

Crimson Sky

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A U.S. Air Force F-16 Fighting Falcon assigned to the 35th Fighter Squadron takes off at Kunsan Air Base, Republic of Korea. The 35th FS executes air combat operations in support of U.S. and ROK interests in the Indo-Pacific Command area of responsibility. (U.S. Air Force photo by Staff Sgt. Jovan Banks)

8th FW recognizes 50 years of the F-16

By Capt. Kaylin Hankerson
8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea

-- Jan. 20, 2024, marked the 50th anniversary of the F-16 Fighting Falcon's first flight and its addition as a U.S. Air Force platform. Also popularly known as the 'Viper,' the F-16 has been used in every major American conflict since its onboarding in 1974. A half-century later, the F-16 now makes up approximately 50% of USAF

fighter jet inventory and has become one of the most recognizable fighter jets globally.

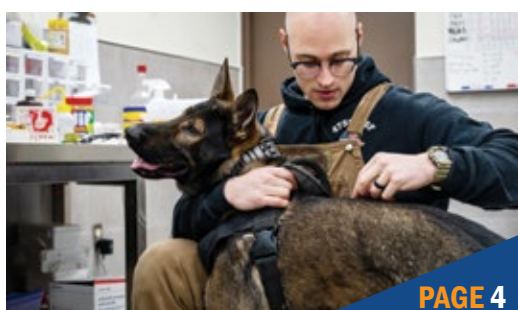
The Fighting Falcon made its way to the 8th Tactical Fighter Wing (redesignated the 8th Fighter Wing in 1992) at Kunsan Air Base, Republic of Korea, in 1981; the first overseas unit to receive the platform. Today, the 8 FW's two flying squadrons, the 35th & 80th Fighter Squadrons, are still utilizing Block 40 F-16s to maintain peace on the Korean Peninsula and support the prosperity of the ROK.



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Multinational task force leading air, sea training during Cope North 24

Pacific Air Forces Public Affairs

JOINT BASE PEARL HARBOR-HICKAM, Hawaii -- Air forces from around the world will begin arriving in Guam to participate in Cope North 2024 (CN24) taking place Feb. 5-23, 2024.

CN24 is a multinational, U.S. Pacific Air Forces-sponsored, field training exercise (FTX) focused on airborne integration for large-force employment and agile combat employment (ACE).

U.S., Australia, and Japan air forces, as the trilateral exercise leads, will establish command and control and organize training for the multinational task force of six participating nations and observers. Exercise activities will take place at Andersen Air Force Base and Northwest Field Guam; Antonio B. Won Pat Guam International Airport; Commonwealth Northern Mariana Islands - Tinian, and Saipan.

CN24 aims to further integrate Ally and partner contributions towards enhancing security and stability

to maintain a free and open Indo-Pacific.

Approximately 1,700 U.S. Airmen, Marines, and Sailors will train alongside 700 Japan Air Self-Defense Force, Royal Australian Air Force, French Air and Space Force, Royal Canadian Air Force and Republic of Korea Air Force service members in CN24. About 85 aircraft from the United States, Australia, Japan, France, and South Korea will fly 1,400 missions across three islands and six airfields.

Established initially in 1978 as a quarterly bilateral exercise held at Misawa Air Base, Japan, Cope North moved to Andersen AFB in 1999, and became a trilateral exercise in 2012 with the addition of the Royal Australian Air Force. It is the U.S. Pacific Air Forces' largest annual multilateral exercise.

For more information about Cope North and U.S. Pacific Air Forces' participation, contact Public Affairs at (808) 789-8828 or (808) 221-6148.

DAF streamlines awards process

Secretary of the Air Force Public Affairs

ARLINGTON, Va. (AFNS) -- The Department of the Air Force will launch new software and policies to improve the decorations approval process today.

myDecs Reimagined, a new application on the myFSS platform, will be a single-page experience and allows ad-hoc routing to any myFSS user. The new application also eliminates the need for multiple screens found in the previous version.

"This new software coincides with a policy change to move the DAF away from reliance on the centralized Military Personnel Flights to file approved and signed decorations. Trust and responsibility is placed back with the approval authority and the record now updates automatically upon signature," said Deputy Chief of Staff for Manpower, Personnel and Services Lt. Gen. Caroline Miller. "Our goal is to make the system more intuitive and create a smoother process for users."

Airmen and Guardians in operational units met with DAF decorations experts to shape the new system and were the catalyst for the policy changes. Quality review checks previously performed by MPF members are now automated, freeing personnel to focus on strengthening their recognition programs.

Users and approval authorities will see the following changes:

- Like myEval, users choose who they route to and have a dashboard to track decorations
- Nominators name the approval authority when drafting the nomination
- Decorations are fully editable until signed
- Users may add comments and routing notes
- Upon approval, the decoration goes directly into the record



- MPFs no longer review each transaction and strengthen their advisory and audit role
 - Like myEval, only HR Technician roles for the CSS and MPF are now needed
- The following decorations will be processed in myDecs Reimagined. Others may be added in the future:
- Air and Space Meritorious Service Medal
 - Air and Space Commendation Medal
 - Air and Space Achievement Medal
 - Aerial Achievement Medal
 - Combat Readiness Medal
 - Military Outstanding Volunteer Service Medal

Airmen and Guardians should visit myDecs Reimagined by going to myFSS and selecting "myDecs" for more information.

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Senior Airman Evan Ludwig, 8th Security Forces Squadron military working dog handler, puts Heino, 8th Security Forces Squadron MWD, at ease before being weighed during a medical assessment at Kunsan Air Base, Republic of Korea, Jan. 11, 2024. Veterinary technicians conduct inspections of the animals' health to determine their ability for service. (U.S. Air Force Photo by Staff Sgt. Jovan Banks)

Off the leash: 8th SFS MWDs begin disposition

By Staff Sgt. Jovan Banks
8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea

-- There comes a time in life when a military member must take off the uniform, that is no different for military working dogs. Taking off their protective vest and coveted "DO NOT PET" collar and retiring from the kennels signifies the end of their tenure as an active duty service member.

Rex, Bonus, Heino and Quinto, 8th Security Forces Squadron MWDs, recently entered into the process of disposition which will effectively retire them from service.

The decision to initiate disposition procedures is up to the MWD's medical team, who conduct thorough inspections of the animals' health regularly to determine their continued ability to serve.

"Our dogs are well taken care of," said U.S. Army Specialist Brianna Johnson, 106th Medical Battalion veterinary technician. "Every month we do a check-up on each of Kunsan's MWDs to keep track of things that may be a concern to the dog's overall health status."



Military Working Dog Bonus, 8th Security Forces Squadron, is given preventative oral medication as part of a routine health assessment at Kunsan Air Base, Republic of Korea, Jan. 11, 2024. MWD's are regularly given health assessments, which can include taking preventive medicines such as insect treatments, heartworm preventative medications and vitamins. (U.S. Air Force Photo by Staff Sgt. Jovan Banks) ▲



Staff Sgt. Ricardo Roque, 8th Security Forces Squadron military working dog trainer, and Senior Airman Georgina Silva, 8th SFS MWD handler, administer a scenario with MWD Quinto, 8th SFS, as part of a disposition at Kunsan Air Base, Republic of Korea, Jan. 17, 2024. During the disposition the MWDs are tested on commands, reaction to touch and the application of a muzzle to ensure they are fit for adoption. (U.S. Air Force Photo by Staff Sgt. Jovan Banks)

Service dogs do not have a set number of years before they can be dispositioned. As long as they are in good health, they can be of service to their squadron as essential components in the overall Kunsan Air Base defense plan.

MWDs conduct a variety of duties for the Airmen of the 8th SFS. The dogs can specialize in tracking, search and rescue, explosive detection and attack. These tasks can take a toll on the dogs' health over time and lead to injuries.

The leading cause for a MWD's health category to be raised to category three, which declares a service dog no longer fit to serve, are leg injuries. MWD Bonus, who recently underwent surgery from an injury and is now up for disposition, has been a service dog at Kunsan AB for 10 years.

U.S. Air Force Staff Sgt. Ricardo Roque, 8th SFS MWD trainer, was assigned as his handler while serving at Kunsan and has developed a unique bond with Bonus during his short tour assignment.

"It is hard not to get attached," said Roque. "For the majority of the time that you are here, you spend it with the dog so it is really hard not to."

MWDs are tested through multiple scenarios during the disposition process to determine their response in various social situations to see if the dog could be placed in an adoptive home once retired.

