

Crimson Sky

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Courtesy photo

7 AF Presented ROK Presidential Unit Citation

By 7th Air Force Public Affairs

OSAN AIR BASE, Republic of Korea -- Lt. Gen. Kenneth S. Wilsbach, Seventh Air Force commander, accepted the Republic of Korea Presidential Unit Citation to Seventh Air Force from President Moon Jae-in during a Korean Armed Forces Day celebration at Daegu Air Base on October 1.

The men and women of Seventh Air Force received the award for contributions enhancing the national security of the Republic of Korea and

for interoperability, combined operations and combat readiness between the Republic of Korea and United States Air Forces.

"I had the honor of accepting a most prestigious award from President Moon on behalf of the nearly 7,500 Airmen who serve at Seventh Air Force," Wilsbach said. "Each of those men and women should be proud knowing that what they do each day helps keep more than 51 million men, women and children safe from harm."

The award was last presented to Seventh Air Force six years ago for longstanding achievements in operational readiness and force employment.

Since then the ROK-US Alliance has developed new and innovative aerospace control measures, enhanced cooperative training initiatives and improved base defense interoperability.

"Together we will deter aggression, defend the ROK and defeat any attack against our Alliance," Wilsbach said. "Our Airpower Team is unshakeable and postured to ensure peace, stability and prosperity throughout the Korean peninsula."

Information about proper wear of the ribbon will be distributed to those eligible in the coming days.



INSIDE →



PAGE 3



PAGE 16



PAGE 22

PACAF Band hits all the right notes with ROK Tour

Memories of 9/11, 18 years later

Guide to Autumn Festivals

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Mustang resiliency gets gritty



Attendees enjoy live music and food at the Grit luncheon, Sept. 26, 2019 at Osan Air Base, Republic of Korea. The Grit program helps Airmen find the internal and external resources to help guide them. The luncheon was packed with activities, door prizes and presentations centering on resiliency to help them through the rough times. (U.S. Air Force photo by Staff Sgt. Benjamin Bugenig)

**By Staff Sgt. Benjamin Bugenig
51st Fighter Wing Public Affairs**

OSAN AIR BASE, Republic of Korea -- More than 180 members of Team Osan lined the ballroom of the Officer's Club Sept. 26, 2019. Speckled amongst the guests were volunteers donning black t-shirts with the words "You Matter" written in white letters across the front.

Sponsored by the chapel, the Grit luncheon encouraged Airmen to seek help and find the strength inside them when life gets tough.

Not the first of its kind, the idea traveled with Chaplain Lt. Col. Dwayne Jones, 51st Fighter Wing Chaplain Corps, from his previous assignment.

"Chaplain Jones brought this Grit program with him from his last base and it gave me a framework and a

platform to introduce 'You Matter,'" said Chaplain Capt. Jennifer Ray, 51st FW Chaplain Corps. "It's an initiative behind one specific Airman that I had frequent encounters with and [who] really became family to me. He later completed the act of suicide."

The luncheon started with lively music and continued with testimonials from Osan Airmen, telling personal stories of loss and hardship and how they had to find it in themselves to be gritty.

"Grit is where passion and perseverance come together," Jones said. "It's this innate determination to thrive and survive by using all of your resources. And that's internal resources as well as external resources."

For Ray, it is a way to preserve the memory of the Airman she lost while passing on the knowledge she's

learned from her experience.

"In his honor and in the honor of every military member that has ever contemplated or completed a suicide, I just want them to know that they matter," said Ray. "To someone, they mean everything. So I want to get that message ingrained into people's thinking; if we can get those two words to resonate with people's minds, hearts, spirits and souls, then I believe that we can do the preventative measures to fight against suicide that is plaguing our military."

The chapel is looking to expand the program in the future.

"We're looking to do a Grit for children," said Jones. "And in April we want to come back with another Grit program but with a different speaker, and 'You Matter' will continue to be incorporated with Grit."

For more information on Grit and the "You Matter" campaign, contact the chapel at DSN 784-5000.



Airman First Class Cody Kruzel, 25th Aircraft Maintenance Unit maintenance specialist, delivers his testimonial to a crowd of more than 180 attendees during the chapel's Grit luncheon at Osan Air Base, Republic of Korea, Sept. 26, 2019. Several speakers presented their own true life stories to share with everyone at the luncheon, including stories of death, loss, and abuse. The main goal of the event was to let everyone know "You Matter" and that no matter how rough life gets, you have internal and external resources to help guide you. (U.S. Air Force Photo by Staff Sgt. Benjamin Bugenig)

PACAF Band hits all the right notes with ROK Tour

By Staff Sgt. Anthony Hetlage
8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea --
The United States of America and the Republic of Korea established a historical friendship following the Korean War in 1953. One of the U.S. Air Force's overseas regional bands visited the Republic of Korea to help reinforce that alliance.

Based out of Yokota Air Base, Japan, the U.S. Air Force Band of the Pacific plays a variety of genres and consists of two different ensembles. Their mission entails reinforcing alliances, expanding partnerships and building cross-cultural trust. The Kunsan segment of their tour kicked off with back-to-back shows for 70 local children at the Ilmakwon Welfare Center. For the following show, over 200 teachers, students and parents at Okku Elementary School gathered for an engaging performance.

"I love when the crowd gets into the show," said Senior Airman Christina Bagley, United States Air Force Band of the Pacific vocalist. "They were clapping their hands and getting really involved which makes it that much more fun to perform."

After focusing on shows for kids, the band took the show to the first responders of Gunsan and the Republic of Korea Army. They showcased their talents in front of 130 police officers and their families at the Gunsan Korean National Police. There, the band received a special framed letter of appreciation from the chief of the police station. The following day, more than 200 soldiers from the 1st Battalion of the ROK Army got the opportunity to hear performances from the band.

"The band was brought here to strengthen our alliance with not only the citizens but also the ROK military and civil servants," said Master Sgt. Jeremiah True, U.S. Air Force Band of the Pacific noncommissioned officer in charge. "Primarily our duty here is to spread the message that the United States is committed to maintaining a free and open Indo-Pacific region



U.S. Air Force Senior Airman Christina Bagley, U.S. Air Force Band of the Pacific vocalist, sings for the Gunsan City's Chamber of Commerce at the Dongwoo Concert Hall in Gunsan City, Republic of Korea, Sept. 26, 2019. The band played for over 200 chamber of commerce members with their families and perform for around 125,000 people every year. (U.S. Air Force photo by Staff Sgt. Anthony Hetlage)



U.S. Air Force Senior Airman Pete Somerville, U.S. Air Force Band of the Pacific guitarist, plays for the Gunsan City's Chamber of Commerce at the Dongwoo Concert Hall in Gunsan City, Republic of Korea, Sept. 26, 2019. The band performed in India, Mongolia and Thailand earlier this year and will play shows in Japan and Guam later this year. (U.S. Air Force photo by Staff Sgt. Anthony Hetlage)



U.S. Air Force Band of the Pacific members play for the **Gunsan Korean National Police** in **Gunsan City, Republic of Korea**, Sept. 24, 2019. The Pacific Showcase jazz ensemble consists of multiple instruments including saxophone, trumpet, drums and guitar. (U.S. Air Force photo by Staff Sgt. Anthony Hetlage) ▲

Sang-joon Lim, **Gunsan Korean National Police** chief, creates the hand heart symbol along with Staff Sgt. Andrew Clemenson, **U.S. Air Force Band of the Pacific** drummer, and other band members in **Gunsan City, Republic of Korea**, Sept. 24, 2019. The bands mission is to reinforce alliances, expand partnerships and build cross-cultural trust. (U.S. Air Force photo by Staff Sgt. Anthony Hetlage) ▼



and we cannot do that without our partnership with the Republic of Korea."

Their final show on the Kunsan tour was for 200 members of the Gunsan chamber of commerce and their families at the Dongwoo Concert Hall. For many of the spectators, it was their first time seeing a live Air Force band performance.

"The music was so wonderful, especially the saxophone, it went perfectly with the autumn season," said Seung Jo On, Gunsan Chamber of Commerce representative. "I appreciate the band making the trip to Korea and putting on these shows for us."

The U.S. Air Force Band of the Pacific concluded its Republic of Korea tour with a show at Osan Middle High School. Once they return to Yokota Air Base, Japan, its members will have time to relax before beginning preparations for the remainder of their tours around the Pacific.

Team Osan reopens dorm after renovations

By Senior Airman Darien Perez
51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- Team Osan held a ribbon cutting ceremony for a dormitory renovation project Sept. 26, 2019, at Osan Air Base, Republic of Korea.

The project on dormitory 1349 began two years ago with a project concept to renovate day rooms, bed rooms, lighting fixtures and install a new HVAC system.

"The freedom of 51 million people starts with a good night's sleep," said Lt. Col. Ryan Walinski, 51st Civil Engineer Squadron commander. "Reopening dormitory 1349 after this major renovation is a huge win for Team Osan because it allows us to provide quality living space for our nation's Airmen to be able to 'Fight Tonight.'"

The \$4.6 million renovated dorm will soon house more than 100 A-10C Thunderbolt II and F-16 Fighting Falcon maintainers, who will experience an

enhanced quality of life.

Over the years, due to the lack of repairs and damages caused by weather, the 51st CES faced a decision to either let the building go or renovate it to maintain readiness, keeping Airmen in close proximity to the flightline.

Now the enhanced, cost-effective dorm efforts will give new dorm residents a state of the art living experience.



Team Osan's 51st Mission Support Group and 51st Maintenance Group held a ribbon cutting ceremony to celebrate a dormitory renovation project, Sept. 26, 2019, at **Osan Air Base, Republic of Korea**. The \$4.6 million renovated dorm building 1349 will soon house over 100 A-10C Thunderbolt and F-16 Fighting Falcon maintainers, who will experience an enhanced quality of life. (U.S. Air Force photo by Staff Sgt. Greg Nash) ▲

Memories of 9/11, 18 years later



**By Staff Sgt. Mackenzie Mendez
8th Fighter Wing Public Affairs**

KUNSAN AIR BASE, Republic of Korea -- The morning of September 11, 2001, was beautiful and clear, a picture-perfect day, not a cloud in sight. New Yorkers made their way to work, filling the sidewalks of Manhattan, horns honking, birds chirping. For Americans across the country, it was a Tuesday like any other.

Little did anyone know, Sept. 11, 2001, would become one of the most remembered days in American history. The devastating terrorist attacks that morning in New York City, Washington, D.C., and Pennsylvania, would shake America to its core, leaving thousands of families to mourn for their mothers, fathers, sisters, brothers, sons and daughters for years to come.

