

# Crimson Sky

Republic of Korea air force 38th Fighter Group Aircraft Maintenance Unit weapons load crew members pose for a photo during the 2021 Pen Fest Competition at Kunsan Air Base, Republic of Korea, Feb. 1, 2021. The three-man team won the competition against U.S. Air Force 35th, 80th, 25th, and 36th AMUs from Kunsan and Osan AB, ROK. (U.S. Air Force photo by Staff Sgt. Mya M. Crosby)



## ROKAF unit takes win at Pen Fest

By Staff Sgt. Mya M. Crosby  
8th Fighter Wing Public Affairs

**KUNSAN AIR BASE, Republic of Korea** -- The Republic of Korea air force 38th Fighter Group Aircraft Maintenance Unit won the Pen Fest 2021 competition at Kunsan Air Base, Republic of Korea, May 1.

The 8th Fighter Wing hosted the weapons loading event, which also included the 80th and 35th AMU from Kunsan, and the 25th and 35th AMU from Osan AB, ROK.

"This is the biggest weapons event in Korea, and probably in the world," said Senior Airman

Quentin Gonzalez, 80th AMU weapons load crew member. "There's so much pride and so much love here."

The crews traveled throughout the peninsula to the Wolf Pack and competed against each other as the clock was ticking, but in the end, the teams did it all for enjoyment and unity.

"It's all love here," said Staff Sgt. Andrew Martinez, 25th Aircraft Maintenance Unit weapons load crew member. "The adrenaline was pumping and there's a lot of people. All eyes are on you, but you just kind of zone out and have fun. I've never done pen fest before. This is my

first time at Kunsan and it's been really fun. This is such a big community, and everyone is here just to have a good time."

The crew members reflect that even with the daily grind, they still found the time to get together and enjoy what they do best.

"With all the work that we do every day, I just want to thank everybody for putting this together," said Gonzalez. "There's a lot that went into it and a lot of people spent time volunteering on their off duty time actually putting this together for everybody."

< More photos on page 9 >



**INSIDE** →



A unique mission at Sea

PAGE 3



Fighter pilots are fit to fight tonight, tomorrow

PAGE 6



Airman's upbringing of resilience; 29 siblings and counting

PAGE 18

**Crimson Sky**  
Published by Seventh Air Force

**7th Air Force**  
Commanding General/Publisher  
Lt. Gen. Scott L. Pleus

Public Affairs Officer/Editor  
Lt. Col. Omar Villarreal

Editor/COR  
Park, Do Young

Editor/Staff Writer  
Master Sgt. Rachelle Blake

**51st Fighter Wing**  
Commander  
Col. John F. Gonzales  
Public Affairs Officer

Staff Writers  
Master Sgt. Joshua Garcia  
Tech. Sgt. Matt Davis  
Staff Sgt. Ramon A. Adelan  
Staff Sgt. James L. Miller  
Staff Sgt. Sergio A. Gamboa

**8th Fighter Wing**  
Commander  
Colonel Chris B. Hammond

Public Affairs Officer  
Maj. Emily Gabrowski

Staff Writers  
Tech Sgt. Will Bracy  
Staff Sgt. Kristen High  
Staff Sgt. Jordan Garner,  
SrA. Mya Crosby  
SrA. Jessica Blair

This Air Force newspaper is an authorized publication for members of the Department of Defense. Contents of Crimson Sky bi-Weekly are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, or Department of the Air Force. The editorial content of this bi-weekly publication is the responsibility of the 7th Air Force Public Affairs APO AP 96278

Circulation: 7,000

Printed by Oriental Press, a private firm in no way connected with the U.S. Government, under exclusive written contract with the Contracting Command-Korea. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Air Force or Oriental Press of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, religion, gender, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

**Oriental Press**

Chief Executive Officer  
Charles Chong

Marketing Director  
Joseph Shim

Director, Digital Media Development  
Minho Shin

Art Director  
Eric Young-Seok Park

Commercial Advertising  
Telephone: 02-6903-6815 / 010-4016-8048  
E-mail: oriental\_press@outlook.com  
Address: PSC 450, Box 758, APO AP 96206-0758  
Location: Dragon Hill Lodge, Bldg. 4050-B

theOrientalPress.com  
DM2totheSea.com

Visit us online  
**Crimson Sky**  
www.7af.pacaf.af.mil



Submit Letters to the Editor, guest commentaries, and story submissions to the bi-weekly Crimson Sky at:

7afpa@us.af.mil  
51fwpa@us.af.mil  
8fw.pa@kunsan.af.mil

For all submitted items include a point of contact name and telephone number. All items are subject to editing for content and to insure they conform with DoD guidelines. Seventh Air Force Public Affairs and the Crimson Sky bi-weekly staff are located at Seventh Air Force Osan Air Base. For information, call Commercial 0505-784-4709 or DSN 315-784-4709.



**51st Security Forces Squadron defenders ruck during Police Week at Osan Air Base, Republic of Korea, May 12, 2021. The five-mile march was followed by memorial pushups for each defender who gave their life overseas since Sept. 11, 2001. (U.S. Air Force photo by Staff Sgt. Douglas Lorange) ▲**



**51st Security Forces Squadron defenders perform memorial pushups after a ruck march during Police Week at Osan Air Base, Republic of Korea, May 12, 2021. 51st SFS performed a pushup in honor of each defender who gave their life overseas since Sept. 11, 2001. Upon completion of each pushup, Airman yell the name of a fallen defender. (U.S. Air Force photo by Staff Sgt. Douglas Lorange) ▼**

# 51 SFS Marches in Memory of the Fallen



# A unique mission at Sea

**By Sheila deVera  
JBER Public Affairs**

**U.S. Air Force Senior Airman Alexander Garrett poses for the camera on the USS Blue Ridge (LCC-19), departing Yokosuka, Japan. The Blue Ridge is responsible for patrolling and fostering relationships within the Indo-Pacific region. Garrett is the first intelligence analyst from the 3rd Wing to support the Blue Ridge. ▲**

JOINT BASE ELMENDORF-RICHARDSON, Alaska -- Straight out of high school, a Mystic, Connecticut native joined the Air Force to explore new places, cultures, people, and ideas. Assigned to the 3rd Operations Support Squadron as an intelligence analyst, Senior Airman Alexander Garrett received a once-in-a-lifetime deployment notification to support the USS Blue Ridge (LCC-19). He was the only U.S. Air Force intelligence analyst on board.

When he initially received the notification, he wasn't sure what to expect.

Garrett said, the waters they were in were notorious for rough weather; he remembered the ocean swelling to 15 feet and feeling the vessel rocking back and forth. But rough seas did not stop this Airman from doing his job.

"I was on the USS Blue Ridge for seven months as part of the intelligence deployment," Garrett said. "I was the collection manager's assistant, who would help identify and locate vessels of interest or vessels conducting illicit ship-to-ship activity in the area."

The deployment is to support the United Nations Security Council Resolution and take part in the U.S. 7th Fleet Enforcement Coordination Cell, joint intelligence support element. The Blue Ridge is responsible for patrolling and fostering relationships within the Indo-Pacific region.



**Official U.S. Navy file photo of U.S. 7th Fleet flagship USS Blue Ridge (LCC-19). ▲**

"I was working with every branch except the U.S. Coast Guard, which was an incredible experience - seeing how all the branches worked and how vastly different they are from the Air Force," the intelligence analyst said. "My daily tasks consisted of giving briefings to senior leadership and figuring out which assets - enforcement coordination cell boats or aircraft - should go to collect information on illicit activity."

Air Force Master Sgt. Anthony Calizo, 3 OSS Intelligence flight chief, said Garrett was chosen for the assignment due to his well-established analytical abilities.

