

Crimson Sky

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A U.S. Air Force HH-60 Pave Hawk drops off troops during a search and rescue demonstration at the Seoul International Aerospace and Defense Exhibition (ADEX) 2017 at Seoul Air Base, Republic of Korea, Oct. 21, 2017. The Seoul ADEX is the largest, most comprehensive event of its kind in Northeast Asia, attracting aviation and aerospace professionals, key defense personnel, aviation enthusiasts and the general public alike. (U.S. Air Force photo by Staff Sgt. Alex Fox Echols III)

U.S. Forces to participate in Seoul ADEX 2019

Pacific Air Forces Public Affairs

JOINT BASE PEARL HARBOR-HICKAM, HI -- The United States military is represented at the 2019 Seoul International Aerospace & Defense Exhibition at Seoul Airbase, Republic of Korea, Oct. 15-20, 2019.

Seoul ADEX is an airshow and a comprehensive aerospace and defense exhibition featuring ground and naval assets.

Approximately 180 U.S. service members are scheduled to showcase a cross-section of U.S.

military aircraft, which are scheduled for static displays and aerial demonstrations, including U.S. Air Force the F-16 Fighting Falcon, A-10 Thunderbolt II, C-17 Globemaster III, KC-135 Stratotankers, and E-3B Sentry.

The U.S. Air Force Academy Wings of Blue jump team is also participate in Seoul ADEX '19 and are scheduled to perform a "blended jump" with their Republic of Korea Air Force counterparts.

Other aircraft scheduled to participate in the event include the U.S. Navy's P-8A Poseidon, EA-18G Growler and MH-60 Seahawk; the U.S.

Army's CH-47F Chinook and MQ-1 Predator; and the U.S. Marine Corps MV-22 Osprey.

"The alliance between the United States and Republic of Korea has secured peace and helped promote democracy for more than six decades," said Lt. Gen. Ken Wilsbach, 7th Air Force commander. "We have a partnership unlike any other, and showcasing America's airpower at this year's Seoul ADEX is a tribute to our continued pledge to promote peace, stability and prosperity on the Korean peninsula."

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8th FW, 38th FG compete during Friendship Day

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Symposium gives Airmen insight on being a first sergeant



(Left) U.S. Air Force Maj. Andrew Glindmeyer, 8th Maintenance Squadron commander, Lt. Col. Jacob Foley, 8th Security Forces Squadron commander and Maj. Dustin Burleson, 8th Communications Squadron commander, answer questions from Airmen during the First Sergeant Symposium at Kunsan Air Base, Republic of Korea, Oct. 2. The commanders also talked to the Airmen about what a commander needs from their first sergeant. (U.S. Air Force photo by Staff Sgt. Joshua Edwards)

**By Staff Sgt. Joshua Edwards
8th Fighter Wing Public Affairs**

KUNSAN AIR BASE, Republic of Korea -- First sergeants from across base gathered hopeful tech sergeants and master sergeants who are interested in becoming a first sergeant during a four-day course Oct. 1 to 4.

The First Sergeant Symposium offered an in depth look for 45 individuals about the inner workings of the special duty.

"We have each unit's first sergeant vector the people who are going to attend the course, because we want people that we think are capable of becoming a first sergeant when they leave this symposium," said Master Sgt. James Drybola, 8th Communications Squadron first sergeant. "We hope that when they leave this course, they have a basic framework of the duties of a first sergeant and the relationship a first sergeant has with their commander and support agencies on base."

Over the four days, these individuals learned from different agencies around base and how they

can help the Airmen they supervise. Some of the agencies that gave insight included equal opportunity, the area defense council and the Airmen and Family Readiness Center.

The individuals also received the chance to bounce questions off of a panel made up of chiefs and learned expectations from several commanders including Col. Tad Clark, 8th Fighter Wing commander.

"I ask you all to take a look in the mirror, and challenge yourself to be the subject matter experts, be war fighters, be loving and respectful," said Clark. "I really need you to spend time connecting to your Airmen and your team. Be the type of person that leaves a lasting legacy."

Toward the end of the class, the individuals learned about how first sergeants aid in the discipline process

and how heavy the responsibility of being a first sergeant can be at times.

"This was a great course and they had some people come in and share their troubled stories and how things played out," said Tech. Sgt. Charles Geiser, 8th Operations Support Squadron air field equipment lead trainer. "After this course, I'm not sure if I'm ready to be a first sergeant or not yet. This class has given me a lot to think about. I want to dig into the regulations and find out if I'm the right fit for this now."

The 8th FW first sergeants host this four-day symposium two times per year. They hope these workshops provide enough insight to help interested enlisted leaders learn what the job is really about and even make a decision on whether or not to become a first sergeant.



U.S. Air Force first sergeants answer questions from Airmen at the end of the First Sergeant Symposium at Kunsan Air Base, Republic of Korea, Oct. 2. The symposium informed Airmen on the roles and responsibilities of first sergeants so they can decide if they want to become a first sergeant during their career. (U.S. Air Force photo by Staff Sgt. Joshua Edwards) ►

Keeping the Pack Strong: Your Military Family Life Counselor



By Staff Sgt. Mackenzie Mendez
8th Fighter Wing Public Affairs

Bear, a licensed service and therapy dog, arrived at Kunsan Air Base, Republic of Korea, in August 2019, with his owner, Jim Hess. Hess, Kunsan AB's Military and Family Life Counselor, is a licensed marriage and family therapist. Kunsan is Hess's and Bear's fourth assignment, working with military service members and their families for two years. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez)

KUNSAN AIR BASE, Republic of Korea --

Editor's Note: This is the third article in a series designed to highlight helping agencies and resiliency at Kunsan Air Base.

Military members face a myriad of unique challenges every day. Airmen may struggle with stress related to work, finances or marriage. At Kunsan Air Base, situations can become even more stressful, as service members work in high-demand roles while stationed thousands of miles from home.

The Military Family Life Counseling Program helps support military members and their families during various life challenges through short-term, non-medical counseling services, at no cost.

"As a Military Family Life Counselor, I have the ability to help active duty service members adjust to military life and help them better understand the stressors they may face, as well as be ready for duty," said Jim Hess, MFLC assigned to Kunsan. "I conduct one-on-one sessions, provide educational briefings to units and work with existing military and family support programs."

Through psycho-education, MFLCs are able to educate military members on life skills, such



Jim Hess, Military Family Life Counselor, has been a licensed marriage and family therapist for more than 20 years and maintains a license in Tennessee. He arrived at Kunsan Air Base, Republic of Korea, in August 2019, with his licensed service and therapy dog, Bear. Kunsan is Hess's fourth assignment as a MFLC, working with military service members and their families for two years. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez)

as anger management and communication. They also assist in helping military service members and their families understand various factors of living a military lifestyle including deployment stress, homesickness, relocation adjustment and separation.

“During my sessions, I focus on education to change the thinking and behavior of the individuals who are experiencing certain stressors in their lives,” said Hess. “I use psychology to teach them how their thinking affects behavior and how it’s possible to think better, feel better and function better. Service members can then use the tools I provide for the rest of their lives.”

MFLCs are masters or doctorate-level licensed counselors with the ability to speak with service members on or off-installation. All services with an MFLC are private and confidential, with the exception of child abuse, domestic abuse and any duty to warn situations.

Hess has been a licensed marriage and family

therapist for more than 20 years and maintains a license in Tennessee. He arrived at Kunsan in August 2019, with his licensed service and therapy dog, Bear. Kunsan is Hess’s fourth assignment as a MFLC, working with military service members and their families for two years.

“When my son joined the Army three years ago, I wanted to give back to the families,” said Hess. “I am here to help Airmen and ensure they are ready for service and able to accomplish their mission.”

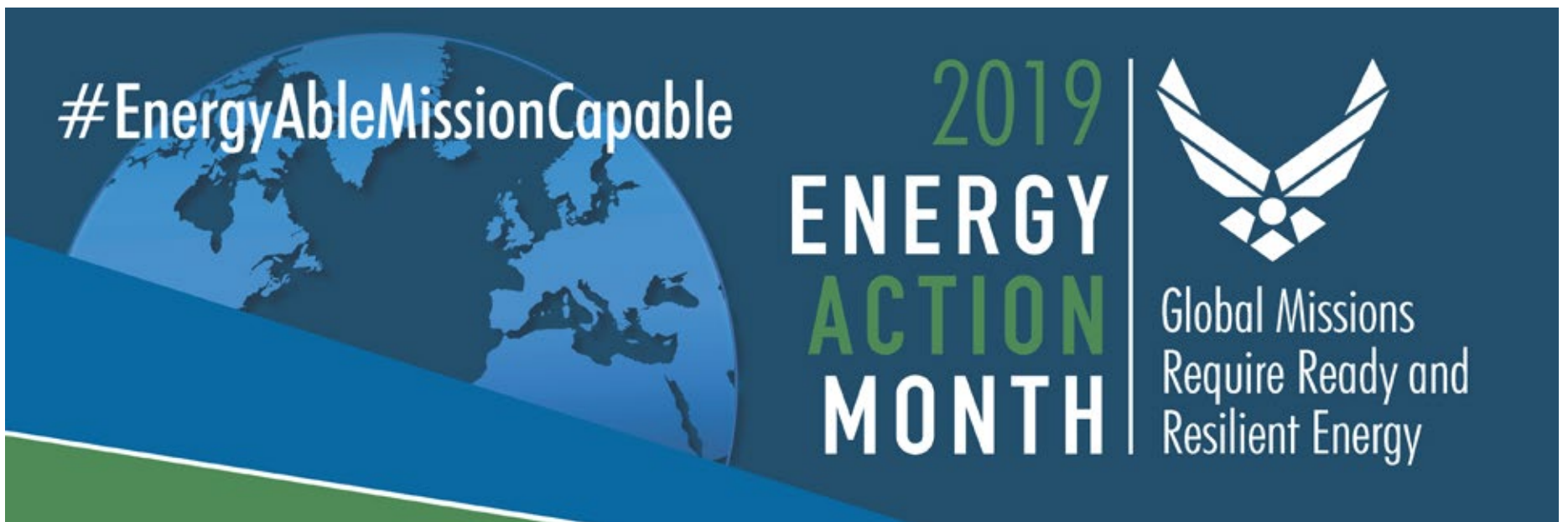
Recently, Air Force senior leaders implemented a Resilience Tactical Pause with the purpose to increase Airmen connectedness and increase unit cohesion, trust and confidence in command teams while soliciting feedback to evolve the Air Force’s approach to decrease suicides and increase the well-being of Airmen. The MFLC Program augments existing military support services by providing Airmen with another avenue for seeking help.

“The MFLC Program enhances the Airman & Family Readiness Center in the personal and work life arenas,” said Master Sgt. Miles Martin, Airman & Family Readiness Center Readiness NCO. “The MFLC provides coping methods for professional and personal life pressures such as separation, homesickness, conflict resolution and relationship issues. Their ability to provide confidential counseling provides another outlet for the Airman of Kunsan.”

If an individual is interested in the MFLC program, choosing to seek non-medical counseling through the MFLC program has no impact on a service member’s security clearance and information disclosed during a session with an MFLC is confidential. In addition to Jim Hess, Kunsan is scheduled to receive an additional MFLC in November 2019.

For more information about the Military Family Life Counseling Program, visit Military One Source.

Osan recognizes Energy Action Month 2019



**By Staff Sgt. Greg Nash
51st Fighter Wing Public Affairs**

OSAN AIR BASE, Republic of Korea -- To commemorate October’s Energy Action month, the 51st Civil Engineer Squadron’s energy management team is challenging Team Osan to utilize best practices in efficient energy usage to enhance mission capability and readiness.

