

# Crimson Sky

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Royal Australian Air Force SGT Karl Penny, 37th Squadron C-130J Super Hercules loadmaster out of RAAF Base Richmond, Australia, looks out as the parachute for a Low-Cost, Low-Altitude bundle carries humanitarian aid down to the atoll of Kapingamarangi, Federated States of Micronesia (FSM), during Operation Christmas Drop 2018, Dec. 13, 2018. Every December U.S. Air Force crews from Yokota Air Base, Japan team up with the Japan Air Self-Defense Force (Koku Jietai) and RAAF to airdrop supplies to the Commonwealth of the Northern Marianas, FSM, and the Republic of Palau. (U.S. Air Force photo by Senior Airman Matthew Gilmore)



## Indo-Pacific partners join Pacific Air Forces for 68th year delivering humanitarian aid to 20,000 people across 56 islands

### Pacific Air Forces Public Affairs

#### JOINT BASE PEARL HARBOR-HICKAM, Hawaii

-- U.S. and partner Airmen in Guam are set to participate in the Department of Defense's longest running humanitarian mission beginning Dec. 10.

Operation Christmas Drop is an annual U.S. Air Force tradition of packaging and delivering food, tools and clothing to more than 56 remote islands in the South-Eastern Pacific, including the Commonwealth of the Northern Mariana Islands, the Federated States of Micronesia, and the Republic of Palau.

During the weeklong international charity effort, Pacific Air Forces (PACAF) airpower ambassadors

from Andersen AFB, Guam, Joint Base Pearl Harbor-Hickam, Hawaii, and Yokota Air Base, Japan, will work with their partners in the Japan Air Self-Defense Force, the Royal Australian Air Force, and the Royal New Zealand Air Force, to execute low-cost, low-altitude training air drops.

The aerial delivery serves as valuable interoperability training with the partner nations while delivering various donations provided by private donors, charitable organizations and the University of Guam.

This year's event will mark the third time the C-130J Super Hercules aircraft will be flown during the operation. The new aircraft model, which is to supplant the C-130H Hercules, will

allow aircrews to expedite cargo across an area covering more than 1.8 million square miles.

The rich history of Operation Christmas Drop started in 1952 when locals on the atoll of Kapingamarangi waved at the aircrew of a passing WB-50 Superfortress, prompting the crew to gather, pack and parachute goods to the islanders.

Nearly seven decades of valuable training for aircrews and the resulting delivery of more than one million pounds of charitable goods later, the 2019 missions are set to carry on this tradition of international goodwill.

For more information and news on Operation Christmas Drop, visit <http://www.andersen.af.mil/ocd/>



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# Keeping the Pack Strong: Your Equal Opportunity Office



**By Staff Sgt. Anthony Hetlage  
8th Fighter Wing Public Affairs**

**KUNSAN AIR BASE, Republic of Korea** -- Editor's Note: This is the sixth article in a series designed to highlight helping agencies and resiliency at Kunsan Air Base.

Equal Opportunity is a helping agency with a mission to promote an environment free from personal, social or institutional barriers that could prevent Air Force members and civilians from rising to their highest potential.

The 8th Fighter Wing EO office supports more than 2,500 Wolf Pack members, both military and civilian. They ensure each service member is treated fairly, regardless of their race, color, religion, national origin, sex, gender identity, sexual orientation, age, genetic information, disability, or prior equal employment opportunity activity.

"We are subject matter experts in helping individuals understand harassment, as well as counselors to military and civilian complaints of unlawful discrimination and sexual harassment," said Master Sgt. Megan Smith, 8th FW Equal Opportunity director. "We are also here to listen to individuals who may have concerns, and we can help facilitate a resolution through the use of mediation and

**U.S. Air Force Master Sgt. Megan Smith, 8th Fighter Wing Equal Opportunity director, engages with a group of Airmen during the Korea Readiness Orientation about her office's role at Kunsan Air Base, Republic of Korea, Nov. 26, 2019. The EO office supports more than 2,500 Wolf Pack members, both military and civilian. They ensure each service member is treated fairly, regardless of their race, color, religion, national origin, sex, gender identity, sexual orientation, age, genetic information, disability, or prior equal employment opportunity activity. (U.S. Air Force photo by Staff Sgt. Anthony Hetlage)**

facilitation."

EO works directly with commanders to gauge the health of an organization from an equality standpoint. They work hand-in-hand with other helping agencies like the Sexual Assault Prevention and Response program office and the Inspector General to handle any concerns or complaints brought to them.

"When you deal with a job that involves people, no complaint is the same, so sometimes finding the right answer takes time and a lot of research to make sure I can give a client the right information," said Smith. "Some concerns come to us that have shared interests with other agencies, so working together helps individuals get the right help they need as quickly as possible."

The EO career field can only be entered through cross training as a staff sergeant. Smith cross-trained five years ago from material management.

"I will always stop what I am doing to help someone who needs to talk. When individuals come to my office, I put aside everything

else and listen," said Smith. "I make sure that when individuals leave our office, they have the right resources to help them in the direction they need, to be successful."

The EO office also facilitates various training sessions for small groups focused on resiliency, building communication and unit cohesiveness.

"We use training to help build a foundation of healthy communication and unit cohesiveness," said Smith. "Many times we get complaints because members do not know how to articulate their concerns. Sometimes it takes an outside perspective to help connect individuals to the right resources, or to help facilitate conversations to get everyone focused back on the mission."

To contact your Equal Opportunity office, call 782-1045 or the Air Force Discrimination and Sexual Harassment Hotline at 1-888-231-4058. For more information about Equal Opportunity, visit <https://www.af.mil/Equal-Opportunity/>



# Travis Air Force Base Airmen confront arctic weather



**By Senior Airman Jonathan Valdes Montijo**  
673d Air Base Wing Public Affairs

**JOINT BASE ELMENDORF-RICHARDSON, Alaska** -- Joint Base Elmendorf-Richardson Airmen hosted a five-day training for Airmen from Travis Air Force Base, Calif., at JBER, Alaska, Nov. 18-22, 2019.

Fighter, carrier and refuel aircrafts were used as part of the de-icing/anti-icing operations training – with participation from the 821st Contingency Response Group which falls under the bi-coastal 621st Contingency Response Wing, Joint Base McGuire Dix Lakehurst, NJ and Travis, and 3rd and 176th Wing from JBER.

The purpose of the training was to gain qualification/certification on aircraft de-icing, de-ice vehicle operations, and an opportunity to perform aircraft maintenance during cold weather conditions.

“The de-ice simulator training is an awesome capability the 732nd AMS offers trainees,” said U.S. Air Force Master Sgt. Dave Pimentel, 821st CRS maintenance flight chief assigned to Travis. “It allows an individual who has never operated a de-ice basket to become quite familiar, and proficient with the basket controls and overall de-icing operation, without feeling the added pressure of maneuvering around an actual aircraft.”

**U.S. Air Force Staff Sgt. Damien Sloan, 821st Contingency Response Squadron, contingency response maintenance craftsman assigned to Travis Air Force Base, Calif., operates de-icing equipment on a C-5M Super Galaxy assigned to Travis during cold weather aircraft maintenance procedures training at Joint Base Elmendorf-Richardson, Alaska, Nov. 20, 2019. The training prepared Airmen to operate in arctic environments.**





He also mentioned how the virtual reality software enables trainees to have a real life-like immersive experience, and how the simulator can be adjusted to fit any type of weather condition.

Furthermore, he added how his team members who have never performed de-icing operations, expressed to him that the simulator made it a lot less stressful for them when they de-iced actual aircraft throughout the week.

The training experience becomes priceless when it comes to ensuring maximum readiness for the wide range of potential mission situations.

"The 821st CRS has a multi-faceted mission and this training prepares them for contingencies in an arctic environment," said U.S. Air Force Master Sgt. Gerred Crawford, 732nd AMS lead production superintendent.

Pimentel emphasized the importance of contingency response aircraft maintainers needing to be ready to deploy and operate in any and all climates and locations.

"The experiences, training, and qualifications obtained here at JBER are vital to ensuring our aircraft maintainers are proficient in arctic environments," Pimentel said.

The training not only helped Travis Airmen expand their knowledge and maintain their readiness, but it also benefited JBER Airmen as well.

It benefited the 732nd AMS by liberating them from excess work, augmenting their maintainers, and maximizing their time to work on additional aircraft if necessary.

"It also gave our men and women time for a tactical pause which this time of year is as important as ever," Crawford said.

None of the trainings and opportunities would be possible unless the squadrons worked in unison.

"This training has been extremely helpful in increasing our understanding of cold weather operations and environments, and we are grateful to all JBER units who hosted us," said U.S. Air Force Master Sgt. Nathan Tawbush, 821st CRS

command section executive assistant.

Pimentel mentioned how grateful he was to JBER and all involved squadrons, especially the 732nd AMS.

"The 732nd AMS went above and beyond and assisted with our travel arrangements, lodging, and transportation requirements for this trip," Pimentel said.



**U.S. Air Force Staff Sgt. Joshua Sink, 921st Contingency Response Squadron, contingency response aircraft maintenance craftsman assigned to Travis Air Force Base, Calif., marshals a C-17 Globemaster III assigned to Travis AFB during cold weather aircraft maintenance procedures training at Joint Base Elmendorf-Richardson, Alaska, Nov. 19, 2019. The training prepared Airmen to operate in arctic environments.**

# AOC Airmen receive Thanksgiving call from President

**By Master Sgt. Beth Anschutz  
Seventh Air Force Public Affairs**

**OSAN AIR BASE, Republic of Korea** -- Airmen assigned to the 607 Air Operations Center here, received a Thanksgiving Day call from President Donald Trump Nov. 29, 2019.

The President highlighted the AOC during the all-Services call, thanking the Osan Airmen for what they do every day.

"You are the tip of the spear," President Trump said. "Thank you for what you do for all Americans here and overseas."

1st Lt. Julie Fleming, a senior intelligence officer, said she was honored and humbled to be a part of the group representing the AOC during the call. "Calls like these are a great way for the President to reach out to service members who are serving away from their families during the holidays," Fleming said. "It's nice to know that we are remembered and what we do is important enough for him to take time to thank us."

The 607 AOC is directly charged with the protection and defense of 51 million South Koreans, providing information and air, space, cyberspace operations.

