

Volume 11, Issue 21

U.S. Air Force Gen. Ken Wilsbach. Pacific Air Forces commander, addresses chief master sergant and chief master sergant selects during Pacific Air forces Chief So (Infentation Course held at Joint Base Pear Hanbor. Hickam, Hawaii, April 12, 2021. Wilsbach talked about why the Inde Pacific area of responsibility is the Department of Defense's priority theater. The course also had guest speakers from a multitude of career fields and functional areas.

(U.S. Air Force photo by Staff 5gt. Halley Haux)

A year in command of Airmen in the priority theater

By Gen. Ken Wilsbach
Pacific Air Forces Commander

JOINT BASE PEARL HARBOR-HICKAM,

Hawaii -- A year ago, I had the honor and privilege of accepting the guidon to become the 36th Pacific Air Forces commander. Since that day, it's been thrilling to watch Airmen and Guardians perform at extremely high levels every day to accomplish our mission under some very challenging circumstances in the priority theater.

As I look back, I think about how COVID-19 has touched every facet of our lives and mission,

and continues to challenge us today. Yet without fail, you faced every obstacle and found a way to continue to defend America's interest here in the Pacific theater by executing the objectives of the U.S. Indo-Pacific Command in support of the National Defense Strategy.

The biggest factor to the command's success is the more than 61,000 Airmen, Guardians, civilians, and families who make up the PACAF team. Each of you play a critical role in how we integrate joint force air, space and cyberspace capabilities to safeguard a free and open Indo-Pacific. The command isn't a command without

the people, and in my time here I can say we have the best people. I'm grateful and thankful for each and every one of you.

When I took command, I laid out four priorities – diversity, readiness, innovation, and lethality – to focus our efforts. Across 16 time zones, 36 nations, 60 percent of the world's population and thousands of languages, PACAF Airmen in three numbered Air Forces and nine installations executed those priorities and delivered unrivaled airpower anytime, anywhere. Dedicated people focusing on the mission can achieve anything!

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America's First Corps Deploys to Guam Getting the job done

Head to Yangyang, Korea's Surfing Paradise

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Crimson Sky

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51 FSS change of command



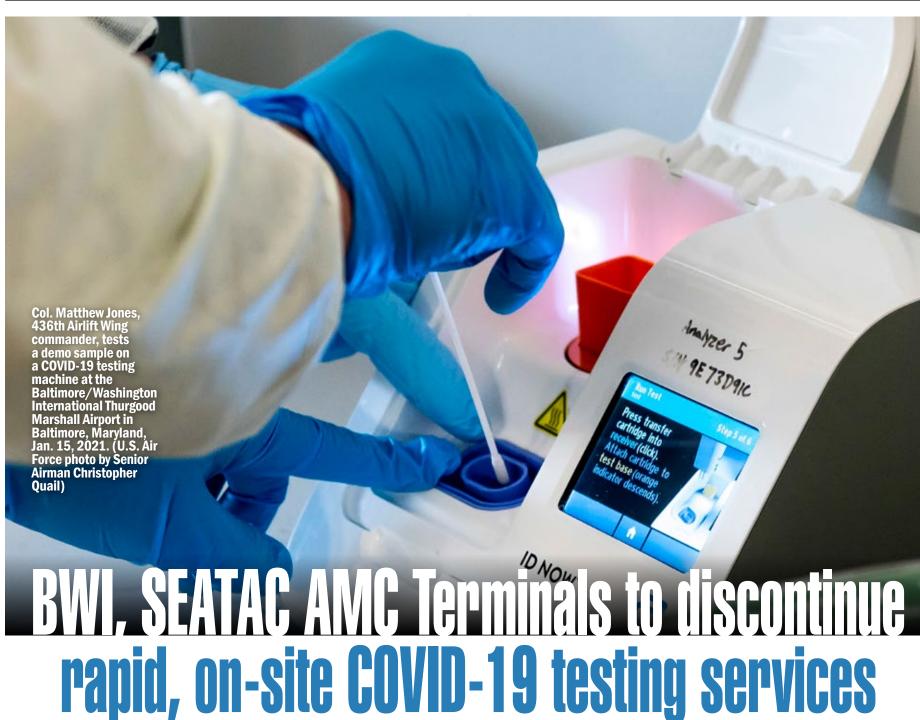
Col. E. Jonelle Eychner, **51st Mission Support Group** commander, left, presents the ceremonial guidon to Lt. Col. Tamekia Pavne. 51st Force **Support Squadron inbound** commander, at Osan Air Base, Republic of Korea, July 21, 2021. From this moment onward, Payne is now officially the commander of the 51st FSS. (U.S. Air Force photo by Staff Sgt. Douglas Lorance) ▲

Col. E. Jonelle Eychner, **51st Mission Support Group** commander, left, receives the ceremonial guidon from Lt. Col **Sheri Kraus, 51st Force Support** Squadron outbound commander, at Osan Air Base, Republic of Korea, July 21, 2021. This act marks the official end of Kraus' tenure as commander of the 51st FSS. (U.S. Air Force photo by Staff Sgt. **Douglas Lorance**) ▶





Lt. Col. Tamekia Payne, **51st Force Support Squadron inbound** commander, speaks at the 51st FSS change of command ceremony at Osan Air Base, Republic of Korea, July 21, 2021. Payne established her hopes and expectations for the 51st FSS going forward as the new commander. (U.S. Air Force photo by Staff Sgt. **Douglas Lorance**) ◀



By Air Mobility Command Public Affairs

SCOTT AIR FORCE BASE, Ill. -- Beginning July 15, 2021, on-site COVID-19 testing services at Patriot Express aerial ports of embarkation, Baltimore/ Washington International Airport, Maryland, and Seattle-Tacoma International Airport, Washington, will discontinue.

In accordance with updated Force Health Protection Guidance, passengers traveling through CONUS APOEs must still obtain and present proof of their negative COVID-19 test, vaccination, waiver or recovery before travel, as required by their international destination.

The appropriate COVID-19 documentation is a must-have requirement for travel, similar to official orders and a passport. It's critical that members and families arrive at the terminal with the correct paperwork to mitigate risk and ensure a smooth and healthy travel experience for all.

For specific details regarding travel documentation requirements, refer to the Electronic Foreign Clearance Guide. Travelers should plan accordingly to ensure sufficient time for scheduling testing appointments or coordinating proof of recovery requirements. These specifications vary between destinations.

In order to mitigate the spread of COVID-19 and to meet the long-standing commitments to the United States' allies and partners, the Department of Defense began rapid, on-site, COVID-19 testing last fall. The testing was provided to Patriot Express passengers departing CONUS-based APOEs.

Since November 2020, 52 Air Force medical professionals deployed to AMC APOEs. These medical professionals administered over 22,000 rapid, on-site,

"Thank you to all of the Airmen who worked diligently for the last seven months conducting testing at our busy Patriot Express terminals," said Gen. Jacqueline Van Ovost, AMC commander. "These efforts decreased confusion amid rapidly changing COVID-19 travel requirements and ensured our DoD families and international partners were kept safe."

Additionally, beginning July 1, 2021, coordination of support services at CONUS-based APOEs for Patriot Express passengers denied boarding due to a positive COVID-19 test, close contact with a COVID-19 patient or suspected

COVID-19 infection will discontinue. Suspended support services include transportation, lodging, and sustenance.

The DoD made the data-driven decision to discontinue testing and support services based on several factors including the increased availability of testing centers and COVID-19 vaccines.

Each military service will produce testing-related travel guidance for its

These changes do not affect the current face covering requirements in passenger terminals and PE aircraft. The Center for Disease Control requires all passengers on public conveyances traveling into, within, or out of the United States and U.S. territories, or in transportation hubs in the United States and U.S. territories to properly wear a mask.

Passengers will continue to be symptom-screened to include a written and verbal questionnaire and temperature checked prior to boarding the aircraft.

For site-specific information, travelers should contact their APOE.

