

Crimson Sky

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U.S. Air Force Tech. Sgt. Sarah Allen, 35th Aircraft Maintenance Unit electric and environmental craftsman, tells students from Gunsan Dong High School about the capabilities of the F-16 Fighting Falcon during a tour at Kunsan Air Base, Republic of Korea, Nov. 8, 2019. This was the first time the students were able to visit Kunsan and get up close and personal with an F-16. (U.S. Air Force photo by Staff Sgt. Anthony Hetlage)



Wolf Pack welcomes local youth

By Staff Sgt. Anthony Hetlage
8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea

-- Students from Gunsan Dong High School visited Kunsan Air Base to meet with 8th Fighter Wing leadership, check out an F-16 Fighting Falcon and observe a military working dog demonstration, Nov. 8.

The 41 students are all a part of various school clubs and programs, many of which include speaking or writing English. The visit gave the students the opportunity to gain insight of the Wolf Pack mission and meet U.S. Airmen while

also enhancing their English skills.

The tour kicked off by meeting with Col. Patrick "Hawk" Misnick, 8th Medical Group commander, and Chief Master Sgt. Steve "Wolf Chief" Cenov, 8th Fighter Wing command chief, whom welcomed the students to Kunsan and gifted the students with small goody bags that included souvenirs from base units to mark the occasion.

"The relationship between the U.S. and the Republic of Korea has been strong and beneficial for the last 60 years," said Cenov. "The reason this relationship will continue to be so successful is because of your commitment to excellence and your determination."

After the introduction, the students took a trip over to the flight line for a close-up with one of the 80th Fighter Squadron's F-16 Fighting Falcons. The students were able to speak with a group of aircraft maintainers and get up close with an F-16 for the very first time.

"I wanted to visit Kunsan to meet U.S. Airmen and see an F-16 for the first time," said Tae-Gyun Kim, a 16-year-old sophomore in the Gunsan Dong High School Management and Economy Club. "I could not believe how big the F-16 actually was. It feels like the U.S. is truly our friends and the Airmen were so cool."

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Guam to host 68th annual Operation Christmas Drop

By 36th Wing Public Affairs

ANDERSEN AIR FORCE BASE, Guam -- The 68th iteration of Operation Christmas Drop is set to take to the Pacific skies, Dec. 9 hosted by the 36th Wing.

The Department of Defense's longest recurring humanitarian mission is a long-standing annual tradition of packaging and delivering food, tools and toys to more than 57 remote islands in the South-Eastern Pacific, including the Commonwealth of the Northern Mariana Islands, the Federated States of Micronesia, and the Republic of Palau.

to a parachute to the islanders below, giving the operation its name. Today, air drop operations include more than 50 islands throughout the Pacific. Operation Christmas Drop includes Airmen and assets from the 374th Airlift Wing, Yokota Air Base, Japan; the 36th Wing, Andersen Air Force Base, Guam; 734th Air Mobility Squadron, Andersen AFB, the 515th Air Mobility Operations Wing, Joint Base Pearl Harbor-Hickam, Hawaii; the University of Guam; and the 'Operation Christmas Drop' private organization which leads the fundraising and donations for the operation. Andersen is used as

sorted, riggers from Yokota and Andersen volunteers build dozens of boxes to hold the materials, most containing school supplies, clothing, rice, fishing equipment and toys.

Each year, the Christmas drops serve as a proving ground for the techniques used and shared with regional partners in preparation for response to natural disasters all too common across this region.

Air crews are linked to the village via ham radio as they fly overhead and drop supplies. The event provides readiness training to participating aircrew, allowing them to gain experience in conducting airdrops while



374th Airlift Wing Airmen work on a C-130J Super Hercules assigned to the 36th Airlift Squadron on the Yokota Air Base, Japan flightline, Nov. 12, 2019. Yokota Air Base is the Pacific's premier power projection platform. (U.S. Air Force photo by Machiko Arita)

During the weeklong international charity effort, Pacific Air Forces airpower ambassadors from Andersen AFB, Guam, Joint Base Pearl Harbor-Hickam, Hawaii and Yokota Air Base, Japan, will work with their partners of the Japanese, Australian and, for the first time, New Zealand air forces and includes observers from Bangladesh, Malaysia, Mongolia, the Philippines, Singapore and Thailand to execute low-cost, low-altitude training air drops. The aerial delivery will serve as valuable interoperability training for the partner nations while delivering various donations provided by private donors, charitable organizations and the University of Guam.

The tradition began during the Christmas season in 1952 when a B-29 Superfortress aircrew saw islanders waving at them from Kapingamarangi atoll, 3,500 miles southwest of Hawaii. In the spirit of Christmas the aircrew dropped a bundle of supplies attached

a "base camp" to airlift the donated goods to islanders throughout Micronesia.

Utilizing the Denton Program, which allows private U.S. citizens and organizations to use space available on U.S. military cargo planes to transport humanitarian goods to countries in need, the C-130J Super Hercules crews airdrop food, supplies, educational materials, and toys to islanders throughout the Commonwealth of the Northern Marianas, Federated States of Micronesia, and Republic of Palau. These islands are some of the most remote locations on the globe spanning a distance nearly as broad as the continental U.S.

Months leading up the drop dates, volunteers create donation drop-off boxes and raise money from local businesses and citizens. A week before the drop, volunteer Airmen, Soldiers, Sailors, Marines, civilians, contractors and families assist in picking up and sorting the donations. After the goods are

providing critical supplies to 56 Micronesian islands impacting about 20,000 people.

Low-Cost Low-Altitude (LCLA) airdrop is cost-efficient and easy to apply across the global airlift community, utilizing readily available resources and repurposed personnel parachutes to build supply pallets at a fraction of the cost of other airdrop bundles. These pallets are dropped at low-altitude to improve drop accuracy.

Demonstrating and executing LCLA drops alongside regional allies is just one example of the USAF actively pursuing and participating in interoperability partner training to increase Humanitarian Assistance/Disaster Relief operational capabilities while ensuring stability in the Indo-Pacific region.

Nearly seven decades and more than 1 million pounds of charitable goods later, the 2019 missions are set to carry on this tradition of international goodwill.

7th AF commander trains with the Wolf Pack



**By Staff Sgt. Mackenzie Mendez
8th Fighter Wing Public Affairs**

KUNSAN AIR BASE, Republic of Korea -- Lt. Gen. Ken Wilsbach, 7th Air Force commander, visited the 8th Fighter Wing at Kunsan Air Base for an in-depth look at the innovative ways Wolf Pack Airmen are impacting the Pacific theater, Nov. 8.

During his visit, Wilsbach learned about how the 8th Civil Engineer Squadron is paving the way for future Airmen to operate and accomplish their mission in safer and healthier environments. Wilsbach also had the opportunity to speak with first-term Airmen, tour the 8th Security Forces Squadron Military Working Dog kennels and see how 8th Maintenance Squadron munitions section is challenging the standard for safely storing and transporting munitions.



U.S. Air Force Lt. Gen. Ken Wilsbach, 7th Air Force commander, speaks with Staff Sgt. Christopher Hoppler, 8th Civil Engineer Squadron craftsman, during a base visit at Kunsan Air Base, Republic of Korea, Nov. 7, 2019. Wilsbach learned about how the 8th Civil Engineer Squadron is paving the way for future Airmen to operate and accomplish their mission in safer and healthier environments. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ▲



U.S. Air Force Staff Sgt. Thomas Herriott, 8th Maintenance Squadron munitions specialist, talks with Lt. Gen. Ken Wilsbach, 7th Air Force commander, about innovative solutions to munitions storage and transportation during a base visit to Kunsan Air Base, Republic of Korea, Nov. 8, 2019. During his visit, Wilsbach also had the opportunity to speak with first-term Airmen, tour the 8th Security Forces Squadron Military Working Dog kennels. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ▲

U.S. Air Force Lt. Gen. Ken Wilsbach, 7th Air Force commander, speaks with Staff Sgt. Loren Boring, 8th Civil Engineer Squadron craftsman. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ◀

U.S. Air Force Lt. Gen. Ken Wilsbach, 7th Air Force commander, speaks with 8th Fighter Wing first-term Airmen during a base visit at Kunsan Air Base, Republic of Korea, Nov. 7, 2019. Wilsbach spoke with Airmen about quality of life, the future of the Air Force and the innovative nature of Airmen in today's force. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ▼



U.S. Air Force Tech. Sgt. Monica Rodriguez, 8th Security Forces Squadron Military Working Dog kennel master, provides Lt. Gen. Ken Wilsbach, 7th Air Force commander, a tour of the kennels during a base visit, Nov. 8, 2019. Rodriguez spoke about the innovative ways handlers are conducting preventative health care for their MWDs. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ▲



U.S. Air Force Lt. Gen. Ken Wilsbach, 7th Air Force commander, conducts a preflight inspection prior to a routine training flight at Kunsan Air Base, Republic of Korea, Nov. 7, 2019. Wilsbach visited the 8th Fighter Wing for an in-depth look at the innovative ways Wolf Pack Airmen are impacting the Pacific theater. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ▲

U.S. Air Force Lt. Gen. Ken Wilsbach, 7th Air Force commander, prepares for a routine training flight at Kunsan Air Base, Republic of Korea, Nov. 7, 2019. Wilsbach visited the 8th Fighter Wing for an in-depth look at the innovative ways Wolf Pack Airmen are impacting the Pacific theater. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ◀

Light, lean and agile: Pacific Air Forces Commander visits Kadena



By Staff Sgt. Benjamin Raughton
18th Wing Public Affairs

KADENA AIR BASE, Japan -- Gen. CQ Brown, Jr., Pacific Air Forces commander, visited the mighty Kadena Shoguns for a detailed tour of 18th Wing units and agencies and to provide further understanding on where the Keystone of the Pacific fits in the overall PACAF strategic mission.

Brig. Gen. Joel Carey, 18th Wing commander, joined Brown, his spouse, Sharene, Chief Master Sgt. Anthony Johnson, PACAF command chief, and his spouse, Stephanie, on the tour where they visited the 33rd Rescue Squadron, 909th Air Refueling Squadron, 18th Medical Group and more.

"The Indo-Pacific is the priority theater," Brown said at a full-house all-call. "I think it's important we highlight time and time again, and educate those who are not here in the Pacific so they have a better understanding of the things we're dealing with and the long-term threats we see."

Brown remarked that he was impressed by the 32,000 sorties flown across the command, and that PACAF has been a leader in many regional exercises.

"PACAF has participated in 54 different exercises across the region, and Kadena has participated in a number of those," he said. "Of those 54, 29 have been led by PACAF. It's pretty impressive what we've done collectively, but I'll tell you the key part is the relationships we've built."

Brown said his goal for PACAF is to make the force "light, lean and agile."

