

President visits troops, North Korea

By Tech. Sgt. Rachelle Blake 51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- For the first time in U.S. presidential history, the President of the United States, Donald J. Trump, stepped onto North Korean soil, meeting with Chairman Kim Jong-un as part of a two-day visit to the Korean peninsula, June 29-30, 2019.

Reliving the historic moment, Trump addressed troops charged with maintaining stability in the region from all joint services under U.S. Forces Korea at Osan Air Base.

"We had a great meeting," said Trump. "We are in this together and want to get this thing solved. It has been going on a long time."

Hundreds of joint service members and dependents gathered to hear the president's message.

"To all the service members from U.S. Forces Korea, today I am here to tell you that 330 million American hearts beat with a gratitude for your selfless service," he said. "We are also joined by many amazing military spouses and families. They keep you going and you wouldn't be the same without them."

Trump was accompanied by Secretary of State, Mike Pompeo, and his daughter and advisor, Ivanka Trump.

"It is wonderful to get a chance to see the fighting men and women of America," said Pompeo. "Thank you for what you do to serve America each and every day."

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Red Flag-Alaska 19-2: Indo-Pacific 'one team' mentality



PAC ANGEL 19-1 wraps up in Bangladesh



10 Summer Beach Destinations

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Edwards AFB sends earthquake response to nearby base



A portion of Highway 178 near Ridgecrest is damaged following two earthquakes July 4 and 5, as seen from a Blackhawk helicopter. (Photo courtesy of U.S. Geological Survey)

By Staff Sgt. Mackenzie Mendez, 8th Fighter Wing Public Affairs

EDWARDS AIR FORCE BASE,

Calif. (AFNS) -- Following two earthquakes that rocked the high desert area, members of Edwards Air Force Base provided emergency crews to Naval Air Weapons Station China Lake near Ridgecrest, California.

According to the U.S. Geological Survey, the first earthquake struck at 10:33 a.m. July 4 with a 6.4 magnitude and is now considered a foreshock. A second quake shook the area the following day at 8:20 p.m. with a stronger 7.1 magnitude. Estimated economic losses of what the USGS now calls the Searles Quake are at least \$1 billion; furthermore, the air control tower at Plant 42 was also damaged. The exact extent of that damage is still under review.

The USGS calls it the strongest seismic activity in more than 20 years. Following both quakes, Edwards AFB emergency crews surveyed local buildings for damage.

"Crews maintained their posture locally after the (July 4th) earthquake; responders went through the base looking for damage during that time," said Timothy Johnson, Edwards AFB Fire and Emergency Services fire chief. "(Then) I received a request from NAWS China Lake Fire Department to help support in damage assessment, fire suppression and accountability of any lost personnel."

The Edwards AFB response consisted of a fire engine company, a rescue company and a division chief, Johnson said.

Brig. Gen. E. John Teichert, commended Edwards AFB response locally, as well as in support of NAWS China Lake.

"After the quakes...our defender, firefighter and civil engineer teams went out to do initial damage assessment to ensure Edwards (AFB) and Plant 42 was safe and secure; we immediately established communications with Naval Air Weapons Station China Lake, and they didn't need anything from us after the Thursday quake, but they needed our help on Friday," Teichert said. "And immediately, we deployed a fire and rescue team to work throughout the night and morning to do their initial response and emergency response for what they needed at NAWS China lake."

Besides emergency first responders, Edwards AFB also deployed structural, electrical and plumbing engineers to NAWS China Lake. The base also underwent preparations in the event the Federal Emergency Management Agency needed to use Edwards AFB as a staging base.

Teichert thanked members of Edwards AFB for their actions in a video message he released through social media.

"Thank you so much for being part of an incredible team," Teichert said. "On a four-day weekend, you demonstrated your genuine concern for others, your professionalism and perfectly described some of those principles in the National Defense Strategy -- like full-spectrum readiness and partnering with joint teams. Thank you so much for what you do every single day."



8th SFS takes first at PACAF competition

By Staff Sgt. Mackenzie Mendez 8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea --A team of 8th Security Forces Squadron defenders took first place, during Pacific Air Forces' Advanced Combat Skills Assessment competition at Andersen Air Force Base, Guam, June 24 to 28.

The 8th SFS team competed against 10 teams of PACAF's top defenders. Over the week, the 11 teams competed in numerous events that challenged the defenders' mental and physical fortitude including hand-to-hand combatives, marksmanship, range estimation, physical fitness, land navigation and building clearing tactics.

"The competition challenges security forces members to come together, use everyone's strengths and weaknesses and form one efficient and effective team," said Staff Sgt. Charles Murray, 8th SFS 2019 ACSA team member. "It was fantastic to see security forces from all around the Pacific, from different backgrounds and experiences in the competitive spirit, challenging each other to improve."

For a month leading up to the competition, Wolf Pack defenders trained daily and honed their physical fitness, law enforcement and deployment skills in preparation for the weeklong competition.



The 8th Security Forces Squadron 2019 Advanced Combat Skills Assessment team celebrate their victory following the weeklong competition at Andersen Air Force Base, Guam, June 28, 2019. The 8th SFS team competed against 10 teams of PACAF's top defenders in numerous events that challenged the defenders' mental and physical fortitude including hand-to-hand combatives, marksmanship, range estimation, physical fitness, land navigation and building clearing tactics. (Courtesy Photo)

July 12, 2019

Airman 1st Class Cornelis Mol, 8th Security Forces Squadron 2019 Advanced Combat Skills Assessment team member, trains on clearing and breaching buildings at Kunsan Air Base, Republic of Korea, June 3, 2019. The five-person team trained for a month prior to traveling to Andersen Air Base, Guam, for the weeklong competition. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ►

"The biggest challenge throughout the training was pushing through the mental and physical barriers," said Murray. "Our coach, Staff. Sgt. Gomez, was invaluable throughout the training and the competition. He showed us that through teamwork we can achieve a common goal and accomplish the mission."

The training prepared the five-person team for the competition and sharpened their real-world tactical knowledge, essential for every security forces member whether deployed or stationed overseas.

"The training helped the team improve on skills used in their everyday operations, including firing, physical fitness and tactics," said Staff Sgt. Oscar Gomez, 8th SFS 2019 ACSA team coach. "These skills are of the utmost importance because first and foremost, we are first responders."

In addition to bringing home the top team trophy, they also placed first in three of the five events, including the mental and physical challenge, combat weapons and the combat fitness challenge.

"While they were the ones that put in the blood, sweat and tears, their victory ends up being one celebrated by the entire squadron," said Lt. Col. Eric Horst, 8th SFS commander. "Any time any of our personnel rise to these types of challenges, they do so as a representative of the squadron. This time they did an exceptional job showcasing what the 8th Security Forces Squadron is all about."

NEWS







Airman 1st Class Eric Dillingham, 8th Security Forces Squadron 2019 Advanced Combat Skills Assessment team member, performs Self Aid Buddy Care during a training exercise at Kunsan Air Base, Republic of Korea, June 4, 2019. The Kunsan team trained throughout the month of June for the Pacific Air Forces' ACSA competition at Andersen Air Force Base, Guam, June 24 to 28, 2019. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ▲

Staff Sgt. Richard Gardner, 8th Security Forces Squadron 2019 Advanced Combat Skills Assessment team member, lifts an ammo can during physical training at Kunsan Air Base, Republic of Korea, June 5, 2019. Team Kunsan not only brought home the top team trophy, they also placed first in three of the five events, including the mental and physical challenge, combat weapons and the combat fitness challenge. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ► A team of 8th Security Forces Squadron defenders trained throughout the month of June for the Pacific Air Forces' Advanced Combat Skills Assessment competition at Andersen Air Force Base, Guam, June 24 to 28, 2019. The five-person team placed first in three of the five events, including the mental and physical challenge, combat weapons and the combat fitness challenge. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ▲



PAC ANGEL 19-1 wraps up in Bangladesh



By 2nd Lt. Brigitte Brantley Pacific Air Forces Public Affairs

LALMONIRHAT, Bangladesh -- More than 50 U.S. military personnel, alongside service members from Nepal, Sri Lanka and Thailand, conducted several humanitarian assistance events throughout Lalmonirhat, Bangladesh, during Pacific Angel 19-1, June 22-28, 2019.

Throughout that time, the U.S. and partner nations teamed up to provide medical care and engineering assistance as well as to conduct subject matter expert exchanges in coordination with the Bangladesh air force and civil organizations, such as the Red Crescent and Ministry of Health.