During Energy Action Month, the Air Force will emphasize the need for smart energy solutions and inform Airmen, Air Force senior leaders, policy makers and aligned organizations about what they can do to effectively distribute, generate, and manage resilient and reliable energy across the enterprise.

This year’s Air Force theme, “Energy Able – Mission Capable,” tasks installations to foster cultures that prioritize energy optimization and water management.

“By prioritizing energy management and resilience, we are building a strong foundation for the future warfighter and ensuring Airmen have energy when and where they need it,” said John Henderson, assistant secretary of the Air Force for installations, environment and energy.

For Osan’s 1st Lt. Colin Quitta, 51st CES emergency manager, awareness of proper energy conservation is vital.

“Energy action month highlights the

To commemorate October’s Energy Action month, the 51st Civil Engineer Squadron’s energy management team is challenging Team Osan to utilize best practices in efficient energy usage to enhance mission capability and readiness. During Energy Action Month, the Air Force will emphasize the need for smart energy solutions and inform Airmen, Air Force senior leaders, policy makers and aligned organizations about what they can do to effectively distribute, generate, and manage resilient and reliable energy across the enterprise. (Courtesy photo)

importance of energy efficiency, resiliency, and security and helps us consciously focus on energy issues by bringing the problems and possible solutions to the forefront of people’s minds,” Quitta said.

According to Quitta, energy conservation practices have major implications.

“Using excessive energy detracts from [Osan’s] energy security which impacts our ability to quickly restore power and re-establish critical missions,” Quitta said. “With energy, every unit used has an associated cost that must be paid to produce, deliver and utilize it. The excess energy beyond what we truly need that is used and lost ultimately hurts us monetarily. Beyond just the costs associated with this, the more energy we consume the higher the baseline energy need for the installation is, which drives a higher demand for contingency response situations.”

While the 51st CES is fully dedicated to large-scale projects such as reducing the installation’s energy usage by 2.5 percent annually until 2025 as a part of the Executive Order 13963 federal initiative, they encourage everyone to lend a helping hand.

“Instead of just saying “turn the lights off,” as an energy-saving method, everyone on Osan can have a more involved role in understanding the control systems of their facilities,” Quitta said. “Not to say individuals should be programming HVAC systems, but understanding when something isn’t working correctly and reporting it makes a difference.”

A game-changer for helping Osan meet its annual goal is the base-wide natural gas conversion process. When operational, the Energy Management and Control System’s dashboard will be able to remotely reduce the excessive over-heating and over-cooling of facilities, continuing the squadron’s efforts to reduce energy consumption base-wide.

With an embraced culture of energy awareness, the 51st CES strives to have far reaching impacts for Team Osan, and vastly increase the base energy resilience and security.

For additional information, individuals can visit www.safie.hq.af.mil/EnergyActionMonth for resources and follow the hashtag #EnergyAbleMissionCapable at www.facebook.com/AirForceEnergy and www.twitter.com/AFEnergy.

Air Force on schedule with new uniform issue timeline

By Lemitchel King
502nd Air Base Wing Public Affairs

JOINT BASE SAN ANTONIO-LACKLAND, Texas (AFNS) --Trainees entering into Basic Military Training at the 37th Training Wing the first week of October were the first group to be issued the new Operational Camouflage Pattern uniforms.

When Air Force officials announced last year they were adopting the Army OCP as the official utility uniform, they developed a three-year rollout timeline across the force for the entire changeover. Last week put them on target for issue to new recruits entering BMT.

"Each trainee is issued four sets of uniforms with their initial issue," Bernadette Cline, clothing issue supervisor said. "Trainees who are here in (Airmen Battle Uniforms) will continue to wear them throughout their time here and will be replaced when they get their clothing allowance."

The 502nd Logistics Readiness Squadron Initial Issue Clothing outfits nearly 33,000 BMT trainees every year and maintains more than 330,000 clothing line items.

"We partner with Defense Logistics Agency who provides the clothing items upfront to be issued," Donald Cooper, Air Force initial clothing issue chief said. "Then we warehouse and issue to the individuals' size-specific clothing."

After taking Airmen feedback into consideration, the uniform board members said they chose the OCP for the improved fit and comfort and so that they will blend in with their soldier counterparts' uniforms in joint environments, according to Cooper.

"Right now, if someone deploys, they'll get it issued," Cline said. "And now that everyone is converting over to this uniform, (the trainees) already have the uniform to work and deploy in."

Following the timeline, the OCP should now be available online for purchase as well.

The next mandatory change listed on the timeline, to take place by June 1, 2020, will be for Airmen's boots, socks and T-shirts to be coyote brown. Also, officer ranks to the spice brown.

Switching from two different types of utility uniforms to just one, multifunctional uniform could also simplify life for the Airmen.

"I think the biggest value is going to be the thought that they aren't required to have two uniforms anymore once they convert to a uniform that is for deployment and day-to-day work," Cooper said.

For more information on uniform guidance, visit <https://www.afpc.af.mil/Career-Management/Dress-and-Appearance/>.



Cecil Harvey, 502nd Logistics Readiness Squadron lead supply technician, helps Air Force basic military training trainees assigned to the 326th Training Squadron, during initial issue of the first Operational Camouflage Pattern uniform, at Joint Base San Antonio-Lackland, Texas, Oct. 2, 2019. The OCP uniforms were made available for purchase for Airmen Oct. 1, 2018. The mandatory wear date is April 1, 2021. The OCP uniforms work in all climates and across the spectrum of the Air Force mission. They also contribute to the joint warfighting excellence and close ties between the Air Force and the Army. (U.S. Air Force photo by Sarayuth Pinthong)



U.S. Air Force basic military training trainees assigned to the 326th Training Squadron receive the first Operational Camouflage Pattern uniforms during initial issue, at Joint Base San Antonio-Lackland, Texas, Oct. 2, 2019. The OCP uniforms were made available for purchase for Airmen Oct. 1, 2018. The mandatory wear date is April 1, 2021. The OCP uniforms work in all climates and across the spectrum of the Air Force mission. They also contribute to the joint warfighting excellence and close ties between the Air Force and the Army. (U.S. Air Force photo by Sarayuth Pinthong)

Army, Air Force, Arctic Anvil 2019



**By Tech. Sgt. Christopher Carranza
403rd Wing Public Affairs**

KEESLER AIR FORCE BASE, Miss. --

Reserve Citizen Airmen from the 815th Airlift Squadron, aka 'Flying Jennies,' with the 327th AS, provided airlift and airdrop support for the U.S. Army's Joint Forces Exercise Arctic Anvil, Oct. 1 to 6, 2019.

Arctic Anvil is a joint, multi-national, force-on-force culminating training exercise that is being held at Camp Shelby Joint Forces Training Center, Mississippi, throughout the month of October.

"The 815th, along with the 327th Airlift Squadron, had the pleasure of supporting the (4th Brigade Combat Team (Airborne), 25th Infantry Division) for the exercise Arctic Anvil by providing personnel and equipment airdrop as well as short-field air land operations," said Lt. Col. Mark Suckow, 815th AS pilot. "We were able to airdrop 400 paratroopers and equipment Wednesday night and 20 bundles of supplies Sunday into Camp Shelby."

The 815th AS is an Air Force Reserve Command tactical airlift unit assigned to the 403rd Wing here. The unit transports supplies, equipment and personnel into a theater of operation. The 403rd Wing maintains 20 C-130J Super Hercules aircraft, 10 of which are flown by the Flying Jennies.

"We had the opportunity to provide three

Soldiers of the 4th Brigade Combat Team (Airborne), 25th Infantry Division stationed at Joint Base Elmendorf-Richardson, Alaska board a C-130J flown by the 327th Airlift Squadron during a joint forces training exercise called Arctic Anvil, Oct. 1-6, at Gulfport Combat Readiness Training Center, Miss. Reserve Citizen Airmen from the 815th AS assigned to the 403rd Wing at Keesler Air Force Base, Miss., and the 327th AS assigned to the 913th Airlift Group at Little Rock AFB, Ark., provided airlift and airdrop capabilities during the exercise. (U.S. Air Force photo by Jessica L. Kendziorek) ▲



Col. Daniel Collister, 913th Airlift Group deputy commander and pilot, conducts a pre-mission brief with the loadmasters, U.S. Army jumpmasters, and U.S. Army safety crew prior to take-off during the joint forces exercise called Arctic Anvil, Oct. 1-6, at Gulfport Combat Readiness Training Center, Miss. Reserve Citizen Airmen from the 815th Airlift Squadron assigned to the 403rd Wing at Keesler Air Force Base, Miss., and the 327th AS assigned to the 913th Airlift Group at Little Rock AFB, Ark., provided airlift and airdrop capabilities to the 4th Brigade Combat Team (Airborne), 25th Infantry Division stationed at Joint Base Elmendorf-Richardson, Alaska. (U.S. Air Force photo by Jessica L. Kendziorek) ▲

Five 815th Airlift Squadron and two 327th AS C-130J Super Hercules aircraft sit on the flightline at Gulfport Combat Readiness Training Center, Miss. Oct. 1, 2019. The 815th AS, aka 'Flying Jennies,' with the 327th AS, provided airlift and airdrop support for the U.S. Army's Joint Forces Exercise Arctic Anvil, Oct. 1 to 6. (U.S. Air Force video by Tech. Sgt. Christopher Carranza) ►

aircrews and two C-130Js to help execute the mass airlift and airdrop," said Col. Dan Collister, 913th Airlift Group deputy commander. The 327th AS is a unit of the 913th AG based out of Little Rock Air Force Base, Arkansas, and is an associate unit of the 19th Airlift Wing, an active duty unit equipped with C-130J Super Hercules aircraft.

"Our primary mission at the 913th is to provide combat-ready Airmen, tactical airlift and agile combat support, thus participating in a joint exercise such as this is a great way for our Reserve Citizen Airmen to hone their skills and get experience working hand-in-hand with partner units and sister services," said Collister.

More than 3,000 'Arctic Soldiers' of the 4/25th ICBT (ABN), based out of Joint Base Elmendorf-Richardson, Alaska, are participating in the joint forces exercise.

"At Camp Shelby, our paratroopers have completed a mass tactical airborne operation followed by force-on-force exercises culminating with combined live-fire training that will prepare us for the brigade's upcoming Joint Readiness Training Exercise in January, said U.S. Army Col. Christopher Landers, 4/25th IBCT (ABN) commander. "Camp Shelby and the state of Mississippi have provided a remarkable training opportunity, that without their significant support, would not have been possible."

In addition to the 4/25th ICBT (ABN), soldiers from the 177th Combat Sustainment Support Brigade, the 3rd Royal Canadian Regiment, and Airmen from various units collaborated for the exercise.

Airmen from the 403rd Wing, 319th Airlift Group, 321st Contingency Response Squadron and 81st Training Wing supported the Air Force's role in Arctic Anvil. Airmen from the 81st Logistics Readiness Squadron and Operations Support Flight contributed to the exercise with ground vehicle transportation and airspace support for the soldiers who were rigging their supplies for airdrop here.

"I am proud of our crews for this exercise," said Suckow. "They executed the mission as planned and helped to us to meet our objectives. Time over target for airdrop and airland operations were executed flawlessly. The air land portion into the (landing zone) was completed in less than minimal time from landing to takeoff. Having the opportunity to work with thousands of soldiers in a large scale exercise like this is very beneficial training for us, it prepares us for real world operations."