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U.S. Air Force Gen. CQ Brown, Jr., Pacific Air Forces commander, inspects an F-15C Eagle during a tour at Kadena Air Base, Japan, Nov. 12, 2019. During the tour, Brown visited various base squadrons and agencies to learn about unit-specific issues, their operations, and answer questions. (U.S. Air Force photo by Staff Sgt. Benjamin Raughton) ▲



U.S. Air Force Gen. CQ Brown, Jr., Pacific Air Forces commander, looks out the window of an HH-60 Pavé Hawk during an aerial tour of Kadena Air Base, Japan, Nov. 12, 2019. During the tour, Brown visited various base squadrons and agencies to learn about unit-specific issues, their operations, and answer questions. (U.S. Air Force photo by Staff Sgt. Benjamin Raughton) ▲

Royal Air Force Museum American Foundation honors Berlin Airlift veterans

By Ashley M. Wright
Secretary of the Air Force Public Affairs

ARLINGTON, Va. (AFNS) -- The trio shuffled into the small room with canes and walkers to record their testimonies of the first confrontations of the Cold War and how the allies prevailed without firing a shot, saving a former enemy from oppression.

The Royal Air Force Museum American Foundation celebrated the 70th anniversary of the end of Berlin Airlift at their annual "Spirit of the Battle of Britain" banquet last month to honor these veterans for their contributions to the alliance between the United States and the United Kingdom.

The trio retold their stories of using soft air power to deter Soviet aggression in post-World War II Berlin, and current U.S. Air Force and RAF airmen were honored for continuing to further the partnership between the two nations.

Prior to the dinner, the trio transported family, listeners and caregivers back to 1940s Germany.

"I remember the war," said Mercedes Wild, who was seven years old at the start of the Berlin Airlift. "They (Allied bombers) destroyed Berlin. It was a hard time for the kids in West Berlin. Berlin is a destroyed city. We will never forget the sound of the bombers."

After WWII, the German capital was divided with Soviet Russia controlling East Berlin and British, French and American Allies responsible for the west. The city was located more than 100 miles inside the Russian controlled portion of Germany. On June 24, 1948, the Russians implemented a blockade of West Berlin to prevent food and supplies, such as coal, from entering the town. The effort attempted to break the spirit of the West Berlin people to reject democracy and embrace communism.

Enter, veterans and the Berlin Airlift.

Retired U.S. Air Force Col. Gail Halvorsen, widely known as the "Candy Bomber," described

volunteering for the mission that changed his life and the lives of millions in West Berlin. Halvorsen, a 28-year-old lieutenant at the time, grew up on a farm in Utah, where helping a neighbor in need was a way of life.

"My dad was an example to me," he said. "He had plenty to do himself, but when a neighbor, a farmer, needed help and couldn't get enough help, my dad would drop some of the things that weren't so important on our farm to help the next-door neighbor."

Halvorsen saw his first aircraft flying overhead on the farm while he was working the fields. He was hooked and signed up for a non-college pilot training program. Soon he received his flight training and was flying cargo aircraft in Mobile, Alabama. When the word came of the attempts by Russia to stomp out freedom in West Berlin by starving its residents, there was no doubt of his next step.

"I volunteered to fly supplies in early," Halvorsen recalled.

Retired Col. Gail Halvorsen poses for a photo during a Veterans Day event at Hondo Municipal Airport, Texas, Nov. 9, 2013. Halvorsen was called the "Candy Bomber" because he was known to drop candy with attached parachutes to children during the Berlin Airlift. (U.S. Air Force photo by Staff Sgt. Jonathan Snyder)



At first, the citizens of West Berlin didn't know what to think of hearing heavy aircraft over their heads again.

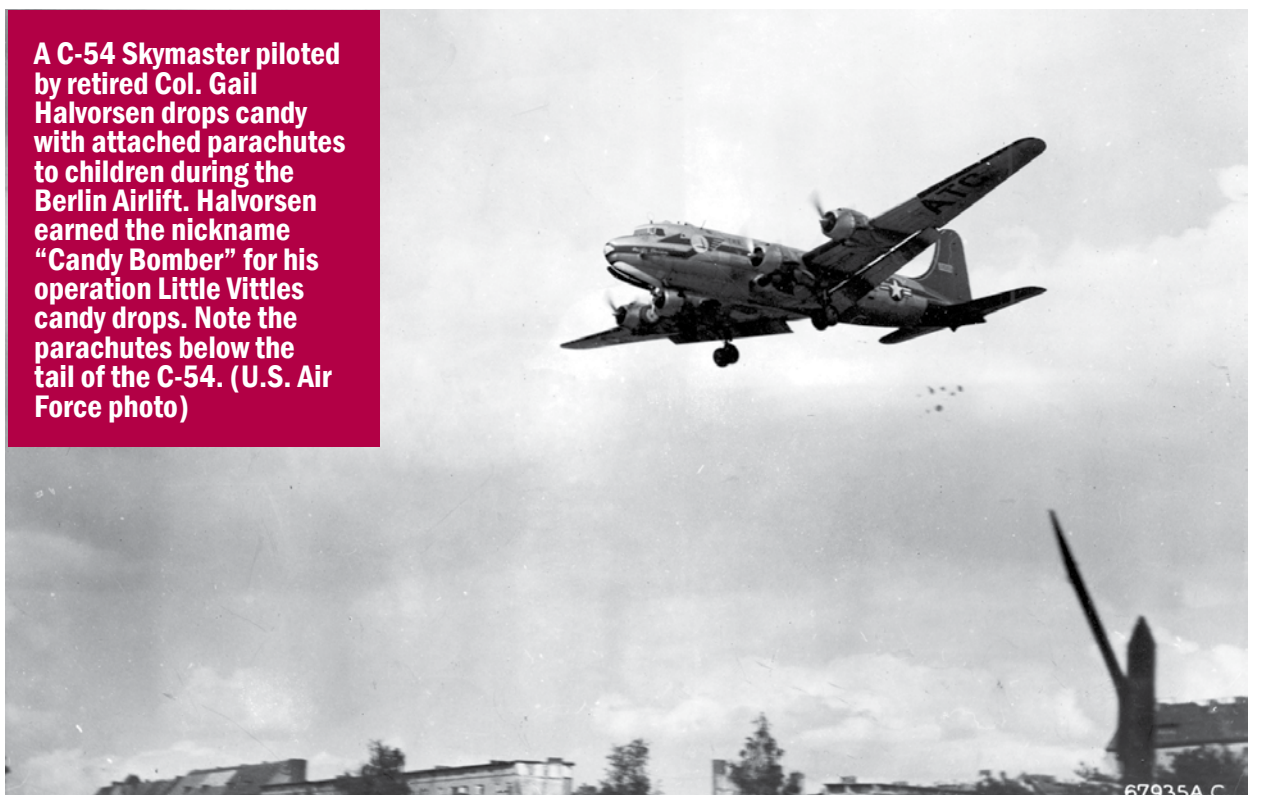
"The noise of the airplanes during the airlift in the beginning I feared, because it was the same noise while bombing Berlin," Wild said.

They would soon learn the aircraft were not carrying bombs but food and supplies to keep them alive. The logistics of flying 2.3 million tons of goods and equipment was not without risks. In total, 101 airmen from around the world perished in the Berlin Airlift.

"Two hundred meters from our house, there was the first airlift airplane crash in the night," Wild remembered. "The next morning I went with my mother. It was destroyed. The two pilots were dead. The people were very sorry about this ... They feared that the west allies would now stop the airlift."

A hard winter already made food in short supply, Wild explained. The only meal she might get would come from school and she would sneak part of this food to her mother, who was sick. She also took

A C-54 Skymaster piloted by retired Col. Gail Halvorsen drops candy with attached parachutes to children during the Berlin Airlift. Halvorsen earned the nickname "Candy Bomber" for his operation Little Vittles candy drops. Note the parachutes below the tail of the C-54. (U.S. Air Force photo)



care of the family chickens, whose eggs she would trade on the black market for meat or shoes. Still, none of these hardships compared to the fear of the Russians returning to West Berlin as they had done in the final days of the war.

“The normal West Berliner did not want to become Soviet,” she said. “The Soviet regime was near the same as Nazi time and they feared the Russians. They remembered the Russian soldiers.”

As Halvorsen flew food and coal into the city of Berlin, a 19-year-old RAF pilot flew gasoline into Berlin.

“The Halifax aircraft was a converted bomber,” said Dereck Hermiston. “The bomb racks had been taken and we flew, I think it was 40 or 41, 45-gallon tanks of gasoline. They had wooden beams, and they (used them) to roll these drums up. Quite unstable, and it stank to high hell.”

The son of a WWI pilot, Hermiston was among the youngest airmen to participate in flying the airlift. Yet, even as a teenager, the reversal of roles did not escape him.

“I realized, as a British officer, that we had bombed, and bombed, and bombed Berlin with the Americans, and it was a reversal,” he said. “We were now trying to save the Berliners from what was quite an oppressive regime from the Russians. I met a few Russian officers, and they were very sure they wanted to stop Germany from growing ever again.”

There was always worry of an international incident turning the Cold War operation hot, as Hermiston told.

“We were buzzed by a Russian MiG-9 one morning,” Hermiston, very much still a kid at heart, said with a chuckle. “I think it was about 4 o’clock in the morning. It was just getting daylight. There was this great shudder, and this fighter aircraft flew underneath us ... and looped around us. As he came down, I had no room to maneuver. I suppose he missed us by about 200 to 300 feet. It was enough to make the aircraft shudder. Little things like that I remember because I was frightened.”

Despite the harsh weather conditions and acrobatic antics of the Soviets, the Allies continued to do what was needed to feed and fuel a city. In some cases this involved evacuating Berliners in need of medical attention.

“I flew out something like 220 people in my aircraft from Berlin that were sick or were children needing operations,” Hermiston said. “My aircraft was a tanker aircraft, so they had to sit on these wooden beams that were going up the fuselage in stinking conditions. It stank of petrol oil from all the gasoline. Yet, they were all so very grateful — very, very grateful. I found the people extremely grateful.”

The British pilot was not the only person struck by the grateful nature of the people of Berlin. In a previous interview, Halvorsen recalled how he became known as the “Candy Bomber” after a trip to Berlin, seeing children line up along the fence line outside the flightline of the Templehof airport.

“I had been to other countries where the kids had chocolate,” he said, recalling that moment nearly 70 years later. “When George Washington visited his troops, he had little hard candies in his pocket for the kids. That was nothing new. But these kids had not had chocolate for a couple of years. Not one out of the 30 broke ranks and said, ‘do you got candy?’ When I realized that, it just hit me like a ton of bricks — black and white. I just could not believe that quality of character called gratitude. They were so grateful. They were thankful for their freedom. When I realized that,

I thought I got to do something. I reached in my pocket, and all I had was two sticks of gum.”

Convinced that everyone deserved a treat or no one did, Halvorsen took about three more steps and the little voice came clear as a bell directing him back to the fence.

“Boy, when I stopped and started back, those kids came to attention,” he said. “I pulled out two sticks of gum and broke them in half and passed it to the kids doing the translating. I couldn’t believe what I saw. The other kids didn’t push or shove or try to grab it. The kids that got half a piece of stick of gum tore off the wrapper and passed it. The kids that got a strip of paper, put it up to their noses, smelled it and their eyes got big. They were dumbfounded. They clutched it in their hands to go home and show their parents, if they had any.”