"It is a bittersweet moment for sure," said Roque. "But knowing that previous handlers will be adopting the dogs, reassures me that they will be going to good homes."

Senior Airman Evan Ludwig, 8th Security Forces Squadron military working dog handler, gives Rex, 8th SFS MWD, a topical flea and tick treatment as part of a routine check-up at Kunsan Air Base, Republic of Korea, Jan. 11, 2024. MWD's monthly assessments are tracked to determine their health category level ranging from one to three. (U.S. Air Force Photo by Staff Sgt. Jovan Banks) ►



Staff Sgt. Ricardo Roque, 8th Security Forces Squadron military working dog trainer, places a muzzle on MWD Heino, 8th SFS, as part of a disposition at Kunsan Air Base, Republic of Korea, Jan. 17, 2024. Once MWDs are declared no longer able to serve they are dispositioned and can become available for adoption. (U.S. Air Force Photo by Staff Sgt. Jovan Banks) ▲



Osan M&FRC: A home away from home

By Airman 1st Class Chase Verzaal
51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- The 51st Fighter Wing Military and Family Readiness Center conducts daily operations supporting the Airmen and families of Osan Air Base, Republic of Korea, Jan. 16, 2024. The M&FRC supports the base community by providing different assistance programs, including employment programs, cultural awareness programs, community readiness programs, transition assistance programs and more.

Brianni Castillo, 51st Fighter Wing Military and Family Readiness Center employment volunteer program manager takes a call at Osan Air Base, Republic of Korea, Jan. 16, 2024. Assisting service members, their families, and retirees to prepare and find employment opportunities is one of the ways that the M&FRC supports Airmen and their families at Osan. (U.S. Air Force photo by Airman 1st Class Chase Verzaal) ▼



Bobbie Atkinson, 51st Fighter Wing Military and Family Readiness Center team lead, gestures towards the front desk at Osan Air Base, Republic of Korea, Jan. 16, 2024. The M&FRC assists thousands of personnel every month and serves to bring comfort and stability to Airmen and their families through programs and education. (U.S. Air Force photo by Airman 1st Class Chase Verzaal) ▲



U.S. Air Force Master Sgt. Gregory Stoddart, 51st Fighter Wing Military and Family Readiness Center readiness noncommissioned officer, left, and Hilario Marte-Sanchez, M&FRC community readiness consultant, pose for a photo at Osan Air Base, Republic of Korea, Jan. 16, 2024. The M&FRC carries the responsibility of educating and assisting Airmen and their families with military transitions and developing financially and professionally. (U.S. Air Force photo by Airman 1st Class Chase Verzaal) ▲



Hilario Marte-Sanchez, 51st Fighter Wing Military and Family Readiness Center community readiness consultant, left, and U.S. Air Force Tech. Sgt. Timothy Gleason, M&FRC noncombatant evacuation operations noncommissioned officer in charge, gather handouts for newcomers briefing at Osan Air Base, Republic of Korea, Jan. 16, 2024. The NEO section of the M&FRC ensures that any noncombatant, including the families of Airmen, pets and any additional noncombatants at Osan, are accounted for and can be evacuated safely from the area in the event of a contingency. (U.S. Air Force photo by Airman 1st Class Chase Verzaal) ◀

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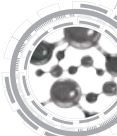
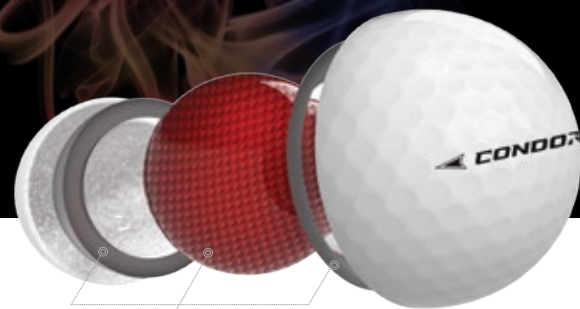
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Members of the 51st Maintenance Group cheer during the 51st Fighter Wing quarterly awards ceremony at Osan Air Base, Republic of Korea, Jan. 19, 2024. Quarterly awards aim to recognize top performers across the installation. (U.S. Air Force photo by Airman 1st Class Chase Verzaal) ▲

51st FW hosts 4th quarter awards ceremony

By Airman 1st Class Chase Verzaal
51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- U.S. Airmen from the 51st Fighter Wing attend the 51st FW quarterly awards ceremony at Osan Air Base, Republic of Korea, Jan. 19, 2024. The 51st FW command team shows appreciation to Airmen and recognizes top performers by hosting a quarterly ceremony and presenting awards to winners.

The 51st Fighter Wing command team presents the Airman of the quarter award to Senior Airman Connor Bayer, 51st Operational Medical Readiness Squadron public health technician, during the 51st Fighter Wing quarterly awards ceremony at Osan Air Base, Republic of Korea, Jan. 19, 2024. Wing leadership regularly acknowledges outstanding performers, expressing appreciation for their contributions to the "Fight Tonight" mission. (U.S. Air Force photo by Airman 1st Class Chase Verzaal) ►



U.S. Air Force Col. William McKibban, 51st Fighter Wing commander, speaks during the 51st FW quarterly awards ceremony at Osan Air Base, Republic of Korea, Jan. 19, 2024. Wing leadership regularly acknowledges outstanding performers, expressing appreciation for their contributions to the "Fight Tonight" mission. (U.S. Air Force photo by Airman 1st Class Chase Verzaal) ▼



U.S. Air Force Chief Master Sgt. Richard Fife, 51st Civil Engineer Squadron senior enlisted leader, smiles during the 51st Fighter Wing quarterly awards ceremony at Osan Air Base, Republic of Korea, Jan. 19, 2024. The 51st Fighter Wing ensures the well-being of Airmen by acknowledging their achievements and promoting exceptional performance through quarterly recognition and awards for top performers. (U.S. Air Force photo by Airman 1st Class Chase Verzaal) ▲

Air Force mourns 5th CMSAF passing

Secretary of the Air Force Public Affairs

ARLINGTON, Va. (AFNS) -- Robert D. Gaylor, the fifth Chief Master Sergeant of the Air Force, passed away Jan. 17, at the age of 93.

Gaylor's career spanned nearly 31 years, leaving a legacy of service, leadership and dedication.

"CMSAF Gaylor was a pillar of our Air Force," said Chief Master Sgt. of the Air Force JoAnne S. Bass. "For more than 75 years, both in uniform and after he retired, he served our Airmen and the institution he loved so dearly. He will be deeply missed by all."

Gaylor was selected as the Chief Master Sergeant of the Air Force on Aug. 1, 1977. In this role, he served as the senior enlisted advisor to the Chief of Staff of the Air Force and the most senior noncommissioned officer in the Air Force. He represented the interests of enlisted Airmen at the highest levels of the service and played a key role in shaping Air Force policies.

Among his numerous achievements as CMSAF, he played a significant role in the creation of the Air Force's new maternity uniform and pushed for a policy change allowing junior enlisted Airmen undergoing a permanent change of station to transport their families at the government's expense.

Gaylor enlisted in the Air Force in 1948, at a time when the service was still in its infancy. He began his career in the security police, continued to serve in a variety of assignments, including in Korea, Japan and Vietnam. He also served as an instructor at the Second Air Force Noncommissioned Officer Academy at Barksdale Air Force Base, Louisiana, assisted in reopening the then-Strategic Air Command NCO Academy, and established the U.S. Air Forces in Europe Command Management and Leadership Center.

Following his retirement in 1979, Gaylor never wavered in his commitment to the Air Force community, remaining actively involved with Airmen and their families through organizations, like the Air Force Memorial Foundation and the Air Force Sergeants Association. He continued to meet with Airmen for the remainder of his life, advocating tirelessly for the well-being and professional development of those who served.



Robert D. Gaylor, the fifth Chief Master Sergeant of the Air Force, passed away Jan. 17, 2024, at the age of 93. Among his numerous achievements as CMSAF, he played a significant role in the creation of the Air Force's new maternity uniform and pushed for a policy change allowing junior enlisted Airmen undergoing a permanent change of station to transport their families at the government's expense. (U.S. Air Force photo) ▲



U.S. Air Force Airman 1st Class Kylah Deroche, 51st Civil Engineer Squadron emergency management apprentice, briefs Airmen on the steps for decontamination during Shelter Management Training at Osan Air Base, Republic of Korea, Jan. 17, 2024. Airmen participating in SMT are responsible for ensuring the safety of base facilities. Their duties include acting as a shelter manager or assistant, where they oversee and maintain the integrity and security of shelters. (U.S. Air Force photo by Staff Sgt. Thomas Sjoberg) ▲

51 FW sustains MCA through SMT training



By Staff Sgt. Thomas Sjoberg
51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- U.S. Airmen assigned to the 51st Fighter Wing undergo Shelter Management Training at Osan Air Base, Republic of Korea, Jan. 17, 2024. SMT plays a crucial role in developing multi-capable Airmen which is a vital asset in enhancing the operational flexibility and readiness of the 51st FW, particularly in responding effectively to a wide range of unforeseen challenges and threats.