Col. Daniel Collister, 913th Airlift Group deputy commander and pilot, conducts a pre-mission brief with the loadmasters, U.S. Army jumpmasters, and U.S. Army safety crew prior to take-off during the joint forces exercise called Arctic Anvil, Oct. 1-6, at Gulfport Combat Readiness Training Center, Miss. Reserve Citizen Airmen from the 815th Airlift Squadron assigned to the 403rd Wing at Keesler Air Force Base, Miss., and the 327th AS assigned to the 913th Airlift Group at Little Rock AFB, Ark., provided airlift and airdrop capabilities to the 4th Brigade Combat Team (Airborne), 25th Infantry Division stationed at Joint Base Elmendorf-Richardson, Alaska. (U.S. Air Force photo by Jessica L. Kendziorek) ▲

Tech. Sgt. Joel Wilson (left) and Master Sgt. Doug Otten (right), 815th Airlift Squadron loadmasters, watch the ramp of a C-130J Super Hercules open prior to airdrop Oct. 2, 2019 over Camp Shelby Joint Forces Training Center, Miss. The 815th AS, aka 'Flying Jennies,' with the 327th AS, provided airlift and airdrop support for the U.S. Army's Joint Forces Exercise Arctic Anvil, Oct. 1 to 6. (U.S. Air Force photo by Tech. Sgt. Christopher Carranza) ◀



Airman 1st Class Saeed Shnawa, 811th Operations Support Squadron, aircrew flight equipment technician poses for a photo at Joint Base Andrews, Md., June 6, 2019. Shnawa is an Iraq native who served as a translator for coalition forces during Operation Iraqi Freedom and enlisted in the U.S. Air Force in 2017. (U.S. Air Force photo by Senior Airman Alyssa D. Van Hook)

Same team, different uniform: The story of an Iraqi translator who became an American Airman

**By Senior Airman Alyssa D. Van Hook
11th Wing Public Affairs**

JOINT BASE ANDREWS, Md. (AFNS) -- In 2003, Airman 1st Class Saeed Shnawa was not Airman 1st Class Saeed Shnawa. He was a 21-year-old Iraqi student of technology at a university in Baghdad.

That's when American and coalition forces arrived to overthrow the Iraqi government, turning Baghdad into a war zone. Like many young men and women in Baghdad, Shnawa fled the city, bound for western Iraq, where his parents lived at the time. His life was upturned, his future uncertain.

Shnawa said Saddam Hussein's propaganda convinced much of the country that America was evil. But those notions were soon tested when he came face to face with American service members.

"I fled to West Iraq -- where my parents lived around that time," Shnawa said. "Many villages, including that area, had been deprived of necessities by the regime. That's where we first met."

The first meeting happened when he noticed a crowd of people surrounding an American convoy. Curious, Schnawa approached the crowd and discovered the troops were having great difficulty communicating with the villagers.

"Where are the women and children in need?" he heard the uniformed troops ask, in a barely intelligible attempt at a local dialect. Because he attended college in the capital, Shnawa seemed to understand the communication better than the gathered Iraqis.

"I jumped in to help the elders, but was quickly kicked out of the crowd," he said. "But I was persistent, and instead of going to the elders again, I went directly to the Americans. When I broke through the crowd I said, 'I can take you to the women and children in need of supplies. I know where they are.'"

The troops immediately loaded Shnawa into their

Humvee, and he directed them where to go.

"After we delivered all the supplies, the commander told me the location of their base, in case I wanted to help again," Shnawa said. "At that point, I was still very hesitant to join them on a regular basis. After accompanying them again to deliver aid to some families in need, though, I was convinced of their sincere motives to help my people. All of my preconceived notions about the Americans went out the window, and the rest was history."

It was those early interactions -- right around the time the coalition was overthrowing the Hussein regime -- that put him on the long winding path that ended with Shnawa becoming an Air Force Airman.

Now, 16 years later, he's an 8th Operations Support Squadron aircrew flight equipment technician, stationed at Joint Base Andrews, Maryland.

From then on, Shnawa translated for the Americans frequently at various locations. They not only provided supplies and essential aid, but also removed rockets left by the regime from abandoned schools and medical clinics.

"I witnessed, time and time again, the good deeds of the U.S. and coalition forces in the Sunni and Shia regions of Iraq," Shnawa said.

Side by side, coalition troops trained new Iraqi forces, acquired contracts to rebuild schools and hospitals and empowered citizens with resources. Shnawa worked with both the U.S. Marine Corps and the U.S. Army, receiving letters of recognition and commemorative coins as tokens of gratitude from every unit rotation.

Shnawa said he loved the work he was doing and he developed an admiration for the different branches of service. Because of them, he felt he was able to help impact his nation on a large scale.

"But the great heroes of the U.S. forces did not get to see what I saw," he said. "While they were trading off for year-long deployments, I was observing. And I observed many accomplishments."

From 2003 through 2008, Shnawa said he



Shnawa displays his commemorative coin collection, at Joint Base Andrews, Md., June 6, 2019. Shnawa received coins and letters of commendation for his work with the U.S. and coalition forces during Operation Iraqi Freedom. (U.S. Air Force photo by Senior Airman Alyssa D. Van Hook)

watched as the nation grew and improved thanks to the military efforts. But even in all his pride, he said he found himself disappointed; he said he wished the troops who did the work could witness its long-term, positive impact.

To make matters worse, he said, news outlets across the world had turned on the U.S. and coalition forces. From his vantage point, the media coverage was focused too much on bullets and bombs and not enough on the progress.

According to Shnawa, less than 1% of the operations he observed were met with violence.

Soon, though, the calculus of danger changed for Shnawa himself. He'd spent years as one of the coalition forces' most trusted translators, but that also meant he was known by the enemy. Insurgent forces could recognize him, he said and that's when he started to worry – especially thinking about his new bride, Inaam.

In an effort to protect her, Shnawa kept his job a secret from her, sometimes leaving for days at a time without communication.

"He told me he was a computer technician and translator with embassies," Inaam said. "I always knew he was covering something up, and I felt he was in danger."

A year after their marriage, 2008 brought the birth of their first child.

"I thought that because we had a child he was going to be home more often," Inaam said. "After she was born, though, my life was turned upside down."

In November 2009, Shnawa locked his phone and disappeared for longer than ever before.

"That was the worst seven months of my life," Inaam said.

In order to keep his family safe, Shnawa had decided to cut off all contact with his wife while gone

working with coalition forces.

"When my baby came, I had to make a choice," Shnawa said. "I was living in paranoia and knew I was being watched."

Finally, he returned home to Inaam, but was unable to give her answers about where he had been or what he'd been doing. He only told her he was ok. Too soon after, he had to leave again. And again.

Something changed when Shnawa left for another mission in late 2010.

"This time it was different, I just knew it," Inaam said. "He sent me a message saying, 'I'm going to find a better life for us,' and turned off his phone. I cried frequently and did not know what to do. I just waited in fear for him to call me."

Shortly thereafter, Inaam remembers an individual from the village came to her brother and asked questions about Shnawa.

"He came forward questioning whether or not my husband was a translator for the American Forces," Inaam said. "I told him I was sure he was not, but I was still warned. He said, 'They know you are the wife of Saeed Shnawa. If you want your family to remain alive, then do not leave the safety of your home.'"

She complied. Finally, her husband broke the silence. One call turned into a few text messages, followed by daily email. Her fear began to give way to hope.

Inaam still didn't know where he was -- and she never would've guessed he had escaped to Jordan and sought asylum in the U.S.

"I knew if I stayed in Iraq, my family and I would not survive," Shnawa said.

It was 2011 when Inaam finally got the whole story. "He called me from America and finally told me everything," she said.

Inaam said she spent much of the next two years being interviewed at the U.S. Embassy in Iraq. Whenever

they could schedule it, they spoke on the phone.

"It was hard, but so much better than before," Inaam said. "I finally had assurance that he was alive."

In January of 2013, after more than two years apart, Inaam was finally reunited with her husband in the U.S. The disappearances, the hiding, the fear -- it was over.

"When I arrived here, I felt a sense of peace," Inaam said. "We started a better life together."

Shnawa, however, said he still had a dream to fulfill.

"I hold a tremendous amount of honor toward those troops in Iraq," Shnawa said. "It's something I will never be able to describe. I used to wonder, 'Will I ever get the chance to do their job, in their uniform?' Before, I wrote it off as an impossible dream."

In 2017, Saeed came home with his citizenship papers and an idea his wife did not expect to hear.

"After all the dangerous things he had done, he still wanted to join the military!" Inaam said. "Of course, I said absolutely not."

"And I didn't blame her," Shnawa said. "No one in the world could blame her because of the torture I put her through."

After they spent time researching the different service branches, Inaam said she started to warm up to the idea.

"I realized it was different than his service in Iraq," Inaam said. "Together we made the decision he would enlist in the Air Force."

This time, the separation had an entirely different meaning.

"When Saeed left for Basic Military Training, he reminded me of all the bad things that happened to us and our country," Inaam said. "He said, 'Good people here in America saved our lives. I want to serve this country because of those heroes, and all they sacrificed for us.'"



The Republic of Korea air force Aerobatic Team, Black Eagles, perform during the Seoul International Aerospace and Defense Exhibition (ADEX) 2017 at Seoul Air Base, Republic of Korea, Oct. 21, 2017. ◀

U.S. Air Force Maj. Dan "Rock" Dickinson, Air Combat Command F-22 Raptor Demonstration Team pilot, shakes the hand of an enthusiastic fan after his performance at the Seoul International Aerospace and Defense Exhibition 2017 at the Seoul Airport, Republic of Korea, Oct. 20, 2017. ▼



- Continued from front page -

Support to airshows and other regional events allows the U.S. to demonstrate its commitment to the stability and security of the Indo-Pacific region, promote standardization and interoperability of equipment, and display capabilities critical to the success of military operations. It also serves to strengthen long-standing military-to-military relations between the U.S., the Republic of Korea and partner nations.

Media interested in covering U.S. participation in the Seoul ADEX should contact Seventh Air Force Public Affairs: Mr. Kim, Won Hui at 010-2491-0621 or Lt. Col. Omar Villarreal at 010-4953-6992, email: 7AFPA@osan.af.mil.

ATC making the pieces fit like Tetris



U.S. Air Force Staff Sgt. James Mackmer, 51st Operations Support Squadron air traffic controller, checks his systems as an aircraft awaits for departure at Osan Air Base, Republic of Korea, Oct. 4, 2019. Air traffic personnel controls and regulates en route and terminal air traffic, which they initiate and issue ATC clearances, instructions, and advisories to ensure the safe, orderly and expeditious flow of air traffic operating under instrument and visual flight rules. (U.S. Air Force photo by Staff Sgt. Ramon A. Adelan) ◀

U.S. Air Force Tech. Sgt. Greg Weidhas, 51st Operations Support Squadron air traffic controller, monitors the airfield at Osan Air Base, Republic of Korea, Oct. 4, 2019. (U.S. Air Force photo by Staff Sgt. Ramon A. Adelan) ▼

**By Staff Sgt. Ramon A. Adelan
51st Fighter Wing Public Affairs**

OSAN AIR BASE, Republic of Korea -- It's like a game of Tetris, only instead of blocks, its aircraft and lives – the simplest mistake can prove fatal.

For air traffic controllers, the job is in a constant state of flux. One second they're easily controlling the ground or air traffic, then in a split second chaos can ensue.

"It gets chaotic when you have so many pilots needing so many different things at once," said Tech. Sgt. Alexandra Foley, 51st Operations Support Squadron air traffic controller. "There's like 10 different voices in your ear and you have to take all those voices, consider their request and give them direction."

Air traffic personnel controls and regulates en route and terminal air traffic. Initiates and issues ATC clearances, instructions, and advisories to ensure the safe, orderly and expeditious flow of air traffic operating under instrument and visual flight rules.