An idea came to Halvorsen — return the next day. “I will be flying overhead, and I will drop enough chocolate for all of you,” he announced to the children. “When that translated to everybody, there was a celebration going on.”

Halvorsen made one demand of the children. They must share the candy. They agreed, but



Then-Lt. Gail S. Halvorsen was so impressed by a group of polite German youngsters watching Berlin Airlift operations from outside the fence of the Tempelhof airdrome, he promised to drop candy to them. He used handkerchiefs and scraps of cloth as miniature parachutes, and word of his personal humanitarian mission spread to the United States. Halvorsen, who earned the nickname “Candy Bomber,” received the 1948 Cheney Award in recognition of his action. (U.S. Air Force photo)

another question arose. With planes arriving every few seconds, how would the children know which one was Halvorsen’s?

“When I would fly over the farm (back home), I would wiggle the wings back and forth. So I said, ‘kids, you watch the airplane. When I come over the center of Tempelhof, if it is clear, I will wiggle the wings.’ That is how it began.”

The “Candy Bomber,” with his parachutes of chocolate, was born, and the act would soon be named operation Little Vittles.

One little girl never caught one of the treats — the 7-year-old Wild.

“I was never quick enough,” she said. To make matters worse, the chickens whose eggs brought a fortune on the black market had stopped laying because of the noise from the aircraft landing every few seconds over head.

“Therefore, I decided to write a letter because I was so sad about the situation, and I cried,” she said. “My grandmother told me don’t cry, don’t cry, don’t weep, do something. I decided to write a letter.”

The letter was addressed to her “Chocolate Uncle,” and she asked him to aim his parachute for the garden with the white chickens.

No parachute ever came, despite nearly 20 tons of candy being dropped from the C-54 Skymasters flown by the Americans.

A letter from her “Chocolate Uncle” did come, with two special treats — a lollipop and

peppermint-flavored stick of gum. Between the war and the blockade, the smell of peppermint was unknown to the child.

“I exchanged it on the black market, this peppermint gum, for a glass marble; I have this glass marble,” Wild said, pulling the smooth glass toy from her pocket and placing it on the table with as much pride as any seven-year-old. “This is the same glass marble.”

The lollipop was saved for a Christmas treat, but the greatest gift that day was not the candy.

“The most important was the letter; the letter changed my whole life,” she said.

Offered a chance to join an aunt in Switzerland where food and supplies were not held hostage by the Soviets, Wild turned it down with the hopes of one day meeting her “Chocolate Uncle.”

Around-the-clock supplies continued flying into Berlin as British and American pilots made three round trips a day. After nearly a year, the Soviets lifted the blockade, reopening the transportation routes on the ground.

“The Soviets gave up,” Halvorsen said. “They said we can’t compete with that. They got red-

faced and backed off. The airlift was the reason they had to do that; it broke the blockade. I was proud to be a part of that.”

With the blockade lifted in May 1949, British and American aircraft continued to fly supplies into Berlin to rebuild the stocks. On Sept. 23, 1949, the last RAF aircraft landed in Berlin with supplies.

Time passed, and in 1970, Halvorsen returned to Germany, now as a colonel and the commander of Tempelhof. A now grown and married Wild decided now was the time to meet her “Chocolate Uncle.”

“First, we went to airport Templehof, and I took the letter with me,” Wild said. “Then I invited him to our home for dinner with the family.”

The two families have remained close all these years.

Seventy years later, these veterans of the Berlin Airlift travel the world telling the story of how the gratitude of the Berlin Airlift shaped their lives and the world.

“We must give the good spirit to the kids to have good society and future...” Wild said. “This was a very good thing that Colonel Halvorsen decided to have those candy droppings because I think he is the best ambassador for mankind-for humanity. It is not only Col. Halvorsen, but the other pilots and the people of Great Britain, South Africa, Canada and USA. The people were standing behind the airlift.”

35th ADA Dragon Makes It Four In A Row



Army Col. Glenn A. Henke (left) and Command Sgt. Maj. Wilfredo Suarez (right), command team for the 35th Air Defense Artillery Brigade, pose in front of the previous and most recently won Osan Cups and the soldiers of the 35th ADA. (Photo by Army Staff Sgt. Jesse E. Untalan, public affairs 35th ADA Manager) ▲

By Capt. Steven J. Guevara, Public Affairs 35th Air Defense Artillery Brigade

OSAN AIR BASE, South Korea – Multiple National Football Championship and Super Bowl winning coach, Vince Lombardi once said, “Winning isn’t everything—but wanting to win is.” It is in that spirit that the 35th Air Defense Artillery Brigade (35th ADA) approaches the Osan Air Base’s annual Osan Cup competition.

This year’s competition marks the fourth year in a row that the 35th ADA Dragons take home the coveted over all first place Osan Cup. The Dragons once again fielded competitive teams and individuals in every event; and although they were not victorious in all competitions, each member of the Dragon team displayed the warrior spirit and a desire to win.

“The Osan Cup is a great way for soldiers to release stress and use their competitive nature,” said Army Capt. Gregory B. Rice, operational officer with 35th ADA. “The Soldiers are able to have fun for the good of the unit. It was also great to see the command teams wandering Osan and checking up on the competitors. It gave soldiers the opportunity to showcase their hidden skills outside of the usual PT (Physical Fitness), certifications, and APFT (Army Physical Fitness Test).”

The post wide event consisted of several sport competitions, all starting with a five kilometer (5K) run and included flag football, ultimate frisbee, bowling, basketball, dodgeball, volleyball, weightlifting, and CrossFit events. Dragon soldiers had commendable performances in each event and ultimately took first place or placed runner up in the following areas: women’s

5k first place Army 2nd Lt. Dominique Chan, Women’s CrossFit assault bike first place and weightlifting runner-up Army Staff Sgt. Taryn Wigal, Women’s CrossFit burpee box jumps first place Army 2nd Lt. Hannah Keely, men’s weightlifting runner up Army Capt. Greg B. Rice, volleyball first place, and dodgeball first and second place.

“Winning the Osan Cup just shows that our leaders and soldiers compete to win,” said Command Sgt. Maj. Wilfredo Suarez, Command Sergeant Major, 35th ADA, who has been with the unit long enough to raise the Osan Cup in back to back years now. “Winning matters, it sets a tradition, builds moral and creates a positive culture.”

When asked what it would take for 35th ADA to win the coveted Osan Cup for a fifth year in a row, Capt. Rice responded, “In order to win they

will need to continue to hone their skills in the off season. Next year’s team needs to continue to practice, improve on technique, ensure good nutrition and most importantly all competitors need to make sure they have fun. If they do these things, we’ll definitely bring back the Osan Cup for a fifth year in a row.”

For more information on next year’s Osan Cup, including how to sign up, please visit the Osan Air Base Facebook page at https://www.facebook.com/51stFW/?ref=page_internal.

Army Col. Glenn A. Henke commander of the 35th Air Defense Artillery Brigade (35th ADA), poses along with the 35th ADA soldiers front of the previous and most recently won Osan Cups. (Photo by Army Staff Sgt. Jesse E. Untalan, public affairs 35th ADA Manager) ▼



U.S. Air Force Col. Patrick Misnick, 8th Medical Group commander, and Chief Master Sgt. Steve Cenov, 8th Fighter Wing command chief, pose for a group picture with a group of students from Gunsan Dong High School during their visit at Kunsan Air Base, Republic of Korea, Nov. 8, 2019. The tour included meeting wing leadership, checking out an F-16 Fighting Falcon and observing an 8th Security Forces Squadron military working dog demonstration. (U.S. Air Force photo by Staff Sgt. Anthony Hetlage) ►

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After learning about the F-16's capabilities and the mission of the 8th Maintenance Group, the students were able to ask any questions they had and take pictures with the F-16 and Airmen.

The last portion of the tour was with the military working dog handlers. The students witnessed how MWDs are trained and utilized in various base defense situations. This included witnessing MWD Nex perform attack training and testing his discipline by only obeying his handler when students yelled and tried to distract MWD Nex.

"The tour was awesome but the F-16 was my favorite because I want to fix jets for the Republic of Korea Air Force in the future," said Myung-han Yu, a 16-year-old sophomore in Gunsan Dong High School the Broadcast and 3-D Printer Club. "I like how active and friendly the U.S. is with the Republic of Korea."



U.S. Air Force Staff Sgt. John Lace, 8th Aircraft Maintenance Squadron dedicated crew chief, takes a selfie with a group of students from Gunsan Dong High School at Kunsan Air Base, Republic of Korea, Nov. 8, 2019. Lace spoke to the students about the capabilities of the F-16 Fighting Falcon including its cost, payload and his role in the repair of the aircraft. (U.S. Air Force photo by Staff Sgt. Anthony Hetlage) ▼



U.S. Air Force Senior Airman Edwin Leyva, 8th Security Forces Squadron military working dog handler, reacts to being bitten by MWD Nex during a demonstration at Kunsan Air Base, Republic of Korea, Nov. 8, 2019. The demonstration was part of a base tour for 41 local students from Gunsan Dong High School that taught the students how MWDs are trained and their role in the U.S. Air Force. (U.S. Air Force photo by Staff Sgt. Anthony Hetlage) ►



Military Family Month: Dual military couples

By Airman 1st Class Emily Farnsworth
JBER Public Affairs

JOINT BASE ELMENDORF-RICHARDSON, Alaska -- From the U.S. Marine Corps to the Alaska Air National Guard personnel specialists they are today, two master sergeants assigned to the 176th Force Support Flight (FSF) at Joint Base Elmendorf-Richardson, Alaska, have taken on one of the biggest challenges of all by being dual-military spouses.

Master Sgt. Jessica Deters, 176th FSF installation personnel readiness specialist, and Master Sgt. Franz Deters, 176th FSF sustainment services superintendent, met when they were both transitioning out of the Marine Corps.

"I saw her in passing, and I saw her again at the Marine Corps birthday, so I was in full regalia," Franz said. "Out of nowhere, the girl I thought was the prettiest person I'd seen comes up to me and says, 'Happy birthday, Marine.' I didn't know how a civilian would know about that, but she was playing coy and wasn't going to tell me she was a Marine as well. I saw her a couple weeks later, and I made a big jerk out of myself."

Jessica laughed as she remembered.

Before the Deters would meet again, they would both join the ANG as security forces.

"About two and a half years later, I got to the security forces squadron," Franz said. "I walked in on my second or third day of work, and I saw Jessica, and I was like, 'No way, she works here? I love this job.' Any time she was around, I tried to be the best cop and impress her. I didn't impress her, but I impressed her boss. Then I was hired to be a training noncommissioned officer where she worked. I thought, 'Now it's just a matter of time.'"

Since their marriage in February 2012, the Deters have learned to overcome challenges that come with being dual-military spouses.

"When I saw an opportunity to become a superintendent, I applied for the same office my wife works in," Franz said. "It is difficult because I'm a superintendent, so we have a lot of closed-door meetings where we talk about everybody. We have to be strong enough that people know when we're working together we are one. There's a certain amount of trust, but you only get to that point by holding yourself a certain way when your spouse comes up. Whenever my wife comes up in conversation, I openly excuse myself from the conversation."