Baltimore/Washington International Airport:

- AMC BWI Passenger Gateway Terminal
- www.facebook.com/AMCBWIPassengerGateway/
- Commercial (609) 253-8825
- DSN (312) 568-8825

Seattle-Tacoma International Airport:

- Seattle AMC Gateway https://www.mcchord.af.mil/ About-Us/AMC-Seattle-Gateway/
- Commercial (253) 982-3504 or (253) 982-0555
- DSN (312) 382-3504 or (312) 382-0555

Force Health Protection Guidance:

- Supplement 16 Department of Defense Guidance for Deployment and Redeployment of Individuals and Units during the Coronavirus Disease 2019 Pandemic
- Supplement 20 Department of Defense Guidance for Personnel Traveling During the Coronavirus Disease



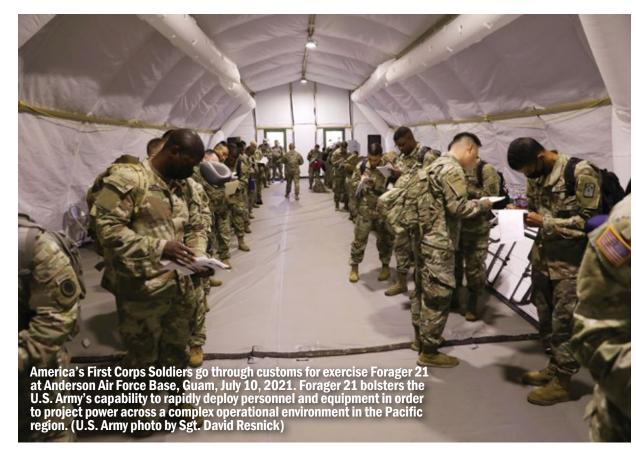
America's First Corps Deploys to Guam to Lead Exercise Forager 21

By Lt. Col. Sonie Munson

ANDERSON AIR FORCE BASE, Guam

-- America's First Corps will lead U.S. Army Pacific's Forager 21 which is the primary training exercise in support of Defender Pacific 21. Forager 21 is designed to test and refine the Theater Army and the Corps' ability to deploy landpower forces to the Pacific, execute command and control, and effectively conduct multi-domain operations throughout Oceania from July 11 to August 6, 2021.

"America's First Corps is proud to lead
Forager 21, a premiere training and operational
partnership opportunity enabling U.S. Army
Pacific and First Corps to practice its mission in
the Indo-Pacific region," said Maj. Gen. Xavier
T. Brunson, commander of First Corps. "Forager
21 allows us to dynamically employ forces to the
Pacific to practice our response to a full range
of security concerns in support of our regional
alliances and international agreements across all
domains, land, air, sea, space and cyber."



Staff Sgt. Karan Ratra, a satellite communication systems operator, and Spc. Michael Lacey, a multichannel transmission systems operator-maintainer, both from the 11th Signal Brigade, Fort Hood, Tx. set up a scalable network node satellite as part of exercise Forager 21, at Andersen Air Force Base, Guam, July 11, 2021. Iterative realistic training like this exercise allows the U.S. Army to continuously innovate and practice our ability to dynamically respond with our joint partners, alongside our allies, and partnered militaries across all domains, whether it be land, air, sea, cyber or space.

It also enables follow-on exchanges and exercises with our allies and partners to deepen our military interoperability built over the decades and to help maintain a free and open Indo-Pacific.

Approximately 4,000 U.S. personnel are directly participating in Exercise Forager 21. This exercise will consist of several major events, to include: an 82nd Airborne operation, a bilateral airborne operation with the Japan Ground Self-Defense Force and 1st Special Forces Group, an AH-64 live fire exercise, multi-domain operations including movements of Strykers, Avengers, and High Mobility Artillery Rocket Systems by land, air, and sea, and modernization efforts in the space and cyber domains.

For more information, photos and stories about Forager 21, visit the public web page: https://www.dvidshub.net/feature/ExerciseForager21, or follow America's First Corps on Twitter @I_Corps, or on Facebook @1STCORPS, or on Instagram @I_CORPS.

America's First Corps Soldiers and civilian contractors unload military vehicles from the United States Army Vessel Lt. Gen. William B. Bunker, 8th Theater Sustainment Command, in support of Forager 21, at Naval Base Guam, July 10, 2021. Army Watercraft Systems provide strategic movement support to the Joint Force and are integrated with the Pacific Fleet's maritime operation center. (U.S. Army photo by Spc. Richard Carlisi, I Corps Public Affairs) ▶





America's First Corps Soldiers offload equipment for exercise Forager 21 at Anderson Air Force Base, Guam, July 10, 2021. Forager 21 bolsters the U.S. Army's capability to rapidly deploy personnel and equipment in order to project power across a complex operational environment in the Pacific region. (U.S. Army photo by Sgt. David Resnick) ◀



Sgt. Brain Cobb, a multichannel transmission systems operator-maintainer from the 11th Signal Brigade at Fort Hood, makes adjustments to a scalable network node satellite as part of Forager 21, at Andersen Air Force Base, Guam, July 11, 2021. The Army's ability to employ emerging capabilities rapidly and effectively serves as a blueprint for future force structure and employment. (U.S. Army photo by Spc. Richard Carlisi, I Corps Public Affairs) ▶



51st Medical Group Change of Command

Col. Michael Fea, 51st Medical Group outgoing commander and Col. Jennifer Vecchione, 51st Medical Group incoming commander, listen to opening remarks from Col. Joshua Wood, 51st Fighter Wing commander, left, during the 51st Medical Group change of command ceremony at Osan Air Base, Republic of Korea, July 12, 2021. As the presiding officer, Wood facilitated the transition of 51st MDG command. (U.S. Air Force photo by Tech. Sgt. Nicholas Alder) ▶

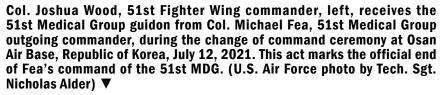




Col. Joshua Wood, 51st Fighter Wing commander, left, presents Col. Jennifer Vecchione, with the 51st Medical Group guidon during the change of command ceremony at Osan Air Base, Republic of Korea, July 12, 2021. This act marks the official beginning of Vecchione's command of the 51st MDG. (U.S. Air Force photo by Tech. Sgt. Nicholas Alder) ▲



Col. Jennifer Vecchione, 51st Medical Group commander, center right, receives applause during the 51st Medical Group change of command at Osan Air Base, Republic of Korea, July 12, 2021. The change of command ceremony is deeply rooted in military tradition that dates back to the reign of King Frederick of Prussia and has persisted into modern day. (U.S. Air Force photo by Tech. Sgt. Nicholas Alder)





Col. Joshua Wood, 51st Fighter Wing commander, left, presents Col. Michael Fea, 51st Medical Group outgoing commander with a Legion of Merit decoration during the 51st Medical Group change of command ceremony at Osan Air Base, Republic of Korea, July 12, 2021. Fea earned the Legion of Merit for his meritorious conduct as the 51st Medical Group commander. (U.S. Air Force photo by Tech. Sgt. Nicholas Alder) ▼





U.S. Army Col. Jeffrey Munn, **3rd Battlefield Coordination Detachment - Korea incoming** commander, speaks at the 3-BCD-K change of command ceremony at Osan Air Base, Republic of Korea, July 7, 2021. Before assuming command of the 3-BCD-K, Munn led a team responsible for managing the development, funding and fielding of 28 field artillery equipment and munitions programs across the Army. (U.S. Air Force photo by Staff Sgt. Douglas Lorance) ◀

3-BCD-K change of command

U.S. Army Col. Michael Mullins, 3rd Battlefield Coordination Detachment - Korea outgoing commander, right, receives a letter of commendation from Republic of Korea Army Brig. Gen. Lee Sungchan, Ground Operations Command chief of fires, at Osan Air Base, Republic of Korea, July 7, 2021. Mullins received his commendation for his work towards furthering the partnership of the ROK-US alliance. (U.S. Air Force photo by Staff Sgt. Douglas Lorance) ▼



U.S. Army Lt. Gen. Willard Burleson, 8th Army commander, left, pins the Legion of Merit on U.S. Army Col. Michael Mullins, 3rd Battlefield Coordination Detachment - Korea outgoing commander at Osan Air Base, Republic of Korea, July 7, 2021. Mullins earned the award for his meritorious conduct as 3-BCD-K commander. (U.S. Air Force photo by Staff Sgt. Douglas Lorance) ▼





U.S. Army Col. Jeffrey Munn, 3rd Battlefield Coordination **Detachment - Korea** incoming commander, returns the ceremonial guidon to Sgt. Maj. Todd Archer, 3-BCD-K sergeant major, at Osan Air Base, Republic of Korea, July 7, 2021. This act signifies the trust in the officers and noncommissioned officers of the unit to execute their duties faithfully. (U.S. Air Force photo by Staff Sgt. Douglas Lorance) ◀



U.S. Army Col. Michael Mullins, 3rd Battlefield Coordination Detachment - Korea outgoing commander, middle right, receives the ceremonial guidon from Sgt. Maj. Todd Archer, 3-BCD-K sergeant major, middle left at Osan Air Base, Republic of Korea, July 7, 2021. After receiving the guidon, Burleson will relinquish command to the presiding officer who will then transfer command to the incoming officer. (U.S. Air Force photo by Staff Sgt. Douglas Lorance) ▲

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Another important factor to our success is our allies and partners in the region who share a common vision for the theater. You will hear me frequently speak about the list of allies and partners who want to work with us compared to our competitors. We are the partner of choice, and our success will be measured in the allies and partners we're privileged to work alongside to keep a free and open Indo-Pacific.