"You come in everyday and it's different," Foley said. "It's not the same monotonous thing. I can tell I've never seen the same thing twice. It never works like that. Weather is different. Wind is in a different direction. It's a different pilot flying that plane. You have to be able to think really fast."

The controllers have to figure out how it all fits into play with a clear head and clear understanding of the airspace and ground control to safely launch and receive aircraft.

"It's a matter of getting into a different headspace when you're in the tower, which can be so exhausting," Foley said. "You're physically tired by the end of the day. Not because you've been running, because you went to a different space in your head and the adrenaline associated with it. You have to make decisions and they have to be



legal by regulation and it has to be safe. And if it's legal and safe, there's a lot of creativity involved in that."

There are times when plan B quickly becomes plan A.

"You can always have a plan but sometimes the plan doesn't work, so you have to make up another one on the spot," said Senior Airman Robert Tanimura, 51st OSS air traffic controller. "Everything is moving fast, so you have to think fast and on your toes to smoothly continue operations."

There are multiple ways to sequence planes and each controller orchestrates the airfield in their own way. All the while, the watch supervisor is listening-in to every position in the tower ensuring nothing unsafe or illegal is happening.

"It's tough some days," Foley said. "You have a rough night for whatever reason or personal stuff going on at home, when you come in the morning

you're going to have a rough day. You'll be focused on something else. You have to work with your team. Everyone up there is making sure that everyone has what they need, to do what they have to do."

The stigma behind air traffic control is it is one of the most stressful jobs. They're ultimately responsible for multimillion dollar assets and people's lives with every decision they make.

"It's like Tetris and different airframes are like different size pieces," Foley said. "Sometimes it fits beautifully and sometimes it's ugly."

The controllers take into consideration different variables when directing traffic, such as who is inbound or departing, aircraft speed, aircraft type and weather.

"We get to see the mission from takeoff to landing," Foley said. "We have to be resilient because things don't always go perfectly, but we bounce back and make the mission happen."

U.S. MILITARY AND FAMILY
KOREAN SPEECH AND
QUIZ CONTEST

Date/Time: Nov. 6 (Wed) / 1500 - 1800

Location: Pyeongtaek University

Host: Gyeonggi Provincial Government

- *Korean Speech: ~ 3min about ROK-US Alliance or your life in Korea.
- *Korean singing: Any Korean song
- *Quiz about Korea in English: About Korean history, Culture and life

Itinerary:

- 1450 - 1500: Register
- 1500 - 1510: Opening remarks
- 1510 - 1600: Korean speech and singing contest
- 1600 - 1615: Break time
- 1615 - 1715: Quiz contest about Korea in English
- 1715 - 1745: Announce the winners and award ceremony
- 1745 - 1800: Closing ceremony

Prize:

- 1st winner: KRW 200,000 gift card with Gyeonggi Governors award
- 2nd, 3rd, 4th and 5th winners: KRW 100,000 - 30,000 gift cards
- 6th - 15th winners: KRW 10,000 gift cards

Anyone interested in the contest, please send your info below to
7AFPA@us.af.mil:

Full name, Gender, Cell number, Contest Program
(Speech/Singing/Quiz)

For more information,
contact Mr. Kim, Won Hee, 7AF/PA, at 031-685-8635

FREE CULTURAL
IMMERSION PROGRAM

Sponsored by the Gyeonggi provincial Government

This is a two day event. You may enroll in one or both days.
(28-29 Oct / 4-5 Nov /18-19 Nov)

Day 1:

- 0820 ~ Meet bus just outside of main gate. Travel to Pyeongtaek University
- 0900 ~ 0930 Register
- 0930 ~ 1010 ROK-US alliance
- 1020 ~ 1100 Information about Pyeongtaek city
- 1110 ~ 1150 Traffic regulation
- 1150 ~ 1300 Cooking class (Korean food)
- 1300 ~ 1430 Learn basic Koreans
- 1440 ~ 1550 Experience calligraphy and Korean traditional dresses
- 1550 ~ 1630 Travel to Osan AB

Day 2:

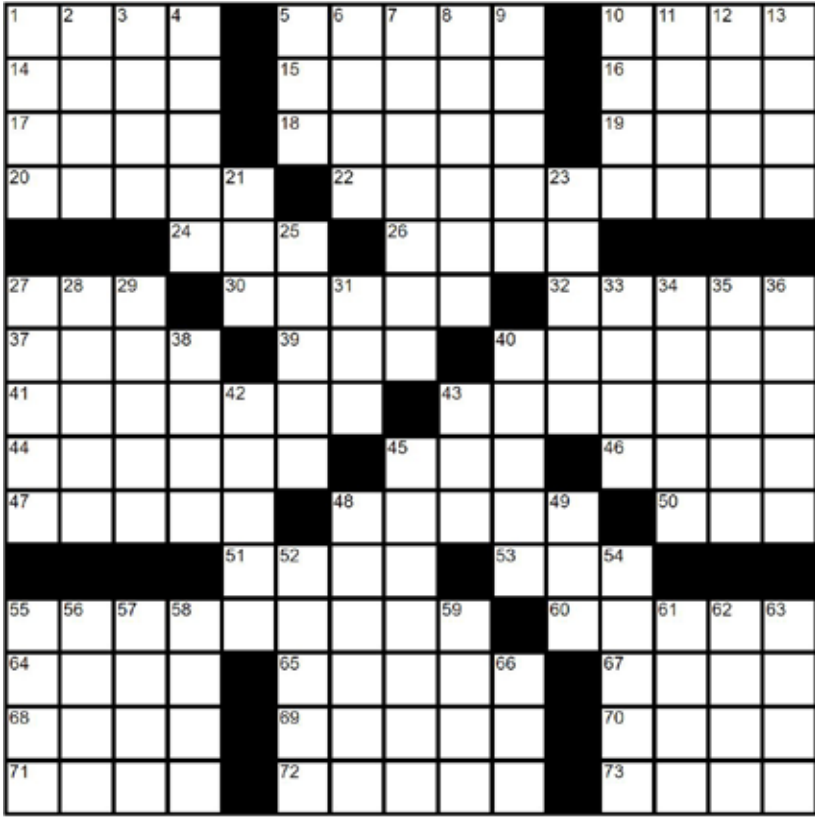
- 0820 ~ Meet bus just outside of main gate. Travel to Pyeongtaek University
- 0900 ~ 0930 Information about Gyeonggi Province
- 0930 ~ 1100 Korean History & Culture
- 1100 ~ 1300 Closing Ceremony / Lunch (Bulgogi)
- 1300 ~ 1600 Travel to Osan AB via public transportation:
You will be given a transport card and shown how to use it. You will also be given a 10,000 won coupon to use in the Pyeongtaek International Market

No age limit.

To register, email your name, desired tour date(s) and date of birth to:
chet.garretson@us.af.mil

By Jon Dunbar

The Crossword



ACROSS

- 1 Beyonce's husband
- 5 Spirit board
- 10 Air pollution
- 14 Black-and-white cookie
- 15 ____ now, when?
- 16 ____ colada
- 17 Astin or Bean
- 18 Pond plant
- 19 Opposite of pro
- 20 Sultan's wives
- 22 Choice
- 24 College entrance exam
- 26 Cog in a machine
- 27 Goes with Tai or Alpha
- 30 McAvoy or Bond
- 32 Literary or secret
- 37 Cravings
- 39 Between a bogey and a birdie
- 40 Attract

- 41 Toronto baseball bird
- 43 Shiver
- 44 Aristocrats
- 45 Automobile
- 46 Places dishes on the table
- 47 David Lee and Tim
- 48 Jackson or Yellen
- 50 ____ Moines
- 51 Thump
- 53 Medical professional
- 55 Israel city
- 60 Ground Control to ____ Tom"
- 64 Opposite of minus
- 65 Singer Nicki
- 67 Actor Eric
- 68 Ye ____ tavern
- 69 Hajj destination
- 70 Actor Schreiber
- 71 Launch or brake
- 72 Turn the wheel
- 73 Or ____

DOWN

- 1 Actor Brolin
- 2 "Storm ____ 51"
- 3 2019
- 4 Regions
- 5 Black gold
- 6 Flying saucers
- 7 Whole number
- 8 Energy units
- 9 Not at port
- 10 Hocked a loogie
- 11 Tiny British car
- 12 Hold ____ something
- 13 Increase
- 21 60 across abbreviated
- 23 Construction tower
- 25 Spanish snacks
- 27 Goes with space and security
- 28 Phone greeting
- 29 Arctic tribe
- 31 Former UK PM Theresa

- 33 Arms
- 34 Journalist war assignment
- 35 Actor Nick
- 36 Voice actress MacNeille
- 38 Rogen or Green
- 40 Made a mistake
- 42 Makes a joke
- 43 Yellowish color
- 45 Speaking style
- 48 Between India and kilo
- 49 Hardy or Stoppard
- 52 Actor Jon and guitarist Shannon
- 54 Goes with guy or car
- 55 Japanese music genre
- 56 Jazz singer Fitzgerald
- 57 Ant-Man Actor Paul
- 58 Expend
- 59 Self-defense spray
- 61 Prison
- 62 Small banknotes
- 63 EDM party
- 66 Jam container

Answers
to Previous
Crossword

ACROSS

- 1 GFORCE
- 7 GUS
- 10 CASA
- 14 RACERX
- 15 ENTAILED
- 17 ROTGUT
- 18 EDUCATES
- 19 DRE
- 21 EDS
- 22 GOLF
- 26 ANGRY
- 28 GMEN
- 32 AROAR
- 34 ODD
- 35 BURMA
- 36 SCORES
- 38 ROTATION

- 40 ALLAGES
- 42 MAINDRAG
- 46 AIRBAG
- 51 GRAND
- 52 NOG
- 54 ECOLI
- 55 SINE
- 56 CANAL
- 58 AXIS
- 59 ALL
- 60 GAB
- 62 PRETRIAL
- 67 RANCID
- 72 JULIENNE
- 73 GROUND
- 74 STYX
- 75 EGO
- 76 ERNEST

DOWN

- 1 GRR
- 2 FAO
- 3 OCT

- 4 REG
- 5 CRUD
- 6 EXTRA
- 7 GEE
- 8 UNDERDOG
- 9 STUDY
- 10 CIA
- 11 ALT
- 12 SEE
- 13 ADS
- 16 ACS
- 20 ENO
- 22 GAS
- 23 ORC
- 24 LOO
- 25 FAR
- 27 GDRAGON
- 28 GUT
- 29 MRI
- 30 EMO
- 31 NAN
- 33 READD
- 35 BASIE
- 37 SLR

- 39 TEA
- 41 LANALANG
- 42 MGS
- 43 ARI
- 44 IAN
- 45 NNE
- 47 RCA
- 48 BOX
- 49 ALI
- 50 GIS
- 53 GAG
- 56 CLINE
- 57 LARGE
- 59 ARE
- 61 BARR
- 62 PJS
- 63 RUT
- 64 ELY
- 65 TIX
- 66 LEO
- 68 NON
- 69 CUE
- 70 INS
- 71 DDT



The U.S. Air Force Thunderbirds and the Royal Air Force Red Arrows fly a 15-ship parade-style flat pass to close out the Great Pacific Airshow over Huntington Beach, Calif., Oct. 6, 2019. The pass symbolically closed out the Red Arrows North American Tour, which visited cities in the U.S. and Canada over more than 10 weeks with other jet demonstration teams including the U.S. Navy Blue Angels and the Canadian Forces Snowbirds. (U.S. Air Force photo by Tech. Sgt. Ned T. Johnston)