Alaska Air National Guard Master Sergeants Franz and Jessica Deters, pose for a photo at Joint Base Elmendorf-Richardson, Alaska, Nov. 7, 2019. Franz and Jessica are both assigned to the 176th Force Support Flight as a sustainment services superintendent and installation personnel readiness specialist respectively. The Deters, who married in 2012, transitioned to the ANG after serving in the U.S. Marine Corps.



Franz said openly supporting his wife can be a challenge because they work in the same squadron.

"It is hard because if she worked in any other squadron, I could be more active in supporting my wife," Franz said. "But if I do that in our squadron, it looks like favoritism. So you always have to make sure you are supporting, but you can't show any favoritism whatsoever. It can be tough to balance it."

Another challenge they have had to overcome is balancing work and home life.

"We both have really strong work ethics," Jessica

said. "We like to go home with a sense of completion and accomplishment. Because we both have a strong commitment to getting things done, we have to juggle who is going to make the home front line priority. So military-to-military has its benefits, but it's also a struggle. In the military you have to stay until the mission's done. It's a little hard sometimes."

For both Deters, the decision to leave the Marine Corps and join the ANG was spurred by their families.

Franz said after his deployment to Iraq his family

did not want him to stay in the Marine Corps.

“When I was in Iraq, I got a Purple Heart,” Franz said. “When I was injured, that kind of freaked everybody out back home because they didn’t get enough details.”

Jessica said she also left the Marine Corps for her family, albeit in a different situation.

“Right at the end of my enlistment, I became a single mother,” Jessica said. “Back then you couldn’t reenlist as a single mother. They told me I could either give up rights to my child and reenlist or get out. So I got out.”

After leaving the Marine Corps, both Deters found themselves joining a different.

“I tried about six different civilian jobs, but missed the discipline and structure of the military,” Jessica said. “I found out about the Alaska Air National Guard and wanted a job that had a guaranteed crossover from military to civilian. Here was an opportunity to try a different job, and I could guarantee staying in Alaska and staying close to family that would help support me as a single mom. That was huge for my transition.”

Jessica said the Air Force’s focus on family is another plus.

“They care, they’re more understanding when it comes to things like child care, things you have come up or if you need to take time off that may not be the most optimal time for the work center,” Jessica said.

Franz joined the ANG for another reason.

“My family wanted me to do something that wasn’t quite so dangerous if I wanted to stay in the military,” Franz said. “So when I got out of the Marines, I went online and looked for a branch of the service that had benefits I liked. Time and time again, it was the ANG. It was just personal testimonies of people. I like it better when I hear

people saying good things as opposed to recruiters. That’s what sold me.”

After transitioning to the ANG, the Deters still had to overcome the cultural differences from the Marine Corps to the Air Force.

“I think it was probably more of a challenge for me because in the Marine Corps there are very few females,” Jessica said. “So getting used to how I’m working around other females and being able to be a little more open and friendly was a challenge.”

Leadership styles were another cultural difference to overcome.

“One of the biggest cultural differences between the Marines and the Air Force is how you are a leader,” Franz said.

He said in the Air Force he learned how to use transformational leadership.

Even with the challenges, the Deters enjoy the control and flexibility the ANG offers. Guardsmen are given the opportunity to work as active duty or part time.

“Another benefit the ANG gives is staying in the same place for your whole 20 years, so you can really become a subject matter expert at your location,” Franz said.

Jessica agreed.

“It’s neat because you’re working around the same people for years versus the rotation and new people coming in active duty,” Jessica said. “In the ANG, you could be around the same people for 20 years, so the bonds and connections are stronger.”

Working active duty in the ANG can come with risks.

Early on in their relationship, the Deters hit a challenge active Guard members dread.

They lost their active orders.

“Every year, we expected to get our orders renewed, but they sat us down and told us our

orders hadn’t been renewed, so technically we didn’t have a job,” Franz said. “We were completely reliant on the military, but now we had to drop back to part-time status and find jobs.”

The Deters, who had just started dating at the time, had to start working every job they could find.

“It was so stressful,” Franz said. “The first couple weeks we were together were some of the hardest times we’ve ever had financially, and we haven’t forgotten that. We’re career ANGs but we still don’t have a comfortable mentality that we’re going to retire. We feel like we have to prove ourselves every day because we never want to go back to how it was.”

Even with all of the challenges, the Deters enjoy the understanding that comes with military-to-military marriage.

“It’s a bigger deal than you might think,” Franz said. “When you get home and want to vent about how tough it is, civilians are not going to understand and they have to ask for clarification. Having a person who already gets it and has been there is pretty cool.”

Jessica said having someone to talk to about work and who knows what she is talking about is huge.

“With military-to-civilian, there’s always a little bit of a language barrier there,” Jessica said. “When they want to vent or have questions or need advice about certain things, they’re not going to have the avenue military-to-military does.”

Overall, the Deters said they are glad they made the decision to continue their military careers by joining the ANG.

“It can be stressful, and sometimes I wish we had more people for support, but I think when it’s all over, I am going to be very proud to say I’ve retired in the ANG,” Franz said.

24 Solar Terms (Part 20)

By KyongHui “Jennie” Pae

20. So Seol

Light Snow; Water is starting to freeze.



Indicating that it begins to snow. Roughly November 22nd of the solar calendar, when the Sun’s ecliptic orientation is 245 degrees.

It is said that this time is full of wonder due to the first snow. This amazing time usually comes at the end of October on the lunar calendar, when the temperature rapidly drops. A Korean proverb goes, “Thin pants of Chosun turn into cotton pants of Ha-soon.” So people are in a hurry to make winter kimchi before the Soseol. The primary farming effort is already over, but there is some work left to prepare for winter. Farmers weave dried cabbage and stack non-threshed rice in a barn, and sometimes hang radish on a straw mat to dry. In the south-eastern region of the country persimmons are hung in a row to dry. This wonderful cold season will have an average temperature of less than 5 degrees.

Reference: Korean Folk Culture Research



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Map showing Lotte Cinema Songtan location

Show times:

LOTTE CINEMA SONGTAN

By Jon Dunbar

The Crossword



ACROSS

1 Goes with Hilton or California

6 Early video game

10 Submarine staff

14 Scent

15 Jai ____

16 ____ and seek

17 Send payment

18 Titanic obstacle

19 Opposite of base

20 Lamppost decorators

22 Rugs

24 Crazy

26 Honey producer

27 Digestive or Chick

31 Wrestler Paul Michael Levesque

35 Charged particles

36 Chilsung Cider alternative

38 Cheerleaders' exclamation

40 Goes with depressive

42 ____ ____ Spartacus

43 Bogart's "Key ____"

45 ____-fi

46 The H in H&M

49 Not verb or adjective

50 Rooftop feature

52 Main dish

54 Goes with Mahershala or Baba

55 Guru

57 Growth disorder

61 Holy day

66 Not doing anything

67 "____ poor Yorick"

69 EDM festival in March

70 Goes with gas or drop

71 Jab with a finger

72 Make known

73 Blasts with laser gun

74 Woodstock band Canned

75 Not uncles

DOWN

30 Crime TV franchise

32 Ice coating

33 Mistake

34 Netherlands' The ____

37 ____ colada

39 Improve a skill

41 Andean country

44 Goes with Adam or army

47 Gravestone message

48 Nintendo competitor

51 LeBron's team

53 Space cloud

56 Spy's informant

57 Putting on the ____

58 Thought

59 Applaud

60 Gin flavoring

62 Goes with cheese or Cordon

63 Memo abbreviation

64 Slower than a gallop

65 Christian Andersen

Answers to Previous Crossword

ACROSS

1 ISLAND

7 BAD

10 SPAM

14 BOOGIE

15 ONE

16 TORO

17 MYSELF

18 RIB

19 AGES

20 SASS

21 ODE

23 ACROSS

25 LEADERS

27 STINE

31 BOX

32 INDIA

37 CANOES

39 MAD

41 OARS

42 RETIRED

44 MOBILES

46 UBER

47 WEB

49 COSINE

50 MORSI

52 PER

54 RESET

55 NOTHING

58 STEAKS

62 AOA

63 IPAD

67 AHAB

68 CRV

70 THRICE

72 CARE

73 AYE

74 TEETHE

75 KILT

76 RED

77 OYSTER

DOWN

1 IBMS

2 SOYA

3 LOSS

4 AGES

5 NIL

6 DEFOE

7 BOREDOME

8 ANI

9 DEBAR

10 STAR

11 POGO

12 ARES

13 MOSS

22 DAB

24 CSI

25 LEER

26 EXAM

27 SCRUM

28 TAEBO

29 INTER

30 NOIRS

33 NOISE

34 DALIS

35 IRENE

36 ASSET

38 SEW

40 DOC

43 DEPT

45 BORG

48 BEHAVED

51 INK

53 RIO

56 OSCAR

57 NATTO

58 SACK

59 THAI

60 EARL

61 ABET

63 IRES

64 PITT

65 ACHE

66 DEER

69 RYE

Olivier Asselin / Heifer International

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CFC #10522



RESTORING SIGHT
TRANSFORMING LIVES

CFC #11849



CFC #11117



US. Air Force Tech. Sgt. Jonathan Parker, 29th Weapons Squadron instructor loadmaster, prepares to release a bundle from a C-130J Hercules during phase three of the C-130 Weapons Instructor Course over Colorado, Oct. 14, 2019. The purpose of WIC is to both teach instructor pilots and instructor navigators to become tactical experts of the C-130 Hercules in a cross-domain battlespace, and charging them to take their experience to train their respective units, increasing overall combat capability and lethality of the force. (U.S. Air Force photo by Airman 1st Class Aaron Irvin)



Airmen from the 608th Air Operations Center play a game of whiffle ball during their unit's resiliency sports day at Barksdale Air Force Base, La., Nov. 8, 2019. The intent of resiliency sports days are to provide unit leaders the opportunity to engage their Airmen while actively seeking feedback on both resiliency and the barriers Airmen encounter to getting help. (U.S. Air Force photo by Airman 1st Class Jacob B. Wrightsman) ◀

Airman 1st Class Kayla Highsmith, Band of the Golden West's Mobility Rock Band vocalist from Travis Air Force Base, Calif., sings while members of the band play during the Monday Night Football Halftime Show at Levi's Stadium, Santa Clara, Calif., Nov. 11, 2019. (U.S. Air Force photo by Nicholas Pilch) ▼



A1st Helicopter Squadron UH-1N Iroquois sits on the flightline at Joint Base Andrews, Md., Nov. 1, 2019. The 1st HS conducts high-priority airlift missions and provides contingency response in the National Capital Region. (U.S. Air Force photo by Airman 1st Class Noah Sudolcan) ▲





Airmen with the 210th Engineering Installation Squadron move fiber-optic cable into place prior to running it to the next access point at Prince Sultan Air Base, Saudi Arabia, Nov. 5, 2019. The 210th EIS is installing approximately 120,000 feet of cable, increasing the capability, reliability and security of the networks at Prince Sultan AB. (U.S. Air Force photo by Tech. Sgt. John Wilkes) ◀

Airmen from the 355th Wing, alongside family members and veterans, cheer as ESPN's "First Take" airs from Davis-Monthan Air Force Base, Ariz. Nov. 8, 2019. Chief Master Sgt. of the Air Force Kaleth O. Wright was featured on the show as a special guest and represented Airmen from across the Air Force. (U.S. Air Force photo by Airman 1st Class Jacob T. Stephens) ▼



Caroline Beattie, a senior at Manatee School for the Arts in Palmetto, Fla., painted a portrait of her Economics and Government teacher, for the school's Veterans Day program. Her teacher, Maj. Jennifer Pearson with the Air Force Reserve's 920th Rescue Wing at Patrick Air Force Base, Fla., photographed the painting Nov. 6, 2019. (U.S. Air Force photo by Maj. Jennifer Pearson) ▲

A U-2 Dragon Lady pilot poses for a portrait inside a pressure suit at Beale Air Force Base, Calif., Oct. 31, 2019. Pilots who fly into the rim of the atmosphere require a specialized and custom-fit suit to keep them at a normal altitude in extreme elevations. (U.S. Air Force photo by Tech. Sgt. Alexandre Montes) ►



Kunsan

- KUNSAN PHOTO CLUB -

Interested in sharing your photography experience with others and exploring Korea along the way? Have a camera, but want to learn how to use it more completely? Then join the Kunsan Photo Club as they delve into the finer qualities of photography where the key concept is: "It's not the camera that makes a great photo, but the photographer." If interested in joining, the group can be found on Facebook, just search for "Kunsan Photo Club."