"Pacific Air Forces is honored to be a part of this important effort during Pacific Angel's 12th year," said U.S. Air Force Brig. Gen. Mark Crosby, Oregon Air National Guard assistant adjutant general and State Partnership Program director. "Pacific Angel events are a tangible expression of the United States' commitment to South Asia and the U.S. Indo Pacific Command's region and demonstrate our continuing resolve to support international disaster and humanitarian relief



Bangladesh Air Force Maj. Gen. M. Nazoul Islam, center left, commanding officer of BAF Base Matiur Rahman, and U.S. Air Force Maj. Kristoffer Palmer, center right, Pacific Angel 19-1 mission commander, speak with teachers after celebrating the opening ceremony of Pacific Angel 19-1 at Kazir Chowra Bilateral High School in Lalmonirhat, Bangladesh, June 23, 2019. Pacific Angel 2019 is a joint and combined humanitarian assistance engagement, enhancing participating nations' humanitarian assistance and disaster relief capabilities while providing beneficial services to people in need throughout South and Southeast Asia. (U.S. Air Force photo by 2nd Lt. Brigitte N. Brantley)



U.S. Air Force Staff Sgt. Danny Mclain, 18th Civil Engineer Squadron structural craftsman, Kadena Air Base, Japan, hands out candy to students during Pacific Angel 19-1 in Lalmonirhat, Bangladesh, June 25, 2019. These humanitarian assistance exercises build relationships between Bangladesh, the United States, and other regional nations, promoting military-civilian-nongovernmental organization cooperation. (U.S. Air Force photo by Staff Sgt. Ramon A. Adelan)

efforts in this region. This is a lasting demonstration of our commitment to the great people of Bangladesh and towards enhancing our bilateral relations with the proud men and women of the Bangladesh air force."

Oregon and Bangladesh are paired up through the State Partnership Program, which is run by the Department of Defense. Through the SPP, the National Guard conducts military-to-military engagements in support of defense security goals.

"One of the goals of PAC ANGEL is to build partner capacity and strengthen these relationships so that we are able to better operate together in the future, particularly when it comes to humanitarian assistance and disaster relief.," said U.S. Air Force Maj. Kristoffer Pfalmer, a navigator assigned to the 152nd Air Wing, Nevada Air National Guard and PAC ANGEL 19-1 mission commander. "Being here and seeing improvements happen day by day is a once in a lifetime opportunity."

Based on the need of the Lalmonirhat community, the Bangladeshi government chose a local high school as the primary location to provide medical services to community residents. The high school and



U.S. Air Force Maj. Stephen Berg, 374th Dental Squadron dentist, Yokota Air Base, Japan, evaluates a patients' teeth during a trial day before Pacific Angel 19-1 in Lalmonirhat, Bangladesh, June 22, 2019. The United States, at the invitation of the Government of Bangladesh, provides support by conducting medical, dental, optometry and engineering programs. (U.S. Air Force photo by Staff Sgt. Ramon A. Adelan)

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four additional schools were provided structural updates and projects provided by U.S. Air Force civil engineers.

The medical care provided at the clinics included dental, optometry and general medicine services. Care was given with the assistance of Bangladeshi translators, who worked to ensure each patient's needs were clearly communicated.

"It's a mission of goodwill and of humanitarian efforts for the Bangladeshi people, and also the opportunity to work with people from other countries and learn how to work together to treat patients in a multicultural setting," said U.S. Air Force Capt. Alan Bordon, a physician assigned to the 35th Medical Group, Misawa Air Base, Japan. "We're lucky to be here to provide something to these people and let them know that we're here to help."

Now in its 12th year, PAC ANGEL has ensured the region's militaries are prepared to work together.

Since 2007, PAC ANGEL engagements have impacted the lives of tens of thousands of people by providing health services ranging from dental, optometry, pediatrics and physical therapy to civil engineer programs, humanitarian aid and disaster relief and subject matter expert exchanges.

NEW



Bangladeshi workers construct a pathway leading to the medical clinic for Pacific Angel 19-1 in Lalmonirhat, Bangladesh, June 22, 2019. Pacific Angel 2019 is a joint and combined humanitarian assistance engagement, enhancing participating nations' humanitarian assistance and disaster relief capabilities while providing beneficial services to people in need throughout South Asia. (U.S. Air Force photo by Staff Sgt. Ramon A. Adelan)

'Be Ready' during hurricane season, always

By Mark Kinkade AFIMSC Public Affairs

TYNDALL AIR FORCE BASE, Fla. (AFNS) --With hurricane season underway, the Air Force's emergency management team is reminding people that disasters can happen anywhere, anytime. Their advice?

"Be ready," said Robert Genova, the Air Force emergency management operations support section manager with the Air Force Civil Engineer Center at Tyndall Air Force Base, Florida. "In the past 12 months, we've seen that disasters and other emergencies are unpredictable. The best thing Airmen can do is take simple precautions to protect themselves and their families if something happens."

Although June marks the beginning of hurricane season, the emergency management team knows first-hand that emergencies don't have off-seasons. Hurricane Michael devastated Tyndall AFB in October 2018, causing an estimated \$4 billion in damages and forcing the entire base population to evacuate.

The Air Force also experienced other largescale emergencies, including massive flooding that caused damage to facilities at Offutt Air Force Base, Nebraska; an earthquake that hit Eielson Air Force Base, Alaska; and tornadoes that recently struck Wright-Patterson Air Force Base, Ohio.

"In all these situations, damage was extensive." Genova said. "But injuries were minimal and no one associated with the Air Force died as a result of the disaster. Being prepared and knowing what to do in these critical moments has a huge impact on the outcome and makes the crisis more manageable."

To help Airmen prepare for emergencies, the Air Force launched the "Be Ready" awareness campaign in 2012. The campaign emphasizes three key things Air Force families can do to prepare for potential emergencies:

Get a kit: assemble a collection of first aid supplies, food, water, medicine and important papers to get through the emergency.

Make a plan: know how to stay in touch with family, where to go for safety and how to reunite.

Be prepared: anticipate emergencies that likely could occur.

Genova said Tyndall AFB's experience with Hurricane Michael demonstrated the effectiveness of the preparation strategy.

"Fortunately, we had some warning that the hurricane was coming," he said. "Leadership ordered an evacuation and people were prepared. Many had kits and they had planned where they were going to go. Michael destroyed a majority of the base, but our people were safe."

While some threats are seasonal, such as hurricanes, there are many other natural, man-made and technological hazards that can occur without notice, said Kathryn Moses, an Emergency Management team mission assurance and communications specialist.

"The 'Be Ready' campaign provides an abundance of pertinent information for coping with multiple different types of emergencies as they are happening, as well as what to expect afterwards," she said.

Hazards and threats covered range from droughts, floods, wildfires, tsunamis, earthquakes, hurricanes and typhoons; thunderstorms and lighting, tornadoes, extreme heat or cold and volcanoes to active shooters, terrorism, hazardous material incidents, home fires, power outages and nuclear power plants.

In 2017, AFCEC's Emergency Management Division updated the "Be Ready" mobile application to compliment the revised Air Force Emergency Preparedness Guide. The app offers the user (military, civilians, contractors and family members) key resources and personalized selections needed for an emergency, including a list of all hazard/threat information, checklists, links to useful websites and tools to build emergency plans. The app is available for download from the app stores for Android and Apple devices.

"Emergencies that have impacted the Air Force recently are reminders," Moses said. "While disasters are unpredictable, preparation is something everyone can do to 'be ready.'

"Preparation is a constant process," she added. "We know it works because while the Air Force has had a lot of natural emergencies in the past year, people were able to stay safe. They were able to protect themselves and their families. We believe that's because they were prepared. They were ready."

For more information about emergency preparedness information visit the Be Ready page.

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NEWS

U.S. Air Force Capt. Jake "Primo" Impellizzeri, Pacific Air Forces' F-16 Demonstration Team commander, performs a high-speed pass during the Cope West 19 open house at Sam Ratulangi International Airport, Manado, Indonesia June 22, 2019. The Cope West 19 open house was one of many events throughout 2019 celebrating the 70th anniversary of diplomatic relations between the U.S. and Indonesia. The Cope West 19 open house provided an opportunity for the local communities around Manado to engage with their nation's military and a key partnering nation. (U.S. Air Force photo by Staff Sgt. Melanie A Hutto)



Cope West Open House joins U.S., Indonesia communities together

By Staff Sgt. Melanie Hutto Pacific Air Forces Public Affairs

MANADO, Indonesia -- More than 5,000 Indonesian citizens flooded the Sam Ratulangi International Airport flightline during the Cope West 19 open house and interacted with U.S. and Indonesian service members in Manado, Indonesia, June 22.

The event, organized by the U.S. Pacific Air Forces and Indonesian armed forces, provided an opportunity for the local communities around Manado to engage with their nation's military and a key partnering nation.

A U.S. Air Force F-16C Fighting Falcon assigned to the 14th Expeditionary Fighter Squadron, based out of Misawa Air Base, Japan, showcased combat air power alongside the Indonesian air force's F-16C and an H-225M Cougar helicopter.

During the event, Indo-Pacific Command Team of U.S. Embassy-Jakarta members set up a small kiosk showcasing U.S.-Indonesian 70th anniversary bilateral relations items and educational handouts for children.