Cambria Galloway, center, and Denise Ssozi, right, U.S. Air Force Academy cadets, jump to block a spike during a volleyball match against the University of Wyoming at the Cadet East Gym, U.S. Air Force Academy, Colorado Springs, Colo., Oct. 3, 2019. (U.S. Air Force photo by Trevor Cokley) ◀



Maj. Gen. Clinton Crosier, is the deputy, deputy chief of staff for strategy, integration and requirements, shakes hands with Bubba Wallace, driver of the No. 43 Victory Junction Chevrolet, at Dover International Speedway, Dover, Del., Oct. 6, 2019. The Air Force is one of many sponsors of the No. 43 car that started in the 26th position for the 'Drydene 400' Monster Energy NASCAR Cup Series playoff race. (U.S. Air Force photo by Roland Balik) ▼

US. Air Force Chief of Staff Gen. David L. Goldfein hosts Inspector of the Polish Air Force Brig. Gen. Jacek Pszczola during a counterpart visit at the Pentagon, Arlington, Va., Oct. 2, 2019. (U.S. Air Force photo by Wayne Clark) ◀

Staff Sgt. Rafael Ibarra, 673rd Medical Group medic, performs a simulated casualty assessment while instructing tactical combat casualty care during exercise Polar Force 20-1, at Joint Base Elmendorf-Richardson, Alaska, Oct. 7, 2019. Designed to test mission readiness, Polar Force is a two-week exercise that develops the skills required to face and overcome adverse scenarios. (U.S. Air Force photo by Alejandro Peña) ►

AC-130 Hercules from the 153rd Airlift Wing, Wyoming Air National Guard, fires off flares over Camp Guernsey Joint Training Center, Wyo., during a training mission Sept. 24, 2019. The 153rd Airlift Wing's primary mission is to provide combat airlift to the state of Wyoming and the nation. (U.S. Air National Guard photo by Staff Sgt. Jon Alderman) ▼



U.S. Air Force 52nd Fighter Wing F-16 Fighting Falcons line up in formation on the runway for a show of forces display at Spangdahlem Air Base, Germany, Oct. 1, 2019. The 52nd FW has a suppression of enemy air defenses mission and must be able to respond to emerging competitors. (U.S. Air Force photo by Staff Sgt. Joshua R. M. Dewberry) ▼



Airman 1st Class Abigail Wright, 334th Aircraft Maintenance Unit assistant dedicated crew chief, cuts the first slice of cake during the Air Force Ball in Goldsboro, N.C., Oct. 5, 2019. It's an Air Force tradition for the youngest Airman in attendance to cut the first piece of cake. (U.S. Air Force photo by Airman 1st Class Jacob Derry) ◀

Kunsan

- KUNSAN PHOTO CLUB -

Interested in sharing your photography experience with others and exploring Korea along the way? Have a camera, but want to learn how to use it more completely? Then join the Kunsan Photo Club as they delve into the finer qualities of photography where the key concept is: "It's not the camera that makes a great photo, but the photographer." If interested in joining, the group can be found on Facebook, just search for "Kunsan Photo Club."

- WOLF PACK LODGE -

Lodging Space A Policy
Need a break? Got family visiting and no room to house them? You can book

lodging rooms on a space available basis up to 120 days in advance for a maximum of 30 days depending on availability. You can also book reservations for the holiday season (November and December) up to 30 days in advance for a maximum of 15 days. (Depending on availability) Book now for all of those relatives coming for the holiday!

Reservations – Front Desk-DSN 782-1844 or Commercial (82)63-470-1844
FAX: DSN 315-782-0633 Commercial (82)63-470-0633

- SUNDAY SONLIGHT DINNER -

Every Sunday, volunteers from a specific unit cook dinner for their fellow Wolf Pack members at the Sonlight Inn. The dinner begins at 6 p.m. following grace led by a chaplain. Meals range from "breakfast for dinner" to "Italian cooking" to "Southern style." For more information or to volunteer, contact the chapel at 782-HOPE.

- SPONSOR TRAINING -

Learn creative ways to assist newcomers reporting to Kunsan AB. Registration required. Class is held at the Airman and Family Readiness Center. Call 782-5644 for more information, dates or to sign up.

- ROKAF ENGLISH CLASS -

Team 5/6 is looking for volunteers to support the ROKAF English class every Saturday, at the Sonlight Inn. You will be talking to ROKAF Airmen (enlisted) for approximately one hour. This event is open to all ranks! Civilian attire is preferred, however, UOD is allowed. For more information, contact Staff Sgt. Charles Nelson.

- PING PONG TOURNAMENT -

Free to all. Prizes for first and second places. Prizes include Wolf Pack Won. To sign up, dates or for more information, call the CAC at 782-5213 or 4679.

Osan

OSAN CUP 2019 IS QUICKLY APPROACHING: The ROAD AND GATE CLOSURES: The Main Gate is closed to all vehicle traffic Monday, Sept. 23 – Oct. 21 for an ongoing construction effort. The AFOC (ROKAF) gate is fully open for vehicle traffic. Also, personnel arriving on-base via taxi cannot exit the vehicle into the flow of traffic (HUGE SAFETY CONCERN). Please disembark at an authorized taxi stand or your desired destination.

51 CES CLOSURES/OUTAGES: The natural gas conversion project will begin on October 1st and impact residents in military family housing. Work to install the natural gas lines will begin on Se Jong Road alongside B1014 (Jirisan), and continue between B1014 and B1016 (Parking Garage), down to B1015 (Hallasan). Half of the road width will be closed, but flaggers will be present during the day and the parking garage will still be accessible. Work will occur from 0800-1700 Monday-Friday for approximately two weeks until completion. Please direct any questions to 1st Lt Colin Quitta at 784-9230.

51 MUNS CLOSURE: The 51st Munitions Squadron will be closed November 2nd to November 8th for a 100% inventory. Issues, turn-ins and other request will not be supported during those dates. All needs must be requested and coordinated prior to November 2nd. 51 LRS/IPE NEW HOURS: 51 LRS/IPE new hours of operation

for out-processing customers will be 0800-1100 and 1200-1500, Monday-Friday. OutProcessing will be closed every day from 1100-1200, Monday-Friday. "Osan After Dark" will be available from 0730-1800 Wednesday.

51 LRS/IPE NEW HOURS: 51 LRS/IPE new hours of operation for out-processing customers will be 0800-1100 and 1200-1500, Monday-Friday. OutProcessing will be closed every day from 1100-1200, Monday-Friday. "Osan After Dark" will be available from 0730-1800 Wednesday.

DOMESTIC VIOLENCE VIGIL: Who: Open to All Osan AB Personnel What: Vigil to Honor Victims of Domestic Violence / Where: Osan Air Base Chapel, Bldg 779 / When: Wednesday, 23 Oct from 1100 to 1130 / POC: Chaplain Jennifer Ray at 784-5000 or Keylah Colteryahn Kiel at 784-3692

RESILIENCY TRAINING ASSISTANT CERTIFICATION COURSE: This is an invitation to enroll in the Resiliency Training Assistant Certification Course held 23-25 Oct 0800-1600 at the USO. Not only will this AF Certification provide you with valuable resiliency skills, it is the first step towards becoming a Master Resiliency Instructor. Anyone interested in attending need only to email the POC after securing permission of their supervisor. POC: chet.garretson@us.af.mil

ENGLISH AS A SECOND LANGUAGE LUNCH: The Community Center would

like to advertise for a free ESL lunch and learn class on tuesdays from 11:00-12:00. POC: tamara.ellis.2@us.af.mil

AFRC LOAN LOCKER PROGRAM: OPEN Monday – Friday (except weekends, holidays, and PACAF Family Days) 0800-1200 30 days Loaner (can be extended for an additional 30 days if requested) The Loan Locker Program provides families with the necessary kitchen and dining items as you await your household goods arrival or as you pack to depart Osan AB. Taking advantage of this program can save you money and relief the stress of PCS moves. Visit your Osan Airman & Family Readiness Center at Bldg 769 to see other great programs offered to ensure a smooth transition in and out of Osan Air Base. For more information call 784-5440 (on military landline) or 0505-784-5440 (on your personal cell).

AFRICAN AMERICAN HERITAGE COUNCIL: Come out to our general meeting which is held the first Thursday of every month at 1130 at the USO Classroom 1. This is a great atmosphere for us to come together, network, and develop significant community events to enhance morale and improve community relations. There are many upcoming events that will provide you an opportunity to lead and volunteer, so spread the word and bring a friend.

OSAN CITY'S ENGLISH PROGRAM FOR MIDDLE SCHOOL STUDENTS: As part of the Good Neighbor Program, 7th AF Public Affairs has been supporting the conversational English program organized by the Osan City Mayor for middle school children in Osan city. The program is in need of volunteers who will assist and teach conversational English to the students for the 2019 second semester. The program occurs every Thursday till 19 December 2019. Transportation is provided from Checkertails at 1540 and will return 1830 each Thursday. If you are interested in this "Adopt-A-School English Tutoring Program", please contact 7 AF/PA Ms. Yom, Kyong Suk via email kyong_suk.yom.kr@us.af.mil or DSN 784-4724, cell phone 010-4736-7979.

Kunsan's emergency phone numbers			
Emergency Services	911		
Off Base/Cell Emergency	063-470-0911	Nurse Advice Line	1-800-723-8255
Crime Stop: (to report a crime)	782-5444	IG Complaints FWA Reporting:	782-4850 (duty hours) 782-4942 (anytime)
Base Locator: (after duty hours)	782-4743	Chaplain (After duty hours)	782-6000
Law Enforcement desk	782-4944	Sexual Assault Response Coordinator (SARC)	782-7272
Emergency Leave / Red Cross		782-4601 (on base) 1-800-733-2761 (anytime)	

Osan's emergency phone numbers			
Emergency Services (Fire, Medical, Security Police)	911	Commander's Hotline	784-4811
Off Base/Cell Emergency	031-661-9111	Crime Stop: (to report a crime)	784-5757
Emergency Room:	784-2500	IG Complaints FWA Reporting:	784-1144
Base Locator: (after duty hours)	784-4597	Emergency Leave	784-7000
Force Protection Information Hotline:	115	Sexual Assault Response Coordinator (SARC)	784-7272
Chaplain (After duty hours)	784-7000	Security Forces Control Center	784-5515



8th FW, 38th FG compete during Friendship Day

By Staff Sgt. Joshua Edwards
8th Fighter Wing

KUNSAN AIR BASE, Republic of Korea -- The U.S. Air Force 8th Fighter Wing and Republic of Korea 38th Fighter Group competed in the annual Friendship Day Oct. 4. Friendship Day features several sports that pitted U.S. forces against it's ROK counterparts in friendly competition, designed to build upon the alliance on base. This year the 8th Mission Support Group took home the trophy for overall win.



U.S. Air Force 8th Fighter Wing and Republic of Korea 38th Fighter Group members pose for a group photo at Kunsan Air Base, Republic of Korea, Oct. 4, 2019. Every year the 8th FW and 38th FG hold a joint Friendship Day to strengthen the alliance between service members. (U.S. Air Force photo by Staff Sgt. Joshua Edwards) ▲

24 Solar Terms (Part 18)

By KyongHui “Jennie” Pae

18. Sang Gang

Frost Fall:
Frost Fall begins.



This season marks the appearance of frost and descent of temperature. It begins when the Sun's ecliptic reaches 210 degrees, around October 23rd of the solar calendar.