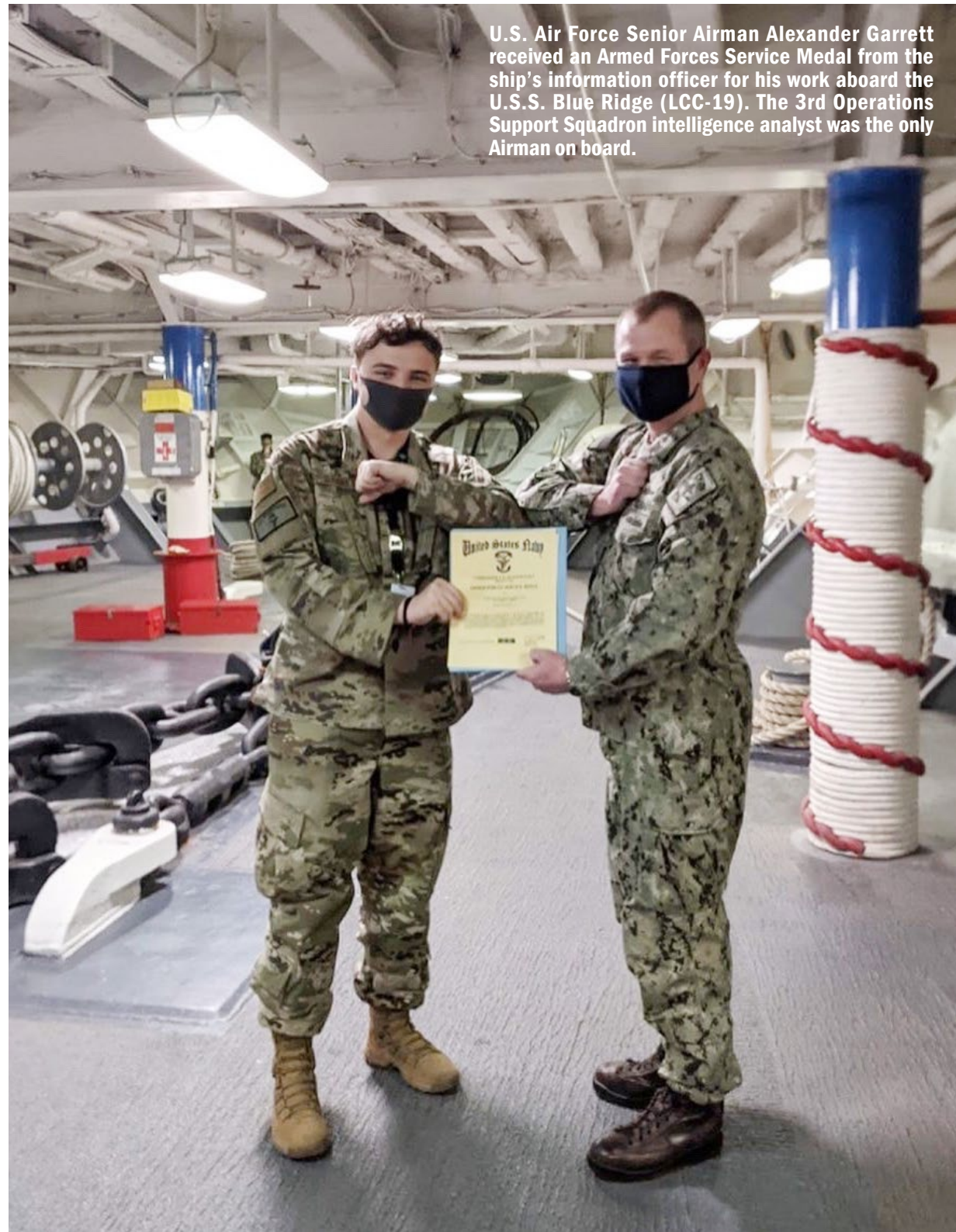
"Garrett was the first intel Airmen from the 3rd Wing to support the USS Blue Ridge," said Calizo, noting Garrett's adaptability and ability to think on his feet. "This is a completely different mission set than the 3rd Wing mission, and he had to change his focus from air support to sea support."

Despite the difficulty of being on a ship for long periods, especially for Garrett, who is accustomed to land, the 22-year-old Airman met the task with a smile on his face and represented the Air Force well, Calizo said.

Reminiscing about his time with the Navy, Garrett said, it was vastly different from the Air Force.

"In the Navy, you're entrusted with a lot more responsibility with less oversight, which is something I am going to take with me," Garrett added. "It came with great responsibility and also great reward in terms of seeing how I influenced the mission. It is something that I think everyone should get exposed to at least once in their careers."

The Blue Ridge has been forward-deployed and operating in Indo-Pacific waters for more than 40 years, continuing her primary mission of supporting the US Navy's 7th Fleet commander while conducting sustained operations at Sea. The Blue Ridge is the oldest operational ship in the U.S. Navy and is responsible for patrolling and fostering relationships within the Indo-Asia-Pacific region.



U.S. Air Force Senior Airman Alexander Garrett received an Armed Forces Service Medal from the ship's information officer for his work aboard the U.S.S. Blue Ridge (LCC-19). The 3rd Operations Support Squadron intelligence analyst was the only Airman on board.

# Chief Johnson Retirement



Col. Brian Moore, 51st Maintenance Group commander, left, and Chief Master Sgt. Jason Johnson, 51st MXG chief, stand at attention after pinning on Johnson's retirement medal at Osan Air Base, Republic of Korea, May 7, 2021. Johnson had 17 assignments and five deployments over the span of a 30-year career. (U.S. Air Force photo by Senior Airman Noah Sudolcan) ▶



Staff Sgt. Michael Madeira, 51st Security Forces Squadron military working dog handler, braces against an attack by MWD Max during Police Week at Osan Air Base, Republic of Korea, May 11, 2021. (U.S. Air Force photo by Staff Sgt. Douglas Lorraine) ▶

# 51 SFS Demos Dog Prowess



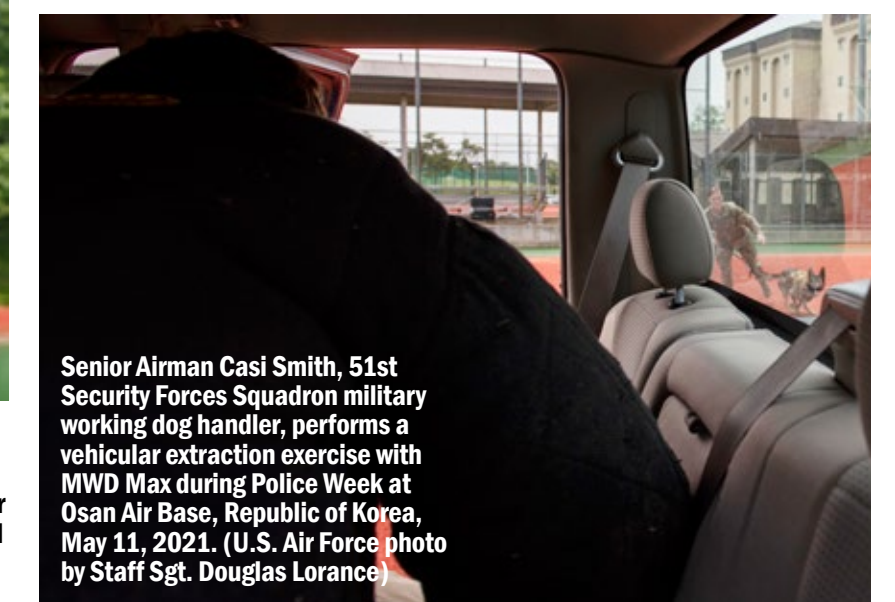
Senior Airman Alexa Petrone, 51st Security Forces Squadron military working dog handler, performs basic obedience training procedures with MWD Dina during Police Week at Osan Air Base, Republic of Korea, May 11, 2021. (U.S. Air Force photo by Staff Sgt. Douglas Lorraine) ▼



Military working dog Dina runs towards a set target during Police Week at Osan Air Base, Republic of Korea, May 11, 2021. The demonstration showcased the trust and obedience between handler and dog. (U.S. Air Force photo by Staff Sgt. Douglas Lorraine) ▼



Staff Sgt. Michael Madeira, 51st Security Forces Squadron military working dog handler, attempts to rile up MWD Dina to get her to disobey orders from Senior Airman Alexa Petrone, 51st Security Forces Squadron MWD handler, right, during Police Week at Osan Air Base, Republic of Korea, May 11, 2021. The demonstration displayed the talents of dog and handler in the fields of tactical obedience and controlled aggression commands. (U.S. Air Force photo by Staff Sgt. Douglas Lorraine) ▲



Senior Airman Casi Smith, 51st Security Forces Squadron military working dog handler, performs a vehicular extraction exercise with MWD Max during Police Week at Osan Air Base, Republic of Korea, May 11, 2021. (U.S. Air Force photo by Staff Sgt. Douglas Lorraine)



Lt. Col. Dustin "Chaos" Hudson, 8th Fighter Wing chief of safety, performs an abdominal exercise as Rodrigo Almada, 35th Fighter Squadron tactical athletic trainer, observes his form at Kunsan Air Base, Republic of Korea, April 5, 2021. Almada works on strengthening pilot's necks and working on their core to make it easier for them to accomplish the flying mission. (U.S. Air Force photo by Senior Airman Suzie Plotnikov)

## Squadron health initiative ensures fighter pilots are fit to fight tonight, tomorrow

By Senior Airman Suzie Plotnikov  
8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea -- The Air Force's mission statement is to Fly, Fight, and Win...Airpower Anytime, Anywhere.

Pilots need to be at the top of their game and in peak physical health to dominate in aerial warfare for the world's greatest Air Force.

To meet these standards, the 8th Operations Group hired athletic trainers and a licensed massage therapist to establish a program known as 'Optimizing the Human Weapon System,' or OHWS. Located within the 35th and 80th Fighter Squadrons, the program reduces the frequency and severity of neck and back injuries, reduces duty time lost, improves quality of life, enhances readiness, and supports fighter aircrew retention.

"Flying fighter aircraft is hard on the human body and can lead to long-term injury, especially in the neck and back," said Lt. Col. Thomas Nelson, 35th FS commander. "The workouts and therapy target those parts of the body with a goal of preventing future injury. If pilots stick with the targeted workouts and therapies early in their flight careers, the goals are less injuries overall, better quality of life and increased readiness levels."