For Airman 1st Class William Lemon, September 11, 2001, would be forever engrained in his mind as one of the hardest days in his 18-year career as a volunteer firefighter.

"It seems like yesterday," said Lemon. "It's easily the saddest, most difficult call I have ever had to respond to. It's taught me to treasure life and live every moment as if it's my last."

William Lemon: The First Responder

Lemon was born and raised in Long Island, New York. Adopted as an infant, Lemon joined a growing family with five new siblings, three girls and two boys. His relationship with his family has always been solid, giving him the support and confidence to grow into a volunteer firefighter, and later, an American Airman.

A year after graduating high school, Lemon joined his neighborhood volunteer fire department in October 1999, where he dedicated his time away from his full-time job. Although he joined out of sheer curiosity, his reason for fighting fire evolved as he reported to his first structure fire; a two-story residence being engulfed in flames.

"You name a spot on the second floor, flames were there," said Lemon. "As I started pulling hose, preparing to fight the growing flames, I knew firefighting was in my blood. It was something I really wanted and needed to do."

It was the first time Lemon was ever thanked

for his service. The fire department slowly became Lemon's home away from home, as he grew closer to the men and women of the Brentwood Volunteer Fire Department.

"The fire service is a brotherhood," said Lemon. "When I go into a fire, the person next to me and the person behind me will always do whatever it takes to ensure we all make it out and go home at the end of the day."

September 11, 2001 8:46 a.m.

The time was 8:46 a.m. and American Airlines Flight 11, traveling from Boston to Los Angeles, had just struck the North Tower of the World Trade Center. Lemon was fast asleep after working a long night shift as a security guard. His dad ran down the stairs and began shaking Lemon awake. Disoriented and confused, Lemon stared at his father, not quite comprehending the unbelievable information he was hearing. Then his pager began to sound.

"My pager goes off, tones sound over the radio and finally the dispatcher's voice," said Lemon. "First, signal one, second was signal 24 and then the code every firefighter never hopes to hear, signal 27."

Signal one was a code for a disaster emergency, signal 24 indicated assistance was needed within city limits and signal 27 indicated an aircraft emergency landing or crash. All Brentwood Fire Department companies were instructed to respond. By the time the dispatcher began repeating the emergency codes, Lemon was heading out the door with his pager and radio in hand.

"A four minute response time to the firehouse took me 90 seconds," recalled Lemon. "None of us knew what was really happening. We all grabbed our turnout gear, hopped on the truck and headed for the parkway. On our way into the city was when the second tower was hit."

9:03 a.m.

The time was 9:03 a.m. and United Airlines Flight 175, traveling from Boston to Los Angeles, had just struck the South Tower of the World Trade Center.

"Dispatch comes over the air with so much panic and urgency in his voice, calling for all

Brentwood units to respond, stating the other tower had just been hit by a second passenger aircraft," said Lemon. "At this point, we knew it wasn't an accident. How could it be? We knew it was a terrorist attack and everything changed in that moment."

Nearly 230 miles away, in Washington D.C., American Airlines Flight 77, traveling from Dulles, Virginia, to Los Angeles, struck the Pentagon at 9:37 a.m. All 184 people lost their lives in the crash, including 125 Pentagon employees and 59 passengers on Flight 77.

9:59 a.m.

As Lemon and his company cautiously made their way into the city, weaving in and out of the panicked New Yorkers fleeing the island, they received the first notification; the South Tower had just collapsed. It took only 10 seconds for the entirety of the 110-floor building to come down.

"I don't think we were prepared for the magnitude of damage that waited for us. All I could think about was the New York City first responders on-scene and the fact they were going in to help people who were trapped without giving it a second thought," said Lemon.

At 10:03 a.m., outside of Shanksville, Pennsylvania, passengers of United Airlines Flight 93, traveling from Newark, New Jersey, to San Francisco, fought off four hijackers and tried to reclaim control before crashing the aircraft. All 40 passengers lost their lives.

10:28 a.m.

As Lemon and his company continued to make their way across the bridge into Manhattan, the driver slammed on his brakes, causing confusion amongst the crew.

"We were ready to get in there and help in any way we could, there was no time to waste. I asked the driver, why we were stopping and his face was pale and stunned," recalled Lemon. "There in the distance the North Tower began to collapse. The antenna tower started to tilt, then the building righted itself, flames grew and then nothing but a huge cloud of dust. The towers were gone."

- Continued on page 7 -

Osan Medics train for battlefield care



**By Tech. Sgt. Matt Davis
51st Fighter Wing Public Affairs**

OSAN AIR BASE, Republic of Korea

-- Medics from the 51st Medical Group participated in multiple two day Tactical Combat Casualty Care training courses recently at Osan Air Base, Republic of Korea. TCCC is a joint training course that provides medical personnel with capabilities to serve in hostile combat conditions.

The training is part of an Air Force-wide initiative to better prepare medics to serve in a variety of environments and mission conditions to better support the warfighter. Part of the initiative is to eventually phase out the current Self Aid and Buddy Care Program for all Airmen and implement TCCC as the standard.

"TCCC allows medics to deliver care in the combat environment with the intent of saving lives by utilizing critical medication and treatment protocols," said Master Sgt. Aaron Roberts, 51st MDG primary care flight chief. "It is also mandated as part of our Air Force Comprehensive Medical Readiness Program to ensure we are trained appropriately."

Team Osan medics spent the first day of training in a classroom setting learning advanced skills in battlefield medical care. Day two allowed medics to apply these techniques during simulated care-under-fire scenarios, while also learning how to shoot, move and

Medics from the 51st Medical Group treat a simulated patient during a two day Tactical Combat Casualty Care training course on Sept. 25, 2019, at Osan Air Base, Republic of Korea. The training is part of an Air Force wide initiative to better prepare medics to serve in a variety of environments and mission conditions to better support the warfighter. (U.S. Air Force photo by Tech. Sgt. Matt Davis) ▲



Capt. Christopher Ng, 51st Medical Operations Squadron general surgeon, left, and Tech. Sgt. Joshua Crook, 51st MDOS noncommissioned officer in charge of ambulance services, middle, are advised by an instructor from the Minnesota Air National Guard's 109th Aeromedical Evacuation Squadron during a two-day Tactical Combat Casualty Care training course on Sept. 25, 2019, at Osan Air Base, Republic of Korea. TCCC is a joint training course that provides medical personnel with capabilities to serve in hostile combat conditions. (U.S. Air Force photo by Tech. Sgt. Matt Davis) ▲

Capt. Christopher Ng, 51st Medical Operations Squadron general surgeon, left, and Tech. Sgt. Joshua Crook, 51st MDOS noncommissioned officer in charge of Ambulance Services, right, treat a simulated patient in a care-under-fire scenario during a two-day Tactical Combat Casualty Care training course on Sept. 25, 2019, at Osan Air Base, Republic of Korea. During the course, medics had to learn how to shoot, move and communicate while treating patients in a hostile environment. (U.S. Air Force photo by Tech. Sgt. Matt Davis) ▶

Tech. Sgt. Joshua Crook, 51st Medical Operations Squadron noncommissioned officer in charge of ambulance services, carries a simulated casualty during a two-day Tactical Combat Casualty Care training course on Sept. 25, 2019, at Osan Air Base, Republic of Korea. Team Osan medics spent the first day of training in a classroom setting learning advanced skills in bleeding, airway and intravenous therapy (IV). Day two gave the medics an opportunity to apply these techniques during training lanes in simulated care-under-fire scenarios. (U.S. Air Force photo by Tech. Sgt. Matt Davis) ▼



communicate while treating patients in a hostile environment.

Instructor teams from the Minnesota Air National Guard's 109th Aeromedical Evacuation Squadron helped 51st MDG medic through each training scenario. Once a scenario was completed, the training cadre worked with each team to critique decisions made in the field.

"The most rewarding part of this training is being able to operate at the pinnacle of my scope practice," Roberts said. "Additionally, being challenged to navigate and treat patients in environments and circumstances that I have never been exposed to."

According to Air Force Surgeon General Public Affairs, the lessons developed in the course are battle-proven tactics currently used downrange in deployed locations.

"It's important for Air Force medics to get this type of training to save lives. If this evidence-based training is standardized and taught to all warfighters, it could prevent needless deaths on the battlefield," Roberts said.

For more information on the Air Force transitioning from SABC to TCCC, check out the below article:

<https://www.airforcemedicine.af.mil/News/Display/Article/1820423/new-training-prepares-airmen-to-save-lives/>

- Continued from page 5 -

Lemon's company finally made it into the city, parking within 100 yards of what became known as "Ground Zero." Hundreds of first responders filled the hazy area, helping citizens, covered in dust and debris, to safety. He compared Ground Zero to a warzone, a devastating image of tragedy. Aircraft and building parts littered the area, reaching two to three miles out from the impact site.

Later, after meeting the on-scene commander, Lemon's company would learn of their assignment. Prior to the North Tower collapsing, Lemon's company was assigned to work forcible entry and search and rescue within the tower.

"I could've been one of those names people remember on the anniversary," said Lemon. "Being here, it makes me grateful, but extremely sad. It's the toughest part of surviving, knowing I'm here when so many of my brothers and sisters aren't."

On that Tuesday, 343 New York Fire Department firefighters, 23 New York Police Department officers and 37 members of Port Authority lost their lives.

Lemon and his company were staged at a nearby firehouse for 18 hours following the attacks on September 11, 2001. They responded to more than 200 calls while on standby, helping with the aftermath of the most devastating attack on American soil since the attacks on Pearl Harbor on December 7, 1941.

William Lemon: The American Airman

Following the terrorist attacks on September 11, 2001, America mourned and the rest of the world looked on in solemn support. New Yorkers returned to lower Manhattan, airline ticket sales maintained a record low and Lemon found a new sense of duty and purpose.

"To honor those we lost, we had to continue to do our jobs and continue to serve and protect our community," said Lemon. "I knew plenty of people who passed away both in and out of the line of duty. It continues to have such a big impact on me because these first responders were my family. I'm grateful for their service and dedication and know they're watching over me."

Lemon continued to work full time, balancing his regular paying jobs while dedicating majority of his off time to the fire service.

In December 2017, Lemon chose to take his service a step further and enlisted in the U.S. Air Force. Today, Lemon is an F-16 Fighting Falcon crew chief with the 8th Aircraft Maintenance Squadron at Kunsan

Air Base, Republic of Korea. He's responsible for the maintaining, servicing and inspecting F-16s and ensuring they are prepared to fly in support of missions in and around the Pacific.