The last year also required all of us to have a united focus against near-peer competitors to protect our homeland, deter aggression and be ready to fight tonight. PACAF Airmen flew thousands of sorties and executed kinetic and non-kinetic capabilities in all domains with our joint teammates and allies and partners in exercises, exchanges and operations to protect the international rules-based order and guard our national interests. That will be remain our focus as we go forward.

As I look to the next year in command, I'm excited about what is on the horizon. If you haven't read the Chief of Staff of the Air Force's "Accelerate Change or Lose" and the subsequent action orders – A, B, C, D – you're behind the power curve. These documents will guide how we execute the command's mission, vision and priorities amid great power competition with near peers.

I challenge everyone in the command to figure out how to use each of the action orders to accelerate change in the command. I'm most interested in Action Order Bravo – Bureaucracy, and using it to speed up decision-making and improve effectiveness in the command.

If you find opportunities to make things better by reducing bureaucracy, do so. If you need to elevate it to get resolution, do so. I made a

An F-35A Lightning II, assigned to the 388th Fighter Wing at Hill Air Force Base in Utah, and an F-16 Fighting Falcon, assigned to the 18th Aggressor Squadron at Eielson Air Force Base in Alaska, fly over Denali National Park, Alaska, Aug. 17, 2020. The 388th FW's F-35As made their debut in RED FLAG-Alaska 20-3 training alongside F-35As from the 356th Fighter Squadron at Eielson Air Force Base, Alaska. (U.S. Air Force photo by Tech. Sgt. Jerilyn Quintanilla)



Gen. Kenneth S. Wilsbach receives his first salute as Pacific Air Forces' newest commander during a Change of Command Ceremony on Joint Base Pearl Harbor-Hickam, Hawaii, July 8, 2020. Prior to taking the command at PACAF, Wilsbach served as the Commander, 7th Air Force and Deputy Commander, U.S. Forces Korea. Other assignments included, Commander, Alaskan Region, North American Aerospace Defense Command, Commander, Alaskan Command, U.S. Northern Command and Commander, 11th Air Force. (U.S. Air Force photo by Staff Sgt. Hailey Haux)



U.S. Army E3 Terminal High Altitude Area Defense soldiers and deployed Bomber Task Force U.S. Airmen, pose for a photo in front of a THAAD antiballistic missile defense system during a U.S. Army led tour on North West Field at Andersen Air Force Base, Guam, May 12, 2021. The THAAD mission is to protect the homeland, deployed military forces, friends, and allies from short, medium, and intermediate range ballistic missiles. The BTF was deployed to the U.S. Indo-**Pacific Command area of responsibility** to meet Pacific Air Forces training objectives. PACAF in coordination with other components, allies, and partners. provides USINDOPACOM with continuous unrivaled air, space, and cyberspace capabilities to ensure regional stability and security. (U.S. Air Force photo by Master Sgt. Louis Vega Jr.) ◀

German Minister of Defense Annegret Kramp-Karrenbauer tours a U.S. Air Force B-52 Stratofortess at Andersen Air Force Base, Guam, May 28, 2021. During her visit she toured military facilities across Guam and met with U.S. service members. (U.S. Air Force photo by Master Sgt. Richard P. Ebensberger) ▼

commitment to all my commanders that they will find a receptive ear if they can find a better way to do our mission by eliminating bureaucracy. I make the same commitment to each Airmen and Guardian in PACAF. It is my firm belief that if we reduce bureaucracy, we will find the space for innovation and in turn take better care of Airmen, Guardians and their families.

Finally, I need everyone in the command to get familiar with Agile Combat Employment concepts. ACE is how we will fight in this theater. Multi-capable airmen will use networks of well-established and austere air bases, and leverage pre-positioned equipment and airlift, to deploy, disperse and maneuver combat capability around the theater to create dilemmas for our competitors. I need everyone to be ready to do their part in ACE.

I am honored to serve with each and every one of you and thank you and your families for all you do. Here is to another great year living and working in the priority theater.





July 23, 2021



By Sheila deVera, JBER Public Affairs

JOINT BASE ELMENDORF-RICHARDSON, Alaska -- When you receive short notice to get a job done, you do it. This is what the Jacksonville, North Carolina native did

U.S. Air Force Tech. Sgt. Keith Miranda, a 962nd Airborne Air Control Squadron surveillance evaluator, received a one-day notice to test a new Northern American Aerospace Defense network.

"The Alaska NORAD Region had very little notification to start testing the new NORAD network that will go live later this month," said Master Sgt. Norman Metz, the 3rd Operations Group superintendent. "Miranda received the tasking, hit the ground running, and we got some excellent feedback to push up to Continental NORAD region on the first day of the testing trial period."

When Miranda was given the task, he coordinated with two other members to execute the mission - the air surveillance officer and a communication technician.

Miranda first selected which initial data load files he wanted to test during the flight to a local training sortie. Miranda started the datalink test with the 176th Air Defense Sector when he got the confirmation from the communication technician that the load file was successfully uploaded.

The following equipment used during the testing period was the initial data load files, Opstalink, network description document, and the Joint Tactical Information Distribution System terminal on the aircraft.

"I initiated many J-series messages and got confirmation from the ADS, validating the location and specific J-series message that corresponded with one another," Miranda said. "After getting confirmation from the sector, I logged what I did, and notified the ASO and the mission crew commander on the successful result."

Miranda's critical role ensured there were no errors and the data transmitted was being received accurately between agencies. The testing is NORAD-wide, and the testing phase spans through the Continental NORAD Region, Canada NORAD Region, Alaska NORAD region, F-22 Raptor, F-35 Lightning, E-3 Sentry Airborne Early Warning and Control System, and the 176th ADS.

"Validating and establishing the new datalink network ensures we maintain air superiority," Metz said. "Testing and authenticating the new U.S. Air Force Tech. Sgt. Keith Miranda, a 962nd Airborne Air Control Squadron surveillance evaluator, and native of Jacksonville, NC, recently received a one-day notice to test a new Northern American Aerospace Defense network. Miranda's critical role ensured there were no errors and data transmitted was being received accurately between agencies. The testing is NORAD-wide, and the testing phase spanned through the Continental NORAD Region, Canada NORAD Region, Alaska NORAD region, F-22 Raptor, F-35 Lightning, E-3 Sentry Airborne Early Warning and Control System, and the 176th Air Defense Sector.



Opstalink and load files also ensures the network tables work."

Metz added the CONR is very impressed with what the ANR has accomplished so far, and he was not surprised to receive a call about Miranda's outstanding work.

Miranda's advice to anyone who also receives short-notice tasks is to have an open mind, try to stay in the now, and not get worked up on what can happen. Do your best at what you've been given and realized that no one is perfect and mistakes can happen.



BARBEQUE SAFETY

eople look forward to happy summer and barbecue season is finally here! Summertime, however, also brings fires and injuries due to barbeque grills. According to the United States Fire Administration, grill fires on residential properties result in an estimated average of 10 deaths, 100 injuries, and \$37 million in property loss each year. Knowing a few fire safety tips and practice the following guidelines will help everyone have a safe summer.