"This event provided a venue to display the collaboration and partnership Indonesia and the United States have enjoyed for 70 years," said U.S. Army Sgt. 1st Class Onix Cordero, the C Company 97th Civil Affairs Battalion team



U.S. Air Force Capt. Jake "Primo" Impellizzeri, the Pacific Air Forces' F-16 Demonstration Team commander, shakes hands with Staff Sgt. Andrew Newsome, a PACAF F-16 Demonstration Team crew chief, prior to take-off during the Cope West 19 open house at Sam Ratulangi International Airport, Manado, Indonesia June 22, 2019. The team's primary mission is to showcase the F-16's capabilities across the Pacific region however, the local community relations built during air shows are paramount. (U.S. Air Force photo by Staff Sgt. Melanie A Hutto)

sergeant, based out of the U.S. Embassy-Jakarta. "Community relations events such as this provide the local populace an up-close and personal experience of the professionalism and collaboration their nation's military conducts alongside their U.S. counterparts."

The team handed out educational books, back packs, writing supply materials, in commemoration of diplomatic relations between the U.S. and Government of Indonesia.

Cordero added that the intent of promoting the 70th anniversary is about looking forward to what the two nations can accomplish together as two diverse democracies and creating a prosperous future for both nations.

To commemorate the year-long celebration of diplomatic relations between the United States and Indonesia, the Pacific Air Forces' F-16 Demonstration Team captured the audience's attention with a pristine ground performance and jawdropping display of the F-16's multi-role capabilities.

"I've never seen the F-16 do those types of maneuvers in person," exclaimed a Cope West open house attendee. "I couldn't keep my eyes off their performance."

While the team's primary mission is to showcase the F-16's capabilities across the Pacific region, the local community relations built during air shows are paramount.

"It was such an honor to perform during the Cope West 19 open house," said U.S. Air Force Capt. Jake Impellizzeri, the PACAF F-16 Demonstration Team commander. "This was the first time the Demo Team has performed a show in Indonesia, and we hope it won't be the last. The local community has showed us such kindness and enthusiasm."

Impellizzeri and Cordero agreed this event was successful in displaying the two nation's partnership and demonstrated how these friendships come from a foundation of shared democratic values and common interests.

NEWS



U.S. Air Force Capt. Jake "Primo" Impellizzeri, Pacific Air Forces' F-16 Demonstration Team commander, meets Indonesian armed forces leadership during the Cope West 19 open house at Sam Ratulangi International Airport, Manado, Indonesia June 22, 2019. Community relations events such as this provided the local populace an up-close and personal experience of the professionalism and collaboration their nation's military conducts alongside U.S. counterparts. (U.S. Air Force photo by Staff Sgt. Melanie A Hutto) ▲



U.S. Air Force Capt. Jake "Primo" Impellizzeri, Pacific Air Forces' F-16 **Demonstration Team** commander, soars through the sky over Sam Ratulangi **International Airport**, Manado, Indonesia June 22, 2019. The Cope West 19 open house, organized by the U.S. Pacific Air **Forces and Indonesian** armed forces, provided an opportunity for the local communities around Manado to engage with their nation's military and a key partnering nation. (U.S. Air Force photo by Staff Sgt. Melanie A Hutto) ◀



U.S. Navy Petty Officer 1st Class Nickolas Czyzewski, an analyst with the U.S. Indo-Pacific Command Augmentation Team-Indonesia, gives a backpack to a child during the Cope West 19 open house at Sam Ratulangi International Airport, Manado, Indonesia June 22, 2019. During the event, a team of U.S. Embassy-Jakarta members set up a small kiosk showcasing U.S.-Indonesian 70th anniversary bilateral relations items and educational handouts for children. The team handed out educational books, back packs, writing supply materials, in commemoration of diplomatic relations between the U.S. and Government of Indonesia. (Courtesy photo) ▲ U.S. military members take a group photo with students from a local school during the Cope West 19 open house at Sam Ratulangi International Airport, Manado, Indonesia June 22, 2019. During the event, a U.S. Indo-Pacific Command Team of U.S. Embassy-Jakarta members set up a small kiosk showcasing U.S.-Indonesian 70th anniversary bilateral relations items and educational handouts for children. The team handed out educational books, back packs, writing supply materials, in commemoration of diplomatic relations between the U.S. and Government of Indonesia. (Courtesy photo) ▼





A U.S. Air Force F-16 Fighting Falcon from the 14 Fighter Squadron, Misawa Air Base, Japan, pulls the mobile aircraft arresting system (MAAS) cable at the Sam Ratulangi International Airport, Manado, Indonesia, June 17, 2019. The MAAS is a contingency airfield asset that allows for the safe retrieval of tail hook aircraft during an in-flight emergency. It is air-portable and can be installed in a variety of methods and on practically any surface type to provide coverage in a variety of scenarios. (U.S. Air Force photo by Staff Sgt. Melanie A. Hutto)

35th Civil Engineer Squadron Airmen ensure F-16 pilots safety

By Staff Sgt. Melanie Hutto, Pacific Air Forces Public Affairs

MANADO, Indonesia -- Six 35th Civil Engineer Squadron (CES) technicians from Misawa Air Base, Japan, forward deployed the mobile aircraft arresting system (MAAS) in support of Cope West 19 at the Sam Ratulangi International Airport, Manado, Indonesia, June 17, 2019.

The MAAS is a contingency airfield asset designed to ensure U.S. pilots safely come to a stop in the event of an in-flight emergency (IFE) and is required whenever the F-16 Fighting Falcons travel to a location that doesn't have a permanent aircraft arresting system.

"The MAAS took us three days to setup," said U.S. Air Force Tech. Sgt. DeMarco Poole, a 35th CES electrical system craftsman from Misawa Air Base, Japan. "Once installed, the system has to be certified to make sure it works properly, and to make sure it can handle the aircraft engagements."

The system includes a cable that stretches across the runway secured on each edge by two separate units. In case of an IFE upon take-off or landing a tailhook drops from the body of the plane so it can snag the cable, which uses controlled friction to pull the plane to a stop in as little as 300-400 feet. The cable attaches on each end to cargo straps that wind and unwind onto large spools.

Poole continued saying the benefits of having it, outweigh the catastrophic event that could occur without it.

Due to the exercise taking place at a civilian airport, the Airmen had to setup and remove the cable from the runway after each sortie to allow non-military aircraft to land without delay.

"Flying operations for Cope West 19 wouldn't have happened without the successful installation of the MAAS," said U.S. Air Force Capt. Jared Morris, a 14th Fighter Squadron F-16 Fighting Falcon pilot. "This would not have been possible without the technical expertise of the MAAS team, coordination between the air traffic controllers and all the Airmen who stepped up to help."

Cope West is a two week Pacific Air Forces-sponsored, bilateral exercise designed to advance interoperability and build upon already established partnerships between U.S. and Indonesian military forces. The exercise affords both countries the opportunity to exchange techniques in aircraft generation, recovery, close air support and air-to-air fighter training.



U.S. Air Force Tech. Sgt. DeMarco Poole, a 35th Civil Engineer Squadron electrical system craftsman from Misawa Air Base, Japan, spaces out the rollers on the mobile aircraft arresting system (MAAS) cable at the Sam Ratulangi International Airport, Manado, Indonesia, June 17, 2019. The small rollers keep the cable up off the runway so the hook can grab it. Six MAAS technicians forward deployed to Indonesia to support Cope West 19.The MAAS is designed to ensure pilots land and takeoff safely in the event of an in-flight emergency. (U.S. Air Force photo by Staff Sgt. Melanie A. Hutto)

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President Donald J. Trump addresses service members and their families during an event at Osan Air Base, Republic of Korea, June 30, 2019. U.S. Forces Korea supports a wide array of joint and combined operations giving service members regular training interactions with others services and multinational forces. (U.S. Air Force photo by Staff Sgt. Sergio A. Gamboa) ◀

President Donald J. Trump addresses service members and their families during an event at Osan Air Base, Republic of Korea, June 30, 2019. U.S. Forces Korea supports a wide array of joint and combined operations giving service members regular training interactions with others services and multi-national forces. (U.S. Air Force photo by Staff Sgt. Sergio A. Gamboa) ▼

- Continued from front page -

"God bless America and God bless each and every one of you for being out here, for everything you do and your sacrifices and your service," she said. "We are very grateful to you and your loved ones who serve our nation out of uniform."

Trump also shared his enthusiasm for the Department of Defense budget increase allowing for production of new aircraft, ships and tanks, but recognized military members as the ultimate asset.

"Together the men and women of America's Armed Forces are the most extraordinary warriors ever to walk the face of the earth," he said. "You stand ready to vanquish any danger and deliver the full might of American justice whenever and wherever duty calls ... You are prepared to deter, defeat and defend against any threat."

Trump closed with a moment of gratitude.

"Let me thank every warrior in the audience who serves a righteous mission," he said. "You are fantastic. I salute you. Our nation will never forget the sacrifices of every American service member here today and those stationed throughout the world ... No one is tougher and no one is braver."