Rodrigo Almada, 35th Fighter Squadron tactical athletic trainer, stretches with Lt. Col. Dustin "Chaos" Hudson, 8th Fighter Wing chief of safety, at Kunsan Air Base, Republic of Korea, April 5, 2021. The 8th Operations Group incorporated athletic trainers and a licensed massage therapist within the 35th and 80th Fighter Squadrons as part of a program known as 'Optimizing the Human Weapon System,' or OHWS. The program was created to reduce the frequency and severity of neck and back injuries, reduce duty time lost, improve quality of life, enhance readiness, and support fighter aircrew retention. (U.S. Air Force photo by Senior Airman Suzie Plotnikov) ▲

Aircraft gravitational forces, or G-forces, can be physically demanding and hard on the neck and back, especially when paired with a helmet and night vision devices.

"We're trying to work on the preventative aspect for the pilots and making sure their neck and back issues don't get worse due to the speed they fly, and the G-forces involved with that," said Rodrigo Almada, 35th FS tactical athletic trainer. "I work on strengthening their neck, working on their core and we try to make it easier for them to fly, whether it's before or after."

The athletic trainers and licensed massage therapist are strategically located inside the fighter squadrons so they are easily accessible for pilots, who have to work around their flying schedules.

"It's important for us to be in the squadron because sometimes pilots need their neck worked on before or after they fly," said Gayla Spencer, 8th OG licensed massage therapist. "We need to be centered in the squadron so they can have the convenience of walking down the hallway to get a treatment, whether it's with Rodrigo or myself."

The OHWS program has been up and running since February, and Spencer and Almada have received a lot of positive feedback since they began working with the pilots.

"I have personally seen an improvement in neck and shoulder mobility and decrease in pain since I started working with the OHWS team, and I know I'm not alone," Nelson said. "It is truly great having them in the squadrons working with the Wolf Pack pilots."

Gayla Spencer, 8th Operations Group licensed massage therapist, gives a massage to Capt. Alex Travers, 35th Fighter Squadron assistant chief of weapons, at Kunsan Air Base, Republic of Korea, April 7, 2021. The 8th OG incorporated athletic trainers and a licensed massage therapist within the 35th and 80th Fighter Squadrons as part of a program known as 'Optimizing the Human Weapon System,' or OHWS. The program was created to reduce the frequency and severity of neck and back injuries, reduce duty time lost, improve quality of life, enhance readiness, and support fighter aircrew retention. (U.S. Air Force photo by Senior Airman Suzie Plotnikov) ►



Senior leaders and key members of the Osan community cut a ceremonial ribbon at Osan Air Base, Republic of Korea, May 3, 2021. Having two fully functional, operational runways is the single largest enabler of Team Osan's ability to Fight Tonight. (U.S. Air Force photo by Airman 1st Class Nicole Mollignano) ▶



# Runway Ribbon Cutting

"I'm originally from the Philippines. When I joined, there was a very small number of Asian American/Pacific Islanders...but now in the Air Force, you see a bigger population. We've had 4-star generals, astronauts, Medal of Honor winners, and so it's cool to see what Asian-Pacific people have done for, not just the military, but for the Air Force. I'm proud to be one of them, to inspire some of the Airmen and NCOs who are Asian-Pacific. One of my mentors was a Hawaiian chief. He told me what it took to make E-9, and I followed his lead, and it worked for me. So I'm just trying to give back and try to do that for the next generation." - Chief Master Sgt. Joe Dittman ▶



# AAPI Heritage Month: Chief Master Sgt. Joe Dittman Memorial Service

Members of the 51st Security Forces Squadron attend the Police Week Memorial Ceremony at Osan Air Base, Republic of Korea, May 10, 2021. The memorial ceremony was dedicated to all the law enforcement individuals and canine working dogs who lost their lives over the past year. (U.S. Air Force photo by Staff Sgt. Douglas Lorange) ▶



# 51 SFS Kicks Off Police Week with Memorial Service

< Continued from front page >

Weapons load crew members from 36th Aircraft Maintenance Unit, participate in the 2021 Pen Fest Competition at Kunsan Air Base, Republic of Korea, Feb. 1, 2021. The 8th Fighter Wing hosted the weapons loading event, which also included the 80th and 35th AMU, from Kunsan; the 25th and 35th AMU, from Osan AB, ROK; and the ROKAF 38th Fighter Group AMU. (U.S. Air Force photo by Staff Sgt. Mya M. Crosby) ◀



Airmen assigned to the 8th Fighter Wing prepare food during the 2021 Pen Fest Competition at Kunsan Air Base, Republic of Korea, Feb. 1, 2021. The 8th Fighter Wing hosted the weapons loading event, which also included the 80th and 35th AMU, from Kunsan; the 25th and 35th AMU, from Osan AB, ROK; and the ROKAF 38th Fighter Group AMU. (U.S. Air Force photo by Staff Sgt. Mya M. Crosby) ▼



Senior Airman Quentin Gonzalez, 80th Aircraft Maintenance Unit weapons load crew member, untightens bolts during the 2021 Pen Fest Competition at Kunsan Air Base, Republic of Korea, Feb. 1, 2021. The 8th Fighter Wing hosted the weapons loading event, which also included the 80th and 35th AMU, from Kunsan; the 25th and 35th AMU, from Osan AB, ROK; and the ROKAF 38th Fighter Group AMU. (U.S. Air Force photo by Staff Sgt. Mya M. Crosby) ◀



Republic of Korea and U.S. Air Force members celebrate during the 2021 Pen Fest Competition at Kunsan Air Base, Republic of Korea, Feb. 1, 2021. The three-man team won the competition against U.S. Air Force 35th, 80th, 25th, and 36th AMUs from Kunsan and Osan AB, ROK. (U.S. Air Force photo by Staff Sgt. Mya M. Crosby)

Col. David "Wolf II" Ross, 8th Fighter Wing vice commander, flashes the 80th Fighter Squadron's 'crush 'em' sign on top of an F-16 Fighting Falcon at Kunsan Air Base, Republic of Korea, May 5, 2021. The fini-flight is a traditional practice to commemorate a commander's departure from an installation. (U.S. Air Force photo by Staff Sgt. Jordan Garner) ▶



# Wolf II celebrates his final flight at the Wolf Pack



Col. David "Wolf II" Ross, 8th Fighter Wing vice commander, poses with 8th FW members for a group photo in front of an F-16 Fighting Falcon after his final flight as vice commander at Kunsan Air Base, Republic of Korea, May 5, 2021. (U.S. Air Force photo by Staff Sgt. Jordan Garner)



Col. David "Wolf II" Ross, 8th Fighter Wing vice commander, poses with 8th Comptroller Squadron personnel after his final flight as vice commander at Kunsan Air Base, Republic of Korea, May 5, 2021. (U.S. Air Force photo by Staff Sgt. Jordan Garner) ▲



Col. David "Wolf II" Ross, 8th Fighter Wing vice commander, gets hosed down with water after his final flight as vice commander at Kunsan Air Base, Republic of Korea, May 5, 2021. (U.S. Air Force photo by Staff Sgt. Jordan Garner) ▼



## FIRE SAFETY

In case of fire, smell of smoke, and/or fire alarm bells sounding, remember S-P-E-E-D and perform these actions:

- S - Sound the alarm (Alert all in the building)
- P - Phone 911 (call Fire Department Dispatch Center with details)
- E - Evacuate the building
- E - Extinguish the fire (if it can be done without injuring yourself)
- D - Direct first arriving fire crew of where the fire or emergency is located

No matter how small or large the fire is, even if it is extinguished, call 911 or 0505-784-9111. All fires must be reported to the Fire Department. Should you have any questions, feel free to reach out to Fire Prevention Office at 784-4835. Have a fire safe day.



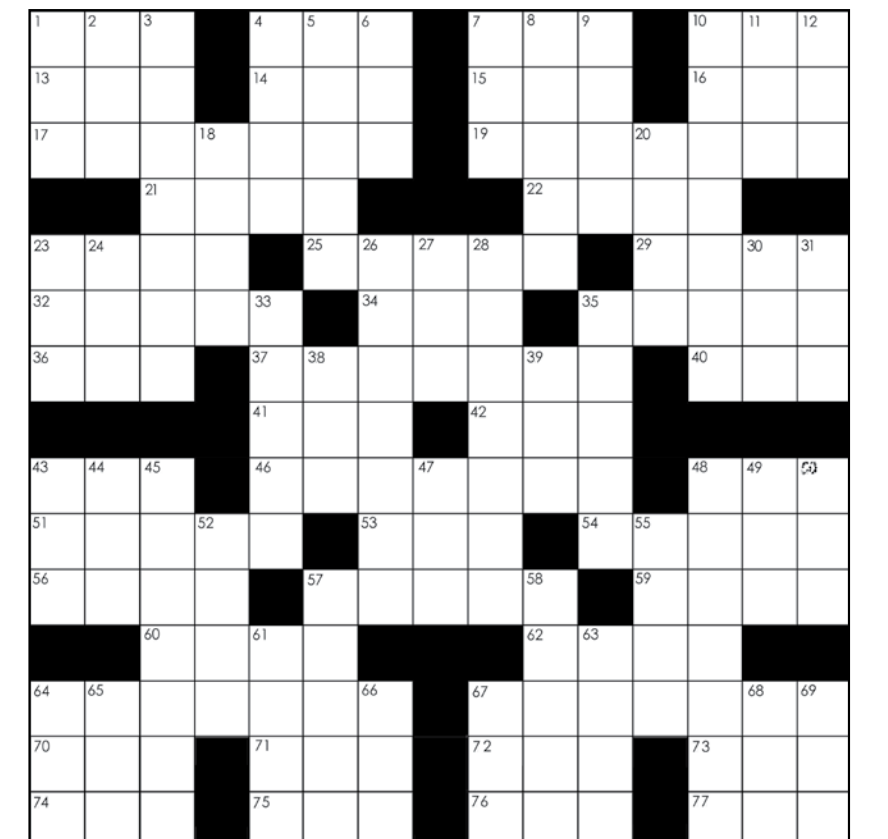
## THE MOMENT YOU HELP US REACH THEM IN TIME