Lemon often reflects on his 18 years as a volunteer firefighter and looks forward to one day returning to the fire service to serve alongside his brothers and sisters of the Brentwood Volunteer Fire Department. For now, Lemon will enjoy his time abroad, heading for Osan Air Base this month and then Japan next year.

September 11, 2001, will always remain as one of the most tragic days in America's history and will continue to define many of the men and women who responded to the scene that Tuesday.

"Not a day goes by that I don't think of the men and women of the NYFD and NYPD who made the ultimate sacrifice, giving their lives for complete strangers," said Lemon. "I'm surrounded by people who would lay down their lives for others if the call came. But these first responders answered their final alarm on the most chaotic and stressful day without ever looking back, they will always be my heroes."

A new world-class medical and ambulatory care center at U.S. Army Garrison Humphreys was dedicated September 20, 2019 in memory of its former commander, Col. Brian D. Allgood (Photo by William Wight, 65th Medical Brigade Public Affairs Office)



New, State of the Art Medical Facility Dedicated to Late Army Medicine Leader at Humphreys

Story compiled by Inkyeoung Yun, Brian D. Allgood Army Community Hospital Unit Public Affairs Representative / Stephen Satkowski, Chief of Public Affairs, U.S. Army Corps of Engineers Far East District / William Wight, 65th Medical Brigade Public Affairs Office

CAMP HUMPHREYS, PYEONGTAEK, Republic of Korea -- A new world-class medical and ambulatory care center at U.S. Army Garrison Humphreys was dedicated September 20, 2019 in memory of its former commander, Col. Brian D. Allgood, a physician who made the ultimate sacrifice when his helicopter was shot down by enemy fire on January 20, 2007, in Iraq. The family of Col. Allgood, distinguished guests, Korean medical partners, Soldiers, Families, and Civilians gathered to honor the true servant leader who was always passionate about ensuring soldiers and their families had the best medical care.

The ceremony was hosted by Brig. Gen. Jack Davis, Deputy Commanding General, Regional Health Command-Pacific and Col. Andrew Landers, Commander of Brian D. Allgood Army Community Hospital. The late Col. Allgood's family, including his mother Mrs. Cleo Allgood, wife Col. (R) Jane Allgood, brother Bradley Allgood, uncle Richard Allgood, and cousin Ace Allgood were in attendance.

Senior mission and medical command leaders including General Robert Abrams, Commanding

General of United Nations Command, Combined Forces Command and United States Forces Korea, Maj. Gen. Daniel Christian, Deputy Commanding General-Support of 8th U.S. Army attended along with sixteen host nation medical partner representatives.

During his remarks, Davis shared that the ceremony is a culmination of a lot of hard work by many people, not to mention the steadfast support of the great partners in the Republic of Korea. He emphasized how symbolic this hospital is of Army medicine's long-standing commitment to providing world-class healthcare to military service members, veterans, and their families. He noted that the opening of the new Brian D. Allgood Army Community Hospital will allow Army Medicine to maintain the high standard of care that more than 65,000 beneficiaries assigned in Korea have come to know and expect.

"It covers over four-hundred-and-eighteen-thousand square feet of space and leverages cutting-edge technology to enhance clinical operations, safety and satisfaction for both the staff and patients," said Davis.

"The world we live in today has become very complex and dangerous, and our forces must be postured and ready at all times, and having confidence in knowing that their families' health care needs will be taken care of in their absence is a priority that Army medicine takes very seriously."

Davis emphasized how fitting it is to have this state of the art medical facility to be dedicated in honor of the late Colonel Brian D. Allgood, a respected Army orthopedic surgeon, and commander, who selflessly served and set the example for others to follow. Davis' emphasis was followed by retired Command Sgt. Maj. Ricardo Alcantara who served with Col. Allgood as his command sergeant major for over four years under the 18th Medical Command when it was located in the Republic of Korea and served alongside him at the United States Military Academy at West Point.

He told the audience that Col. Allgood was an incredible commander, leader, Soldier, husband, and father who was admired, respected, and loved by all who came into contact with him. Alcantara shared a few stories he collected from soldiers and staff who worked with Col. Allgood. Every story

The ribbon cutting was conducted to symbolize the new beginning. Col. (R) Jane Allgood (third right), wife of Col. Brian Allgood, Mrs. Cleo Allgood (fourth left) the mother, Mr. Bradley Allgood (third left) the brother was joined by Gen. Robert Abrams, Commanding General of United Nations Command, Combined Forces Command and United States Forces Korea, Maj. Gen. Daniel Christian, Deputy Commanding General-Support of 8th U.S. Army, Brig. Gen. Jack Davis (second left), Deputy Commanding General, Regional Health Command-Pacific, Col. Derek Cooper, Commander of 65th Medical Brigade and Col. Andrew Landers, Commander of Brian D. Allgood Army Community Hospital. (Photo by Pfc. Anna Walker, USAG Humphreys VIOS) ▶

he shared described the humble servant leader who was passionate about providing high-quality healthcare to our Soldiers and families.

"His commitment to his patients, to his soldiers, and the medical field in general, was contagious and resulted in the development of a team that accepted nothing short of excellence in its performance" said Alcantara. "His generous smile, his kind character, his innate sense of fairness, and his keen ability to find empathy for all situations, made him a leader that we all wanted to follow anywhere and everywhere. Col. Allgood built a family of caregivers whose commitment to selfless service was unrivaled. I am so pleased to see this new Army Hospital named in his honor. It is a fitting Legacy."

The Brian D. Allgood Army Community Hospital (BDAACH), now located at USAG Humphreys, was historically located within USAG Yongsan. Its mission continues is to provide high quality, compassionate, and safe patient care in support to the Eighth U.S. Army and all supported forces throughout the Korean theater of operations across the entire spectrum of plausible conflicts, from peacetime engagements through combat operations.

The new hospital is a part of the \$10.7 billion, multi-year, massive relocation effort known as the Yongsan Relocation Program (YRP). The YRP relocated most U.S. Forces and Headquarters United Nations Command activities from the Seoul metropolitan area to areas south, most notably to U.S. Army Garrison (USAG) Humphreys. USAG Humphreys has grown exponentially over the past 10 years due to projects led by the Far East District.

"The ROK-U.S. alliance is stronger than ever



before This ribbon cutting ceremony represents a culmination of effort displayed by our outstanding U.S. and host-nation employees, who worked in close partnership with our friends and allies in the Republic of Korea to advance the quality of life for Americans serving abroad," said Brig. Gen. Thomas Tickner, U.S. Army Corps of Engineers, Pacific Division commanding general. "The completion of the BDAACH also brings us one step closer to full consolidation from Seoul's USAG Yongsan to Pyeongtaek's USAG Humphreys, a modern base and smart city with better facilities than ever before."

With a 68-bed capacity, the BDAACH provides medical services at an annual rate of 359,526 outpatient encounters; 1,367 inpatient encounters; 263,840 prescriptions filled; 1,234 surgeries performed; and approximately 239 births all supported with a combined workforce of both military and civilian personnel.

With the new facility opening for its first in-patient day come November 15, 2019, it will mark the first time in the history of the garrison that 24-hour emergency medical care will be provided. For more on the BDAACH capabilities see the Hospital Corner on page ## as well as its history and a bio of Col. Algood.

The new BDAACH is the largest medical asset on the peninsula, medically equipped to support 65,000 eligible beneficiaries and 5,000 inpatient

admissions. BDAACH's Ambulatory Care Center can provide support for 56,300 eligible beneficiaries and 200,000 annual outpatient visits. BDAACH has expanded from its previous 38-bed set-up to 68 total inpatient beds consisting of six intensive care unit (ICU) beds, 40 medical/surgical units, four operating rooms, eight labor and delivery (L&D) beds and 14 behavioral health beds. A 1,000 space parking garage along with 949 surface parking spaces support the new facility.

Originally activated in 1944 as the 121st Evacuation Hospital, Semi mobile, it participated in the European Theater during World War II and in the Korean War. It has served continuously in Korea as a field unit since September 25, 1950 and as fixed medical treatment facility, Seoul Military Hospital, since 1959. In 1971, Seoul Military Hospital merged with the 121st Evacuation Hospital to become the U.S. Army Hospital, Seoul (121st Evacuation Hospital). On April 16, 1994, the 121st Evacuation Hospital reorganized and was redesignated the 121st General Hospital. On June 30, 2008, the facility was formally renamed the Brian Allgood Army Community Hospital and rededicated at USAG Humphreys now as the Brian D. Allgood Army Community Hospital. The BDAACH is engaged in more than 40 partnerships with purchased care sector providers off the installation expanding out of network health.

Air Force recognizes Energy Action Month 2019

**By Corrie Poland, Air Force Energy
SAF/IE**

WASHINGTON (AFNS) -- October is Energy Action Month, an opportunity to highlight why energy is a critical enabler to combat capability for the U.S. Air Force and Department of Defense, and to encourage smarter energy use and management for installations, ground vehicles, and aircraft. Unveiled this year, the Air Force theme of "Energy Able, Mission Capable" educates Airmen about the importance of energy readiness and resilience for the global mission.

"By prioritizing energy management and resilience, we are building a strong foundation for the future warfighter and ensuring Airmen have energy when and where they need it," said the John W. Henderson, assistant secretary of the Air Force

for installations, environment and energy.

Every year the U.S. Air Force spends nearly \$6 billion on energy, with approximately 82% used for aviation fuel, 16% for facilities and installations, and 2% for ground vehicles. While energy is a necessary part of operations, as the modern battlefield grows increasingly complex, keeping it secure and readily available can pose serious risks and challenges for troops. Powering aviation assets requires complex fuel planning and logistics, all the way from refinery and storage facilities to fuel convoys and transport to the end-user. As power projection platforms, installations depend on secure, reliable and quality power to ensure Air Force mission assurance.

The Air Force is focusing on energy resilience and optimization to sustain warfighting capabilities in the air and on the ground. For instance, upgraded

aircraft aerodynamics increase range and limit the need for aerial refueling. Investments in modern software improve the effectiveness of tankers and streamline mission planning. Engine sustainment initiatives increase time on wing and prevent some maintenance issues. At the installation level, from new on-site generating capabilities to ensure energy resilient operations, to a record setting year of energy savings performance contracting, the Air Force is prepared to fly, fight and win from its installations under any conditions.

During Energy Action Month, the Air Force will emphasize the need for smart energy solutions and inform Airmen, Air Force senior leaders, policy makers and aligned organizations about what they can do to effectively distribute, generate, and manage resilient and reliable energy across the enterprise.