U.S. Air Force Airman 1st Class Kylah Deroche, 51st Civil Engineer Squadron emergency management apprentice, trains Airmen on how to use a joint chemical agent detector during Shelter Management Training at Osan Air Base, Republic of Korea, Jan. 17, 2024. Airmen undergo SMT to be able to carry out the responsibility of managing a collective protective shelter in the event of a simulated or real-world threat. (U.S. Air Force photo by Staff Sgt. Thomas Sjoberg) ◀



U.S. Air Force Airman 1st Class Rafe Russell, 51st Communications Squadron radio frequency technician, left, is assisted by Airman 1st Class Chase Verzaal, 51st Fighter Wing public affairs apprentice, in removing Mission Oriented Protective Posture Gear while practicing decontamination procedures during Shelter Management Training at Osan Air Base, Republic of Korea, Jan. 17, 2024. The decontamination process is designed to minimize the risk of contaminant exposure. It ensures that contaminants do not spread beyond the initial exposure area and maintains a safe environment for all personnel on base. (U.S. Air Force photo by Staff Sgt. Thomas Sjoberg) ▲

U.S. Air Force Airman 1st Class Chase Verzaal, 51st Fighter Wing public affairs apprentice, practices decontamination procedures during Shelter Management Training at Osan Air Base, Republic of Korea, Jan. 17, 2024. Decontamination procedures are carried out to ensure the safety of Airmen. These procedures are essential to prevent harmful contaminants from being introduced into collective protective shelters. (U.S. Air Force photo by Staff Sgt. Thomas Sjoberg) ▼



The Art of Representation

36 Wing Public Affairs


ANDERSEN AIR FORCE BASE, Guam. -- An artist, a black woman and a member of the United States Air Force are identities that represent unique communities, cultures and values. Few juggle more than one; however, Senior Airman Jasmine Barnes is proud to juggle all three.

“To have my work be represented and to be a woman in the military is a huge opportunity,” said Barnes.

What started as a means to keep busy during quarantine evolved into a passionate hobby and business. Creativity has followed Barnes from when she was a kid exploring embroidery, cross stitch and jewelry-making. To this day, she is still creating, all while serving in the Air Force as a public affairs journeyman. If she isn’t taking pictures on the flight line, she can be found in her living room, tufting gun in hand, in front of a piece of monk’s cloth hitched onto an aluminum frame.

Barnes has been making rugs for roughly two years with no plans of stopping. This is thanks to her supportive friends who motivated her to elevate as an artist. In the last three months, she has been learning new methods and experimenting with different materials to help cut the time, cost, and resources it takes to make her rugs. This experience has shown her the correlation between her hobby and her career.

“It’s been a learning experience, but each time I get better and better,” said Barnes.



With Black History Month approaching, Barnes sees it as a time to celebrate and highlight her culture.

“I like to look at what others have done before me. A lot of inventions and things that we use today, came from a black person,” explained Barnes. “Even a lot of art that I like to look at, listen to, participate in, does come from the black community.”

Participating in her art of making rugs is Barnes’ way to decompress from the mission that she completes every day as an Airman. Thus, Barnes says it is imperative that Airmen continue to get highlighted for their accomplishments and hobbies that make them unique.

Barnes encourages others to share her hobby, describing the euphoria she gets when she flips over a completed rug for the first time.

“Seeing the final product is like, ‘Wow, I took this piece of cloth and turned it into a reflection of me and the person I’m making it for.’ It’s that moment that I get to connect with other people through my art.”

Being an artist, a black woman, and a member of the U.S. Air Force can each feel isolating on their own since they are considered minority groups in today’s society. Barnes challenges that narrative every day, using the combined identities to connect with others through her art, culture and career. The work she produces at home and in the office represents something deeper; it represents Senior Airman Jasmine Barnes.

Conquering winter blues: A personal triumph

By Senior Airman Kaitlin Castillo
51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- When the hustle and bustle of the holiday season begins to slow, a silent snowfall signals the start of another isolated winter night. This is sometimes known as seasonal depression or seasonal affective disorder.

Since joining the military, I have been affected by it. Growing up in the sunshine state of Florida, the only seasons I experienced were when the days turned from hot to hotter.

The first time I lived somewhere that snowed was at my first duty station in Colorado. I exchanged my flip flops and shorts for a multitude of layers and a chill that clung to my bones. A bleak and miserable winter was something I had never been prepared for.

During my time there, I chose to stay inside most of the weekends. Watching the snowfall while the sun dipped behind the mountains, leaving me isolated and chilly. Alone with my negative thoughts quickly spiraled into unhealthy coping mechanisms. I chose to sleep my days away. I was consumed by my perpetual loneliness. I missed my friends, family and the never-ending summer I had always lived in.

I didn't take my seasonal depression seriously because I was embarrassed. I thought that I would get used to the cold, and the hopelessness would melt away with the ice. While the summer did improve my depression, the warm months never seemed to last as long as the cold ones.

After I moved to Osan Air Base, Republic of Korea, I realized how much I missed out on. I didn't want my seasonal depression to stop me from enjoying my life. When I saw a class being held on learning how to cope with SAD held at the Osan Military Family & Readiness Center, my interest piqued. It was time to face my continuous winter blues head on.

A small group got together with a Military and Family Life Counselor to talk about our experiences with the weather and how it affected us. The intimate setting helped me feel comfortable as I listened to their stories. Being around others who I could relate to made it easier not to judge my own emotions and made me realize that I wasn't alone.

The MFLC led us through a box breathing exercise. This technique involves four steps each lasting four counts. Breathe in then hold your breath, breathe out and hold your breath again; repeat the process three to four times. The MFLC also gave us effective coping skills. Some of the tips included going outside, exposure to sunlight, exercising and socializing.

SAD affects approximately 10 million Americans, more commonly during the winter months. If you or someone you know is experiencing symptoms of SAD, reach out to someone. Utilize resources such as the MFLC, mental health providers, and Military One Source.

While I may continue to struggle with seasonal depression, I want to enjoy my time in the military and make new experiences, even when it's cold outside.



U.S. Air Force Senior Airman Kaitlin Castillo, 51st Fighter Wing Public Affairs journeyman, poses for a portrait illustrating seasonal affective disorder at Osan Air Base, Republic of Korea, Jan. 17, 2024. The Osan Military Family & Readiness Center hosted a class, "Breathing through the blues", creating a safe space for individuals to share their experiences with how the weather or season affects them. (U.S. Air Force photo illustration by Senior Airman Kaitlin Castillo) ▲



Community members gathered for a class at the Military Family & Readiness Center to learn how to cope with seasonal affective disorder at Osan Air Base, Republic of Korea, Jan. 11, 2024. The class, "Breathing through the blues", was created as a safe space for individuals to share their experiences with how the weather or season affects them. (U.S. Air Force photo by Senior Airman Kaitlin Castillo) ▲



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USAG YONGSAN

Two F-16 Fighting Falcons arrive at Kunsan Air Base, Republic of Korea, Jan. 17, 2024. The two fighter squadrons assigned to Kunsan AB, the 35th and 80th FS, deliver airpower to the Indo-Pacific Command area of responsibility and showcase the United States' commitment to the ironclad Alliance with the ROK. (U.S. Air Force photo by Senior Airman Karla Parra)



Wolf Pack maintainers, logisticians keep jets fueled for the fight

**By Senior Airman Karla Parra
8th Fighter Wing Public Affairs**

KUNSAN AIR BASE, Republic of Korea --
The 8th Operations Group and 8th Logistics
Readiness Squadron teamed up to conduct hot pit
refueling during routine flying operations Jan. 17.

Hot pit refueling refers to a process when aircraft are refueled while their engines are still on. Logisticians and maintainers routinely practice this technique with F-16 Fighting Falcons from both the 80th and 35th Fighter Squadrons. Minimizing the amount of time aircraft spend on the ground returns the aircraft to their mission faster and increases the wing's readiness posture through agile combat employment principles.