- WOLF PACK LODGE -

Lodging Space A Policy
Need a break? Got family visiting and no room to house them? You can book

lodging rooms on a space available basis up to 120 days in advance for a maximum of 30 days depending on availability. You can also book reservations for the holiday season (November and December) up to 30 days in advance for a maximum of 15 days. (Depending on availability) Book now for all of those relatives coming for the holiday!

Reservations – Front Desk-DSN 782-1844 or Commercial (82)63-470-1844
FAX: DSN 315-782-0633 Commercial (82)63-470-0633

- SUNDAY SONLIGHT DINNER -

Every Sunday, volunteers from a specific unit cook dinner for their fellow Wolf Pack members at the Sonlight Inn. The dinner begins at 6 p.m. following grace led by a chaplain. Meals range from "breakfast for dinner" to "Italian cooking" to "Southern style." For more information or to volunteer, contact the chapel at 782-HOPE.

- SPONSOR TRAINING -

Learn creative ways to assist newcomers reporting to Kunsan AB. Registration required. Class is held at the Airman and Family Readiness Center. Call 782-5644 for more information, dates or to sign up.

- ROKAF ENGLISH CLASS -

Team 5/6 is looking for volunteers to support the ROKAF English class every Saturday, at the Sonlight Inn. You will be talking to ROKAF Airmen (enlisted) for approximately one hour. This event is open to all ranks! Civilian attire is preferred, however, UOD is allowed. For more information, contact Staff Sgt. Charles Nelson.

- PING PONG TOURNAMENT -

Free to all. Prizes for first and second places. Prizes include Wolf Pack Won. To sign up, dates or for more information, call the CAC at 782-5213 or 4679.

Osan

OSAN YOUTH SPORTS: Osan Youth Sports will offer winter basketball and cheerleading. Registration is from December 2 - January 3. Season will run from February to end of March. Start Smart Basketball will be for ages 3-5; cost is \$35 per participants. Sign-ups for this will be limited. Basketball and cheer will be for youth ages 5-18; cost is \$55 for YP members and \$60 for non-members. Sign-ups will not be limited for this group. Registration forms can be found at <https://www.51fss.com/youth-sports>. Stop by bldg. 492, Youth & Teen Center, to register. Call 784-1492 for any questions.

THANKSGIVING DAY DINING FACILITY SCHEDULE: Gingko Dining Facility: Continental Breakfast (0630-0830), Lunch (1100-1400), Dinner (1630-1930) Pacific House Dining Facility: Continental Breakfast (0630-0830) Back of the Hangar Dining Facility: Closed

THANKSGIVING DAY DINING FACILITY SHUTTLE SCHEDULE: Since the Pacific House will be closed for lunch and dinner on Thanksgiving Day, shuttles will be available to transport Airmen from the Pacific House to the Gingko Dining Facilities: -Lunch Meal Shuttle Pickup Times from Pacific House to Gingko: 1100, 1140, 1210, 1240 -Dinner Meal Shuttle Pick Times from Pacific House to Gingko: 1630, 1710, 1800, 1840, 1910

INTRAMURAL BASKETBALL SEASON: The 2019-2020 season is starting. Squadron sports reps should contact the Osan Fitness Center (784-5568) to get Letters of Intent, which are due

NLT 1630 on 25 Nov 19 (units hosting more than one team require separate LOIs). The Coaches' Meeting will be held on 26 Nov at 1700.

TAX SEASON: Tax season is quickly approaching and all are encouraged to start collecting their required documents today. Virtual currency is taxable and the IRS is tracking, so be sure to include all income on your tax return. Check the rules and regulations concerning your state, file a state income tax return if required. Osan AB will not offer Volunteer Income Tax Assistance (VITA) services this year. Assistance will be available for active duty members through Military One Source www.militaryonesource.com. <https://www.irs.gov/individuals/military> contains information for military personnel and will post updates to assistance offered by the IRS.

LOCAL NATIONAL CIVILIAN PERSONNEL MANAGEMENT COURSE: Instructors from Civilian Personnel and Education & Training, 51st Force Support Squadron, will conduct the Local National Civilian Personnel Management Course on 12 Dec 19, 0730-1100 at Osan Professional Development Center, Bldg 788, Room 26. This training is applicable to new supervisors (military and civilian) of Korean National Employees. Military and civilian supervisory personnel of Korean National employees who have not previously completed this course are required to attend. Please contact Ms. Yong Suk Chin for additional details at 784-5887.

51 FSS CUSTOMER APPRECIATION WEEK: The 51 FSS is pleased to announce Customer Appreciation Week kicking off on Monday, 9 December and concluding on Friday, 13 December. Airmen and their families will win great prizes in a variety of ways at their local Force Support Squadron (FSS) facilities. FSS facilities include AF clubs, bowling centers, golf courses, and many more. FSS will be giving away a pair of Apple AirPods, PS4, X Box One, USA Travel Office Airline Ticket along with many more prizes. For more information about Customer Appreciation Week visit www.51fss.com/2019-customer-appreciation-week/. Follow 51 FSS on social media: Facebook "Osan AB FSS" and/or Instagram "@51FSS".

CFC-O: The Combined Federal Campaign-Overseas kicked off on 14 October 2019. The campaign will run this year all the way to 13 December 2019. We are pushing for your "why" this year! There are key workers that can help you find your "why" foundation throughout all organizations on base. If you need help with locating your designated key worker or have any questions, please contact one of your Community Area Project Officers (MSgt Stephanie Shump – Dental, MSgt John Torres – Weapons).

THANKSGIVING DAY FEAST: VFW Post 8180 is offering a free Thanksgiving Day meal on 28 November at 1400 to all military, veterans, retirees, and their families or guests. Come on down and bring your co-workers and families with you; this is a smoke-free

family event there will be raffles for prizes. The post is located under the Pacific Hotel, a five minute walk from the main gate.

AIR FORCE FUN DAY: The Pyongtaek English Education Center is looking for volunteers to hold Air Force Fun Day for about 40 Korean elementary school kids. There are four classes for four days. November 26th and 27th as well as December 18th and 19th from 1500-1825 at Songtan Branch Center. Transportation will be provided to and from the center. The vehicle departs outside Main Gate at 1430.

OSAN CITY'S ENGLISH PROGRAM FOR MIDDLE SCHOOL STUDENTS: As part of the Good Neighbor Program, 7th AF Public Affairs has been supporting the conversational English program organized by the Osan City Mayor for middle school children in Osan city. The program is in need of volunteers who will assist and teach conversational English to the students for the 2019 second semester. The program occurs every Thursday till 19 December 2019. Transportation is provided from Checkertails at 1540 and will return 1830 each Thursday. If you are interested in this "Adopt-A-School English Tutoring Program", please contact 7 AF/PA Ms. Yom, Kyong Suk via email kyong_suk.yom.kr@us.af.mil or DSN 784-4724, cell phone 010-4736-7979.

| Kunsan's emergency phone numbers | | | |
|----------------------------------|--------------|--|---|
| Emergency Services | 911 | | |
| Off Base/Cell Emergency | 063-470-0911 | Nurse Advice Line | 1-800-723-8255 |
| Crime Stop: (to report a crime) | 782-5444 | IG Complaints FWA Reporting: | 782-4850 (duty hours) 782-4942 (anytime) |
| Base Locator: (after duty hours) | 782-4743 | Chaplain (After duty hours) | 782-6000 |
| Law Enforcement desk | 782-4944 | Sexual Assault Response Coordinator (SARC) | 782-7272 |
| Emergency Leave / Red Cross | | 782-4601 (on base) 1-800-733-2761 (anytime) | |

| Osan's emergency phone numbers | | | |
|---|--------------|--|----------|
| Emergency Services (Fire, Medical, Security Police) | 911 | Commander's Hotline | 784-4811 |
| Off Base/Cell Emergency | 031-661-9111 | Crime Stop: (to report a crime) | 784-5757 |
| Emergency Room: | 784-2500 | IG Complaints FWA Reporting: | 784-1144 |
| Base Locator: (after duty hours) | 784-4597 | Emergency Leave | 784-7000 |
| Force Protection Information Hotline: | 115 | Sexual Assault Response Coordinator (SARC) | 784-7272 |
| Chaplain (After duty hours) | 784-7000 | Security Forces Control Center | 784-5515 |



Left to right: Army Gen. Mark A. Milley, chairman of the Joint Chiefs of Staff; Japan Ground Self-Defense Force Gen. Koji Yamazaki, Japan's joint staff chief of staff; and Joseph M. Young, the interim U.S. chargé d'affaires at U.S. Embassy Tokyo, pose for a photo outside the Kantei in Tokyo, Nov. 13, 2019. (Photo Credit: Dominique A. Pineiro, DOD)

Milley describes Indo-Pacific region as U.S. military's 'main effort'

By Jim Garamone, Defense.gov

WASHINGTON -- The U.S. military capabilities allotted to the region illustrate that the Indo-Pacific is the focus of the U.S. military's main effort, the chairman of the Joint Chiefs of Staff said in Tokyo.

Army Gen. Mark A. Milley spoke today to Japanese and American reporters at the conclusion of a meeting he had with Japanese leaders.

Milley noted that the National Defense Strategy puts the Indo-Pacific region front and center. The region is home to the four most populous countries in the world: China, India, the United States and Indonesia, and it has the largest military forces in the world. The return of great power competition as a threat to the United States is played out in the Pacific, with China and Russia both trying to change the rules-based international order that has served the region so well.