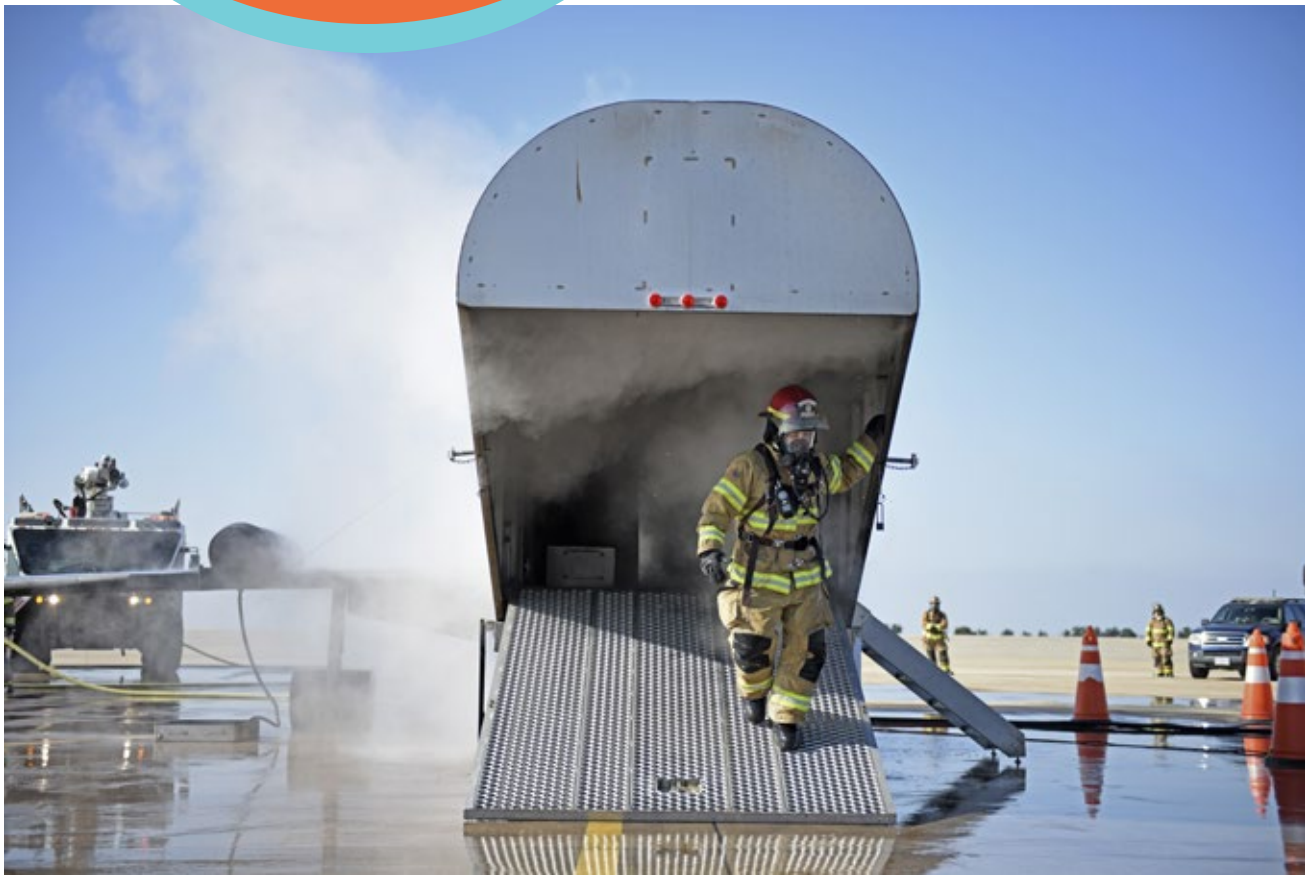
The President ended the call by thanking everyone for their service and wishing all a happy Thanksgiving.



**Col. Christopher Russell (center), 607 Air Operations Center commander, joins AOC Airmen for a Thanksgiving morale call from President Donald Trump Nov. 29, 2019, at Osan Air Base, Republic of Korea. (U.S. Air Force photo by MSgt Beth Anschutz)**



8th CES  
Red Devils  
conduct  
fire training



U.S. Air Force firefighters assigned to the 8th Civil Engineer Squadron conduct live aircraft fire training at Kunsan Air Base, Republic of Korea, Nov. 20, 2019. Live aircraft fire training ensures 8th CES firefighters are proficient in the steps needed to properly fight aircraft fires. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ▲

A U.S. Air Force firefighter assigned to the 8th Civil Engineer Squadron exits an aircraft fire trainer during a live fire simulation at Kunsan Air Base, Republic of Korea, Nov. 20, 2019. Live fire training ensures active duty firefighters are prepared for emergencies on the installation while also maintaining readiness. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ◀

U.S. Air Force firefighters assigned to the 8th Civil Engineer Squadron prepare to conduct live fire training at Kunsan Air Base, Republic of Korea, Nov. 20, 2019. Live aircraft fire training ensures 8th CES firefighters are proficient in the steps needed to properly fight aircraft fires. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ▼



U.S. Air Force firefighters assigned to the 8th Civil Engineer Squadron conduct live aircraft fire training at Kunsan Air Base, Republic of Korea, Nov. 20, 2019. The training helps firefighters and trainers gain experience while also building cohesiveness within their team. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ▲

U.S. Air Force firefighters assigned to the 8th Civil Engineer Squadron prepare to conduct live fire training at Kunsan Air Base, Republic of Korea, Nov. 20, 2019. Conducting training allows firefighters to practice and perfect strategies to successfully fight fires in real-world scenarios. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ▶







Master Sgt. Lissy Singleton, Pacific Air Forces in-service recruiter, supports all Airmen assigned to Kunsan and Osan Air Bases in the Republic of Korea. Singleton recruits and assists separating Active-Duty members and informs them of the Air Force Reserve's benefits. Interested participants looking to continue serving while attaining a new career or goal can contact Singleton at DSN 315-784-3711 or her work cell at 010-6690-4427. (U.S. Air Force photo by Staff Sgt. Greg Nash)

# In-Service recruiter helps authenticate dreams

## 51st Fighter Wing Public Affairs

### OSAN AIR BASE, Republic of Korea --

Deciding your next phase in life can be a difficult decision to make. Like driving in traffic, every Active-Duty military member will one day encounter a career fork in the road.

You can either 'cruise control' on a familiar route by remaining in the Active-Duty lane, or merge to transition into the Air National Guard or Air Force Reserve path, the latter showing 'road work ahead' signs as the lane turns into rocky, unpaved asphalt.

As the 'contract term' road ends, a commitment must be made – one that's hard to detour from once passed. Luckily, one Airman acts as a GPS for transitioning Airmen as the sole in-service Air Force recruiter on the Korean Peninsula – who loves to help make people's career dreams come true.

"As a reservist myself, I've seen firsthand the benefits of transitioning from Active-Duty status to the Air Force Reserve," said Master Sgt. Lissy Singleton, a Pacific Air Forces in-service recruiter who entered the service as a personnelist. "My job is to recruit and assist separating Active-Duty members and inform them of the Air Force Reserve's benefits. It's rewarding to help other people accomplish the

ability to still serve while having the flexibility and time to pursue their own personal and career goals."

Separating members are one visit to the second floor of Osan's building 745 in-service recruiting office away from taking the first step towards their goal. After an initial meeting, Singleton can coordinate the paperwork and actions required to best equip Airmen to make educated decisions along their transition process. Once a goal is determined, she weighs member's options through several programs.

Palace Front allows members that have a year out separation date with matching Date Estimated Return from Overseas (DEROS) and Date of Separation (DOS) time frames to transfer to the Reserve within six months of that date. Palace Chase allows members without a separation date to leave active-duty service and join the Reserve. If they've completed at least half of their enlistment contract, they can transfer into certain career fields, based on manning needs.

For Staff Sgt. Barry Tuck, a former 51st Maintenance Squadron transient alert crash recovery team lead who is transitioning to be an Equal Opportunity specialist, having Singleton's help has been life-changing.

"After serving eight years as an aircraft

mechanic, I wanted a change – working in a customer service environment where I could serve others," said Tuck. "I was committed to making a career change, and the Air Force Reserve seemed like a promising opportunity after speaking to Master Sgt. Singleton," Tuck added. "Her friendly approach and ability to provide an easy line for communication was very helpful. I would, and have, recommended her to all of my peers that want to make a career change."

For individuals who want to be like Tuck, Singleton is ready to step in and assist. Although she relishes the opportunity to help others on a new path, she admits the transition's unique challenges.

"Going from Active-Duty to being a civilian is a huge lifestyle change," said Singleton. "Everything changes, whether it's making connections and just missing that military camaraderie -- it's different. In the Reserve, you can still have that military connection and have time to be more family-oriented and accomplish personal goals like school that you maybe couldn't pursue on full-time Active-Duty status."

Interested participants looking to keep serving while attaining a new career or goal can contact Singleton at DSN 315-784-3711 or on her work cell at 010-6690-4427.



# 35th ADA Career Counselor Gets Top Honors



Staff Sgt. Julio Ortiz being presented with an Army Commendation medal by the 8th Army Deputy Commanding General, Maj. Gen. Daniel Christian, for his performance during the 8th Army's Career Counselor of the Year Board during a ceremony at 8th Army Headquarters, Camp Humphreys, South Korea. SSG Ortiz was recognized as the overall winner and selected to attend the USARPAC Career Counselor of the Year Board at Ft Shafter, HI. If Ortiz wins this level of competition he will advance to the Secretary of the CCYOB in Washington, D.C. (U.S. Army photo by Staff Sgt. Jesse Untalan, public affairs 35th ADA) ◀

Staff Sgt. Julio Ortiz being presented with an award by the 8th Army Deputy Commanding General, Maj. Gen. Daniel Christian, for his performance during the 8th Army's Career Counselor of the Year Board during a ceremony at 8th Army Headquarters, Camp Humphreys, South Korea. SSG Ortiz was recognized as the overall winner and selected to attend the USARPAC Career Counselor of the Year Board at Ft Shafter, HI. If Ortiz wins this level of competition he will advance to the Secretary of the CCYOB in Washington, D.C. (U.S. Army photo by Staff Sgt. Jesse Untalan, public affairs, 35th ADA) ▼

**By U.S. Army Staff Sgt. Jesse Untalan  
Public Affairs 35th Air Defense Artillery  
Brigade**

**HUMPHREYS, South Korea** -- The strongest fighting force in the world doesn't build itself. The Human Resources Command has its boots on the ground in the form of the Army's career counselors. From unit to unit; installation to installation, they do their part in keeping our ranks filled.

As with Soldier competitions in different Military Occupational Specialties across the Army, career counselors get the chance to step up and see if they have what it takes to be the best of the best. In this case, it's the honor of achieving career counselor of the year.