MAKE THIS YOUR MOMENT.  
LEARN MORE  
Combined Federal Campaign | CFC#11112



## The Crossword

By Jon Dunbar



- ACROSS
- 1 Airplane
  - 4 NCO rank
  - 7 Korean Peninsula divider
  - 10 Cook over a grill
  - 13 Foreign aid
  - 14 Legal rule
  - 15 Kia subcompact sedan
  - 16 Answer to a captain
  - 17 Downtown Seoul avenue
  - 18 Wasted
  - 21 Korea's air intercept system, along with 22 and 51 across
  - 22 Korea's retaliatory defense plan, along with 21 and 51 across
  - 23 Korean stew
  - 25 Short nonfiction writing
  - 29 Humphreys or Carroll
  - 32 Goes with common or sixth
  - 34 Type of rally
  - 35 Egypt capital
  - 36 US insurance giant
  - 37 Goes with state or storm
  - 40 Korean spy agency
  - 41 Tent alternative
  - 42 Actor Diamond Phillips
  - 43 Bank machine
  - 46 Fats Domino's real name
  - 48 Lost soldier
  - 51 Korea's pre-emptive strike system Kill \_\_\_\_
  - 53 Goes with Christmas or All Hallow's
  - 54 Not telling the truth
  - 56 Exam
  - 57 Free \_\_\_\_ agreement
  - 59 Korean slim cigarette brand
  - 60 Actor Green or Rogien
  - 62 E Street Band's Lofgren
  - 64 Reddish color
  - 67 De facto language of US
  - 70 Gun the engine
  - 71 Fire residue
  - 72 Pair
  - 73 5G predecessor
  - 74 Foot digit
  - 75 Comedian Lil \_\_\_\_ Howery
  - 76 Former Russian space station
  - 77 K-pop boy band
- DOWN
- 1 GI \_\_\_\_
  - 2 School URL part
  - 3 Chatting
  - 4 Skinny
  - 5 "En \_\_\_\_!"
  - 6 One plus one
  - 7 Medical experts
  - 8 Whitish
  - 9 Move with speed
  - 10 Persian Gulf island
  - 11 Opposite of hi
  - 12 Math formula ender
  - 18 "Kick out the \_\_\_\_!"
  - 20 Animal shelter in many countries
  - 23 Found at Panmunjeom
  - 24 Korean education company
  - 26 Gym buddy
  - 27 Goes with Taiji or Samuel
  - 28 Practical study
  - 30 Medical scanner
  - 31 Of extremely low quality
  - 33 Coen or Hawke
  - 35 Malicious
  - 38 Sprint
  - 39 Long period of time
  - 43 Play a character
  - 44 "Where's \_\_\_\_ beef?"
  - 45 The M in 22 across
  - 47 Eggs
  - 48 The M in 21 across
  - 49 The \_\_\_\_ and outs
  - 50 Number of birthdays
  - 52 Thing
  - 55 Shout
  - 57 Just one of \_\_\_\_ things
  - 58 Extreme boredom
  - 61 \_\_\_\_ Bomba
  - 63 Frankenstein's assistant
  - 64 Old TV screen
  - 65 Speedwagon band
  - 66 Red Wings league
  - 67 Dance music
  - 68 Korean shipbuilder
  - 69 Confused-sounding Korean surname

- Answers to Previous Crossword
- |            |            |           |          |            |
|------------|------------|-----------|----------|------------|
| ACROSS     | 28 NUKE    | 69 AVA    | 9 CLOT   | 48 CAMPKIM |
| 1 SMA      | 32 RONAN   | 70 TDY    | 10 LEE   | 49 CSI     |
| 4 WTO      | 34 REN     | 73 GOO    | 11 ION   | 50 KINETIC |
| 7 WBC      | 35 ADMIN   | 74 UZI    | 12 TNT   | 51 ENT     |
| 10 LIT     | 36 DOGTAGS | 75 REV    | 20 LAND  | 52 NES     |
| 13 AIR     | 38 SHE     | 76 IOU    | 22 ORATE | 56 BAT     |
| 14 ERR     | 40 AND     | 77 VET    | 23 DAE   | 59 GYOZA   |
| 15 YUL     | 41 EVE     | 78 TAM    | 24 ORD   | 60 LAVER   |
| 16 EON     | 42 EGO     | 79 TRY    | 25 MOO   | 63 GOUT    |
| 17 TAI     | 44 EMS     | 80 CAP    | 27 MRS   | 65 NAVY    |
| 18 SUB     | 47 ETC     |           | 29 UMA   | 66 CGV     |
| 19 VIOLENT | 49 CHICKEN | DOWN      | 30 KIN   | 67 HOE     |
| 21 ROTC    | 53 LATER   | 1 SAT     | 31 END   | 68 IOT     |
| 23 DELTA   | 55 ABS     | 2 MIA     | 33 NAVER | 69 ART     |
| 24 OMAR    | 57 SEINE   | 3 ARIRANG | 35 AEGIS | 71 DOA     |
| 26 EMART   | 58 KVIV    | 4 WEST    | 37 GET   | 72 YUP     |
|            | 59 GMAIL   | 5 TRUCE   | 39 HUH   |            |
|            | 61 ANTS    | 6 ORB     | 43 OCEAN |            |
|            | 62 EGYPT   | 7 WYVERN  | 44 ELK   |            |
|            | 64 ANNE    | 8 BUILT   | 45 MAY   |            |
|            | 66 CHINOOK |           | 46 STI   |            |



**A** Hawaii Air National Guard F-22 Raptor pulls away from a KC-135 Stratotanker after receiving fuel April 21, 2021, near Oahu, Hawaii. The fifth-generation aircraft, operated by Airmen from the 199th and 19th Fighter Squadrons, integrated with a Royal Australian Air Force command-and-control aircraft during exercise Pacific Edge 21. The exercise was held to enhance air-combat proficiencies through the integration of allied units and further the interoperability between the two countries' aircraft. (U.S. Air National Guard photo by Staff Sgt. John Linzmeier) ▲

**F**irefighters from the 788th Civil Engineer Squadron fire department and Dayton Airport fire department spray water on a burning aircraft training fuselage at Wright-Patterson Air Force Base, Ohio, April 26, 2021. Crews from the 788th CES fire department constantly train to ensure their skills are always up to date. (U.S. Air Force photo by Wesley Farnsworth) ▼

**An** MC-130J Commando II assigned to the 353rd Special Operations Group sits on a foggy runway at Yokota Air Base, Japan, April 30, 2021. The MC-130J flies clandestine, or low visibility, single or multiship, low-level air refueling missions for special operations helicopters and tiltrotor aircraft, and infiltration, exfiltration and resupply of special operations forces by airdrop or airland intruding politically sensitive or hostile territories. (U.S. Air Force photo by Yasuo Osakabe) ▲

**C**hief Master Sgt. of the Air Force JoAnne S. Bass uses the 2nd Operational Support Squadron's parachute simulator during her visit to Barksdale Air Force Base, La., April 22, 2021. Bass spent time with Airmen from across the installation learning about their role in the mission of providing the nation with global strike capabilities. (U.S. Air Force photo by Airman 1st Class Jacob B. Wrightsman) ▶



Kunsan

**- KUNSAN PHOTO CLUB -**

Interested in sharing your photography experience with others and exploring Korea along the way? Have a camera, but want to learn how to use it more completely? Then join the Kunsan Photo Club as they delve into the finer qualities of photography where the key concept is: "It's not the camera that makes a great photo, but the photographer." If interested in joining, the group can be found on Facebook, just search for "Kunsan Photo Club."

lodging rooms on a space available basis up to 120 days in advance for a maximum of 30 days depending on availability. You can also book reservations for the holiday season (November and December) up to 30 days in advance for a maximum of 15 days. (Depending on availability) Book now for all of those relatives coming for the holiday!

Reservations – Front Desk-DSN 782-1844 or Commercial (82)63-470-1844 FAX: DSN 315-782-0633 Commercial (82)63-470-0633

**- WOLF PACK LODGE -**

Lodging Space A Policy  
Need a break? Got family visiting and no room to house them? You can book

**- SUNDAY SONLIGHT DINNER -**  
Every Sunday, volunteers from a spe-

cific unit cook dinner for their fellow Wolf Pack members at the Sonlight Inn. The dinner begins at 6 p.m. following grace led by a chaplain. Meals range from "breakfast for dinner" to "Italian cooking" to "Southern style." For more information or to volunteer, contact the chapel at 782-HOPE.