While the pleasant weather of autumn continues, the energy of the night becomes very low. Therefore, water vapor becomes frosty on the surface, and as the temperature gets lower, the first ice appears. When the grass falls, the fields in the countryside are busy with autumn walks. The rice paddy fields are cut down and threshed, then replaced with autumn barley plants for crop rotation. Farmers pick ripe pumpkins, gather fruits such as chestnuts and persimmons, and harvest seeds and sorghum. It's the season for harvesting everything you planted in the summer and preparing for the end of the year's farming season.

Reference: Korean Folk Culture Research



EVER SKIN CLINIC

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Research Professor, HanYang University Hospital
Member of the American Academy of Dermatology

What We Offer

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- Lifting** : HIFU lifting, thread lifting, toroid RF
- Medical Skin Care** : peeling, whitening/moisturizing care
- Laser** : tattoo / hair removal, scar rejuvenation, redness, melasma
- General Dermatology** : skin disease
- Obesity** : medication, cryolipolysis, lipolytic injection, toroid RF

Website: www.clinicever.co.kr

Address: 2nd floor, 124-7, Itaewon-dong, Yongsan-gu, Seoul

Valet Parking available on the right side of our building

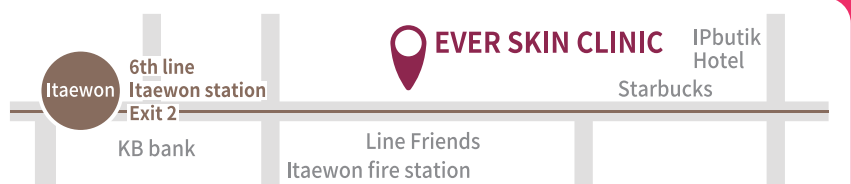
For taxi drivers : 에버 피부과는 이태원 소방서 건너편 2층에 있습니다

Office Hours

- 10:00AM ~ 7:00PM (Mon, Thu)
- 11:00AM ~ 9:00PM (Tue, Fri - Evening Hours)
- 10:00AM ~ 4:00PM (Sat) Wed, sun : closed
- 1:00PM ~ 2:00PM Lunch



Map



For **Appointments**, please call **02-795-9553**
2min. Walk from **ITAEWON** subway station **Gate 2**

SPIRITUAL CHARGE

THE POWER OF FORGIVENESS



By Chaplain
Hank H. Hahm

I recently watched court video of Botham Jean’s brother, Brandt Jean, publicly forgive and then embrace former Dallas policewoman Amber Guyger. Guyger mistakenly shot and killed Botham Jean thinking he broke

into her apartment. As it turns out, Officer Guyger entered the wrong apartment...it actually belonged to Brandt. In the aftermath of the trial, I witnessed one of the most amazing acts of forgiveness I have ever seen. The transcript of Brandt Jean’s personal pardon went like this:
Brandt Jean: *“If you truly are sorry, I can speak for myself; I forgive, and I know if you go to God and ask him, he will forgive you. And I don’t think anyone can say it—again I’m speaking for myself—but I love you just like anyone else. And I’m not gonna say I hope you rot and die just like my brother did, but I presently want the best for you. And I wasn’t going to ever say this in front of my family or anyone, but I don’t even want you to go to jail. I want the best for you, because I know that’s exactly what Botham would want you to do.”*
Every one of us has been wronged by another person sometime during our life. Whether it was by a family member, a friend,

a co-worker, an acquaintance or a stranger, the reality is we have all been wronged and we have all wronged others.
Because we have all been wronged, it is of tantamount importance that we become agents of forgiveness. Resiliency experts agree that the ability to forgive makes people healthier and happier. The act of forgiving helps us bounce back from tragedy, trauma and hurt. It helps us move forward and not become stuck in a terrible situation.
The act of forgiveness is essentially a transactional exchange where instead of “paying back” a person who has wronged you, you instead “swallow” the cost. Instead of hate, you pardon. Instead of revenge, you turn the other cheek. Instead of gossiping, you remain silent. But the cost that you pay does not mostly benefit the wrongdoer. No, in the end, the act of forgiveness benefits you.
Resentment causes unresolved

emotions to go “underground” and fester and morph. Sadness turns to bitterness, anger turns to rage and hurt turns to apathy. Before you know it, you become a shell of the person you previously were.
Someone once said that resentment is like a poison you drink hoping someone else will die. In the end, it hurts you far more than the one you won’t forgive. The one who hurt you moves on but you do not. Not forgiving someone else is like a shackle, a prison in which you lock yourself up.
I invite you to start the process of liberation, of freedom. I invite you to start the process of forgiving those who have wronged you. It is hard, it takes time and it may require help.
So, I invite you to come see your chaplain, Military and Family Life Consultant or your Mental Health professional. We are here to help you get unstuck from past hurts while keeping you moving forward in life.

CHAPEL SCHEDULE

KUNSAN AIR BASE

Protestant Services
Gospel Service
Sunday, 11:30 a.m.
Main Chapel, Bldg. 501
Contemporary Service
Sunday 5 p.m.
Main Chapel, Bldg. 501

Catholic Services
Sunday Catholic Mass
Sunday, 9:45 a.m.
Main Chapel, Bldg. 501
Daily Mass and Reconciliation
Please call the Chapel

Other Worship Opportunities
LDS Service
Sunday, 1:00 p.m.
SonLight Inn, Bldg. 510

Point of Contact:
Kunsan Chapel, 782-HOPE

Visit us on SharePoint:
<https://kunsan.eis.pacaf.af.mil/8FW/HC>

OSAN AIR BASE

Protestant Services
-Community Service @ 1030
-Gospel Service @ 1230
Regular Occurring Ministries:
PYOC: (Middle School & High School Students)
- Mondays—1830-2000 @ Chapel Spiritual Fitness Center.
PCOC: (AWANA)
- Wednesdays @ Chapel. Age 3 to 6th grade meet 1800 -1930 & grades 7th-12th meet 1700-1800 .
PMOC: (Men)
- Tuesdays - 1830 @ Chapel Annex.
PSOC: (Singles & Unaccompanied) “Osan Hospitality House”
- Bible Studies:
*Saturdays - 1900 @ Hospitality House. Dinner is provided.
Sundays - 1700 @ Community Center, Classroom #3.
- Game Night:
*Fridays - 1900 @ Hospitality House. Dinner is provided.
*Van pickup: Fridays: Chapel @ 1730, Mustang CTR @ 1735.
Saturdays: Chapel @ 1830, Mustang CTR @ 1835.
PWOC: (Women) “PWOC Osan AB”
- Mondays 1800-2000, Tuesdays 0845-1100 @ Chapel Annex (Child Watchcare provided) & Sunday 1600-1730 @ Posco Apartments .
MOPS: Join us for OSAN MOPS!
- Meet twice a month on Wednesday @ the Chapel Annex
Contact: osanmops@gmail.com

Apostolic Pentecostal
Apostolic Connection Church
Bible Study: Osan Chapel Sanctuary, Mondays 7PM-8PM

Catholic Mass
Weekend Masses
Saturday Mass (Sunday obligation), 5 p.m.
Saturday, Also Confessions, 4 p.m.
Sunday Mass, 8:30 a.m.
Tuesday -Thursday Mass, 11:30 a.m.
Friday Mass, 5 p.m.

Catholic Ministries
Catholic Religious Education
Sunday, 10-11 a.m., Chapel annex
Korean Prayer group
Tuesday, 9:30 a.m., Blessed Sacra Chapel
Faith formation class/bible study
Wednesday, 6:00 p.m., Chapel annex
Catholic Men of the Chapel (CMOC)
Wednesday, 7:00 p.m., Chapel annex
Catholic Women of the Chapel (CWOC)
Thursday, 5:30 p.m., Chapel annex hall
Catholic Family social meal (Free)
Friday, 6-7:30 p.m., Chapel annex hall
Catholic Family social meal (Free)
Saturday, 6-7:30 p.m., Chapel annex hall

Knights of Columbus & Baptism classes
Meet monthly, Pls call 784-5000

Other Faith Groups
Earth-Based (Contact the Chapel)
Jewish (Contact the Chapel)
Muslim (Contact the Chapel)
Buddhist (Contact the Chapel)
LDS Sunday, 1 p.m., Contact the Chapel

Point of Contact:
Osan Chapel, 784-5000
Visit us on SharePoint:
<https://osan.eim.pacaf.af.mil/51FW/51FW-HC/default.aspx>
Visit us on Facebook (OSAN AB CHAPEL)
<https://www.facebook.com/OsanABChapel>

USAG-YONGSAN

Protestant Services
Traditional Service
Sunday, 9:30 a.m.
Memorial Chapel, Bldg 1597
Sunday, 9:30 a.m.
Brian Allgood Hospital Chapel
Contemporary Service
Sunday, 9 a.m.
South Post Chapel, Bldg 3702
Sunday, 10:30 a.m.
K-16 Chapel
Nondenominational Service
Sunday, 11 a.m.
South Post Chapel, Bldg 3702
Gospel Service
Sunday, 1 p.m.
South Post Chapel, Bldg 3702
Pentecostal
Sunday, 1:30 p.m.
Memorial Chapel, Bldg 1597
Latter Day Saints (LDS)
Sunday, 4 p.m.
South Post Chapel, Bldg 3702
Seventh-Day Adventist
Saturday, 9:30 a.m.
Brian Allgood Hospital Chapel
KATUSA
Tuesday, 6:30 p.m.
Memorial Chapel , Bldg 1597

Catholic Mass
Sunday, 8 a.m.
Memorial Chapel, Bldg 1597
Sunday, 11:30 a.m.
Memorial Chapel, Bldg 1597
Saturday, 5 p.m.
Memorial Chapel, Bldg 1597
1st Saturday, 9 a.m.
Memorial Chapel, Bldg 1597
M/W/T/F, 11:45 a.m.
Memorial Chapel, Bldg 1597
Tuesday, 11:45 p.m.
Brian Allgood Hospital Chapel

General Service
Episcopal Service
Sunday, 11 a.m.
Brian Allgood Hospital Chapel

Jewish
Friday, 7 p.m.
South Post Chapel, Bldg 3702



Point of Contact:
USAG Yongsan Religious Support Office, 738-3011
Visit us on SharePoint:
<http://www.army.mil/yongsan>



U.S. Air Force F-16 Fighting Falcons assigned to the 8th Fighter Wing prepare to take-off for a routine training flight at Kunsan Air Base, Republic of Korea, Oct. 10, 2019. The 8th FW is home to two fighter squadrons, the 35th Fight Squadron “Pantons” and 80th FS “Juvats.” They perform air and space control roles including counter air, strategic attack, interdiction and close-air support missions. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ◀

A U.S. Air Force F-16 Fighting Falcon aircraft on from the 8th Fighter Wing takes off for a routine training flight at Kunsan Air Base, Republic of Korea, Oct. 8, 2019. The 8th FW is comprised of two F-16 squadrons, and its primary mission is conducting air-to-ground and air-to-air missions against adversaries when called upon. (U.S. Air Force photo by Senior Airman Stefan Alvarez) ▼

Wolf Pack hones readiness, maintains lethality



A U.S. Air Force F-16 Fighting Falcon aircraft from the 80th Fighter Squadron “Juvats” taxis down the runway at Kunsan Air Base, Republic of Korea, Oct. 7, 2019. The 80th FS, along with the 35th FS, are the two F-16 squadrons based out of Kunsan tasked with protecting the Republic of Korea air space. (U.S. Air Force photo by Senior Airman Stefan Alvarez) ▼



U.S. Air Force 8th Civil Engineer Squadron firefighters rescue a dummy during a training event at Kunsan Air Base, Republic of Korea, Oct. 9, 2019. During the training event, firefighters had to find three training dummies and transport them to safety from a multilevel structure. (U.S. Air Force photo by Staff Sgt. Joshua Edwards) ▲

Running from stress to the AF Marathon



U.S. Air Force Staff Sgt. Daniel Ly, 8th Force Support Squadron customer support noncommissioned officer in charge, adjust a camera on his desk at Kunsan Air Base, Republic of Korea, Oct. 1, 2019. When Ly is not assisting customers with getting new common access cards and enrolling in the Korea Area Incentive Program, he likes to run to relieve his stress and stay in shape. (U.S. Air Force photo by Staff Sgt. Joshua Edwards)

**By Staff Sgt. Joshua Edwards
8th Fighter Wing Public Affairs**

KUNSAN AIR BASE, Republic of Korea -- Working the nine to five grind, many people need to find a release at the end of the work day, whether it is hanging out with friends, playing video games or listening to music. For Staff Sgt. Daniel Ly, 8th Force Support Squadron customer support noncommissioned officer in charge, running up to 40 miles a week is his release.