Senior Airman Robert Klassen, 35th Fighter Generation Squadron F-16B Fighting Falcon aerospace propulsion journeyman, attaches a fuel hose to refuel the aircraft during a routine hot pit refueling at Kunsan Air Base, Republic of Korea, Jan. 17, 2024. Hot pit refueling is a procedure where aircraft receive fuel while keeping their engines running, allowing the aircraft to return to flight faster by minimizing time spent on the ground. (U.S. Air Force photo by Staff Sgt. Samuel Erick) ▲

Senior Airman Collin Johnson, 80th Fighter Generation Squadron aerospace propulsion journeyman, performs maintenance procedures on an F-16 Fighting Falcon during hot pit refueling at Kunsan Air Base, Republic of Korea, Jan. 17, 2023. Wolf Pack maintainers hone this capability to minimize the time aircraft spend on the ground, sustaining the 8th Fighter Wing's F-16 presence across the Korean Peninsula. (U.S. Air Force photo by Senior Airman Karla Parra) ◀



SPACE HEATER SAFETY



According to United States Fire Administration, an estimated 900 portable heater fires in residential buildings are reported to U.S. fire departments each year and cause an estimated 70 deaths, 150 injuries, and \$53 million in property loss.

Only 2 percent of heating fires in residential buildings involved portable heaters; however, portable heaters were involved in 45 percent of all fatal heating fires in residential buildings. Portable heater fires in residential buildings peaked in January (26 percent).

Safety must be a top consideration when using space heaters.

Safety Precautions

- 1. Space heaters must be tested by the Underwriter's Laboratories (UL) or other qualified agencies. This will be identified by a clearly visible label somewhere on the unit.**
- 2. Use of portable kerosene space heaters is prohibited in all OSAN Air Base facilities.**
- 3. Space heaters must be equipped to shut off electric power to the unit when tilted or turned over.**
- 4. Space heaters will be kept at least 18 inches away from combustible materials such as papers, furniture, or curtains.**
- 5. The space heater must be plugged directly into an outlet. Do not use a light-duty extension cord or a multi outlet strip/ surge protector; it can start a fire with a high-wattage appliance.**

Should you any questions or concerns, feel free to contact Fire Prevention Office at 784-4834/4741.

Are You Saved?

Jesus Saves!

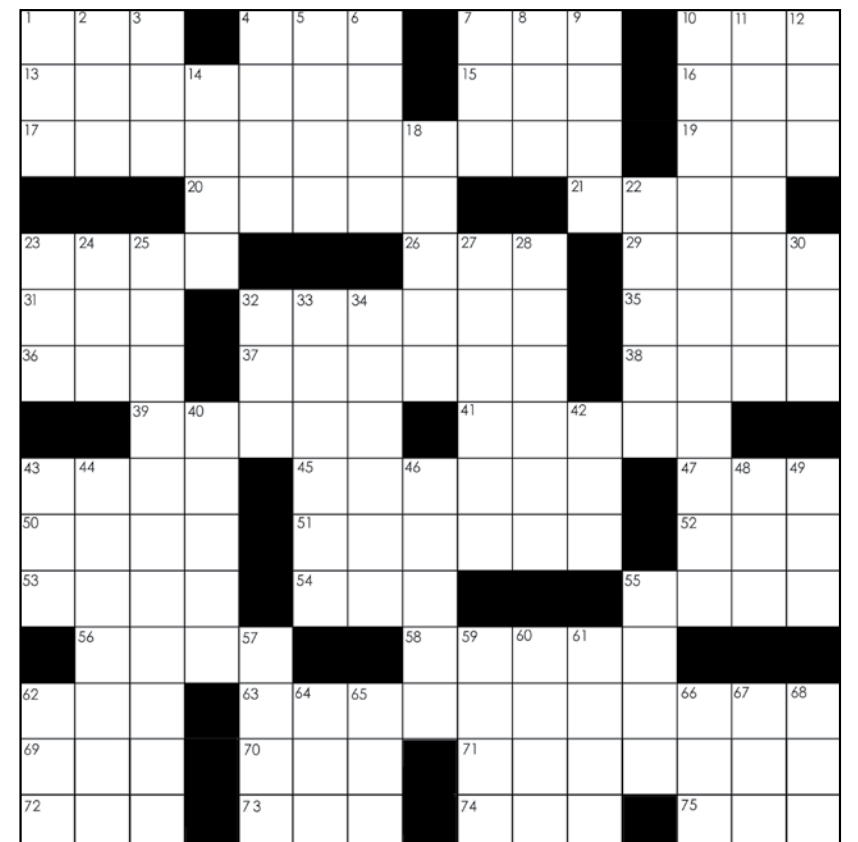
Romans 10:13 For whosoever shall call upon the name of the Lord, shall be saved. [See: **Romans 3:10, 3:23, 5:12, 6:23, 5:8, 10:9-10**, and pray & ask The Lord to save you.]

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The Crossword

By Jon Dunbar



ACROSS

- 1 System _____ Down
- 4 Cry
- 7 Airlift for ____ Servicemen
- 10 "The Big Bang Theory" character
- 13 Type of warship
- 15 Korea's closest partner
- 16 Sheeran and Helms
- 17 Type of rescue worker
- 19 Palindromic K-pop girl group
- 20 Blanchard or Thompson
- 21 Tombstone's Wyatt
- 23 Supermodel Kate
- 26 Hyundai Motor's affiliate
- 29 Actor Jared
- 31 Computer brain
- 32 Shenanigans
- 35 Got a perfect test score
- 36 Plug and play port
- 37 Loner
- 39 President Syngman
- 39 This much prevention is worth a
- 42 Swiss particle physics lab
- 45 Philippine strait
- 47 Vinyl records
- 50 German luxury car brand
- 51 Neverending Story hero
- 52 Mineral vein
- 53 Three-piece band
- 54 LA Dodgers pitcher Hyun-jin
- 55 Skier's need
- 56 Actress Hathaway
- 58 Belonging to a navy
- 62 Airport security
- 63 Rash, Zitz, and Pimple's game franchise
- 69 Louse egg
- 70 Before
- 71 Opposite of solution
- 72 ____ kwon do
- 73 Japanese money
- 74 Hammington or Waterston
- 75 Bruce or Byung-hun

DOWN

- | | | | |
|----|----------------------------|----|---|
| 1 | Opposite of on | 33 | Flower's juice |
| 2 | After Thurs | 34 | International peace agreement |
| 3 | Goes with raid or Korean | 40 | Workers' group |
| 4 | Small vault | 42 | Transfer station on Seoul Metro
lines 4, 7 |
| 5 | Elevator company | 43 | Garfield or Grumpy |
| 6 | Pleads | 44 | Largest continent |
| 7 | Opposite of in | 46 | Main force of a blow |
| 8 | Utilize | 48 | Opposite of con |
| 9 | Not common | 49 | Stitch up |
| 10 | Safe behind the frontlines | 55 | Messy person |
| 11 | Korean baby sent overseas | 57 | E-commerce website |
| 12 | Found at Panmunjom | 59 | European mountain range |
| 14 | It ____ better | 60 | Aloe ____ |
| 18 | Egyptian rifle | 61 | Component of molecule |
| 22 | Type of clock | 62 | Explosive |
| 23 | DCU competitor | 64 | Number of birthdays |
| 24 | Goes with special or black | 65 | Heavy weight |
| 25 | Underling | 66 | ALL |
| 27 | Hanging ice | 67 | Billy ____ Williams |
| 28 | To be led off the path | 68 | Not a chaebol |
| 30 | ____ to Joy | | |

- | | | | | |
|---|------------|------------|------------|---------|
| <div> <div>Answers to
Previous
Crossword</div> </div> | 25 NARA | 63 AWOL | 11 ALOE | 52 ABBA |
| | 26 KAESONG | 64 BLUE | 12 WERE | 53 ILLS |
| | 30 BAKLAVA | 65 UTERO | 13 AXED | 54 REUP |
| | 34 OUST | 66 GENE | 21 T00 | 55 PITA |
| ACROSS | 35 GRAIL | 67 ASPS | 23 ARK | 56 AERO |
| | 37 KWAI | 68 KOREA | 57 SWEED | 58 NONE |
| | 38 RNC | 69 EDEN | 27 AUNTS | 59 GLEN |
| | 39 ENG | | 28 ESCAP | |
| 1 NINA | 40 ADS | DOWN | 29 GREEN | |
| 5 MALLA | 41 ETAT | 30 GATO | 31 AWAIT | |
| 10 JAWA | 43 MEDOC | 1 NOAH | 32 VADER | |
| 14 OSAN | 45 BIEL | 2 ISLE | 33 AISLE | |
| 15 AHEAD | 46 ASPIRIN | 3 NADA | 36 ANS | |
| 16 THEATRE | 48 SON | 4 ANALYST | 42 TISSUES | |
| 17 ALDA | 50 S0N | 5 HAMMING | 43 MINUSUB | |
| 18 MOTOR | 51 OPR | 6 AHOY | 44 CHORWON | |
| 19 YORE | 52 AIRSHIP | 7 LET | 45 BARRAGE | |
| 20 HEALTHY | 56 AIRRANG | 8 LAOS | 46 EPI | |
| 22 SEAWED | 60 BLEU | 9 ADRENAL | | |
| 24 YUO | 61 SINEW | 10 JAYWALK | | |