Wolf Pack honors POW/MIA who are gone but not forgotten



Leaders from the 8th Fighter Wing and Republic of Korea Air Force's 38th Fighter Group toast during a prisoners of war and missing in action memorial ceremony at Kunsan Air Base, Republic of Korea, Sept. 20, 2019. There are currently more than 81,000 POW/MIAs, and over 70 percent of them are in the Indo-Pacific region. (U.S. Air Force photo by Senior Airman Stefan Alvarez) ▲

Members of the 8th Fighter Wing Honor Guard raise the American flag with the prisoners of war and missing in action flag as well as the Republic of Korea flag during the POW/MIA opening ceremony at Kunsan Air Base, Republic of Korea, Sept. 16, 2019. The 8th Fighter Wing hosted events during the week of Sept. 16 to 20, finishing with a retreat ceremony on National POW/MIA Day, Sept. 20. (U.S. Air Force photo by Staff Sgt. Joshua Edwards) ▼

By Senior Airman Stefan Alvarez
8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea -- The 8th Fighter Wing came together to pay a special tribute to service members who are, and were, prisoners of war and missing in action during a week-long memorial from Sept. 16 to 20.

"People associate POW/MIA with U.S. military only, but we are not the only ones who have loved ones who were never accounted for," said Col. Lawrence Sullivan, 8th Fighter Wing vice commander. "Right here in Korea, both America and the Republic of Korea have POW/MIAs that still haven't been found. Together, we're doing everything we can to find them and reunite them with their families."

To pay tribute to those lost but never forgotten, Airmen participated in several events throughout the week to honor the POW/MIA military members that number over 81,000. Many of those individuals are believed to be in the Indo-Pacific region.

The 8th Security Forces Squadron and the 8th Civil Engineer Squadron explosive ordnance disposal members completed a 10 kilometer ruck march wearing their body armor and ruck sacks, combatting fatigue and the beating sun, along with other Wolf Pack members who chose to complete the event.

Airmen from all over base took part in a 24-hour memorial run with each participant being given the name, rank and service of a different POW/MIA service member. The National League of Families POW/MIA flag was carried throughout the entirety of the run, to represent the never-ending hope that every family's missing loved ones will be found and brought home.

"We have to have faith and the resolve to keep looking for our POW/MIAs," said Capt. James Longe, 8th Fighter Wing chaplain. "The families and loved ones look to us to keep up the effort and support of finding their loved ones. If we don't do it, who will? We owe it to those who served before us to bring them home."

The week ended with a closing ceremony that brought the leadership of the 8th FW and the Republic of Korea Air Force's 38th Fighter Group together in remembrance. During the ceremony, a member of the honor guard set the POW/MIA table and a charge was given to never forget fellow service members who sacrificed their lives to defend their home.



U.S. Air Force Col. Lawrence Sullivan (far right), 8th Fighter Wing vice commander, runs with Republic of Korea Air Force's 38th Fighter Group leadership to start a 24-hour prisoners of war and missing in action memorial run at Kunsan Air Base, Republic of Korea, Sept. 19, 2019. The Wolf Pack dedicated the week in honor of POW/MIA that consisted of several events for the base to participate in. (U.S. Air Force photo by Senior Airman Stefan Alvarez) ▲



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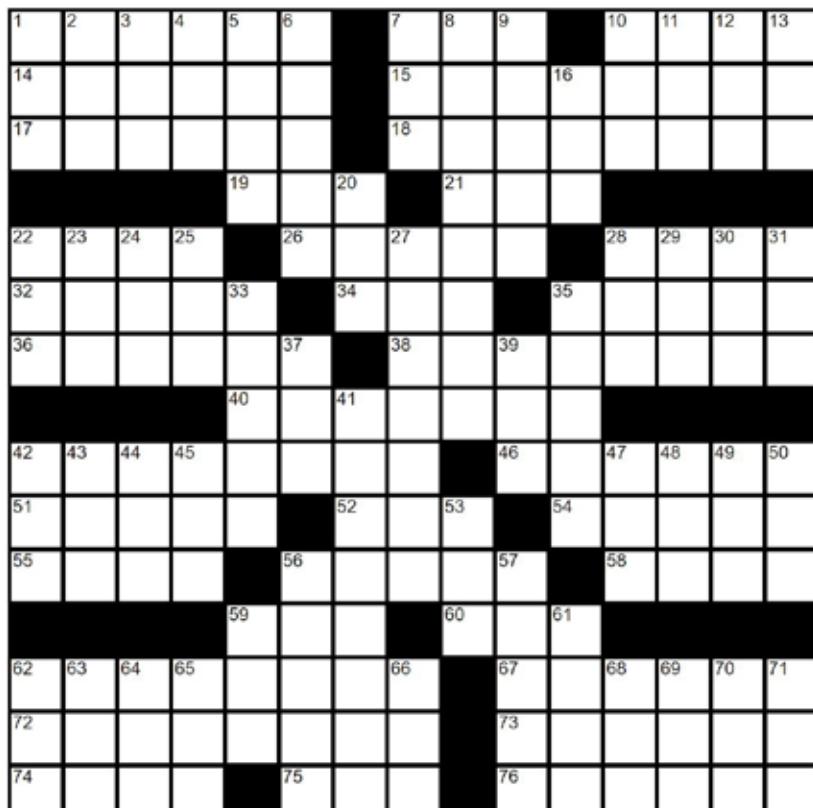
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- This deal ONLY applies to Lotte Cinema in Songtan.
- MUST pay upfront. (NO online reservations)
- Other discounts may NOT be used in addition to this deal.



LOTTE CINEMA

By Jon Dunbar



ACROSS

- Weight per unit mass
- Project Mercury's Grissom
- Goes with Diablo or Grande
- The Masked Racer
- Led to
- Like cheap soju
- Teaches
- Hip-hop doctor
- McMahon and Sheeran
- Between foxtrot and hotel
- Mad
- The feds
- Abounding with noise
- Not even
- Myanmar, before
- He shoots, he ____
- Deployment

DOWN

- Angry dog noise
 - Toy store's Schwarz
 - Between Sept. and Nov.
 - Mandatory rule
 - Deris
 - Bonus
 - Girls' Generation song
 - Expected loser
 - Cram
 - US foreign intelligence service
 - CTRL+__+DEL
 - __-saw
 - Commercials
 - Cooling units
 - Roxy Music's Brian
 - Fuel
 - Middle Earth bad guy
 - Toilet
 - Not near
 - Big Bang member
 - Korean shamanistic performance
 - Brain scan
 - Jimmy Eat World genre
 - Someone's grandmother
 - Contribute to again
- Jazz's count
 - Analogue camera
 - Green or chamomile
 - Lois Lane's rival
 - Booker T's band
 - Fleischer or Graynor
 - Fleming or McKellen
 - Opposite of SSW
 - Former US electronics corporation
 - Cardboard cube
 - Muhammad or Larter
 - Soldiers
 - Joke
 - Country music star Patsy
 - Not small or medium
 - Who __ you?
 - Roseanne's surname
 - Bedwear
 - Wheel mark
 - Ron or Joe
 - Entry papers
 - Zodiac lion
 - Goes with alcoholic or smoker
 - White billiard ball
 - __ and outs
 - Banned pesticide

Answers to Previous Crossword

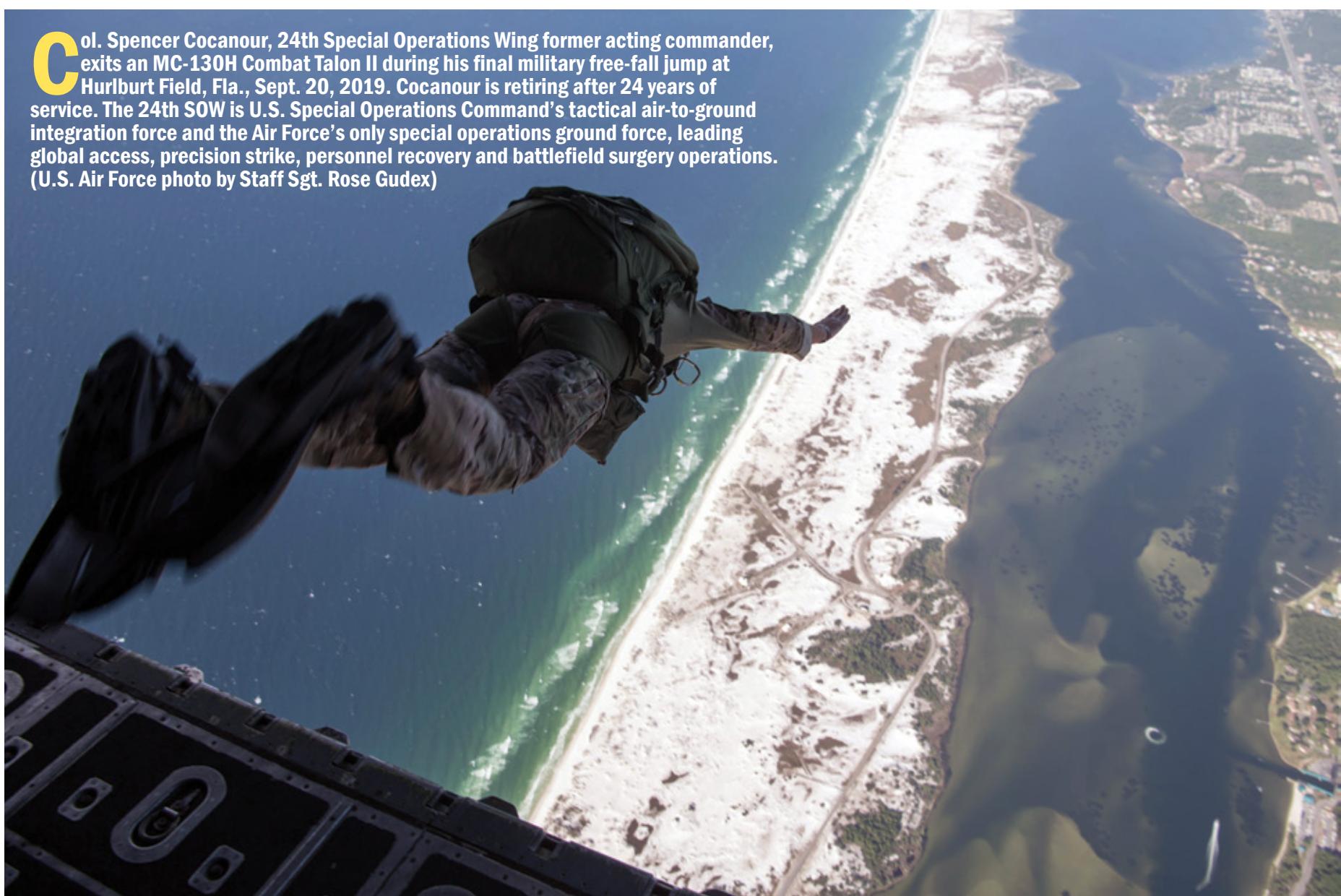
ACROSS

- ECHO
- APRON
- SWIM
- AHOY
- BUENA
- TOTE
- RADS
- UNDER
- OPAL
- STATES
- CANALS
- ELECTRICITY
- SWARM
- OHSEE
- OHM
- NARCS
- SALT
- FOOT
- ELIHU
- TREE
- WIVES
- ETA
- ALINES
- PESOS
- SPRINGSTEEN
- AMIDST
- PREFAB
- LEER
- OWENS
- ROSA
- ALTO
- WILCO
- GRIT
- NIKON
- YEAH