President Donald J. Trump addresses service members and their families during an event at Osan Air Base, Republic of Korea, June 30, 2019. U.S. Forces Korea supports a wide array of joint and combined operations giving service members regular training interactions with others services and multi-national forces. (U.S. Air Force photo by Staff Sgt. James L. Miller) ►





CRIMSON SKY

BARBEQUE SAFETY

eople look forward to happy summer and barbecue season is finally here! Summertime, however, also brings fires and injuries due to barbeque

grills. According to the United States Fire Administration, grill fires on residential properties result in an estimated average of 10 deaths, 100 injuries, and \$37 million in property loss each year. Knowing a few fire safety tips and practice the following guidelines will help everyone have a safe summer.



Before Barbecuing

1. Check your grill thoroughly for leaks or cracking before using it.

- 2. Make sure the grill is at least 25 feet away from a building or 50 feet from an aircraft and flammable storage. Do not BBQ under overhangs or indoors.
- 3. Keep children away from fires and grills. It is a good idea to establish a safety zone around the grill and instruct children to remain outside the zone.
 - 4. Have fire extinguishers or a garden hose attached to a water supply.
 - **During Barbecuing**
 - 1. Do not wear loose clothing while cooking at a barbeque.
 - 2. Use only a labeled starter fluid to start fires in the grill.
 - 3. Never leave the grill unattended.
- 4. Keep alcoholic beverages away from the grill, they are flammable. 5. Make sure everyone knows to STOP, DROP and ROLL in case a piece of clothing does catch fire.

After Barbecuing

1. Keep your grill and free of grease buildup that may lead to a fire. 2. Never store liquid or pressurized fuels inside your home.

In case of fire or emergency, dial 911 or 0505-784-9111. Any questions on this matter, please do not hesitate to contact Fire Prevention Office at 784-4834 or 4835.

2019 International Electronic Warfare Conference July 23rd (Tue), 2019 (10:00-16:20) **Airforce Club, Seoul**

It is a great pleasure to invite you to 2019 International Electronic Warfare Conference - an event where you can share your thoughts and insights on the development of electronic warfare in the 4th industrial revolution era. EW, a core force for a guaranteed victory Recently, many countries around the world are striving towards enhancing EW capabilities, most notably by developing various types of EW weapon systems. Especially, with the advent of technologies of the 4th Industrial Revolution represented by AI and Big Data, it is imperative that we focus on integrating these technologies into the electronic warfare to bring innovative changes.

Facing an era of sea change in science and technology, the Republic of Korea Air Force is co- hosting 2019 International Electronic Warfare Conference with the Association of Old Crows (AOC), Hanyang University, and the Agency for Defense Development (ADD). This event will build consensus on the need for strengthening the ROK Armed Force's EW capabilities by serving as an opportunity to discuss the future way ahead for electronic warfare in the era of 4th Industrial Revolution. Your presence at the 2019 International Electronic Warfare Conference will make this event all the more meaningful for all parties in developing electronic warfare.

Pre-Registration: By July 18th (Thur), 2019 On-Site Registration: July 23rd (Tue), 2019. 09:30 (Airforce Club, Seoul)

Registration Fee

■ Pre-Registration: General ₩150,000/Retired ₩50,000/Active-Duty Free ■ On-Site Registration: General ₩170,000/Retired ₩70,000/Active-Duty Free

Contact Information

For Active-Duty - Tel: 920-3552~4 (Military) / 042-552-3552~4 (General) E-mail : victory304@af.mil (Military Intranet) victory304@naver.com For Public / Retired - Tel: 042-821-4953 / E-mail: jpkim04@add.re.kr



42 Segued to something else

48 Heat theorem inventor

51 Mediterranean country

53 Popular ice cream flavor

65 Roxy Music member Brian

69 Opposite of home, to sports teams

44 Honored guest

47 Summer in Paris

60 Gun lobby group

70 Begley Jr. or Helms

71 Infected by a zombie

45 First woman

46 La cosa

57 Anger

66 Subs

61 Fragment

72 Drill a hole

75 Toboggan

38 Soldiers

54 \$100 US

43 Hops kilns

49 Corporal or sgt 50 Bushes

55 Give a speech

57 Give sustenance

62 Missing, to a soldier

64 Colored one's hair

58 Fix a mistake

59 Thorny flower

63 Uncommon

68 Social media

67 o or 1

30 SMOAK

56 Not sooner

73 A female deer

74 Turns the wheel

32 Eye's focal point

37 Words at a wedding

39 Goes with fire or army

52 Goes dry, to an alcoholic

33 Come together 34 Fancy coat collar

ACROSS

- 11 Surveillance camera
- 5 Yellow Teletubby 11 "It's Always Sunny" actor Charlie
- 14 Black-and-white cookie
- 15 Email address symbol
- 16 Water below o degrees Celsius 17 Wimpy
- 18 Not victorious
- 19 Genetic data transmitter
- 20 Camry or Sonata
- 22 Goes with lemon or Gator
- 23 ____ space 25 Electromagnetic waves
- 28 Shirt arm
- 31 Convenient
- 35 Egg-layer
- 36 Old computers
- 40 Out _ limb 41 Consume

DOWN

- 1 Police officers
- 2 Motley
- 3 Take care of 4 Trek
- 5 Experimental research setting
- 6 Mr. T TV show
- 7 Carne 8 Gallon alternative
- 9 Number of birthdays
- 10 Bothers
- 11 Soil 12 Pimples
- 13 365 days
- 21 Military base at the coast
- 24 Acceptable ___ policy 26 2000 Christopher Nolan film
- 27 Germany neighbor 28 "Platoon" actor Charlie
- 29 Exit
- 30 Return, on a keyboard

to Previous Crossword ACROSS 1 PLANB 6 UTD 9 GIGLI 14 KOREA 15 HUE 16 AGAIN 17 GREENHORN 19 SOLES 20 SEA 21 JOHNNYBRAVO 23 BOW 24 YEA 25 HALO 28 LBS 31 AGHAST 36 UDON 37 EMIT

39 AGAR DOWN 40 FESS 41 PEONS 42 LOKI 1 PKGS 2 LORE 43 FLEA 44 USAF 3 AREA 4 NEE 45 TREK 46 SERIAL 5 BANJO 6 UHOH 7 TURN 8 DENNY 48 KOS 50 EASE 9 GASBAG 10 IGOR 53 AIR 55 BETATESTING 61 LOU 11 GALA 2 LIEV 64 FLAME 65 HOMELOANS 13 INSO 18 HOWI 67 FORMS 68 ERA 22 YEATS 23 BONSAI 69 OUNCE 70 SNOOT 25 HUFFS 26 ADELE 71 NIX 27 LOSER 29 BEES 72 ORDER

51 TSA

22 HAITER 33 AGORA 33 AGORA 34 SAKES 35 TRIKE 38 INFO 41 PULSE 47 ATTEST 49 SANE 52 ASHEN 54 IGLOO 55 BFFS 56 ELON 57 TARO 58 AMMO 59 TORI 60 IMAX 61 LAND 62 ONCE 63 USER 66 OUR

Photo NEWS

July 12, 2019



ireworks explode behind a C-130J Super Hercules during Celebrate America at Yokota Air Base, Japan, July 3, 2019. Celebrate America is an annual event that provides military members and their families the opportunity to enjoy games, food and bands before culminating in a fireworks display over the Yokota airfield to celebrate Independence Day. (U.S. Air Force photo by Airman 1st Class Brieana E. Bolfing) ▲





n F16-D Fighting Falcon pilot from the 40th Flight Test Squadron demonstrates proper flare technique during a training mission near Eglin Air Force Base, Fla., June 6, 2019. A flare is an aerial infrared countermeasure used by planes or helicopters to counter an infrared homing surface-to-air missile or air-to-air missile. (U.S. Air Force photo by Senior Airman Joshua Hoskins) ▲

The 143d Airlift Wing welcomes home more than 100 Airmen from their recent deployment in support of Operation Freedom's Sentinel, July 4, 2019 at Quonset Air National Guard Base, North Kingstown, R.I. The Airmen returning include personnel from a cross-section of aviation operations, aircraft maintenance and support specialties. (Air National Guard Photos by Staff Sgt. Deirdre Salvas) ◄

epartment of Defense Warrior Games female athletes pose for a photo after the sitting volleyball finals in Tampa. Fla., June 30, 2019. Warrior Games is a Paralympic style sporting event with 300 athletes from all DoD service branches and five international coalition partners. Active duty and veteran wounded warriors compete in 13 adaptive sports to inspire recovery, support rehabilitation and generate a wider understanding and respect of those who serve their country. Warrior Games athletes have overcome significant physical and psychological challenges, not always visible to others and have demonstrated that life continues after becoming wounded, ill or injured. (U.S. Air Force photo by Staff Sgt. James R. Crow)

A ceremony on the 81st Training Group march during the 81st TRG change of command ceremony on the Levitow Training Support Facility drill pad at Keesler Air Force Base, Mississippi, July 1, 2019. U.S. Air Force Col. Chance Geray, incoming 81st TRG commander, assumed command from Col. Leo Lawson, Jr., outgoing 81st TRG commander. (U.S. Air Force photo by Kemberly Groue)►

S. Airmen present the colors of the American flag next to their Royal military partners during the second game of Major League Baseball's London Series at London Stadium June 30, 2019. The game featured two of MLB's oldest teams, the New York Yankees and the Boston Red Sox in front of a sold-out venue of 60,000 fans. (U.S. Air Force photo by Staff Sgt. Rachel Maxwell) ▼



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Community Briefs

Kunsan

- KUNSAN PHOTO CLUB -

Interested in sharing your photography experience with others and exploring Korea along the way? Have a camera, but want to learn how to use it more completely? Then join the Kunsan Photo Club as they delve into the finer qualities of photography where the key concept is: "It's not the camera that makes a great photo, but the photographer." If interested in joining, the group can be found on Facebook, just search for "Kunsan Photo Club."