"It is the No. 1 regional priority for the United States military," Milley said.

The United States is a global power, he said, capable of doing more than one thing at a time. In Europe, the United States counts on the NATO alliance to help guard American interests, Milley said. In the Pacific, the bilateral treaty allies -- Japan, South Korea, the Philippines, Thailand, Australia and New Zealand -- are the bedrock for

U.S. diplomatic, economic, political and military efforts, he added.

The purpose of U.S. efforts in Europe and Asia is to maintain peace and security, the chairman said. "The bumper sticker for Indo-Pacific is 'a free and open Indo-Pacific,'" Milley said. "That has been a U.S. policy ... in one way or another for well over a century."

All of the nations of the region have benefitted from the rules-based international order since it was put in place at the end of World War II, he said, and the U.S. Indo-Pacific Command is the military component of the policy.

U.S. Central Command is much in the news today for its fight violent extremist organization terrorist organizations and its dealing to deter Iran -- a regional malign actor. But with more than 300,000 service members and Defense Department civilians, U.S. Indo-Pacific Command dwarfs Centcom, the chairman said. The U.S. Pacific Air Forces alone is the second largest air force in the world. By itself, the U.S. Pacific Fleet would be the largest Navy in the world. The Army has a division in Hawaii and another in South Korea, as well as a significant presence in Alaska, the general said.

"We've got a Marine division forward-based west of the [international date line] in Okinawa," he said. "There is no other region in the world that has the amount, the capacity and the ...

military capability like we do in the Indo-Pacific."

Great power competition in part of the calculus with China in the Indo-Pacific region. "We need to continue to engage with China," the general said. "China is a strategic competitor to be sure, [but] it doesn't necessarily mean that China becomes an adversary in the military sense of the word, or an enemy."

"But having said that, it's important that the United States, Japan, South Korea, Australia, and other friends and allies in the region remain unified," the chairman continued. "We have a common set of values, and we have a common set of national security interests."

China is building a very capable military, Milley said. "They've had extraordinary growth and wealth over the last 40 years," he added. "And following that growth and wealth is an increased military capability that they undoubtedly are demonstrating that they're willing to use in a variety of ways throughout the region."

China is trying to assert sovereignty over the South China Sea, he said. "They've got a wide variety of other activities that they've been undertaking throughout the region that cause nations within the region to have concern about Chinese intentions going forward," the chairman said.

The United States is not the only nation in the region worried by Chinese activities, Milley

noted. Japan, South Korea, Australia and others have expressed concerns on the international stage, he said, and they must work together to maintain regional balances. "We are committed to a free and open Indo-Pacific region, and will maintain very, very close security ties with our partner nations in the area," he said.

The U.S. alliance with Japan is "rock solid," the chairman said, and Japanese and American service members are very close. "We train together. We have interoperable standards. We do a wide variety of exercises. We have engagements and meetings. We have similar standard operating procedures," the general said.

The Japan Self-Defense Force and the U.S. military work together in all areas of warfare, including space and cyber -- the two newest domains.

The U.S. has about 56,000 service members based in Japan, and those forces aid in the defense of the nation. "We are committed to the mutual defense of both our countries' national interests in East Asia," Milley said.

The position in Japan serves both countries well, defense officials have said. The U.S. has the capability to project power overseas from the continental United States, they've noted, but it is much more effective and efficient to be closer to the scene. Troops forward-deployed in Asia are more easily deployed and sustained.

"So, for our ships and planes and troops to operate in any region of the world, it very, very much helps to have bases and overflight rights and have friends and allies in the region that can facilitate U.S. military operations," Milley said.

One of the challenges with forward-basing U.S. forces is readiness, he said, due to restrictions on the available types of training. The general said he broached the subject with his Japanese counterparts during this visit.

"I would also say that constraints and restraints on military training [are] not unique to Japan," he noted. "It exists in Korea, it exists in Germany, it exists in the continental United States. Things like environmental issues, issues with the neighboring communities and towns of

various military bases."

The U.S. military goes to great lengths to be good neighbors and to abide by local customs and rules to the extent possible while maintaining the required level of tactical and operational readiness, Milley said.

The general is also working to save the bilateral agreement between Japan and South Korea called the General Security of Military Information Agreement. That agreement allows the two nations to quickly share information and intelligence, but disagreements on an unrelated issue mean it may expire Nov. 22.

"The only ones who benefit from that ... agreement expiring ... is Pyongyang, and Beijing," he said. "It's in China's strategic interest, it's in North Korea's strategic interest, to drive a wedge between South Korea and Japan, and South Korea, the United States and Japan. It's in everybody's interest -- ... South Korea, Japan and the United States -- to ensure that that agreement does not expire, and that'll be my message to South Korea."

The Army's newest Community Hospital and Ambulatory Care Center opens at Camp Humphreys

By Captain Lauren Woods
51st Fighter Wing Public Affairs

PYEONGTAEK, SOUTH KOREA -- The new Brian D. Allgood Army Community Hospital (BDAACH) and Ambulatory Care Center at U.S. Army Garrison Camp Humphreys began full patient services at 8 a.m. on 15 November 2019. This state of the art, 418,000 square ft., 68-Bed Community Hospital and Ambulatory Care Center opened to serve 65,000 active duty personnel, family members, and other eligible beneficiaries at U.S. Army Garrison Camp Humphreys.

This means that Brian D. Allgood Army Community Hospital (BDAACH) at U.S. Army Garrison Yongsan successfully completed its transition to Brian D. Allgood Army Community Hospital (BDAACH) at U.S. Army Garrison Camp Humphreys, the largest U.S. overseas military base. Through a phased transition process, the organization accomplished relocation of medical services provided and supported by over 1,400 staff and installment of 96% new equipment.

During the relocation process, parts of outpatient services such as the Physical Performance Service Line and the Behavioral Health Service Line have opened clinics to beneficiaries since the end of September. More outpatient clinics like Radiology officially began business following the two service lines. Emergency services, the remaining outpatient service, along with inpatient services including surgical and intensive care, became available today.

This state of the art U.S. Army medical treatment facility offers a full array of Primary Care, Pediatrics, Internal Medicine, Flight Medicine, OB/GYN, Physical Medicine and Rehabilitation, Physical Therapy, Occupational Therapy, Nutrition Care, Radiology, Pharmacy, Laboratory, and Specialty Care Services. Specialty care encompasses Audiology, ENT (Ear, Nose, and Throat) Clinic, Optometry, Behavioral Health, Dermatology, Urology, Orthopedic Surgery, and Sleep Medicine, as well as full inpatient care

services. BDAACH has added three new service lines: Urology, Pulmonology, and the Intensive Care Unit. It also leverages cutting-edge medical technology including the Da Vinci Robotic Surgical System to enhance clinical operations, safety and satisfaction for both the staff and patients.

More to that, this environmentally friendly, evidence-based complex medical facility will give the beneficiaries access to safe and quality care in an environment that is modern, comfortable, and welcoming. All inpatient rooms are single rooms compared to the previous hospital, and there is increased space for social and spiritual support.

The new BDAACH is the largest medical asset on U.S.

Army Garrison Camp Humphreys, medically equipped to support 65,000 eligible beneficiaries. BDAACH's Ambulatory Care Center can provide support for 56,300 eligible beneficiaries and 200,000 annual outpatient visits. BDAACH expanded from its previous 38-bed set-up to 68 total inpatient beds consisting of six intensive care unit (ICU) beds, 40 medical/surgical units, four operating rooms, eight labor and delivery (L&D) beds, and 14 behavioral health beds. A 1,000 space parking garage along with 949 surface parking spaces support the new facility.

"The entire BDAACH Team/family is excited about opening this state of the art medical facility for our beneficiaries. We are committed to providing high quality, compassionate and safe care" said COL Andrew L. Landers, the Hospital Commander.

BDAACH previously held a successful and heartfelt dedication ceremony on 20 September 2019 for its former Commander, Col. Brian D. Allgood, who made the ultimate sacrifice on January 20, 2007, as his UH-60 helicopter was shot down, by enemy fire, while deployed to Iraq. His mother, widow and other relatives and friends attended the ceremony. Having a world-class facility named after Brian D. Allgood is fitting for such a true servant leader.



BDAACH Command team took the cover off the signage at the entrance of the hospital before the official first patient day on 15 November, 2019. (Photo Credit: Mrs. Michelle Landers) ▲

Spiritual Charge

BEING THANKFUL



By Chaplain,
Major Gary Davidson

The first “Chicken Soup for the Soul” book created by Jack Canfield and Mark Victor Hansen contains a story entitled “The Hand”. The story relates how a teacher once asked her first grade students to draw something they were grateful for as Thanksgiving approached. The teacher correctly surmised that most of the students would draw pictures

of turkeys or tables filled with food. However, one shy and poor boy named Douglas drew a simple picture of a hand. The other students were mystified by the drawing and guessed its meaning. One child thought it was “the hand of God that brings us food.” A second child guessed it was the hand of a farmer “because he grows the turkeys.” Finally, the teacher stepped in and gently asked Douglas whose hand he drew. Douglas responded “It’s your hand, teacher.” At that point, the teacher remembered how she oftentimes held Douglas’ hand at recess even though he was shy and isolative. It was at that point the teacher realized how much her simple gesture of holding Douglas’ hand meant to him; he was thankful for her caring act of friendship.

Historically, the holiday of Thanksgiving revolves around caring and friendship. The roots of the holiday go back to 1620 when 102 Pilgrims (from the English Separatist Church, a Puritan sect) set sail aboard the British boat the Mayflower and landed at Plymouth Rock in Massachusetts on Dec. 11. The passengers were ill--prepared

to deal with the cold wintry climate and scarcity of food. As a result, 46 of the original 102 Pilgrims died within a few months. However, thanks to the intervention and support of the local Native American population, the remaining passengers survived and thrived. Under the tutelage of the Native Americans, the Pilgrims’ harvest of 1621 was bountiful. Thankful for their friendship, the Pilgrims and Native Americans gathered for a three day banquet of fried bread, fish, lobster, wild duck, geese, clams, venison, berries, plums and boiled pumpkin.

Thanksgiving gatherings were celebrated sporadically in the years that followed and 100 years later, in October of 1777, all 13 colonies celebrated it. President George Washington announced a National Day of Thanksgiving in 1789 and in 1863, President Lincoln officially declared Thanksgiving an annual national holiday.

Today, many of us associate Thanksgiving with family gatherings that include turkey, football and socializing. But if we go back to the roots of Thanksgiving, we realize that

the holiday has a deeper meaning about caring and friendship. By caring for one another and extending our hand in friendship to others, we better understand what being thankful is all about.

I will conclude this Thanksgiving article by offering a final story. A woman visiting a large city saw a ragged, cold and hungry young girl looking at a cake in a shop window. The woman took the child by the hand, led her into the store and bought her some of the cake. Later, she took the girl into a clothing store and bought her some clothes. Afterwards, the grateful child looked up at the lady and earnestly said “Are you God’s wife?”