**- SPONSOR TRAINING -**

Learn creative ways to assist newcomers reporting to Kunsan AB. Registration required. Class is held at the Airman and Family Readiness Center. Call 782-5644 for more information, dates or to sign up.

Team 5/6 is looking for volunteers to support the ROKAF English class every Saturday, at the Sonlight Inn. You will be talking to ROKAF Airmen (enlisted) for approximately one hour. This event is open to all ranks! Civilian attire is preferred, however, UOD is allowed. For more information, contact Staff Sgt. Charles Nelson.

**- PING PONG TOURNAMENT -**

Free to all. Prizes for first and second places. Prizes include Wolf Pack Won. To sign up, dates or for more information, call the CAC at 782-5213 or 4679.

**- ROKAF ENGLISH CLASS -**

Osan

**AFCEA HOSTED GUEST SPEAKER: 3D AFSC TRANSFORMATION:** AFCEA is hosting guest speaker CMSgt Stephanie Christman for her discussion on the 3D to 1D AFSC transformation! Come by for a better understanding on the future of comm career fields in the Air Force. Also, network with the many communications career fields scattered across Osan Air Base over hors d'oeuvres & open bar sponsored by some of AFCEA's industry partners.

them Singers are looking for volunteers who would like to sing the Korean and U.S. national anthems during various official/unofficial events throughout the base. You must be able to sing in a group in four-part harmony. Any member with a musical background and singing talent can audition for the group. Please contact MSgt Knollenberg at minji.knollenberg@us.af.mil if you are interested.

dependents/civilians/contractors. For more information or to register, call 784.2148...registration is encouraged but not required.

**YOUTH SOCCER COACHES NEEDED:** We are wanting volunteer soccer coaches for our youth sports program. Please go to <https://51fss.com/youth-sports/> to fill out the forms and send them to the email on the page. Thank you for supporting our youth.

**MUNITIONS 100 PERCENT INVENTORY:** Ammo will be conducting a 100 percent wall-to-wall inventory of our stockpile. During this time, manning will be strained, so please be sure that all custody issues, expenditures and turn-ins are submitted at least a week prior to the start of this inventory.

**51 MDG VACCINATIONS BY APPOINTMENT:** 51 MDG is currently administering COVAX in the Immunization Clinic at the 51 MDG by appointment. Call 784-DOCS (appointment line) or use TRICARE online to make your reservation: Tues 0700-1000 - 50 slots Wed 1500-1600 - 20 slots Thurs 0700-1000 - 50 slots

**GRAPHICS DESIGNER NEEDED:** The Osan AB Chapel is looking for a volunteer with Graphics Design skills and experience to create stunning graphics for FB, Worship Services, and other advertising. If you are interested please email osanpcc@gmail.com

**FREE FAMILY RESILIENCY BOWLING NIGHT:** 24 May 1800 - 2000 Come enjoy a night of fun at the Osan AB Bowling 'Mig' Alley on 24 May from 1800-2000. Open to the 1st 100 people registered (each person must register, ex: Family of 4, must have 4 registrations). Event activities include food, soft drinks, shoe rental, and 2hrs of bowling! Register here by 20 May: <https://www.eventbrite.com/e/153260599579>

**SCHOLARSHIP OPPORTUNITY:** Do you have an idea on how to better accomplish your mission? Have you ever said "is there is a better way to do this?" Well, Osan Spark is here to serve as your idea catalyst! Leadership from top to bottom on Team Osan is providing all Airman an outlet for their voice to be heard and a unique opportunity to shape the very future of Osan Air Base! Submit your ideas at the link below! <https://osan.eis.pacaf.af.mil/osanorgs/spark/SitePages/Osan%20Spark.aspx>

**MUNITIONS 100 PERCENT INVENTORY:** Ammo will be conducting a 100 percent wall-to-wall inventory of our stockpile. During this time, manning will be strained, so please be sure that all custody issues, expenditures and turn-ins are submitted at least a week prior to the start of this inventory.

**SLEEP OPTIMIZATION CLASS:** Feeling run down? Need more ZZZzzz's in your life? Come to the Sleep Optimization Class held every Tuesday from 0900-1000 in the Mental Health Clinic. Open to Active Duty/adult dependents/civilians/contractors. For more information or to register, call 784.2148...registration is encouraged but not required.

**HEALTHY THINKING CLASS:** Want to be the best version of You? It all starts in your head! Come to the Healthy Thinking Class held every Wednesday from 1000-1100 in the Dental Conference Room. Open to Active Duty/adult

**STRESS MANAGEMENT CLASS:** Does your head hurt? Are your muscles tense? Irritated around others? Could be signs of stress. Come to the Stress Management Class held every Wednesday from 0900-1000 in the Dental Conference Room. Open to Active Duty/adult dependents/civilians/contractors. For more information or to register, call 784.2148...registration is encouraged but not required.

**OSAN BASE HONOR GUARD "TO HONOR WITH DIGNITY":** Are you or someone you know highly motivated, dedicated to excellence, and want to be among the sharpest? If the answer is yes, the Osan Air Base Honor Guard Team welcomes you! For more information please contact Program Manager SSgt Akin Hyde at 784-1091 or via email [akin.hyde@us.af.mil](mailto:akin.hyde@us.af.mil).

**OSAN ANTHEM SINGERS:** Osan An-

Kunsan's emergency phone numbers

Emergency Services	911		
Off Base/Cell Emergency	063-470-0911	Nurse Advice Line	1-800-723-8255
Crime Stop: (to report a crime)	782-5444	IG Complaints FWA Reporting:	782-4850 (duty hours) 782-4942 (anytime)
Base Locator: (after duty hours)	782-4743	Chaplain (After duty hours)	782-6000
Law Enforcement desk	782-4944	Sexual Assault Response Coordinator (SARC)	782-7272
Emergency Leave / Red Cross		782-4601 (on base) 1-800-733-2761 (anytime)	

Osan's emergency phone numbers

Emergency Services (Fire, Medical, Security Police)	911	Commander's Hotline	784-4811
Off Base/Cell Emergency	031-661-9111	Crime Stop: (to report a crime)	784-5757
Emergency Room:	784-2500	IG Complaints FWA Reporting:	784-1144
Base Locator: (after duty hours)	784-4597	Emergency Leave	784-7000
Force Protection Information Hotline:	115	Sexual Assault Response Coordinator (SARC)	784-7272
Chaplain (After duty hours)	784-7000	Security Forces Control Center	784-5515

**Chief Master Sgt. Steven Koehler, 15th Wing command chief presents a coin to Tech. Sgt. John Westlund, 17th Operational Weather Squadron weather craftsman, for going above and beyond by helping a wingman in need at Joint Base Pearl Harbor-Hickam, Hawaii, May 6, 2021. Westlund was also awarded the Achievement Medal, an award given for meritorious service rendered specifically on behalf of the Air Force. (U.S. Air Force photo by Airman 1st Class Makensie Cooper) (This image was cropped to emphasize the subject.) ▶**



**Instincts, energy drinks save a life**

By Airman 1st Class Makensie Cooper

**JOINT BASE PEARL HARBOR-HICKAM --** Running on instinct and energy drinks, a gut feeling turned an uneventful, mid-shift shoppette run into a life-saving situation.

Tech. Sgt. John Logan Westlund, 17th Operational Weather Squadron weather craftsman, was awarded the Diamond Sharp Award for exemplifying first sergeant traits and for taking care of his fellow wingman.

While working a mid-shift, Westlund drove to the shoppette at 3 a.m. and noticed something wasn't quite right--an Airman was sitting outside the bus stop alone. Westlund went back to ask if the Airman was alright.

"The Airman first said they were fine, then I asked again and they said, you know what I'm not ok, I'm not good, and then they just collapsed on the ground," said Westlund. "I got out of the truck and walked around and they were on the ground crying, and that's when I called back here and talked to Tech. Sgt. Hargis."

Westlund and Tech. Sgt. Zachary Hargis, 17th OWS senior duty officer, joined efforts to help the Airman.

"Once Westlund began discussing the situation with the Airman and didn't feel comfortable leaving, he called me and we discussed our next move to ensure that the Airman was left in a safer situation," said Hargis.

Hargis called the Airman's first sergeant, what

he would have done if it was one of his airmen that needed help.

"It is easy to consider the emergency room or mental health, but the shirt is more familiar with their people and they're always available to help," said Hargis.

Both Westlund and Hargis used their training as a foundation to help out the Airman in need.

"I would say truly get to know the people in your squadron and then try to notice them and when things are different," said Westlund. "This time it just happened to be someone I've never met."

Master Sgt. James Pauley, 17th OWS first sergeant, nominated Westlund for the Diamond Sharp Award.

"For him to pursue the training, it really makes me proud," said Pauley. "It validates our training and it really demonstrates our ability to be wingmen."

Westlund gives the credit to all his training, and being situationally aware.