Before Barbecuing

- 1. Check your grill thoroughly for leaks or cracking before using it.
- 2. Make sure the grill is at least 25 feet away from a building or 50 feet from an aircraft and flammable storage. Do not BBQ under overhangs or indoors.
- 3. Keep children away from fires and grills. It is a good idea to establish a safety zone around the grill and instruct children to remain outside the zone.
- 4. Have fire extinguishers or a garden hose attached to a water supply.

During Barbecuing

- 1. Do not wear loose clothing while cooking at a barbeque.
- 2. Use only a labeled starter fluid to start fires in the grill.
- 3. Never leave the grill unattended.
- 4. Keep alcoholic beverages away from the grill, they are flammable.
- 5. Make sure everyone knows to STOP, DROP and ROLL in case a piece of clothing does catch fire.

After Barbecuing

- 1. Keep your grill and free of grease buildup that may lead to
- 2. Never store liquid or pressurized fuels inside your home.

In case of fire or emergency, dial 911 or 0505-784-9111. Any questions on this matter, please do not hesitate to contact Fire Prevention Office at 784-4834 or 4835.

The Crossword By Jon Dunbar

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- 15 Thailand neighbor
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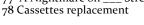
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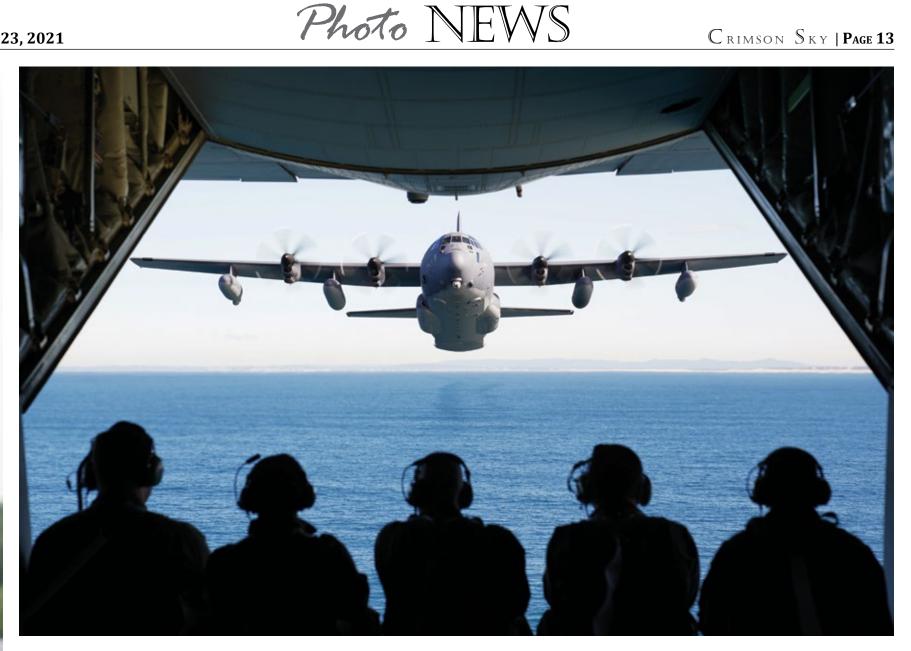
39 KEEPSAKES





Air National Guard C-130 **Modular Airborne Fire Fighting** System 9, out of Reno, Nev., drops retardant on the Beckwourth Complex Fire July 9, 2021, near Frenchman Lake, Cailf. In addition to other resources, three ANG C-130s, two from Nevada and one from California, will assist in battling the fires in Northern California. (U.S. Air National Guard photo by Senior Master Sgt. Paula Macombe) ▶





S. and Royal Australian Air Force airmen observe an MC-130J Air Commando II flying in formation off the coast of New South Wales, Australia, during exercise Teak Action 21, July 3, 2021. Through strict COVID-19 precautions, the 353rd Special Operations Group was able to train bilaterally with RAAF airmen, sharing tactics and procedures to foster increased interoperability across the Indo-Pacific. (U.S. Air Force photo by 1st Lt. Joshua Thompson) ▲



member of the 179th Airlift Wing, Mansfield, Ohio, meets his family upon returning to his home station after deployment, July 9, 2021. The 164th Airlift Squadron and 179th Maintenance Group completed their missions flying and maintaining the C-130 Hercules in support of Operation Spartan Shield. (U.S. Air National Guard photo by Master Sgt. Joe Harwood) 🛦

- KUNSAN PHOTO CLUB -

Interested in sharing your photography experience with others and exploring Korea along the way? Have a camera, but want to learn how to use it more completely? Then join the Kunsan Photo Club as they delve into the finer qualities of photography where the key concept is: "It's not the camera that makes a great photo, but the photographer." If interested in joining, the group can be found on Facebook, just search for "Kunsan Photo Club."

- WOLF PACK LODGE -

Lodging Space A Policy Need a break? Got family visiting and no room to house them? You can book

lodging rooms on a space available basis up to 120 days in advance for a maximum of 30 days depending on availability. You can also book reservations for the holiday season (November and December) up to 30 days in advance for a maximum of 15 days. (Depending on availability) Book now for all of those relatives coming for the holiday!

Reservations – Front Desk-DSN 782-1844 or Commercial (82)63-470-1844 FAX: DSN 315-782-0633 Commercial (82)63-470-0633

- SUNDAY SONLIGHT DINNER -

Every Sunday, volunteers from a spe-

cific unit cook dinner for their fellow Wolf Pack members at the Sonlight Inn. The dinner begins at 6 p.m. following grace led by a chaplain. Meals range from "breakfast for dinner" to "Italian cooking" to "Southern style." For more information or to volunteer, contact the chapel at 782-HOPE.

- SPONSOR TRAINING -

Learn creative ways to assist newcomers reporting to Kunsan AB. Registration required. Class is held at the Airman and Family Readiness Center. Call 782-5644 for more information, dates

- ROKAF ENGLISH CLASS -

Team 5/6 is looking for volunteers to support the ROKAF English class every Saturday, at the Sonlight Inn. You will be talking to ROKAF Airmen (enlisted) for approximately one hour. This event is open to all ranks! Civilian attire is preferred, however, UOD is allowed. For more information, contact Staff Sgt. Charles Nelson.

- PING PONG TOURNAMENT -

Free to all. Prizes for first and second places. Prizes include Wolf Pack Won. To sign up, dates or for more information, call the CAC at 782-5213 or 4679.

Osan

Kunsan

OSAN BASE HONOR GUARD "TO HONOR WITH DIGNITY": Are you or someone you know highly motivated, dedicated to excellence, and want to be among the sharpest? If the answer is yes, the Osan Air Base Honor Guard Team welcomes you! For more information please contact Program Manager SSgt Akin Hyde at 784-1091 or via email akin.hyde@us.af.mil.

OSAN ANTHEM SINGERS: Osan Anthem Singers are looking for volunteers who would like to sing the Korean and U.S. national anthems during various official/unofficial events throughout the base. You must be able to sing in a group in four-part harmony. Any member with a musical background and singing talent can audition for the group. Please contact MSgt Knollenberg at minji.knollenberg@ us.af.mil if you are interested.

MUNITIONS 100 PERCENT INVEN-TORY: Ammo will be conducting a 100 percent wall-to-wall inventory of our stockpile. During this time, manning will be strained,

so please be sure that all custody issues, expenditures and turn-ins are submitted at least a week prior to the start of this inventory.

HEALTHY THINKING CLASS: Want to be the best version of You? It all starts in your head! Come to the Healthy Thinking Class held every Wednesday from 1000-

1100 in the Dental Conference Room. Open to Active Duty/adult dependents/civilians/contractors. For more information or to register, call 784.2148...registration is encouraged but not required.

MUNITIONS 100 PERCENT INVEN-

TORY: Ammo will be conducting a 100 percent wall-to-wall inventory of our stockpile. During this time, manning will be strained, so please be sure that all custody issues, expenditures and turn-ins are submitted at least a week prior to the start of this inventory.

GRAPHICS DESIGNER NEEDED:

The Osan AB Chapel is looking for a volunteer with Graphics Design skills and experience to create stunning graphics for FB, Worship Services, and other advertising. If you are interested please email osanpcc@gmail.com

51 MDG VACCINATIONS BY AP-

POINTMENT: 51 MDG is currently administering COVAX in the Immunization Clinic at the 51 MDG by appointment. Call 784-DOCS (appointment line) or use TRICARE online to make your reservation: Tues 0700-1000 - 50 slots Wed 1500-1600 - 20 slots Thurs 0700-1000 - 50 slots

YOUTH SOCCER COACHES NEED-**ED:** We are wanting volunteer soccer coaches for our youth sports program. Please go to

https://51fss.com/youth-sports/ to fill out the forms and send them to the email on the page. Thank you for supporting our youth.