Welcome salute: U.S. Air Force Academy cadets salute during a Cadet Wing Change of Command ceremony transferring power from Cadet 1st Class Isaac Bates to Cadet 1st Class Abigail Worley on Jan. 4, 2024, at the U.S. Air Force Academy, Colorado Springs, Colo. A change of command is a military tradition representing a formal transfer of authority and responsibility for a unit from one commanding or flag officer to another. (U.S. Air Force photo Rayna Grace) ▲



Photo chase: The United States Air Force Air Demonstration Team “Thunderbirds” conduct a photo chase over Spaceport, N.M., Jan. 17, 2024. This winter training trip marks the third consecutive year the Thunderbirds have completed winter training at Spaceport. (U.S. Air Force photos by Staff Sgt. Breanna Klemm) ▲

Off to a good start: Newly commissioned 2nd Lt. Lexi De Villiers, right, embraces a fellow graduate following the U.S. Air Force Academy’s 2023 Winter Graduation ceremony, Dec. 15, 2023, in Colorado Springs, Colo. In total, USAFA commissioned 32 seniors into the U.S. Air Force and U.S. Space Force. (U.S. Air Force photo by Justin R. Pacheco) ◀

High altitude, low drag: U.S. Air Force operators assigned to the 82nd Expeditionary Rescue Squadron and Joint Personnel Recovery Center perform high altitude, low opening training jumps from a U.S. Marine Corps KC-130J Hercules cargo aircraft over East Africa, Dec. 27, 2023. HALO jumps are performed from altitudes with limited oxygen, requiring members to employ specialized training beyond standard parachute insertions. (U.S. Air Force photo by Staff Sgt. Allison Payne) ►



Kunsan

- KUNSAN PHOTO CLUB -
Interested in sharing your photography experience with others and exploring Korea along the way? Have a camera, but want to learn how to use it more completely? Then join the Kunsan Photo Club as they delve into the finer qualities of photography where the key concept is: "It's not the camera that makes a great photo, but the photographer." If interested in joining, the group can be found on Facebook, just search for "Kunsan Photo Club."

- WOLF PACK LODGE -
Lodging Space A Policy
Need a break? Got family visiting and no room to house them? You can book

lodging rooms on a space available basis up to 120 days in advance for a maximum of 30 days depending on availability. You can also book reservations for the holiday season (November and December) up to 30 days in advance for a maximum of 15 days. (Depending on availability) Book now for all of those relatives coming for the holiday! Reservations – Front Desk-DSN 782-1844 or Commercial (82)63-470-1844 FAX: DSN 315-782-0633 Commercial (82)63-470-0633

- SUNDAY SONLIGHT DINNER -
Every Sunday, volunteers from a specific unit cook dinner for their fellow

Wolf Pack members at the Sonlight Inn. The dinner begins at 6 p.m. following grace led by a chaplain. Meals range from "breakfast for dinner" to "Italian cooking" to "Southern style." For more information or to volunteer, contact the chapel at 782-HOPE.

- ROKAF ENGLISH CLASS -
Team 5/6 is looking for volunteers to support the ROKAF English class every Saturday, at the Sonlight Inn. You will be talking to ROKAF Airmen (enlisted) for approximately one hour. This event is open to all ranks! Civilian attire is preferred, however, UOD is allowed. For more information, contact Staff Sgt. Charles Nelson.

- SPONSOR TRAINING -
Learn creative ways to assist newcomers reporting to Kunsan AB. Registration required. Class is held at the Airman and Family Readiness Center. Call 782-5644 for more information, dates or to sign up.

- PING PONG TOURNAMENT -
Free to all. Prizes for first and second places. Prizes include Wolf Pack Won. To sign up, dates or for more information, call the CAC at 782-5213 or 4679.

Osan

Tobacco Cessation Classes
Every Thursday | 0900-1100 | Building 1419, Human Performance Center (The building right behind the fitness center) Osan AB offers free tobacco cessation classes to all DOD members. The health promotion coordinator is available to help you break this habit, through counseling, educational materials and health coaching. For more information or to make an appointment, contact the Health Promotion Coordinator at Troisha.d.busano.civ@health.mil.

InBody Assessments
Every Monday, Wednesday and Friday Building 1419, the Human Performance Center
Health Promotions is running a new program, InBody assessments! An InBody assessment is a biometric analysis of your weight, body composition, height and BMI that provides valuable insights into your health and wellness.

411th CSB Contracting Officer Representative (COR) Live Training
Has someone told you that you are going to be a COR and that you are going to need training? And your first question is what is a COR? It is a Contracting Officer Representative (COR) and a COR gets appointed to oversee contractor's performance on behalf of one of our Contracting Officers here at Osan AB and if that is you then you will need COR training. Please reach out to 411th CSB,

Mr. Jack Banks, Quality Assurance Specialist at 757-6008, email address jack.d.banks.civ@army.mil for prerequisites and in-person classroom training. The classroom training is the first Monday of each month here at Osan AB in Bldg. 600, Room 204 and is from 0800-1600.

Military Spouse Direct Hire Authority Now Live!
Osan's Direct Hire Authority program is now live with a list of positions hiring throughout the installation! What is DHA? It is a pilot program catered specifically to hire military spouses at foreign locations.

Toastmasters International
Every Tuesday | 1130 | Professional Development Center (Bldg 788)
Toastmasters International is a globally-recognized public speaking organization that has enabled numerous success stories. With a wide range of over 20 certification paths, including leadership development and humorous speaking, Toastmasters offers tailored paths to match your aspirations and interests. Whether you aim to enhance your confidence, refine your public speaking skills, or unlock your leadership potential, Toastmasters provides comprehensive resources and support. It's a platform that empowers individuals to grow and achieve their goals in communication and leadership. For any questions, contact mustangmumblers@gmail.com

or jonathan.zimbro@us.af.mil
HOLA Free Salsa & Bachata Lessons
Every Wednesday | 1730-1930 | Mustang Center Dance Studio
The Hispanic Osan Latino Association is providing the base community an opportunity for FREE salsa & bachata every Wednesday, 1730-1930 at the Mustang Center Dance Studio.

Alcoholics Anonymous
Located in building 769 (Resiliency Center Training Room) every Tuesday and Thursday from 1700 – 1800. For additional information and a point of contact, visit [aainkorea.org] AA in Korea.

Pet Transportation Allowance Guidance
Effective Jan 1, 2024, military members can claim pet transportation expenses for reimbursement. Below are the types of pet expenses that can be claimed as reimbursable:
CONUS: mandatory microchipping, boarding fees, hotel service charges, licensing fees, pet shipping fees (NTE \$550.00 per PCS, for one pet).
OCONUS: all CONUS expenses listed above plus quarantine fees and testing titer levels for entry. Members are required to use gov't or gov't procured transportation (if available) or reimbursement for transoceanic transportation is not authorized (NTE \$2000 per PCS, for one pet)
If you have any questions about this new travel entitlement, please contact

the Osan Finance during customer service hours, M-F 0900-1400 or create a CSP inquiry: <https://csp.cce.af.mil/#/>.

Stress and the Effects on Weight Loss
Jan 30 | 1400 | Building 1419, Human Performance Center
Managing your stress is so important if you want to get in good physical shape. Come learn about why and how managing stress can help you shed pounds or retain weight easily.