This Thanksgiving, let us not only indulge in turkey, football and socializing, but let us reflect on the deeper, “godlier” meaning of the holiday. By “offering our hand” of caring and friendship to someone in need, we can help them “survive” and “thrive”. By doing so, we live up to the original intent of the first Thanksgiving banquet celebrated by the Native Americans and Pilgrims. That is what being thankful is truly about.

CHAPEL SCHEDULE

KUNSAN AIR BASE

Protestant Services

Gospel Service
Sunday, 11:30 a.m.
Main Chapel, Bldg. 501
Contemporary Service
Sunday 5 p.m.
Main Chapel, Bldg. 501

Catholic Services

Sunday Catholic Mass
Sunday, 9:45 a.m.
Main Chapel, Bldg. 501
Daily Mass and Reconciliation
Please call the Chapel

Other Worship Opportunities

LDS Service
Sunday, 1:00 p.m.
SonLight Inn, Bldg. 510

Point of Contact:
Kunsan Chapel, 782-HOPE

Visit us on SharePoint:
<https://kunsan.eis.pacaf.af.mil/8FW/HC>

OSAN AIR BASE

Protestant Services

-Community Service @ 1030
-Gospel Service @ 1230
Regular Occuring Ministries:
PYOC: (Middle School & High School Students)
- Mondays—1830-2000 @ Chapel
Spiritual Fitness Center.
PCOC: (AWANA)
- Wednesdays @ Chapel. Age 3 to 6th grade meet 1800 -1930 & grades 7th-12th meet 1700-1800 .
PMOC: (Men)
- Tuesdays - 1830 @ Chapel Annex.
PSOC: (Singles & Unaccompanied) “Osan Hospitality House”
- Bible Studies:
*Saturdays - 1900 @ Hospitality House. Dinner is provided.
Sundays - 1700 @ Community Center, Classroom #3.
- Game Night:
*Fridays - 1900 @ Hospitality House. Dinner is provided.
*Van pickup: Fridays: Chapel @ 1730, Mustang CTR @ 1735.
Saturdays: Chapel @ 1830, Mustang CTR @ 1835.
PWOC: (Women) “PWOC Osan AB”
- Mondays 1800-2000, Tuesdays 0845-1100 @ Chapel Annex (Child Watchcare provided) & Sunday 1600-1730 @ Posco Apartments .
MOPS: Join us for OSAN MOPS!
- Meet twice a month on Wednesday @ the Chapel Annex
Contact: osanmops@gmail.com

Apostolic Pentecostal
Apostolic Connection Church
Bible Study: Osan Chapel Sanctuary,
Mondays 7PM-8PM

Catholic Mass

Weekend Masses
Saturday Mass (Sunday obligation), 5 p.m.
Saturday, Also Confessions, 4 p.m.
Sunday Mass, 8:30 a.m.
Tuesday -Thursday Mass, 11:30 a.m.
Friday Mass, 5 p.m.

Catholic Ministries

Catholic Religious Education
Sunday, 10-11 a.m., Chapel annex
Korean Prayer group
Tuesday, 9:30 a.m.,
Blessed Sacra Chapel
Faith formation class/bible study
Wednesday, 6:00 p.m., Chapel annex
Catholic Men of the Chapel (CMOC)
Wednesday, 7:00 p.m., Chapel annex
Catholic Women of the Chapel (CWOC)
Thursday, 5:30 p.m., Chapel annex hall
Catholic Family social meal (Free)
Friday, 6-7:30 p.m., Chapel annex hall
Catholic Family social meal (Free)
Saturday, 6-7:30 p.m., Chapel annex hall

Knights of Columbus & Baptism classes
Meet monthly, Pls call 784-5000

Other Faith Groups

Earth-Based (Contact the Chapel)
Jewish (Contact the Chapel)
Muslim (Contact the Chapel)
Buddhist (Contact the Chapel)
LDS Sunday, 1 p.m., Contact the Chapel

Point of Contact:
Osan Chapel, 784-5000

Visit us on SharePoint:
<https://osan.eim.pacaf.af.mil/51FW/51FW-HC/default.aspx>

Visit us on Facebook (OSAN AB CHAPEL)
<https://www.facebook.com/OsanABChapel>

USAG-YONGSAN

Protestant Services

Traditional Service
Sunday, 9:30 a.m.
Memorial Chapel, Bldg 1597
Sunday, 9:30 a.m.
Brian Allgood Hospital Chapel
Contemporary Service
Sunday, 9 a.m.
South Post Chapel, Bldg 3702
Sunday, 10:30 a.m.
K-16 Chapel
Nondenominational Service
Sunday, 11 a.m.
South Post Chapel, Bldg 3702
Gospel Service
Sunday, 1 p.m.
South Post Chapel, Bldg 3702
Pentecostal
Sunday, 1:30 p.m.
Memorial Chapel, Bldg 1597
Latter Day Saints (LDS)
Sunday, 4 p.m.
South Post Chapel, Bldg 3702
Seventh-Day Adventist
Saturday, 9:30 a.m.
Brian Allgood Hospital Chapel
KATUSA
Tuesday, 6:30 p.m.
Memorial Chapel , Bldg 1597

Catholic Mass

Sunday, 8 a.m.
Memorial Chapel, Bldg 1597
Sunday, 11:30 a.m.
Memorial Chapel, Bldg 1597
Saturday, 5 p.m.
Memorial Chapel, Bldg 1597
1st Saturday, 9 a.m.
Memorial Chapel, Bldg 1597
M/W/T/F, 11:45 a.m.
Memorial Chapel, Bldg 1597
Tuesday, 11:45 p.m.
Brian Allgood Hospital Chapel

General Service

Episcopal Service
Sunday, 11 a.m.
Brian Allgood Hospital Chapel

Jewish
Friday, 7 p.m.
South Post Chapel, Bldg 3702



Point of Contact:
USAG Yongsan Religious Support Office, 738-3011
Visit us on SharePoint:
<http://www.army.mil/yongsan>

Eielson Airmen develop, test new F-35A arctic survival kit

By Senior Airman Beaux Hebert
354th Fighter Wing Public Affairs

EIELSON AIR FORCE BASE, Alaska -- U.S. Airmen assigned to the 354th Fighter Wing tested a new arctic survival kit for the F-35A Lightning II in downtown Fairbanks, Alaska, Nov. 5.

A team of Airmen from the 356th Fighter Squadron, F-35 Program Integration Office, 354th Operation Support Squadron Aircrew Flight Equipment and 66th Training Squadron, Detachment 1, used a subzero chamber to replicate the extreme temperatures of interior Alaska.

The test was performed because the current arctic survival kit won't fit in the allotted space under the seat of an F-35A. The 354th FW is expecting to receive its first F-35A in April of 2019.

"We are testing the kit that Tech. Sgt. John Williams, Tech. Sgt. Benjamin Ferguson and myself have developed over the last year in preparation for the integration of the F-35," said Tech. Sgt. Garret Wright, 66th TS, Det. 1 Arctic Survival School noncommissioned officer in charge of operations.

Four members of the team, to include Lt. Col. James Christensen, commander of the reactivated 356th Fighter Squadron, stepped into two separate chambers, one at minus 20 and the other at minus 40, wearing standard cold-weather gear issued to pilots. Once inside the chambers, the test observers timed how long it took them to don the specialized winter gear from their survival kit.

After the gear was on, the Icemen lived up to their name and stayed in the chamber for six hours. Wright recorded their condition every 30 minutes to ensure the safety and accuracy of the test.

Approximately five hours into the test, Wright noticed the temperature on the digital thermometer didn't seem accurate in one of the chambers. He found a mercury-based thermometer and discovered the temperature one of the chambers was at minus 65 and the other was minus 51.

"After realizing that the ambient room temperature was at minus 65 at the five-hour mark, I knew that we had accomplished far more than we originally set out to," Wright said. "Wing leaders wanted a product that would keep pilots alive at minus 40 and although unplanned, the findings were clear that the sleep system could far surpass this goal."

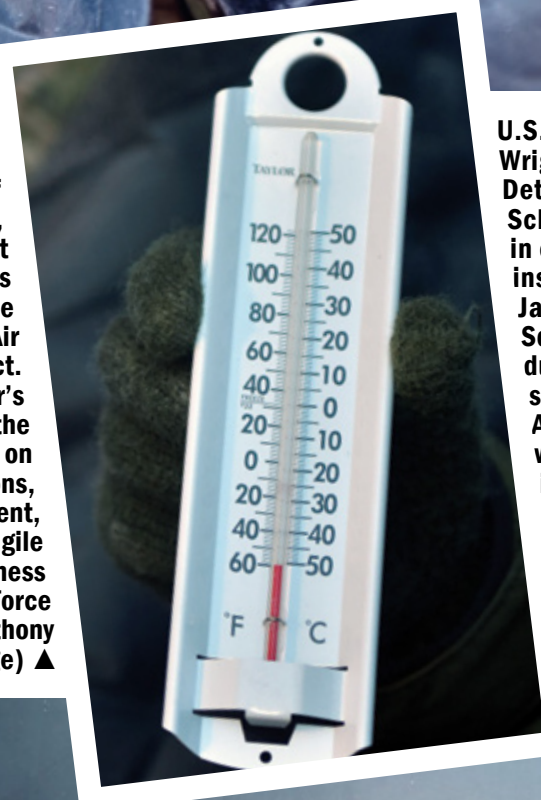
After six cold hours, the Icemen stepped out of the subzero chamber and spoke with the survival, evasion, reconnaissance, and escape specialists and the AFE team to address discrepancies and better ways to utilize the equipment.

"The gear was great. There were a couple of minor tweaks that I think we could make to it to improve it but overall it was solid," said Staff Sgt. Zachary Rumke, 66th TS, Det. 1, Arctic Survival School instructor.

After the debrief, the four Icemen agreed the equipment is more than capable of withstanding the harsh temperatures of the Alaskan landscape and said they would feel safe knowing they had this gear to help them survive in one of the world's most extreme environments.



U.S. Air Force Col. Tad Clark, 8th Fighter Wing commander and Chief Master Sgt. Steve Cenov, 8th FW command chief, host their second commander's call for the members of the Wolf Pack at Kunsan Air Base, Republic of Korea, Oct. 25, 2019. The commander's call gave base leaders the opportunity to elaborate on multi-domain operations, squadron empowerment, multi-functional Airmen, agile combat employment, readiness and innovation. (U.S. Air Force photo by Staff Sgt. Anthony Hetlage) ▲



U.S. Air Force Tech. Sgt. Garret Wright, 66th Training Squadron, Detachment 1, Arctic Survival School noncommissioned officer in charge of operations (left), instructs and monitors Lt. Col. James Christensen, 356th Fighter Squadron commander (right), during an F-35A Lightning II survival kit test in Fairbanks, Alaska, Nov. 5, 2019. Wright was an observer and checked in with the kit testers every 30 minutes, asking their pain and comfort level, to receive accurate data throughout the six-hour test period. (U.S. Air Force photo by Senior Airman Beaux Hebert) ▼



Sharene Brown, spouse of U.S. Air Force Gen. CQ Brown, Jr., Pacific Air Forces commander, talks with the spouses of squadron commanders during the PACAF commander's visit at Kadena Air Base, Japan, Nov. 12, 2019. The purpose of the discussions were to facilitate dialogue on issues and challenges affecting spouses on Kadena and to identify areas Brown can advocate at upper echelons. (U.S. Air Force photo by Tech. Sgt. Matthew B. Fredericks) ►

- Continued from page 5 -

"Here's the way I describe it. In order to operate, all you need is a runway, a ramp, fuel bladder, a trailer full of munitions, a pallet of MREs, and some multifunctional Airmen. We should be able to operate from anywhere, any location in the world."