"When work is stressful, running helps keep me calm," Ly said. "I look forward to my runs at the end of the day, when I can go to the gym or the running path along the flightline and relieve some stress."

Ly started running as a child nearly 17 years ago. This is where he developed a habit that would change his life and build himself into a more resilient and healthier person.

"I started running in eighth grade because I was pretty obese and unhealthy back then," he said. "My friends dragged me out to join track and I got better and better each season. After high school, although I wasn't fast enough for a college team, I began to add distance, running for longer periods of time until I could do half marathons and eventually, full marathons."

Because of his hard work and dedication over the years, Ly was selected as one of only four Airmen to run the full Air Force Marathon as a member of the U.S. Pacific Air Forces team.

"It felt great getting selected to represent a major command," said Ly. "I was very happy when I got the email in June, because I don't know if I'll ever have the opportunity to compete on behalf of PACAF again. Also, to be

the only one from Kunsan just made me feel proud."

Ly was the only runner to be selected from Kunsan to compete in the Air Force Marathon as a member of a MAJCOM team. Once he found out he was chosen, Ly began focusing even more on his training, building up to longer and longer distances.

"I began running 60 miles a week in June and slowly increased my distance until I was running 70, 80 and finally 90 miles a week. It was tough when I had to stay late at work, but I always needed to get in my run for the day. My legs were constantly fatigued and I was always feeling hungry and lethargic."

Ly pushed through the pain and as race day crept closer, he began decreasing his distances before heading to Wright-Patterson Air Force Base, Ohio.

This year, the Air Force Marathon brought more than 25,000 visitors to the base.

As the start of the race got closer, the weather took a turn and rain delayed the start of the marathon by an hour. Eventually the clouds cleared and it was time for Ly to start his race.

Ly and all the other competitors would face their first hurdle shortly after crossing the starting line.

"It was very hilly, and I hit a gradual incline around mile four. They weren't very steep at the beginning, but noticeable. The most brutal hills were on the highway probably around mile 18 and about two miles before the finish line. It seemed like they went on forever. My pace dropped significantly and overcoming those didn't do anything for me because I knew I wasn't going to meet my goals."

He made it over all the hills, but his new battle was the weather as the day heated up. It



Ly run during the Air Force Marathon at Wright-Patterson Air Force Base, Ohio, Sept. 21, 2019. Ly ran on behalf of the U.S. Pacific Air Forces team and was only one of four selected to run the full marathon. (Courtesy photo)



Ly poses with his medal after completing the Air Force Marathon at Wright-Patterson Air Force Base, Ohio, Sept. 21, 2019. Ly has been running since 8th grade and has competed in 17 full marathon races. (Courtesy photo)

reached nearly 90 degrees Fahrenheit before noon with a humidity percentage in the 70s. Ly said the weather started to take its toll on him and the other runners.

"People started dropping out, some needed IV solutions, others were getting sick. It was a bad day on the course. I was dying off at mile 16 and shuffling at that point."

Even with the numerous obstacles, Ly pushed through aiming for a full marathon time under three hours.

"During the run, I just focused on finishing. I wanted to finish, no matter what. I would have rather died on the course than walk off."

Overcoming everything the day threw at him, Ly was able to complete his run in just under four hours.

This was Ly's 17th full marathon and he wants to apply for the U.S. Air Forces in Europe team at his next base, with the ultimate goal of one day qualifying for the Boston Marathon.

Special Tactics Airman killed in training incident

By Senior Airman Rachel Yates, 24th Special Operations Wing Public Affair

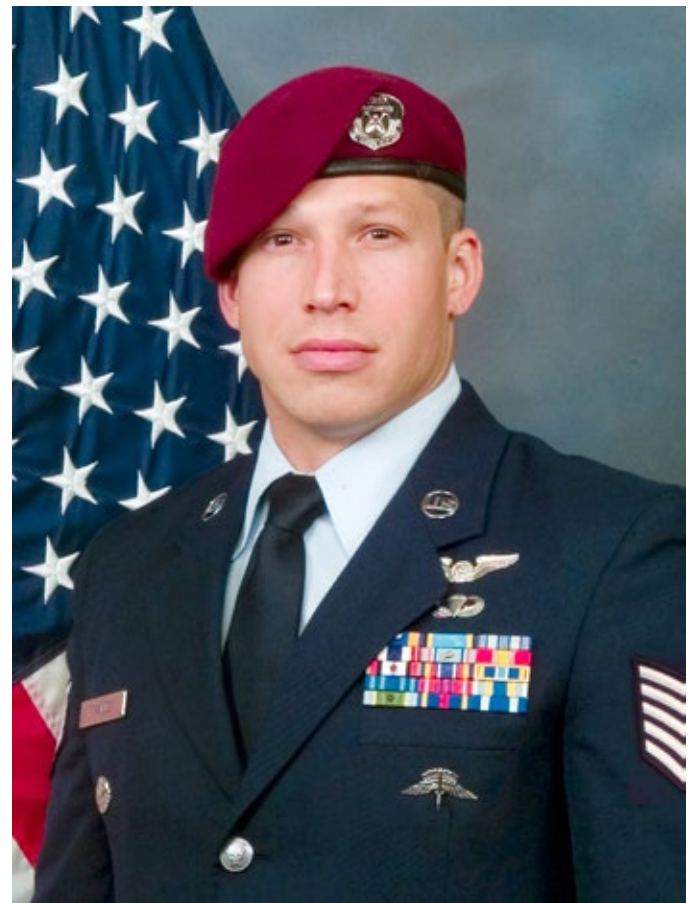
HURLBURT FIELD, Fla. (AFNS) -- Tech. Sgt. Peter Kraines, 33, a 24th Special Operations Wing special tactics pararescueman, died from injuries sustained in a training incident while performing mountain rescue techniques in Boise, Idaho, Oct. 8. The incident is currently under investigation.

Kraines enlisted in the United States Air Force in March 2011. He immediately entered the two-year pararescue training program. Upon completion of the program, he was assigned to the 347th Rescue Group, Moody Air Force Base, Georgia. In March 2017, Kraines was assessed and selected to join the ranks within special tactics and then assigned to Fort Bragg, North Carolina.

"This is a tragic loss to the special tactics community," said Col. Matthew Allen, 24th SOW commander. "We are grateful for the support from our community and our (Air Force Special Operations Command) teammates. Our thoughts are with his family, friends and teammates at this time."

Kraines was a military static-line jumper, free fall jumper, an Air Force combat scuba diver and certified as an emergency medical technician. As a special tactics pararescueman, Kraines was specially trained and equipped for immediate deployment into combat operations to conduct combat search and rescue and personnel recovery operations.

His awards and decorations include an Air Medal with one oak leaf cluster, Aerial Achievement Medal, Air Force Commendation Medal, Air Force Achievement Medal, Air Force Good Conduct Medal, National Defense Service Medal, Afghanistan Campaign Medal, Global War on Terrorism Service Medal, Meritorious Unit Award, Air Force Longevity Service Award, Air Force Expeditionary Service Ribbon with gold border, Small Arms Expert Ribbon, Air Force Basic Military Training Honor Graduate Ribbon, Air Force Training Ribbon and NATO Medal.



Tech. Sgt. Peter Kraines, a 24th Special Operations Wing special tactics pararescueman, died while performing mountain rescue techniques in Boise, Idaho, Oct. 8, 2019. As a special tactics pararescueman, Kraines was specially trained and equipped for immediate deployment into combat operations to conduct combat search and rescue and personnel recovery operations.

Rescue Airmen: Low density, high demand

By Senior Airman Rhett Isbell
18th Wing Public Affairs

KADENA AIR BASE, Japan -- The 33rd Rescue Squadron at Kadena Air Base, Japan, train, plan and execute every day to ensure they have what it takes to help when someone's life is on the line.

With a motto as succinct as, 'That others may live', it's clear the priority of the 33rd RQS is saving as many people as possible from otherwise dire circumstances no matter the cost to themselves.

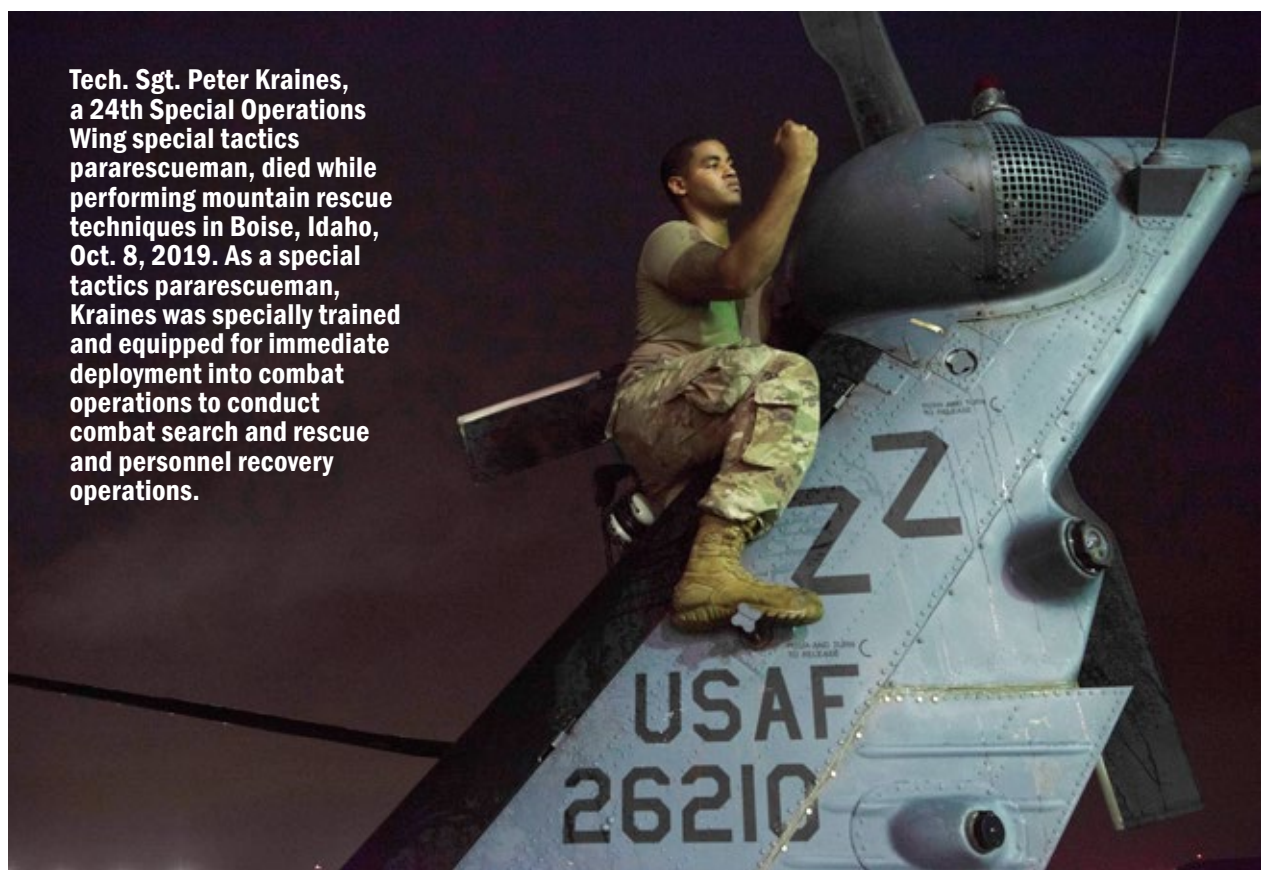
"We provide a reliable combat search and rescue platform to aid in exercises and real-world operations in the Indo-Pacific Command area of responsibility," said Airman 1st Class Jack Peterson, 33rd RQS special missions aviator. "I think we give people peace of mind, knowing somebody's going to come looking for them if they go down."