Warrior Wind Downs
Jan 31 | 1600 | Fitness Center Yoga Room
Team Osan, after a long month it is time to unwind and distress with some yoga. Come join the health promotion coordinator and our yoga instructor on a meditative and relaxing yoga session. All are welcome to join. Please RSVP via the link: <https://www.signupgenius.com/go/10C0949AFA92BA5FAC61-warrior>

Best S.E.L.F
Feb 6 | 1400 | Building 1419, Human Performance Center
Become the best version of yourself by joining Health Promotion and Nutrition Medicine for a 4-session course that focuses on four critical components aiming for overall good health and optimal performance: nutrition, fitness, sleep, and mindfulness. Please use the link or scan the QR code on the flyer to sign up: <https://www.signupgenius.com/go/10C0949AFA92BA5FAC61-best>

Kunsan's emergency phone numbers			
Emergency Services	911		
Off Base/Cell Emergency	063-470-0911	Nurse Advice Line	1-800-723-8255
Crime Stop: (to report a crime)	782-5444	IG Complaints FWA Reporting:	782-4850 (duty hours) 782-4942 (anytime)
Base Locator: (after duty hours)	782-4743	Chaplain (After duty hours)	782-6000
Law Enforcement desk	782-4944	Sexual Assault Response Coordinator (SARC)	782-7272
Emergency Leave / Red Cross		782-4601 (on base) 1-800-733-2761 (anytime)	

Osan's emergency phone numbers			
Emergency Services (Fire, Medical, Security Police)	911	Commander's Hotline	784-4811
Off Base/Cell Emergency	031-661-9111	Crime Stop: (to report a crime)	784-5757
Emergency Room:	784-2500	IG Complaints FWA Reporting:	784-1144
Base Locator: (after duty hours)	784-4597	Emergency Leave	784-7000
Force Protection Information Hotline:	115	Sexual Assault Response Coordinator (SARC)	784-7272
Chaplain (After duty hours)	784-7000	Security Forces Control Center	784-5515



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COM: 031-864-6685 / Cp Casey Bldg. S2032

DAEGU OFFICE (Area IV)
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< Continued from Front Page >

As the 8th FW's sole aircraft platform, the F-16 has participated in countless exercises, represented the United States on international stages, and even made recent history in 2023 by participating in the first-ever trilateral aerial exercise between U.S., ROK and Japanese forces.

"The fight is evolving, the threat is evolving, and fortunately, so is the F-16," said Col. Matthew C. Gaetke, 8th Fighter Wing commander. "Flying the F-16 throughout my career has been an incredible experience, and looking forward with the new capabilities from the PoBIT upgrade and with the young pilots we have now doing things I never did as a wingman, the Viper will play an incredible role in the Future Fighter Force."



Spiritual Charge

New Year's Wisdom: Navigating the Path to Personal Growth



By SSgt Princess Harmon, Religious Affairs

As the calendar turns its pages, marking the inception of a new year, it presents an opportune moment for contemplation, resolutions, and a reinvigorated pursuit of self-improvement. The canvas of time unfurls, offering a blank slate, a chance to redefine aspirations, set new milestones, and embark on a journey of self-discovery. Amidst this juncture of transition, here's an

array of guidance to navigate the trajectory of the coming year. Foremost, embrace reflection as a beacon guiding your steps forward. Reflect on the myriad experiences, challenges, and triumphs of the past year. Assess your growth, discern the lessons embedded within, and carve out a roadmap based on the wisdom gleaned from your journey thus far. Craft intentions with precision and purpose. Instead of a laundry list of resolutions, channel your focus into a select few intentions resonating deeply with your aspirations. These intentions should transcend the mere achievement of goals, emphasizing personal growth and holistic well-being. Flexibility emerges as a valuable asset on the roadmap to success. The course of life often zigzags unexpectedly. Embrace this unpredictability, viewing detours as opportunities for exploration and growth. Stay adaptable, pivot when necessary, and relish the dynamism woven into the fabric of life. Cultivate gratitude as a cornerstone of your daily life. Amidst

the pursuit of progress, anchor yourself in appreciation for the abundance present in the mundane and the extraordinary. Practicing gratitude fosters resilience, cultivates mindfulness, and enriches the tapestry of existence. Resilience, a quality often forged in the fires of adversity, becomes a vital companion on your journey. Embrace setbacks as catalysts for growth, failures as stepping stones towards success, and challenges as opportunities to test and fortify your resolve. Forge a symbiotic relationship with time. While dreams and ambitions propel us forward, relish the present moment. Time is not merely a vehicle to reach destinations but a companion to cherish. Cultivate mindfulness, infuse each moment with purpose, and let the rhythm of time guide your actions. Authenticity emerges as the cornerstone of self-discovery. In a world clamoring for conformity, authenticity shines as a beacon of uniqueness. Embrace your individuality, express your truth,

and let authenticity permeate every facet of your journey. Nurture connections with care and intentionality. Amidst personal growth, cherish relationships—cultivate them, extend empathy, and revel in the beauty of shared experiences. Meaningful connections serve as pillars of support, enriching life's tapestry with depth and warmth. Lastly, envelop yourself in the gentle embrace of self-compassion. Amidst the pursuit of growth, extend kindness to yourself. Acknowledge imperfections as part of the human experience, celebrate victories, and navigate challenges with a nurturing spirit. As the new year dawns, let these guiding principles—reflection, intentionality, flexibility, gratitude, resilience, a mindful relationship with time, authenticity, nurturing connections, and self-compassion—illuminate your path. Embrace this year not merely as a chronological progression but as an opportunity to embark on a transformative journey—a voyage of self-discovery, growth, and fulfillment.

CHAPEL SCHEDULE

KUNSAN AIR BASE

Weekly Worship Services @ Bldg #501

Catholic Holy Mass
Sunday at 0900 (Chapel)

Weekday Masses - Tuesday-Thursday at 1138 (Blessed Sacrament Room inside Chapel)

Protestant Worship
Sunday at 1100 (Chapel)

The Church of Jesus Christ of Latter-Day Saints
Sunday at 1300 (Chapel)

Point of Contact:
Kunsan Chapel, 782-HOPE

Visit us on SharePoint:
<https://kunsan.eis.pacaf.af.mil/8FW/HC>

OSAN AIR BASE

Due to the upcoming demolition and construction of the Osan Chapel facilities, the offices and worship services have been relocated as follows:

Chapel Offices:

The main chapel offices are located on the second floor of building 745 (formerly the Wing Safety building).

Chapel Worship Services:

Protestant Service @ Enlisted Club
Sundays @ 1000

Catholic service times/location:

Catholic Sunday @ Mustang Center MPR:
Mass @ 0830 & 1100

Catholic Daily Masses will be held in building 769 (former AFRC bldg):
Tuesday – Thursday @ 1130

For the most current updates and announcements, please visit our "Osan AB Chapel" Facebook page.

Find us on the web @
<https://www.facebook.com/OsanABChapel>

HUMPHREYS

PROTESTANT
- Sundays -
0900 Christ The King Liturgical Service - Pacific Victors Chapel
0930 & 1100 Agape (Contemporary Service) - 4CMC
1000 Burning Bush Gospel Service - Warrior Chapel
1100 Church of Christ - Pacific Victors Chapel
1100 Common Ground (Traditional Service) - Freedom Chapel
1300 Apostolic Pentecostal (Oneness) - Warrior Chapel
1330 Spanish Service - Pacific Victors Chapel
- Wednesdays -
1200 Christ The King Eucharist Service - Pacific Victors Chapel
1800 KATUSA Service - Pacific Victors Chapel

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS (LDS)
- Sundays -
1400-1600 Worship Meeting - Freedom Chapel
POC: CH Droge; 010-8685-2976; shown.a.droge.mil@mail.mil

RELIGIOUS STUDIES AND MINISTRY AUXILIARIES
MON/WED 1830 Catholic Men of the Chapel - Freedom
TUES 1000-1200 Korean Ladies Bible Study (KLBS) - Freedom
TUES 1800-2000 Club Beyond Christian Youth Group - 4CMC
Summer Break until 30 August
WED 0930-1145 Protestant Women of the Chapel (PWOC) - 4CMC
* Summer Schedule: 1800-2030 (until 28 August)
1830-2030 PWOC Evening Study - 4CMC
WED 1000-1200 Korean Catholic Women Bible Study - Freedom
1730-1930 Catholic Women of the Chapel (CWOC) - Freedom
WED 1830-2000 Church of Christ Mid-Week Bible Study - Pacific
THUR 0915-1130 Catholic Women of the Chapel (CWOC) - Freedom
THUR 1800-2000 Protestant Men of the Chapel (PMOC) - 4CMC
POC: CH Underhill 010-8520-7217
1st SAT/Month 0830 Knights of Columbus - Freedom