DOWN

- EARS
- CHAT
- HODA
- OYSTER
- ABUSE
- PUN
- RED
- ONE
- NARCISSUS
- STONIEST
- WOPAT
- ITALY
- MELS
- ALTO
- WILCO
- GRIT
- SLAP
- NIKON
- YEAH
- WHOA
- AMOK
- NEWINTOWN
- ARES
- LETO
- TEAS
- TEARDROP
- LIS
- PER
- ENERGY
- SMELL
- PIETA
- EPSON
- ALAS
- FORE
- ASIA
- BATH
- WII
- ELK
- NCO

Col. Spencer Cocanour, 24th Special Operations Wing former acting commander, exits an MC-130H Combat Talon II during his final military free-fall jump at Hurlburt Field, Fla., Sept. 20, 2019. Cocanour is retiring after 24 years of service. The 24th SOW is U.S. Special Operations Command's tactical air-to-ground integration force and the Air Force's only special operations ground force, leading global access, precision strike, personnel recovery and battlefield surgery operations. (U.S. Air Force photo by Staff Sgt. Rose Gudex)



Airmen from the 56th Maintenance Group honor former prisoners of war and those listed as missing in action during a 24-hour vigil run at Luke Air Force Base, Ariz., Sept. 20, 2019. During the event, Airmen ran for the 24-hour period while holding a POW/MIA flag as part of National POW/MIA Recognition Day. (U.S. Air Force photo by Airman 1st Class Jacob Wongwai) ▲



Chief Master Sergeant of the Air Force Kaleth O. Wright greets Senior Airman Michael Terrazas, 30th Security Forces conservation patrolman, and Military Working Horse Duke at Vandenberg Air Force Base, Calif., Sept. 25, 2019. The 30th SFS MWH law enforcement unit is the only equine patrol unit within the Defense Department and is one of four conservation units in the Air Force. (U.S. Air Force photo by Airman 1st Class Hanah Abercrombie) ▲

Ayden Houston and Maj. Richard Stocker fly a C-130 Hercules flight simulator, the Multi-Mission Crew Trainer, after Ayden was named an honorary "pilot for a day," Sept. 15, 2019, at the 179th Airlift Wing at Mansfield Lahm Air National Guard Base, Mansfield, Ohio. The 164th Airlift Squadron collaborated with "A Special Wish Foundation" of Cleveland to provide Ayden with this unique experience he could share with his family who have been battling a variety of health issues with Ayden since birth. (U.S. Air National Guard photo by Tech. Sgt. Joe Harwood) ▲

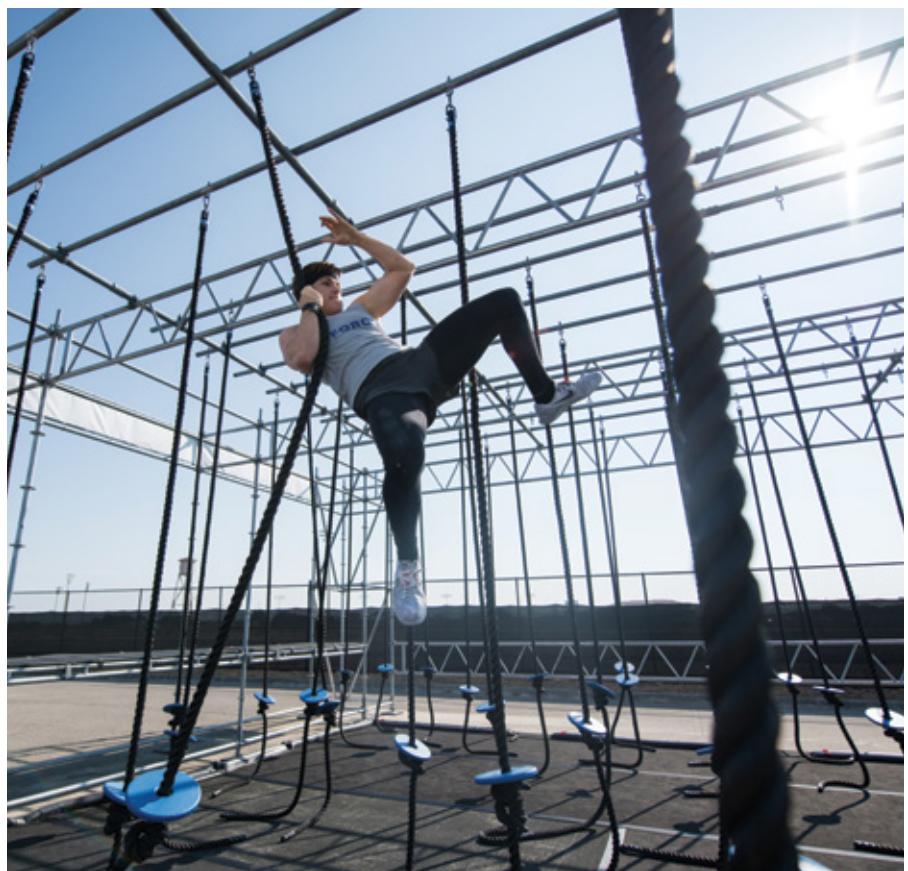




Maj. Dean Hall, pilot, and Lt. Col. Jared Laliberte, co-pilot, perform close-formation flying in a T-38C Talon during a training sortie over a military operations area located in East Texas, Sept. 12, 2019. The purpose of the flight was to conduct required upgrade training for the instructor pilot program. The pilots are assigned to the 560th Flying Training Squadron at Joint Base San Antonio-Randolph, Texas. (U.S. Air Force photo by Master Sgt. Christopher Boitz) ▲

The United States Air Force Honor Guard presents the colors at a football game at FedEx Field in Landover, Md., Sept. 15, 2019. The presentation of the colors serves to recognize and honor veterans and current members of the United States armed forces. (U.S. Air Force photo by Staff Sgt. Delano Scott) ▶

Air Force 2nd Lt. Michelle Strickland, student pilot, Columbus Air Force Base, Miss., competes in the 2019 Air Force and Inter-Service Alpha Warrior Battles, Sept. 14, 2019, at the Alpha Warrior Proving Grounds in Selma, Texas. The Air Force partnered with Alpha Warrior three years ago to deliver functional fitness training to Airmen and their families. (U.S. Air Force photo by Sarayuth Pinthong) ▼



Mike Rivera and Alex Duncan, Vandenberg Wildland Support Module fire operation technicians, observe a controlled fire at Vandenberg Air Force Base, Calif., Sept. 18, 2019. The Vandenberg Fire Department and "Hotshots" team conducted a prescribed burn of grassland and coastal sage scrub. (U.S. Air Force photo by Airman 1st Class Aubree Milks) ▲

Kunsan

- KUNSAN PHOTO CLUB -

Interested in sharing your photography experience with others and exploring Korea along the way? Have a camera, but want to learn how to use it more completely? Then join the Kunsan Photo Club as they delve into the finer qualities of photography where the key concept is: "It's not the camera that makes a great photo, but the photographer." If interested in joining, the group can be found on Facebook, just search for "Kunsan Photo Club."

- WOLF PACK LODGE -

Lodging Space A Policy

Need a break? Got family visiting and no room to house them? You can book

lodging rooms on a space available basis up to 120 days in advance for a maximum of 30 days depending on availability. You can also book reservations for the holiday season (November and December) up to 30 days in advance for a maximum of 15 days. (Depending on availability) Book now for all of those relatives coming for the holiday!

Reservations – Front Desk-DSN 782-1844 or Commercial (82)63-470-1844 FAX: DSN 315-782-0633 Commercial (82)63-470-0633

- SUNDAY SONLIGHT DINNER -

Every Sunday, volunteers from a spe-

cific unit cook dinner for their fellow Wolf Pack members at the Sonlight Inn. The dinner begins at 6 p.m. following grace led by a chaplain. Meals range from "breakfast for dinner" to "Italian cooking" to "Southern style." For more information or to volunteer, contact the chapel at 782-HOPE.

- SPONSOR TRAINING -

Learn creative ways to assist newcomers reporting to Kunsan AB. Registration required. Class is held at the Airman and Family Readiness Center. Call 782-5644 for more information, dates or to sign up.

- ROKAF ENGLISH CLASS -

Team 5/6 is looking for volunteers to support the ROKAF English class every Saturday, at the Sonlight Inn. You will be talking to ROKAF Airmen (enlisted) for approximately one hour. This event is open to all ranks! Civilian attire is preferred, however, UOD is allowed. For more information, contact Staff Sgt. Charles Nelson.

- PING PONG TOURNAMENT -

Free to all. Prizes for first and second places. Prizes include Wolf Pack Won. To sign up, dates or for more information, call the CAC at 782-5213 or 4679.

Osan

HOURS OF OPERATION BH 20-1:**FSS:**

- Gingko Tree DFAC Closed - 4-5 Oct. The Gingko Tree DFAC will close this Thurs night after midnight meal and reopen for breakfast on Sun, 6 Oct. The Pacific House DFAC will maintain the same operating hours, but will also offer midnight meal from 2300-0100 on Friday and Saturday (4-5 Oct) and provide flight meals until Gingko Tree reopens on Sun, 6 Oct
- Pacific House DFAC Closed - 11-12 Oct. The Pacific House DFAC will reopen for breakfast on Sun, 13 Oct For questions regarding DFAC closures, please call 784-2021.

ROAD AND GATE CLOSURES:

The Main Gate is closed to all vehicle traffic Monday, Sept. 23 – Oct. 13 for an ongoing construction effort. The AFOC (ROKAF) Gate is fully open for vehicle traffic. Also, Personnel arriving on-base via taxi cannot exit the vehicle into the flow of traffic (HUGE SAFETY CONCERN). Please disembark at an authorized taxi stand or your desired destination.