Staff Sgt. Julio Ortiz from 6-52 Air Defense Artillery Battalion (ADA), 35th ADA Brigade, was recognized recently, for his skill and expertise as a career counselor during Eighth Army's 2019 Career Counselor of the Year Board (CCOYB).

The Eighth Army CCOYB consists of 3 events: an APFT, 50 question written exam, and a board performance. Ortiz was selected by the senior career counselor of 35th ADA to represent the Brigade at the Eighth Army board, where SSG Ortiz competed against 5 other career counselors. At the end of the event, SSG Ortiz was recognized as the overall winner and selected to attend the USARPAC Career Counselor of the Year Board at Ft Shafter, HI. If Ortiz wins there, he will advance to the Secretary of the Army CCYOB in Washington, D.C.

The competition was tough because he was competing against other career counselors who are highly intelligent and had already won their unit's (CCOYB). It was challenging for him, finding the time to study. It was a delicate balance, juggling day to day operations, family life, and still finding the time to commit to studying for the CCOYB.

Ortiz says he, "chose to be a career counselor because I want to help Soldiers make the most



informed decisions about the career on a higher level. As a career counselor, I have the ability to help every Soldier in the battalion as opposed to just a squad as an E6. I've been a career counselor for 15 months, and I've never been afraid to ask for help, and lean on others for guidance. I did just that, by reaching out to 2-1 ADA BN's Sgt. 1st Class Joseph Jeffery, and 35th AD BDE's Master Sgt. Gabse, who have both competed at the Department of the Army level CCOYB."

Career counselors are in a unique position, having the opportunity to be a presence, external to the chain of command, where they can be sounding board for Soldiers to vent their frustrations, but also set them up for success in their careers. Career Counselors know that taking care of all Soldiers will only benefit the Army as a whole and the Soldiers and Commands, knowing that they do more than just reenlist Soldiers - they

also guide them, mentor them, and counsel them on their future plans.

Fellow career counselor, 2-1 ADA Battalion's, Sgt. 1st Class Joseph L. Jeffrey, feels, "Career counselors are just that a career counselor. Often times we get defined as the "reup guy" career counselors do so much more than that. Yes we want to reenlist highly qualified Soldiers, but we also understand that the Army is not for everyone. When the time comes, we need to be the subject matter expert in leading them to the proper channels. We hold a plethora of knowledge in how to best utilize their benefits, join the Army Reserve Component, or go to college - whichever path they choose."

With knowledgeable personnel helping guide the Soldiers, career counselors are ensuring that the Army keeps the best qualified, most experienced personnel filling the ranks - if that's the path they choose - and it's the path that fits.



# Bowl Builders- Yes We Can! Building Healthy Bowls with Iron Horse

Sgt. Dong Lee, Spc. Jeremiah Jones, and Sgt. Oumie Ceeaaay standing with Iron Horse Power Bowls in-hand at the Iron Horse Dining Facility, Suwon AB. Sgt. 1st Class Celicia McGee, dining facility manager for Suwon AB, and her team have spearheaded the Army's healthier eating initiative with the Iron Horse power bowl concept, which puts heavy emphasis on smarter dining options, making convenient, healthy choices take center-stage. (U.S. Army photo by Staff Sgt. Jesse Untalan) ►



By Capt. Steven J. Guevara, Public Affairs  
35th Air Defense Artillery Brigade

SUWON AIR BASE, South Korea -- Keeping the Army healthy and fit to fight is an uphill battle. For every unit, morning physical fitness training is a way of life, but nutrition is where many a Service member fall short. It may be because of the lack of time or resources or the ease of three-square meals from a vending machine or fast food restaurant, but simply put – healthy eating usually takes a back seat to convenience.

The Army is pushing for change with the implementation of the Holistic Health to Fitness program, as well as the expansion of the Go For Green program, which helps guide the Amy's dining facilities and vending machines towards healthier dining options; fewer “Red items” such as fatty, fried fast food; and more towards “Green items” such as fruits, vegetables, proteins and grains. The challenge lies in getting these recommendations to fit within the demands of the military lifestyle; and for the troops to make the difficult choices when it comes to what’s on their plates.

With this in mind, 6-52 Air Defense Artillery's Sgt. 1st Class Celicia McGee, Dining Facility Manager for Suwon AB, grabbed her team; and took the challenge head-on. She and her team have spearheaded the healthier eating initiative with the Iron Horse power bowl concept, which puts heavy emphasis on smarter dining options, making convenient, healthy choices take center-stage. Each bowl is custom built from scratch to suit the diner's tastes. It starts with a large takeaway bowl. Next, you build it up with a variety of ingredients, beef, chicken, or pork - quinoa, white, or brown rice. The proteins, carbs and greens are all pre-measured and nutritional values have been set for the available ingredients. They also provide an assortment of fresh, pre-made salads and basic, whole food smoothies.

According to McGee, she started by, “taking

away the fried, convenience foods like hot dogs and french fries during certain days of the week. I have proteins like beef, chicken, and fish. Our fighting force needs more energy, more protein to get out there; especially in combat. As we age we've got to put more focus in these areas. It was tough at first; as everything has to be special ordered in a specific way – via catalogue - the Army way. We made it work.”

The menu options were limited at first, but through research and time – everything came together. Budgeting and funding fell into place. It was a challenge to get the fresher ingredients – as the military likes to can, freeze and prepackage foods for the roughest conditions and longest shelf lives. The troops enjoy the options and convenience.

According to 35th ADA Operations Sgt. Maj. Daniel Venton, he “enjoyed eating at the Iron Horse DFAC, The power bowl made it easy for me to grab

a meal and go about my business. It's good that the DoD has come up with this program however, the majority of the Soldier population does not eat at DFACs. Many Soldiers eat at, fast food restaurants, food courts, or various off post locations. Those places do not necessarily offer the Go for Green choices that the DFAC does. Many Soldiers do not eat healthy at home.” Ultimately, the big decisions fall on the Service member. Especially when dining elsewhere. He believes that “everyday choices are the roadblocks...DFACs are competing with other restaurants on and off installation.”

Installations and commands would greatly benefit from informed eating programs led by nutritionists organic to the unit, the willingness to change starts with the individual. However, providing the fighting force with healthier, tastier and convenient options like these power bowls is a step in the right direction.



Soldiers standing in the Iron Horse Power Bowl assembly line at the Iron Horse Dining Facility, Suwon AB. Sgt. 1st Class Celicia McGee, dining facility manager for Suwon AB, and her team have spearheaded the Army's healthier eating initiative with the Iron Horse power bowl concept, which puts heavy emphasis on smarter dining options, making convenient, healthy choices take center-stage. (U.S. Army photo by Staff Sgt. Jesse Untalan)



# I Wolf Pack, Tigers take to the sky

A U.S. Air Force maintainer assigned to the 35th Aircraft Maintenance Unit conducts a pre-flight inspection at Kunsan Air Base, Republic of Korea, Nov. 19, 2019. The 8th Maintenance Group is responsible for daily flying and maintenance operations, intermediate level aircraft maintenance, component repair and maintenance training for the wing's assigned aircraft. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ►

A Republic of Korea Air Force KF-16 Fighting Falcon assigned to the 38th Fighter Group lands at Kunsan Air Base, Republic of Korea, Nov. 19, 2019. The 8th Fighter Wing and the 38th FG provide security, stability and prosperity on the Korean Peninsula and the Indo-Pacific region. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ▼



A U.S. Air Force F-16 Fighting Falcon assigned to the 35th Fighter Squadron taxis down the flightline at Kunsan Air Base, Republic of Korea, Nov. 19, 2019. The 35th FS "Pantons" perform air and space control roles including counter air, strategic attack, interdiction and close-air support missions. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ▲

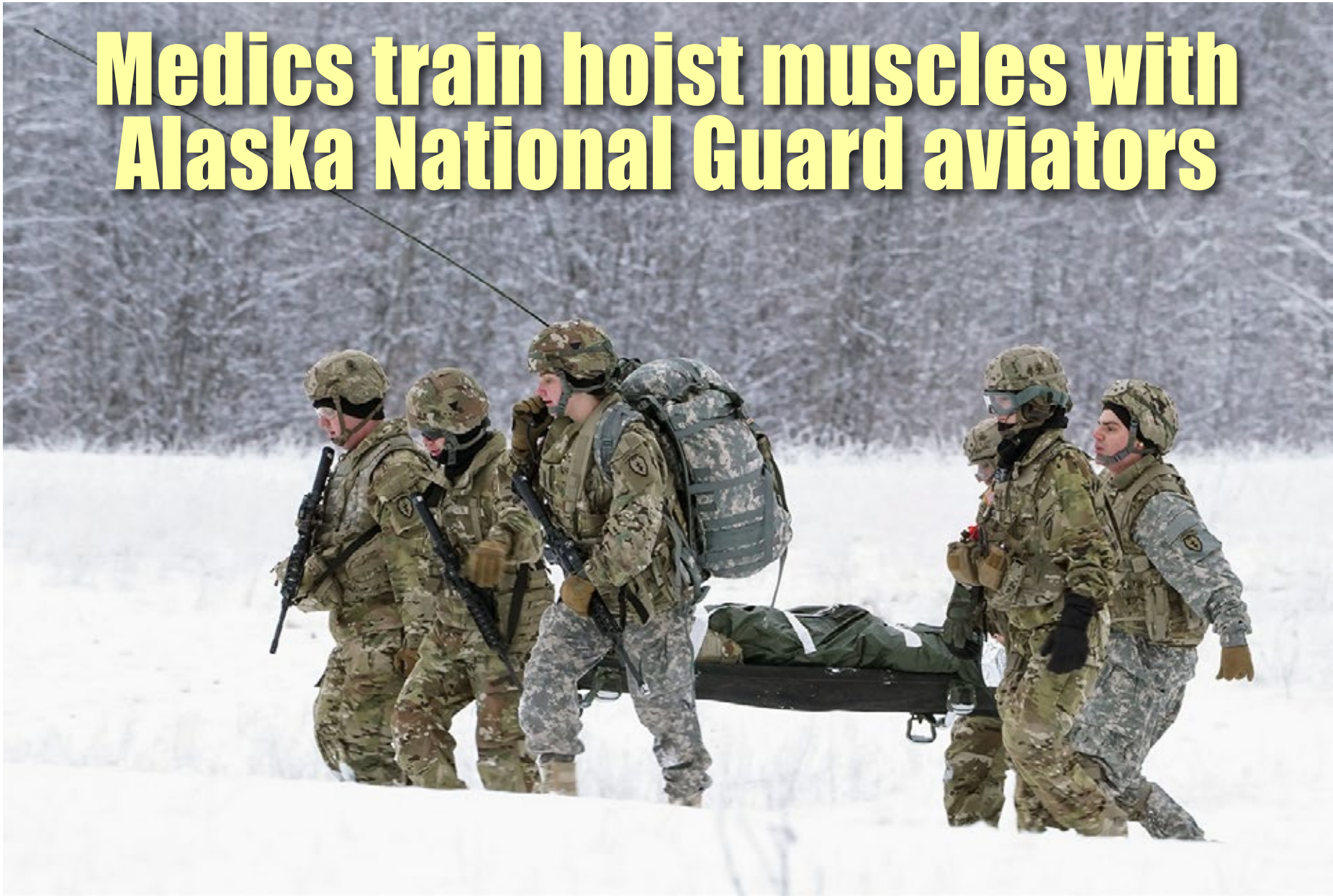
U.S. Air Force F-16 Fighting Falcons assigned to the 8th Fighter Wing taxi down the flightline at Kunsan Air Base, Republic of Korea, Nov. 19, 2019. The 8th FW is home to two fighter squadrons, the 35th Fight Squadron "Pantons" and 80th FS "Juvats." They perform air and space control roles including counter air, strategic attack, interdiction and close-air support missions. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ►