NO HAT NO SALUTE POLICY **UPDATE AT THE CHILD DEVELOP-**

MENT CENTER: The entrance areas and associated parking lots of Child Development Centers, School Age Programs, and Youth Centers on PACAF installations are designated as no-hat, no-salute areas. All uniformed personnel will still be required to render verbal greetings and to maintain customs and courtesies during the playing of reveille and retreat.

HUMIDITY SEASON: As the summer season approaches, humidity increases and so does the opportunity for mold growth. The 51 CES Housing Office will post and send reminders to residents on best practices to help prevent mold. Mold is a common occurrence in this region of South Korea. It is important to clean up water and keep air flowing. Additionally, open blinds to allow sunlight in units as much as possible. UV light will help kill any spores that may exist. Should you observe growth, clean with vinegar or bleach and water. If you take leave for more than 7 days do not turn off your air conditioning. Please notify the Housing Office of the length of your leave. Stay

tuned for more info!

JOB VACANCY ANNOUNCEMENT

This announcement is being advertised on behalf of the 411th Contracting Support Brigade, RCO OSAN. The 51st Medical Group Military Treatment Facility at Osan Air Base, Korea is seeking applications for one (1) Case/Utilization Manager (C/UM) to perform personal services in accordance with Defense Federal Acquisition Regulations Supplement subpart 237.104.

QUALIFICATION AND EXPERIENCE

Education: The C/UM shall be a graduate of a Baccalaureate Degree program in nursing from a nationally accredited educational institution authorized to grant baccalaureate degrees.

Certification: Contractor must have and maintain throughout course of the contract a current, active, valid, unrestricted license (with no limitations, stipulations or pending adverse actions) state nursing license in one of the fifty United States, the District of Columbia, the Commonwealth of Puerto Rico, Guam, or the U.S. Virgin Islands. License must be recognized and accepted by the U.S. State or Territory of practice in accordance with governing regulations. Submit a copy of official Transcript.

Certification: Contractor must maintain current certification in either the American Heart Association Basic Life Support (BLS) (Course C) or the American Red Cross CPR/BLS Course. The MTF will provide BLS refresher courses. Submit a copy of official Transcript.

SUBMITTING APPLICATIONS

Please email a complete CVs with all relevant documents to the Contracting Officer Anthony.s.mosley. civ@mail.mil and Contract Specialist kyle.a.jones67. mil@mail.mil. Please mention position title in the subject line of your email.

	Kunsan's emergency phone numbers				
	Emergency Services	911			
	Off Base/Cell Emergency	063-470- 0911	Nurse Advice Line	1-800-723-8255	
	Crime Stop: (to report a crime)	782-5444	IG Complaints FWA Reporting:	782-4850 (duty hours) 782-4942 (anytime)	
	Base Locator: (after duty hours)	782-4743	Chaplain (After duty hours)	782-6000	
	Law Enforcement desk	782-4944	Sexual Assault Response Coordinator (SARC)	782-7272	
	Emergency Leave / Red Cross		782-4601 (on base) 1-800-733-2761 (anytime)		

Osan'	Osan's emergency phone numbers				
Emergency Services (Fire, Medical, Security Police)	911	Commander's Hotline	784-4811		
Off Base/Cell Emergency	031-661- 9111	Crime Stop: (to report a crime)	784-5757		
Emergency Room:	784-2500	IG Complaints FWA Reporting:	784-1144		
Base Locator: (after duty hours)	784-4597	Emergency Leave	784-7000		
Force Protection Information Hotline:	115	Sexual Assault Response Coordinator (SARC)	784-7272		
Chaplain (After duty hours)	784-7000	Security Forces Control Center	784-5515		

USAG Daegu Holds Change of Command Ceremony in South Korea

Dozens of local Korean distinguished guests along with Eighth Army and Installation Management Command - Pacific (IMCOM-Pacific) leaders looked on as the unit colors - and responsibilities for leadership of USAG Daegu and Area IV— ceremoniously passed from Col. Edward J. Ballanco to Col. Brian P. Schoellhorn. Col. Ballanco holds the colors as he relinquishes duties during a change of command ceremony at Camp Walker in South Korea on July 12th. (PFC Cho, Jae Man) ▶

By Keith Smith

CAMP WALKER, Republic of Korea -- U.S. Army Garrison Daegu welcomed a new garrison commander as Col. Brian P. Schoellhorn assumed the duties as the incoming commander and Col. Edward J. Ballanco relinquished duties during a change of command ceremony at Camp Walker in South Korea on July 12th.

Dozens of local Korean distinguished guests along with Eighth Army and Installation Management Command — Pacific (IMCOM— Pacific) leaders looked on as the unit colors — and responsibilities for leadership of USAG Daegu and Area IV— ceremoniously passed from Col. Ballanco to Col. Schoellhorn.

The ceremony reflected time-honored U.S. military traditions with the orderly transfer of garrison military authority. IMCOM—Pacific Director Craig L. Deatrick hosted the ceremony and provided remarks along with Eighth Army Commanding General Lt. Gen. Bill Burleson. When Daegu, South Korea became an

epicenter for COVID-19 in February 2020—the first large outbreak outside China—actions taken by Col. Ballanco successfully mitigated the spread of the virus and prevented collateral damage unlike many places around the world

ARMY NEWS

"This garrison developed innovative and safe methods to maintain services during COVID-19 restrictions," said Deatrick. The standard was set here for the U.S. Army by this garrison."

Ballanco spearheaded the Army's successful COVID-19 response for Area IV and championed numerous quality of life initiatives during his tenure. Ballanco has served as USAG Daegu commander since June 2019. USAG Daegu has the largest footprint in

Korea, encompassing almost half of the country and supporting approximately 10,000 Soldiers, civilians and their families.

"You've done a tremendous job completing countless quality of life projects and you've protected the force so that we can protect our

mission," Burleson said. "Today's ceremony is fitting recognition for two years of selfless service."

USAG Daegu has the largest footprint in Korea, encompassing almost half of the country and supporting approximately 10,000 Soldiers, civilians and their families. USAG Daegu manages base operations on six U.S. Army installations and 11 sites in Area IV stretching from Daejeon to Busan. Major installations include Camp Henry, Camp Walker and Camp Carroll.

Schoellhorn enlisted in the U.S. Army in 1990 and served as operations officer for the 3rd Infantry Division at Fort Stewart, Georgia from 2019 to 2020. The incoming garrison commander emphasized the importance of maintaining a strong Republic of Korea-U.S. Alliance.

"I vow to do everything I can to support the mission and take care of the Soldiers, family members, civilians and Koreans and that make this garrison a great place to serve and live," said Schoellhorn.

Daegu Family and MWR Celebrates 50th Anniversary of Army Outdoor Recreation with Korea-Wide Hiking and Cycling Challenge

By Keith Smith

CAMP WALKER, Republic of Korea -- The U.S. Army's Outdoor Recreation program is celebrating 50 years of supporting Soldiers, civilians and their Families with healthy lifestyle-oriented activities and services—and locations in South Korea are hitting the trails this summer with a hiking and cycling challenge.

More than 170 participants in Daegu have already signed up for the peninsula-wide 1,000 kilometers cycling challenge or the 500 kilometers hiking challenge. Nearby locations for outdoor enthusiasts include hiking the Bogyeongsa Waterfall Trail or cycling to the top of Paljoryeong Mountain.

Participants in the hiking and cycling challenge are able to use a tracking app on their phone or any GPS device to track distance and receive awards. The app must show the distance on each activity to equal the distance of biking or hiking challenge prize.

"Join us in celebrating 50 years and sign up today for the hiking and cycling challenge," said Daegu Family and MWR Supervisory Recreation Specialist Shawn Johnson. "Get outdoors and stay active. Come and get information on where to hike and ride the trails of South Korea."

Participants have until August 31st to complete.

Outdoor Recreation at Camp Walker can equip you to explore Korea's vast wildlife and beauty on your own or through organized outdoor adventures. Hana Travel center will

also take you on cultural tours ranging from the biggest festivals to the smallest hidden treasures.