7 AF AIR FORCE BALL: FACEBOOK

PAGE – "7 AF Air Force Ball 2019"

THEME - "Courage in the Pacific"

DATE/TIME – Saturday 5 October at 1800

LOCATION – Both the O-Club and E-Club

TICKET SALES – Prices are Amn-\$30, NCO/SNCO/Officer/Civs-\$50. Please see your Group or Squadron Ticket Representatives for purchase.

HIGHLIGHTS – Piano Burn, several different bands/music, great food, Air Force static displays.

OSAN CUP 2019 IS QUICKLY APPROACHING: The 51st FW will host the 6th annual Osan Cup. All units on Osan will be eligible to participate. The events will begin at 0730 on 15 Oct and conclude around 1600. The Osan Cup is intended to increase morale and foster esprit de corps while providing an opportunity for Soldiers, Sailors, Marines, Civilians, ROKAF, and Airmen of Osan Air Base to meet in an informal and safe environment. You can choose to compete in any of the following events:
5K Run
Powerlifting
Basketball
Bowling
Flag Football
Ultimate Frisbee
CrossFit
Dodgeball
Volleyball

Please contact MSgt Shalah Anquilo at shalah.anquilo@us.af.mil or Capt Eric Badger at eric.badger.1@us.af.mil if you would like to sign up for events. For more info visit: <https://osan.eis.pacaf.af.mil/>

osanorgs/OsanCup/SitePages/Home.aspx

AFRICAN AMERICAN HERITAGE

COUNCIL: Come out to our general meeting which is held the first Thursday of every month at 1130 at the USO Classroom 1. This is a great atmosphere for us to come together, network, and develop significant community events to enhance morale and improve community relations. There are many upcoming events that will provide you an opportunity to lead and volunteer, so spread the word and bring a friend.
NAT'L AMERICAN INDIAN HERITAGE MONTH COMMITTEE: In observance of National American Indian Heritage Month (NAIMH), celebrated each November, we are looking for members interested in sharing ideas and supporting events here at Osan. This is open to military members, DoD civilians and family members. NAIMH month recognizes American Indians for their respect for natural resources and the Earth, having served with valor in our nation's conflicts and for their many distinct and important contributions to the United States. If interested, or for more information, please contact CMSgt Garcia at timothy.garcia@us.af.mil or 784-1846. Dah'wah'eh

51ST FW JOINS BROAD EFFORT TO**OBSERVE NATIONAL DISABILITY EMPLOYMENT AWARENESS MONTH:**

National Disability Employment Awareness Month is an annual awareness campaign that takes place each October. The purpose of National Disability Employment Awareness Month is to educate about disability employment issues and celebrate the many and varied contributions of America's workers with disabilities. This year's theme is "The Right Talent, Right Now". Reflecting this year's theme, throughout the month, The 51st Fighter Wing's NDEAM team will be setting up booths throughout the base to educate Team Osan on disability employment issues and its commitment to an inclusive work culture. Employers and employees in all industries can learn more about how to participate in National Disability Employment Awareness Month and ways they can promote its messages — during October and throughout the year — by visiting www.dol.gov/NDEAM

51 LRS/IPE NEW HOURS: 51 LRS/IPE new hours of operation for out-processing customers will be 0800-1100 and 1200-1500, Monday-Friday. Out-Processing will be closed every day from 1100-1200, Monday-Friday. "Osan After Dark" will be available from 0730-1800 Wednesday.

Kunsan's emergency phone numbers

Emergency Services	911		
Off Base/Cell Emergency	063-470-0911	Nurse Advice Line	1-800-723-8255
Crime Stop: (to report a crime)	782-5444	IG Complaints FWA Reporting:	782-4850 (duty hours) 782-4942 (anytime)
Base Locator: (after duty hours)	782-4743	Chaplain (After duty hours)	782-6000
Law Enforcement desk	782-4944	Sexual Assault Response Coordinator (SARC)	782-7272
Emergency Leave / Red Cross		782-4601 (on base) 1-800-733-2761 (anytime)	

Osan's emergency phone numbers

Emergency Services (Fire, Medical, Security Police)	911	Commander's Hotline	784-4811
Off Base/Cell Emergency	031-661-9111	Crime Stop: (to report a crime)	784-5757
Emergency Room:	784-2500	IG Complaints FWA Reporting:	784-1144
Base Locator: (after duty hours)	784-4597	Emergency Leave	784-7000
Force Protection Information Hotline:	115	Sexual Assault Response Coordinator (SARC)	784-7272
Chaplain (After duty hours)	784-7000	Security Forces Control Center	784-5515

24 Solar Terms (Part 17)

By KyongHui "Jennie" Pae

17. Hallo

Cold Dew:
The ice is starting to fall.

Indicating lower temperature, it is cold enough to reach dew point, but not cold enough to reach frost point. Around October 8th of the solar calendar, when the Sun's ecliptic reaches 195 degrees.

As the dew becomes more present, harvests must be completed before the temperature falls, and other harvests are in full swing in the countryside. Meanwhile, beautiful fall foliage is full in the mountains and fields, and the sky is as clear and high as ever. In Hallo and Sanggang, the common people enjoyed eating fish soup (especially crab). It is said that loach fish soup is good for boosting your energy. During this time, chrysanthemum blossoms are fragrant and the temperature drops day after day.

Reference: Korean Folk Culture Research



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박문서 변호사 (MUN SU PARK,
Attorney-at-Law, JD/Ph. D.)

P.O. Box 10749, Tamuning Guam 96931, USA
Tel:(671) 647-1200, (670) 287-1255
lawyerpark@hotmail.com / Kaokao Talk ID: attorneypark



Air Power Day 2019 Wraps Up

By 51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- Team Osan's Air Power Day 2019 hosted more than 33 thousand attendees throughout the weekend to include both the DOD Friends and Family and the public day Sept. 20-21.

The 51st Fighter Wing showcased a variety of joint and combined capabilities with various assets from across the Republic of Korea and U.S. Forces Korea available for static display viewing alongside performers from K-Pop stars and the U.S. Air Force's Band of the Pacific.

The wing's very own Close Air Support and Combat Search and Rescue crews demonstrated their operational capabilities and were joined by various other air show performers from USAF performers, ROKAF aerial acts, and the ROKAF Black Eagles.

Photos are available for download on the Defense Visual Information Distribution Service's website at the following link: <https://www.dvidshub.net/search?q=osan+air+power+day&view=grid>

- More photos on page 19 -



American and Republic of Korean citizens file to enter Osan Air Base, ROK's Air Power Day, Sept. 21, 2019. ROKAF and DoD military personnel commemorated their long sustained relationship on the Korean Peninsula and embraced community members during the festivities. (U.S. Air Force photo by Staff Sgt. Greg Nash) ▲

SPIRITUAL CHARGE

ARE YOU CONNECTED?



**By Chaplain, Captain
Angeles De Leon**

Have you ever experienced the feeling of being disconnected? I am pretty sure you've had this feeling in some way, shape or form. We are prone to such feelings for different reasons. All of Kunsan Air Base Airmen and almost 90% of Osan Air Base military members

are single or unaccompanied. The time difference between South Korea and the United States makes it very difficult to connect with family and loved ones back home. For those who are accompanied, the long work hours and high ops tempo make it hard to find quality time to connect. Some young Airmen who are just out of technical school may find themselves thousands of miles away from home for the first time. These people may wrestle with the burdens of disconnectedness and loneliness.

I am not immune to disconnectedness either. About thirteen years ago, I reached rock bottom. I had been living my life as a priest, feeling disconnected. I felt the calling to live a married life, but there was no place for a married priest in the Catholic Church. My disconnectedness worsened which led to severe depression. I felt that my family did not understand what I was going through. I felt like my friends, family and "Church" abandoned me. I withdrew from

everyone. I suffered in silence; the pain and depression worsened to the point of suicidal ideation.

But my faith held me up and I took a brave step to seek the help of a mental health professional. I voluntarily checked myself in for in-patient care. My stay lasted three days. At first, I wondered if I had made the right choice. I feared that having a record from mental health would ruin my career. But the doctors, nurses, medical staff and even fellow patients reminded me of God's presence in my life—I may have felt lonely, but I was never alone. They provided me with compassion, love and care. In the end, I knew I made a smart choice because I felt the presence and the love of God through the staff members. Indeed, "faith works!"

After this time in professional care, I bounced back by the grace of God. I became stronger. I became a better person through my experience. I became more aware that I was not alone after all. My friends and family were actually there for me working and helping

me behind the scenes in ways I didn't see until I was thinking clearly again. And they were in constant communication with my provider to give her information.

This and other challenges have strengthened my spiritual resilience. When confronted with stress, loneliness, depression and disconnectedness, I have something I can connect with—my faith in God. In the Hebrew Scriptures it says, "The Lord is the one who goes ahead of you; He will be with you, He will not fail or forsake you. Do not fear or be dismayed" (Deuteronomy 31:8). This is a reminder to me of what God has done in my life.

There might be some Airmen or dependents right now who are in the darkest moments of their lives. Perhaps someone is suffering silently from disconnectedness and loneliness. There are many resources and agencies available to help you. I also want to tell you to get connected with the source of your strength! The chapel is your spiritual fitness center. Come and see us!

CHAPEL SCHEDULE

KUNSAN AIR BASE

Protestant Services

Gospel Service
Sunday, 11:30 a.m.

Main Chapel, Bldg. 501
Contemporary Service
Sunday 5 p.m.

Main Chapel, Bldg. 501
Catholic Services

Sunday Catholic Mass
Sunday, 9:45 a.m.

Main Chapel, Bldg. 501
Daily Mass and Reconciliation

Please call the Chapel

Other Worship Opportunities

LDS Service
Sunday, 1:00 p.m.
SonLight Inn, Bldg. 510

Point of Contact:
Kunsan Chapel, 782-HOPE

Visit us on SharePoint:
<https://kunsan.eis.pacaf.af.mil/8FW/HC>

OSAN AIR BASE

Protestant Services

-Community Service @ 1030
-Gospel Service @ 1230

Regular Occuring Ministries:
PYOC: (Middle School & High School
Students)

- Mondays—1830-2000 @ Chapel
Spiritual Fitness Center.

PCOC: (AWANA)
- Wednesdays @ Chapel. Age 3 to 6th grade
meet 1800 -1930 & grades 7th-12th meet
1700-1800.

PMOC: (Men)
- Tuesdays - 1830 @ Chapel Annex.

PSOC: (Singles & Unaccompanied)
"Osan Hospitality House"

- Bible Studies:

*Saturdays - 1900 @ Hospitality House.
Dinner is provided.

Sundays - 1700 @ Community Center,
Classroom #3.

- Game Night:

*Fridays - 1900 @ Hospitality House. Din-
ner is provided.