A U.S. Air Force maintainer assigned to the 35th Aircraft Maintenance Unit conducts a pre-flight inspection at Kunsan Air Base, Republic of Korea, Nov. 19, 2019. The 8th Maintenance Group provides on- and off-equipment maintenance on F-16 Fighting Falcons. The group also provides munitions, aircraft maintenance and maintenance operations support. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ▲



# Medics train hoist muscles with Alaska National Guard aviators



**By Justin Connaher**  
**Joint Base Elmendorf-Richardson Public Affairs**

**JOINT BASE ELMENDORF-RICHARDSON --** Medics from the 6th Brigade Engineer Battalion (Airborne), 4th Infantry Brigade Combat Team (Airborne), 25th Infantry Division, U.S. Army Alaska, conduct training with aviators from the Alaska Army National Guard at Neibhur Drop Zone, Nov. 26, 2019, to hone their life-saving and Medevac hoist skills for the paratroopers' upcoming rotation to the Joint Readiness Training Center at Fort Polk, La.

**Medics from the 6th Brigade Engineer Battalion (Airborne), 4th Infantry Brigade Combat Team (Airborne), 25th Infantry Division, U.S. Army Alaska, carry a simulated casualty to an extraction point while training with aviators from the Alaska Army National Guard at Neibhur Drop Zone, Nov. 26, 2019, to hone their life-saving and Medevac hoist skills for the paratroopers' upcoming rotation to the Joint Readiness Training Center at Fort Polk, La. ▲**



**Spc. Eric Stidham assigned to Headquarters and Headquarters Company, 6th Brigade Engineer Battalion (Airborne), 4th Infantry Brigade Combat Team (Airborne), 25th Infantry Division, U.S. Army Alaska, trains with fellow Soldiers and aviators from the Alaska Army National Guard at Neibhur Drop Zone, Nov. 26, 2019, to hone their life-saving and Medevac hoist skills for the paratroopers' upcoming rotation to the Joint Readiness Training Center at Fort Polk, La. ▲**

**Medics from the 6th Brigade Engineer Battalion (Airborne), 4th Infantry Brigade Combat Team (Airborne), 25th Infantry Division, U.S. Army Alaska, train with aviators from the Alaska Army National Guard at Neibhur Drop Zone, Nov. 26, 2019, to hone their life-saving and Medevac hoist skills for the paratroopers' upcoming rotation to the Joint Readiness Training Center at Fort Polk, La. ▼**





Medics from the 6th Brigade Engineer Battalion (Airborne), 4th Infantry Brigade Combat Team (Airborne), 25th Infantry Division, U.S. Army Alaska, carry a simulated casualty to an extraction point while training with aviators from the Alaska Army National Guard at Neibhur Drop Zone, Nov. 26, 2019, to hone their life-saving and Medevac hoist skills for the paratroopers' upcoming rotation to the Joint Readiness Training Center at Fort Polk, La. ►



A soldier assigned the 6th Brigade Engineer Battalion (Airborne), 4th Infantry Brigade Combat Team (Airborne), 25th Infantry Division, U.S. Army Alaska, smiles as he looks into a helicopter's rotor wash while training with aviators from the Alaska Army National Guard at Neibhur Drop Zone, Nov. 26, 2019, to hone their life-saving and Medevac hoist skills for the paratroopers' upcoming rotation to the Joint Readiness Training Center at Fort Polk, La. ▲



Spc. Michael Moulton, a native of Juneau, Alaska, assigned to Headquarters and Headquarters Company, 6th Brigade Engineer Battalion (Airborne), 4th Infantry Brigade Combat Team (Airborne), 25th Infantry Division, U.S. Army Alaska, pulls security while training with aviators from the Alaska Army National Guard at Neibhur Drop Zone, Nov. 26, 2019, to hone their life-saving and Medevac hoist skills for the paratroopers' upcoming rotation to the Joint Readiness Training Center at Fort Polk, La. ▲

A UH-60 Black Hawk helicopter, and Alaska Army National Guard aviators land on Neibhur Drop Zone, Nov. 26, 2019, while assisting Soldiers of the 6th Brigade Engineer Battalion (Airborne), 4th Infantry Brigade Combat Team (Airborne), 25th Infantry Division, U.S. Army Alaska, honing their life-saving and Medevac hoist skills for the paratroopers' upcoming rotation to the Joint Readiness Training Center at Fort Polk, La. ►





OSAN AB ANTI-BULLYING & HAZING CAMPAIGN WEEK

December 16-20

► Dec 16

1200: Osan Base Exchange  
Proclamation and Cake Cutting/CC Opening Remarks  
1800 – 2100: Mustang Community Center, Multi-Purpose Room  
Showing of the movie “Wonder”

► Dec 17

0800 – 0900: The Mustang Café  
Leaders and Coffee  
0930 – 1130 and 1330 – 1530: USO (Classroom 1)  
Anti-Bullying & Hazing Workshop

► Dec 18

1100-1300: E-Club, Silver Star Lounge  
Lunch Panel (with Leaders)

► Dec 19

0930 – 1130 and 1330 – 1530: USO (Classroom 2)  
Anti-Bullying & Hazing Workshop  
1100 – 1300: USO  
Lunch Collaboration

► Dec 20

0800 – 1200: Osan Fitness Center  
Team Building and Small Group Discussions  
1200: Osan Fitness Center  
Closing Remarks

There will also be a week-long fitness challenge and a booth at the Base Exchange each day from 1000 – 1800 to take pledges with free items for the first 1000 people.

For any questions regarding the events, please contact SSgt Shae Tomiak at [shae.tomiak@us.af.mil](mailto:shae.tomiak@us.af.mil) or DSN 784-1474

By Jon Dunbar

The Crossword

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20					21					22				
23				24				25	26					
				27			28		29		30	31	32	33
34	35	36	37				38		39					
40					41						42			
43				44						45				
46							47		48					
				49		50		51			52	53	54	55
56	57	58	59			60	61				62			
63						64					65			
66						67					68			
69						70					71			

ACROSS

41 Liberated  
42 \_\_\_\_ asunder  
43 Warship  
45 Pots  
46 Former Palestinian leader Arafat  
47 Medical services site for soldiers  
49 Mil. assignment  
51 Not Western  
56 Protective clothes  
60 Sailors' school  
62 \_\_\_\_ vera  
63 Military blockade  
64 Opposite of fake  
65 Opposite of papa  
66 Prefix for mural or venous  
67 Tropical root  
68 Coup d' \_\_\_\_  
69 Clay pigeon shooting game  
70 "Mr. Roboto" band  
71 Sanctuaries

DOWN

1 On-base retailer  
2 Swell up  
3 Opposite of effect  
4 Cop car noise maker  
5 Korea-Japan intel-sharing pact  
6 Back-up  
7 "Rhinstone Cowboy" singer Campbell  
8 Opposite of uncles  
9 Place to store planes  
10 Unexcused absence  
11 Military alliance  
12 Veins of mineral  
13 Canvas shoe maker  
24 Common movie SFX  
26 Housecleaner  
28 Redwoods, oaks, and pines  
30 "\_\_\_\_ boy!"  
31 Kia subcompact cars  
32 43,560 square feet  
33 Hamilton's bill  
34 Military cadence, \_\_\_\_ call  
35 Swedish furniture store  
36 Gene Simmons band  
37 Planes  
39 Soldier-for-hire  
41 Major carmaker  
44 Withdraw  
45 Betamax alternative  
48 Antacid brand  
50 Turkic tents  
52 Domesticated  
53 Overjoy  
54 Holy \_\_\_\_ Empire  
55 Drinks without ice  
56 "\_\_\_\_ the custom"  
57 Skating location  
58 Hand out  
59 Fantasy monster  
61 Chair

“DISCOUNT!!”

All 2D movies! 30~40% OFF

This deal applies (only) to all U.S base military personnel.

From : Jul. 1st, 2019 ~ Dec. 31th, 2019

• MUST provide a military ID card at the ticket booth.

Dec. 4, 2019

Dec. 12, 2019

FORD v FERRARI

JUMANJI NEXT LEVEL

Terms and Conditions

- This deal ONLY applies to Lotte Cinema in Songtan.

- MUST pay upfront. (NO online reservations)

- Other discounts may NOT be used in addition to this deal.