- WOLF PACK LODGE -

Lodging Space A Policy Need a break? Got family visiting and no room to house them? You can book lodging rooms on a space available basis up to 120 days in advance for a maximum of 30 days depending on availability. You can also book reservations for the holiday season (November and December) up to 30 days in advance for a maximum of 15 days. (Depending on availability) Book now for all of those relatives coming for the holiday!

Reservations – Front Desk-DSN 782-1844 or Commercial (82)63-470-1844 FAX: DSN 315-782-0633 Commercial (82)63-470-0633

- SUNDAY SONLIGHT DINNER -Every Sunday, volunteers from a specific unit cook dinner for their fellow Wolf Pack members at the Sonlight Inn. The dinner begins at 6 p.m. following grace led by a chaplain. Meals range from "breakfast for dinner" to "Italian cooking" to "Southern style." For more information or to volunteer, contact the chapel at 782-HOPE.

- SPONSOR TRAINING -

Learn creative ways to assist newcomers reporting to Kunsan AB. Registration required. Class is held at the Airman and Family Readiness Center. Call 782-5644 for more information, dates or to sign up.

- ROKAF ENGLISH CLASS -

Team 5/6 is looking for volunteers to support the ROKAF English class every Saturday, at the Sonlight Inn. You will be talking to ROKAF Airmen (enlisted) for approximately one hour. This event is open to all ranks! Civilian attire is preferred, however, UOD is allowed. For more information, contact Staff Sgt. Charles Nelson.

- PING PONG TOURNAMENT -

Free to all. Prizes for first and second places. Prizes include Wolf Pack Won. To sign up, dates or for more information, call the CAC at 782-5213 or 4679.

- WHAT'S HAPPENING -AIR FORCE ASSOCIATION (AFA): AFA monthly meetings are held at the E-Club Star Lounge every third Thursday of the month from 4 -5:30p.m. The next meeting is 18 July. Elections will be held for:

President

- Vice President
- Secretary
- Treasurer

Vice President of Aerospace Education Vice President of Airmen & Family Programs

Vice President of Awards & Recognition Vice President of Communications Vice President of Community Partners Vice President of Membership Nominations can be sent to afa.migalley.chapter@gmail.com. Website: https://afamigalleychapter.org/ CHIEF'S BREAKFAST: Airmen, E-4 and below, along with their supervisors, are invited to attend a Chief's breakfast at 7:30 a.m. in the Pacific House Dinning facility 31 July. Seats are limited, and the event will be on a first come first serve basis. If interested, email meagan.johnson@us.af.mil with your name, rank, squadron and email address. 51st MUNS CLOSURE: The 51st Munitions Squadron will be closed 3-9 Aug. for inventory. Issues, turn-ins and other request will not be supported during those dates. All needs must be requested and coordinated prior to 31 July. **ALPHA WARRIOR SUPER REGIONAL**

COMPETITION: The Osan Fitness Center will be hosting the Alpha Warrior Super Regional Competition from 9 a.m. to 3 p.m. 20 July. Athletes from Kadena, Yokota, and Misawa will compete against Osan's top regional Alpha Warrior competitors. CGOC MEETING & PD SESSION:

CGO's, you are invited to attend a CGOC meeting and professional development session with the 51 MSG commander from 11:30 a.m. to 12:45 p.m. at Par & Char Patio 19 July. Lunch will be provided and future events and gain insight on group commander/ leadership experience will be discussed.

OSAN AB SOCCER: Come out every Tuesday and Thursday at 6 p.m. to the high school field. You can come out to learn the game, have fun or get a cardio session in.

- VOLUNTEER OPPORTUNITIES -OSAN COMPANY GRADE OFFICER COUNCIL (CGOC):

The CGOC is looking for CGO volunteers for the following events-Liberty Fest

When: 4 Jul 19 from 1700-2200 Where: Base Ops Ramp Who: Volunteers need to be CGOs and/or their spouses Two shifts – 1200 to 1700 (includes

set-up) & 1700 to 2100 (includes teardown) Set-up for food booths will start at

1200.

Why: Selling hotdogs to fundraise for the CGOC **ROKAF English Speaking Competition**

When: 16 Jul 19 from 0800-1800 (1930 if individuals want to stay later for sports)

Where: Start at the O-Club, travel to Daejon via private bus, then back to the O-Club Who: CGOs For more information on the volunteer events above, please contact Capt Jason Walker (volunteer chair) at jason.b.walker19.mil@mail.mil. **BASE SEEKS SOFTBALL OFFICIALS AND SCORERS:** Along with a community service bullet, you or your dependents could earn extra spending money while serving the community and assisting with softball games on weekday evenings and Saturdays In July. Call 010-2188-5528 or email davidmoysey@yahoo.com for more

information. **AMERICAN RED CROSS VOLUNTEER OPPORTUNITIES:** To sign up, email Osan@RedCross.org

- The American Red Cross holds orientation every Tuesday in the Red Cross office bldg 924- next to Checkertails. - The American Red Cross is looking for Marketing Team members! Anyone with photography, writing, editing or live radio talk experience or interests! **VOLUNTEER FOR PLUR:** If you are interested in volunteering to serve the hungry and homeless around Seoul, please come to Seoul Station (Line 1 Exit 2) on Sunday at 7:10 p.m. For more information contact Glen Pfeiffer on Kakao (PfBomb) or visit www. facebook.com

- RECURRING -

SOUND EQUIPMENT AND PODIUMS: Have you ever needed sound equipment, microphones or podiums for your official functions? All you need to do to get comm support is to fill out the form here. Once filled out, Comm will ensure they are able to support, and respond to the POC given confirming the information is correct. If you have any questions, please feel free to contact 51 CS/SCOTT at 784-5501.

AMC PATRIOT EXPRESS PET POLICY: Are you planning to travel or PCS with your pet(s) on the AMC Patriot Express in the near future? If so, please pay close attention to the AMC Pet Brochure that outlines all guidelines including Pre Check-In information, food regulations, kennel/carrier requirements, and more. You can access the complete Pet Policy Brochure via hyperlink at this SharePoint. For questions or concerns, contact Capt Clay Chaffin at clay.chaffin.1@us.af.mil. 7 AF OPSEC NEWSLETTER: The 7 AF **Operation Security Program Manage**ment Team produces a monthly newsletter found on our 7 AF OP-SEC Sharepoint. The latest on policy memorandums, Critical Information Lists (CIL), and other important resources can also be found here. To contact the 7 AF OPSEC Program Managers, please email "7AF.OPSEC1@ us.af.mil"

AIR FORCE CHIEF OF STAFF READ-ING CLUB: In July, Capt Bryce Mitchell and TSgt Edin Olano are starting a CSAF book club. They will meet twice a month at the USO during lunch. The book for July is Henry Kissinger's On China and for August it is Deep Work by Cal Newport. If you like reading and discussing fascinating topics please send an email to bryce.mitchell@us.af. mil or edin.olano_pimienta.3@us.af. mil to sign up.

Osan's emergency phone numbers				
Emergency Services (Fire, Medical, Security Police)	911	Commander's Hotline	784-4811	
Off Base/Cell Emergency	031-661- 9111	Crime Stop: (to report a crime)	784-5757	
Emergency Room:	784-2500	IG Complaints FWA Reporting:	784-1144	
Base Locator: (after duty hours)	784-4597	Emergency Leave	784-7000	
Force Protection Information Hotline:	115	Sexual Assault Response Coordinator (SARC)	784-7272	
Chaplain (After duty hours)	784-7000	Security Forces Control Center	784-5515	

Kunsan's emergency phone numbers				
Emergency Services	911			
Off Base/Cell Emergency	063-470- 0911	After-hours medical advice	782-4333	
Crime Stop: (to report a crime)	782-5444	IG Complaints FWA Reporting:	782-4850 (duty hours) 782-4942 (anytime)	
Base Locator: (after duty hours)	782-4743	Chaplain (After duty hours)	782-6000	
Law Enforcement desk	782-4944	Sexual Assault Response Coordinator (SARC)	782-7272	
Emergency Leave / Red Cross		782-4601 (on base) 1-800-733-2761 (anytime)		

Osan



The 35th LRS builds on lessons learned from exercise, teams up with Security Forces

By Senior Airman Sadie Colbert 35th Fighter Wing Public Affairs

MISAWA AIR BASE, Japan -- The 35th Logistics Readiness Squadron conducted an agile combat employment exercise (ACE) at Misawa Air Base, Japan, June 28.