#armyodr50

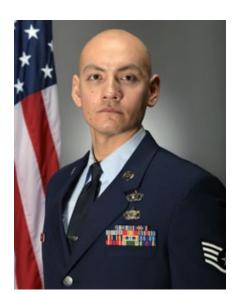
The first Outdoor Recreation, ODR, program was established in 1971 and since then, ODR has been providing programs and services around the world at Army installations. ODR programs and activities provide a healthy alternative to traditional fitness outlets, building resiliency and life skills for the total Army Family.

Through all its offerings, ODR lets Soldiers and Families take a break from their normal surroundings, develop new skills and learn about lifetime leisure programs. ODR is a Family and Morale, Welfare and Recreation program. FMWR is the G₉ division of the U.S. Army Installation Management Command.

July 23, 2021

Spiritual Charge

The Desire to Change



By SSgt. James Rojas

We can't always control change, but we can control our feelings towards it. Whether we're challenged to change our circumstances or view change as a way to grow, our desired end result always seems to be out of reach. The path to

change is an ongoing evolution. Society leads us to believe that there's an importance in "finding yourself," as if there's an ideal "you" that's waiting to be uncovered and sprout wings upon discovery. Sometimes we're given the narrative that it's after a certain number of hardships that we'll finally reach the end of our metamorphosis.

It's possible. Unlikely, but possible.

It's more likely that we can

continuously create who we wish to be by our acts in every single moment. It's in doing this that who we are today is different than who we were yesterday. Of course, we do have certain identifying markers that are unlikely to change much: names, titles, jobs, etc. Even with those unchanging factors, life's impermanence makes anything possible. What you decide to do and who you become lies in

your hands and in the discipline you choose to pursue. You're an artist, and you are your own masterpiece.

Take PCS-ing for example. We often view a PCS move as taking the same shell of who we are and transferring it from point A to point B. After being bombarded by the havoc of out-processing and deadlines not being met by certain offices, we finally arrive at our new location, only to slide into the same monotony of our day-to-day tasks. The battleground may be different, but the soldier and the weapon are still the same. You're still you.

However, a simple reframing of mind can be the difference between the 'you' of today and the 'you' of tomorrow. TD Jakes says, "It is not the movement of the clock that produces the newness of life. It is the movement in your mind...if I always do what I've always done then I'll always be

where I've always been." Though typically seen as one of the more mundane tasks in military life, PCS-ing can be an opportunity. We often don't consider that it can be a chance to become a greater version of ourselves.

It isn't a new job, a new position, or a new promotion that gives you that change that you're seeking. Your desire for transformation isn't satisfied once you cross into the NCO tier or after commissioning. It's instead fed when you begin to do whatever it takes to move forward. The war begins and ends with you. True change comes from within. Take that desire to become the person that you want to be and apply it to who you are today. Leave your empty cocoon behind at your previous office, at your previous base, with your previous ranks. Because the 'you' of today isn't the 'you' of yesterday.

CHAPEL SCHEDULE

KUNSAN AIR BASE

Protestant Services Gospel Service Sunday, 11:30 a.m. Main Chapel, Bldg. 501 **Contemporary Service** Sunday 5 p.m. Main Chapel, Bldg. 501

Catholic Services **Sunday Catholic Mass** Sunday, 9:45 a.m. Main Chapel, Bldg. 501 **Daily Mass and Reconciliation** Please call the Chapel

Other Worship Opportunities LDS Service Sunday, 1:00 p.m. SonLight Inn, Bldg. 510

Point of Contact: Kunsan Chapel, 782-HOPE

Visit us on SharePoint: https://kunsan.eis.pacaf.af.mil/8FW/HC

OSAN AIR BASE

Due to the upcoming demolition and construction of the Osan Chapel facilities, the offices and worship services have been relocated as follows:

Chapel Offices:

The main chapel offices are located on the second floor of building 745 (formerly the Wing Safety building).

Chapel Worship Services:

Protestant service times/location: There is now only 1 service @ 1000 — Base theatre —

Catholic service times/location:

Catholic Sunday Masses are now being held at the Mustang Center (multi-purpose room) across from the gym: Confession @ 0830 Mass @ 0900 Adult Formation @ 1015

> Catholic Daily Masses will be held in building 769 (former AFRC bldg): Tuesday — Thursday @ 1130

For the most current updates and announcements, please visit our "Osan AB Chapel" Facebook page.

> Find us on the web@ https://www.facebook.com/OsanABChapel

HUMPHREYS

- Sundays 0900 Christ The King Liturgical Service - Pacific Victors Chapel
0930 & 1100 Agape (Contemporary Service) - 4CMC
1000 Burning Bush Gospel Service - Warrior Chapel
1100 Church of Christ - Pacific Victors Chapel
1100 Common Ground (Traditional Service) - Freedom Chapel
1300 Apostolic Pentecostal (Oneness) - Warrior Chapel
1330 Spanish Service - Pacific Victors Chapel - Wednesdays -1200 Christ The King Eucharist Service - Pacific Victors Chapel 1800 KATUSA Service - Pacific Victors Chapel

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS (LDS)
- Sundays 1400-1600 Worship Meeting - Freedom Chapel
POC: CH Droge; 010-8685-2976; shawn.a.droge.mil@mail.mil

RELIGIOUS STUDIES AND MINISTRY AUXILIARIES
MON/WED 1830 Catholic Men of the Chapel - Freedom
TUES 1000-1200 Korean Ladies Bible Study (KLBS) - Freedom
TUES 1800-2000 Club Beyond Christian Youth Group - 4CMC
*Summer Break until 30 August
WED 0930-1145 Protestant Women of the Chapel (PWOC) - 4CMC
*Summer Schedule: 1800-2030 (until 28 August)
1830-2030 PWOC Evening Study - 4CMC
WED 1000-1200 Korean Catholic Women Bible study - Freedom
1730-1930 Catholic Women of the Chapel (CWOC) - Freedom
THUR 0915-1130 Catholic Women of the Chapel (CWOC) - Freedom
THUR 1800-2000 Protestant Men of the Chapel (PMOC) - 4CMC
*POC: CH Underhill 010-8520-7217
1st SAT/Month 0830 Knights of Columbus - Freedom

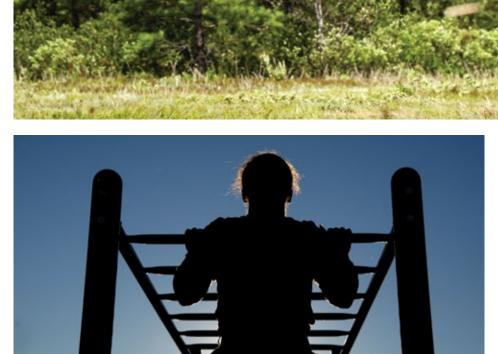
1600-1700 Adordion (Saturdays) 1600-1700 Reconciliation/Confession (Saturdays) 1640 Rosary/Benediction (Saturdays) • 1730 Vigil Mass (Saturdays) 0900 Mass (Sundays) • 1730 Daily Mass (M-F) POC: usaghcatholiccoordinator@gmail.com

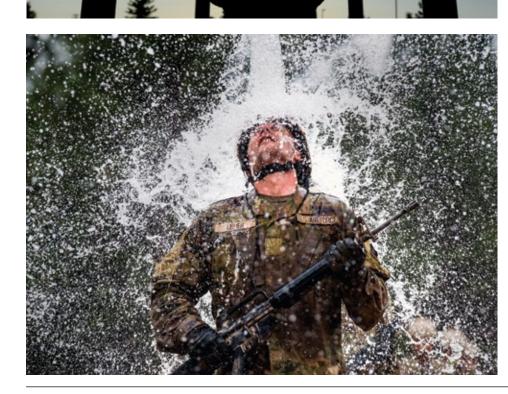
JEWISH 2nd and 4th Fridays - 4CMC 1800-2100 Shabbat Evening Service POC: CH (CPT) Daniel Kamzan; daniel.j.kamzan.mil@mail.mil

/SLAM/C - Pacific Victors Chapel Fridays: 1200-1330 Jumah Service Sundays: 1300-1500 Islamic / Arabic classes POC:CPT Anouar Benchegroun 010-3382-7231 anouar.k.benchegroun.mil