K-55 Main Gate

Lotte Cinema Songtan

POSCO THE RAPE

ESC Bank

KEB HANA Bank

Songtan Metro Tourist Hotel

Songtan Branch office

Show times: LOTTE CINEMA SONGTAN

Answers to Previous Crossword

ACROSS

1 HOTEL  
6 PONG  
10 CREW  
14 AROMA  
15 ALAI  
16 HIDE  
17 REMIT  
18 BERG  
19 ACID  
20 POSTERS  
22 CARPETS  
24 NUTS  
26 BEE  
27 TRACTS  
31 TRIPLEH  
35 IONS  
36 SPRITE  
38 RAH

40 MANIC  
42 IAM  
43 LARGO  
45 SCI  
46 HENNES  
49 NOUN  
50 HELIPAD  
52 ENTREE  
54 ALI  
55 SAGE  
57 RICKETS  
61 SABBATH  
66 IDLE  
67 ALAS  
69 ULTRA  
70 TEAR  
71 POKE  
72 LETON  
73 ZAPS  
74 HEAT  
75 AUNTS

DOWN

1 HARP  
2 OREO  
3 TOMS  
4 EMIT  
5 LATENT  
6 PABST  
7 OLE  
8 NARC  
9 GIGABIT  
10 CHAPEL  
11 RICE  
12 EDIT  
13 WEDS  
21 RUSS  
23 REPEL  
25 STRANDS  
27 TIMS  
28 ROACH  
29 ANNIE  
30 CSI  
32 RIME

33 ERROR  
34 HAGUE  
37 PINA  
39 HONE  
41 CHILE  
44 ANT  
47 EPITAPH  
48 SEGA  
51 LAKERS  
53 NEBULA  
56 ASSET  
57 RITZ  
58 IDEA  
59 CLAP  
60 SLOE  
62 BLEU  
63 ATTN  
64 TROT  
65 HANS

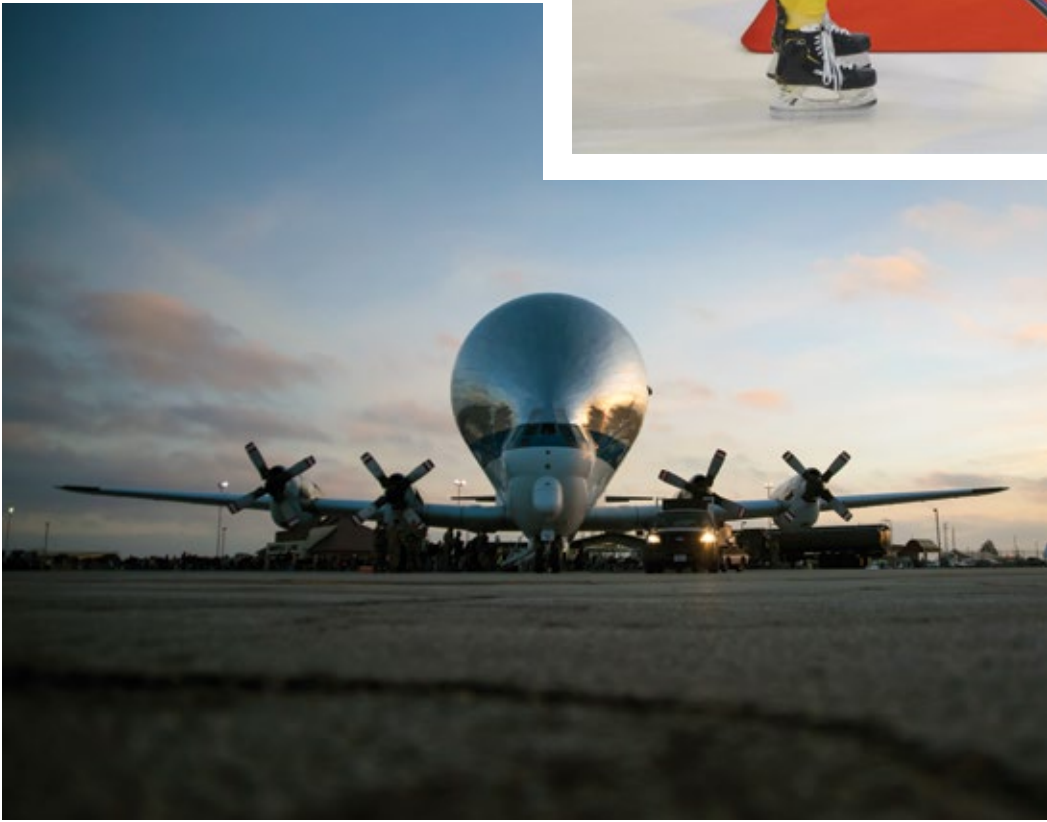




**An** MQ-9 Reaper sits on the flight line as the sun sets at Creech Air Force Base, Nev., Nov. 20, 2019. The Reaper provides dominant, persistent attack and reconnaissance 24/7/365. (U.S. Air Force photo by Airman 1st Class William Rio Rosado)

**A**ir Force Col. Gregory Coleman, 377th Medical Group commander, poses for a photo before dropping the ceremonial first puck at the New Mexico Ice Wolves hockey match against the Lone Star Brahmas at Outpost Ice Arena in Albuquerque, N.M., Nov. 21, 2019. The Ice Wolves honored the 377th Air Base Wing, Kirtland Air Force Base, before the match. (U.S. Air Force photo by Staff Sgt. Dylan Nuckolls) ►

**T**he NASA Super Guppy arrives at the 179th Airlift Wing, Mansfield, Ohio, Nov. 24, 2019. The 179th Airlift Wing is assisting the NASA Super Guppy in transporting parts of the Orion Space Project to Mansfield, where the parts can be transported by truck to the Glenn Research Center in Sandusky, Ohio. (U.S. Air National Guard photo by Tech. Sgt. Joe Harwood) ▼



**A**ir Force basic military training trainees assigned to the 320th Training Squadron practice marching, Nov. 18, 2019, at Joint Base San Antonio-Lackland, Texas. (U.S. Air Force photo by Sarayuth Pinthong) ▲





**A** member of the 185th Air Refueling Wing snow removal team uses a large snow blower to clear snow at the Sioux City, Iowa, Air National Guard unit, Nov. 27, 2019. (U.S. Air National Guard photo by Senior Master Sgt. Vincent De Groot) ◀

**Lt.** Col. Paul Lopez, second from left, F-22 Demonstration Team commander, officiates a reenlistment ceremony for Staff Sgt. Annemarie Prozzillo, an F-22 Demonstration Team aircrew flight equipment technician, at the Dubai Airshow, United Arab Emirates, Nov. 18, 2019. The ceremony was held on the wing of an F-22 Raptor following the team's performance on the first day of the air show. (U.S. Air Force photo by 2nd Lt. Sam Eckholm) ▼



**A**irmen assigned to the 203rd RED HORSE Squadron, Virginia Air National Guard, set up a mobile aircraft arresting cable during a four-day field training exercise, Nov. 16, 2019, at State Military Reservation, Virginia Beach, Va. RED HORSE stands for Rapid Engineer Deployable Heavy Operations Repair Squadron Engineers. (U.S. Air National Guard photo by Senior Airman Bryan Myhr) ▲

**An** F-15E Strike Eagle receives fuel from a 28th Expeditionary Air Refueling Squadron KC-135 Stratotanker during a combat air patrol mission, Nov. 15, 2019. The F-15E plays a key role in Air Force Central Command operations by maintaining constant readiness in support of air operations, providing deterrence and stability and bolstering the mission efforts of coalition partners. (U.S. Air Force photo by Master Sgt. Joshua L. DeMotts) ►





### Kunsan

**- KUNSAN PHOTO CLUB -**

Interested in sharing your photography experience with others and exploring Korea along the way? Have a camera, but want to learn how to use it more completely? Then join the Kunsan Photo Club as they delve into the finer qualities of photography where the key concept is: "It's not the camera that makes a great photo, but the photographer." If interested in joining, the group can be found on Facebook, just search for "Kunsan Photo Club."

**- WOLF PACK LODGE -**

Lodging Space A Policy  
Need a break? Got family visiting and no room to house them? You can book

lodging rooms on a space available basis up to 120 days in advance for a maximum of 30 days depending on availability. You can also book reservations for the holiday season (November and December) up to 30 days in advance for a maximum of 15 days. (Depending on availability) Book now for all of those relatives coming for the holiday!

Reservations – Front Desk-DSN 782-1844 or Commercial (82)63-470-1844  
FAX: DSN 315-782-0633 Commercial (82)63-470-0633

**- SUNDAY SONLIGHT DINNER -**

Every Sunday, volunteers from a specific unit cook dinner for their fellow Wolf Pack members at the Sonlight Inn. The dinner begins at 6 p.m. following grace led by a chaplain. Meals range from "breakfast for dinner" to "Italian cooking" to "Southern style." For more information or to volunteer, contact the chapel at 782-HOPE.

**- SPONSOR TRAINING -**

Learn creative ways to assist newcomers reporting to Kunsan AB. Registration required. Class is held at the Airman and Family Readiness Center. Call 782-5644 for more information, dates or to sign up.

**- ROKAF ENGLISH CLASS -**

Team 5/6 is looking for volunteers to support the ROKAF English class every Saturday, at the Sonlight Inn. You will be talking to ROKAF Airmen (enlisted) for approximately one hour. This event is open to all ranks! Civilian attire is preferred, however, UOD is allowed. For more information, contact Staff Sgt. Charles Nelson.

**- PING PONG TOURNAMENT -**

Free to all. Prizes for first and second places. Prizes include Wolf Pack Won. To sign up, dates or for more information, call the CAC at 782-5213 or 4679.

### Osan

**OSAN YOUTH SPORTS:** Osan Youth Sports will offer winter basketball and cheerleading. Registration is from December 2 - January 3. Season will run from February to end of March. Start Smart Basketball will be for ages 3-5; cost is \$35 per participants. Sign-ups for this will be limited. Basketball and cheer will be for youth ages 5-18; cost is \$55 for YP members and \$60 for non-members. Sign-ups will not be limited for this group. Registration forms can be found at <https://www.51fss.com/youth-sports>. Stop by bldg. 492, Youth & Teen Center, to register. Call 784-1492 for any questions.

**TAX SEASON:** Tax season is quickly approaching and all are encouraged to start collecting their required documents today. Virtual currency is taxable and the IRS is tracking, so be sure to include all income on your tax return. Check the rules and regulations concerning your state, file a state income tax return if required. Osan AB will not offer Volunteer Income Tax Assistance (VITA) services this year. Assistance will be available for active duty members through Military One Source [www.militaryonesource.com](http://www.militaryonesource.com). <https://www.irs.gov/individuals/military> contains information for military personnel and will post updates to assistance offered by the IRS.

**FEDERAL VOTING ASSISTANCE PROGRAM:** The 2020 election season is approaching. The Federal Voting Assistance Program (FVAP) allows all US citizens to vote while their away from their voting jurisdiction. To register and request a ballot, fill out the Federal Post Card Application: [fvap.gov/r3/fpca/state](http://fvap.gov/r3/fpca/state). You may also pick up a hard copy from the Installation Voting Assistance (IVA) Office, Bldg. 769 M-F 0800-1700. New Hampshire and South Carolina hold their primary election in Feb, register today to ensure receipt of the ballot. For more information [fvap.gov](http://fvap.gov) or the Installation Voter Assistance Office at 784-5440.