The ACE concept challenges Airmen to operate in an austere environment with limited basing, while testing their abilities to quickly and efficiently land, set-up operations, fly, pack and transport themselves at a moment's notice.

"Most Airmen are used to landing in other bases where there are dorms, dining facilities and working areas already prepared for them," said Lt. Col. Kevin F. Campbell, the 35th LRS commander. "ACE focuses on self-sufficiency, preparing members for situations where they land somewhere and setup an operations location on their own."

He stated the quarterly exercise focuses on building capabilities to a more expert level, and starts slowly by performing no-notice "bag drags," checking for mobility bag quality, processing members through unit deployment lines and packing shipping containers with a limited number of parts and tools.

"It challenges young mechanics to troubleshoot and problem solve on vehicles similar to ones seen



U.S. Air Force Airman Christopher Fuller, a 35th Security Forces Squadron entry controller, hides behind a shipping container during an agile combat employment exercise at Misawa Air Base, Japan, June 28, 2019. Fuller taught the 35th Logistic Readiness Squadron how to move, shoot and communicate and how to apply their newly-learned skills to realistic training scenarios, such as clearing buildings and shooting techniques. (U.S. Air Force photo by Staff Sgt. Brittany A. Chase)

July 12, 2019

in deployment locations," said Campbell. "Afterward, they review their decisions and learn from their training experience."

Airman 1st Class Bradley Bell, a 35th LRS vehicle maintenance technician, said as a newer Airman, he's still learning his job and knows there are more efficient tools to complete certain jobs but that they won't always be as accessible in a deployed environment.

"It's a pain doing things the hard way without our pneumatic tools, but it's nice we're learning how to perform our jobs in different ways and becoming more knowledgeable as a whole unit," said Bell.

Members fortified their mechanical techniques leading up to ACE, but had a chance to refresh on other skillsets not so common among their career.

Campbell coordinated with the 35th Medical Group and the 35th Security Forces Squadron, who took time to create realistic scenarios for the personnel to better enhance their self-aid buddy care (SABC) skills and introduce proper building clearance procedures.

"We practiced issuing training weapons to ourselves, formed up and executed a loose, two-mile formation road march out to Camp Defender," stated Campbell. "From there, we met up with the 35th SFS personnel to run through building clearance activities."

He explained that during a previous wing exercise, they faced many ground attack scenarios where simulated enemies infiltrated their work stations, and because they had a selectively-armed force and knew the building layout, the SFS personnel asked LRS Airmen to help clear the location.

"Security forces uses different jargon and specific tactics when it comes clearing areas, so it's beneficial for our people to know how to properly perform those procedures because if the situation arises again our personnel can know how to react more efficiently," said Campbell.

After their time with the defenders, logistics members convoyed back to the 35th LRS individual protective equipment section and worked alongside medical experts in responding to unique, crisis-like medical scenarios using their SABC knowledge to thoroughly provide treatment to simulated injured personnel.

"It's fun for a new Airman, like myself, to do my job with a variety of things like the move, shoot, communicate and SABC tasks incorporated," said Bell. "It switches up the monotony that comes with day-to-day work."

Many Airmen like Bell hope for more ACE events in the future, and with their leadership seeing improvement in the Airmen's capabilities, they plan on adding more, further increasing their expeditionary skillsets to aid in the 35th Fighter Wing's Indo-Pacific region mission.

"It's a crawl, walk, run type of introduction and I believe we are almost to the run phase," said Campbell.

He mentioned the 35th LRS isn't the only unit adopting the new deployment concept, and continued noting multiple bases in the Pacific Air Forces are training under this new mobilization technique. Later in the year, 35th LRS leadership plans on working with their Japan Air Self-Defense Force counterparts for future ACE events in order to familiarize themselves with one another and better integrate.

"It's a new way for us to fight and a new way for us to be more expeditionary, responsive and be able to meet future threats," Campbell said. "ACE ensures our Airmen are confident in their skills in a combat environment."

NEWS



U.S. Air Force Airman 1st Class Victoria Johnson, a 35th **Logistics Readiness** Squadron property counselor, listens to instructions during an agile combat employment exercise at Misawa Air Base, Japan, June 28, 2019. Airmen from the 35th LRS participated in multiple exercises throughout the day. fortifying their selfaid buddy care skills and learning proper building clearance procedures. (U.S. Air Force photo by Staff Sgt. Brittany A. Chase)



Airmen with the 35th Logistics Readiness Squadron ruck in the rain during an agile combat employment exercise at Misawa Air Base, Japan, June 28, 2019. The members performed a loose formation ruck to "Camp Defender," where they learned how to move, shoot and communicate during realistic training scenarios. (U.S. Air Force photo by Staff Sgt. Brittany A. Chase)



Airmen with the 35th Medical Group teach self-aid buddy care to 35th Logistics Readiness Squadron Airmen during an agile combat employment exercise at Misawa Air Base, Japan, June 28, 2019. Nearly 75 LRS Airmen learned the tools and techniques needed to save lives in case of a real-real-world scenario. (U.S. Air Force photo by Staff Sgt. Brittany A. Chase

CRIMSON SKY

SPIRITUAL CHARGE TO BE OR TO HAVE? A JOURNEY TOWARDS SPIRITUAL FULFILLMENT



PAGE 18

By Chaplain, **Captain Darek Barna**

ll of us desire to live a dream life filled with wealth and material goods to make our existence as enjoyable and successful as possible. Let us pause for a minute, though, and ask ourselves, "What do we really want in life? Is it spiritual or material wealth?"

Spirituality seeks happiness within; materialism seeks happiness without. Spirituality teaches us to aspire for a better life, a more enlightened existence. Materialism teaches us to desire more tangible goods and material wealth. Permanent happiness and materialism cannot co-exist because spirituality teaches detachment from the "slings and arrows of fortune".

When we meet with people, talk to them about life, family, children or work, we share our stories with them. We allow them to know us better and we share our joys and sorrows. For many of us, there are numerous "little things" that daily annoy us and we just need someone to listen to us so we can let those feelings go. In addition, we learn from others how to deal with problems and how not to be discouraged by our daily stressors. But the important part is that when we meet a person and have

Protestant Services -Community Service @ 1030

-Gospel Service @ 1230

Regular Occuring Ministries:

Students)

- Mondays—1830-2000 @ Chapel

Spiritual Fitness Center.

PCOC: (AWANA)

- Wednesdays @ Chapel. Age 3 to 6th grade

meet 1800 -1930 & grades 7th-12th meet

1700-1800.

PMOC: (Men)

- Tuesdays - 1830 @ Chapel Annex.

PSOC: (Singles & Unaccompanied)

"Osan Hospitality House"

Bible Studies:

*Saturdays - 1900 @ Hospitality House.

Dinner is provided.

Sundays - 1700 @ Community Center,

Classroom #3.

- Game Night:

*Fridays - 1900 @ Hospitality House. Din-

ner is provided.

*Van pickup: Fridays: Chapel @ 1730,

Saturdays: Chapel @ 1830, Mustang CTR

@ 1835. PWOC: (Women) "PWOC Osan AB" - Mondays 1800-2000, Tuesdays 0845-

1100 @ Chapel Annex (Child Watchcare provided) & Sunday 1600-1730 @ Posco

Apartments . MOPS: Join us for OSAN MOPS!

- Meet twice a month on Wednesday @

the Chapel Annex

Contact: osanmops@gmail.com

Apostolic Pentecostal

Apostolic Connection Church Bible Study: Osan Chapel Sanctuary,

Mondays 7PM-8PM

mustanç

a true dialogue, we are not closing ourselves off in our own small world, instead, we are allowing others to enter our lives. We don't live for ourselves but instead find our life's purpose by sharing it with others. Spirituality teaches us to be selfless.

When we buy possessions, we are not usually focused on others, but on ourselves. On several occasions, I have desired a better car, a bigger house and a larger TV. Materialism has taught me to want personal possessions.

I recently read a quote that said, "Whenever material things become the center of our lives, they take hold of us, they possess us; we lose our very identity as human beings". Unlike spirituality, materialism is subject to constant comparison and causes jealousy and insecurity.

Spirituality can benefit from material progress but it is never a slave to materialistic desires. Yet, materialism is blind to spirituality. When I seek spiritual fulfillment,

I may include the use of material things; I will drive my car, put on nice clothes or use a fancy smartphone. But I will have the freedom not to be attached to them. I will have a choice to be happy without a flashy car or an expensive audio system. I won't despair when things break or are taken away from me.