Brown visited many base units to learn about unit-specific issues, current mode of operations, answer questions, and recognize Airmen for superior performance amongst their peers.

"Thank you for what you do on a daily basis here for Team Kadena, what you do for PACAF, and what you do for our nation and for our Air Force. Not just you, [but] also your families."



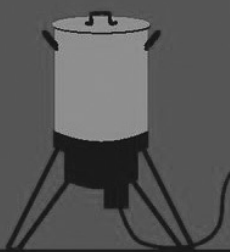
U.S. Air Force Airmen attend an all-call hosted by Gen. CQ Brown, Jr., Pacific Air Forces commander, at Kadena Air Base, Japan, Nov. 12, 2019. During the all-call, Brown recognized Airmen for their outstanding performance and took questions from the audience. (U.S. Air Force photo by Staff Sgt. Benjamin Raughton) ▼



DID YOU KNOW?

Thanksgiving is the peak day for home cooking fires. When you fry foods, you increase the risk of a cooking fire.

Recipe for Preventing Turkey Fryer Fires



- Frying food is the greatest risk of cooking fires. Consider the dangers or risks before using a turkey fryer.
- ✓ Turkey fryers can easily tip over, spilling hot cooking oil over a large area.
 - ✓ Without thermostat controls, deep fryers can overheat oil to the point of starting a fire.
 - ✓ An overfilled cooking pot will cause cooking oil to spill when the turkey is put in, and a partially frozen turkey will cause cooking oil to splatter when put in the pot.
 - ✓ The sides of the cooking pot, lid and pot handles can get dangerously hot.

For more information, please call Fire Prevention Office at 784-4834 or 4835.

Keeping the Pack Strong: Your SARC



By Staff Sgt. Mackenzie Mendez
8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea --

Editor's Note: This is the fifth article in a series designed to highlight helping agencies and resiliency at Kunsan Air Base.

Helping agencies support and enhance the physical, spiritual, social and mental pillars for Air Force service members and their families. At Kunsan, helping agencies support the Wolf Pack, promote resiliency and ensure Airmen are fit to fight.

The Sexual Assault Prevention and Response program office is responsible for responding to reports of sexual assault, providing outreach, education and training to Airmen and Department of Defense civilians to help prevent incidences of sexual assault. The Kunsan program is run by the Sexual Assault Response Coordinator with help from more than 20 Volunteer Victim Advocates.

"As the SARC, I connect survivors of sexual assault to the resources and tools they need to make a full recovery," said 1st Lt. Terryn Pond, 8th Fighter Wing SARC. "I ensure clients feel comfortable, feel valued and received the help they need by being the liaison between them and other base helping agencies."

The SARC serves as the installation's primary point of contact for integrating and coordinating sexual assault survivor care services for eligible recipients. Services may begin at the initial report of sexual assault and continue through disposition and resolution of issues related to the survivor's health and well-being.

To ensure the well-being of sexual assault survivors, SARCs work very closely with other helping agencies on base including mental health, the base chapel and medical. They also work alongside group and squadron commanders and first sergeants to ensure unit climate is both accepting and cohesive while

The Sexual Assault Prevention and Response program office is responsible for responding to reports of sexual assault, providing outreach, education and training to Airmen and Department of Defense civilians to help prevent incidences of sexual assault. The Kunsan program is run by the Sexual Assault Response Coordinator with help from more than 20 Volunteer Victim Advocates. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ▲



The 8th Fighter Wing Sexual Assault Response Coordinator, 1st Lt. Terryn Pond, is located in building 511. She serves as the installation's primary point of contact for integrating and coordinating sexual assault survivor care services for eligible recipients. For more information about the Sexual Assault Prevention and Response program, call 782-7272 or visit <https://www.sapr.mil/>. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ◀

continuing to promote healthy standards.

"By staying connected to units, I am able to ensure those who have filed an unrestricted report are receiving the help and support they need within their units," said Pond. "I take my responsibility very seriously. Helping Airmen through their individual recovery process, whether by a restricted or an unrestricted report, is the best and most important job I could possibly have in the Air Force."

As the SARC, Pond leads a team of more than 20 VVAs, to educate and care for Airmen while promoting resiliency across the wing. SARCs and VVAs are nationally certified to support victims of sexual assault, can take both restricted and unrestricted reports of sexual assault and have confidentiality under military regulations.

"My VVAs are amazing and they all have a

true desire to help other Airmen," said Pond.

"Together, we go into units, introduce ourselves and educate Airmen about the SAPR program. The more we can educate our service, the better wingmen we can be by looking out for our brothers and sisters in arms."

VVAs are essential in educating the base populous. Each VVA is a resource within their own squadron, providing Airmen the opportunity to have a confidential face-to-face meeting with someone within their work center. Like SARCs, VVAs are responsible by law, DOD and Air Force Instructions to protect the confidentiality of both restricted and unrestricted reports.

To contact your SARC, call 782-7272 or the DOD Safe Helpline at 877-995-5247. For more information about the Sexual Assault Prevention and Response, visit <https://www.sapr.mil/> or <https://www.resilience.af.mil/SAPR/>

Green Retreats to Survive Winter



In November, cold winds begin to blow and people start to bundle up when heading out. The cold can leave you sluggish and feeling like every step is a Herculean feat. The best way to recharge your batteries and get back your vitality is by surrounding yourself with green plants. This winter, visit a greenhouse or garden-themed restaurant for a quick pick-me-up!



◀ Seoul Botanic Park

Calling the *Seoul Botanic Park* large is an understatement; two times the size of Yeouido, the first city garden in Seoul is gigantic!

The park comprises Yeollinsup, an open forest; Jujewon, a theme garden; Hosuwon, a lake park; and Seubjiwon, a marsh eco park. The most popular attraction is the greenhouse in the theme garden, which is filled with plants from twelve countries in the Mediterranean and tropics regions. Be sure to head up to the skywalk for a bird's-eye-view of the entire layout.

- Address: 161, Magokdong-ro, Gangseo-gu, Seoul
- Directions: Walk for approx. 15 min from Magoknaru Station (Seoul Subway Line 9, Airport Railroad), Exit 3
- Operating hours: March-October 09:30-18:00 / November-February 09:30-17:00
- * Last admission 1 hr before closing
- * Jujewon closed on Mondays
- Admission: Adults 5,000 won / Teenagers 3,000 won / Children 2,000 won
- Website: botanicpark.seoul.go.kr

▶ All the Morning

Yeouido is one of busiest areas of Seoul, being the center of the commercial industry. Perhaps this non-stop rush was the driving force behind the opening of *All the Morning*, a beautiful restaurant perfect for taking things slow. The restaurant is located on the 50th floor of the Federation of Korean Industries (FKI) building, providing views of the surrounding city through the floor-to-ceiling windows. It is popular for taking in the nightscape, as well as for hosting wedding ceremonies due to the all-white interior design.

As the name implies, *All the Morning* serves brunch menus from various countries including France, England, and Greece. Additional menus include desserts, coffees, and wines. No matter what time you visit, you can enjoy a delicious meal in an interior that is equally scrumptious.

- Address: FKI Building 50F, 24, Yeoui-daero, Yeongdeungpo-gu, Seoul
- Directions: Walk for approx. 10 min from Yeouido Station (Seoul Subway Line 5, 9), Exit 2
- Operating hours: 09:00-22:00
- Signature menus: Steak Risotto 29,000 won / Avocado Salad 19,000 won
- Website: www.theskyfarm.co.kr



► **Grand Greenhouse of Changgyeonggung Palace**

Located in the heart of Seoul, *Changgyeonggung Palace* was originally built as *Suganggung Palace* by the 4th ruler of the Joseon Dynasty, King Sejong (r.1418-1450), for his retiring father, King Taejong. The Grand Greenhouse of *Changgyeonggung Palace* was the first greenhouse in Korea. Built in 1909 just before the Japanese colonial era, the greenhouse was designed after the *Crystal Palace* from the Great Exhibition of 1851 in London. Although rather small in size, the greenhouse is filled with over 70 different types of plants. There is no separate fee charged, but visitors must pay admission to *Changgyeonggung Palace* to access the greenhouse.

- Address: 185, Changgyeonggung-ro, Jongno-gu, Seoul
- Directions: Walk for approx. 20 min from Hyehwa Station (Seoul Subway Line 4), Exit 4
- Operating hours: 09:00-21:00 / Closed Mondays
- Admission: Adults 1,000 won / Teenagers & Children 500 won
- * Free admission: Preschoolers (ages 6 & younger), senior citizens (ages 65 & older), visitors wearing hanbok
- Website: cgg.cha.go.kr



◀ **Urban Plant**

Urban Plant is a café filled with greenery! The tasty brunch menus are a perfect match to the cozy interior. The signature *Urban Omelet* is stuffed with avocado, tomato, and bacon for a filling meal. To go with this, we recommend the sweet and sour fresh grapefruit juice to quench your thirst.

With various potted plants creating a cozy atmosphere, dining at *Urban Plant* will give you some time to relax and enjoy a meal. The café has plenty of seating, taking up three floors, with terrace space as well. The home-like interior will have you wanting to never leave.

- Address: 3, Dongmak-ro 4-gil, Mapo-gu, Seoul
- Directions: Walk for approx. 15 min from Hapjeong Station (Seoul Subway Line 2, 6), Exit 7
- Operating hours: 10:00-23:00
- Signature menus: Urban Omelet 14,000 won / Americano 5,000 won / Grapefruit Juice 7,500 won
- Inquiries: +82-70-4192-0378 (Korean only)

► **Alex the Coffee**

Alex the Coffee is located in the quiet neighborhood of Seongbuk-dong in Seoul. One wall of the café is entirely made up of windows overlooking the garden, while the café interior is filled with various potted plants. All the coffee beans used are directly purchased and roasted for a high-quality flavor. To satisfy a sweet tooth, we recommend Charlie Choco, served with ice cream and chocolate cake topped with marshmallow.

- Address: 9, Seongbuk-ro 28-gil, Seongbuk-gu, Seoul
- Directions: Take Bus No. 1111 or 2112 from Samseonggyo (Seongbuk Cultural Center) Bus Stop in front of Hansung Univ. Station (Seoul Subway Line 4), Exit 6 and get off at Dongbang Culture University Bus Stop and walk for approx. 1 min
- Operating hours: 10:00-22:00
- Signature menus: Flat white 5,500 won / Charlie Choco 7,000 won
- Inquiries: +82-70-7520-7714 (Korean only)
- Website: www.alexthecoffee.com (Korean only)