PAGAN Traditions
Fridays: Freedom Chapel Rm 110 / 1800-1900 Pagan Fellowship POC: CPT Ryan S. Robinson; ryan.s.robinson14.mil@mail.mil

BUDDHIST
Tuesdays - Warrior Chapel / 1800-1900 Buddhist Service
POC: CH (CPT) Somya Malasri; 010-7460-1281; somya.malasri.mil@mail.mil





HH-60G Pave Hawk assigned to the 41st Rescue Squadron lands during a heritage flight June 15, 2021, at Moody Air Force Base, Ga. The primary mission of the HH-60G is to conduct day or night personnel recovery operations into hostile environments to recover isolated personnel during war. (U.S. Air Force photo by Senior Airman Hayden Legg)

irman 1st Class Alexandranell Soto, 354th Security Forces Squadron response force leader, completes a pullup during a special weapons and tactics physical training test at Eielson Air Force Base, Alaska, June 23, 2021. The defenders conducted multiple exercises to ensure they are physically fit and capable of completing SWAT training. (U.S. Air Force photo by Senior Airman Beaux Hebert) ◀



enior Airman Sara Marinelli, 21st Airlift Squadron loadmaster, stands in front of a C-17 Globemaster III, July 6, 2021, at Travis Air Force Base, Calif. The 21st AS conducted a local training mission that enabled qualification currency for seven crew members. (U.S. Air Force photo by Senior Airman Jonathon Carnell)

Class of 2025 cadet completes the assault course during Basic Cadet Training at the U.S. Air Force Academy's Jacks Valley in Colorado Springs, Colo., July 13, 2021. The training is a six-week indoctrination program to guide the transformation of new cadets from civilians to military academy cadets prepared to enter a four-year officer commissioning program. (U.S. Air Force photo by Trevor Cokley) ◀



Female body armor secures Hanscom AFB defenders

By Lauren Russell 66th Air Base Group Public Affairs

HANSCOM AIR FORCE BASE, Mass. (AFNS)
-- Airmen assigned to the 66th Security Forces
Squadron at Hanscom Air Force Base recently
received the newest issue of body armor
designed specifically for female Airmen.

The recently-developed armor is a lighter weight than previous editions and features a curved chest plate and shorter torso size. An adjustable corset tightens to fit the wearer, distinguishing it from a one-size-fits-all piece of equipment.

"It's exciting to feel represented as a female, and it's welcoming to know that we have equipment that was made with us in mind," said Airman Madalyn Duke, 66th SFS entry controller.

The Air Force Life Cycle Management Center Female Fitment Program Office began work on the armor design in 2020 as part of the Air Force chief of staff's initiative to optimize uniforms for female Airmen.

Mobility managers from the 66th Logistics Readiness Squadron worked directly with Air Force logistic officials to secure 30 sets of armor for Hanscom AFB Airmen and reservists throughout New England in early June.

"A fighting force is only as good as the



Airman 1st Class Hailey Farver, 66th Security Forces Squadron entry controller, and Staff Sgt. Caleb Kenley, partner during a shoot, communicate and move training at Hanscom Air Force Base, Mass., June 29, 2021. The newest issue of body armor was designed specifically to fit female Airmen during combat and contingency operations. (U.S. Air Force photo by Lauren Russell) ▲

equipment it's given, and fitting the right equipment to the right person is definitely the right move," said Lt. Col. Yonca Nice, 66th SFS commander. "The new armor will make our female fighting force safer and more efficient with higher morale."

During initial training with the new armor June 29, Hanscom security forces members said they noticed a difference in the equipment compared to the standard male-fit predecessor.

Airman ist Class Brittany Senft, 66th SFS entry controller, said the lightweight material kept the armor in place, preventing the vest from hanging and exposing vital organs.

"Everything felt very secure and it fit to my body," she said. "I felt confident it was doing its job to protect me."

The defenders' male counterparts are also glad to see the new armor in play.

"It's reassuring to know our wingmen have equipment that fits them correctly," said Senior Airman Jayson Page, 66th SFS desk sergeant. "Body armor, specifically, is critical to our mission and it can save your life."

Duke said she will continue to break in the new equipment and looks forward to accelerated change toward a more inclusive force.

"It's inspiring to know that there's a whole new generation of female Airmen who will have the option to use equipment made for us," she said.



Airman Madalyn Duke, 66th Security Forces Squadron entry controller, wears the new female-specific body armor during a shoot, communicate and move training at Hanscom Air Force Base, Mass., June 29, 2021. The newest development in Air Force body armor is designed to better protect female Airmen during combat and contingency operations. (U.S. Air Force photo by Lauren Russell)

8th FW jets return from Red Flag-Alaska 21-2

By Senior Airman Suzie Plotnikov, 8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea -- An F-16 Fighting Falcon lands on the flightline at Kunsan Air Base, Republic of Korea, July 15, 2021. The last of the 8th Fighter Wing jets returned home after supporting a month-long multinational training event at Red Flag-Alaska 21-2, while practicing Agile Combat Employment tactics. (U.S. Air Force photo by Senior Airman Suzie Plotnikov)







Head to Vangyang, Korea's Surfing **Paradise**



Yangyang in Gangwon-do is a popular summer retreat among Koreans for its beautiful coastal scenery. In particular, it became known as a hot spot among surfing enthusiasts after the opening of a beach exclusively for surfing! Head off for a hot summer full of fun at Yangyang's Surfyy Beach!





Surfyy Beach

Surfyy Beach in Yangyang is the nation's first surfing-only beach, stretching around 1 kilometer along Hajodae Beach.

The beach area is complete with rest spaces, cafés, and bars for an exotic attraction full of youthful energy. It has also appeared in plenty of popular dramas, such as KakaoTV & Netflix's "Lovestruck in the City (2020)."

At the surfing school, you can easily rent equipment and take surfing lessons, guided by a qualified instructor.

- Address: 119, Hajodaehaean-gil, Yangyang-gun, Gangwon-do
- Directions: Take a taxi for approx. 10 min from Yangyang International Airport or Yangyang Intercity Bus Complex
- Operating hours:
- Beach: 09:00-20:00, open all year round
- Surfyy Pass: 09:00-18:00

(Hours subject to change according to sunset time)

< Continued on page 23 >

▼ Nearby cafés & pubs

There are lots of unique cafés and pubs along Ingu Beach, near Surfyy Beach. Many of them offer DJ shows on the weekends, or operate with nearby guesthouses to host parties both large and small. For a taste of the uniqueness, the signature menu at Please Wait, located at *Ingu Beach*, is the ice cream bar latte!



If you enjoy socializing in an upbeat atmosphere, be sure to check out the cafés and bars in the area. Many of them offer ocean-view seating. Salty Cabin became especially popular on social media for their fun mixed drinks, such as the Sangria Sunrise. With both indoor and outdoor seating, you can enjoy a drink in the shade and one in the sun!

Singlefin Alehouse was designed with a resort concept. Their signature menus are Chicago-style pizza and roasted corn kernels.



ARMY NEWS



uncertainty as possible during Permanent Change of Station (PCS) moves in South Korea and at installations around the world, the Army has tools to make a PCS more convenient, predictable and user friendly. Improvements increased reimbursements for personally procured moves (PPMs), more quality-assurance inspectors and a longer window to submit claims. USAG Daegu has timely information, resources and services available

to help make your family transition as smooth as possible. Smooth Move briefings are provided Wednesdays from 1 p.m. to 2 p.m. by Army Community Service at Camp Walker's Soldier Support Center. "Moving is a part of life and we are doing all we can to take care of our most valuable asset—our people," said USAG Daegu Army Community Service Director Robin Sherrod. "The briefing covers reintegration, pay entitlements, traveling with children and pets, shipping unaccompanied baggage, household goods and vehicles. Family members and civilians are always invited to come and it is mandatory for E-6 and below."

Spouse Newcomer's Orientation is offered on the second Thursday of each month and Soldier Newcomer's Orientation takes place every other

The Army PCS Move App, which can be downloaded for free from Google's Play Store for Android devices and Apple's App Store for iOS devices, offers information on financial management, entitlements, types of moves, planning, scheduling and the claims process. In addition, it provides practical advice, links and interactive functions to make the PCS move a lowhassle experience.