Spirituality lives in the present moment. Materialism lives in tomorrow's world of endless desires and yesterday's world of inevitable dissatisfaction.

Spirituality enables peace of mind. Materialism, even with all the wealth in the world, can never buy peace.

Materialism eventually becomes frustrated with its own limitations. Slowly, reluctantly and even unwillingly, materialism may seek out spirituality to attain its end goal of true happiness.

What do you desire? To have more possessions or to be more spiritual?

Catholic Mass

Sunday, 8 a.m.

Memorial Chapel, Bldg 1597

Sunday, 11:30 a.m.

Memorial Chapel, Bldg 1597

Saturday, 5 p.m.

Memorial Chapel, Bldg 1597

1st Saturday, 9 a.m.

Memorial Chapel, Bldg 1597

M/W/T/F, 11:45 a.m.

KUNSAN AIR BASE

Protestant Services **Gospel Service** Sunday, 11:30 a.m. Main Chapel, Bldg. 501 **Contemporary Service** Sunday 5 p.m. Main Chapel, Bldg. 501

Catholic Services Sunday Catholic Mass Sunday, 9:45 a.m. Main Chapel, Bldg. 501 **Daily Mass and Reconciliation** Please call the Chapel

Other Worship Opportunities LDS Service Sunday, 1:00 p.m. SonLight Inn, Bldg. 510

Point of Contact: Kunsan Chapel, 782-HOPE

Visit us on SharePoint: https://kunsan.eis.pacaf.af.mil/8FW/HC

CHAPEL SCHEDULE

OSAN AIR BASE

Catholic Mass Weekend Masses Saturday Mass (Sunday obligation), 5 p.m. Saturday, Also Confessions, 4 p.m. Sunday Mass, 8:30 a.m. PYOC: (Middle School & High School Tuesday -Thursday Mass, 11:30 a.m. Friday Mass, 5 p.m.

> Catholic Ministries **Catholic Religious Education** Sunday, 10-11 a.m., Chapel annex Korean Prayer group Tuesday, 9:30 a.m., **Blessed Sacra Chapel** Faith formation class/bible study Wednesday, 6:00 p.m., Chapel annex Catholic Men of the Chapel (CMOC) Wednesday, 7:00 p.m., Chapel annex Catholic Women of the Chapel (CWOC) Thursday, 5:30 p.m., Chapel annex hall Catholic Family social meal (Free) Friday, 6-7:30 p.m., Chapel annex hall Catholic Family social meal (Free) Saturday, 6-7:30 p.m., Chapel annex hall

Knights of Columbus & Rantism cl Meet monthly, Pls call 784-5000

Other Faith Groups Earth-Based (Contact the Chapel) Jewish (Contact the Chapel) Muslim (Contact the Chapel) Buddhist (Contact the Chapel) LDS Sunday, 1 p.m., Contact the Chapel

> **Point of Contact:** Osan Chapel, 784-5000 Visit us on SharePoint:

https://osan.eim.pacaf. af.mil/51FW/51FW-HC/default.aspx

Visit us on Facebook (OSAN AB CHAPEL) https://www.facebook.com/OsanABChapel

USAG-YONGSAN

Protestant Services **Traditional Service** Sunday, 9:30 a.m. Memorial Chapel, Bldg 1597 Sunday, 9:30 a.m. Brian Allgood Hospital Chapel **Contemporary Service** Sunday, 9 a.m. South Post Chapel, Bldg 3702 Sunday, 10:30 a.m. K-16 Chapel Nondenominational Service Sunday, 11 a.m. South Post Chapel, Bldg 3702 **Gospel Service** Sunday, 1 p.m. South Post Chapel, Bldg 3702 Pentecostal Sunday, 1:30 p.m. Memorial Chapel, Bldg 1597 Latter Day Saints (LDS) Sunday, 4 p.m. South Post Chapel, Bldg 3702 Seventh-Day Adventist Saturday, 9:30 a.m. Brian Allgood Hospital Chapel KATUSA Tuesday, 6:30 p.m. Memorial Chapel, Bldg 1597

Memorial Chapel, Bldg 1597 Tuesday, 11:45 p.m. **Brian Allgood Hospital Chapel** General Service **Episcopal Service** Sunday, 11 a.m. Brian Allgood Hospital Chapel Jewish Friday, 7 p.m. South Post Chapel, Bldg 3702



Point of Contact: USAG Yongsan Religious Support Office, 738-3011 Visit us on SharePoint: http://www.army.mil/yongsan

Aircrew gets new anti-smoke goggles



By Jessica L. Kendziorek 403rd Wing Public Affairs

KEESLER AIR FORCE BASE, Miss. (AFNS) --If smoke starts filling up a C-130J Super Hercules aircraft, the aircrew reach for their anti-smoke goggles. For more than 20 years the ASGs have been a basic four part system, until now.

With innovation, the new ASGs are now a three-part system. The suspension frame itself is still made the same with the nape pad attached, while the goggles and oxygen mask portion have been upgraded.

"The ones that we are replacing have the same basic frame, but the goggles and the oxygen mask are two separate pieces," said Tech. Sgt. Ronald Patton, 403rd Operation Support Squadron aircrew flight equipment craftsman. "Before, you would need to put the oxygen mask over your mouth and nose, then pull the frame up and place the nape pad at the back of your head. Once that was in place you would put the goggles on and pull the straps on both sides to tighten them."

The way the new ASGs work is still the same concept, except now the goggles and oxygen mask are one piece, so when you place the oxygen mask over your nose and mouth, the goggles are put on at the exact same time, saving time and making them quicker to put on and operate.

"The new masks are made similar to ones that firefighters use," said Master Sgt. Ray Reynolds, 403rd OSS aircrew flight equipment supervisor. "The older goggles had a narrower field of view, while the new ones allow the aircrew to be able to use their peripheral vision."

As a part of the AFE duties, they are required

to make sure the equipment operates the way it is supposed to, be able to fix the equipment and replace any parts as needed.

Patton said that when the new ASGs came in, the manufacturer sent a 'fix' in with the mask to ensure they operated as designed. This 'fix' was a single screw that needed to be replaced on the front of the mask.

"Every part on the ASG system is replaceable, which helps to make sure they last," Reynolds said. "Looking at the order of parts that could be damaged from easiest to hardest. The first thing is the hose, the second thing being the communication cord and the third is the microphone and then onto the remaining parts."

AFE technicians are also required to test the pull disconnect on the air hoses to ensure that they will not come unattached from the oxygen hose on the aircraft too easily. This pull test requires a minimum of 12 pounds to a maximum of 20 pounds of pull before the hose on the mask would release, ensuring that there is some resistance before it disconnects.

If the disconnect is not between the 12 to 20 pounds of pull, then they have to fix the connector to correct the amount of pressure to meet the requirement, Patton said.

"We are also required to conduct pre-flight, post-flight, periodic maintenance, 30-day and 120-day inspections on the ASGs," Patton said.

The 30-day inspections consists of basic checks. A visual examination is conducted and they look for cuts, tears, abrasions, discolorations, rust, anything other than normal, looking for anything that is obviously defective. A cleaning is done and the components are tested to ensure

they work.

The 120-day inspection is the same inspection, but with a full break down of all of the components and a deep clean, checking the integrity of the components that you cannot see, Reynolds said.

"It is not that the old ASGs were replaced because they were faulty, they worked exactly as they were designed to. It seems like they just needed to improve on the integrity of the system itself," Patton said. "Will it operate better under stressful situations, will it be easier to repair if it does break, does it have as many subcomponents that can break, does the aircrew member find it easier to don, and can the aircrew operate better in the environment, were questions that they asked when designing the new system."

To improve the ASG system, they took a mask similar to a firefighter's mask and the quick don suspension frame and made it one system, then they added the communications portion, Reynolds said.

"So they are doing something right, because if they hadn't created this one, the ones that we have still work. I have been in this career field for more than 30 years and this is only the third version that I have seen," Reynolds said.

"While the older ASG masks still work and some are still located on our C-130J aircraft, we are working to replace them on all of the aircraft" Patton said. "We currently have six sets in service and have replaced more than half of the 815th Airlift Squadron's ASGs with a new quick don system and we expect to have them all of our aircraft by the middle of August, after the current inspection cycles are complete."

CULTURE

24 Solar Terms (Part 12)



12. Dae Seo (Major Heat)

The Hottest Season

By KyongHui "Jennie" Pae

Indicating the hottest time of the year. Around July 23rd of the solar calendar, when the sun about 120 degrees in the sky.