**LOCAL NATIONAL CIVILIAN PERSONNEL MANAGEMENT COURSE:** Instructors from Civilian Personnel and Education & Training, 51st Force Support Squadron, will conduct the Local National Civilian Personnel Management Course on 12 Dec 19, 0730-1100 at Osan Professional Development Center, Bldg 788, Room 26. This training is applicable to new supervisors (military and civilian) of Korean National Employees. Military and civilian supervisory personnel of Korean National employees who have not previously completed this course are required to attend. Please contact Ms. Yong Suk Chin for additional details at 784-5887.

**51 FSS CUSTOMER APPRECIATION WEEK:** The 51 FSS is pleased to announce Customer Appreciation Week kicking off on Monday, 9 December and concluding on Friday, 13 December. Airmen and their families will win great prizes in a variety of ways at their local Force Support Squadron (FSS) facilities. FSS facilities include AF clubs, bowling centers, golf courses, and many more. FSS will be giving away a pair of Apple AirPods, PS4, X Box One, USA Travel Office Airline Ticket along with many more prizes. For more information about Customer Appreciation Week visit [www.51fss.com/2019-customer-appreciation-week/](http://www.51fss.com/2019-customer-appreciation-week/). Follow 51 FSS on social media: Facebook "Osan AB FSS" and/or Instagram "@51FSS".

**CFC-O:** The Combined Federal Campaign-Overseas kicked off on 14 October 2019. The campaign will run this year all the way to 13 December 2019. We are pushing for your "why" this year! There are key workers that can help you find your "why" foundation throughout all organizations on base. If you need help with locating your designated key worker or have any questions, please contact one of your Community Area Project Officers (MSgt Stephanie Shump – Dental, MSgt John Torres – Weapons).

**OSAN YOUTH SPORTS SPORTS OFFICIALS AND SCOREKEEPERS:** Officials and scorekeepers are needed for all of Osan's Youth Sports and Intramural Sports games. Qualified personnel receive training and pay for working these games. If interested, please send a short text to Dave Moysey at 010-2188-5528.

**OSAN BASE HONOR GUARD "TO HONOR WITH DIGNITY":** Are you or someone you know highly motivated, dedicated to excellence, and want to be among the sharpest? If the answer is yes, the Osan Honor Guard Team welcomes you. For more information contact SSgt Akin Hyde at 784-1091 or via email: [akin.hyde@us.af.mil](mailto:akin.hyde@us.af.mil), or SSgt Suchi Xiong at 784-4197 or via email: [suchi.xiong@us.af.mil](mailto:suchi.xiong@us.af.mil).

**TUTORING VOLUNTEER OPPORTUNITY:** We have a tutoring opportunity for grade school to young adults, on base, for all subjects, especially the sciences, technology, engineering, and mathematics (STEM). In order to be a volunteer, applicants would have to complete a coach/volunteer application and background check. Interested participants can get additional information at our "Osan AB Tutoring" Facebook page <https://www.facebook.com/osantutors/> We meet every Wednesday & Thursday from 1630-1830 at the Base USO.

**OSAN CITY'S ENGLISH PROGRAM FOR MIDDLE SCHOOL STUDENTS:** As part of the Good Neighbor Program, 7th AF Public Affairs has been supporting the conversational English program organized by the Osan City Mayor for middle school children in Osan city. The program is in need of volunteers who will assist and teach conversational English to the students for the 2019 second semester. The program occurs every Thursday till 19 December 2019. Transportation is provided from Checkertails at 1540 and will return 1830 each Thursday. If you are interested in this "Adopt-A-School English Tutoring Program", please contact 7 AF/PA Ms. Yom, Kyong Suk via email [kyong\\_suk.yom.kr@us.af.mil](mailto:kyong_suk.yom.kr@us.af.mil) or DSN 784-4724, cell phone 010-4736-7979.

Kunsan's emergency phone numbers			
Emergency Services	911		
Off Base/Cell Emergency	063-470-0911	Nurse Advice Line	1-800-723-8255
Crime Stop: (to report a crime)	782-5444	IG Complaints FWA Reporting:	782-4850 (duty hours) 782-4942 (anytime)
Base Locator: (after duty hours)	782-4743	Chaplain (After duty hours)	782-6000
Law Enforcement desk	782-4944	Sexual Assault Response Coordinator (SARC)	782-7272
Emergency Leave / Red Cross		782-4601 (on base) 1-800-733-2761 (anytime)	

Osan's emergency phone numbers			
Emergency Services (Fire, Medical, Security Police)	911	Commander's Hotline	784-4811
Off Base/Cell Emergency	031-661-9111	Crime Stop: (to report a crime)	784-5757
Emergency Room:	784-2500	IG Complaints FWA Reporting:	784-1144
Base Locator: (after duty hours)	784-4597	Emergency Leave	784-7000
Force Protection Information Hotline:	115	Sexual Assault Response Coordinator (SARC)	784-7272
Chaplain (After duty hours)	784-7000	Security Forces Control Center	784-5515



# US-China hold 15th Annual Disaster Management Exchange



By Maj. Oliver Schuster

KILAUEA MILITARY CAMP, Hawaii -- U.S. Army Pacific hosted the 15th Annual Disaster Management Exchange with China's People's Liberation Army and representatives from various disaster management agencies November 15-21 at Kilauea Military Camp and Kilauea Military Reservation on the island of Hawaii.

The Indo-Pacific region is susceptible to major natural disasters such as earthquakes, typhoons and flooding. These disasters can require large-scale military and civilian emergency response. The design of the DME is to improve the ability of both militaries to respond cohesively while using international humanitarian aid or disaster relief standards set by the Association of Southeast Asian Nations.

Over the past 15 years the DME has matured from basic visits and briefings into a substantive exchange that focuses on and facilitates risk reduction while increasing dialogue between the U.S. Army and the PLA.

U.S. Army Pacific Deputy Commanding General-North, Maj. Gen. Daniel R. McDaniel, stated "No one nation can do it all by itself. The best results, we know by experience, are achieved together."

This year's exchange was based off a scenario of a notional country suffering from the effects of a

The DME is one of the key security coordination events the U.S. conducts with the PLA each year; the DME has matured from basic visits and briefings into a substantive exchange that uses table top and practical field exchanges to focus and facilitate risk reduction and interaction between the U.S. Army and the PLA. (Photo Credit: Staff Sgt. Kevin Martin)



The DME is one of the key security coordination events the U.S. conducts with the PLA each year; the DME has matured from basic visits and briefings into a substantive exchange that uses table top and practical field exchanges to focus and facilitate risk reduction and interaction between the U.S. Army and the PLA. (Photo Credit: Staff Sgt. Kevin Martin) ▲



volcanic eruption and included the use of a multi-national coordination center led by host country. The key events consisted of an expert academic discussion, a table top exchange and a practical field exchange. The academic portion was held Nov. 15-16, with approximately 15 personnel from each nation participating and presenting topics centered on humanitarian assistance and disaster relief for discussion and to share knowledge.

A highlight of the academic discussion was the presentation by Mayor Harry Kim, mayor of the county of Hawai'i, Hawaii. Kim talked about his vast experience with volcano eruption responses and how to deal with the unknowns that could arise from natural disasters.

The tabletop exercise took place Nov. 18-20. It included approximately 35 U.S. military and interagency personnel and 35 PLA participants, specializing in civil coordination, disaster planning, rescue operations and public information. This group examined how to promote international coordination in responding to a volcanic eruption scenario and the importance of the multi-national coordination center construct as a platform by which both armies can coordinate and synchronize support to a stricken nation within international standards.

The practical field exchange ran concurrently with the tabletop exercise and covered displaced civilian operations, medical aid, search and rescue, environmental assessment and debris clearance. Allowing U.S. and PLA soldiers to practice the lifesaving procedures used during disaster relief events.

These three events enable hands-on, side-by-side interaction with the PLA on the topics of humanitarian aid and disaster relief operations to assist in the sharing of lessons learned.



The DME is one of the key security coordination events the U.S. conducts with the PLA each year; the DME has matured from basic visits and briefings into a substantive exchange that uses table top and practical field exchanges to focus and facilitate risk reduction and interaction between the U.S. Army and the PLA. (Photo Credit: Staff Sgt. Kevin Martin) ▲

"It is not a question of if the U.S and China will be called upon for a disaster response but when such a request will come, McDaniel stated. "This exchange brings us together and it brings us together to learn how to work together, and with other nations to support such a request."

U.S. Army Pacific continues to conduct

exchanges like the DME to improve our ability to save lives, protect property, and better prepare for the next major disaster in the Indo-Pacific. It is about conducting operations in accordance with the international standard to provide aid in the wake of a disaster when requested by civilian authorities.

# 24 Solar Terms (Part 21)

By KyongHui "Jennie" Pae

## 21. Dae Seol Winter, Heavy Snow

Indicating the beginning of heavy snowfalls. Around December 7th of the solar calendar, when the Sun's ecliptic is 260 degrees.

The heavy snow falls on or around December 7. Farming is a time of leisure and abundance of crops harvested during the fall. At this time, there was a belief that if it snows a lot, it will have a good harvest next year and have a warm winter, which is rare for that day. In relation to snow, there is a saying that snow is a blanket for barley. The heavy snow covers the barley and protects it from the cold. In particular, the lunar month of November, during the twenty-four seasonal terms, is a festival that informs farmers of the winter with Dongji which is winter solstice, and is preparing for the New Year.

Reference: Korean Folk Culture Research





Spiritual Charge

FINDING INNER-PEACE



By A1C Mary Taylor, Religious Affairs Airman

What is inner-peace and how do we find it? The answer depends on which aspect of our lives we need peace. For example, we may seek inner-peace at work to stay level-headed and calm or want peace at home to stay strong for

ourselves and others, etc. Not surprisingly, some people have difficulty finding inner-peace while others can readily achieve it. Moreover, people have different ways to attain peace. For some, it's being active with family or friends, going to the beach, hiking, fishing, riding a motorcycle, playing a sport, going to the gym, etc. For others, inner-peace is achieved in more subtle ways: watching the sun set, listening to music, taking a walk, reading, playing a video game, watching a movie, etc. Once people attain peace, they feel refreshed and more confident about themselves and their lives.

I discovered inner-peace by attending church starting at age 18. I participated in worship services, volunteered at church functions, socialized with other church members and eventually got baptized. Having attained this new found inner-peace, I then chose to distance myself from toxic

people in my life. Additionally, my energy increased and I excelled at work and in my personal life. I could truly see a big improvement in my mindset and attitude. The "new" me spilled over into my enlistment in the Air Force in 2017. My positive attitude intertwined well with the four pillars (spiritual, mental, physical and social) of Comprehensive Airman Fitness. My Air Force supervisor (a technical sergeant) and mentor (a GS employee) nurtured my growth by supporting me during the hard times by listening to me and giving me good, honest advice. They even lent a hand when I needed it or encouraged me to always do my best. For example, when I procrastinated doing my college homework, my mentor reminded me to stay focused and get it done. He genuinely wanted me to earn my degree. My supervisor and mentor gave me the confidence I needed to succeed because they knew I

could do better, they didn't judge my mistakes and they knew I was a capable person.

