The park's most charming feature may be that it is easily accessible by both subway and bus. There are various events and fun activities happening throughout the year. Enjoy the skyline of Seoul from the large grassy field, or rent a bicycle and follow the paths along the river for a day unlike any other.

• Address: 330, Yeouidong-ro, Yeongdeungpo-gu, Seoul



Ilsan Lake Park ▼

It wouldn't be far-fetched to call Ilsan Lake Park a flower park. The park is populated by over 1,800 cherry blossom trees, in addition to numerous weeping willows and forsythia shrubs. The over-abundance of flowers can give photos the illusion of having been straight out of a fairy tale. The park is also the venue of the annual International Horticulture Goyang Korea, a global flower exposition.

Ilsan Lake Park is the largest man-made lake in Asia, but it feels as natural as the trees that circle the lake. The perfect example of an urban oasis, the park features bicycle paths as well as pedestrian paths dotted with benches to enjoy the view. The large grassy areas are open to picnickers; be sure to go early if you want a spot in the shade of the trees! The nearby shopping centers Western Dom and La Festa are great spots to check out before leaving.

• Address: 595, Hosu-ro, Ilsandong-gu, Goyang-si, Gyeonggi-do



Olympic Park ◀

Located in Songpa-gu, Seoul, Olympic park is grand in both size and name, having served as the venue of both the 1986 Asian Games and the 1988 Summer Olympics. The park takes up a vast 1.4 million square meters and would take roughly 3 hours to walk through the entire park. To make your wandering easier, we recommend stopping at the information center by the World Peace Gate for a map of the park's many pathways. Among the park's top nine highlights, we highly recommend the musical fountain at Mongchon Trench!

• Address: 424, Olympic-ro, Songpa-gu, Seoul

Pyeonghoa-nuri Park at Imjingak Resort ▶

The northern-most park in Gyeonggi-do, Pyeonghoa-nuri Park within Imjingak Resort was created in 2005 as part of the World Peace Festival. Although the war and subsequent separation are painful moments in Korea's history, the park serves to promote peace and reconciliation. The park's key points are Hill of Music, a large grassy outdoor concert venue; and the Hill of Wind, featuring a photo zone of over 3000 pinwheels spinning freely.

The atmosphere of a simple picnic on a blanket here is better than in the fanciest of restaurants. The colorful pinwheels spinning in the breeze create a wonderful background to the sounds of people enjoying their time. Visitors with children are recommended to visit Peaceland, an amusement park with the popular Viking Ride, a merry-go-round and other exciting attractions.

• Address: 148-53, Imjingak-ro, Munsan-eup, Paju-si, Gyeonggi-do



Noeul Park at World Cup Park ▶

The most famous place to watch the sunset in Seoul is Noeul Park, a part of the greater World Cup Park. Another big draw of the park is the large grassy fields and camping sites. The park site was originally a landfill, along with Haneul Park, but was turned into a beautiful attraction in time for the 2002 FIFA World Cup Korea/Japan.

The greatest charm of Noeul Park is of course the ability to enjoy a picnic in a tranquil environment. Enjoy a walk along the park's trails, stopping along the way to take some photos with the various sculptures throughout the park. As the park is known for its sunset views, with the park name even meaning "sunset" in Korean, we recommend starting your visit here around 4 or 5 in the afternoon so you can end your picnic with the vibrant red sky.

• Address: 243-60, World cup-ro, Mapo-gu, Seoul





Seonyudo Park

Yanghwadaegyo Bridge, connecting Hapjeong-dong and Dangsan-dong, passes over Seonyudo Park, an island in the middle of the Hangang River. The island was originally called Seonyubong Peak, carrying the meaning of being a small hill where godly spirits played. Also referred to as "Park of Water," this ecological park was formed by renovating an old water filtration plant.

The park is divided into various themed gardens, such as the Garden of Time, Garden of Green Pillars, a greenhouse and more. There are benches and quiet places to sit all over the park. More than anything, the park is perfect for families and couples to create memories and take photos with a unique setting.

• Address: 343, Seonyu-ro, Yeongdeungpo-gu, Seoul



Haneul Park at World Cup Park ◀

The closest to the sky of World Cup Park's five parks, this park was rightly named Haneul Park, as "haneul" means sky in Korean. Previously a landfill, the park has been decorated beautifully to overcome its shameful past. The park aims to remain natural, harnessing the natural energy of the wind through the use of five large wind-turbines, and featuring very few man-made structures. As there are no shops at the park, it's a good idea to prepare some snacks and drinks before visiting.