"It's all about noticing your surroundings," said Westlund. "It's really easy to go on autopilot to get in a routine and not really notice things around you, and the most important thing is just being there, I am just really happy I went to get an energy drink at that time."

For confidential support for military members and their families, call the free military crisis line at 1-800-273-8255 and press 1.



**Master Sgt. Jamison Jones, 647th Security Forces Squadron first sergeant, presents the Diamond Sharp award to Tech. Sgt. John Westlund, 17th Operational Weather Squadron weather craftsman, at Joint Base Pearl Harbor-Hickam, Hawaii, April 19, 2021. Westlund was nominated by his First Sergeant and received the award for going above and beyond and demonstrating first sergeant qualities for helping out a fellow Airman in need. (U.S. Air Force photo by Airman 1st Class Makensie Cooper) ◀**



*Spiritual Charge*

**Keeping Hope Keeps Us Going**



**By Chaplain Major Shin Soh  
51FW Wing Chaplain**

In 1952, Ms. Florence Chadwick began her swim in the cold Pacific Ocean. The goal was to swim the Catalina Channel, a 26 mile stretch of water located between Catalina Island and Palos Verdes peninsula on the California Coast. If successful, she would become the first woman to accomplish

this monumental feat. Small boats followed her to provide protection, bringing along her mother. After about 15 hours of swimming, a thick fog set in, and she was no longer able to see much ahead. Swimming through frigid water and nearby sharks for another hour, she finally told her mother that she did not think she can go on. Sitting on the boat, out of the water, she realized that she was less than a mile away from the island. She reportedly told the reporters, "If I could have seen the land, I might have made it."

To prove her point, Ms. Chadwick tried again two short months later. The fog was as dense, the water as cold, and sharks were still lurking around. But this time, she made the crossing in 13 hours 47 minutes, breaking the previous 27-years-old record set by a man by more than 2 hours, and becoming the first woman ever to do so as she originally set out to do. Her secret the second time? According

to Ms. Chadwick, she made it because she kept a mental image of the shoreline in her mind while she swam.

If you walked by the chapel construction site on Osan Air Base, you may have seen the picture of the new chapel posted along the fence. The construction is not projected to be finished until 2023, well beyond many of our assignments. But it stands as a mental picture of the shoreline- that one day, the new chapel will provide a place for all peoples to worship according to their convictions, and that all inconveniences and interruptions will have been worth it.

As the name indicates, COVID-19 has been with us since 2019. As we go through the month of May in 2021, 16 months into the pandemic, the projected normalcy in November seems miles away. It seems like the fog is dense, the water is frigid and unknown sharks are still lurking around us. We

have experienced the loss of loved ones, the suffering of friends, and disconnection from families. What will keep us going? How can we possibly continue with our swim? Would it not be the hope, the hope of getting to the shoreline?

I once heard a tall tale about a general who was taken captive by the enemy and thrown into a deep, wide pit along with a number of his subordinates. In that pit was a huge pile of horse manure. "Follow me," the general cried out to his followers as he dove head-first into the pile, "There has to be a horse in here somewhere!"

Ms. Chadwick's first failure was due to unanchored hope. She succeeded the second time because she anchored her hope in the unseen finish line. The pandemic, or whatever personal struggles you go through, may seem endless. Don't let the fog keep you from the shoreline. Keep your hope up and continue to search for that horse!

**CHAPEL SCHEDULE**

**KUNSAN AIR BASE**

*Protestant Services*

Gospel Service  
Sunday, 11:30 a.m.  
Main Chapel, Bldg. 501  
Contemporary Service  
Sunday 5 p.m.  
Main Chapel, Bldg. 501

*Catholic Services*

Sunday Catholic Mass  
Sunday, 9:45 a.m.  
Main Chapel, Bldg. 501

Daily Mass and Reconciliation  
Please call the Chapel

*Other Worship Opportunities*

LDS Service  
Sunday, 1:00 p.m.  
SonLight Inn, Bldg. 510

Point of Contact:  
Kunsan Chapel, 782-HOPE

Visit us on SharePoint:  
<https://kunsan.eis.pacaf.af.mil/8FW/HC>

**OSAN AIR BASE**

Due to the upcoming demolition and construction of the Osan Chapel facilities, the offices and worship services have been relocated as follows:

**Chapel Offices:**

The main chapel offices are located on the second floor of building 745 (formerly the Wing Safety building).

**Chapel Worship Services:**

Protestant service times/location:  
Protestant Services are now being held at the base theater across from the Exchange:  
o Community Service @ 0900  
o Gospel Service @ 1100

**Catholic service times/location:**

Catholic Sunday Masses are now being held at the Mustang Center (multi-purpose room) across from the gym:  
o Confession @ 0830  
o First Mass @ 0900  
o Confession @ 1030  
o Second Mass @ 1100

Catholic Daily Masses will be held in building 769 (former AFRC bldg):  
o Tuesday – Thursday @ 1130

For the most current updates and announcements, please visit our "Osan AB Chapel" Facebook page.

Find us on the web @  
<https://www.facebook.com/OsanABChapel>

**HUMPHREYS**

*Protestant Services*

Sundays -  
9:00 a.m. Liturgical Service - PVC  
9:30 & 11:00 a.m. Agape (Contemporary) - 4CMC  
11:00 a.m. Common Ground (Traditional) - FRDC  
10:00 a.m. Burning Bush (Gospel) - WRC  
10:30 a.m. Church of Christ - PVC  
11:00 a.m. Spanish Service - PVC  
1:00 p.m. Apostolic Pentecostal Lighthouse Service - WRC  
Wednesdays -  
6:00 p.m. KATUSA Service - PVC

*The Church of Jesus Christ of Latter-Day Saints (LDS)*

Sundays -  
2:00 /3:15 p.m. Sacrament Meeting - FRDC  
2:30-3:30 p.m. Sunday School - FRDC  
3:30-4:30 Unaccompanied/Single SMs Meal - FRDC  
POC: CH Brizzee 010-8921-1736; tyler.f.brizzee.mil@mail.mil

*Catholic*

Saturday, 3:00-5:00 p.m. Adoration - FRDC  
Saturday, 3:30-4:30 p.m. Reconciliation/Confession - FRDC  
Saturday, 4:40 p.m. Rosary/Benediction - FRDC  
Saturday, 5:30 p.m. Vigil Mass - FRDC  
Sunday, 9:00 a.m. Mass - FRDC  
M-F, 5:30 p.m. Mass - FRDC

*Jewish*

2nd & 4th Friday, 5:00 p.m. Shabbat Evening Service - 4CMC  
POC: CH(Cpt) Daniel Kamzam daniel.j.kamzam@mail.mil

*Islamic*

Friday, 12:00-13:00 p.m. Jumrah Service - PVC  
Sunday, 1:00-3:00 p.m. Islamic/Arabic Classes - PVC  
POC: Sfc. Kamel 010-8449-3024; mohammed.a.kamel@mail.mil

*Seventh Day Adventist*

POC: Maj. Delavega 010-3917-6478; david.r.delavega.mil@mail.mil

*Pagan*

POC: Cpt. Emory Erickson emory.j.erickson.mil@mail.mil



**T**he United States Air Force Air Demonstration Squadron "Thunderbirds" line up in formation before performing in the Sound of Speed Air Show in St. Joseph, Mo., May 2, 2021. This was the first time the team performed in St. Joseph in more than three decades. (U.S. Air Force photo by Staff Sgt. Andrew D. Sarver) ▲

**A**n honor guard detail presents the sword used in the Order of the Sword ceremony to honor retired Gen. Robin Rand, former commander of Air Force Global Strike Command, at Barksdale Air Force Base, La., April 23, 2021. (U.S. Air Force photo by Airman 1st Class Jacob B. Wrightsman) ◀



**A** 39th Civil Engineer Squadron explosives ordnance disposal member photographs a bomb rack during a major accident response exercise at Incirlik Air Base, Turkey, April 28, 2021. Exercise participants responded to a simulated aircraft incident designed to test their capabilities and provide them with hands-on training, optimizing overall readiness in the event of a real-world incident. (U.S. Air Force photo by Senior Airman Derek Seifert) ▲

**U**.S. Air Force Academy players salute during the National Anthem before a lacrosse game against High Point University, April 24, 2021 at Falcon Stadium at the U.S. Air Force Academy in Colorado Springs, Colo. (U.S. Air Force photo by Trevor Cokley) ◀

## Airman's upbringing of resilience; 29 siblings and counting



Airman 1st Class Jessica Makenna Martinez Greenlee, 36th Force Support Squadron services journeyman, poses for a portrait at Andersen Air Force Base, Guam, May 3, 2021. Although Greenlee's childhood with 29 siblings was not the most conventional, it crafted her into the resilient woman and Airman she is today. (U.S. Air Force photo by Senior Airman Aubree Owens) ▲



Jessica with her parents

By Senior Airman Aubree Owens, 36th Wing Public Affairs

ANDERSEN AIR FORCE BASE, Guam -- From foster homes to her forever home, Airman 1st Class Makenna Jessica Martinez Greenlee never could have imagined how big of a family she was going to join.