CATHOLIC - Freedom Chapel
1600-1700 Adoration (Saturdays)
1600-1700 Reconciliation/Confession (Saturdays)
1640 Rosary/Benediction (Saturdays) - 1730 Vigil Mass (Saturdays)
0900 Mass (Sundays) - 1730 Daily Mass (M-F)
POC: usaghcatholiccoordinator@gmail.com

JEWISH
2nd and 4th Fridays - 4CMC
1800-2100 Shabbat Evening Service
POC: CH (CPT) Daniel Kamzan; daniel.j.kamzan.mil@mail.mil

ISLAMIC - Pacific Victors Chapel
Fridays: 1200-1330 Jum'ah Service
Sundays: 1300-1500 Islamic / Arabic classes
POC: CPT Anouar Bencheqroun 010-3382-7231 anouar.k.bencheqroun.mil

PAGAN Traditions
Fridays: Freedom Chapel Rm 110 / 1800-1900 Pagan Fellowship
POC: CPT Ryan S. Robinson; ryan.s.robinson14.mil@mail.mil

BUDDHIST
Tuesdays - Warrior Chapel / 1800-1900 Buddhist Service
POC: CH (CPT) Somya Malasri; 010-7460-1281; somya.malasri.mil@mail.mil



Lightning strikes: Maj. Kristin Wolfe, F-35A Lightning II Demonstration Team commander, demonstrates the capabilities of the F-35A, a single-seat, single-engine, all-weather stealth multirole fighter aircraft, during a practice flight with the F-35 demo team at Hill Air Force Base, Utah, Dec. 13, 2023. (U.S. Air Force photo by Senior Airman Jack Rodgers) ▲



Braving the elements: Maintainers from Dover Air Force Base, Del., walk across the flightline while initiating de-icing procedures Jan. 16, 2024. De-icing is a critical maintenance process of removing snow, ice, or frost from an aircraft's surface. (U.S. Air Force photo by Master Sgt. Joshua Williams) ◀

Snowy de-icing: An Airman assigned to the 5th Aircraft Maintenance Squadron clears ice and snow off of a B-52H Stratofortress with a de-icing truck during Exercise Prairie/Bayou Vigilance at Minot Air Force Base, N.D., Dec. 6, 2023. The event provided a realistic training environment to exercise strategic airpower. (U.S. Air Force photo by Senior Airman Alexander Nottingham) ▼



Miss America: Second Lt. Madison Marsh buckles in for her familiarization flight at Nellis Air Force Base, Nev., Dec. 19, 2023. Marsh is a 2023 U.S. Air Force Academy graduate, and she won the title of Miss America Jan. 14, 2024, making her the first active-duty Air Force officer to win the Miss America pageant. (U.S. Air Force photo by William R. Lewis) ◀

Pride of the Pack

Staff Sgt. Peter Southworth

By Senior Airman Karla Parra
8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea -- Staff Sgt. Peter Southworth, 8th Fighter Wing chapel, NCO in charge of chapel readiness, was selected as Pride of the Pack for his outstanding leadership initiatives for the week of Jan 8-12.

Southworth led Airmen not only in the spiritual realm but also contributed to the Wolf Pack's physical readiness. He led a training at a U.S. Forces Korea Chaplain Corps conference for 108 U.S. Soldiers, Sailors, Airmen and ROK military personnel on chemical, biological, radiological and nuclear response procedures.

Additionally, Southworth guided 67 Airmen through the course of three two-day spiritual fitness trainings, instilling critical resilience and supporting the wing's Wolf Pack University program.

"As a prior avionics troop, I feel like I have a different insight that shapes my perspective as a religious affairs Airman," said Southworth. "Although I can appreciate my time in maintenance, working in the chapel was my actual calling. It's where I belong."

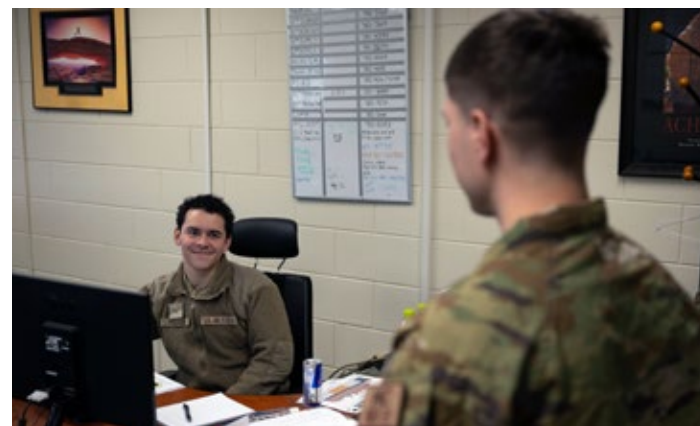
Southworth wears multiple hats due to his various additional duties which allows him the opportunity to interact with Airmen across the base.

"It's all about the people," said Southworth. "Being away from home and dealing with every day-to-day work situation can be overwhelming, so performing my routine check-ins with the units and getting to know them with the hope that they feel seen and heard is what keeps me going."

Lastly, Southworth developed six command and control training sessions, equipping nine personnel with the proper equipment and knowledge to function in C2 roles.

Job well done, Staff Sgt. Southworth.

Staff Sgt. Peter Southworth, 8th Fighter Wing chapel, NCO in charge of chapel readiness, visits Airmen from the 8th Maintenance Group during his routine check-ins at Kunsan Air Base, Republic of Korea, Jan. 11, 2024. Southworth was recently recognized as Pride of the Pack for the week of Jan. 8-12. POTP recognizes outstanding performers for their exceptional contributions to the Wolf Pack mission. (U.S. Air Force photo by Senior Airman Karla Parra) ▼



Staff Sgt. Peter Southworth, right, 8th Fighter Wing chapel, NCO in charge of chapel readiness, speaks with Airman Jose Rosado, 8th Maintenance Group, maintenance analyst, during his routine check-ins at Kunsan Air Base, Republic of Korea, Jan. 11, 2024. Southworth guided 67 Airmen through a course of three two-day spiritual fitness trainings, instilling critical resilience and supporting the wing's Wolf Pack University program. (U.S. Air Force photo by Senior Airman Karla Parra) ◀

Kunsan AB remembers Martin Luther King Jr.



By Staff Sgt. Samuel Earick
8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea -- The installation African American Heritage Council kicked off the celebrations of Martin Luther King Jr. Day with a cake-cutting ceremony, Jan. 11.

Col. Elizabeth Anderson-Doze, 8th Medical Group commander, shared her thoughts and facts about Martin Luther King Jr. before cutting the cake. The cake was marked with a quote from Martin Luther King Jr. which read, "true peace is not merely the absence of tension; it is the presence of justice."

Martin Luther King Jr. is credited as the epitome of bravery for standing up for American people of all races and demanding equality through the end of racial segregation.

Staff Sgt. Ashley Adams, AAHC president, reflects on the messages of Martin Luther King Jr.

"Peace, justice, equality and inclusion are what I think of on MLK Day because that is what I think he represents," said Adams. "It wasn't just about African American people it was an inclusion of all people of different shades and backgrounds."

Staff Sgt. Kathryn Huston, AAHC vice president, explained what she tries to emulate from the minister and social rights activist.

"Stay steadfast in your convictions despite how scary the path may be," said Huston. "MLK was constantly getting attacked, people didn't respect his message and yet he still went through everything to keep going forward."

Adams also noted the importance of continuing to learn and why it is important to continue celebrating Martin Luther King Jr.'s life.

"People don't need to fight violence with violence when they disagree," said Adams. "We can get to common ground with a conversation, and that is the one thing everyone can take away from MLK."



Col. Elizabeth Anderson-Doze, 8th Medical Group commander, cuts a cake celebrating Martin Luther King Jr. Day at Kunsan Air Base, Republic of Korea, Jan. 11, 2023. The cake was marked with a quote from Martin Luther King Jr. which read, "true peace is not merely the absence of tension; it is the presence of justice." (U.S. Air Force photo by Staff Sgt. Samuel Earick) ▲

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8th Fighter Wing: Backbone of the Pack

Kang, Son Mi, 8th Civil Engineer Squadron realty specialist, stands in front of a "Red Devils" facility for a portrait at Kunsan Air Base, Republic of Korea, Dec. 20, 2023. Kang's contributions to the Wolf Pack allow Kunsan to expand its warfighter capabilities by securing land agreements around the base. (U.S. Air Force Photo by Staff Sgt. Jovan Banks) ▲

Kim, Kye Son, 8th Operational Medical Readiness Squadron public health technician, stands in front of the public health section display sign for a portrait at Kunsan Air Base, Republic of Korea, Jan. 9, 2024. Kim works alongside 8th Medical Group public health Airmen to prevent and mitigate the spread of illness from environmental vectors such as mosquitos. (U.S. Air Force Photo by Staff Sgt. Jovan Banks) ◀

Yi, Yong Nam, 8th Civil Engineer Squadron realty specialist, stands in front of a "Red Devils" facility for a portrait at Kunsan Air Base, Republic of Korea, Dec. 20, 2023. Yi's role in the 8th CES ensures future project funding for the squadron while advocating for modernization initiatives for base infrastructure. (U.S. Air Force Photo by Staff Sgt. Jovan Banks) ▼

By Staff Sgt. Jovan Banks
8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea -- As part of our Backbone of the Pack series, four members of the Wolf Pack were highlighted to display the contributions of our civilian counterparts.