Finding inner-peace does not mean we will not face obstacles... we will, it's part of life. However, we can learn to overcome them and achieve our goals. Basketball legend Jerry West once said, "You can't get much done in life if you only work on the days when you feel good." The point of this quote is that life goes on even during challenging times. It would be easy for individuals to give up hope when things don't go as planned. Yet, life goes on...it gives each of us an opportunity to learn and grow from our mistakes and overcome obstacles. It may not seem possible to do at that moment, but we may eventually realize we were capable of succeeding all along.

In closing, not all days will be good days, but we must persevere, have hope, "keep the faith" and work towards a better tomorrow.

CHAPEL SCHEDULE

KUNSAN AIR BASE

Protestant Services

Gospel Service  
Sunday, 11:30 a.m.  
Main Chapel, Bldg. 501  
Contemporary Service  
Sunday 5 p.m.  
Main Chapel, Bldg. 501

Catholic Services

Sunday Catholic Mass  
Sunday, 9:45 a.m.  
Main Chapel, Bldg. 501  
Daily Mass and Reconciliation  
Please call the Chapel

Other Worship Opportunities

LDS Service  
Sunday, 1:00 p.m.  
SonLight Inn, Bldg. 510

Point of Contact:  
Kunsan Chapel, 782-HOPE

Visit us on SharePoint:  
<https://kunsan.eis.pacaf.af.mil/8FW/HC>

OSAN AIR BASE

Protestant Services

-Community Service @ 1030  
-Gospel Service @ 1230  
Regular Occuring Ministries:  
PYOC: (Middle School & High School Students)  
- Mondays—1830-2000 @ Chapel Spiritual Fitness Center.  
PCOC: (AWANA)  
- Wednesdays @ Chapel. Age 3 to 6th grade meet 1800 -1930 & grades 7th-12th meet 1700-1800 .  
PMOC: (Men)  
- Tuesdays - 1830 @ Chapel Annex.  
PSOC: (Singles & Unaccompanied) "Osan Hospitality House"  
- Bible Studies:  
\*Saturdays - 1900 @ Hospitality House. Dinner is provided.  
Sundays - 1700 @ Community Center, Classroom #3.  
- Game Night:  
\*Fridays - 1900 @ Hospitality House. Dinner is provided.  
\*Van pickup: Fridays: Chapel @ 1730, Mustang CTR @ 1735.  
Saturdays: Chapel @ 1830, Mustang CTR @ 1835.  
PWOC: (Women) "PWOC Osan AB"  
- Mondays 1800-2000, Tuesdays 0845-1100 @ Chapel Annex (Child Watchcare provided) & Sunday 1600-1730 @ Posco Apartments .  
MOPS: Join us for OSAN MOPS!  
- Meet twice a month on Wednesday @ the Chapel Annex  
Contact: osanmops@gmail.com

Apostolic Pentecostal  
Apostolic Connection Church  
Bible Study: Osan Chapel Sanctuary,  
Mondays 7PM-8PM

Catholic Mass

Weekend Masses  
Saturday Mass (Sunday obligation), 5 p.m.  
Saturday, Also Confessions, 4 p.m.  
Sunday Mass, 8:30 a.m.  
Tuesday -Thursday Mass, 11:30 a.m.  
Friday Mass, 5 p.m.

Catholic Ministries

Catholic Religious Education  
Sunday, 10-11 a.m., Chapel annex  
Korean Prayer group  
Tuesday, 9:30 a.m.,  
Blessed Sacra Chapel  
Faith formation class/bible study  
Wednesday, 6:00 p.m., Chapel annex  
Catholic Men of the Chapel (CMOC)  
Wednesday, 7:00 p.m., Chapel annex  
Catholic Women of the Chapel (CWOC)  
Thursday, 5:30 p.m., Chapel annex hall  
Catholic Family social meal (Free)  
Friday, 6-7:30 p.m., Chapel annex hall  
Catholic Family social meal (Free)  
Saturday, 6-7:30 p.m., Chapel annex hall

Knights of Columbus & Baptism classes  
Meet monthly, Pls call 784-5000

Other Faith Groups

Earth-Based (Contact the Chapel)  
Jewish (Contact the Chapel)  
Muslim (Contact the Chapel)  
Buddhist (Contact the Chapel)  
LDS Sunday, 1 p.m., Contact the Chapel

Point of Contact:  
Osan Chapel, 784-5000

Visit us on SharePoint:  
<https://osan.eim.pacaf.af.mil/51FW/51FW-HC/default.aspx>  
Visit us on Facebook (OSAN AB CHAPEL)  
<https://www.facebook.com/OsanABChapel>

USAG-YONGSAN

Protestant Services

Traditional Service  
Sunday, 9:30 a.m.  
Memorial Chapel, Bldg 1597  
Sunday, 9:30 a.m.  
Brian Allgood Hospital Chapel  
Contemporary Service  
Sunday, 9 a.m.  
South Post Chapel, Bldg 3702  
Sunday, 10:30 a.m.  
K-16 Chapel  
Nondenominational Service  
Sunday, 11 a.m.  
South Post Chapel, Bldg 3702  
Gospel Service  
Sunday, 1 p.m.  
South Post Chapel, Bldg 3702  
Pentecostal  
Sunday, 1:30 p.m.  
Memorial Chapel, Bldg 1597  
Latter Day Saints (LDS)  
Sunday, 4 p.m.  
South Post Chapel, Bldg 3702  
Seventh-Day Adventist  
Saturday, 9:30 a.m.  
Brian Allgood Hospital Chapel  
KATUSA  
Tuesday, 6:30 p.m.  
Memorial Chapel , Bldg 1597

Catholic Mass

Sunday, 8 a.m.  
Memorial Chapel, Bldg 1597  
Sunday, 11:30 a.m.  
Memorial Chapel, Bldg 1597  
Saturday, 5 p.m.  
Memorial Chapel, Bldg 1597  
1st Saturday, 9 a.m.  
Memorial Chapel, Bldg 1597  
M/W/T/F, 11:45 a.m.  
Memorial Chapel, Bldg 1597  
Tuesday, 11:45 p.m.  
Brian Allgood Hospital Chapel

General Service

Episcopal Service  
Sunday, 11 a.m.  
Brian Allgood Hospital Chapel

Jewish  
Friday, 7 p.m.  
South Post Chapel, Bldg 3702



Point of Contact:  
USAG Yongsan Religious Support Office, 738-3011  
Visit us on SharePoint:  
<http://www.army.mil/yongsan>



# 607 AOC, ROKAF Air Mobility Airmen host first Pacific Tanker Symposium



By Seventh Air Force Public Affairs

**OSAN AIR BASE, Republic of Korea** -- Members of the 607 Air Operations Center, Air Mobility Division, hosted a Pacific Tanker Symposium with the Republic of Korea, Air Force Operations Command, Air Mobility Branch, at Osan Air Base, ROK, Nov. 18, 2019.

Four nations participated including the United States, The Republic of Korea, Australia and the United Kingdom. The objective of the symposium was to build and enhance interoperability in the Pacific region between tanker communities from allied nations.

Topics of the symposium included training, communication, and safety of flight procedures. These topics fostered discussions between the pilots and boom operators from each nation, who were able to discuss the similarities and differences in their respective capabilities.



**Members of the 607 Air Operations Center hosted a Pacific Tanker Symposium with the Republic of Korea Air Force Operations Command, Air Mobility Branch, at Osan Air Base, ROK, Nov. 18, 2019. Four nations participated including the United States, the Republic of Korea, Australia and the United Kingdom. The objective was to build and enhance interoperability in the Pacific region between tanker communities from allied nations. (U.S. Air Force courtesy photo)**

## Kunsan safely resumes operations after F-16 aircraft incident

By 8th Fighter Wing Public Affairs

**KUNSAN AIR BASE, Republic of Korea** -- The 8th Fighter Wing resumed flying operations on Dec. 4, after conducting a 24-hour runway closure to verify it was safe for the use of all personnel and assets.

During a landing after a routine sortie on Dec. 2, a U.S. F-16 Fighting Falcon pilot from the 8th Fighter Wing safely ejected from his aircraft and was transported to a medical facility with minor injuries. The pilot was released in good condition.

"We are flying today because we have

confidence in our maintainers and our pilots to execute the mission," said Col. Tad Clark, 8th Fighter Wing commander. "I want to thank everyone who worked hard and expediently to make sure we were able to resume operations with safety as our top priority."

While the aircraft sustained damage after the ejection, there was no damage to other base assets or property.

A safety board is continuing to investigate the incident. Additional details will be provided as they become available.



# Three's Company: 2 + 3 = a happy family

By Staff Sgt. Nicholas Z. Brown  
15th Wing Public Affairs

JOINT BASE PEARL HARBOR-HICKAM, Hawaii -- November was National Military Family Appreciation Month and having well-supported families helped Airmen take care of the mission.

The Bolton family found themselves in need of help from their Air Force family on their journey of expecting triplets.

Staff Sgt. Robert Bolton was in Guam preparing a jet to take Airmen into an exercise, when he learned he and his wife, Heaven, were expecting triplets.

"We were both shocked by the news," said Robert, 15th Aircraft Maintenance Squadron crew chief. "I was excited to come home."

That wasn't the first time Robert received news while he was away from home.

"A year ago, we had a miscarriage after eight weeks, and I was working out of town that time too," said Robert. "My squadron was really good about immediately putting me on a plane and I was home within six hours. A couple months later we were blessed with these three."

The Boltons were excited about the pregnancy, but also worried.

"When we were four months pregnant we found out there was a complication so we had to be sent to Cincinnati Children's Hospital Medical Center," said Robert. "My squadron gave me orders to go over there and that was my duty station until it was resolved."

Robert's leadership constantly checked on him.

"The whole time we were there they called us," said Heaven. "The medical team at Hickam was on top of it and made sure everything was okay."

"My commander, shirt, and supervisor have been wonderful about this entire process," said Robert. "The Air Force family has been very



Staff Sgt. Robert Bolton and his wife, Heaven, Bolton with their triplets. The Air Force Family supported the Boltons. (U.S. Air Force photo by Staff Sgt. Nicholas Z. Brown)

helpful. Not just my squadron, but also the medical team and Exceptional Family Member Program."