*Van pickup: Fridays: Chapel @ 1730,
Mustang CTR @ 1735.

Saturdays: Chapel @ 1830, Mustang CTR

@ 1835.

PWOC: (Women) "PWOC Osan AB"
- Mondays 1800-2000, Tuesdays 0845-
1100 @ Chapel Annex (Child Watchcare
provided) & Sunday 1600-1730 @ Posco
Apartments .

MOPS: Join us for OSAN MOPS!

- Meet twice a month on Wednesday @
the Chapel Annex

Contact: osammops@gmail.com

*Apostolic Pentecostal
Apostolic Connection Church
Bible Study: Osan Chapel Sanctuary,
Mondays 7PM-8PM*

Catholic Mass

Weekend Masses

Saturday Mass (Sunday obligation), 5 p.m.

Saturday, Also Confessions, 4 p.m.

Sunday Mass, 8:30 a.m.

Tuesday -Thursday Mass, 11:30 a.m.

Friday Mass, 5 p.m.

Catholic Ministries

Catholic Religious Education

Sunday, 10-11 a.m., Chapel annex

Korean Prayer group

Tuesday, 9:30 a.m.,

Blessed Sacra Chapel

Faith formation class/bible study

Wednesday, 6:00 p.m., Chapel annex

Catholic Men of the Chapel (CMOC)

Wednesday, 7:00 p.m., Chapel annex

Catholic Women of the Chapel (CWOC)

Thursday, 5:30 p.m., Chapel annex hall

Catholic Family social meal (Free)

Friday, 6-7:30 p.m., Chapel annex hall

Catholic Family social meal (Free)

Saturday, 6-7:30 p.m., Chapel annex hall

Knights of Columbus & Baptism classes

Meet monthly, Pls call 784-5000

Other Faith Groups

Earth-Based (Contact the Chapel)

Jewish (Contact the Chapel)

Muslim (Contact the Chapel)

Buddhist (Contact the Chapel)

LDS Sunday, 1 p.m., Contact the Chapel

Point of Contact:

Osan Chapel, 784-5000

Visit us on SharePoint:

<https://osan.eis.pacaf.af.mil/51FW/51FW-HC/default.aspx>

Visit us on Facebook (OSAN AB CHAPEL)

<https://www.facebook.com/OsanABChapel>

USAG-YONGSAN

Protestant Services

Traditional Service

Sunday, 9:30 a.m.

Memorial Chapel, Bldg 1597

Sunday, 9:30 a.m.

Brian Allgood Hospital Chapel

Contemporary Service

Sunday, 9 a.m.

South Post Chapel, Bldg 3702

Sunday, 10:30 a.m.

K-16 Chapel

Nondenominational Service

Sunday, 11 a.m.

South Post Chapel, Bldg 3702

Gospel Service

Sunday, 1 p.m.

South Post Chapel, Bldg 3702

Pentecostal

Sunday, 1:30 p.m.

Memorial Chapel, Bldg 1597

Latter Day Saints (LDS)

Sunday, 4 p.m.

South Post Chapel, Bldg 3702

Seventh-Day Adventist

Saturday, 9:30 a.m.

Brian Allgood Hospital Chapel

KATUSA

Tuesday, 6:30 p.m.

Memorial Chapel , Bldg 1597

Catholic Mass

Sunday, 8 a.m.

Memorial Chapel, Bldg 1597

Sunday, 11:30 a.m.

Memorial Chapel, Bldg 1597

Saturday, 5 p.m.

Memorial Chapel, Bldg 1597

1st Saturday, 9 a.m.

Memorial Chapel, Bldg 1597

M/W/T/F, 11:45 a.m.

Memorial Chapel, Bldg 1597

Tuesday, 11:45 p.m.

Brian Allgood Hospital Chapel

General Service

Episcopal Service

Sunday, 11 a.m.

Brian Allgood Hospital Chapel

Jewish

Friday, 7 p.m.

South Post Chapel, Bldg 3702

Point of Contact:

USAG Yongsan Religious Support Office, 738-3011

Visit us on SharePoint:

<http://www.army.mil/yongsan>



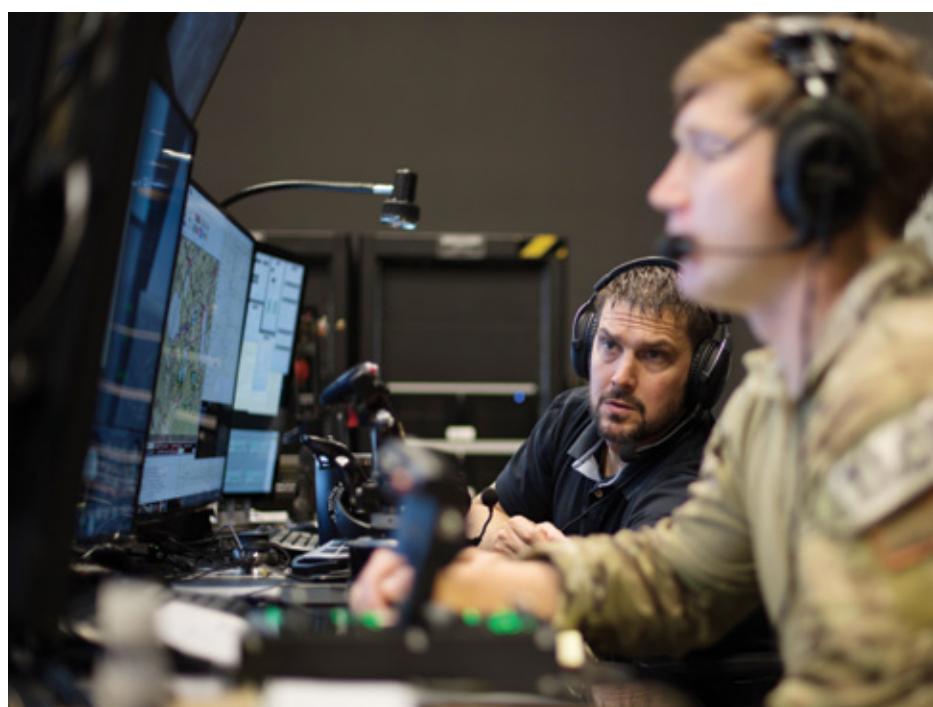
607 ASOG, ROKAF conduct JTAC simulator training



A Republic of Korea Air Force joint terminal attack controller looks through a simulator system's binoculars at Osan Air Base, ROK, Sept. 25, 2019. The simulator provides a realistic environment for JTACs to assess enemy threat levels and sudden interjections. (U.S. Air Force photo by Staff Sgt. Ramon A. Adelan) ▲

Mike Oser (right), 607th Air Support Operations Group JTAC simulator program manager, explains the functions and equipment on a training simulator for a Republic of Korea Air Force joint terminal attack controller at Osan Air Base, ROK, Sept. 25, 2019. The simulator system provides a realistic environment for JTACs to plan, coordinate and direct surface-to-surface and air-to-surface attacks. (U.S. Air Force photo by Staff Sgt. Ramon A. Adelan) ◀

Mike Oser (left), 607th Air Support Operations Group JTAC simulator program manager, monitors and controls a joint terminal attack controller simulator system at Osan Air Base, ROK, Sept. 25, 2019. The system utilizes most of the equipment a JTAC operates while conducting close air support operations. (U.S. Air Force photo by Staff Sgt. Ramon A. Adelan) ▼



U.S. Air Force Staff Sgt. Michael Perry (left), 604th Air Support Operations Squadron tactical air control party, evaluates and instructs a Republic of Korea Air Force joint terminal attack controller during JTAC simulated system training at Osan Air Base, Republic of Korea, Sept. 25, 2019. The partnership training with ROKAF JTACs is provided by the 607th Air Support Operations Group to enhance knowledge and the different equipment used by U.S. forces. (U.S. Air Force photo by Staff Sgt. Ramon A. Adelan) ▲

- More photos from page 16 -



A father and son watch as the Pacific Air Force's F-16 Viper Demonstration Team performs during Osan's Air Power Day Sept. 21, 2019, at Osan Air Base, Republic of Korea. ROKAF and DoD military personnel commemorated their long sustained relationship on the Korean Peninsula and embraced community members during the festivities. (U.S. Air Force photo by Staff Sgt. Ramon A. Adelan) ▼



Pararescuemen return fire to a simulated enemy during a Combat Search and Rescue demonstration during Osan Air Base, Republic of Korea's Air Power Day, Sept. 21, 2019. The event celebrates the US-ROK alliance and featured aerial performances, static displays and a multitude of festivities. (U.S. Air Force photo by Staff Sgt. Greg Nash) ▲

Airmen from the 25th Aircraft Maintenance Unit perform a weapons load demo on the A-10C Thunderbolt II during Air Power Day 2019 at Osan Air Base, Republic of Korea, September 20, 2019. The event also included aerial demonstrations from the Pacific Air Forces F-16 Viper Demo Team and the ROK Air Force Black Eagles. (U.S. Air Force photo by Senior Airman Denise Jenson) ◀

Members of the Republic of Korea Air Force high-altitude low-opening (HALO) jump team present the flags during the opening ceremony of Osan Air Power Day Sept. 21, 2019, at Osan Air Base, Republic of Korea. The event celebrates the US-ROK alliance and features aerial performances, static displays and a multitude of festivities. (U.S. Air Force photo by Staff Sgt. Ramon A. Adelan) ◀

K-Pop rapper BwhY performs for a crowd during Osan Air Power Day 2019 at Osan Air Base, Republic of Korea, Sept. 21, 2019. Team Osan has a rich history in the Republic of Korea, and this event is an opportunity to show the community how our Airmen, Soldiers, Sailors, and Marines serve alongside our partners in the Republic of Korea. (U.S. Air Force photo by Tech. Sgt. Matt Davis) ▼

Airman to swim in 2019 World Military Games

By Airman 1st Class Andrew Kobialka
366th Fighter Wing Public Affairs

MOUNTAIN HOME AIR FORCE BASE, Idaho (AFNS) -- The saying goes, "When you aren't training, someone else is." So when it comes to being the best at anything, it requires consistent dedication and sacrifice to maintain a competitive advantage. That hard work is starting to pay off for one Airman.

The 15 best swimmers in the Department of Defense have earned the opportunity to compete in the swimming component of the 2019 World Military Games. The youngest team member is Airman 1st Class Michael Yoo, 366th Maintenance Squadron avionics backshop technician, from Mountain Home Air Force Base, Idaho.

"I've been swimming since I was a kid and kept swimming competitively through college," Yoo said. "When I heard about the World Military Games, I was immediately interested."