Haneul Park is most beautiful in October, when golden waves of eulalia grass fill the fields and cosmos flowers in varying shades of pink dot the walking paths. However, spring is not lacking in charm; the park has many great photo zones where one can take snapshots of their time here beneath the grand blue sky. Be sure to take in the view of Seoul spread out beneath you from one of the benches surrounding the edge of the park!

• Address: 95, Haneulgongwon-ro, Mapo-gu, Seoul

Osan English Camp impacts ROK future leaders

Middle school students from Pyeongtaek City and Osan Middle High School pose for a group photo at Osan Air Base, Republic of Korea, March 28, 2019. The students graduated from Osan's English Camp, where Korean students are paired with U.S. counterparts, live with their families, experience American classes and tour the base, as part of the U.S. Forces Korea Good Neighbor Program. (U.S. Air Force photo by Staff Sgt. Sergio A. Gamboa) ▶

By 51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- The 51st Fighter Wing hosted its 14th annual Osan English Camp as part of the U.S. Forces Korea Good Neighbor Program at Osan Air Base, Republic of Korea, March 26-28.

The camp introduced 20 8th grade students from Pyeongtaek City middle schools to Team Osan families, culture, missions and how they contribute to the defense and alliance of the country.

This camp gives students an opportunity to study practical English and build confidence through communicating with American friends and to experience the culture first-hand, said Mi Cha Yang, superintendent of the Gyeonggido Pyeongtaek office of education, through an interpreter.

The students were paired with U.S. 8th grade counterparts from Osan Middle High School, lived with their counterparts' family, experienced



American classes and toured the base.

"I think this program is very good for all the students," said Hyung Yong Lee, a participant of this year's English Camp. "I made new friends and learned a lot of American customs."

The end goal of the camp is for students to graduate and become goodwill ambassadors, all while improving their English skills and promoting the U.S. and ROK alliance.

"The foundation for an alliance comes from understanding each other's nations," said Dae Hwan Kim, a public affairs specialist assigned to the 51st Fighter Wing. "For continued alliance, it is essential for future leaders of the ROK and U.S. to learn one another's culture. This program has been soil, rain, and sunlight for great seeds that have infinite potential to root and grow."

The program expands awareness of the Good Neighbor Program and community relations efforts while making a positive impact on future leaders of the ROK.

Korean War: Battle of Bayonet Hill

By Staff Sgt. Ramon A. Adelan 51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- As we celebrate National Medal of Honor Day March 25, here at Osan Air Base we recognize U.S. Army Capt. Lewis Millett for his actions during the Korean War.

On Feb. 5, 1951, Capt. Millett led Easy Company, 27th Infantry Regiment, through a rice paddy field toward Chinese and Korean forces. After being pinned down by enemy fire, Millett ordered his soldiers to, "fix bayonets," and charge up a hill towards their enemy.

After two days of battle, Millett and his men were pushed back to the base of the hill and again were facing heavy enemy fire. He knew he needed to get his men to higher ground. Millett yelled to his men, "We're going up the hill. Fix bayonets. Charge! Everyone goes with me!"

On the way up the hill, Millett ran ahead of his soldiers having to dodge both enemy and friendly grenades. He was able to dodge eight of them, but the ninth left shrapnel in his legs and back.

Millett continued to the top of the hill and signaled to his men that the hill was theirs. Nine soldiers and approximately 100 enemy soldiers were killed during the battle.

Millet was presented the Medal of Honor July 15, 1951, by President Harry Truman for his actions during what would become known as the Battle of Bayonet Hill.

While the battle is unquestionably considered a turning point in the Korea War, there are various opinions surrounding the exact location of the hill.

Hill 180, located on Osan Air Base, plays host to a memorial site and an annual ceremony and is thought by many to be the location where Millett earned the Medal of Honor.

Other evidence supports the idea that the battle may have been fought on another hill west of Anyang, ROK.



Col. Lewis Millett and Lt. Gen. Charles Heflebower, prior 7th Air Force commander, salute during a Hill 180 ceremony in February 2000. Team Osan pays tribute to the soldiers of the 27th Infantry Regiment annually, whose heroic actions helped secure the freedom of South Koreans during the Korean War in 1951. Millett received the Medal of Honor after the battle. (Courtesy photo)