At the age of three, Greenlee was placed in foster care with three of her siblings. After being in a few homes, a couple from Lubbock, Texas showed interest in adopting all four of them, giving them the chance to grow up together.

Lonny and Donna Greenlee, Greenlee's adoptive parents, had three children of their own. Once those children started to become independent, they soon realized they had room for more children in their home and their hearts. Beginning in 1977 until now, the couple has adopted 18 children, including Greenlee and her three siblings.

"Although I've never asked my parents why they chose to adopt me, whenever others ask about why they adopted the four of us siblings, they always tell them, 'We just saw them, and we couldn't leave them,'" explained Greenlee.

Alongside her 20 siblings, Greenlee flourished into the woman she is today. Shortly after she was adopted, Greenlee and her new mother sat down while scrolling through names and she chose Makenna to be her first name, and also chose to take the family name of Greenlee. Once Jessica Martinez, the second youngest of four siblings, turned into Jessica Makenna Martinez Greenlee, one of 23 Greenlees.

"We are very proud of Makenna because of how hard she worked to better herself and for being the first of any of our kids to join a service," said Donna Greenlee.

Growing up with almost two dozen sibling led to her having many role models. One of her older brothers, Kenny Greenlee, inspired her the most, as he had many jobs within his community. He was not only the mayor of Ropesville, Texas, but an active policeman and an emergency medical service provider for the small town.

"I always looked up to him and thought what he did was amazing," said Greenlee. "Through him, I realized that I wanted to be a part of something more for the place I live, the United States, which brought me to where I am today, serving in the United States Air Force."

When Greenlee entered her adult

years, she was found by her biological father and reunited with him. She then discovered she had more siblings, bringing the count to 26 between the Greenlee and Martinez families.

"I very blessed to be able to see my beautiful daughter carry out her visions and dreams," said Jessie Martinez, Greenlee's biological father. "I am grateful that I received a second chance to witness what my daughter has become, and it is an honor to be an Air Force dad."

A few years passed and Greenlee was able to meet her birth mother, too. After getting acquainted, she met three more siblings from her mother, making the total 29.

"Thinking back on my past, I think of all the challenges I went through and how my childhood is like the military in a way," said Greenlee. "The Air Force is constantly changing, and, with the resilience I developed through my upbringing, I am able to challenge myself and adapt, making the best of every situation."

After joining the Air Force on Sept. 3, 2019, Greenlee received orders to her first base, Andersen Air Force Base, Guam, where she currently serves as a services journeyman in the 36th Force Support Squadron.

"A1C Greenlee is a superstar Airman and is a shining example of what it means to embody the Air Force's core values of 'Integrity, Service Before Self, and Excellence in all We Do,'" said Senior Master Sgt. Daniel Ramirez, 36th FSS sustainment services flight chief. "She is always the first to step up to a challenge and is passionate and reliable when it comes to volunteering, helping others, and supporting the mission."

Greenlee has high ambitions for her Air Force career. Recognized by her leadership, she will soon go up for Senior Airman Below the Zone, and, if selected, will be promoted to the next rank six months ahead of schedule. That's not where her goals end, however. Influenced early in her career, Greenlee hopes to return to boot camp to become a military training instructor in hopes of motivating young Airmen just as she once was.

Although Greenlee's childhood may not be the most conventional, it crafted her into the resilient woman and Airman she is today. The amount of siblings Greenlee has seems to grow throughout the years, as does her resilience.

## A caregiver's account of supporting his wife's recovery from invisible wounds

Invisible Wounds Initiative Program

JOINT BASE SAN ANTONIO-LACKLAND, Texas (AFNS) -- There are many roles a person will play in a lifetime. For military families, these roles often cross the threshold of personal and professional life. As an active-duty security forces training instructor at Joint Base San Antonio-Lackland, Tech. Sgt. Justin Goad can list Airman, father, husband and caregiver as a few of the roles he cherishes most. It was not until Justin's wife, retired Master Sgt. Lisa Goad, sought treatment for her PTSD, or post-traumatic stress disorder, that he reconsidered how to better support her and the Airmen that he mentors each day.

In 2008, three years before Lisa and Justin met, Lisa was a victim of sexual assault. The assault resulted in wounds both seen and unseen, a hip injury as well as invisible wounds that she would battle in the years that followed. In 2011, Lisa changed duty locations from Guam to New Mexico, where she initially met Justin as her fellow security forces wingman, though eventually she came to know him as her husband and the father of her children. In 2013, Lisa received her first hip surgery to begin healing the physical limitations that she was experiencing. Although she was able to walk, her limitations included certain activities that posed risk for causing further injuries such as running or biking. Lisa received several surgeries to mend her physical wounds but the invisible ones persisted. For Lisa, the assault's consequences manifested as anxiety, irritability, an inability to leave the home, and a fear of driving. Justin said that neither he nor Lisa recognized these as signs and symptoms of her PTSD -- both were naïve to the extent PTSD could affect someone. Justin's inability to support his wife turned to a sense of frustration in their relationship.

After years of uncertainty, Lisa was diagnosed with PTSD and attended an Air Force Wounded Warrior Program (AFW2) CARE event in 2016 with the full support of her commanders. She attended two events and then urged Justin to go with her to the third one. Justin followed her lead and took part in an event at Joint-Base San Antonio where he met other caregivers who shared their experiences supporting their warriors.

As one of the few male caregivers at the event, Justin was initially reserved and felt awkward listening to others share their vulnerabilities. "I questioned where I was there. I had come from a culture where men don't talk about their feelings or their problems," Justin recalls. Despite his hesitancy, Justin's perspective shifted over the course of a week as he listened to other caregivers tell their stories, only to realize that he and his wife shared similar experiences to everyone else. Justin attended a course on PTSD symptoms

offered during the Warrior CARE event. Through this activity, Justin began to understand Lisa's behavior and realize his own shortfalls in supporting her as a husband and caregiver. "Before the AFW2 program, I didn't understand what my warrior was going through. I didn't understand how to support my warrior mentally and emotionally, which sometimes caused me to feel frustrated," he says. "I felt guilty and ashamed at how I treated her because of my naivety. I can now better support her by giving her space when she needs to have a quieter day, doing tasks around the house, or looking after our daughters." Assuming broader shoulders as a husband and a father, Justin grew into his role as a caregiver.

The program also gave Justin and Lisa a support network and an outlet to share their experiences without judgement. It allowed them to hear from others about their struggles with invisible wounds. "Camaraderie and talking with someone who has gone through similar experiences, and really understands you, can change your life. I now have several close friends who I met during the Warrior CARE events who I talk to on a regular basis," Justin said.

As an active-duty security forces instructor at JBSA-Lackland, Justin found an outlet at his work. Through this role, he was able to educate Airmen on how to overcome adversity and challenges in their careers. The sense of camaraderie Justin felt from the CARE events transferred over to his role at work, where he applied his newfound knowledge on PTSD by encouraging Airmen to talk about their mental health with others.

Having experienced his own struggles sharing his and his wife's vulnerabilities, Justin continues to reduce the concerns of his Airmen, who believe seeking treatment for their invisible wounds could negatively impact their careers. "You are still a defender even if you cannot arm. You did not do all this training and dedicate your blood, sweat, and tears to earn this badge and beret only to be deprived of that for not being able to arm," he says. Justin believes his Airmen each have value to serve and be part of the team no matter their mental state. He continues, "You are going to have a point in your career where you are going to see something, or something happens to you. There are people out there who have been in these conflicts and struggles and are still active duty." Justin tells Airmen to find what works for them but encourages them to find a support network so they do not face their battles alone.

"One particular Airman had just come back from deployment and everybody noticed a change -- he was showing up late for work, oversleeping, and not acting like himself. I recognized his

Tech. Sgt. Justin Goad poses with his family during a family photo. As an active-duty security forces training instructor at Lackland Air Force Base, Texas, Goad can list Airman, father, husband and caregiver as a few of the roles he cherishes most. It was not until Justin's wife, retired Master Sgt. Lisa Goad, sought treatment for her PTSD, or post-traumatic stress disorder, that he reconsidered how to better support her and the Airmen that he mentors each day. (U.S. Air Force photo) ▼



symptoms and encouraged him to talk to someone about seeking help," Justin said. That Airman received treatment and was able to retain his active-duty status. He reinforces this with his Airmen by saying, "You only have one body and one mind that you have to take care of. The Air Force will go on in its mission with or without you."

Justin learned to keep his Airmen mentally fit and mission ready. "Mistakes can happen if you are not mentally ready to handle a stressful situation. Knowing yourself and knowing when to take a knee is critical in not only your job but also in life," he says. He encourages Airmen to seek help with an open mind and lean on the Air Force's available resources, such as the Military & Family Life Counseling Program, Military OneSource, Veterans Crisis Line, and the AFW2 program. For Justin, these programs saved his marriage. For his wife, these programs saved her life.

After her 21-year career in the Air Force, Justin could not be prouder of his wife's resilience. Reflecting on their journey, Justin says, "Being open to accepting support made me a better husband, defender, and father. There are times where I have not been the best husband, caregiver, or wingman -- I know that now. But every day I try to make myself better." Through good days and bad, the roles one assumes are not always perfect, but for Justin, they can often mean the world to those he loves and leads.