Yoo explained that he talked to his supervisor, 2nd Lt. Brittany Diaz, 366th MXS avionics backshop flight commander, and worked out a plan to reach his goal.

"I'm thankful for my supervisor," Yoo said. "She has supported me throughout this journey and allowed me to make it this far."

With all the support he needed, Yoo dedicated a large portion of his time to training.

"Every day I get up at 3 a.m. each morning and drive 50 minutes to Boise to swim in a regulation-sized pool," Yoo said. "From there I drive back, work, then I'll either swim again or workout in the afternoon."

In June 2019, Yoo received the news that he was selected to be on the U.S. military swim team.

"It was a mix of emotions," Yoo said. "I was excited and nervous at the same time."

Representing the United States is a once in a lifetime opportunity for most people.

"To be selected as one of the 15 service members in the entire DoD to compete at the World Military Games is not only a representation of the determination, confidence and diligence that Airman 1st Class Yoo possesses, but a reminder to all Airmen that with these characteristics, there are no boundaries when it comes to your dreams and goals," Diaz said.

The next step for Yoo is to travel to San Diego to meet and train with the rest of the swim team. From there, Yoo and his team will be competing on the world stage in Wuhan, China, this October.

Yoo stands as a great example of what all Airmen are capable of accomplishing.

"I instilled the lesson into Airman Yoo early on that if you work hard and grow wherever you're planted, you will do amazing things and that I'll be cheering him on as it all unfolds," Diaz said. "It has been an honor to be part of Airman Yoo's journey and to serve as his commander. Go U.S.A. and go Air Force!"



Airman 1st Class Micheal Yoo, 366th Maintenance Squadron avionics backshop technician, takes a break during his daily swim training September 18th, 2019, at Mountain Home Air Force Base, Idaho. Yoo is a competitor on the Air Force team in the 2019 World Military Games. (U.S. Air Force photo by Senior Airman Tyrell Hall)

FREE CULTURAL IMMERSION PROGRAM

Sponsored by the Gyeonggi provincial Government

This is a two day event. You may enroll in one or both days.
(28-29 Oct / 4-5 Nov /18-19 Nov)

Day 1:

- 0820 ~ Meet bus just outside of main gate. Travel to Pyeongtaek University
- 0900 ~ 0930 Register
- 0930 ~ 1010 ROK-US alliance
- 1020 ~ 1100 Information about Pyeongtaek city
- 1110 ~ 1150 Traffic regulation
- 1150 ~ 1300 Cooking class (Korean food)
- 1300 ~ 1430 Learn basic Koreans
- 1440 ~ 1550 Experience calligraphy and Korean traditional dresses
- 1550 ~ 1630 Travel to Osan AB

Day 2:

- 0820 ~ Meet bus just outside of main gate. Travel to Pyeongtaek University
- 0900 ~ 0930 Information about Gyeonggi Province
- 0930 ~ 1100 Korean History & Culture
- 1100 ~ 1300 Closing Ceremony / Lunch (Bulgogi)
- 1300 ~ 1600 Travel to Osan AB via public transportation:

You will be given a transport card and shown how to use it. You will also be given a 10,000 won coupon to use in the Pyeongtaek International Market

No age limit.

To register, email your name, desired tour date(s) and date of birth to: chet.garretson@us.af.mil

Soldiers kick it with fellow Taekwondo-ins at annual festival in Seoul



Spc. Omead Saney prepares to strike some boards at the 2019 Foreigners Taekwondo Culture Festival at Kukkiwon Taekwondo Headquarters in Gangnam, Seoul, South Korea, Sept. 28. Saney helped represent 2nd Infantry Division/Republic of Korea-U.S. Combined Division. (Photo Credit: Kenji Thulowitz) ▲

A Taekwondo demonstration team shows how teamwork and training can break boards even high above the ground during the opening ceremony at the 2019 Foreigners Taekwondo Culture Festival at Kukkiwon Taekwondo Headquarters in Gangnam, Seoul, South Korea, Sept. 28. Eighth Army Soldiers joined fellow Taekwondo-ins for the annual event. (Photo Credit: Kenji Thulowitz) ▼

By Kenji Thulowitz

"**U**nifying the world with Taekwondo" is the theme at the Kukkiwon Taekwondo Headquarters in Gangnam, Seoul, South Korea. Eighth Army Soldiers joined fellow Taekwondo-ins at the 2019 Foreigners Taekwondo Culture Festival Sept. 28.

The event began with a ceremony that featured Kukkiwon's demonstration team breaking boards and performing with traditional Korean drums. Eighth Army leaders from across the peninsula were among the dignitaries honored during the ceremony. After a lunch period featuring food from around the world, the action kicked off.

The Taekwondo students participated in competitions such as sparring, board breaking or hand striking, and speed kicking.

"This is my second time coming (to Kukkiwon); it's really a privilege to be here," said Spc. Jose Ortiz, 61st Support Maintenance Company, who helped represent 2nd Infantry Division/Republic of Korea-U.S. Combined Division.

Soldiers belonging to Taekwondo clubs across South Korea were invited to Gangnam for the day. Ortiz said he studies under Grandmaster Kim at Camp Casey, South Korea, who is affiliated with Kukkiwon.

The top competitors in each category were rated and judged by Kukkiwon staff members and medals were awarded at the end of the day.

According to Korean websites, Kukkiwon is also known as World Taekwondo Headquarters and is home to the World Taekwondo Academy, which is the official Taekwondo governing organization established by South Korea. It is supervised by the International Sports Division of the Ministry of Culture, Sports, and Tourism.



Spc. Alex Tejera Medina, 401st Military Police Company (right), spars with an opponent during the 2019 Foreigners Taekwondo Culture Festival at Kukkiwon Taekwondo Headquarters in Gangnam, Seoul, South Korea, Sept. 28. (Photo Credit: Kenji Thulowitz) ▲

Guide to AUTUMN FESTIVALS

PART II

Busan International Film Festival, BIFF ►

- Period: October 3-12
- Venue: Busan Cinema Theater
- 120, Suyeonggangbyeon-daero, Haeundae-gu, Busan

The largest film festival in Asia, the Busan International Film Festival (BIFF) is THE must-see event for movie buffs. Major theaters in Busan will screen domestic and international films, giving you a variety of options to choose from.

Outdoor screening events will take place indoors in the case of adverse weather. Check the official website (www.biff.kr/eng/) for updates.

Temperature starts to drop in Korea as September rolls around, bringing gentle breeze and providing just the perfect atmosphere to travel. Hence, festivals seem to pop-up almost everywhere until November. As autumn is a season of harvest, festivals during this time of year offer plenty to eat. Don't miss out on this opportunity fully embrace some of the most fascinating elements of Korean history, culture, arts, and food at any one of the following festivals!



Jeonju Bibimbap Festival ◀

- Period: October 9-12
- Venues: Jeonju Hanok Village & National Intangible Heritage Center
- 95, Seohak-ro, Wansan-gu, Jeonju-si, Jeollabuk-do

Jeonju is the center of Korea's delicious cuisine and its representative food is Bibimbap. It is held in the area around Jeonju Hanok Village and Korean Intangible Cultural Heritage Hall. Known to be one of the most favorite Korean dishes worldwide, bibimbap is a staple in restaurants and homes all across the nation. Discover more about this signature dish by learning to cook traditional bibimbap, making a gigantic, life-size bibimbap, participating in cooking competitions, sampling local recipes, or joining in one of the other events at this culinary festival.

Namdo Food Festival ►

- Period: October 11-13
- Venue: Gangjinman Bay
- 510, Nampo-ri, Gangjin-gun, Jeollanam-do

Namdo Food Festival is an event where visitors can taste the local food of Jeollanam-do, Korea's southern region best known for its delicious food. The festival is the most sought by gourmets as it offers regional specialties, including temple food for the health-conscious. This festival introduces a food exhibition hall that comprises of a variety of representative food in Namdo. Other events include parades, food contests, sampling, agricultural products sales market, food ingredients hall, food market and cultural art performances alike to entertain visitors.





Yeongju Punggi Insam Festival ◀

- **Period:** October 12-20
- **Venue:** 80, Namwon-ro, Yeongju-si, Gyeongsangbuk-do

Of all the ginsengs in Korea, Yeongju ginseng is the most popular for its saponin-rich nutrients and seemingly miraculous effects. Whether you need a fresh and healthy pick-me-up or just want a chance to harvest ginseng and sample some delectable ginseng dishes, the Yeongju Punggi Insam Festival is well worth the trip out to the countryside. Punggi ginseng contains a high level of saponin which is effective in regulating blood pressure, liver and intestine protection, anti-cancer effect, anti-diabetic effect, fatigue recovery, improvement of appetite and other aspects of metabolism.

Nonsan Ganggyeong Salted Seafood Festival ►

- **Period:** October 16-20
- **Venue:** Ganggyeong Salted Seafood Festival Venue
- **45, Geumbaek-ro, Nonsan-si, Chungcheongnam-do**

As Korea's largest salted seafood market, Ganggyeong Jeotgal Market serves as the venue for the Nonsan Ganggyeong Salted Seafood Festival. This festival is an ideal place to taste the unique flavor of jeotgal (salted seafood) dishes and observe the daily life of Korean fishing villages. Especially since 2007, the festival has changed its official title to Ganggyeong Fermented Seafood Festival. The festival has now established itself as a healthy fermented food item in the world food market, breaking away from the notion of being simply salted, preserved food.



Seoul Lantern Festival ◀

- **Period:** November 1-17
- **Venue:** Cheonggye Plaza
- **14-1, Seorin-dong, Jongno-gu, Seoul**

Since its inception in 2009, the annual Seoul Lantern Festival, one of the representative festivals in Seoul, is held throughout the period from the first Friday of November to the third Sunday of November.

Lanterns will light up the 1.2-kilometer long water path along the Cheonggyecheon Stream from Cheonggye Plaza to Supyogyo Bridge during the Seoul Lantern Festival. Main experience programs include making wish lanterns, traditional lanterns, LED lamp humidifier, and moon-shaped lamp.

Paju Jangdan Soybean Festival ►

- **Period:** November 22-24
- **Venue:** Imjingak Pyeonghoa-Nuri Park
- **177, Imjingak-ro, Paju-si, Gyeonggi-do**

Paju Jangdan Soybean Festival is held in Paju Imjingak Resort every autumn to promote the excellence of Paju Jangdan soybean and boost the consumption of agricultural specialty products and the regional economy.

At Paju Jangdan Soybean Festival, visitors will be able to try a variety of foods made using Paju's special local produce, jangdan soybeans. In addition, a wide range of local goods will also be available along with hands on programs like making meju (fermented soybeans), making garaetteok (rice cake), strength contest, and more.