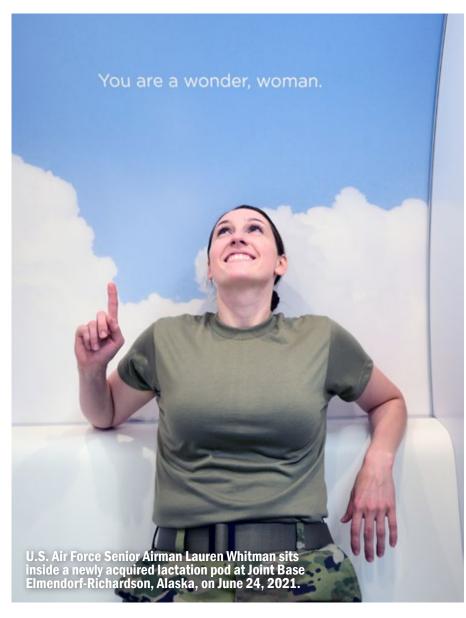
The new "live chat" function connects Soldiers with a live customer service representative at the click of a button. The chat function creates a communication log between the caller and the agent, which can be downloaded for record keeping.

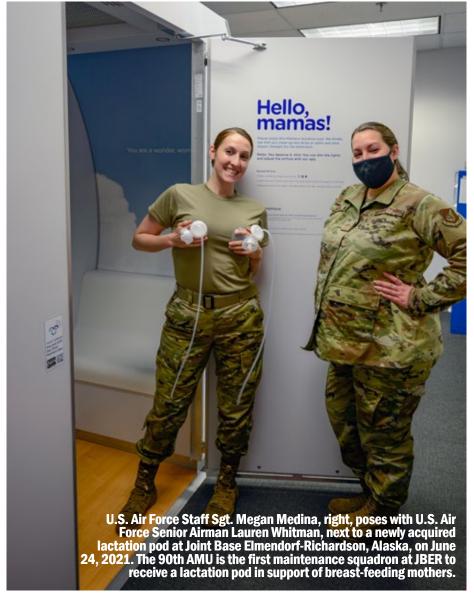
Since each move has unique needs and requirements, Military One Source offers strategies for smooth moves, relocation assistance and personalized support that can be found on their website. Their 24/7 hotline — 1.833.645.6683 — provides customer-support representatives who can offer assistance and answer questions. The Army also released three household goods claims videos, located on the Army PCS Move App, to provide answers to frequently asked questions.

The Army's new policy on reimbursements and allowances reimburses personally procured moves up to 100% of what it would cost the government to use an industry provider, permanently changing the Joint Travel

The deadline for claim notification is now 180 days after delivery — up from 120 days — which gives Soldiers, civilians and families ample time to identify and report lost or damaged goods.







Mothers in maintenance

By Airman 1st Class Jordan Smith 673d ABW/ PA

JOINT BASE ELMENDORF-RICHARDSON,

Alaska -- Women of the 90th Aircraft Maintenance Unit are leading the way in innovation and inclusion with their new lactation pod, allowing Airmen who are nursing mothers to continue contributing to the mission at work and at home.

The 90th AMU is part of the 3rd Wing at JBER, Alaska. The wing provides 24/7 air dominance, global mobility, and command and control for combatant commanders of the Pacific region. Every Airman within the wing plays a vital role in fulfilling that mission and contributes to the mission of the Air Force as a whole -- even mothers.

"The idea for the pod originally came from myself, Staff Sgt. John Mykel, Master Sgt. Steven Banda, [and Master Sgt. Nicholas Rapoza]," said U.S. Air Force Staff Sgt. Victoria Hall, formerly the noncommissioned officer in charge of Programs with the 90th AMU. "We were planning a project for a women's locker room and lactation room. We knew that these projects take a while, and we wanted to be able to give the women of the AMU an immediate solution for a lactation room which is how the Mamava Pod came up."

The 90th AMU is the first maintenance unit at JBER with a lactation pod, however, these pods are becoming more popular within the military as more women choose to serve, and choose to become mothers.

"[In] maintenance, it's mostly men; there are maybe eight women in the unit -- that's not

including the [operations] side, but that's not a lot in a unit of around 230 people," said Staff Sgt. Megan Medina, the new Programs NCOIC. "We love what we do, but if you don't pump [breast milk], you lose your supply, and you're in pain."

Having the lactation pod has allowed nursing moms to put distractions to rest and focus on the mission at hand.

"Getting this pod has impacted the squadron and mission by allowing a dedicated space for the women," said Hall, now a dedicated crew chief assigned to the 757th Aircraft Maintenance Squadron at Nellis Air Force Base, Nevada. "Before, women had to use conference rooms if they weren't in use, or offices. If they used offices, that meant other service members would have to leave, which put a stop to the mission."

Counterintuitively, it's also been directly beneficial for the male Airmen within the unit.

"For men, I think it makes it a little more comfortable because before, we would have the office closed off and no one wanted to interrupt or disrespect anyone's space," said Medina. "So it makes it a little easier on them because they're not worried about being awkward, rushing anyone, or feeling like they're imposing on our area. And on the women's side, it's morale. It makes us feel more included and it puts mothers at ease because you're already nervous coming back to work, but having a place to go and decompress while you pump is just more stress off of being a new mom," Medina said. "It just makes it easier."

Over the last few years, the Air Force has committed to creating a more diverse, inclusive,

and innovative environment by encouraging innovation within the ranks and establishing programs and departments such as the Office of Diversity and Inclusion.

"In the facilities that I have worked at, I have never seen a dedicated space for nursing mothers," said Hall. "I have also heard many women use this as an excuse not to nurse due to not wanting to nurse in a locker room or bathroom, or they didn't even know it was an option they had since they were in the military."

Hall added it was important to her because she was also one of those mothers who had to ask people to leave every few hours for her to pump.

"I felt bad, but didn't really have many options and knew I wasn't the only one who would need the pod," Hall said.

Getting the pod wasn't difficult, but did take some work, Hall said. She researched three vendors with products which met the need and provided the three price quotes and the reasoning behind the purchase to the unit's purchasing authority and the commander. Once a product was approved, the purchasing process began.

Having the pod has not only benefited the mission and the people, it's influencing the future of the Air Force -- normalizing women and mothers in the service, and making a mark on the next generation.

"Choosing to be a mom is never easy," said Medina. "I want my son to see that I can have a job, and be a mom."

The United States Air Force does not endorse any product mentioned or depicted in this article and/or accompanying photos. < Continued from page 20 >

► Hajodae Rock Beach

Hajodae Rock Beach is a famous attraction in Yangyang, complete with a pavilion atop the cliffs, and plenty of rocky islands and outcroppings. The pavilion itself is surrounded by pine trees, standing in harmony with the rocks and sea.

One pine tree in particular is very famous among Koreans. Looking out to the East Sea from *Hajodae Pavilion*, you can see a 200-year-old pine tree growing from the top of the rocky cliff. The tree is used as the background image for national broadcasts during the first verse of the national anthem; many people even call the tree "National Anthem Pine Tree".

You can get an even better view of the coastline by walking to *Hajodae Skywalk*. The observatory is located within a military-controlled zone, but is open to tourists within set hours.

The skywalk offers all kinds of scenes, from the emerald colored East Sea below your feet on the transparent deck, to the stretch of Hajodae Beach, and even fishermen on the rocks. A stroll along *Hajodae Dulle-gil*, stretching from the observatory to *Hajodae Military Rest Area*, is a great way to get in some exercise while enjoying the cool sea breeze.





- Address: 54, Haryun-gil, Yangyang-gun, Gangwon-do
- Address: 29, Hajodaehaean-gil, Yangyang-gun, Gangwon-do

▶ Naksansa Temple

Naksansa Temple is located atop Obongsan Mountain with an unobstructed view of the East Sea. As one of the three main temples in Korea dedicated to the Avalokitesvara Bodhisattva, it is famous for its grand 16-meter-tall Avalokitesvara Bodhisattva statue. They say if you rub the back of the stone frog below the statue, you will be granted a wish.







- Address: 100, Naksansa-ro, Yangyang-gun, Gangwon-do
- Directions: Take a taxi for approx. 10 min from Yangyang International Airport or Yangyang Intercity Bus Complex
- Operating hours: 06:00-19:00 (Last admission 18:00) open all year round
- Website: www.naksansa.or.kr