Civilian Korean partners play a vital role in the Wolf Pack's mission, not only do they perform day-to-day operations to enable the 8th Fighter Wing to be the premier warfighting wing, but they also serve as stewards of continuity for current and future Airmen.

Kang, Son Mi, 8th Civil Engineer Squadron realty

specialist, 16 years of service at Kunsan AB.

Yi, Yong Nam, 8th Civil Engineer Squadron realty specialist, 18 years of service at Kunsan AB.

Hwang, Min A, 8th Logistics Readiness Squadron customer service technician, 30 years of service at Kunsan AB.

Kim, Kye Son, 8th Operational Medical Readiness Squadron public health technician, 37 years.

Hwang, Min A, 8th Logistics Readiness Squadron customer service technician, stands near her workstation for a portrait at Kunsan Air Base, Republic of Korea, Dec. 16, 2024. Hwang's integral role in the 8th LRS prevents mission delays as she oversees nine programs ranging from supply chain operations to funds management. (U.S. Air Force Photo by Staff Sgt. Jovan Banks) ◀

36th FS embodies "Fight Tonight" spirit

U.S. Air Force Lt. Col. Alexis Scott, 36th Fighter Squadron pilot, tests the breathing apparatus on his flight helmet at Osan Air Base, Republic of Korea, Jan. 9, 2024. The 36th FS trains regularly to ensure that the pilots maintain the skills necessary to deter any potential threats. (U.S. Air Force photo by Airman 1st Class Chase Verzaal) ▶



Flightline DFAC keeps Osan's Airmen fueled

U.S. Air Force Senior Airman Trevor Allen, 51st Force Support Squadron food services journeyman, tests food temperature at Osan Air Base, Republic of Korea, Jan. 8, 2024. Temperature testing, conducted by the 51st FSS, is a crucial safety procedure to verify that all food is adequately cooked and complies with safety standards for Airmen. (U.S. Air Force photo by Senior Airman Trevor Gordnier) ◀

Osan quarterly FGS load crew competition

U.S. Air Force Tech. Sgt. Jacob Salwey, 51st Munitions Squadron conventional and maintenance production supervisor, and Master Sgt. Scott Cooper, 51st MUNS control section chief, conduct an inspection of two GBU-38 Joint Direct Attack Munition Bombs during a weapons load crew of the quarter competition at Osan Air Base, Republic of Korea, Jan. 5, 2024. As part of the competition, teams are evaluated on how quickly and efficiently they can inspect and load munitions onto their respective aircraft, along with safety, speed, reliability, technical errors and use of their checklist. (U.S. Air Force photo by Staff Sgt. Aubree Owens) ▶



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CELEBRATE THE NEW YEAR WITH KOREA'S TRADITIONAL SEOLLAL CULTURE



Seollal, Lunar New Year's Day, is one of Korea's main holidays. The holiday takes place on the first day of the new year according to the lunar calendar and serves as a time for people to greet each other with words of blessing for the year ahead. During the holiday period, Koreans also participate in ancestral memorial services, bow to their elders, and play traditional games. Read on to find out more on Seollal traditions and practice!

Korean cooking: tteokguk & jeon



The first Seollal experience is eating a tasty bowl of tteokguk (rice cake soup). Tteokguk is one of Korea's original dishes, and is traditionally eaten for the New Year. The dish is made by boiling thinly sliced white rice cakes in a clear soybean soup. Before eating, each bowl is garnished with meat, green onion, and egg; mandu (dumplings) can also be added for a more filling meal.

Be sure to follow this simple tip to make the tteokguk taste even better if you try it at home! Before putting the rice cakes in the soup to boil, wash them with cold water and let them soak for about 30 minutes. This will make the rice cakes



softer, the boiling time shorter, and give the soup a clear taste. After they have soaked in the cold water, put the rice cakes in the boiling soup. To finalize your dish, artfully arrange the garnish for a dish as beautiful as it is tasty.

Another main Seollal food includes two types of jeon (savory pancakes) to go with the tteokguk. Jeon is made by lightly coating vegetables, meat, or slices of fish in flour and an egg wash before frying in a small amount of oil. Jeon can be eaten at any time, but it is customary to have them at Seollal and Chuseok (Korean Thanksgiving Day). The name of each jeon is based on the main ingredient, such as gul jeon (batter-fried



oyster), beoseot jeon (batter-fried mushroom), or hobak jeon (batter-fried zucchini). For Seollal, the most commonly prepared jeon are dongtae jeon (batter-fried pollack fillets) and yugwonjeon (batter-fried meatballs).

Dongtae jeon is made by warming thinly sliced dried pollack before marinating them in a mix of salt, pepper, and clear rice wine. After dabbing off any remaining moisture, the marinated slices are lightly coated with flour, dipped in an egg wash, and pan-fried over mid-low heat. Yugwonjeon on the other hand requires a bit more preparation. The meatball is made from mixing ground beef, tofu, garlic, and other seasoning ingredients together; the key to good yugwonjeon is making sure there is very little blood and water remaining in the meat and tofu, respectively. After mixing the ingredients fully together, it is rolled into small balls, lightly flattened in the palm of one's hand, and then follows the same steps as dongtae jeon: flour, egg wash, fry! In order to fully cook the inside of the meatballs, keep the heat low.

Wearing hanbok

Another key part of Seollal is wearing hanbok! Korea's traditional clothing, the des, ceremonial events like weddings and during memorial services. Traditional hanbok can be a bit tricky to wear, as the clothes are quite billowy.



The most difficult step to wearing hanbok is correctly tying the goreum (ribbon). The ribbon keeps the jacket closed and in place, so it is quite important! While you could just make any type of ribbon or even a simple knot, doing it the proper way creates a beautifully finished image. To make the proper ribbon, cross the right-hand goreum over the top of the left before pulling it back up through the two to tie them together. At this point, place your left hand over the tie and wrap the top goreum once around your hand, down the back and up the palm. With your right hand, create a ribbon shape with the hanging goreum and pass it through the goreum looped over your left hand. After this, simply tighten and adjust to make it picture perfect. If you have tied the goreum correctly, there should only be about a 5-centimeter difference in the two goreum ends.



New Year's bow

After dressing in hanbok, it is only fitting to give a proper New Year's bow. Families gather together on the day of Seollal, and all members will give a New Year's bow to the elders of the family after completing the ancestral memorial rites. The bow is different for men and women, but both must pay important attention to their gongsu (hand position). For men, the hands are held lightly in front of the body with the left hand over their right; for women, the right hand is over the left.



For the female version of the New Year's bow, the hands, still held in the gongsu position, are lifted up to one's forehead, while turning one's head down to look at their feet. The hands will be held at this position throughout the bow until returning to the first standing position. At this point, the woman lowers her body slowly and kneels, starting with the left knee and then the right. From here, she sits down fully and then bends forward at the waist to about a 45 degree angle for three seconds. From here, simply reverse the process, sitting up straight, kneeling, standing on the right foot and then the left, before returning both hands to the gongsu position.

For the male version of the New Year's bow, the hands held in the gongsu position are lifted up and out in a round motion to shoulder-height before being dropped down to the floor. Men also start kneeling with the left knee and then the right before sitting down. While women only have to bend slightly, men must bow further, lowering their backs to create a flat line. Their elbows should be placed on the floor and their forehead should hover slightly over their hands on the ground. If done properly, there will be a straight, flat line from the top of the head to the buttocks. After holding this position for three seconds, lift the elbows from the ground and sit straight up, place the right foot on the ground and use the hands in the gongsu position to push off from the right knee. After standing, lift one's hands to their eyes before returning to the original gongsu position.

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