The triplets were born Oct. 15 all healthy. However, as is normal with triplets, the babies are premature and have to be kept in an incubator.

While at the hospital, Robert's squadron delivered meals to the Bolton Family.

"When I found out he was having triplets I was shocked," said Staff Sgt. Francisco Cruz, 15th Aircraft Squadron aerospace repulsion craftsman. "I couldn't imagine having three

newborns all at the same time and I just wanted to do whatever I could to help them out."

"It's helped out tremendously," said Robert. "We don't have to worry about food and we can focus on our babies. They'll shoot us a message or give us a call asking what we're feeling like and then they'll give us some food."

During this process, Robert also applied for a position at Joint Base Andrews, Maryland.

Part of Air Force life is getting ready for the next assignment. Robert's leadership helped him with the application process while he's been taking care of his family.

# Hill AFB, DoD bases to serve as 5G test bed

By Kendahl Johnson  
75th Air Base Wing Public Affairs

HILL AIR FORCE BASE, Utah (AFNS) -- In an effort to demonstrate innovative prototypes that use commercial 5G technologies as a way to augment future military capabilities, the Department of Defense chose Hill Air Force Base and three other U.S. military bases including Joint Base Lewis-McChord, Washington; Naval Base San Diego and Marine Corps Logistics Base Albany, Georgia, as a test bed for 5G technology.

Frank Konieczny, Air Force chief technology officer, visited Hill AFB, Nov. 20, to meet with the base's senior leaders and others who will be involved with the project. He said the initiative is a "very important project, one of the most important things we could be doing."

5G is the fifth generation of cellular network technology. It is the advent of ubiquitous connectivity through wireless communications, and is expected by industry experts to be one of the fastest, most robust technologies the world has ever seen.

Hill AFB was selected for its ability to provide

streamlined access to site spectrum bands, mature fiber and wireless infrastructure, access to key facilities, support for new or improved infrastructure requirements, and the ability to conduct controlled experimentation with dynamic spectrum sharing.

DoD leaders expect to release new testing opportunities each quarter, with the focus areas for the first round of experiments having military and commercial relevance. The focus area for Hill AFB is establishing a dynamic spectrum sharing test bed to demonstrate the capability to use 5G in congested environments with high-power, mid-band radars.

"The 5G spectrum sharing experimentation will provide us valuable insight into how we can use 5G when ubiquitous, and provide interconnectivity to meet the needs of the base and the depot of the future," said Mike Neri, 75th Communications and Information Directorate chief technology officer.

Other focus areas at the four test-bed installations include integrating augmented and virtual reality into mission planning and training, and leveraging 5G's ability to enhance logistics operations and maximize throughout.

The development of 5G technologies will be a collaboration with industry and various government agencies.

Konieczny said it is important for the DoD to remain relevant in 5G technologies as adversaries are heavily investing in 5G to gain military, intelligence and economic advantages. He said in addition to determining future military capabilities, experimentation will aim to overcome significant exploitable security challenges.

Leaders will issue a draft request for proposals for 5G testing this month, ahead of a full solicitation in December. They hope to get contracts into place in early 2020, with actual work on the project starting as early as April.





# Hawaii National Guard in Guam for Vigilant Guard 2020 exercise



**By Staff Sgt. Mackenzie Mendez**  
8th Fighter Wing Public Affairs

ANDREWS AIR FORCE BASE, Guam -- The Hawaii National Guard participated in the final Vigilant Guard disaster response exercise of the year in Guam in late November.

Those making the trip included the 93rd Weapons of Mass Destruction Civil Support Team and the Medical Detachment 1 section of its Chemical, Biological, Radiological, Nuclear, Explosive Enhanced Response Force Package section.

Vigilant Guard is a series of exercises held annually in each Federal Emergency Management Agency region. The training program, sponsored by U.S. Northern Command with the National Guard Bureau, enables civilian-military first responders and emergency management personnel to evaluate their capabilities in the most realistic, large-scale disaster scenarios possible. This is the second time Vigilant Guard has been held in Guam.

"It is important for the 93rd CST to participate in Vigilant Guard because we operate in the U.S. Indo-Pacific Command area of operations and, based on our island location and geography, we need to be able to respond to other locations and support our brethren here

Members of the 93rd CST load an Airman with a simulated injury on a Guam National Guard Lakota helicopter for transport during exercise Vigilant Guard 2020, Guam, Nov. 21, 2019. Vigilant Guard is a series of exercises that take place in each FEMA region annually. The training exercise program sponsored by U.S. Northern Command, in conjunction with National Guard Bureau, provides civilian-military first responders and emergency management personnel the opportunity to evaluate their capabilities and identify areas for improvement, in the most realistic, large-scale disaster scenarios possible. (U.S. Air National Guard photo by Tech. Sgt. Andrew Jackson)

in Guam," said Capt. Nathaniel J Calio, 93rd CST, operations officer. "We gain the opportunity to increase our interoperability with other partners through this exercise."

For the FEMA Region 9 iteration of Vigilant Guard, the scenario was a Category 5 hurricane and a domestic terrorism plot. Guam's first responders and the Guam National Guard had to seek support from outside the territory. Hawaii, California, New Mexico, Alaska and Utah provided help in the form of Homeland Emergency Readiness Response Force, CERFP and CST units. These units consist of specially trained Soldiers and Airmen who help reduce human suffering and mitigate risk, and a vast array of equipment and vehicles. All the equipment and manpower was airlifted to Guam as it would be in a real disaster. "For this response, we were fortunate to do a unit fly away," said Sgt. 1st Class Chalcedony Silva, 93rd CST, Logistics NCO. "We brought four of our vehicles, one being our communication vehicle, which allows us

to establish communications and access to the internet. We were also able to bring the survey vehicle, which contains monitoring and sampling equipment."

"Hawaii's readiness increases when we participate in exercises like Vigilant Guard because we get to interact with different agencies and other units," said Sgt. 1st Class Ryan Baqui, 93rd CST, CBRNE NCO. "It forces us to step outside our comfort zone and mesh with other people and figure out new operational procedures and tactics to solve a complex problem."

In the scenario, Hawaii's CERFP Medical Airmen provided casualty collection, triage and decontamination support to a collapsed structure where there was a chemical contamination.

Organizers of Vigilant Guard strive to keep each exercise as realistic as possible to push responders and expose potential shortfalls so participating organizations do not become complacent.



**W**inter in Korea means plenty of festive gatherings, from Christmas to New Year's Eve parties. As December comes to an end and the year draws to a close, people gather at sunrise festival locations across Korea to welcome in the first sunrise of the New Year. January and February are perfect for reveling in the chilly weather by visiting snow and ice festivals. Each region has its own unique winter culture and specialty products as well as endless opportunities to enjoy an active winter in Korea.



## Guide to Winter Festivals – Part 1 –



### ◀ Lighting Festival at The Garden of Morning Calm

- Period: December 6, 2019 - March 22, 2020
- Venue: The Garden of Morning Calm  
432, Sumogwon-ro, Gapyeong-gun, Gyeonggi-do

Held at the Garden of Morning Calm, the Lighting Festival is one of the biggest light festivals in Korea, covering an area of nearly 330,000 m<sup>2</sup> with lights. With different themes every year, the gleaming lights add a festive glow to the natural beauty of the garden throughout the winter season. Be sure to head up to the skywalk for a bird's-eye-view of the entire layout.

### ▶ Boseong Tea Plantation Light Festival

- Period: November 29, 2019 - January 5, 2020
- Venue: Korea Tea Culture Park,  
775, Nokcha-ro, Boseong-gun, Jeollanam-do

The magical allure of the Boseong Green Tea Plantation grows tenfold in winter as bright Christmas lights cast a cheery glow over the expansive fields. The themed spaces and exhibits bring "Christmas decorations" to a whole new level.



### ◀ Pyeongchang Trout Festival

- Period: December 21, 2019–February 2, 2020
- Venue: 3562, Gyeonggang-ro, Pyeongchang-gun, Gangwon-do

Pyeongchang Trout Festival annually takes place in Pyeongchang-gun, the largest trout producer in Korea. Trout cultivated in the clear waters of Pyeongchang are popular for their rich and chewy texture. At the festival, visitors can enjoy ice fishing along with other fun activities such as barehanded fishing and sledding. The festival venue is also close to Alpensia Ski Resort and Yongpyong Ski Resort, where PyeongChang 2018 Winter Olympic Games took place.





► *Seongsan Sunrise Festival*

- Period: December 30, 2019 - January 1, 2020
- Venue: Seongsan Ilchulbong Peak  
284-12, Ilchul-ro, Seogwipo-si, Jeju-do

Join the countdown and welcome the New Year at Jeju’s premier sunrise attraction, Seongsan Ilchulbong Peak (also known as “Sunrise Peak”). In addition to the beautiful sunrise, the festival will also feature parades, performances, firework shows, the distribution of tteokguk (rice cake soup), and other events.



◄ *Ganjeolgot Sunrise Festival*

- Period: December 31, 2019 - January 1, 2020
- Venue: Ganjeolgot Cape Park  
39-2, Ganjeolgot 1-gil, Ulju-gun, Ulsan

Ganjeolgot Cape is famous as a place to observe the earliest sunrise in Korea. People all across the nation gather to celebrate and watch the first sunrise of the New Year here. New Year's celebrations also include a wide array of events such as fireworks, eating tteokguk, and various performances. Attractions nearby include thick groves of pine trees, oddly shaped rock formations and Oegosan Onggi Village.

► *Homigot Sunrise Festival*

- Period: December 31, 2019 - January 1, 2020
- Venue: Homigot Sunrise Plaza  
136, Haemaji-ro, Nam-gu, Pohang-si, Gyeongsangbuk-do

Homigot Cape, as well as its beach area where Homigot Sunrise Plaza is located, is definitely one of the most popular places for watching the New Year’s sunrise due to its brilliant yellow and golden sunrise scenery. Main programs at the Homigot Sunrise Festival include various performances and fireworks as well as a tteokguk event that can feed up to 10,000 people.



◄ *Jeongdongjin Sunrise Festival*

- Period: December 31, 2019 - January 1, 2020
- Venue: Sandglass Park at Jeongdongjin Beach  
Jeongdongjin2-ri, Gangneung-si, Gangwon-do

Jeongdongjin’s landmark can be characterized by a large sandglass nearby the beach. The beach's sandglass takes one full year for the sand in the top bulb to completely fall to the bottom. When the clock strikes midnight, the sandglass is turned over once again as part of a grand ceremony, kicking off the brand-new year with fireworks and performances.