The heat wave is so extreme, there is an old saying, "So does the goat horns melt" in DaeSeo. The three hottest days are called Chobok, Chungbok, and Malbok, which takes place over a week. This period is called Sambok or "Sambok Hot". Daeseo is often around the time of Chungbok, and there is a custom of drinking and preparing food to avoid the heat of the sambok while enjoying the valley or mountaintops. Daeseo is the time when the rainy season is over and the heat is getting worse, but sometimes it rains heavily when the rainy front runs late on the Korean Peninsula

Reference: Korean Folk Culture Research





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Air Force stands up Air Force Medical Readiness Agency

Air Force Surgeon General Public Affairs

FALLS CHURCH, Va. (AFNS) -- In a ceremony June 28 at the Defense Health Headquarters in Falls Church, the Air Force Medical Service stood up a new field operating agency, the Air Force Medical Readiness Agency.

Air Force Surgeon General Lt. Gen. Dorothy Hogg, and incoming AFMRA commander Brig. Gen. Mark Koeniger, spoke at the ceremony, heralding a new era in Air Force Medicine.

"We are in exciting and historic times as we engage in multiple lines of effort to transform our organization to support a more ready Air Force," Hogg said. "Activating AFMRA streamlines our organization from a dual-focus on health benefit delivery and readiness, to one laser-focused on readiness."

AFMRA increases the Air Force focus on operational medical readiness and supports the Air Force secretary's goal of a more ready, fighting force. The organization will oversee medical readiness programs, expeditionary medical capabilities and readiness-related Air Force mission support requirements. It will also assist the surgeon general in developing the policies to support Air Force major commands and base-level unit missions.

Standing up AFMRA fulfills a requirement from the fiscal year 2017 National Defense Authorization Act to establish a readiness-focused organization. The previous two Field Operating Agencies in the AFMS, the Air Force Medical Operations Agency and the Air Force Medical Support Agency, were stood down at the same ceremony.

"AFMRA lets us be more responsive to emerging readiness requirements," Koeniger said. "AFMRA improves our support to the readiness mission at military treatment facilities and Air Force major commands, while also helping the Defense Health Agency take on management of the health care benefit at MTFs."

Koeniger is coming to AFMRA after commanding the 711th Human Performance Wing at Wright-Patterson Air Force Base, Ohio.

To ensure continued support to MTFs, AFMRA will temporarily retain many capabilities focused on managing health benefit delivery at MTFs. These capabilities will move the DHA in future years.

At stand up, AFMRA headquarters is in Falls Church at the Defense Health Headquarters. Other AFMRA components are split between Falls Church and the former AFMOA offices in San Antonio. Future locations for the organization are still being determined. AFMRA is expected to reach full operating capability in 2020.

"We activate AFMRA with our eyes on the future," Hogg said. "We will continue to provide world class readiness support and modernize our capabilities to meet the demands of the Air Force we need."

AFMRA is part of sweeping reform in the AFMS and the overall Military Health System. The next phase of reform is the administrative transition of service MTFs to Defense Health Agency responsibility, Oct. 1.



Incoming Air Force Medical Response Agency commander, Brig. Gen. Mark Koeniger speaks at the official activation of the Air Force Medical Readiness Agency, at Defense Health Headquarters, Falls Church, Virginia, June 28, 2019. Koeniger is coming to AFMRA after commanding the 711th Human Performance Wing at Wright-Patterson Air Force Base, Ohio and will be the first AFMRA commander. (U.S Air Force photo by Josh Mahler)



Air Force Surgeon General Lt. Gen. Dorothy Hogg, speaks at the official activation of Air Force Medical Readiness Agency, at Defense Health Headquarters, Falls Church, Virginia, June 28, 2019. The organization will oversee medical readiness programs, expeditionary medical capabilities and readiness-related Air Force mission support requirements. (U.S. Air Force photo by Josh Mahler)

TRAVEL

Summer Beach Destinations

You're planning on vacationing in Korea this summer, be sure to check out at least one of the following beach destinations! Korea is surrounded on three sides by water, giving it plenty of beaches in a variety of shapes and sizes that offer a welcomed escape from everyday life. Since most beaches in Korea officially open in June or July and close towards the end of August, visitors have only a few months to splash around in the water and soak up the rays. But don't worry if you miss out on the official summer beach season, as there are plenty of sightseeing activities that you can enjoy all year round!



Map of major beaches in Korea

Sokcho Beach in Sokcho-si, Gangwon-do 🔻

Sokcho Beach is well known for the picturesque pine trees that stand proudly along its white sandy coast. One of the perks of this particular beach is that there are many tourist attractions in the surrounding area, including Yeongnangho Lake and Seoraksan Mountain, one of Korea's most famous mountains.

Given the beach's range of facilities and nearby accommodations, Sokcho Beach is a convenient place for a weekend trip. Visitors can even rent a fishing rod and go fishing at nearby Jodo Island, or walk towards the pier to get some fresh hoe (sliced raw fish) at one of the local fish markets.

One of the biggest draws of Sokcho Beach is that it is located near Sokcho Express Bus Terminal, making it easy to find for even first-time visitors. Festivals held at Sokcho Beach include the Sunrise Festival on January 1 of every year, and other events that take place during the beach swimming period between July and August for all visitors to enjoy.

• Address: 190, Haeoreum-ro, Sokcho-si, Gangwon-do

Guryongpo Beach in Pohang-si, Gyeongsangbuk-do ▼

Guryongpo Beach is about 24 kilometers away from Pohang and 1.5 kilometers from Guryongpo-eup. Thanks to the gentle slope of the ocean floor and the clean seawater, Guryongpo Beach is a favorite vacation spot for swimming enthusiasts. The beach is also popular among fishermen, many of whom troll their lines in Yeongilman Bay.

• Address: 1955, 6, Homi-ro 426beon-gil, Nam-gu, Pohang-si, Gyeongsangbuk-do



Gyeongpo Beach in Gangneung-si, Gangwon-do 🔻

Gyeongpo Beach is the largest beach on the east coast, and is only about a kilometer away from Gyeongpodae Pavilion, famous for its sunrise view. Perhaps the most striking characteristic of Gyeongpo Beach is its fine powdery sand, which is perfect for barefoot walks along the beach. There is also a beautiful pine tree forest nearby for leisure walks. Beach activities such as banana boating, Jet Skiing, and waterskiing are popular as well. In addition, Gyeongpo Summer Music Festival is held every evening between the end of July and early August, featuring performances from famous bands and hip-hop groups for a beachside party atmosphere.







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TRAVEL





Naksan Beach in Yangyang-gun, Gangwon-do 🔺

With a sandy beach stretching over 1,810 meters, Naksan Beach is one of the top beaches in Gangwon-do, drawing in countless visitors each year. The beach runs along clean waters, bordered by rows of pine trees. In addition to its natural beauty, Naksan Beach also has a variety of water activities such as riding on a banana boat or Jet Ski for those looking for more adventure.

The beach is also a top pick for those who are interested in Korea's traditional culture, as it is close to Naksansa Temple and Uisangdae Pavilion, which was built to commemorate Great Monk Uisang. As an added bonus, the pavilion is also one of the best places in the area to view the sunrise.

• Address: 59, Haemaji-gil, Yangyang-gun, Gangwon-do

Eurwangni Beach in Jung-gu, Incheon 🔻

Eurwangni Beach, located near Seoul and Incheon International Airport, is a popular beach, both for its gorgeous views and clean white sand. The beach's shallow water also provides the perfect place for children to go swimming. Amenities nearby include a number of lavish resorts and restaurants that serve fresh seafood. Having dinner outside on the terrace of one of these restaurants is the perfect way to watch the final rays of sunlight as they disappear over the horizon! Beachgoers can also rent a fishing boat or a fishing rod to fish off the side of the pier. A variety of beach festivals take place at Eurwangi every summer.

• Address: 15, Eurwang-ro 13beon-gil, Jung-gu, Incheon



Hyeopjae Beach in Jeju-si, Jeju-do 🔺

Hyeopjae Beach is one of the best beaches on Jeju Island for swimmers, since the waters are shallow with no sudden drops. Tiny shells in the sand give the beach a silver sheen and make for a firm feel that is perfect for walks along the water's edge. Once you get into the water, you'll be pleased to discover that the water is so clean that you can clearly see your toes!

Hallim Park, a major tourist attraction, is only 5 minutes away on foot, and is well worth a visit. The park is landscaped with an abundance of subtropical plants and topiaries, and serves as a cool escape from the summer heat. A pleasant beach with plenty of space, Hyeopjae is all the more beautiful for its view of black basalt rocks to one side and Biyangdo Island standing out in the distance.

• Address: 329-10, Hallim-ro, Jeju-si, Jeju-do

Daecheon Beach in Boryeong-si, Chungcheongnam-do ▼

Daecheon Beach is the largest beach on the west coast, and is known for its shallow and calm waters. The sand on the upper shores of Daecheon Beach is especially soft and easy to wash off because it is composed of finely eroded shells. Closer to the shoreline, the sand is hard packed. These two varieties of sand allow visitors to enjoy both leisure walks and sand scrubs. Daecheon Beach is also home to the annual Boryeong Mud Festival. In the winter, the beach draws large crowds again as locals and tourists flock to the shores for the annual Sunset Festival.

• Address: 123, Meodeu-ro, Boryeong-si, Chungcheongnam-do





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