Being capable of providing this high-priority service at a moment's notice doesn't happen without extensive training to ensure the entire team is prepared for what's required on a rescue mission.

"We go out and practice regularly," said Capt. Howard Palmer, 33rd RQS flight commander. "We'll fly out and train in situation with simulated bad guys where we have to get through them to rescue members."

These training missions also cover many other aspects needed during a real-world

Tech. Sgt. Peter Kraines, a 24th Special Operations Wing special tactics pararescueman, died while performing mountain rescue techniques in Boise, Idaho, Oct. 8, 2019. As a special tactics pararescueman, Kraines was specially trained and equipped for immediate deployment into combat operations to conduct combat search and rescue and personnel recovery operations.



rescue such as low-level flying, hoisting, water operations, entering contested environments, and many others the rescue Airmen rely on. Conducting operations with so much on the line requires Airmen to have an unwavering, as well as caring, mindset.

"I decided to go into the rescue mission because it allows me to help people," Palmer said. "When someone's having the worst day of

their life, you get to be the one that goes in and saves them."

Airmen from the 33rd RQS have found one thing above all others makes the hard work worth it.

"It's a small community," Palmer said. "People have said, 'Low density, high demand' and it helps build some pretty strong bonds. I stay because of those bonds and being able to do a mission that means a lot to me."

Army to build three Multi-Domain Task Forces using lessons from pilot



Soldiers participating in the Multi-Domain Task Force pilot program launch a stinger missile using a man-portable air defense system during the Rim of the Pacific exercise at Pacific Missile Range Facility Barking Sands, Hawaii, July 24, 2018. Three similar MDTFs are now being built using lessons from the pilot. (Photo Credit: Capt. Rachael Jeffcoat)

By Sean Kimmons, Army News Service

FORT SHAFTER, Hawaii -- As the Multi-Domain Task Force pilot program nears its end, the Army is now using lessons from it to establish three similar task forces.

Assigned under U.S. Army Pacific Command in 2017, the pilot has participated in several exercises, including nine major joint training events across the region, to focus on penetrating an enemy environment.

With the 17th Field Artillery Brigade as its core, the task force also has an I2CEWS detachment testing intelligence, information operations, cyber, electronic warfare and space assets that can counter enemy anti-access/area denial capabilities.

"It's predominately network-focused targeting and it's echelon in approach," said Col. Joe Roller, who heads future operations, G35, for I Corps. "So it's not taking down the entire network, it's focusing on key nodes within that network to create targets of opportunity and basically punch a hole in the enemy's threat environment in order to deliver a joint force."

Run by USARPAC's I Corps, the pilot has already uncovered ways to improve future formations as it prepares to become a permanent task force itself at Washington's Joint Base Lewis-McChord in September 2020.

In 2021, the Army plans to establish a second stand-alone MDTF in Europe that will merge the 41st FA Brigade with an I2CEWS element. The following year, a third task force, which is yet to be determined, will stand up in the Pacific.

One lesson so far from the pilot is for the task force to better incorporate its joint partners. Leaders envision the specialized units to be about 500 personnel, including troops from other services.

"It needs to be a joint enterprise," Roller said. "The Army will have the majority of seats in the MDTF, but we don't necessarily have all the subject-matter expertise to combine all of those areas together."

The Joint Warfighting Assessment 19 in the spring, he noted, highlighted the task force's need for a common operating picture to create synergistic effects with not only the other services but also allied nations.

"It goes back to communication with our joint partners and our allies," he said, "and the infrastructure that's required to create that communications network and shared understanding of the environment that were operating in."

Last month, the task force also took part in the Orient Shield exercise with the Japanese Ground Self-Defense Force, which recently created its own Cross-Domain Operations Task Force to tackle similar challenges.

For the first time, Orient Shield was linked with Cyber Blitz, an annual experiment hosted by New Jersey's Joint Base McGuire-Dix-Lakehurst that informs Army leaders how to execute full-spectrum information warfare operations.

The task force's I2CEWS personnel and their Japanese counterparts were able to conduct operations together in both exercises via networks in Japan and New Jersey.

"If there was a culminating event thus far, that was about as high level as we've gotten to with real-world execution of cyber, electronic warfare and space operations in coordination with a bilateral exercise," said Col. Tony Crawford, chief of strategy and innovation for USARPAC.

In an effort to embolden their defense, the Japanese published its cross-domain operations doctrine in 2008, Crawford said. Its defense force is now working with USARPAC in writing a

whitepaper on how to combine those ideas with the U.S. Army's multi-domain operations concept in protecting its country.

"They've been thinking about this for a long time as well," Crawford said.

The Australian Army has also worked with the task force, he added, while the Philippine Army has expressed interest along with the South Korean military.

U.S. Indo-Pacific Command is making the Army's MDO efforts its foundational concept as it develops its own joint warfighting concept for the region. Crawford said this comes a few years after its former commander, Adm. Harry Harris, asked the Army to evolve its role so it could sink ships, shoot down satellites and jam communications.

"Moving forward, MDO is kind of the guiding framework that were implementing," Crawford said.

The colonel credits I Corps for continually educating its sister services of the Army's MDO concept and how the task force can complement its missions.

"The level of joint cooperation has grown exponentially over the last two years," he said. "That's definitely a good thing here in the Pacific, because it's not a maritime or air theater, it's a joint theater."

But, as with any new unit, there have been growing pains.

Crawford said the biggest challenge is getting the task forces equipped, trained and manned. Plans to build up the units are ahead of schedule after former Chief of Staff of the Army Gen. Mark Milley decided to go forward with them earlier this year.

"We're so accelerated that we're all trying to catch up now," he said. "This is literally a new force structure that the Army is creating based upon these emerging concepts."

The fluid nature of these ideas has also presented difficulties. Roller said they are currently written in pencil as the task force pilot continues to learn from exercises and receives input from its partners.

"It's taking concepts and continuing to advance them past conceptual into employment," Roller said, "and then almost writing doctrine as we're executing."

While much of the future remains unclear, Roller does expect the task force to participate in another Pacific Pathways rotation after completing its first one this year.

In the long term, he also envisions a more robust training calendar for the task force so its personnel can maintain their certifications and qualifications.

"We'll have some culminating training events purely MDTF focused," he said.

To learn more, be sure to listen to Roller and Crawford at the Warriors Corner event, Multi-Domain Operations Theory into Practice, at the Association of the U.S. Army's Annual Meeting and Exposition in Washington, D.C., Wednesday at 10:55 a.m. Eastern Time. The event will also be live streamed on USARPAC's Facebook page and on the Warriors Corner link below.

Jeonju, City of Gastronomy, is full of tasty dishes that Korea has to offer. From famous Jeonju bibimbap to street foods in Jeonju Hanok Village, get ready to fill your belly with delicious meals. While in a small port city of Gunsan, spicy dishes like gochu jjamppong (spicy seafood noodle soup with chili peppers) and gochu jjajangmyeon (noodles in black bean sauce with chili peppers) await you. Follow us as we take you on a tasty road tour to Jeonju and Gunsan.

On the Road in Jeonju & Gunsan



▼ Street foods in Jeonju Hanok Village

Another charm of Jeonju Hanok Village is the street food vendors that are lined along the streets. With so many varieties, some say your trip to Jeonju might start and end here if you try to taste all of them. Once you enter the main street of the hanok village, you will notice street stalls ranging from Jeonju-style original choco pie to shrimp dumplings, chicken skewers, slushy, hotteok (sugar-filled griddlecakes), fruit beers and more. Most stores accept credit card for the convenience of the visitors.

Gilgeoriya, one of the original street stalls in Jeonju Hanok Village, is known for baguette burgers. Unlike regular baguettes, the baguette burger is filled with chopped peppers, lettuce, mayonnaise, ketchup and other ingredients for a delicious flavor. Octopus skewers are another steady-seller. With mild and spicy sauce options to choose from, the chewy octopus skewer is sold for 4,000 won per piece. Another food not to be missed is the grilled Imsil cheese, sold at 3,000 won. The grilled cheese goes well with various topping options, such as condensed milk, chili, mango, chocolate, and yogurt.



- Jeonju Hanok Village**
- Address: 29, Eojin-gil, Wansan-gu, Jeonju-si, Jeollabuk-do
 - Operating hours: Open all year round (Varies by store)
 - Admission: Free
 - * Fees vary for hanbok experience and other programs
 - Inquiries: +82-63-282-1330
(Korean, English, Japanese, Chinese, Spanish)

▼ Jeonju Station

Various types of train make stops at Jeonju Station, including KTX, ITX-Saemaeul, Mugunghwa, and the S-train. Train station in a traditional hanok-style building shows what Jeonju is famous for. Visitors can get to the downtown area from Jeonju Station by a local bus or a taxi. Welcoming visitors from the exit of the station is “Jeonju’s Welcome Road,” the road that stretches for 850 meters to Myeongjugol Intersection.



▼ Gunsan Station

First opened in 1912, Gunsan Station was relocated on January 1, 2008, when Janghang Line extended its line. In 2015, the line also added West Gold Train and G-Train, extending services to Seoul and metropolitan areas. The G-Train begins from Yongsan Station and makes stops at several stations, including Gunsan Station, with its final stop at Iksan Station. Other operating trains include Saemaeul and Mugunghwa trains. Public transportation from Gunsan Station includes intercity and local buses that take visitors to major tourist attractions and nearby cities, including Jeonju and Iksan.



▼ Gunsan Gyeongam-dong Railroad Town

Gunsan Gyeongam-dong Railroad Village is filled with stories of modern history. In 1944, the 2.5-kilometer railway connected Paper Korea factory with Gunsan Station. After the railroad was discontinued in July 2008, it was transformed into a cute mural village along the railway and became one of the most popular attractions in Gunsan. There are many activities to enjoy at the railroad village, including trying on old school uniforms, making dalgona (Korean sugar and baking soda candy), and taking photos at various photo spots.



▼ Gunsan Gochu Jjamppong & Jjajangmyeon

Foods that are a must-try when visiting Gunsan are none other than jjamppong and jjajangmyeon. As Gunsan is a port city, plenty of fresh seafood are added to these Korean-style Chinese dishes. Jirinseong, a popular restaurant specializing in both menus, is the place to go to experience the spicy and savory combination. For those who are into spicy food, gochu jjamppong offers stronger and bolder flavors with Korean hot chili pepper and seafood, such as mussels, cockles, and squid, added to the soup. For those who want something milder, regular jjamppong and jjajangmyeon are also available. Since the restaurant has a long line of people all day long, be sure to visit in the morning to beat the crowd. The city of Gunsan is also planning to make a special street dedicated to jjamppong in the near future.