Editor Note: Invisible wounds are as real and severe as physical wounds. If left untreated invisible wounds can have negative impacts on an Airman's personal and professional life. It is important for Airmen to recognize signs and symptoms of invisible wounds in themselves and in their peers, to ensure a mentally strong, resilient, and lethal Total Force. The Air Force is committed to supporting Airmen living with invisible wounds by providing a wide range of resources to support their recovery journey. To share your own stories of invisible wounds and/or learn about available resources visit [www.ReadyAirmen.com](http://www.ReadyAirmen.com).

# Lotus Lantern Festival, Celebrating Traditional Buddhist Culture



The Yeon Deung Hoe (Lotus Lantern Festival) is an annual event that colors Korea with bright lanterns in celebration of the birth of Buddha. Started as a religious festival during the Silla dynasty (57 BC – AD 935), this traditional festival has come to be enjoyed by thousands of people every year, regardless of background, nationality, or religion. In December of 2020, the festival was inscribed on the UNESCO's list of Intangible Cultural Heritages of Humanity.

This year's slogan and theme is "Light the Lantern of Hope Healing," carrying a meaning of helping the world heal from the difficulties caused by COVID-19. To avoid spreading COVID-19, many popular programs such as the lantern parade and traditional culture zone have been changed to online events.



## ◀ Lantern parade

The highlight of the lotus lantern festival is the lantern parade! In celebration of the new UNESCO recognition as well as to help cheer up spirits to overcome the hardships of COVID-19, this year's parade will travel from the lantern festival headquarters to around Jogyesa Temple and will be posted live on the Lotus Lantern Festival's official YouTube channel.

- Times
  - Opening ceremony: 18:00 on May 15, 2021
  - Lantern parade: 20:00 on May 15, 2021
- YouTube: [www.youtube.com/lotuslanternfestival](http://www.youtube.com/lotuslanternfestival)



## ▲ Exhibition of traditional lanterns

In remembrance of the birth of Buddha, exhibitions of traditional lanterns will be on display for a 15-day period in various parts of Seoul including Ujeong Park by Jogyesa Temple, Bongjeonsa Temple and Cheonggyecheon Stream. These exhibitions provide a wonderful opportunity to marvel at the unassuming charm of Korea's traditional paper, hanji.

- Period: May 14-30, 2021
- Venues: Areas of Cheonggyecheon Stream, Jogyesa Temple & Bongjeonsa Temple

## ▼ Online traditional cultural events

The Online Traditional Culture Zone provides a chance for visitors to learn about and better understand Buddhist culture. A variety of programs such as making jihwa (paper flowers), trying temple foods, and meditating have been filmed in advance and will be shown through the official YouTube channel.

- Time: May 16-19, 2021
- YouTube: [www.youtube.com/lotuslanternfestival](http://www.youtube.com/lotuslanternfestival)



This information is provided by the Korea Tourism Organization as a courtesy, and is not endorsed by or affiliated with the US Government.

# Skyborg autonomy core system has successful first flight

By Daryl Mayer, Air Force Life Cycle Management Center Public Affairs

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFNS) -- The Skyborg leadership team conducted a 2 hour and 10 minute flight test of the Skyborg autonomy core system, or ACS, aboard a Kratos UTAP-22 tactical unmanned vehicle at Tyndall Air Force Base, Florida, April 29.

Termed Milestone 1 of the Autonomous Attributable Aircraft Experimentation, or AAAx, campaign, the ACS performed a series of foundational behaviors necessary to characterize safe system operation. The ACS demonstrated basic aviation capabilities and responded to navigational commands, while reacting to geo-fences, adhering to aircraft flight envelopes, and demonstrating coordinated maneuvering. It was monitored from both airborne and ground command and control stations.

The Skyborg Vanguard team is a unique relationship that pairs Brig. Gen. Dale White, program executive officer for fighters and advanced aircraft as the Skyborg PEO, and Brig. Gen. Heather Pringle, Air Force Research Laboratory commander, as the Skyborg technology executive officers. The 96th Test Wing, under the leadership of Brig. Gen. Scott Cain, serves as the executing agent for these test missions.

"We're extremely excited for the successful flight of an early version of the 'brain' of the Skyborg system. It is the first step in a marathon of progressive growth for Skyborg technology," White said. "These initial flights kick off the experimentation campaign that will continue to mature the ACS and build trust in the system."

Milestone 1 is the first step in testing the ACS and begins a sequence of experimentation events planned over the next several months.

"Through this operational experimentation campaign, AFRL is leaning forward to get early engagement with the warfighter to deliver a suite of full-mission autonomy on a relevant timeline," Pringle said. "AFRL is proud to be developing this force multiplier for the U.S. Air Force with our partners at PEO Fighters and Advanced Aircraft and the 96th Test Wing."

The 96th Test Wing is well-positioned to integrate and test emerging technologies like autonomy on various platforms (aircraft and weapons), and has provided critical infrastructure support and test expertise to Skyborg. Milestone 1 was the first time an active autonomy capability was demonstrated on an Air Force test range, and is a first step to integrating these aircraft into a complex operational environment.

"As we have throughout our history, the test enterprise is adapting our people and capabilities to



The Skyborg autonomy core system launches aboard a Kratos UTAP-22 tactical unmanned vehicle at Tyndall Air Force Base, Fla, April 29, 2021. Termed Milestone 1 of the Autonomous Attributable Aircraft Experimentation, or AAAx, campaign, the ACS performed a series of foundational behaviors necessary to characterize safe system operation. (U.S. Air Force photo) ▲



The Skyborg autonomy core system launches aboard a Kratos UTAP-22 tactical unmanned vehicle at Tyndall Air Force Base, Fla., April 29, 2021. The ACS demonstrated basic aviation capabilities and responded to navigational commands, while reacting to geo-fences, adhering to aircraft flight envelopes, and demonstrating coordinated maneuvering. (U.S. Air Force photo) ▲

support this rapidly maturing technology, and the execution of this flight test is a great milestone for our closely integrated development and acquisition team. Safely executing this test and providing the knowledge needed to advance the technology is at the heart of what we do. And as always, we're highly motivated to help bring war-winning technology to the next fight," Cain said.

Follow-on events will demonstrate direct manned and unmanned teaming between

aircraft and multiple ACS-controlled unmanned aircraft.

The aim of the Skyborg Vanguard program is to integrate full-mission autonomy with low-cost, attributable unmanned air vehicle technology to enable manned-unmanned teaming. Skyborg will provide the foundation on which the Air Force can build an airborne autonomous 'best of breed' system of systems that adapts, orients and decides at machine speed for a wide variety of increasingly complex mission sets.

**T**he trend of collecting celebrity goods, a part of popular hallyu culture, has reached new heights. What began as fans selling handcrafted idol goods over social media has evolved into a complete business. Level up your fan credit by touring stores that sell your favorite artists' goods, the hottest new trend taking over the hallyu world. Follow us as we take you into the world of idol goods you have never imagined.

### ▶ I Doll Look

I Doll Look specializes in selling clothing for idol dolls. Since opening its first store in Hongdae in February 2018, it has expanded to a branch in Seomyeon, Busan as well as an online store. Various clothes and accessories designed for 15 and 20 centimeter-sized dolls are available for purchase such as outfits, hats, bandanas, sunglasses, masks, shoes and more. The styling corner can help you dress your doll to the nines with looks such as all-in-one, a coordinated look from head to toe, or the weekly look. Photo zones throughout the store make it possible for you to dress up your doll and take cute photos to your heart's desire. Unfortunately, you'll need to bring your own doll, as they are not available for sale at I Doll Look.

- Address: 74, Hongik-ro 6-gil, Mapo-gu, Seoul



### ▶ Palette

Palette, on the basement floor of Lotte Young Plaza in Myeong-dong, welcomes visitors to a new world of K-pop. This K-pop cultural space fills all the needs of a K-pop fanatic from music, digital movies and photos, objet, and exhibitions, to live social media broadcasting and interviews. It's easy to lose track of time roaming around this large store full of idol related items; the most popular section is the Curating Goods Shop. Goods categorized by artists as well as Palette-exclusive goods, artist curation goods, brand collaboration items and more can be found here.

To add to the excitement, the store offers interactive experience programs such as the Interactive Artist Wall, where you can write customized messages above your favorite artist's photo that animates to the movement of the surroundings.

- Address: B1, 67, Namdaemun-ro, Jung-gu, Seoul

## SHOPPING AND FUN AT IDOL GOODS STORES



### ◀ SP-Factory

Located in Hongdae, SP-Factory specializes in EXO dolls and related clothing and accessories. Clothes fitted for 15 and 20 centimeter-sized dolls are available in various minimal but unique concepts. From leather pants and rider's jackets to suspender pants, earrings, and ribbons, you can dress up your EXO doll in your favorite costume. If you want to dress your doll in a traditional Korean style, choices of hanbok sets and accessories are also available. Visitors can save money by shopping during seasonal discount events. For all inquiries, sending a direct message using Instagram or Twitter is recommended as there is no phone within the store.

- Address: 6F, 31, Wausan-ro 21-gil, Mapo-gu, Seoul

